

Daycare group to lobby for more funding

By PAT SCHULZ

A campaign for substantial expansion of day care facilities and massive increases in government funding has been launched by Action Day Care. Beset with ongoing problems of lack of spaces, high cost, low wages and consequent pressure on quality of care, this group which represents parents and day care workers has taken the offensive. In the past the day care community has fought hard when faced with cutbacks but has been passive in between these episodes. No longer.

As a first step in changing the day care funding situation Action Day Care initiated a unionization

drive last fall. Approximately a dozen centres are now organized and negotiations have commenced. However this creates real financial hardship for fee paying parents and a funding problem for Metro Social Services which will have to pay higher subsidies. The only solution to those problems is increased provincial funding and so the group is now launching a direct grant campaign.

Direct grant is a method of funding in which the province pays a direct grant for every child in a non profit centre. In the current campaign \$5. per day per pre-school child, \$8. for infants and \$2.50 for part-time care are the demands.

These funds are needed in addition to the existing subsidy system which provides funds only for those parents who can pass a stringent means test. The flat grant will provide some relief for fee paying parents and give centres extra income that can be used to raise wages from the present average of \$9,000 per year to a level above the poverty line.

As well the group is demanding an additional 10,000 subsidized spaces and assistance with the capital costs involved in setting up centres. The campaign has already received support from two of the major coalitions involved in day care advocacy.

What can you do to help?

- Call Action Day Care at 362-1033 and obtain copies of the campaign leaflet for more details and for distribution to your friends and neighbours.

- Participate in the PHONE DREA TODAY campaign now. Telephone Frank Drea, Minister of Community and Social Services at 965-2341 and your own MPP. Tell them what your demands are.

- Endorse and support a demonstration at Queen's Park on October 16th. Join a committee to help organize this rally.

- Organize a parent-worker meeting at your centre. Get the support of your staff and parents

for these demands. Action Day Care can send a speaker to the meeting.

- Organize a meeting of your organization to explain the Direct Grant Campaign and its importance for day care.

- Donate generously to the campaign. Producing pamphlets and information is expensive. Action Day Care is a volunteer organization, dependent on your assistance.

- Come to the next Action Day Care meeting on THURSDAY, AUGUST 27, 1981 at 8 p.m. at 19 Carr Street, Toronto. (Corner of Carr and Denison Street, entrance on Denison).

7 News

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Oshawa co-op supermarket model for Regent Park group

By RHONDA SUSSMAN

Supermarket closings in the Regent Park area have left only a "No Frills" store at Parliament and Spruce Sts., which does not have a full range of products, and the more expensive small groceries, to serve the area. The full-service supermarket nearest to Regent Park is the Dominion store at Sherbourne and Shuter Sts. It is this lack of food shopping facilities in the area that has led individuals and members of Regent Park community groups to meet earlier this year and begin planning a full-range supermarket over which Regent Park residents could have control.

An existing co-operative supermarket in Oshawa is the model for the proposed Regent Park supermarket, and a tour of this supermarket was taken by about 20 people on August 10.

The Oshawa store is fully equipped and resembles a department store with clothing, hardware and cookware sections. There is a full line of canned and convenience foods, and a separate tobacco-and-film counter.

The store has a basket near the

front of the store where people can exchange coupons they don't need for ones they can use. Near it is a box where shoppers can leave suggestions on improving the supermarket.

The supermarket, established in 1969, was first staffed with volunteers, but manager Gary Ferguson said that people scheduled to work a particular time would frequently miss their shifts, thus creating more work for everyone else. There is now a unionized staff, hired by members.

The co-op currently has 1,665 members and a 9-person Board of Directors. Members' meetings are held annually.

To join the co-op and get full shopping privileges, shares in the enterprise must be bought; 22 shares for families and 12 shares for retirees, totalling \$120 and \$60 respectively, or about \$5.50 per share. These shares may be purchased over several months.

In addition, families must pay \$2.35 and retirees \$1.20 a week, whether they shop in the store that week or not.

All profits made go back into the upkeep of the store, and anyone leaving the co-op has his/her money returned.

The price markup at the Oshawa co-op supermarket is 7-10% rather than the 25% found in conventional supermarkets. Prices at the co-op were generally cheaper than those

found at the Sherbourne/Shuter Dominion: Melitta ground coffee (1 lb.) was \$3.89 as opposed to \$4.39 at Dominion; one kg. of Delisle plain yogurt was \$2.02 at the co-op, \$2.61 at Dominion; Dominion's Cracker Barrel cheddar cheese (8 oz.) was \$1.64 whereas at the co-op it was \$1.43. As well, there were specials that were lower still; 1 lb. of Hills Bros. coffee was \$2.99 at the co-op, \$4.29 at Dominion.

There are some problems with the Oshawa co-op supermarket; only a small minority of shoppers are actively involved in the running of the co-op, and getting a quorum of 25 at the annual meetings has been difficult, even with over a thousand co-op members. If established, members of the Regent Park co-op supermarket would do educational work to try to keep people involved. One possibility is doing nutritional seminars centred around a particular food that was a special that week.

If you are interested in becoming involved in the co-op supermarket committee, call alderman David Reville's office at 367-7916.

Seniors victims on Bleecker St

We've had a report from one of the Bleecker Street highrises that at least one resident was robbed recently by two young women who gained access to her apartment by saying they were from the Scott Mission. The young women, appearing very friendly and very polished, according to the resident, asked to come in to use her phone. After they left, the resident noticed that her wallet had been taken.

One of the young women has been charged, but this kind of ruse is a favourite one: it has been used before, and undoubtedly will be again.

Seniors especially should remember to be on their toes, because con artists see them as easy victims. If someone asks to come into your apartment by saying they are from a charitable agency, or the phone company, or hydro, or whatever, ask them for identification before you let them in. If you aren't satisfied, you should call whoever they are claiming to represent.



Entertainers at the July 29 Royal Cabbagetown Croquet Classic. More photos on page 3.

OPP's old station up for grabs

For more than 20 years the Ontario Provincial Police have occupied the historic John Ross Robertson home on Sherbourne Street as a Training College. August 5 saw the moving van back up to the doors to load the furnishings and fixtures. Personnel and furnishings have all been moved to newly renovated quarters in Brampton.

A spokesman for the OPP informed us that Sherbourne Street had become too small to accommodate the personnel and facilities of the force, so the move was necessary.

The Attorney General's Department still controls the property, which is a historic site. Some thought is being given to turning it into a Police Museum. It is much more likely however to go to one of several groups which have made application for it. Among these groups is Dundas-Sherbourne Community House who would utilize all of the facilities including the gym, as well as providing space for other agencies serving the District. Another seeker is the John Howard Society who have plans to use it as a half-way house for men released from prison who are undergoing a rehabilitation program.

Pet Picture Contest

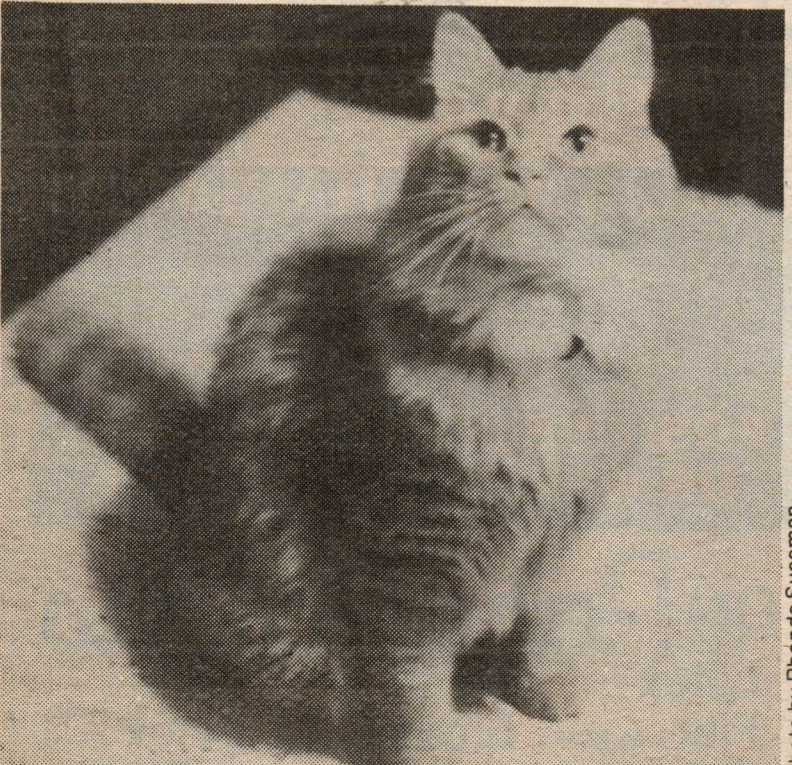


Photo by Rhonda Sussman

Once again, 7 News is holding its PET PHOTO CONTEST. Send us your best photo of your cat, dog, or "other", along with a self-addressed, stamped envelope (so we can return the photo), and the winning photos will be printed in an upcoming issue of 7 News. (This is Marlowe, a staff member's cat.)

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It's a chance to meet your neighbours, get a bit of light exercise, and help get the news out to the community.

Interested? Then call us at 363-9650

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If you have any comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter at 315 Dundas St. E. Toronto M5A 2A2. All letters must be signed but if you ask us to, we will publish your letter anonymously.



Ban sale of exotic pets

By TOM HUGHES
 Have you ever thought of what it would be like to have a baby jaguar as a house pet? How about a monkey, or a leopard, or maybe a gorilla? Lots of people have thought about getting exotic pets, and many follow through and pay hundreds of dollars to have these wild creatures brought from the other side of the world.

When the animal first arrives, it's proudly displayed for friends and neighbors. "Have you seen my ocelot? It's only about two-months old and, boy, is it cute." Ownership of a wild animal is, for some people, the ultimate status symbol.

Without exception, the people who acquire exotic pets profess to be animal lovers. "Isn't that obvious?" they ask. "Why else would I own an animal like this?"

Why indeed. People seem to think ownership of exotic animals makes them special in some way, that it enhances their self-image. Some even believe they take on the animal's characteristics-fierceness, beauty, strength, grace-whatever compensates for their own perceived inadequacies.

True animal lovers should consider what these creatures endure before they arrive in their care. Thousands of animals are captured every year in their country of origin, mainly by primitive and inhumane methods, to supply the world market for exotic pets. The first step in capturing any young animal most commonly involves killing its mother. If the young survive capture (and many don't), they are frequently kept in undersized cages and denied food or water for days while awaiting transportation. And when they are shipped, it's mostly via long sea voyages because that's the cheapest mode of transport available. The fact is many animals never arrive at their destination. It's not uncommon for entire shipments to perish in transit.

True animal lovers would be appalled at the conditions these animals must endure from the time of capture until they arrive in Ontario as pets. Only misguided affection for animals would allow these people to become involved in the exotic animal trade by supporting it.

The sad fact is that wild animals-whether of foreign or domestic origin-make very poor pets. Their care and keeping requires greater effort than cats or dogs, and they provide neither the affection nor the companionship of traditional domestic pets.

Their natural instincts, acquired after thousands of years of evolution, cannot be wished away overnight. Wild they were born, and wild they'll stay. And the consequences for those who wish to keep them as pets are often tragic, at times even fatal.

Cute and cuddly lion cubs inevitably grow up, and that's when they stop being pets and become large problems. So what do their owners do then? (Call the Humane Society, of course).

The Humane Society has accepted a wide variety of unwanted exotic pets over the years. Some have been surrendered by their owners, while others have been seized by society inspectors because of the conditions under which they were being kept.

Whenever possible, new homes are found for these animals in zoos or wildlife parks which are members of the Canadian Association of Zoological Parks and Aquaria.

But there are far too many cases where the animals cannot be re-introduced to others of their own

species. Some have been declawed, others defanged, while many are simply too psychologically traumatized to survive with others of their own kind.

That's why so many of these animals must be killed as humanely as possible.

"Isn't there some kind of law to control this?" you may ask. The bald fact is that Ontario has no legislation pertaining to the import, sale or possession of exotic animals.

Other Canadian provinces have statutes in this area, and even some Ontario municipalities have passed bylaws to regulate the keeping of wild animals within their jurisdictions. But municipal governments should not have to fill this gap in provincial law, and that's why the Ontario Humane Society is urging the Ontario government to take action on the problem of exotic pets.

There's no argument that wild animals are among the most beautiful creatures on this planet. In their natural habitat they forage, and breed according to the laws of nature - laws which dictate that only the strongest, quickest, fittest

members of the species live.

While such laws seem unduly harsh, even cruel, to human observers, man is slowly learning that nature's way is still the best way.

Real cruelty to wild creatures begins when they are removed from their native environment and forced to live under the most unnatural conditions conceivable.

EDITOR'S NOTE: Tom Hughes is the executive vice-president of the Ontario Humane Society, 8064 Yonge St., Thornhill, Ont. L4J 1W3.

Pro-labour stance appreciated

Enclosed is a cheque as a donation to your community paper as approved by our Executive Board.


We appreciate that 7 News has adopted a pro-Labour stance on several issues that we are concerned about.

Keep up the good work.
 Rudy Draxl
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Understanding radiation

Radiation is everywhere. Even if we've never been near a medical x-ray, television set or microwave oven, we're still exposed to natural radiation from the sun, from rocks and minerals, even from our foods.

Yet the word "radiation" frightens most of us. Often invisible, radiation performs mysterious and wondrous functions though we cannot touch it, feel it, smell it or see it. Somehow it can be used to take photographs of our spine (medical x-rays), put food on our table within minutes (microwave ovens), even light up our home (nuclear power electricity plants).

Many of us are frightened because we know radiation can be harmful. We have seen pictures of Hiroshima's nuclear bomb survivors — horrendous results of radiation exposure at the extreme. We know of scientific evidence pinpointing radiation as a cause for a host of illnesses, including cancer. All this fuels our fears.

In this article, we will try to present factual information on the subject of radiation so you can understand what it is, where it comes from, how it can be useful, and when it may be harmful. Many of the biological effects of radiation, particularly from low doses, are still unknown.

WHAT IS RADIATION?

Quite simply, radiation is one of the ways in which energy can be transferred from one point to another. We come in contact daily with many kinds of radiation from many different sources. Both heat and light are types of radiation we can see and feel. Most other types are undetectable to us.

All radiation is divided into two main types:

- 1) Electromagnetic — medical x-rays, sunlight, video display terminals, hydro lines.
- 2) Corpuscular — radioactive by-products from nuclear power stations, radioactive iodine used in medical research, nuclear fallout.

Most of the radiation we are exposed to is electromagnetic. Chart A below shows examples of the different types and sources of our radiation exposure and the variations in their effect. The strength of the effect of the electromagnetic radiation decreases from left to right.

Some radiation is strong enough (has enough energy) to change the structure of the atoms in objects with which it has contact. This high energy radiation is called "ionizing" and the changed atom has become "ionized".

Ionizing radiation has greater potential than non-ionizing radiation for doing harm to our bodies. By altering the physical structure of the atom, ionizing radiation can cause damage to our cells. It can kill, injure or change them. Of major concern to us is damage to DNA, which carries our genetic information and which controls cell function. Once DNA has been damaged, the damage may be permanent. This is why continued ionizing radiation at low levels is said to cause cumulative damage. Cells which are undergoing rapid division, such as the skin, bone marrow or gut, or in a developing fetus, are particularly sensitive to ionizing radiation. This is why it is so important for pregnant women to be careful about medical x-rays or other ionizing radiation exposures during pregnancy.

DO WE HAVE REGULATIONS TO PROTECT US FROM TOO MUCH RADIATION?

There are restrictions to the amount of radiation a particular electronic device, such as televisions and microwave ovens can emit. However, there is no monitoring of our personal, cumulative exposure to the many devices we have contact with.

The Federal Ministry of Health (Health & Welfare Canada) recommends radiation dose limits for particular medical x-ray procedures.

However, this governmental body cannot enforce the guidelines by law. It is the provincial government's responsibility to see that x-rays are safe, and since 1979 they have been monitoring medical x-rays according to the recommendations made. The provincial Ministry of Health will ask for a reduction in emissions from any machine if they find any exposure that exceeds the recommended limit for a procedure. This request has the force of law.

Most scientists would agree that we DON'T AS YET KNOW the cumulative effects of radiation or the effects of low-level radiation exposures. It is very difficult to determine what the effects are. It may take years to develop a disease and how do we know for sure that the contributing factor was radiation? How do we separate it from diet, genetics, smoking or other environmental factors? This is why scientists are not willing to say there is "safe threshold" of radiation exposure — an amount they can guarantee will not cause any future harm.

Obviously, there are benefits of radiation. All we have to do is look at the many sources of radiation listed above to see how we depend on radiation and use it in our daily lives. Therefore, there is not attempt made to ban the use of radiation. We measure the benefits against the potential risks and develop guidelines in an attempt to reduce radiation exposure to levels sufficiently below those we know cause harm.

The best guideline may be one that keeps radiation "as low as reasonably achievable". This is not what we have. We now say the "X" amount of radiation is considered to be "safe". It would be preferable that doctors, manufacturers and technicians try to keep emissions and doses below that estimated safe level since there is still so much we don't know about radiation. When a guideline is set for medical x-rays, for example, this is the level that the doctors attempt to meet. Why not try to expose patients to lower exposure levels if the results are comparable? Why not err on the side of caution? Research in Toronto has shown that different hospitals and different doctors use widely different doses for diagnosis

of similar diseases or for x-ray photographs.

Ask questions and show your concern. The more you ask, the more pressure there will be to expose us to the lowest amount of radiation necessary to produce the needed result.

Ask your dentist for a lead "thyroid shield" (a small collar) the next time you go for a dental x-ray. Years ago no one realized how sensitive the thyroid gland is to cancer. The risk of developing thyroid cancer from dental x-rays is extremely small, but we can prevent any threat to our health by using a thyroid shield. As well, make sure your reproductive organs are shielded, especially if you are pregnant or intend to have more children.

Keep track of medical x-rays and ask questions. Are any tests being duplicated because you're seeing several doctors? Can they transfer your x-rays instead of repeating them? Are the x-rays instead of repeating them? Are the x-rays necessary? Is there another way to diagnose or treat your health problem? If not, is the dose as low as possible to achieve the desired result? The use of medical x-rays is for your benefit. Get the assurances you need.

There are no obvious, acute, short-term effects from non-ionizing radiation, but here too the final results are not yet in. So it makes sense to be sure we are exposed to as little of it as possible. Workers on types of machines that produce radiation should know whether their machines leak radiation, what kind, and how much. Speak up at work. If you have doubts, discuss the matter with some fellow workers and then with your management.

Industry is continually reassuring us that electronic devices that emit radiation do so at extremely low levels that are of no harm to us. They meet the guidelines. In fact, these machines may be absolutely safe, but no one has yet been able to prove it. All we can ask then is that government, industry and the public work together to keep lowering our exposures to man-made radiations.

From the *Health Advocate*, monthly newsletter of the Health Advocacy Unit, Toronto Board of Public Health.

CORPUSCULAR Ionizing	ELECTROMAGNETIC					
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<ul style="list-style-type: none"> • nuclear fallout • nuclear medicine • background 	Gamma & X-ray	Ultraviolet	Visible	Infrared	Micro Waves	Radio Frequency
	<ul style="list-style-type: none"> • medical x-rays • colour TV • uranium • nuclear fallout • background • nuclear medicine 	<ul style="list-style-type: none"> • sunlight • sunlamps • black lights 	<ul style="list-style-type: none"> • lasers • sunlight • light bulbs • TV's 	<ul style="list-style-type: none"> • heat lamps • lasers 	<ul style="list-style-type: none"> • fluorescent lights • CN Tower • ovens • TV's • radar • CB's 	<ul style="list-style-type: none"> • radios • hydrophones • fluorescent lights

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The Morris Dancers, a British folk dance troupe, perform at the Royal Cabbagetown Croquet Classic.

\$200,000 art heist

Sometime during the night of August 12 thieves broke into a van parked on Blevins Place in Regent Park. They made off with an estimated \$200,000 worth of English, Dutch and Italian oil paintings. The van was not entirely cleaned out of its cargo; about \$75,000 worth of paintings were left behind.

Larry Jordan of Gerrard Street East had brought the paintings from New York to Toronto earlier that day. He parked the van on Blevins Place while he visited a friend in Regent Park. When he returned to the van he found the break-in had occurred and immediately notified Police.

Police investigating the theft contacted the owners of the paintings, Fine Art Services (Customs Brokers) Limited. They confirmed that 11 paintings had been stolen and theorized that the theft was not a professional job because of the paintings which were left behind.

Police added credence to this view and feel that the theft was the work of drifters who frequent the area.

As of press time no arrests had been made.

WANTED

A tenant of 275 Shuter St. who is interested in distributing copies of 7 News in the building. Give us a call at 363-9650 and we can make arrangements.



Jesse Fawkes of the 3 Streets Housing Association (which sponsored the event).

Seniors get break

CNE Management has announced that senior citizens will be given free grounds admission any day, including Saturdays and Sundays merely by presenting their Ontario Senior Citizen Privilege Card.

This is something of a departure from previous years when Seniors were admitted upon presentation of the card Monday thru Friday only.

A spokesman for the Ex pointed out that not only Seniors but everyone who attends the Grand Old Lady should wear comfortable shoes, clean socks or stockings and dress in cool clothes. Carrying a sweater is advised if one intends to stay for the evening Bandshell or Grandstand performance.



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COMMUNITY CALENDAR

Saturday August 22

Dance to the **Fabulous 50's and 60's** with Jimmy Hawkins tonight from 8 p.m. to midnight. At Regent Park Church Hall, 40 Oak St. (at Parliament). Light Refreshments, spot dances, door prizes, limbo dances, hula hoop contest, best dressed 50's and 60's male and female, and more. For more information contact Jim at 925-6501. For people 25 years and over. Tickets are \$4.00 in advance, \$5.00 at the door.

There will be a yard sale today at Regent Park United Church, 40 Oak Street (at Parliament) from 9 a.m. to 5 p.m. Table space is still available. Household goods, furniture, pictures, etc. For more information and table space call 363-4234 and ask for Don. It's on, rain or shine!

Sunday, August 23

The St. Luke's Forum presents speaker **Rev. Lorne Walsh** today at 2:30 pm in Allan Gardens, Sherbourne and Carlton Sts.

Tuesday, August 25

Women and Health — An Educational Series. **Part 2 — Women and Addictions.** Tonight, 7:30 pm at South Riverdale Community Health Centre, 126 Pape Ave. Sponsored by the women's health committee. Call 461-2493 for details.

Wednesday, August 26

Harbourfront's **Summer Rendezvous for Seniors** wraps up its summer activities today with a celebration of days gone by with contests, historical displays and participants in historical costumes. The free day of fun starts at 10:30 am at York Quay Centre, 235 Queen's Quay W.

Thursday, August 27

The Parliament Street Library, 269 Gerrard St. East, presents the film **Studs Terkel's Chicago**, part of the acclaimed **Cities** series. Today at 2 pm. Free.

Saturday, August 28

Harbourfront proves that steel isn't the only thing produced in Pittsburgh when the **Pittsburgh Dance Alloy** makes its appearance tonight and tomorrow. Tickets are \$5 for adults, \$4 students and seniors at Harbourfront's box office from 1 to 8 pm daily; call 869-

8412. Showtime is 8 pm both nights plus a Sunday matinee at 2 pm.

Riverdale Horticultural Society's **65th Annual Show** will be held today from 2-5 pm in St. Barnabas' Church Hall, corner of Danforth and Hampton Aves. There will also be a tea room, bazaar table and bake sale. Lucky door prize tickets are 25 cents each or 5 for \$1.

Sunday, August 30

The St. Luke's Forum presents speaker **Frank Showler** today at 2:30 pm in Allan Gardens, Sherbourne and Carlton Sts.

Harbourfront is screening the Hungarian film **Angi Vera** tonight at 7:30 pm, York Quay Centre. \$2

Friday, September 4

The Gay Community Dance Committee is sponsoring **Fever Pitch**, a dance being held from 9 pm to 6 am(!) at the Concert Hall, 888 Yonge St. at Davenport. Tickets: \$6 in advance at Glad Day Books, 648-A Yonge; \$7 at door; \$5 after 1 am.

Saturday, September 12

Cabbagetown Festival today from 10 am to 4 pm at Second Mile Club, 192 Carlton St. Crafts, books, white elephant sale, entertainment. Fun for everybody.

The **Bain Co-op Street Festival** will be held today from noon to 1 am. There will be good food, crafts, clowns, a best-dressed pet contest, face painting, and dancing in the evening. Everyone welcome. On Bain Avenue, which runs east from Broadview between Gerrard and the Danforth. Rain date: Sunday, Sept. 13, same time and place. For more information call C. Castillo at 465-1278 or V. Sangster at 465-9857.

ONGOING

Elizabeth Fry Society is in need of what you don't need — old but reusable books, records, housewares, jewelry, toys, crafts — just about everything but clothing. These items will be sold in the Society's **annual fundraising yard sale** in September. Help us help women in trouble with the law by contributing to this event. Items can be dropped off at 215 Wellesley St. East, or alternative arrangements can be made by calling 924-3708.

• A **Riverdale Race Relations Centre for Youth** is being opened at 947 Queen St. East so that young people from different backgrounds can meet for sports, recreation, and discussions. The Centre will be open from 9 am - 4 pm daily with plans for activities in different parts of Toronto. Call the Riverdale Inter-cultural Council at 469-1819 for more information.

• Free guided tour of **Ecology House**, 12 Madison Ave., every Sunday at 2 pm. Displays on conservation, solar heating, greenhousing, hydroponic gardening, etc.

• The South Riverdale Community Health Centre, 126 Pape Ave., holds regular meetings of a smoking withdrawal clinic and a weightloss club. For more information about these events, call the Centre at 461-2493.

• Find out how to **kick the tobacco habit** once and for all by calling the York-Toronto Lung Association and registering for the smoking withdrawal clinic at 576 Church St. Call 226-1454 for more information and to register.

• **Crafts Program** held Monday evenings in the recreation room of 275 Bleecker St., from 7 pm to 9 pm. Come and share companionship while you sew, knit crochet, and enjoy tea and cookies.

• The Sikh Youth Association has opened a summer outreach program, the **South Asian Community Outreach**, operating from the basement of the Ralph Thornton Centre at 765 Queen St. E. Helping meet the needs of people of South Asian origin is their first target. For more information, call Kulvir Singh at 461-3712.

• **Legal Advice** service available free at Central Neighbourhood House, 349 Ontario St., Mondays at 6 pm. Consult in complete confidence. **This is not a legal**

aid clinic, though your lawyer may arrange for Legal Aid where appropriate.

• Central Neighbourhood House has vacancies in their **Day Care Centre**. If you would like to place your child in day care, call Jeni at 925-4363 to register your child/children. Our spaces fill up very quickly so call right away.

Seniors' Programs at Woodgreen Community Centre

835 Queen St. E.

• **Diners' Club** operates every Wednesday at the Centre. A home-cooked meal is available from 11:30 am to 1:30 pm at a special price (\$1.50) to seniors. A beverage and home-made dessert is included. Limited transportation is available by calling 461-1168 in advance. Following the meal, there is a discussion group (with films and speakers) for those interested. Everyone welcome.

• **Nutritional Counselling** is available free to seniors at Woodgreen. If you would like advice on weight loss, on your diet or just general information on nutrition and food, phone 461-1168 to make an appointment with the nutritionist, Renate Manthei.

• Now available — of special interest to seniors and the handicapped: the South Riverdale area **Grocery Delivery Directory**. If you are having difficulties with your shopping, such as problems carrying heavy bundles, this directory lists the stores in your area that will deliver groceries, often free of charge. Pick up your directory for 25 cents at Woodgreen Community Centre, 835 Queen St. E. or phone 461-1168.

Community Calendar is a free community service. If you have a notice which you want placed in the next (September 4) issue of 7 News (all events between Sept. 4

issue), please bring or mail your notice to 7 News, 315 Dundas St. East, Toronto M5A 2A2 (All Saints Church), or call us at 363-9650.

DATE OF EVENT

DETAILS OF EVENT (include time, place, & what the event

is, in 2-3 sentences)

Seven News gratefully acknowledges the financial assistance of Lever Detergents Ltd. in

bringing you this issue's Community Calendar.

Dancers' Academy tells a good fish story

Would you like to hear a fishy story? I always knew that birds could fly and fish could swim ... but dance as well?

Being a Mermaid, I lived with my school of fish underwater near a fishing town. Our dry-land neighbours were a friendly, poor fishing family, their dry-land cat and two beautiful children.

One evening a most unusual event took place. My Sea Nymphs brought the two beautiful children into my underwater palace. The Nymphs were careful to put these children in an air bubble so as not to waken them from their dreams. In order to make their dreams more memorable, I asked my fish to dance. Can you imagine what happened? They all just stood there and stared at me in dismay.

"What?" they all cried, "dance? ...

but we never had a dance lesson in our lives!" Then one of my Sea-Horses bravely explained to me that he didn't have a leg to stand on. We took a vote and decided that the two children be carried back to the surface. Once on land, my fish followed the children and discovered where they learned to dance. Immediately I received the following message (via Sea-Horse express):

"Have discovered excellent school. (stop) **Dancers' Academy.** (stop) Located in Eastminster United Church at 310 Danforth Ave. (stop) Offering classes in Ballet, Modern, Jazz and National Folk. (stop) We are registering for fall classes. (stop)

I was very pleased with this turn of events. My school of fish spent a whole year at Dancers' Academy

and made many friends while learning to dance. They also learned that the Royal Academy of Dancing Children's Syllabus, which is being taught at Dancers' Academy, was organized and put together by Margot Fonteyn and Rudolf Nureyev. In other words, if anyone studying at Dancers' Academy wants to dance (professionally) for the rest of their lives, they will have a good start.

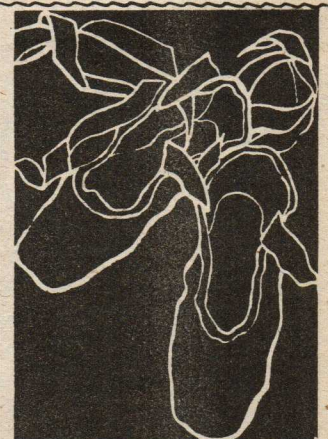
In their Modern classes they learned many warm-up, relaxing and limbering exercises to help

loosen, strengthen and stretch their (amphibian) muscles. In their National classes they learned various dances from different countries expressing their beautiful customs and dress. One of my Sea-Horses wrote me that he had some difficulties to overcome, but that the teachers always accepted his limitations.

On the evening of June 10th, in a fantasy beyond anyone's wildest dreams, my fish danced on the stage of Eastminster United Church for their friends and

families and displayed to me a spectacular array of colours. This memorable evening ended with a grand finale in which we all danced together — fish, mammal and Mermaid.

For more information about Dancers' Academy, call 466-2284.



DANCERS' ACADEMY offering classes for children and adults in Ballet, Modern, Jazz and National Folk.

Registration Dates:
September 9 & 10 - 5-9 pm
September 12 - 9 am-12 noon

LOCATED AT: EASTMINSTER UNITED CHURCH, 310 DANFORTH AVENUE, TORONTO.

For further information and brochure call 466-2284

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Hair Colour \$7 & set



Students of Dancers' Academy performing "The Little Mermaid".

Health Fair 'breathtaking'

By RHONDA SUSSMAN

The Downtown East Health Fair, held August 15 at the Parliament Street Library, presented the visitor with information on health-related issues such as nutrition, dental care, fitness, first aid, mental health and more.

The highlight of the Health Fair was the play "Raiders of the Lost Breath", subtitled "A Breathtaking Experience", performed by the Portable Theatre Company and sponsored by the York-Toronto Lung Association.

The play describes the efforts of a young woman to avoid air pollution in the form of three notorious pollutants.

The cast of walking pollutants consists of a smokestack, a cigarette, and an aerosol can.

Through the woman's battles with these pollutants, the play, in an entertaining fashion, points out that cigarette smoking is only one form of lung-damaging pollution, and that these other forms of air pollution have to be fought.

For more information on cigarettes, air pollution and lung health, call the York-Toronto Lung Association at 226-1454.

Effective pest control begins with Bikoe

Since 1929 Bikoe has been effectively controlling pests in Toronto. Our one location at 434 Queen St. East offers you a selection of Bikoe products for specific pests or general prevention.

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1 Come to our one location. See the illustrations, the products, the applications, and talk to us. We have the knowledge and experience to help you to use Bikoe effectively.

2 Call us by phone, describe your pest problem and we'll prescribe an appropriate Bikoe product. We'll even deliver it for you (discreetly in a plain van).

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ARE YOU INTERESTED IN WHAT IS HAPPENING IN YOUR COMMUNITY?

If you are, then why not consider writing short news stories about it for 7 News? Nearly all our stories are written by volunteers who like finding out and writing about events in their neighbourhoods. If you have some time to spare and would like to try your hand at writing, why not volunteer? If you are interested, call Ulli at 363-9650.

P. S. If you are sure that you don't want to write, but you know of news you think we ought to print, call us and let us know.

THE YARD SALE

Aug. 22, 9 am-5pm

Regent Park

United Church

40 Oak St., off Parliament

Household goods, furniture, pictures, etc.

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For more information and table space call 363-4234 & ask for Don

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40 Oak St. at Parliament

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Tickets: \$4 in advance, \$5 at door

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No experience necessary

Are you a retired bookkeeper?

Or out of the workforce with some time on your hands?

Or just looking for some activity

in a friendly, stimulating environment?

Seven News would really welcome the assistance of one or more volunteers to help us with some simple bookkeeping and other general office tasks. No experience is necessary.

If you are interested in helping

please call us at

363-9650

and ask for Ulli

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A group of grade 13 and 12 graduates and faculty relax during recent Pathways College Graduation ceremonies held at Hart House, University of Toronto. Students are now registering for fall semester studies beginning Mon. Aug. 31st.

Home Repairs

By PAUL COONEY

Question: I own a house and the water is coming through the basement walls on four sides, below grade. My house is forty years old. Would you be kind enough to help me solve this problem?

Answer: It is quite possible when the house was built the exterior foundation walls below grade were never waterproofed or weeping tile not installed. At that time there was no requirement under the building code that the builder waterproof below grade. It was at the builder's option to waterproof. Today under the Ontario Building Code it is mandatory to waterproof below grade. The installation of a proper waterproofing job is the following: Excavate to the bottom of footings, clean and prepare foundation wall. Install 16" of clean 3/4" limestone. Install 4" weeping tile. Connect weeping tile to sewage system. If house is on septic tank have weeping tile connected to sump hole and pump water to nearest ditch. Parge foundation wall with two coats of cement, sand and masonry. It may be necessary to install metal lath prior to this application if wall is uneven or mortar joints too large. Apply two coats of asphalt emulsion after parging is thoroughly dry. The asphalt seals the fine hair line shrinkage which occurs with all cement type applications of this nature. One can also use a product called Thoro Seal for many different waterproofing problems which occur on all types of buildings. This manufacturer is unique in the construction industry. They have a seminar normally every February at the Hot Stove Club in Maple Leaf Gardens from 9 a.m. till 5 p.m. for a large number of waterproofing contractors. The latest products and techniques are demonstrated and every one is in overalls testing their skills and gaining expertise at their trade. Mr. Cyril Wood, President is there to oversee his experts in order that the contractors will broaden their skills and expertise in executing future waterproofing contracts. Mr. Wood feels that the community at large will benefit as well as the businessmen he is supply-

ing his waterproofing products to. Mr. Wood has also mediated many problems that were not of his own making on behalf of home owners and contractors. Mr. Wood certainly deserves credit for having the discipline and foresight to prevent problems in the construction industry. Water proofing problems should be done by professional waterproofing contractors. Today real estate is too expensive to replace. Have your home maintained properly, it increases the value.

Barking dogs?

In Toronto more people complain of being disturbed by noise from barking dogs than from any other source. Thirty-four percent of complaints received by Noise Control are in this category.

The Anti-noise By-law prohibits such noise at all times and provides for fines on conviction of the owner between \$50 and \$1,000.

If you are disturbed by noise of this type the best first step that you can take is to call on your neighbour, advise him of the problem and ask him to do something to stop the dog from bothering you.

If this does not succeed, you should call Noise Control, outline the circumstances and give the name and address of the owner of the dog.

Although the enforcement of this section of the By-law is under Police jurisdiction, the Noise Control group will, providing you supply the name and address of the dog owner, send a warning letter to him advising of the complaint and of his responsibility under the By-law. Since the Noise Control section is merely giving information to a citizen your name is not revealed unless you agree.

Most owners do not realize that their dogs annoy their neighbours and when they find this out, take action which results in an improvement. Where the barking persists, you should call the Police while the noise is going on and ask them to enforce the By-law.

If charges are laid against the dog owner you must appear as a witness. The Crown prosecutes at no cost to the complainant.

To sum up, most owners are responsible and will try to avoid annoying their neighbours if they know there is a problem. Where this is not the case, prosecution is the final alternative.

On the other hand, dogs have always been an element in urban life, there are 45,000 of them in Toronto, and a certain amount of noise of this type is inevitable. The occasional yip can be tolerated; persistent annoyance need not be. If both the neighbours concerned act with reason and consideration the problem usually can be resolved.

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Energy Probe 'Spokes'

Energy Probe, an energy advocacy group, is working on a project, called "Spokes", to integrate bicycling more thoroughly into Toronto's (and later Ontario's) transportation system.

The main purpose of the project is to bring about greater safety and security for bicyclists. If bicycling becomes an easier option for more people, then the result will also be to save energy.

"We're beginning to see energy more and more as a municipal issue, and the transportation sector is a key part of it," says Larry Solomon, an Energy Probe staff member.

Currently, according to

Solomon, "the civil liberties of bicyclists don't exist." He points to the TTC's policy of prohibiting bicycles on transit vehicles as an example, noting that it is perfectly OK to carry something equally as large, such as a ladder, on transit.

"Spokes" has a number of other specific goals:

- pressuring planners to ensure safe and secure rights to city streets for bikes.

- publicity for laws and guidelines governing the rights and responsibilities of bicyclists and motorists.

- approaching public transit to urge it to provide appropriate lock-up facilities, to encourage cycle-ride-cycle commuting and to provide ride-and-carry facilities.

VIA tries to wipe out bikes

Bicyclists are now among those who are coming to suspect that VIA rail is doing everything it can to prevent people from using passenger trains.

VIA is planning to institute a new policy making it mandatory for bicycles to be put into official cardboard boxes (cost \$5) before they can be carried on a train. The effect would be to make it both too expensive and too inconvenient (bikes have to be partly dismantled to fit in the boxes) for bike riders to use commuter trains as part of a bike-train-bike connection on a shorter trip.

Bike riders who object to the new policy should phone VIA Vice-President Mr. A. R. Campbell at 868-7211 immediately, and follow their call up with a letter to Mr. Campbell at 20 King St. W., 5th Floor, Toronto M5H 1C4. And you might send copies of your letter to the newspapers.



Where are the bike racks?

Sixty-five high quality bicycle racks have been installed on city sidewalks by the City Cycling Committee.

The racks are a long-awaited response to complaints from cyclists that most bicycle racks tend to easily damage bicycles, while providing little security against theft.

The new racks come equipped with heavy-grade cables for locking bikes, so that the user need only

supply his or her own lock. And their construction eliminates the "wheel-bending" characteristic of other racks.

The Cycling Committee, supported by Toronto's City Council, promotes bicycling and various measures designed to make cycling easier and safer.

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HELP WANTED

HELP WANTED: MANAGER, residential cleaning service. Ability to do estimates, contracts, hiring, training, bookkeeping, payroll. Licensed driver. \$15,000 plus, send resumes to South Don Community Development Corporation, 44 Blevins Place, Toronto, by Sept. 4 (12-6)

QUALIFIED MUSIC TEACHER to assist in development of youth choir who is also a soloist. Must have excellent organizational skills and familiarity with Anglican traditions. Also must have experience in inner city parish. Send resume, St. Peter's Church, 190 Carlton St., Toronto (12-5).

CO-OPERATIVE FOOD WHOLESALE, re-organizing staff functions, requires person with abilities in: general management, office co-ordination, warehouse, trucking. Resumes, references, O.F.F.C.C., 58 Wade Ave., Toronto 533-7989. (12-7)

RECEPTIONIST-TYPIST required for co-operative housing resource group. Knowledge of co-operative housing is an asset but not essential. Duties would include assisting the full-time secretary with correspondence and office administration. Position is part-time two to three days per week with some flexibility in hours worked. Typing speed of 50 wpm is required for a dynamic staff of 12 in a democratic work environment. The position will be available in mid-September. Applications may be filled out at the Lantana office or resumes submitted no later than August 31, 1981. Please call Mary Heshka at 366-3746 for further details. Lantana Non-Profit Homes, 761 Queen St. W. (at Bathurst, Toronto, Ont. M6J 1G1. (12-6)

RECEPTIONIST/TYPIST, small Cabbagetown C.A. firm, requires reliable person. Salary commensurate with skills and experience. Call Mike Mouncey or Bob Hambley for appointment, 968-9044. (12-6)

PART-TIME worker required for school age day care program. Call 461-1168, ext. 10 (12-6)

FULL TIME COMMUNITY LITERACY WORKER wanted. Send resume and covering letter outlining perceptions of literacy to East End Literacy, c/o Dixon Hall, 58 Sumach St., or call 863-0499. Salary \$18,000 to \$20,000. (12-6)

BABYSITTER/HOUSEKEEPER, for 9-month-old baby and working parents. Mature experienced woman, references required. Call 465-0556 between 6 and 8 p.m. (12-6)

DAYCARE/BABYSITTING

DAYCARE AVAILABLE for children ages 1 to 3 years, Broadview/Dundas area. 461-9371. (12-6)

REGISTER YOUR CHILD in a stimulating Montessori daycare program at Pape Ave. school. Hours 8:00 a.m. — 5:30 p.m., hot lunch, healthy snacks. Some half-days available. For September registration call 469-0470 evenings. (12-8)

COMMUNITY SERVICES

GOT A QUESTION? We've got the answers! Neighbourhood Information Post, 265 Gerrard St. E. Community Information, babysitters, day care and odd-job registry. Volunteers welcome! Phone 924-2543. (12-5)

NEIGHBOURHOOD LEGAL SERVICES — Legal Clinic for low-income people within Carlaw-Bloor-Yonge. PROBLEMS: Landlord-Tenant, welfare, UIC, Consumer, CAS, Immigration. CALL: 961-2625. 238 Carlton St. (12-24)

DOMESTIC SERVICES

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PATHWAYS COLLEGE announces fall semester starts Monday August 31. Applications invited Grades 9 to 13. Variety of subjects. Personalized education. Call 967-4668 for appointment and information. (12-6)

DANCERS' ACADEMY is offering adults and children's classes in ballet, jazz, and national folk dances. Located in Eastminster United Church, 310 Danforth Ave. For information call Elizabeth Beddard or Dina Migoel at 466-2284. (12-12)

THE GUITAR STUDIO. Private lessons \$25/month. Phone 461-1508. (12-7)

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Individual Marriage and Family Counselling
(Gerrard-Broadview area) For Apts. call 461-7082

HOME IMPROVEMENTS

ATTENTION HOMEOWNERS — The federal government will rebate 50 per cent, up to maximum of \$800, for converting your oil heating system to gas or electricity. If your home was built before 1961, you are also entitled up to \$500 rebate to insulate your home properly. For more information please call Canuck Corporation at 640-4444. (12-6)

PROFESSIONAL PAINTING, exterior/interior, reasonable rates. For free estimate & references call Andrew Atkins 465-3417 after 6 p.m. (12-6)

PERSONAL

FRED WU, who came in once to help with paste-up at 7 News. We don't have your phone number — please call us at 363-9650. (12-6)

MISCELLANEOUS

OUR MACHINES NEED YOU. Neighbourhood Information Post's Community Printing Service is available for community groups and individuals. For more information phone NIP at 924-2543.

SPRING-CLEANING? File-folders, elastics, staples, in-out trays, staplers, typewriters, taperecorders, filing cabinets — Seven News needs them all. If you have any of the above cluttering up your home or office, we'll be glad to take them off your hands. Donations of office supplies are always welcome. We would also especially appreciate a donation of a radio in working order to live up those long production nights. Call us at 363-9650.

BALLET CLASSES for children 5 to 14 years old, Saturday's commencing September 19, registration September 12, 40 Lombard Street, Studio 302. Call 757-9951 7 to 11 pm.

RETIRED BOOKKEEPER? Looking for a challenge? Seven News would really welcome the assistance of a volunteer to help us with some of our bookkeeping tasks. We can't afford to pay, but we are friendly and we will be very grateful. Call us at 363-9650 if you can help us. (12-2)

7 News Classifieds cost \$2.50 for 25 words or less, and 10 cents for each additional word. *All Classified ads must be paid in advance.* (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.)

Fill in the coupon below and mail or bring it with your payment to 7 News, 315 Dundas St. East, Toronto M5A 2A2.

My ad should read as follows: _____

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COUNTRY CORN FLAKES BOX 69¢	Y & S LICORICE ALL SORTS 400 G. PKG. 99¢	ALBERTO SWEET PEAS 3 14 OZ. TIN 1.00	BICK'S PICKLED ONIONS 12 OZ. BOTTLE 49¢	CHRISTIE'S MINI CHIPS 125 G. BAG 59¢	
VACHON CAKES BOX 99¢	AYLMER BEANS WITH PORK 14 OZ. TIN 59¢	ALBERTO CREAM CORN 3 14 OZ. TINS 1.00	ALL FLAVOURS RICE A RONI BOX 59¢	A.B.C. POWDER DETERGENT 1.5 LITRE 69¢	
HEAVY DUTY SOAP PADS PKG. OF 18 89¢	ALBERTO VOS SHAMPOO 750 ML. BOTTLE 1.99	WIZARD STICK UP DEODORIZERS TWIN PACK 99¢	ST. WILLIAMS RASPBERRY STRAWBERRY JAM 8 OZ. JAR 89¢	CHEFMASTER SPAGHETTI SAUCE 14 OZ. BOTTLE 59¢	
McCORMICK'S FIG BARS 450 GR. PKG. 99¢	LIPTON SOUPER NOODLE CHICKEN SOUP MIX 40 G. PKGS. 4 \$1	MONARCH LEMONADE CRYSTALS 4 PKGS 1.00	PURITAN MEAT SPREAD 85 G. TINS 3 FOR 1.00	6-12 INSECT REPELLANT 99¢ CTN.	CAPRI LUNCHEON MEAT 69¢ 12 OZ. TIN
		AYLMER TOMATO RICE CREAM OF CHICKEN SOUP 10 OZ. TINS 3 FOR 1.19	KLEENEX FACIAL TISSUES LGE. BOX 69¢		

Open Monday to Saturday 9 a.m. to 5:45 p.m. Friday 9 a.m. - 8 p.m.

760 Queen St. East (at Broadview)

We reserve the right to limit quantities