The taxman cometh...

Ward 8 alderman explains tax assessment

By TOM CLIFFORD WARD8 ALDERMAN

Right now, you probably are not sure whether or not your property tax bill is fair. The reason? The assessed value appearing on your assessment notice doesn't seem to have any logical relationship to what your property's worth, let alone to your tax bill. Yet it is this assessed value which determines your share of the municipal and educational taxes.

When the City of Toronto calculates your taxes, it does so by multiplying each property assessment (determined by the Province), by the same mill rate, (set by the City). The mill rate is the rate of taxation per \$1,000 or assessment. For example, a mill rate of 124 means that \$124 dollars in taxes will be levied on each \$1,000 of assessment.

Similar properties with similar values in Toronto should be assessed at the same percentage of market value if the property owners are to pay taxes on equal terms. How can fairness in assessment be achieved so that owners with similar properties are sure to pay local and school taxes on equal terms.

This is where the real problems start. The City of Toronto was reassessed on a 1940 market value basis and has only been updated

Big brother is watching

The Miracle Food Mart in Gerrard Square has followed the lead of Loblaws and installed in-store television sets that play only commercials.

mercials.

Several months ago Loblaws started using the video monitors to advertise store specials by having Dave Nichol, their president, demonstrate different dishes that could be cooked with the special items.

The Miracle commercials, unlike Loblaws', do not have sound. They consist of ten short, silent ads for products followed by a quiz question and a couple more ads, then the answer. Apparently Big Brother is watching and he wants to know if you are too.

with spot assessments, which has left us with a mixed bag of assessment values creating enormous inequalities. The Province would like Toronto to move toward something called section 86 which is essentially market value assessment.

Toronto, as other

municipalities in the Corporation of Metropolitan Toronto, contributes a portion of the cost of operating Metro services. If we should base our assessment on market value (Sec. 86) the end result would be that taxpayers in Toronto would pay more than their fair share for Metro services

because the land in Toronto would be assessed at more than say the land in Scarborough or Etobicoke.

To solve the stalemate that has occurred, the City of Toronto has developed proposals which we feel presents a fair and equitable solution to the problem. Our proposals were developed by the Joint Com-

mittee on Property Tax Reform. The Committee's final report is available upon request through my office (367-7904). The report has been forwarded to the Province and we are now awaiting their response.

If your property was assessed at a higher value in the recent spot reassessment conducted by the Province, and if you feel that the assessed value is unfair you still may be able to appeal the decision. George Ashe, the Minister responsible, has been put under a great deal of pressure by the City and has recently stated that the deadline for appeals will be

7 TREGUES VOLUME 12, NUMBER 22 May 21, 1982

Local artist designs poster

"Brideshead" an original painting by Cabbagetown artist Helen Lucas has been chosen to illustrate the first poster promoting the City of Toronto's horticultural facility, Allan Gardens.

The painting, 122 cm (48 in.) square acrylic on canvas, features a pink azalea in full bloom. The azalea is one of the most popular of the hundreds of exotic and domestic flowers and plants on display year round in Allan Gardens. The poster was designed to stimulate interest among Toronto residents and tourists in Allan Gardens, one of the City's most beautiful but least known attractions. A limited number of these attractive full colour posters are available from the Public Information Resource Centre at Toronto

Allan Gardens, bounded by Jarvis, Carlton, Sherbourne and Gerrard Streets, is easily accessible by public transit. It is open daily from 10 a.m. to 5 p.m.



Toronto artist Helen Lucas signs a copy of the first Allan Gardens poster for Mayor Art Eggleton and Ivan B. Forrest, Commissioner of the City's Parks and Recreation Department.

Disarmament-

Nuclear warfare is no answer

By BETH RICHARDS

Lately we have been inundated with a barrage of doomsday propaganda. Journalists, politicians, and professionals of every field from physics to law have been describing nuclear war in graphic, horrifying detail. It's enough to make you want to boycott the newspapers for a month until the whole issue blows over. "Politicians will be politicians" you say. "They'll keep making their bombs and fighting wars and maybe blow the whole world up — but what can I do about it?

Until recently, those words described my sentiment precisely and tthe reasons formed a somewhat contradictory mesh of optimistic fatalism. On an optimistic day I'd think: "Well, politicians are a crazy lot but surely they're not crazy enough to really push the button — that would be automatic suicide!" And on a fatalistic day; "They're crazy enough, alright! One of these days they're going to blow us all up and

there's nothing we can do to stop them."

So, I'd turn my mind off nuclear war and turn it back on to recession, unemployment, mortgage payments, and how to entertain the kids all summer. Cheerful subjects, no? Well, maybe not. But at least they're immediate problems of survival and day-to-day living, problems I can get a grip on and sink my teeth into — problems I cannot avoid.

Somehow, though, that darned nuclear arms topic kept cropping up. Everytime I walked by a newstand or turned on the television set someone would be at it again. On the streetcar I noticed more and more people wearing 'Banthe-Bomb' buttons. Even at the shopping plaza one day, a pleas ant-looking older woman approached me with a petition. I thought it had something to do with a consumer report, perhaps condemning the import of foreign tomatoes or some such gripping subject. But no, it wasn't tomatoes

that prompted her to go out early on a Saturday morning and collect signatures. It was the nuclear arms race. It was, in particular, her grandchildren who spurred her into action. Out of the blue, she said, her granddaughter told her it wasn't fair that she wouldn't be able to have children. What on earth prompted her to say that, she asked. "We're the last generation, Grandma." And just to back it up the child added, "Everyone at school knows that."

A devastating thought. Here we are having children, feeding them, schooling them and preparing them for the future — a future that in one single flash can be wiped out forever. But what can we possibly do to prevent that kind of tragedy?

Plenty. On that Saturday several weeks ago I signed the petition to ban nuclear arms and went home determined to find an answer to my question. I studied up on the movement for nuclear disarmament and in the process of

facing the problem rather than avoiding it, I discovered several surprising facts.

In Europe, hundreds of thoussands of individuals from every walk of life have banded together and marched for peace in recent months. Millions of signatures have been collected there, in North America, and even in the Soviet Union, denouncing the nuclear arms race and calling for a multi-lateral disarmament.

Here in Canada over thirty municipalities have voted to hold a nuclear referendum, including Toronto. But does all this marching, parading, signing and voting really influence the decision-makers? Do they really care what we think? They sure do. We voted them in, and we can vote them right out.

Notice the sudden changes in policy over the last few months since public opinion really mounted. Just six months ago Ronald Reagan was pushing vehe-

Continued on page 8

Tenant activist dies

By MORRIS SALDOV

I went to the funeral of a tenant on Wednesday May 5th. This was no ordinary funeral. There were some 300 tenant activists, politicians, and community legal workers there paying their respects to Nelson Clarke, a longtime activist, organizer, and the force behind tenant organizing in Metro Toronto's Federation of Tenants Association.

Nelson died at the age of 67 leaving behind him a legacy of accomplishments in the tenants movement. He was the principal force behind the establishment over 10 years ago, of the first legal clinic in Toronto — the Parkdale Community Legal Services. Since then, several other legal clinics have been opened up all over Metro Toronto.

Nelson provoked the court challenge to the new Residential Tenancy Act which ultimately led to its being declared unconstitutional by an Ontario Supreme Court. The new Residential Tenancies Act, if adopted by the Tories would have taken away hard won tenants rights.

Nelson spearheaded the fight to keep the Tories hands off the 6% ceiling on annual rent increases. The major lobby campaign in the fall of 1981 was successful in stopping the government from increasing the hardships of tenants by increasing their rents.

Nelson was a profound believer in the capacity of tenants to organize and fight for their rights and interests.

Nelson was a socialist; he helped, guided, counselled and organized the ordinary people in pursuit of victories over the political parties of the privileged. Victories are what made Nelson tick, because he knew that someday all the little victories would eventually bring people's passion for social justice to a major victory in the formation of a socialist society. Nelson lives on in all of us who have that same committment to social justice. We will continue to organize and fight as tenants, as consumers, as citizens for what's right and fair. You can join in that fight by joining your local tenants organization, or community action group. If you don't know who to contact, and you are a public housing tenant, you can call either Regent Park Community Services at 863-1768 or the Metro Tenants Council at 654-0345. Or if you live in a privately owned building call the Federation of Metro Tenants Association at 364-1564.

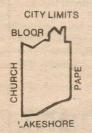
Friday by Seven News Incorporated. Address: 315 Dundas Street East (All Saints Church) Toronto M5A 2A2. Phone: 363-9650. 7 News is distributed free in its circulation area; mailed subscriptions are \$15.00 per year. Opinions expressed are those of their authors and not necessarily those of 7

BOARD OF DIRECTORS: Margaret Watson, Anne Dancy, Dave Dickey, Ulli Diemer, Rob Hutchison,

Carry Patterson.

STAFF & VOLUNTEERS: Lisa Horrocks, Silvia Corner, Jennifer Martin, Ulli Diemer, Marlene Jardine, Brian Terry, Anne Dancy, Beatrice Bailey, Bill Bernard, Joseph Kennedy, Howard Huggett, Vera Heid, John Clement, David Reville, Keith Ellis, Morris Saldov, Roger Powley, Mile Komljenovich. 7 News is distributed by over 220 individuals and groups, too many to list, but thanks go to them all.

ADVERTISING RATES



DISPLA"	. \$6 per column inch
NATIONAL	51¢ per agate line
CLASSIFIED	\$2.50 for 25 words,
	payable in advance
COLOUR	Rates on request
POSITION CHARGES	10%
VOLUME DISCOUNTS are	e available if larger
amounts of space are pure	chased

SEVEN NEWS — serving all of Ward 7 and beyond CIRCULATION — 20.000

Cooney Brothers and One Sister Limited

FREE ESTIMATES AND CONSULTATION

Architectural Plans and Building Permits Additions, Dormers, Porches, and Patios **Basement Foundation** Wall Waterproofing Roofing • Shingles • Flats • Slates Kitchens Eavestroughing Bathrooms Arches Drains Plumbing Heating Partitions Interior & Exterior Painting & Wallpapering

Senior Citizens and Handicapped Persons 5% Discount

WORK GUARANTEED 429-3355

IMPROVE THE VALUE AND COMFORT OF YOUR HOME

Professional Directory

LAW OFFICE

Harris & Jones 422 Dundas St. E. 923-9241

- family law
- criminal law
- real estate law

CHIROPRACTOR

Dale H. Okabe D. C.

447 CHURCH ST.

south of Wellesley

960-9278

HAMBLEY & MOUNCEY

Chartered Accountants 307 Wellesley St. E. Toronto M4X 1H2 968-9044

AUDIT ACCOUNTING PERSONAL AND CORPORATE TAX **ESTATES AND TRUSTS**

Editorial: Manpower aims at the wrong crowd

There are few things which upset me more than stupidity in government and the spring hayfever season seems to have

brought them on like a rash.

For were it not that our M. P. 's were suffering from hay-fever, or spring fever, or some fever they would not currently find wife beating so laughable and they would most certainly not refuse Dixon Hall funding for its job program.

I must clarify my statements here — it is not, essentially, the government who is refusing to give Dixon Hall the funds necessary to continue their Job-Prep program, it is Manpower. The large, mechanical and faceless bureau known as Canada Employment and Immigration.

Throughout their struggle with Manpower Dixon Hall has adamantly refused to name the people in that bureaucracy who promised that money would be forthcoming. It is a stand that many people do not understand. The conventional view is that they should name the parties involved, create some scandal, possibly cost a person his

chips fall where they will. Dixon Hall's view is that they are fighting a bureaucracy, not an individual and the naming individuals would profit no one. It is a stand that is hard to maintain when an individual says, "Anyone who has to be taught English grammar and typing is a damn poor target for training as a word-processor.'

want that person to have to defend his statement. I want to know exactly what it is that he means by "poor target" - is he speaking in human terms or economic ones?

Let's assume he is speaking in economic terms. I know he is speaking in economic terms because the same man went on to say that Manpower likes to "invest where there is the greatest return." But let's not jump to the conclusion that he has not considered the human side of this problem.

Some facts: of the original thirteen women involved in this program six were on Mother's Allowance; of the remaining ten

And don't forget, you'll get

San Francisco \$405

TRUST ME

Send your donations to the 7 because their staff is so

News Supporting Member- overworked that they really

ship fund directly to me, in don't have time for all that cash, c/o R. Nixon, San Cle-silly paperwork and book-

Don't bother sending it to a personalized thank-you

News' office at 315 Dun- note signed by Checkers,

HOUSEWORK Inc.

A team of skilled workers

cleaning homes and apartments

on a regular basis

Affordable prices

"MAKE YOUR HOUSEWORK OUR BUSINESS"

363-3827

mente, California, U.S.A., keeping.

das St. E., Toronto M5A 2A2 Pat, and me.

and I'll make sure it gets to

the right destination.

Hawaii \$599

seek government assistance; the government is not putting any more women on the Mother's Allowance program. They are instead classifying them as ablebodied and putting them on welfare, where they will be forced to regularly seek employment; none of the women involved in the program have marketable

Those are, admittedly, human facts. What about the economic facts? The average welfare (Mother's Allowance) mother receives \$6,024 a year with a shelter subsidy and paid OHIP card. For the duration of the Dixon Hall program the students would receive: \$25 per week if married, \$70 if single, \$105 for two kids, if she is a sole support mother and \$125 for three kids. Keep in mind that the program,, which Dixon Hall wanted to run for sixteen weeks, had been cut down to eight weeks.

I am by no means a mathematical genius, in fact my arithmetic skills are an embarrassment to my family but it is quite clear to me that Manpower, the government, is getting a return on their money.

If the sole support mother of two stayed in the program for its full eight weeks she would receive \$840 with no housing subsidy or OHIP at all. In those same eight weeks, if she stayed on welfare she could "make" \$1004 plus her subsidy and OHIP. By staying in the program she is, in fact, saving the government money - \$164 and whatever would have been spent on the subsidy and insurance. That's a return on their investment of approximately 19% - a more than fair return.

However, it is at this point that Manpower starts talking in human terms. The fact is, according to Manpower, that these women are not going to go out and get jobs anyway. Their attitude boils down to "Why bother?" At a time when over 1 million people in this country are unemployed it is an attitude that a government agency can ill afford

The women in the Dixon Hall program are clearly not looking for a handout, they are not trying to get something for nothing. They want the skills training and experience that, unfortunately, only Manpower can provide. Without that training their chances of getting a job are slim, with it they are a little better.

They are not a poor target for Manpower training, they should be the target. The cumulative effect of government policies is frightening, especially in this case. Without training these women will not get jobs. If they do not get jobs, or try to get them, they risk losing their welfare cheques.

Just what is the end result of this type of policy? The end imagined by government planners a balanced budget and not deficit, but at what price?

FORTUNE TRAVEL LTD.

306 Broadview Ave. (Broadview & Gerrard)

461-0701 (24 hrs. answering service) Vancouver (return) \$299 up London \$599 Las Vegas \$399 Los Angeles \$393

File Your Income Tax Here

Advanced Booking Required (Fares subject to change without notice)

Pick up your airline ticket while you wait



Gunter Weller Renovations Ltd

exterior renovations Carpentry and cabinetmaking Designed Kitchens Plumbing and electrical
Drywall application & finishing

4 Kingswood Rd. 699-2416

Drawings and Permits

Even friendless have someone to visit them

This article is about hospitals and how important they are to our society. That is a very relevant subject because of the pressure that is being exerted by governments during these difficult days to have such institutions cut back on their services.

Recently I spent considerable time in Princess Margaret Hospital, visiting an old friend of mine, and I was reminded what precious places hospitals are. Not only did the staff take good care of the patients, they went out of their way to be thoughtful and obliging towards the visitors — such things as providing special chairs for those who stay all night with the seriously ill. Of course you will find lots of helpful people in the commercial world outside, but usually this assistance is offered with the idea of getting your business. Hospitals do not need any further business, they have more than they can handle now.

Having put in quite a lot of time in visiting Princess Margaret I began to notice when the nurses went on and off shift. It was then that I realized that some of them were doing twelve hour shifts, and that no doubt is due to reductions in staff. In offices and factories people are being laid off because there is not enough work to go

around, but there is no shortage of work in hospitals.

A few years ago I spent three weeks in another of Toronto's well-known institutions -Wellesley Hospital. During my stay my room-mate for most of the time was a strange little character who was somewhat of a mystery at first. He almost never left the room except to visit the

bathroom, and only about once did a doctor or intern come to see him. However, he was not neglected, far from it. Every single day the nurse on duty came around several times to bring a between-meal snack or some juice. She coaxed him to eat and to get out of bed each day for an hour or two to sit in a chair. I used to wonder why my room-mate was there, because he was given very little medicine but all the food they could cram into him. Getting that odd little fellow to take nourishment, or to do anything they wanted him to do, was always a big struggle.

I can still see the day nurse as she cam briskly in each morning, her shoulder-length blond hair swinging in rhythm with her stride, always with a broad smile and a cheerful greeting. That girl was truly a vision, but not to him. His response was always a grim scowl and a gripe of some kind. He

was not much over five feet high, and with his spiky black hair and pale complexion he might have passed for a leprechaun, except for his disagreeable disposition. I understand that the little green men are usually quite pleasant, although I have never met one.

Shortly before he was discharged Mr. No, as I called him, let me know why he was there. The reason that the hospital was so determined to stuff the food into him was that he had not been eating at all for some time - it was interfering with his drinking. Mr. No was an alcoholic and he was in there to be nourished back to health. I recall that he had at least one liver-scan, no doubt to find out how much damage had already been done to that organ. Just before the little fellow was released one of the senior doctors, a specialist and a very busy man, came in and gave him a lecture on the necessity of laying off the liquor. Of course he promised to do that, and I hop he did, but I wouldn't have bet a nickel on it.

Cheerfully offered

One thing is certain, the disagreeable little character would never get the help outside that was so cheerfully offered in the Wellesley. Mr. No lived in a room somewhere, and he used to tell me that he had left a sum of money, fifty dollars or so, on his table under the table-cloth. It was obvious that his door was not locked, and I doubt that the money was there when he got back. No one visited him in the hospital, although he told me that he had two daughters. If he had one real friend in the world, I would be greatly surprised.

That experience demonstrated to me the full vaalue of a hospital. This disagreeable little fellow was in a desperate situation, partly at least through his own fault. Since he was so ungrateful it is very unlikely that much help would be available to him outside the hospital. However, inside the Wellesley great resources were there to be

After theatre DRINK.

COFFEE & DESSERT

Sundays, BRUNCH.

used. All kinds of valuable equipment and highly skilled personnel are there of course, but these assets could never be used to their full capacity without something else - a training and a tradition of compassion and dedication. Hospitals are islands of mercy in a world that is too often indifferent or even hostile. They must be safeguarded and encouraged to

When economic depression

tailed before we start cutting back on hospital care. The Ontario government is putting pressure on our hospitals to increase their charges and to use more of their staff in revenue producing projects, and that is interfering with the natural function of those hospitals - to heal the sick. When governments do that I get mad, and I think you should too. In fact, I am madder now than when I started this article, and I intend to write to my MPP and the provincial minister responsible to let them know how I feel about the matter. How about joining me?

Donvale Centre Pharmacy

Skateboard safely

Skateboards have now been brought out from the basement and from under the bed and made their appearance on the summer scene once again.

The Canada Safety Council reports that the contributing factors to injuries vary based on the experience of the victims. For first time riders loss of balance is the main factor while for experienced riders it is irregularities in the riding surface.

Here are the contributing factors to injuries in order of precedence for all levels of experiences:

- 1. Striking irregularities in riding surface 30%
- Losing balance 25%

3. Slipping-off 15%

ALL SAINTS CHURCH 315 Dundas St. E. SUNDAY WORSHIP SUNDAY SCHOOL

Home Repairs & Renovations

Concrete & brickworks Stone waterproof porches Free Estimates Angelo Poidomani

B1-553 112 Bellefair 691-5322

DO-IT-ALL Construction

- Renovation
- Additions
- Porches
- Dry Wall
- Rec Room Floor Re-
- Fences General Repairs

finished

920-6854 Licence No. B-2181

- 4. Board slipping from under victim 10%
- 5. Jumping from board 5%
- 6. Falling while turning 5% 7. Others 10%

So, to reduce the frequency and severity of injuries riders should select well paved authorized skating areas, take their time in learning and not attempt to negotiate difficult manoeuvres too soon and wear footwear with good skid-proof treads. Personal protective equipment for the head, hands, elbows and knees is a must.

vour neighborhood of

QUALITY cuisine.

MODERATE price menu &

compels governments to reduce expenditures there are other activities in our society that are less important and could be cur-

> Service Mon-Sat 9-9 We deliver 960-1616 599 Parliament St. (just south of Wellesley St. E.) SPECIAL PRIVILEGES Before After



NEWSBREAKERS®

for Many Happy Returns

call NEWSBREAKERS® Publicity & Advertising Services

by Appointment Only. Norman Shaffer, principal

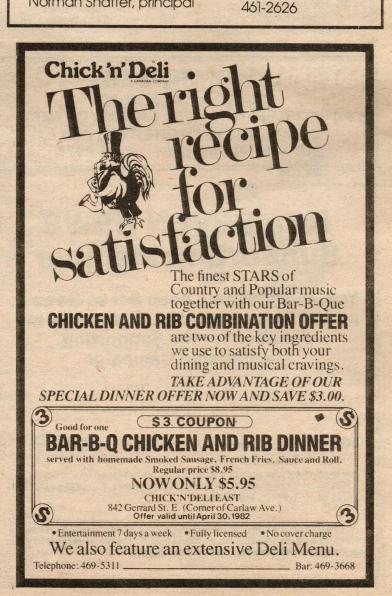
Hours: Sunday thru Thursday 2ish to 10ish p.m.



Opening Hours: Mon. 5:00 p.m.-10:00 p.m./Tues.-Sat. 5:00 p.m.-1:00 p.m.

793 Gerrard St. East, Toronto M4M 1Y5

Sun. 11:00 a.m.-10:00 p.m. Telephone 466-7675/466-7215



Letter

'Way We Are' prejudice disappointing

Dear Friends.

On April 29th I attended a performance of the Ward 7 Musical Comedy "The Way We Are", and since then I have been thinking a lot about what I saw.

I really like the concept of using

the musical as a means or raising money for a number or worthy causes; as an opportunity for many people who might not otherwise do so, to share their creativity with a broader public; as a way of increasing community cooperation

Through the years with 7 News

In the news 10 years ago, 7 News was turning two years old and was throwing an anniversary bash for itself. The paper was also cutting back to a 4-page paper for the summer months because the spring fundraising drive was only partially successful. We raised enough in donations from our readers and supporters in the spring of 1972 to maintain the paper over the summer months but not nearly enough to keep summer editions up to our eight page regular size - let's hope that doesn't happen this year. And to think Woolworth 'Door Crashes' included such items as terrycloth shorts for \$2.66, flared jeans for \$3.45, and thongs for 35¢ — truly affordable summer wardrobe. The Sackville School which had been in danger of being shut down for several years because of dwindling enrolment, was declared saved from closing.

Parents and school personnel gathered some 300 signatures, and this petition along with a strong delegation convinced the School Board to save the school and begin renovations and improvements to the school. There was also a major controversy about the danger of getting ticketed if you indulged in overnight parking in Riverdale. The By-law to stop ticketing for overnight parking was approved for the area Danforth to Eastern,

Don River to Coxwell. Alderman Karl Jaffary was the main organizer of the by-law in Council — it was heartening to see the end of such a long struggle.

In the news 5 years ago, the Woodgreen Community Centre was given a grant of \$35,000 from the Legal Aid Plan of Ontario to set up a full-time legal services clinic for the centre, although the clinic was open to all, it was designed to be accountable to and to serve in particular the community of Riverdale. And for the fifth year in a row the Forsythia Festival at Wellesley Park was enjoyed by all. The primary aim of the festival was always the same to promote beautification of the area with the planting of golden forsythia bushes, and results were spreading rapidly. There was a question of the professionalism and quality of doctoring at Wellesley Hospital. A brief was prepared by a group of local residents and presented to the hospital; the gist of the report was that the hospital did not understand the lifestyles and needs of the people who were using it. The Social Planning Council of Metro Toronto, the Urban Alliance on Race Relations and a group of local citizens were working with the police to establish citizen/ police committees. And that's the way it was, in the news, 5 and 10 years ago.

TYPEWRITERS

\$20.00 to \$1,200.00

• STUDENT RENTAL RATES • SAME DAY DELIVERY

DOMINION TYPEWRITER CO. LTD. 100 ADELAIDE ST. EAST 364-2978

Be a SEVEN NEWS Supporting Member

Yes, I want to help keep Seven News a part of the community. Enclosed is my donation for the Supporting Membership Campaign.

Address	Latination	Pho-	one
If you would like your	donation to be anor	nymous please che	ck here

Please make all cheques payable to Seven News. Our address is 315 Dundas St. E., Toronto, M5A 2A2.

If you live on a street not currently getting Seven News delivered, a minimum \$15 donation entitles you to get Seven News mailed to your home. Just enclose a note with your donation.

and awareness; and as a way of having fun. I found some of the acting, singing and dancing to be particularly good and enjoyable. I was also pleased that young people, women and gay people were depicted and accepted as being part of a vibrant community.

I was, however, both disappointed and dismayed by the extensive use of stereotyping throughout the play. Some prominent examples of such stereotyping were: the association between Arabs and money; the portrayal of the gay couple with speech patterns and mannerisms that are only found in a subsection of gay society but that are seen by the

rest of society as "typical" behaviour; Amanda's use of seduction as a device to achieve her goal; the recurrent lampooning of people from "middle" and "upper" class backgrounds; etc. While I understand that writing good comedy is very difficult, I do not think that humour that relies on ridicule or put-downs is acceptable or desirable.

Perpetuates divisions

More importantly, such stereotyping and lampooning undermines one of the goals implicit in such a production — namely, the fostering of a strong sense of community and coopera-

tion. Instead it perpetuates the divisions that exist in our communities — divisions that fostered by, and in turn produce further racism, sexism, classism, oppression of gay men and lesbians, and so on. Our communities will never be as strong, as cohesive, or as vibrant as we all want them to be as long as any "ism" is allowed to continue.

I encourage you, the Ward Seven Musical Group and all your friends and co-workers, to continue with the good work that you're doing. And I look forward to your next production — which will, I trust, be "ism-free".

Gabriel Epstein

Dear reader of 7 News:

We are writing to you, and to all our readers, about money.
We are writing because we trust and hope that 7 News is important to you. Important enough for you to make a financial contribution to it.

We don't especially like asking for money. But we need it urgently. And a few dollars from you, when multiplied by even a few hundred supportive readers, can make a difference of thousands of dollars to us. And that amount of money can make the difference between being

able to publish only 4 pages, or our regular 8 pages. Be tween being able to pay our staff or — often not. It can very well mean the difference between 7 News surviving, or not.

These are difficult times for many of us. Things cost more, our dollars are worth less, and we think harder before spending them.

But we hope that you will agree that a donation to 7 News is money well spent, because it supports a paper that carries news about your area and its activities, problems, and people.

7 News is yours to use: if you have an event you want publicized, from a bingo to a daycare meeting, you can put it in the community calendar for free; if something is going on on your street, whether a street dance or a tenants' struggle, or if your child's volleyball team wins a tournament, you can call us and we'll write about it — or you can write a story yourself and see it published. If you have an opinion you can write us a lettr and know that it will get printed. We are yours to use: a community resource, and a strong and independent voice for the people of this area. And it all comes to you free of charge.

But you know, and we know, that the money to pay for it has to come from somewhere. Much of it comes from advertising. But not enough to cover our costs. We don't get any government or private grants. We don't have any corporate backers: we are community owned and controlled, and we are non-profit — every penny we make goes to pay the bills.

So every year, we depend on our supporters in the community, our readers, people like you, to give us the financial support that quite literally means the difference between 7 News surviving or going under. If you don't want this community to be without 7 News — if you don't

want to be without 7 News — then please become a supporting member.

The suggested amount for a Supporting Membership is \$10, but if you can afford to be more generous, then please do: those extra amounts are very important to us. And if \$10 is more than you can afford, then please

send what you can. Any amount is greatly appreciated; every contribution helps.

MRS. MARLA PALM & CARD READER SPIRITUALIST

One visit will convince you. She is superior to any other reader you have seen. Gives lucky days and lucky hands. Lifts you out of sorrow and darkness and starts you on the way to success and happiness. You owe it to yourself to consult this gifted lady.

from 9 a.m. to 9 p.m. 977 Broadview 424-4018



HOUSE REPAIRS

drywalling • eavestroughing plastering • carpentry • painting cabinets • drafting

765 Queen St. E. Toronto, Ont. M4M 1H3 (461-3815)

COMMUNITY CALENDAR

Friday, May 21

• Eastdale Collegiate Institute's library club is holding a "Marathon of Hope" in honour of Terry Fox. Members of the club will run and walk at Riverdale Park from 9 to 10 a.m. To sponsor the runners, contact the school at 701 Gerrard St. E.

Saturday, May 22

 All ages of children are welcome at the Parliament Street Library this afternoon at 2:00 to hear stories. At 2:30, a craft program will be held: Make your own robot. 269 Gerrard St. E.

• The 330 RC(Air) C Sqn. annual inspection will be held tonight at 7:30. It will be celebrating its 40th anniversary at Danforth Technical School. L. Col. G.W. Horwood CD, A de C will be the reviewing officer.

 Spring into spring with B'nai Brith Women's Bazaar today from 10 a.m. to 10 p.m. at the West Annex Coliseum Exhibition Place. Auctions, home made foods, bargains, and hourly specials. Tickets \$1, children under 12 free.

Friday May 28

The Ward 7 Camp Fund is having a rummage sale at 42 Blevins Place starting at 10 a.m.

• The Toronto Rape Crisis Centre will sponsor a conference on violence against women May 28 to May 30 at Parkview Secondary School, 1 Danforth Ave. The theme of the conference will be Fighting Back. Workshops will be held on such topics as Battered Women, Incestuous Assault, Violence in the Media and Lesbian Oppression. The conference will include a cafe with entertainment on Friday evening and a dance on Saturday at Woodgreen Community Centre. All events are for women only. Registration is \$15 and subsidy is available for low-income women. Free childcare will be provided. For more information, phone 964-7477.

Saturday, May 29 · Children are invited to the Parliament Street Library this afternoon at 2:00 to hear stories. At 2:30. the library, at 269 Gerrard St. E., will hold an Annual Super-Fantabulous Talent Show. If you sing, dance or play and instrument, come and show your talent.



 Looking for a place to sell your goods? Neighbourhood Information Post is having its annual Garage Sale today from 10 a.m. to 4 p.m. Vendors are needed. To rent a table (small or large) for this day long event, phone NIP at 924-2543. NIP is a community based, non-profit information centre providing free

services to the east downtown core of Metro, Located at 265 Gerrard St.

• The Ralph Thornton Singles Social Club at 765 Queen St. E. is holding its monthly dance from 8 p.m. to 1 a.m. \$5 for non-members, \$2 for members. For further information call 461-3607 or 962-4039.

 The Inglenook Community Association is holding a garage sale at Bloor Street United Church, Bloor and Huron, between 10 a.m. and 4 p.m. Baked goods; furniture; coffee and hot dogs; books; clothes; china.

 Dundas Public School will be holding a fun fair today between 11 a.m. and 2 p.m. Refreshments, baking, games, white elephants, rummage, silent auction, bingo, etc.

 Explore the historic campus of Canada's largest university this summer. Free walking tours are conducted by student guides from June 1 through September 3, Mondays through Fridays, at 10:30 a.m., 12:30 and 2:30 p.m. daily. The hourlong tours in English, French, German or Spanish start in the Map Room of Hart House just west of Queen's Park Crescent at Wellesley St. If your organization or group needs a pleasant summer diversion to round out its program, take a walking tour followed by lunch or picnic on the campus. Call 978-2105 for information.

• There will be a meeting of the Riverdale Farm Committee at 8 p.m. in the farm house on May 27. Everyone is welcome.

• "New Images of Aging" - to promote positive aspects of growing older - is the theme of a photo contest sponsored by the Ontario Association of Homes for the Aged, a charitable non-profit organization. This competition is open to everyone, of all ages. DEADLINE FOR ENTRIES IS JUNE 15, 1982. The entry fee is \$2.00 per person for up to six entries (black & white, or colour photos, 8" x 10", unmounted). There are four categories - Energy, Free Spirit, Communicators, and Fusion of Frailty and Vitality, plus a Best in Show. Prizes include cash, photographic equipment, and a variety of other items. Judging takes place June 28th. Winning photographs will be exhibited at the Toronto City Hall during July. First place winners in each category will be published in Photo Canada Magazine, while other outstanding entries may also be used in future Association publications.

Sunday, May 30

 Check into the Wellesley Hospital today for the Family Health Fair between 11 a.m. and 4 p.m. See some of the most modern diagnostic equipment. Ever seen a CAT Scan? Wander around a hospital library and read medical and health journals from around the world. Visit an Art Show. Learn about career opportunities in hospitals. There'll be everything to see from bathing a baby to making a leg cast. Be by the tent on the front lawn (160 Wellesley St. E.) with your family, friends and sneakers.



Immigrant Women and Labour. Screening of film MARIA (on organizing in the garment industry), followed by discussion lead by Maria Teresa Larrain of Women Working With Immigrant Women. 519 Church St., 3:00 p.m. No admission charge.

 The Ralph Thornton Singles Social Club at 765 Queen St. E,, is holding a Bike Ride today, cycling out to the Leslie Spit. They will be leaving from the centre entrance at 2 p.m., led by Jack Peterson, 962-



Ongoing

 Swing into summer with Kooltour-Aid, a series of adventurous Theatre pieces to satisfy the most diverse and discerning palates. For 3 weeks, enjoy a melange of performances by guest and resident artists at Actor's Lab studio, 366 Adelaide St. E. at Sherbourne. Kooltour-Aid runs through to June 6 each Tuesday to Saturday at 7:30 p.m.; Sunday at 2:30 p.m. \$5 for the entire evenings; \$2.50 per show. For information call 363-

The Dinner Party: Judy Chicago opens at the Art Gallery of Ontario, May 22 through July 4. The exhibition is a fund-raising project of the Volunteer Committee. Proceeds will be used for the purchase of works of art for the Gallery's collection and for maintenance of The Grange.

 Subway Academy One, an alternative secondary school of the Toronto Board of Education, is once again offering a summer programme for adults and students wishing to participate in an alternative learning environment, or simply wishing to earn additional secondary school credits. Courses are taken on independent studies, and students may work as quickly or slowly as they wish. Attendance during the summer period is negotiable, and students may take more than one subject. Subjects offered include screen education and film making. art and photography. Applications should be made as soon as possible. For further information call 466-2153 during regular school hours.

 Regent Park Community Health Centre wishes to announce that Dr. Mary L. Heiberg has joined the staff of the Centre for the practice of family medicine at 19 Belshaw Place.

Complaints against the police? Call us first. Citizens' Independent Review of Police Activities (C. I. R. P. A.) 960-6318.

• The Ralph Thornton Singles Social Club at 765 Queen St. E. is holding regular get-togethers at 7:30 Thursday nights and at 2:00 Sunday afternoons. The club is geared to interest men and women 35 years and over. For further informattion call Jack Peterson 962-4039 or Liz Cooney 461-3607.

 Asthmatic children from five to fourteen will be able to attend five YMCA day camps throughout the summer with the help of the York-Toronto Lung Association. Nurses will be in attendance in a special tent which will serve as the centre for supervsion of medication and inhalation treatments. Parents can choose from eight, two-week sessions commencing July 5 through to August 27. For further information, call 226-1454.



Community Calendar is a free community service. If you have a notice which you would like to appear in the next (June 4) issue of Seven News (all events between	June 5 and 18 should go in this issue) please fill out the coupon below and mail or bring your notice to Seven News at 315 Dundas St. E., Toronto M5A 2A2.
DATE OF EVENT	The state of the s
DETAILS OF EVENT (include	time, place, & what the event
is, in 2-3 sentences)	
A STATE OF THE STA	
	# # W.

Dixon Hall update:

No headway is being made

By LAURIE MURRAY

The Dixon Hall Job-Preparation program has made no headway with the government bureaucrats.

We held a meeting on May 5th with members of the community and press to discuss how we could get funded. Manpower has refused to fund our programme because we are receiving skills-training. We don't fit into their pigeon-hole.

The Job-Preparation program offers anyone interested in gaining secretarial skills, on-the-job training and experience. We work in

receive instruction from Dixon Hall staff in all aspects of secretarial work. But we're not getting paid.

We are circulating a petition to get support for our program and many community groups back us i.e. East End Literacy, Ward 7
News, Neighbourhood Information Post, Inter. Women's Day
Committee, Canadian Congress of
Women etc. We need more signatures to help us get underway natures to help us get underway. We plan to take these petitions to the federal government and let them know there are several

those offered by Manpower.

MP David Crombie supports our program. In his May 5 letter to Mr. Axworthy, federal Minister of Employment & Immigration, Mr. Crombie objected to the fact our "excellent programme" was turned down by Manpower. "Skills development," he said, "is a fundamental part of any jobpreparation programme.... with cooperative education being touted as the educational vehicle of the future, I am sure you would agree that such an approach is both desirable and practical.

Mr. Gordon Cressy has also

him to look into our situation.

The Globe & Mail, Toronto
Star, 7 News, Contrast, CBC Radio, CKEY, CHFI, and CITY TV have interviewed several of the women from the Job-Preparation programme, as well as Charles Smith and Terry Dance of Dixon Hall. They have made public our needs, and made it possible for us to speak out.

Despite all the support, we got no further at our recent meeting with Manpower on May 11. Manpower told us we need approval from the province for any skillstraining. The province told us we should go through their system,

e.g. community colleges like George Brown. We do not think this meets our needs. We want onthe-job experience because without it you can't get hired. We want the training and experience com-

Manpower's main concern is training people for highly skilled, non-traditional occupations like word-processing, machining, computer programmers. Women like us are not their priority. One official at the meeting told us 'anyone who has to be taught English grammar and typing is a damn poor target for training in word-processing... we want to invest where there is the biggest

This means a person on public assistance or a high-school dropout, who doesn't have basic skills, won't have an equal chance at finding a job, let alone a good job. Where does this leave us? Unemployed forever?

We're determined to stay with the Job-Preparation program. We're gaining the experience and confidence we all need. For the first time in our lives we're learning how to speak and write English properly. We're learning how to type, use office machines, file, write press releases and resumes

Mayoralty candidate speaks to minorities

Mike Armstrong, a Mayoralty candidate, is conducting research into Municipal "Equal Opportunity Programs" and would like to talk to qualified members of ethnic or visible minorities and women who have experienced difficulty in acquiring jobs, training or promotions within the Civil Service in the past five years and especially the last two. The survey will include the areas of the City of Toronto, the Municipality of Metro and the boroughs within Metro. If you have any information to offer call Mike Armstrage tion to offer call Mike Armstrong at 964-6584. All replies will be kept in the strictest confidence.



Morning Special 7 - 11 a.m.

Bacon & Eggs, Potatoes, Toast & Coffee, Tea or Milk — \$1.75

Parkway Special Steak served with choice of potatoes, sour cream, vegetable, chef salad, fried onions, hot dinner roll or garlic bread - \$4.20

(includes dessert & beverage)

Every day a different special!

Seafood, Steaks & Chicken (4-course meals) Price from \$3 to \$3.50

Entertainment Special

8:30 pm — 1:00 am New group every week

488 Parliament



Propane is a wonderfully convenient fuel IN SMOK campers and backyard barbecuers. It's clean, quick and efficient for cooking, refrigeration and lighting. But, like all flammable materials, propane must be used with care. Did you know,

□ Propane barbecues should never be used in an enclosed area.

□ Propane cylinders must be stored outdoors and checked for safety every 10 years.

for instance, that:

□ A propane cylinder should always be moved or stored in an upright position.

□ Propane cylinders must be located outside recreational vehicles or in a compartment that is gas-tight to the vehicle interior and ventilated directly to the outdoors.

□ It is strongly recommended that propane-

fuelled refrigerators be cleaned and adjusted every year.

You'll find these safety facts and more in our free booklet. Mail the coupon today and get your copy. It's a great reference guide, and it will ensure that propane is always a helpmate rather than a hazard to you and your family.

The Ontario Government-Working to Help People.

> Ministry of Consumer and **Commercial Relations**



Robert Elgie M.D., Minister William Davis, Premier

Women don't get hi-tech computer jobs

By DAVE DICKEY

The technical revolution is impacting on everyone to some extent and will do so more in the near future. Since current estimates indicate that thirty percent of women's jobs will be lost to computerization, and that some are already bearing the brunt of the health problems, it seems fitting to devote a special segment of this series to the areas of particular concern to working women.

Just as the technical revolution is a continuing development, on a higher order, of the industrial revolution with its mechanization, then automation, the situation of today's woman has its roots in the

In the first place, women's lot has been determined by patriarchal relations, which simply means within recorded history at least, women place second to men within their social strata or class. Class, of course, is determined largely by wealth. Wealth in turn is largely determined by production relations, characterized in epochs by slavery, feudalism, and industrialism - with a fair measure of plundering throughout.

Mechanical developments spurred industrialism by increasing production, opening new markets and creating new demands and jobs. The printing press and mechanized looms, for example, produced surpluses, reduced prices which increased demand, and wider trade was thereby stimulated. Industrialists, merchants and bankers grew in numbers and influence.

Through a painful, complex process workers were dislodged from the land and driven by circumstances to urban centres for work in the new industries Women and children toiled alongside men in the worst of conditions, fourteen, sixteen hours a day. Some people, mostly women, gained access to the growing number of jobs as domestic workers for the expanding middle classes, if they had some extra skills and social graces. Factory and domestic work thus became the major areas of employment for women.

Western economies, as we are now seeing, are characterized by

noteable busts after booms. When it's a boom industry is basically underproducing and expands its labour force to increase production in order to meet market demands. When it's a bust it comes from overproduction. Industry then cuts its output and employees. Because men control the work place women were, and are, the first to be let go. This inequity rests on the myth that women usually don't have to work - a myth which was easily sustained before our recent drive to keep records and statistics. We now know that well over half of working women work because they have to. When those in need are out of work and must compete with others for scarce jobs the resulting competition pulls down the wage rates. In this way through patriarchal arrangements and competition for employment women's influence and incomes were kept lower than

men's. Eventually increased industrial production directly and indirectly created more paper work, which became the incentive for the development of new office equipment like the typewriter and adding machine. These were considered by men to be 'neutral' in the sense that new operator jobs didn't threaten existing male jobs. Women predominated as operators but their jobs ranked at the bottom of the hierarchy. Machines once again made possible the division between order-taking and decision-making work. With office machines it happened also to follow basically female/male lines. Men were able to keep control of the office by monopolizing the higher paying jobs just as they had

Office work, to meet the newjob demands, had to offer extra benefits such as pay, and by its huge growth eventually replaced domestic work as a major area of female employment. Office work also gave women the chance to meet and marry men who might be upwardly mobile and often more secure in their jobs than those in factories. Domestic work, like office work was seen as 'clean', while factory work was not; this resulted in a further division between people so that we have a class within a class.

The ideology of giving women the lesser jobs was repeated at the outset of computerization. As previously mentioned, women were the first 'computer', acting as a group to calculate trajectory tables during WW II. They even did the first programming when computer equipment was initially developed. Again it was decided - by men to divide the operations: Men took over the decision-making; technical, managerial and programming aspects. Women were given the lowest-skilled, and lowest-paid, functions of simply key-punching. This pattern extends to this day with regard to word-processing equipment.

This historical background is present to illustrate that within working society the decisions which resulted in such inequities between men and women, or between races, are social decisions rather than technical ones. They are based on, and help to build, certain ideologies which become social forces controlling decisions more or less by rote.

Women are capable of doing more than the most boring and routine of jobs. They are capable of decision-making and are entitled to share the tasks and responsibilities of ordering their own work-place. If we support the aims of the Polish Solidarity, and most of us do, then we must also support the concept of reintegrating manual and mental work to make jobs more interesting. When mental work is separated from manual work it is an option, not a necessity, and it's done to increase control by one group at the expense of another.

With women's incomes riding at about 60% of men's, that is women make 60¢ to each \$1.00 a man makes and with computerization now threatening to make even this unfair situation worse, the task of finding solutions becomes urgent for both men and

St. Paul's celebrates 160th anniversary

On Saturday, June 12th, St. Paul's Roman Catholic Church the oldest parish between Kingston and Detroit - will celebrate its 160th anniversary in grand fashion.

Located at 83 Power Street, at the corner of Queen and Power Streets, St. Paul's special day will begin at 10 a.m. and go on throughout the day and evening with entertainment, live music, speeches, street dance, beer garden, games, draws and fun.

The Parish of St. Paul's began in 1822 when Toronto (then the Town of York) had a total population of 1,336. In May of that year, land was purchased for the first Catholic church between Kingston and the Detroit River on the site

of the present church.

By 1842, the small parish had grown to a membership of 3,000 and Bishop Power chose St. Paul's as cathedral for the newly formed Diocese of Western Ontario. St. Paul's held this honour until St. Michael's Cathedral was built.

During the typhus epidemic of 1847, 863 died in Toronto - the greatest number of which were Catholics who were buried in the cemetery around St. Paul's.

The cornerstone for the present church was laid in 1887. Commenting in 1969, on the beauty of this church, Eric Ross Arthur, one of Toronto's most distingished architectural critics and historians, said: "St. Paul's Roman Catholic Church at Queen and Power Streets, has the most beautiful interior of any church in Toronto. Inside, more than any other church, it makes me feel as though I were not in Toronto at all, but might easily be in Rome or Paris or some city of Europe.

"...In 1887, Toronto already had a considerable number of highly thought of churches in the Gothic manner. One has to admire the architect for a bit of courage in attempting an Italian Renaissance

The present church, designed by Joseph Conelly, R.C.A. architect for some of the finest churches in Canada - was solemnly dedicated in 1889. The

striking paintings of the Conversion of St. Paul and the Last Supper above the altar were executed by a Belgian when the Sanctuary was decorated in 1893. The full decoration of the church was undertaken in 1911 by Signor Caroselli when he began painting the beautiful scenes from the life of St. Paul which cover the gracefully curved ceiling.

In 1971, the church was renovated, and all of its special features were restored to their original condition.

We're hoping to reach all former parish members and people who have roots in St. Paul's parish," said Father Frank Corless, Pastor of St. Paul's. "As well, we're inviting everyone in the community to join us on June 12th because it really is a Toronto community event.



SUNDAY 9.00 A.M. Holy Communion 11:00 A.M. Sung Services of Morning Prayer or **Holy Communion** 7.00 P.M. Evening Prayer

WEDNESDAY 6.00 P.M. Holy Communion

For information on other services and programs, please call 924-1891 before noon. Rental space available

IT'S CLASSIFIE

315 Dundas St. East Toronto M5A 2A2

COMMUNITY SERVICES

NEIGHBOURHOOD LEGAL SERVICES -Legal Clinic for low-income people within Carlaw-Bloor-Yonge. PROBLEMS: Landlord-Tenant, welfare, UIC, Consumer, CAS, Immigration. CALL: 961-2625. 238 Carlton

DAYCARE/BABYSITTING

APPLEGROVE DAYCARE Duke of Connaught School, 70 Woodfield Road. Children 2-5, \$55 week; children 6-10, \$31.50 week. Hours 7 am - 6 pm. Phone

Information Post at 924-2543 has a registry of people who will do odd-jobs, babysitting and daycare. (12-22).

SERVICES

LE CENTRE ACADIEN/Acadian Secretariat, 40 Oak St., does bilingual typing and translation. Accurate handling of large or small orders. Please call Veronnica at 366-6724. (12-16).

DR. L. von LICHTENBERG Ph.D.

PSYCHOTHERAPIST

Jnitial Visit - No Fee

922-2996

STRICTLY CONFIDENTIAL

HEALTH/WATCH, good news for all overweight people. A small weight reduction clinic has opened in your area. Call or drop in. 513A Danforth Ave., 465-

SAXOPHONE LESSONS given by qualified teacher. Phone Michael Ricci, 465-8558. (12-22).

VOLUNTEERS WANTED

NEIGHBOURHOOD INFORMATION care and odd job registries, comunity printing service and much much more. Volunteers very welcome. Phone NIP at 924-2543. (12-20)

ITEMS FOR SALE

LARGE BEDROOM DRESSER with mirror plus two matching night tables. Good condition \$100 for four pieces, phone

HELP WANTED

3 Month Contract - September to December. East End Literacy is a small community based literacy project in the east end of Toronto. We are looking for an experienced literacy worker to conduct an in-depth evaluation of the project. Minimum qualifications are masters degree, extensive background in literacy, including both tutoring and tutor training, previous experience in

evaluation and a familiarity with east end Toronto. The salary range is \$2,500-\$5,000. Send resume and covering letter to: East End Literacy, 265 Gerrard St. E., Toronto M5A 2G3 Deadline: May 3C,

YMCA Community Centre Project Worker for Regent Park: To assist the Residents' Association in the development of the new community centre. Must have post secondary degree and experience in community development. Apply in writing, NO LATER THAN JUNE 1982, to: Franco Savoia, YMCA of Metropolitan Toronto, 36 College Street, Toronto, Ontario M5G 1K8.

PERSONAL

MALE seeks open-minded female for fun-loving friendship on a casual basis, no strings attached. Phone Ivan 925-1373 (12-22).

SHARED ACCOMMODATION

TWO HOUSEMATES WANTED, cooperative area, \$300 per month, all inclusive. Call 466-6060 after 7 p.m. (13-1).

7 News Classifieds cost \$2.50 for 25 words or less, and 10 cents for each additional word. All Classified ads must be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads -

Fill in the coupon below and mail or bring it with your payment to News, 315 Dundas St. East, Toronto M5A 2A2.

My ad should read as follows:	

My ad should	ead as follows:	
	And the second of the second o	

Nuclear warfare is not the answer

Continued from page 1

mently for more defense spending and even suggested the possibility of a 'limited' nuclear war in Europe. The Europeans reacted with justified chagrin and within months that chagrin spread worldwide. Suddenly, over 200 U.S. congressmen jumped on the bandwagon for nuclear disarmament and within six months Mr. Reagan has changed his colour. Now he's publicly calling for an immediate bi-lateral cut of nuclear arsenals by one-third.

Another fact: The idea of a nuclear referendum was initiated by a small group of called 'Operation Dismantle' and has rapidly gained international support. Over 130 M.P.s from all parties endorsed the idea here and it's expected to receive strong backing at the United Nations Session on Disarmament this June. If our politicians have an undeniable mandate from the public to push for nuclear disarmament, they will be able to present the United Nations with more than a feeble, meatless call for arms reduction. And if Canada and other nations take a firm stand at the UN, the UN will therefore have a lot more clout to enforce disarmament regulations on the super-powers. For 35 years governments have

Res: 922-0234

been talk, talk, talking about disarmament. But never before have the people of every nation so unanimously spoken out on the issue and said, "No More!". The politicians, to wit, are listening.

Even in the Soviet Union the movement for peace is astir. 80,000 Romanians demonstrated last November for nuclear disarmament on both sides. More than 198 million signatures have been collected for a massive peace petition to be presented to the United Nations. Rallies have taken place in Hungary, Czechoslovakia and even in that bastion of Soviet quietude - Moscow. The Kremlin knows that its power lies in the acquiescence of Soviet citizenss. And when the people are noisy the Kremlin has a lot of trouble keeping them quiet - look at Poland. Nuclear arms are a threat to every human being and Soviet people are afraid, too. In June, massive peace rallies will take place all over the globe and you can be sure there will be a positive reaction in the Soviet Union. Despite the limited nature of public outcry there so far, even Breshnev has changed his tune on the subject already. An astonishing example of his recent about-turn is this statement: "God will not forgive us if we do not act now.

RICHARD'S

We do not make sissy Caesar Salads.

Regardless, with a majority of nations calling for disarmament at the UN the Soviet ambassadors will find it very, very difficult to back down from some sort of commitment.

That's all very fine and dandy - but it's not quite so simple, you say. True - real progress is going to take months, if not years. Negotiations are burdened by technical disputes, policy vacillations and all the effects of mutual distrust and fear that shape international relations. The UN discussions are a first step in the long march to a nuclear arms-free world. Once an initial freeze is reached, however, it's not so difficult to make sure no one is secretly building bombs. On-site inspections and satellite monitors will be able to detect any illicit activity. But the UN will only be able to enforce and maintain strict regulations if a majority of nations and above all a majority of the human race - gives it the mandate it needs.

How do we do this? By signing petitions, writing letters to our political reps, joining parades and rallies, voting 'Yes' on the nuclear referendum this fall ... there are many things we can do. And if enough of us do it we can make that first step toward disarmament

260 DUNDAS ST. E.

(1 block west of Sherbourne)

an unequivocal, solid step forward. The experts tell us nuclear arms will become the major political issue of the 80's. But that depends to a large extent on us. Civilians are the would-be victims of nuclear war - and civilians have to spearhead the movement to prevent it. We owe it to our children to try.

Here in Toronto, on Saturday, June 5th there will be a peace parade from 10:30 a.m. starting at Christie Pits (right across from the Christie subway stop) and finishing at Queen's Park. It's not a doomsday march - it's a parade of hope, complete with floats, clown and balloons. The Toronto Disarmament Network is organizing it and at least 50,000 people are expected to come. The Network is a recent affiliation of over fifty groups and hundreds of individuals from across the city who believe there is hope - if we act now. I'm going to be there. I hope you will be, too!

The Toronto Disarmament Network will also hold a Speaker's

Eatright

There's been a minor revolution in eating habits. Family members are involved in man outside activities - women are working. and meals are often eaten on the run. In many cases, traditional breakfasts, and especially lunches and dinners are being replaced by snacks and fast foods.

A normal, healthy adult should have two servings of milk or milk products, two servings of meat, fish, poultry, eggs, or cheese, four or five servings of fruit and vegetables plus three to five servings of whole grain or enriched cereal products (including bread, rolls, cereal, muffins, macaroni,

St. Bartholomew's Anglican Church 509 Dundas St. East Toronto, Ont. M5A 3V3 Fr. Robert Greene Rector

SUNDAY

8:00 a.m. Low Mass 9:45 a.m. - Sunday School 10:00 a.m. - Parish Mass

> TUESDAY 9:30 a.m. MASS WEDNESDAY 7:00 a.m. MASS FRIDAY 5:30 p.m. MASS SATURDAY 9:30 a.m. MASS

For information on children's activities and other programs, call the Rector, 368-1362.

Night on June 4th at Convocation Hall, University of Toronto. In addition, a music festival will take place on June 6th. For tickets and information call: 532-6720. June 4-6 is being called the Toronto Peace Weekend, and if you would like to be involved in any way to help prepare for these events just call the above number.

Having a healthy baby

Having a baby is not only far safer today than it has ever been, but it is also less painful. This is paartly due to the fact that good prenatal care is more readily available. The term 'prenatal' means prior to birth or during the period of pregnancy. Prenatal care is a planned program that starts with your first visit to your doctor. A complete physical examination is carried out, including a detailed history of previous pregnancies, urine and blood tests and vaginal examination. The expected date for your delivery is calculated and your doctor may wish to discuss with you such things as:

Nutrition

Breastfeeding and care of the breasts

Type of delivery

The father's part in labour and delivery

Prenatal classes

The doctor will then arrange to see you at monthly intervals until you are 32 weeks and then more frequently till time of delivery. Good prenatal care must include prenatal classes. The word "classes" can be off putting to many women, but it should be remembered that most are relaxed meetings with various health professionals. Each person is given individual attention so that their specific needs are met. Valuable information is made available on the following:

Breast feeding and bottle feed-

Diet and rest

Discomforts of pregnancy Drugs, alcohol, smoking and their effects on the unborn child

Exercises in preparation for delivery

Father's role during pregnancy, labour and delivery Growth and development of

your baby Sex during pregnancy

Types of delivery Stress and how it affects your

baby Immediate care of the new

born child Good prenatal care is essential for a healthy pregnancy and healthy baby. It is available - use it.

If you are interested in prenatal classes, call Rosaleen at Regent Park Community Health Centre



THE CENTRAL YMCA PROVIDES TEN FULL WEEKS OF GOOD TIMES - GOOD FRIENDS - GOOD CARE



REMEMBER . . .

The YMCA has been in Camping in Canada for over one hundred years. Call - 921-5171 or 921-8920

Budget rent a car

(416) 597-0181 627 Bay Street, Toronto, Ontario M5G 1M7

THIS COUPON GOOD FOR \$2.00 OFF OUR REGULAR DAILY RATES ON CARS AND TRUCKS