

Another victory for parents at Board

By DAVID CLANDFIELD
WARD 7 TRUSTEE

Thursday, June 25, 1981. Another date to remember in the calendar of victories for community and parent groups at the Toronto Board of Education. Some right-wing trustees had wanted to weaken the SCR (School-Community Relations) Department, but thanks to superb organizing and wonderfully moving speeches to the Board, the parents succeeded in making it stronger than ever before.

The SCR Dept. had been set up in 1975 to help local parent groups organize to communicate better with the school system. It was originally thought that it would be phased out of existence in 1981, but the last Board voted to extend it for at least two more years.

During its six successful years in getting parents involved, Ward 7 resident and activist, John Piper has been its co-ordinator. Under his leadership, one of the most effective drives for community involvement in a complex school system in Canada (if not the whole Western world) has gone ahead. Whether it's helping PTAs get started, providing interpreters to non-English-speaking groups, getting after-school programs going, working with Heritage Language groups, indeed all ethnic minorities (most recently the Vietnamese boat people), the SCR Dept. has been there under Piper's leadership, making sure that more and more local people could have their say. No longer could a remote, even at times alien, system of education ignore or be

unaware of the wishes and needs of the people it was supposed to serve.

Now, to our regret, Piper is stepping down from the post of co-ordinator. A motion came to the Board on June 11 asking that procedures for filling the vacancy (next November) be approved. The right wing on the Board sensed an opportunity to weaken a Department whose goal of organizing parent groups did not appeal to them one bit. So they referred it to a Committee so that a thorough review of the Department (and its mandate) could take place. If the department couldn't be disbanded, then they would be able to find ways to restrict its effectiveness as organizers.

What the right-wingers overlooked was that once people are

involved, they don't give up without a fight. By the Committee meeting, June 22, dozens of letters were in from all over the city. Trustees' phone lines were being jammed, and 34 different delegations were down to speak at the meeting.

The right-wingers were getting a bit rattled now, but still miscalculated. They thought that people were only worried that the SCR Department would be closed down. They said that all they wanted to do was "re-organize" it. The people said "We want it left the way it is now". After hearing about four delegations, two of the right-wingers (Moll and Jakobek from Ward 9) left the meeting "for another engagement". The delegations realized that they were speaking to a trustee group (mainly the NDP Caucus) that was supportive of their position. The true opponents were not there. Angrily, the parents said that they would be back at the Board meeting on June 23, when they hoped that their message would be heard by the right.

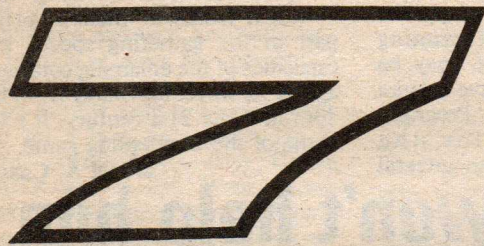
By now in full retreat, the right-wing gave in, but once again incredibly enough miscalculated the mood of the parents. Trustee Jakobek withdrew his motion to review the SCR Department. But by now this was not enough for the parent groups, who wanted to ensure that this kind of arbitrary attack would not happen again. Their position was that the filling of the Piper vacancy and the 1983 review of the Department should be open to full parent involvement. Any interested group would have the right to send in a description of the kind of person they would like to see get the job; the review of the Department in 1983 could include input from a parents' convention, and most importantly, there would

be four parents on the interview team appointing the new co-ordinator. Once again, the hard-liners on the right wing dug in their heels against parent involvement in hiring. But this time, the case for it was too strong.

Of the 49 delegations due to speak on June 23 to the full Board, the parent groups selected ten to press their case. Broadly representative of the many cultures and interests in Toronto, they presented their case with great skill and eloquence. Merylie Houston, from Ward 7, co-chairman of the Area East parent's council, wound up the speeches with a reminder that parent involvement was getting stronger every time trustees wanted to make decisions affecting parents without consulting them.

And when the vote was taken for parent involvement on the interview team, the parents won 17 to 7. Voting against parent involvement were Davis (Ward 4), Crewe (Ward 8), Jakobek (Ward 9), Walker, Webster and Vanstone (from the North End) and Godsoe (the Separate Board Rep from the Ward 7 Area).

This was a really significant victory for community involvement. It is the first time ever that the Board has allowed parents to sit on a Selection Committee for a job in the central bureaucracy. Until now, parents could sit on Principal and Vice-Principal selection teams, but never for a system-wide post. The next stage in opening up the system has begun. It is not easy, but by working hard together the parent groups who owe much of their existence to the work of the SCR Department have made that Dept. stronger and more responsive to parent needs. Board Trustees who ignore the growing swell of parent participation, who try to fight against it, are fighting against a movement that will not be denied.



NEWS

TORONTO'S OLDEST COMMUNITY NEWSPAPER
315 Dundas St. East (All Saints Church)
Toronto M5A 2A2 Phone: 363-9650

VOLUME 12, NUMBER 3 JULY 3, 1981

Riverdale Race Relations Centre

The Riverdale area has a population composed of several ethnic communities with diverse cultural and religious backgrounds, e.g. Chinese, Greek, Black (from West Indies), Anglosaxons, Francophones, Sikhs, other East Indians and Canadians of South Asian origin.

Recently a considerable number of Vietnamese refugee families have made Riverdale their home.

The following facts clearly demonstrate a need for the Riverdale Race Relations Centre:

- The area has several Christian churches of different denominations. Many residents who go to these Churches speak English, if at all, as their second language for communications. The oldest Sikh Temple in Toronto as well as a Hindu Temple and other places of worship are located in Riverdale.

- Although the community centres in the area have many programs for youth of various ethnic backgrounds their focus is chiefly 'recreational' — inter-cultural.

- There are three movie theatres in the area that regularly show movies in East Indian languages (Hindi & Punjabi) catering to that ethnic group.

- The area has three major shopping malls that attract thousands of East Indian Canadians. Along Danforth Avenue there are numerous Greek and other restaurants serving ethnic foods. Gerrard Street has several Chinese restaurants in addition to speciality shops.

- Several branches of Tronto Public Library System are making efforts to meet the needs of residents who speak languages other than English.

- Citizens of this area have witnessed and suffered because of numerous racial incidents, some of them violent, that have taken place in the area during the past few years.

- Despite efforts by several community, public and governmental agencies as well as leaders of ethnic communities; the area seethes with unstable racial climate and the youth of the area remain particularly short of social services.

PROGRAM AND ACTIVITIES

The Riverdale Race Relations Centre will function on the principle that socially meaningful and successful programs cannot be designed and carried out without a significant amount of input both at

Continued on page 4



Local musician David Blackmore teaching music at Dixon Hall.

Local musician helps youth

By DAVID ZAPPAROLI
Three years ago, artist Tom Oki, saw some kids playing in the street. He got to talking with them and one in particular. Tom was impressed by this young man's enthusiasm for music and working with children. Eventually, he invited him to move into his Spruce Street home and start a music program with some of the kids in the area. Thus began the partnership of Tom Oki and flautist David Blackmore.

Presently, David is directing an informal programme at their 14 Spruce Street home which serves as a regular afternoon drop in for 15 to 25 kids ranging from eight to 18 yrs old. The aim of the programme is to give some musical exposure by handling various instruments to kids whom, might otherwise not get a chance. It also has that age old value of keeping them off the streets.

However this program is only a small part of his involvement with kids in the community. David is director of the Regent Park Music Program and has organized a series of concerts for the Regent Park area this summer. He has also done concerts for schools and Senior citizens' organization in the community. For the past few years he was giving music instruction at

Dixon Hall Community Centre.

David's largest undertaking has been The Cabbagetown Revue last March. This multi-talented, multi-cultural event featured famous bands and dance groups from the city and the resulting funds were directed toward the development of the Regent Park Teen Music and Arts Program which will be based at 203 Sackville St.

One may well wonder why David has come to value his community work so highly. The answer can be found in his difficult inner-city childhood. He remembers the lack of opportunities at the time for kids to channel their energies in positive directions. This lack of direction and encouragement almost resulted in his own social demise at an early age due to various delinquent endeavours.

It was finally music which gave David the incentive to do something constructive with his life. After hearing a piece of music on the radio he prodded his teacher to give him flute lessons. Following years of hard work he decided to share his gift with those around him. He was determined to help the kids of Cabbagetown who sought the kind of encouragement he never had. And what better way

Continued on page 3

What RPCIA can do

The Regent Park Tenant Association (R.P.C.I.A.) is open every day between 9am and 1pm. If you have any problems with MTHC (OHC, maintenance, laundry rooms, noise etc.) phone 364-2909.

Our Legal Clinic continues to operate every Thursday from 3pm-7pm, dealing mostly with housing problems, ie. Rent arrears, evictions, transfers etc. If you need to talk to someone regarding these problems call R.P.C.I.A.

We the Regent Park Community Tenant Association encourage residents to join us and work together to improve our neighbourhood. Our present Committees include:

- **Race relations:** with the planning and ongoing educational activities to deal with prejudices, myths and violence, eg, to organize against the KKK from trying to come into the Park.

- **Education Committee:** with the responsibility of planning upgrading and skill training courses for adults living in Regent Park. The committee's responsibility also includes outreach in the Park to obtain volunteer tutors to teach neighbours who can't read or write.

- **Neighbourhood Action:** This committee helps to organize residents around issues important to them, ie., maintenance, tenant complaints with OHC, noise, etc.

- **Community Centre:** The purpose of this committee is to plan and implement a Community Centre for Regent Park. Decisions on the community centre are being done now. If you would like to be part of it please contact us.

If you would like to join one of the above committees or would like to know more about them phone the R.P.C.I.A. office between 9am and 1pm at 364-2909. Your tenant association board is made up of 12 residents of the park. The present update of board members are: President: Myrna Marston, Vice-President: Minnie Nicholson,

Secretary: Judith Charles, Treasurer: George Lee, Book keeper: Terry Collinge, Isobella Scullion, Linda Schell, Margret Corion, Joseph Huard, Crispin Dominic, James Doucette.

If you think you would like to become a member of the board of Directors to help us better our community, or to talk about joining the R.P.C.I.A. call us at 364-2909.

New deadline

Due to staff holidays, the 7 News office will be closed (except for advertising) the week of July 13-17. The next issue of 7 News will therefore be July 24. Deadline for this issue will be Monday, July 20. Please bring your stories, pictures and ads to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or call us at 363-9650.

NIP needs to know

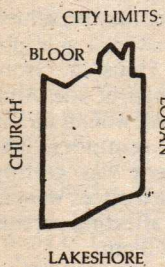
The Neighbourhood Information Post, the community information centre for the East Downtown area, is trying to find out about Residents, Tenants and Homeowners Associations. We need your help. If you live in the area bounded by Yonge St., Bloor/Danforth, Logan Avenue, and the Lakefront, and you belong to or know of any such group, please give us a call at 924-2543.

Tenants and Residents Associations give people a chance to band together to improve their buildings or neighbourhoods. They can also be a way for new residents to make contact with neighbours. But, because many are small and meet irregularly, the folks at NIP don't always hear about them. If you don't know of any neighbourhood associations but would like to find out whether there is one close by, give us a call.



is a newspaper founded in 1970 and published every other Friday by Seven News Incorporated. Address: 315 Dundas Street East (All Saints Church) Toronto M5A 2A2. Phone 363-9650. 7 News is distributed free in its circulation area; mailed subscriptions are \$7.50 per year. Opinions expressed are those of their authors and not necessarily those of 7 News.
BOARD OF DIRECTORS: Margaret Watson, Cyndy Robinson, Jane Craig, Dorothy Bushey, Tom Clement, Rob Hutchison, Larry Patterson, Ulli Diemer.
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LETTERS AND OPINIONS

If you have any comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter at 315 Dundas St. E. Toronto M5A 2A2. All letters must be signed but if you ask us to, we will publish your letter anonymously.



Scanners should show price

Re SCANNERS IN SUPERMARKETS (7 News, June 19): are the supermarket problems the use of scanners, illegible labels or reducing labour costs? Isn't the culprit the scanner designers who opted for price codes of unintelligible bars? Computer designers and market managers adore mysterious codes when in fact a straight forward alpha-numeric system would be better.

There is no reason why scanners cannot be designed to accept the price portion of a coded label printed clearly in dollars and cents. This is what should be being demanded by all shoppers who write to supermarket managements and to their MP's.

As to whether a legible price should be a part of scanner labels, or whether prices should continue to be affixed to each item in each supermarket, surely, legibly-priced scanner-labelling can be seen as a progressive step.

When label codes are redesigned so that buyers and scanners can read the price each in the same way, those labels should guarantee pricing without errors in all stores; the scanning system speeds checkouts and cuts down other labour costs. These should translate into reduced

prices to consumers. Isn't that most desirable?

It can't be denied that scanning labels and machines will cut down on the number of people employed. Is that desirable for employees? Perhaps not at the time of the changeover, but it seems understandable in the names of progress, modernization and greater cost efficiency.

A problem with employee fears concerning their possible redundancy when a new technology like price-inventory-control scanning machines are introduced, may be that Canada does not have a large enough Job Retraining Program. Such a program for the unemployed should be an integral

part of the Unemployment Insurance program and should be the right of every redundant or unemployed worker.

What can one say of scanning (computer) systems which relieve thousands of human minds from the drudge of rote? Scanners will allow humans to go on to other areas of thinking and to jobs offering more interest and challenge by requiring them to do things that computers presumably cannot do.

But it seems we must all play a part in the gathering speeds and capacities of the enlarging computer age as we travel inevitably from the 20th into the 21st century. It's the name of the unrelenting game.

David A. Cassils

Clinic won't help him

"A woman without a man is like a fish without a bicycle".

Stumped? Try this: "You aren't a suitable patient because you have no telephone."

Well, I don't think it makes sense either. But the latter quotation is literally what I was told by a student in Elm Street Dental Clinic, at two of the afternoon of 6 April 1981.

I had gone through the Clinic's diagnostic procedures before Christmas, 1980; the x-ray photos showed at least six cavities, some large. One of the affected teeth broke off, leaving a rotting root in the jaw, during the wait for treatment. So I wrote the clinic in March.

It was my understanding that medical care, including dental procedures, is supposed to be available to all citizens, regardless of social station or income. Obviously, I was mistaken.

Obviously, it is more important to the Clinic that I submit to Ma Bell than it is to assure treatment.

It really isn't so difficult to write a postcard. The card doesn't even cost as much as a phone call-and it gets through to the addressee on the first try. Can't dental students write? Can't the clerks all over the building (not to mention the nurses) address and fill in an occasional printed form?

Why do I have to make all the compromises?

Why do I have to be cut off?

In my view, an equitable and honest free enterprise arrangement would require the dental students (or School) to pay the subjects of their practise sessions. The taxpayer already pays 80% of their fees and all of the clinic costs. But the clinic charges half price.

I think the Clinic is not just cheap; it is rigid and heartless.

OK, the Province is putting the screws to the University and Clinic as well as needy persons (just at a time when the need has increased, of course). ere does that leave me? With a head-full of rotting teeth,

7 News thanked

As a new co-operative in the community, we are pleased to support your informative community paper which the members of our co-operative find so useful.

Please find enclosed a cheque for \$25.00 towards the Supporting Membership Campaign and we look forward to continuing our support through out the coming years.

Yours co-operatively,
 Fieldstone Co-operative Homes Inc.
 Nancy Gipson
 Co-ordinator

Sincerely,
 Paul Pelletier,
 Coordinator

and no hope of any care for them, that's where.

So much for the principles of treatment at need.

So, folks-don't bother the guys and gals at Elm Street Dental Clinic; if you're too broke to afford a telephone, you're beyond the pale, not one of us, a non-person: go die. U of T and Elm Street Clinic won't care.

Ain't that sweet-in 1981, in one of the richest countries ever to exist? Just dandy; kind as could be. Sensible too: keeps the greedy poor from eating too much.

Doesn't anybody in the middle class ever ask what is that radicalizes poor folk? Don't any "professional" schools teach history?

Treat people hatefully, and they'll treat you right back: that's ethics, too.

But, of course, as we all know, money is more important.

Norman MCKinney

Bath raids criticized

Mr. Jack Ackroyd
 Chief of Police,
 Metropolitan Toronto

Dear Mr. Ackroyd:

Our Co-operative is located in the east end of Toronto. Over five hundred people live in our two hundred and sixty units.

At our monthly General Meeting of June 9th, the issue of the "Bathroom Raids" was discussed. The following motion was passed by an overwhelming majority.

"Whereas all people have a right to live free from police harassment and persecution, and

• Whereas forty-five percent of the Metro budget goes to police and thirteen percent to Social Services, and

• Whereas total cost of the Bathroom Raids is estimated to exceed a million dollars, and

• Whereas a million dollars would provide an additional four hundred subsidized day care spaces for a year,

• The residents of Bain Apartments Co-operative Inc. urge that the Metro Police immediately cease and desist from their harassment of gays and that the police budget be cut from its present level of \$200 million and that the resulting funds be allocated to Social Services."

We have decided to send this letter to you as an open letter. It is important that as many people as possible are made aware that the police action in this matter is not universally condoned.

Sincerely,
 Marilyn Churley,
 President.

David Blackmore

Continued from page 1

than to combine his musical talents with his ability to relate to the young people. Most of the funds for the Spruce Street Program are obtained from David's playing and Tom Oki's art sales. He admits that it is a very limited income and that outside contributions are always welcome. But he still feels very determined and enthusiastic about the program. His most proficient participant so far is seventeen year old Heidi Keyes, a jazz guitarist. In the near future, watch for David and Tom and the 14 Spruce Street Cabbagetown Community Band playing in the July 3rd 1981 Summer Festival's season opener in Regent Park behind 600 Dundas St. E. This promises to be a multi-cultural odyssey offering calypso, jazz, Afro-Cuban, and blues music. Things get underway at 7:30 pm. Every Saturday afternoon between 2 and 5 pm, along with some special guests, David plays at Bobbins restaurant on Parliament just north of Winchester. The small cover charge goes toward the Regent Park Music Program.

Rents still controlled

Ontario's rent control legislation remains unaffected by a May 28th Supreme Court of Canada decision which declared certain provisions of Ontario's Residential Tenancies Act unconstitutional.

Under the rent control provision of the Tenancies Act, landlords are limited to one rent increase per year on individual rental units, regardless of amount. In addition, they can charge only up to a six percent rent increase, unless they receive approval from the Residential Tenancy Commission for a higher increase.

A proposal to give the Commission the power to evict was ruled unconstitutional by the Supreme Court, on the grounds that it infringed on the federal jurisdiction of county courts.

This decision does not affect the rent control portions of the act or any decision on rent review taken by the Commission.

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Your Weather

The period of July 5 to 8 will start where it left off on the 4th, rain, cool and cloudy conditions. Then we come to another period July 9 to 12 which is not much better except that it will warm up slightly around noon on the 11th. But --- Hang in tight We'll have some partial clearing but still the cool days and nights will prevail from the 13 to 16 with local heavy rainfall. You may be able to use the fans and air-conditioners if you go to Florida or Mexico for the winter. Here you're not going to even give them a good workout.

It's a dog's breakfast between July 17 and 21 with sun, showers, and thunder. Ear plugs are recommended during the thunderstorms because they will be quite severe. Do a repeat of the previous period for the 22 to 27 with this added for your goose-pimple pleasure. You will need a sweater, particularly in the evenings.

It's not safe to walk

In Toronto the most dangerous time of day to walk if you are a senior is between 9 a.m. and 6 p.m. That is the time during which 90% of the over-65-year-old Metro pedestrian victims are killed. You would think these full daylight hours would be the best time for pedestrians and drivers to see one another. Not so! So far this year 50% of the pedestrians killed in Metro have been senior citizens who are only 10% of the population. In 65% of these deaths in 1980 the cause was driver error, i.e., speeding, improper turn, careless driving,

impaired. In the years 1976-1979 the annual totals ranged from 10 to 16.

In the first quarter of this year these tragedies are keeping pace with the distressing rate of last year. The evidence exists that senior pedestrians have improved their walking habits. The solution is directly in the hands of Metro drivers. There has to be an improvement in the attitude of drivers and a recognition that the roads of Metro are for the shared use of all citizens. Drivers do not have a divine right.

Metro Safety Council

Families and friends of lesbians and gays

Families and Friends of Lesbians and Gays (FFLAG) was formed as a result of a lack of sufficient support for the relatives and friends of lesbians and gays. Our major purpose is to provide emotional support to people and their friends and relatives who have "come out".

Besides being a support group to friends and families of lesbians and gays, FFLAG is also committed to educating the public about the concerns of lesbians and gays as well as attempting to dispell the many myths surrounding homosexuality and lesbianism.

We have a great deal of work to do to combat those who would

work against us such as Ken Campbell, head of Renaissance International and Stew Newton of "Positive Parents", who have both appeared before the Toronto Board of Education to try to reverse Board policy of non-discrimination against lesbians and gays. Claire Hoy, with his homophobic and unresearched articles, is actually paid by a major Ontario newspaper to write hate literature. The myths about gays and lesbians are kept alive by people such as these.

FFLAG has meetings on the third Sunday of every month at 2 pm in the 519 Church Street Community Centre. Join us — we're here to help.

Senior program at Kew Beach

The East End Beaches Seniors' Summer Programme begins Monday June 29, 1981, promising a summer of fun for Toronto area senior citizens, and those from nursing homes, chronic care institutions and senior citizens' groups.

Located in Kew Gardens at the foot of Lee Avenue off Queen Street East, this drop-in programme offers recreational activities in a pleasant park setting. Activities such as crafts, games, cards, entertainment, instruction sessions, refreshments and special Friday

afternoon barbecues will be provided. The programme operates daily, Monday to Friday, from 10:00 A.M. to 3:30 P.M. until Friday August 28, 1981.

This programme is free of charge to residents of the City of Toronto. Funding is provided by the Canada Summer Youth Employment Programme and the City of Toronto Department of Parks and Recreation.

All senior citizens are invited to participate in this summer event.

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The future of the Spit?

By ROGER POWLEY

Imagine the possibilities of developing the Leslie Landfill Spit. After plans have been submitted and approved, the landscapers could take over. The first step would be to bulldoze the asters, snapdragons, sweet peas, sunflowers, evening primroses and goldenrods so that some cultivated flowers could be planted. You see, these require maintenance and we can be assured of jobs for the future.

The next step is to chop down the black locusts, red maples, eastern cottonwoods and crack willows so we can plant some exotic trees. Don't forget that we are getting these trees from the nursery at a special discount since the landscapers usually have special connections with the owners. Nurseries supply some great trees. For example, there is the Norway maple which looks like our native sugar maple but turns a dull brown in the autumn. Then there is the Austrian pine-you know, the one that looks like the plastic trees used around gas stations. Another big seller is the honey locust which can be made to order. It is available in the same colours as my electric guitar-gold, ruby or sunburst. It can also come with or without thorns and with or without seeds.

One thing a landscaper must eliminate is mammals. All the meadow voles, rabbits and muskrats have to go or they may eat the precious plants. This can be easily accomplished by chopping down all the wild underbrush and vascular plants followed up by a few pushes with a bulldozer. We can be sure that the insect-eating birds won't be back as all the new trees are sprayed regularly and the shrubs are all cut down. With a little work we could make The Spit just the same as your own backyard, only a lot further.

The next thing we need is parking facilities and roads. It seems people don't like to walk around a park anymore if they can stay in their cars. Some people even walk their dogs without ever leaving their automobiles. They just let Rover run behind chasing gulls and yellowing the grass. The big bonus is no more "stoop and scoop poop".

Next we need some buildings-starting with a few lavatories with plumbing. Oh! We forgot to lay the sewers. Looks like we'll have to rip up the grass again. Bring back the bulldozers! Then for some booths-we can invite food vendors in. They buy tons of pulp from Canadians to make all those wrappers for their burgers. They use mor paper than just about anybody; it's a good thing we keep the grass short out on The Spit; those papers are a lot easier to pick up that way.

Well, we have gotten rid of all the mammals and warblers but there still seems to be a lot of ducks out in that protected bay. How could we get rid of them? I have the perfect solution. We'll let the affluent boating community in with their yachts. Although our lakefront is covered with yacht clubs, they are always willing to acquire more space. Some of the boaters will appreciate the roads on The Spit; lugging all that beer out to the boat can be hard work. If they don't take the boats out in the lake much, at least they can spend time moored at the dock while sunbathing and listening to rock and roll. Once in a while they can go for a fast ride to empty their sewage. Speeding past the ducks a few times, the boaters will scare them off for us.

Isn't it strange that the people who used to come here aren't around anymore? I guess the cars racing up and down have driven the cyclists and joggers away and the oil slicks on the water have discouraged the swimmers, but why have the birdwatchers left? We still have lots of birds here. Just look at all those black speckly ones with the short tails. There must be ten thousand in that flock. We also have hundreds of pigeons on the parking lot. I like the built-in oil slick around their necks and the funny way they move their heads when they walk. I wonder if those birders ever noticed that before?

This could be the fate of The Spit or it could be a wonderful natural place teeming with rare and unusual wildlife and plants. It is up to us to make our preferences known. What has been fantasized above has already occurred at such landfill areas as Humber Bay Park and Bluffer's Park. Let's not let it happen at The Spit.

Gordon Cunningham
CHARTERED ACCOUNTANT

43 Gerfève Avenue
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Lead still problem in S. Riverdale Race relation centre

By S. RIVERDALE
COMMUNITY
HEALTH CENTRE

As a result of the demands made at the De. 4 public meeting at the Queen Street Presbyterian Church, the Ministry of the Environment refused to grant Canada Metal's request for an extension of time to comply with an October 1979 Control Order which expired on Dec. 15. The Ministry of the Environment declared that Canada Metal would be fined for any emissions that exceed the legal limits. No fines

have been levied since that announcement because there have not been any emissions exceeding those limits. Canada Metal is functioning at less than full capacity and emitting less pollutants into the atmosphere than normal. Limits in the Control Order are maximums, not percentages based on actual production.

The South Riverdale Community Health Centre's Environmental Health Committee is working with Dr. Jim Stopps from the University of Toronto on four matters concerning lead testing. These are: a review of the current research literature relevant to the measurement of lead poisoning, evaluation of the different methods of measurement, designing a comprehensive testing and screening program from South Riverdale and evaluating the information obtained in such a program.

Comparison of test results from different areas of the world

depends on tests that use the same techniques. The best way for us to use the results from other communities suffering from lead poisoning is if we can compare ourselves directly to them.

Dr. Stopps has received a \$5,000 grant from the Toronto Board of Health to fund this effort. We are aiming for completion of the study in May 1981.

After the good news, here is the bad news: 244 of the 356 blood samples taken at the last lead testing clinic were broken or contaminated in a mishap at the Department of Health. Once again, this delayed a proper evaluation of the lead situation in Riverdale.

The Department of Health is now devising new clinical procedures which, together with Dr. Stopps' work, should ensure that future clinics will be successful from beginning to end. Aided by these improvements, the next blood sample clinic should give us the results needed to determine

more precisely the extent and severity of lead pollution. A third improvement would be increased community participation which the Environmental Health Committee hopes to encourage.

The Environmental Health Committee is the new name for the "Lead Committee". We have expanded the committee size and increased our mandate to include all pollutants of the environments in the Health Centre area. We would accept comments and suggestions concerning the state of health of our environment from anyone. You can reach us through the receptionist at the South Riverdale Community Health Centre, 126 Pape Ave., 461-2494.

Lead continues to be an issue of primary importance. So, we are setting up a resource collection of material pertaining to lead pollution. The Health Centre's receptionist will gladly accept contributions to this collection. Please mark them "lead library."

Continued from page 1

the planning and operational stages from the people whose lives are affected by them.

Since R. R. C. is the part of 'Community Outreach' especially designed to serve the youth it is this group that has been involved in its planning and will carry the major responsibility of running the Centre. Although the input from other community groups will be welcome, it is the youth of different ethnic backgrounds who will determine the direction of the program and be actively involved in running the day to day activities of the Centre.

Several 'intergroup' and 'intragroup' activities are being planned that include sports and games, team events, and picnics, during the summer. Workshops, speaker's nights, slide shows, film shows and other options will be offered.

The Centre is now open at Queen Street Presbyterian Church, 947 Queen S. E. daily from 9 am - 4 pm until August 1, 1981, although it may be continued past that date. For more information on the R. R. C., call the Riverdale Intercultural Council at 469-1819.

Glossary of terms

The Toronto Board of Education has recently published a Glossary of Educational Terms in thirteen languages.

Two hundred and forty commonly-used educational terms are included to help in translation and interpreting educational matters.

Copies may be obtained by calling 598-4931, ext. 346. There is no charge for parents and groups working with the Toronto Board of Education, but there is a charge of \$1.50 each for people outside of the City of Toronto.

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Glue-sniffing

A British organization, the Institute for the Study of Drug Dependence, has put out a pamphlet saying that it is impossible to prevent glue sniffing, so health educators should be teaching young people to sniff safely.

The group says that casualties more often result from the circumstances in which the sniffing is done than from the actual toxic effects of what is sniffed. It says that health and social education could reduce the bad effects.

For example, sniffing is said to

be unsafe when a plastic bag is placed over the head, when intoxication happens in a place where one can fall and hurt oneself, or when it is overdone and causes loss of consciousness. A danger of losing consciousness is suffocation due to vomit being inhaled.

They say that glue is the most commonly sniffed substance and also seems to be one of the least dangerous. Yet because of what they call a "hysterical media portrayal" of it and the heavy-handed approach of many adults,

they say that numbers of sniffers have switched to sniffing solvents, which are more dangerous, and to sniffing them in places (building sites, river banks) where it is more dangerous to be intoxicated.

They also suggest that users be advised to experiment with non-drug forms of inducing dizziness, like holding breath.

And they suggest looking for the underlying reasons for sniffing, such as boredom, unhappiness with school, or family tensions.

Exceptional people's Olympics

The Exceptional People's Olympic Games, which provides organized competition for mentally handicapped athletes, promises to be a great success again this summer thanks to the inmate population of the Collins Bay Penitentiary in Kingston. The two-day annual event at Collins Bay, now in its fifth year, gives mentally handicapped people a chance to participate, compete, learn new skills and explore their potential.

In addition, the Games contribute to the social development of the prison inmates, who provide the organization, manpower and enthusiasm which have made the Games so successful in the past. In fact, it was the members of the Groupe Social Francais, the in-prison French language social club, who originally conceived the Special Olympics project.

Throughout the Games, each athlete will be accompanied by his or her "godbrother" from within the prison population—an inmate who is aware of the special needs or problems of his charge. This arrangement has proven invaluable in the process of reassimilating

inmates into the outside world.

Each athlete receives a medal marking his or her participation—win or lose.

The Games will be held this year, July 25-26. Athletes stay overnight at the Royal Military College, and inmates wives prepare and serve breakfast.

While the inmates handle the organizational aspect of the Exceptional People's Olympics, they cannot succeed without help from "outside".

Spearheading assistance in the Toronto area is Operation Springboard, located in All Saint's Church, 315 Dundas St. E., a volunteer organization that pro-

vides inexpensive transportation for inmates' families to visit them and is now co-ordinating contributions in support of the Games.

Contributions can be large or small, in money, in kind or by way of volunteer help. Specifically, Operation Springboard is seeking contributions for food, T-shirts, pop and medals.

Offers of help, contributions and donations can be sent to the Olympiad Committee, c/o Social Development Department, Box 190, Kingston, Ontario K7L 4V9, or to Operation Springboard, 315 Dundas Street East, Toronto, Ontario M5A 2A2 (Telephone: (416) 863-6198).

Recycle it

By TONI ELLIS

If you work in an office, you are probably tossing away the equivalent of two or three trees in paper every year! You don't have to!

The Conserva Centre, a local non-profit foundation which has been involved in the recycling of newspaper and glass for several years, is also encouraging the recycling of office bond paper, computer print-outs, tab cards, and envelopes. The program is now in operation in over 25 buildings and has tremendous potential, not only in terms of the volume of paper that can be saved, but also as a way of demonstrating the need for conservation. The program is designed to recover up to 60 per cent of an office's paper waste by staff using special containers for their discarded but recoverable paper. If you want more information about the program, contact the Conservation Centre at 429-0822.

Thank you! from Seven News

This year's 7 News Supporting Membership Campaign has been the most successful ever.

Contributions have now topped the \$4200 mark, while expenses for the campaign have been less than \$300. According to 7 News Board President Margie Watson, only one fundraising event in the paper's history netted more money (last year's Dammed If You Do musical — the proceeds of which were donated to 7 News) and with money still continuing to come in, even that total is likely to be surpassed.

According to Watson, the paper's Board of Directors is now turning its attention to other ways of improving 7 News' financial position, as well as discussion of ways of improving the paper generally.

She adds, however, that people who have been meaning to donate to the Supporting Membership Campaign but haven't gotten around to it yet should please do so: "It's never too late to donate!" "Even with the successful campaign, our financial situation still continues to be very tight indeed." (Seven News' projected deficit for the year is almost \$18,000, so the Board still faces a very difficult task in keeping the paper afloat).

In the meantime, we would like

to thank the following people for their support. Tyr contributions were received in the last four weeks:

Anna, Brian, & Clara Barron, Victor Ave.; Little Trinity Church, King St. E.; Park School, Shuter St.; Linda Sevier, Sruce S.; Jim McDonald, Victor Ave.; Elaine Hooper, Grandview Ave.; Douglas Barr, Balsam Ave.; Metro Tenants' Legal Services, Adelaide St. E.;

519 Church Street Community Centre; Cvistian Resource Centre staff; Bob Rae, MP; Regent Park Adult Recreation Centre; Terry Lee, Dixon Hall; Frankland Community School, Logan Ave.; Ruth Johnson, Balsaa Ave.; Sara J. Sutherland, Munro St.; Paroisse du Sacre-Coeur, Sherbourne St.; Nellie's Hostel, Broadview Ave.;

Jane Millan & Richard Weiss, Wellesley S. E.; Jarvis Collegiate, Jarvis St.; Roman Semenowycz, Contact School; Lorne Heffelfinger; Susan Gerofsky, Spruce St.; Woodgreen Community Centre; Fieldstone Co-op, Bleecker St.; T. C. Douglas Co-op; Department of Health, Broadview Ave.;

Parachute, Blevins Place; Central Hospital, Serbourne St.; Edward T. Silva, Henry Lane Terrace; L. Harvey, Sherbourne St.; Jesuit Community, West Ave.; Irene Wittman, Wst Ave.; Myrna



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The total donated is \$4221. There are 293 donors.

SUMMER AND PETS

Hot weather can be hard on animals. If you leave your pet in the yard, make sure he has easy access to shade and a plentiful supply of fresh water.

A pet's food intake can be reduced in hot weather.

It is better to exercise your animal in the cooler hours of the early morning and late evening.

Tea and bake sale draw results

The Volunteers of the Regent Park Service Unit, had a Tea and Bake Sale along with a draw for a hand-made Afgan, it was held on May 23, 1981 at the Regent Park United Church.

The Lucky winner of the afgan was F. Ridding of 51 Division, and I would like to thank everyone who participated in the operation of the whole event.

COMMUNITY CALENDAR

Friday, July 3

A demonstration protesting the upcoming tour of New Zealand by the **South African national rugby team, the Springboks**, is scheduled for today at noon outside the New Zealand Consulate at 2 Bloor St. E.

Blood clinic today from 5:30 - 8:30 pm. at Gerrard Square, 1000 Gerrard St. East (at Pape)

Saturday, July 4

Empire's Twilight perform an hour of modern **synthesizer music**, today at 2:30 p.m. in the Parliament Street Library, 269 Gerrard St. E.

Silk Painting with Aniline (French) Dyes: Students at this weekend workshop will discover hand-painting on silk with various media, today from 10 a.m. to 4 p.m., Harbourfront. Tuition \$45, materials \$15. For more information call **869-8422**.

Sunday, July 5

Harbourfront's **World Cinema** series begins tonight at 7:30 pm. with **Kagemusha** (Japan). In York Quay Centre, 235 Queen's Quay W.

The St. Luke's Forum presents speaker **J. B. Waterman** on the topic of Legal Aid. Today at 2:30 in Allen Gardens, Sherbourne and Carlton.

Monday, July 6

The Jones Library, 118 Jones Ave., at Gerrard, has a **"Let's Play TV"** for children 7-12 years. Conducted by TVOntario animators, children will explore and create scenes, characters, and games based on their television viewing experiences. Please register at the library.

Tuesday, July 7

Basic and Intermediate Jewellery: Starting today, students in this 8-week workshop discover new metal working techniques, Tuesdays, 9:30 a.m. to 1:30 p.m. Tuition \$60, materials extra. At Harbourfront's York Quay Centre. For more information, call **869-8422**.

The City of Toronto Buildings and Inspection Dept. and the Queen-Saulter Library are co-sponsoring a series of workshops this month that will help residents in South Riverdale repair their homes. The first one - **General House Repairs** - takes place tonight at 7 pm. in the Queen-Saulter Library, 765 Queen St. E. (in the Ralph Thornton Centre).

Wednesday, July 8

Blood clinic today from 9 am to 12 noon at Riverdale Hospital, 14 St. Matthews Rd., (Broadview and Gerrard.)

The next meeting of the committee involved in organizing a **co-op supermarket** in Ward 7 is tonight at 7:30 pm. in Central Neighbourhood House, 349 Ontario St. For more information on the proposed supermarket, call Alderman David Reville at 367-7916.

The South Riverdale Community Health Centre, 126 Pape Ave., is showing 2 movies tonight on nutrition - **The Food Machine** and **Garbage in Your Gut, 7:30 pm. in the Health Centre. All welcome. Refreshments will be served.**

Thursday, July 9

The **Women's Workshop** of the **Clarion**, Toronto's independent and socialist newspaper, is meeting tonight at 7:30 pm. For more information and the location of the meeting, please call 363-4404.

Friday, July 10

Woodgreen Community Centre, 835 Queen St. East, will be having a **Variety Night** tonight, starting with a dinner from 6:30 to 7:30 pm followed by demonstrations of Tai Chi, calligraphy, and Chinese cooking. There will also be a photographic exhibition and performances on guitar and zither. Admission \$2. For more information call Josephine at 461-7668.

Saturday, July 11

The **International Women's Day Committee**, an independent socialist-feminist organization, is having a **party** tonight at 8 pm in Scadding Court Community Centre, 707 Dundas St. W. (at Bathurst) Call Carolyn Egan at 789-4541 for details.

Quilting Techniques: Students at this weekend workshop will learn basic patchwork, applique and trapunto techniques. Today from 10 am. to 4 pm. Tuition \$40, materials \$10. Call **Harbourfront** at 869-8423 for further information.

Sunday, July 12

Harbourfront's **World Cinema** series continues with **Dersu Uzala**, tonight at 7:30 pm. at York Quay Centre, 235 Queen's Quay W.

The St. Luke's Forum presents speaker **Dennis Howlett of GATT-Fly**, an organization involved in third world development issues. Today at 2:30 pm. in Allen Gardens, Sherbourne and Carlton.

Monday, July 13

Riverdale Action Committee Against Racism general meeting tonight at 7:30 in Queen Street East Presbyterian Church, 947 Queen St. E. The **RACAR Youth Committee**, which is involved in trying to reach young people in the schools, meets at **6:30 pm.** in the same location.

Tuesday, July 14

Tonight's workshop of the house repairs series co-sponsored by Queen-Saulter Library and City of Toronto Bldgs. Inspection Dept. in on **Electrical Repairs** and will be held at the Queen-Saulter Library, 765 Queen St. E., at 7 pm.

Wednesday, July 15

Celtic harpist **Alan Stivell** performs at Harbourfront's Mariposa Mainland, 235 Queen's Quay W., at 8:30 pm.

Thursday, July 16

CUSO Information Meeting. A chance to learn about living and working overseas with CUSO. For more information on the area featured in the evening's discussion, phone 978-4022. Tonight at 7:30 in International Student Centre, 33 St. George.

The Second Annual Harbourfront Craft Fair opens today at 5 pm. Almost 100 craftspeople will demonstrate their skills in areas such as spinning, broom-making, and whittling. Craftspeople will directly with the public in workshops involving basket-weaving, quilting, and much more. There will also be live performances of music, song and dance. The Fair will run daily from 10 am. to 10 pm. to Sunday, July 19. Admission is free.

Discussions of the **Keating Channel** problem will take place at a Public Open House to be held at 1 pm. to 10 pm., Committee Room No. 2, Toronto City Hall.

Friday, July 17

Fraternal Order of Eagles, 17 Elm Street, is holding a **dance** tonight at 8 pm. Admission \$3. All proceeds to be donated to the Muscular Dystrophy Association.

Saturday, July 18

Benefit dance with **Mama Quilla II** to celebrate the second anniversary of the revolution in Nicaragua and to support the struggle in El Salvador. Tonight at 9 pm. in St. Lawrence Market. **Advance tickets \$4 at:** the Toronto Women's Bookstore, SCM Books, Third World Bookstore and at the Trojan Horse Coffeehouse. Sponsored by Canadian Action for Nicaragua and the Committee for Solidarity with the People of El Salvador. For more information, call 536-2315.

Sunday, July 19

Harbourfront's **World Cinema** series continues tonight at 7:30 pm with **Pourquoi Pas** and **Divertimento**. \$2 at York Quay Centre, 235 Queen's Quay West.

Friday, July 24

Fraternal Order of Eagles, 17 Elm Street is hosting a **Spaghetti Dinner** tonight at 6 pm. Cost: \$4 per person. A **dance** will follow at 9 pm., admission \$3. All proceeds for Muscular Dystrophy research.

Saturday, July 25

Dinner/Dance of the Canadian Farmworkers Union in support of its organizing drive among Ontario farmworkers. Tonight at 7 pm. in the Steelworkers Hall, 25 Cecil St. (Spadina and College area). Tickets \$5 (includes dinner), available at CFY office. Call Frank at 482-1710 or 535-0739 for more information.

Radical photomontagist at Partisan Gallery

Christer Themptander's work first appeared in Toronto in the early seventies, when he was a frequent contributor to the Toronto underground paper **Guerilla**. The 35-year-old Swedish artist is back now with an exhibition of his posters at Partisan Gallery. Theatrical and political, Themptander works in the traditions of Germany's John Heartfield: photo-montage with a social bite. Themptander's posters are distributed throughout the book cafes of Sweden - a network of more than 50 mini-cultural centres. He also does illustrations for the magazine **NY DAG**. In collaboration with Inger Fredriksson, Themptander has published two books of political photo-montage. The exhibition will be at Partisan Gallery from July 4-17. Partisan Gallery is located at 2388 Dundas Street West, just opposite the Dundas West subway station. It is open Monday to Friday from 6 p.m. to 9 p.m. and weekends from 12 noon to 6 p.m. For further information contact Wally Brooker at 977-4480 or 537-7214.

Summer Programs for Children,

Parliament Street Library, 296 Gerrard St. E.

MONDAYS 10:30 - Preschool programs for Chinese speaking children.

TUESDAYS 4:00 - Super Secret Agent's Club - learn how to be a secret agent.

WEDNESDAYS 3:30 - JULY - Puppet making club.

AUGUST - films for children.

THURSDAYS 2:00 - Films about cities for adults and seniors.

FRIDAYS JULY 10 - 7:00 Chinese film.

SATURDAYS - 11:00 - Story hour for children.

JULY 11 - 2:00 Chinese film.

AUGUST 15 - 12-4 HEALTH FAIR SUMMER '81.

SUMMER HOURS MONDAY-FRIDAY 10-8, SATURDAY 9-5.

ONGOING

• **Do you have a room or apartment for rent?** Call Woodgreen Community Centre and they may find the perfect person for it. Contact Vincenzia Debonis at 461-1168.

• Being both gay and disabled can present many problems in today's world. **Seminars for physically disabled gay men** are being held once a week. Registration is \$30 and includes materials and refreshments. The seminar leaders are two gay men with experience in peer counselling and gay and disabled rights. For further information, call Wilf Race of Chris Morden at 699-3683.

• **Crafts Program** held Monday evenings in the recreation room of 275 Bleecker St., from 7 pm to 9 pm. Come and share companionship while you sew, knit, crochet, and enjoy tea and cookies.

• The Queen-Saulter Library, 765 Queen St. E., is having a **reading contest for children** in grades 1 to 8 during July

and August. There will be prizes for the winners. For details, call the library at 465-2156.

• **Legal Advice** service available free at Central Neighbourhood House, 349 Ontario St., Mondays at 6 pm. Consult in complete confidence. **This is not a legal aid clinic**, though your lawyer may arrange for Legal Aid where appropriate.

• As of June 30th the **Trojan Horse Coffee House**, 179 Danforth Ave., will be open on **Tuesday** and **Wednesday** nights from 8 pm. until 11 pm. There will be taped music and refreshments. There will also be an open stage on these night for anyone who would like to sing, play an instrument, read poetry, etc. On **Thursday, Friday** and **Saturday** nights the Trojan Horse will offer entertainment by various groups. On **Sunday** and **Monday** nights the Trojan Horse will be closed.

• The Yonge Street Mission in Allen Gardens will be holding evangelistic meetings twice each month from 2 pm to 3 pm. during the summer months. For exact dates, please call 929-9641.

• A **Riverdale Race Relations Centre for Youth** is being opened at 947 Queen St. East so that young people from different backgrounds can meet for sports, recreation, and discussions. The Centre will be open from 9 am - 4 pm daily with plans for activities in different parts of Toronto. Call the Riverdale Inter-cultural Council at 469-1819 for more information.

• The Sikh Youth Association has opened a summer outreach program, the **South Asian Community Outreach**, operating from the basement of the Ralph Thornton Centre at 765 Queen St. E. Helping meet the needs of people of South Asian origin is their first target. For more information, call Kulvir Singh at 461-3712.

• The 519 Church Street Community Centre is sponsoring its annual summer day camp for kids ages 5-12. The theme of the camp is health and will include such topics as nutrition, fitness, environmental issues, drug abuse, first aid, etc. Traditional camp activities such as arts and crafts, field trips, sports, cooking, music, drama will revolve around our health themes. And of course, fun will be a major concern. Fee: \$10 for 1st child for the full summer, \$5 for each additional child, \$5 for membership in the 519. Registration: Register in person at the 519 Church Street Community Centre (one blocknorth of Wellesley) as soon as possible. For further information please call the 519 at 923-2778.

• Find out how to **kick the tobacco habit** once and for all by calling the York-Toronto Lung Association and registering for the smoking withdrawal clinic at 576 Church St. Call 226-1454 for more information and to register.

• **Dixon Hall Summer Day Camp** For children 6-12 years. Program involves games, crafts, outings and trips, special events. Two sessions July 6 - 31, August 4 - 28; hours: Monday-Friday 9:00 a.m. - 4:00 p.m. Fee: \$6.00 per child per session. Registration forms are available from Dixon Hall, 58 Sumach Street or call 863-0499.

• Free guided tour of **Ecology House**, 12 Madison Ave., every Sunday at 2 pm. Displays on conservation, solar heating, green-housing, hydroponic gardening, etc.

• The South Riverdale Community Health Centre, 126 Pape Ave., holds regular meetings of a smoking withdrawal clinic and a weightloss club. For more information about these events, call the Centre at 461-2493.

• The **Parliament Street Library**, 269 Gerrard St. E. offers programs for all ages, meeting space for community groups, a fully-equipped darkroom and a piano for individual use. And it's all free. Call 924-7122 for more information.

Community Calendar is a free community service. If you have a notice that you want placed in the next (July 24) issue of 7 News (all events between July 24 and August 7 should go in this issue), please bring or mail your notice to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or call 363-9650.

DATE OF EVENT
 DETAILS OF EVENT (include time, place, & what the event is, in 2-3 sentences)

.....

Elizabeth Fry Society rejects both hanging and mandatory life sentencing

There must be another way

The 25 year mandatory minimum prison sentence imposed in lieu of the death penalty which was legislated out of existence in Canada in 1976 presents problems to a society such as Elizabeth Fry. On the one hand, one might say that the Society's policy for the abolition of the death penalty has been fulfilled. On the other, when one gives serious thought to E. Fry's policies militating against cruel and unusual punishment it is obvious that the Society can not tolerate the lengthy sentences which create a situation in which a person denied parole application for at least 25 years lives without a future.

For this reason, staff and volunteers recently participated in the planning of a seminar on the 25 year mandatory minimum sentence. A disturbing aspect of the discussion was the linking of lengthy sentences with the death penalty. When confronted with questions about change, some participants immediately replied: "But do you want to revive the debate or

capital punishment on the floor of the House of Commons?" The statement was made that, inasmuch as polls indicate that "the public" is in favour of the reinstatement of the death penalty, one should accept the fact of the long sentences with good grace and let things be as they are.

However, the premise that the 25 year mandatory minimum sentence is inextricably linked to the death penalty is a false premise. The Elizabeth Fry Society must, once and for all, separate the two concepts: the absolutely irreversible vengeance which is represented by the death penalty; and punishment, under appropriate circumstances, when punishment is due. It is an intolerable situation for the Society to stand idly by while men and women are incarcerated under dehumanizing circumstances represented by the 25 year mandatory minimum sentences and all of the possible implications, such as the use of the Special Handling Units used to control inmates of Canadian prisons.

In an editorial on the death of Stephen Judy, electrocuted in the U.S. early in March, *The New York Times* stated, "To civilize is not only to nurture cultural and technological developments, but to advance morality and justice out of a primitive state. By that definition, the U.S. is a civilized country. Mr. Judy, (for insisting on the death penalty for himself, as well as his actions)...was a barbarian. A civilized country can afford to deal with people like him in other, wiser ways. What it cannot afford is the return to the club implicit in responding to his brutality with the like." (March 8, 1981)

Canada is also a civilized country, and hopefully can also afford to look for "other, wiser ways". To that end, members of the Elizabeth Fry Society must not allow themselves to be hoodwinked into making the equation: capital punishment of the 25 year mandatory sentence - which shall it be? The answer to that question shall have to be: neither.

We must, instead, start giving

ourselves, our legislators and the public some serious food for thought, by posing the right questions, and by doing some straight thinking about what may be difficult solutions.

Some of the questions which come to mind almost immediately are: How many people incarcerated for 25 years to life have committed the kind of violent crimes from which society is actually at danger? How many incarcerated people are in need of psychiatric treatment, rather than harsh imprisonment? Have we given enough creative thought to alternatives to long term imprisonment, such as treatment centres, or half-way house situations?

Given that, at the current rate of increase, people imprisoned for lengthy sentences will number almost 1500 by the year 2000, what thought are we as a nation giving to our priorities? How can we afford the staggering financial costs? What are the other costs? What will society do with people who have been locked away for 25 years or

more, who come out of prison at late middle-age? Who will take financial care of people who have been trained to take orders from jailers, and have no resources: who will feed and care for people who have had meals handed them on a tray for 25 years? Or clothe a person, house a person who has known only a cell, lost the technique of opening doors and walking on uneven sidewalks? Can a person who has lived the circumscribed life of "inside" regain the ability to deal with a very complex "outside" after the equivalent of a lifetime of imprisonment?

These questions add up to one big one: what "wiser ways" can be used to mete out punishment for crimes, in order to protect the agreed-upon values of our society while also treating transgressors humanely? It is a question which must be given careful consideration, but also dealt with creatively.

These are problems for which, admittedly at the present time no easy answers present themselves. But we owe it to ourselves, to our legislators, and to the people we have pledged ourselves as a Society to help to give serious thought to possible solutions.

Elizabeth Fry Society
215 Wellesley St. E.

Deadline for the next (July 24) issue of 7 News is Monday, July 20. The office will be closed (except for ads) from July 13 to July 17. Please bring your stories, pictures and ads to 7 News, 315 Dundas St. E., Toronto.

Help is available to pay your OHIP premiums.

Ontario residents with low incomes are entitled to assistance in paying OHIP premiums. More importantly, the amount has been changed in the most recent Ontario Budget.

If your income as a single person is less than \$8,200 or your total income as a family of four, for example, is below \$14,000, you may be eligible for assistance to pay all or part of your premiums.

As always, pensioners or those

receiving social assistance continue to receive OHIP coverage without charge.

The best way to check your eligibility is to contact your local OHIP office. It's listed in the Blue Pages of your telephone directory under Government Services.

Please ask because you may very well qualify for OHIP assistance today, even though you might not have in the past.

Ministry of Health
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Dennis R. Timbrell, Minister

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Rev. John Wiseman, Rector

SUNDAY

9:00 A.M. Holy Communion
11:00 A.M. Sung Services of Morning Prayer or Holy Communion
Nursery and Sunday School
Coffee Hour
7:00 P.M. Evening Prayer

WEDNESDAY

6:00 P.M. Holy Communion

THURSDAY

7:30 P.M. Choir Practice
Organist & Choirmaster
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Accidents will happen

There are lots of neat places to go in the summer that take you into crowds. There are ball games, tourist attractions, fairs, busy beaches.

They all combine fun and excitement, exertion, and, if you're lucky, lots of sunshine.

Nothing can move the cloud cover over this cheerful picture faster than an accident or sudden illness. And one of the sad things is that those things usually don't have to happen.

Wayne Cotgreave of the St. John Ambulance Brigade says some ordinary caution mixed with the day's enthusiasm can minimize the potential for trouble. The situations the Brigade deal with most often are sprains, bruises, and sore feet, insect bites and stings, with the consequences of too much sun and of over exertion, with over indulgence and with heart attacks.

Cotgreave says the preventive measures are simple ones. If you know you're going to be out in the sun for a long time, dress for it. Wear comfortable, easy fitting clothes and a hat. Wear cotton socks that will give your feet some breathing room, and shoes that are appropriate for the things you'll be doing.

If you're climbing around in bleachers or boats or bump em cars, take it easy so you don't pull up lame with a painful sprain. In fact, take it easy generally, especially if you're not used to exercise. If you begin to feel the heat, there's no need to be heroic. Sit down in the shade for a few minutes and sip a cool drink. Watch the intake a little too. Too much to eat or drink, too much junk food, too much alcohol can invite holiday woes.

If you are around when someone does suffer an illness or injury, St. John Ambulance first aid can help.

Shock: The shock of falling into very cold water can kill or immobilize a person. Quick rescue is essential.

However, shock can occur as the result of almost any incident, and people can die of it. So always treat an accident victim for shock, which means: maintain his body temperature, reassure him, and monitor his breathing.

Blisters: Avoid blisters by wearing sensible socks and shoes. If you do get a blister, don't puncture it.

Wash your foot well, dry it thoroughly, and if necessary cover the blister with a dry dressing. If it does come open, guard against infection by washing it well and covering it with a clean dressing. The best treatment is rest, with the washed and well dried foot elevated and exposed to air.

Bites and Stings: If someone suffers an insect bite or sting, get the stinger out if you can, by scratching it out with your fingernail. Apply baking soda, or use a mouth wash if the bite is around the mouth. If much swelling occurs, get medical aid because you might be dealing with an allergic reaction. Use repellants where insects are a problem.

With other bites (snake, animal, etc.) keep the victim still, wash the wound with soap and get to hospital as soon as possible.

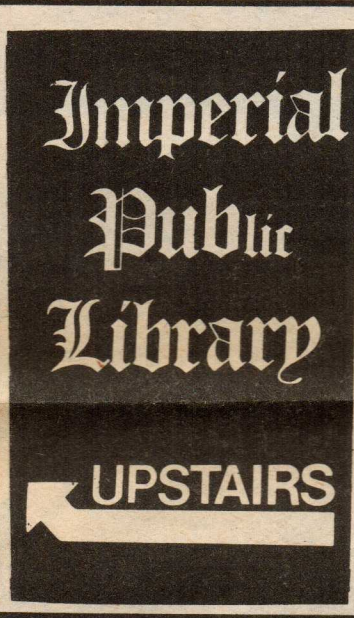
Heat Exhaustion: Caused by exposure to excessive heat, especially moist heat, with or without physical exertion. Muscular cramps, Headache, dizziness, restlessness, pale, cool clammy skin, weak pulse, rapid and shallow breathing are indicators of heat exhaustion. Treat by moving victim to a cool place and if he is conscious, giving him cool salted water to drink (1/2 teaspoon to one pint of

water). Get medical aid if recovery is not quick or there is loss of consciousness.

Heat Stroke: A very serious illness caused by high temperatures and/or drying winds or high humidity and poor circulation. The victim's face is flushed and skin hot and dry, temperature in the 40° C (104° F) range, pulse is strong, breathing is noisy, unconsciousness may develop. Reduce victim's temperature quickly, remove clothing, bathe him in cold water, fanning him at the same time. Move to medical aid. The victim may die unless the first aider works actively at lowering body temperature.

Fainting: If you think someone is going to faint, have him lie down or sit with his head lowered. Loosen clothing at the neck, chest and waist. Ensure an adequate supply of fresh air. If someone does faint, raise his legs slightly above the level of his head. Ensure an adequate supply of fresh air. If breathing is difficult, or noisy, place him in the recovery position. Reassure him as consciousness returns.

For information about St. John Ambulance First Aid courses, contact the local branch of St. John, or the Provincial Office at 46 Wellesley St. East, Toronto, M4Y 1G5.



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If you have comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter to 7 News, 315 Dundas St. East, Toronto M5A 2A2. All letters must be signed but if you ask us to, we will publish your letter with a pen name and keep your real name confidential.

NIP meeting

On Wednesday, May 20, Neighbourhood Information Post held its Annual Meeting. Suesan Way was re-elected president of the Board of Directors of NIP, Bob Patterson was elected Vice-President, and Pat Porter was re-elected to the position of Treasurer. Mrs. Way is a member of the community and works at Mount Sinai Hospital.

Other officers elected are: Ethel Proulx, from Central Neighbourhood House, George Nadas, a chartered accountant, and Nancy Piper, Fred Joyce, Winnie Larsen, and Isie McLeland.

Honorary members include Jean Wright, Ron Ginsberg, Joanne Boluk, Polly Evans, Ger-

rard Jones, Lyn Lowes, Tyrone Turner, and Gerry Solursh.

akers were Ward 7 Alderman Gordon Cressy and Mr. Ed Segalowitz.

Neighbourhood Information Post provides information and referral on community services, helps people fill out forms of any description, provides a low-cost printing service to community groups and individuals, has a babysitting, daycare and odd-job registry, and much, much more. For further information about ip phone 924-2543 or 924-2544.

The meeting also discussed the need for volunteers to help NIP serve the community better, and forthcoming events such as the Cabbagetown Festival and NIP 5th Annual Garage Sale.

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DEADLINE FOR JULY 24 ISSUE — MONDAY JULY 20, 5 P. M.

7 News Classified Ads cost \$2.50 for 25 words or less, and 10 cents for each additional word. All classified ads MUST be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.) ADS ARE NOT ACCEPTED BY PHONE. Fill in the coupon below and mail or bring it and your payment to 7 News, 315 Dundas St. East, Toronto M5A 2A2.

HELP WANTED

CLERK/TYPIST — PART TIME for our local office. Duties include typing, filing correspondence and telephone answering. A knowledge of mental retardation is desirable. Applications go to Personnel Department, Metropolitan Association for the Mentally Retarded, 968-0650. (12-3)

FULL TIME CO-ORDINATOR required for East End social service agency providing home support for seniors. Duties to commence early September. Call 466-0587 by July 8. (12-3)

VOLUNTEERS WANTED

WANTED: A reliable volunteer (or two) to help with some basic bookkeeping and office tasks at 7 News. Call 363-9650.

NEIGHBOURHOOD INFORMATION POST has many jobs for volunteers, at their office at 265 Gerrard St. E., out in the community, and for special events. If you're interested, please phone 924-2543. (12-3)

WANTED: Seven News needs volunteer distributors to deliver 7 News on their street or in their apartment building. All that is required is 15-20 minutes every two weeks, and we'll drop the papers off at your door. Call us at 363-9650.

COMMUNITY SERVICES

NEIGHBOURHOOD LEGAL SERVICES — Legal Clinic for low-income people within Carlaw-Bloor-Yonge. PROBLEMS: Landlord-Tenant, welfare, UIC, Consumer, CAS, Immigration, CALL: 961-2625. 238 Carlton St. (12-24)

OUR MACHINES NEED YOU. Neighbourhood Information Post's Community Printing Service is available for community groups and individuals. For more information phone NIP at 924-2543.

DOMESTIC SERVICES

CARPET CLEANING — We'll clean your carpet by steamer. Call Paulo Silva 461-2386 (11-26).

CALL RENT-A-WIFE to help with wedding preparations — do calligraphy for invitations, prepare food, clean, shop, run errands, waitressing, bartending, then paint the new apartment! Free estimates. Call Judith at 964-8913.

DAYCARE/BABYSITTING

NURSERY SCHOOL open all summer in the Pape-Danforth area for children 2½-5 years. From 1:00 to 3:30 pm. Crafts, wading pool, parks, etc. Call 759-5705 (evenings). (12-4)

INSTRUCTION

DANCERS' ACADEMY is offering adults and children's classes in ballet, jazz, and national folk dances. Located in Eastminster United Church, 310 Danforth Ave. For information call Elizabeth Beddard or Dina Migoel at 466-2284. (12-12)

THE GUITAR STUDIO. Private lessons \$25/month. Phone 461-1508. (12-7)

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DOG WALKING — I will exercise and/or feed your pet as your needs require: full time, part time, or an occasional basis. References supplied. Call 368-2959. (12-4)

PERSONAL

ONLY 18 shopping days left until July 29! Hurry, hurry! (12-3).

7 News Classifieds cost \$2.50 for 25 words or less, and 10 cents for each additional word. All Classified Ads must be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads - these are free). Fill in the coupon below and mail or bring it with your payment to 7 News, 315 Dundas St. E. Toronto M5A 2A2.

My ad should read as follows

Boxers slug it out

By KEN HAMILTON

Results of Boxing show held at Bramalea Boxing Club, May 16, 1981:

At 70 lbs-William Blackburn, Bramalea defeated Patrick Platt of Cabbagetown.

100 lbs-Rod Noble, Cabbagetown lost a split decision to Wayne Ferron, Bramalea.

140 lbs-Terry Francis, Cabbagetown won by TKO in first round over Dean Begley of Newmarket.

106 lbs-Johan Shaw, Cabbagetown scored a KO win over Andy Spencer of Bramalea. Time: 42 seconds of the first round. Way to go, John!

90 lbs-Johnnie (Black Label) Walker of Cabbagetown, in his first bout ever, gave a classy boxing lesson to Todd Rumboldt of Bramalea.

132 lbs.-Asif Dar, Cabbagetown handily defeated Pat Campbell of the Olympium Club. Campbell put up a tough battle, causing Dar to use all of his outstanding skills.

The above bouts were warm-ups for the Ontario Junior Championships to be held in Owen Sound, June 20 and 21. CYC will field 10 boxers.

Local survey to be taken

Where do you shop? Is parking readily available? What attracts you to your local shopping street?

This summer the City of Toronto Planning and Development Department has employed a student to do surveys in the East End. Christine Antzoulatos will be asking shoppers, residents and businessmen along Danforth Avenue and near Queen Street and Broadview Avenue about local area shopping habits. Area planners and development officers are interested in how the City can help businessmen better serve their local communities.

Attitudes towards local stores versus downtown or shopping malls, comments on parking or the lack of it, and the opinions of the businessmen themselves about their customers' preferences are needed. Knowing these things will help planners consider zoning and planning changes to preserve and reinforce convenient local shopping. Development officers can pass on this new information to small businessmen so their marketing and sales practices better suit their communities.

So, be you resident, shipper, or merchant, if Chris stops you and asks for some of your time, please heap her out. It could be a real bargain. If you have any questions, call the Danforth Site office at 461-7595 and ask for Ed Kothiringer.

Cabbagetown Centre to get camp

For those between ages 9 and 15 who wish to improve sports skills, fitness and have fun as well, Cabbagetown Youth Centre is providing a free sports camp at Winchester Public School, 18 Prospect Ave. The program will run Monday to Friday, 9:30 am. to 3:30 pm. from July 6th to August 21st. Registration is on July 2nd and 3rd at Winchester with more information at 961-2912.

The Camp is funded by the Federal Government, Toronto Board of Education and Cabbagetown Youth Centre and was designed by Spiro Papatanasakis who heads up the soccer program. Despite Cabbagetown's record of winning teams, emphasis in this camp will be on individual skills development, and the 120 participants will be accepted on a first-come basis.

Read these books on nutrition

"Will vitamin E increase my sex life?"

"Is honey better than sugar?"

"Help! I've got to lose weight."

"Will changing my diet help prevent heart disease?"

"When should I start giving my baby solid foods?"

These are commonly asked questions. Unfortunately finding the answers isn't always easy. Especially when you're confronted with a maze of nutrition books on the bookstore shelf. We hope that the following list of recommended books will help make the choice easier. Your local library should have some of these books as well. Happy reading!

EVERYTHING YOU ALWAYS WANTED TO KNOW

The Nuts and Bolts of Nutrition, Ontario Hospital Association, 150 Ferrand Drive, Don Mills, 1980.

covers the basics of nutrition as well as food storage and preparation, in a question and answer format.

Nutriscore, R. Fremes and Z. Sabry, Methuen Publications, Toronto, 1976.

a very readable, informative book which provides basic nutrition facts and highlights current concerns such as overweight, heart disease, vitamins, and food shopping and consumerism.

A Diet for Living, J. Mayer, Pocket Books, New York, 1977.

provides general nutrition information and answers many questions using a question and answer format.

EATING FOR THE HEALTH OF IT

The American Way of Life Need Not Be Hazardous to Your Health, J. Farquhar, Bowman Alumni House, Stanford Alumni Assoc., Stanford, California, 1978.

an excellent book that suggests how to make lifestyle changes (including dietary changes) in order to prevent heart disease and promote good general health.

The American Heart Association Cookbook, David McKay Co., Inc., New York, 1973.

an excellent save-your-heart cookbook with recipes both helpful and healthful.

Miracle Cuisine Minceur, R.K. Malinowski, Gage Educational Publishing, Toronto, 1978.

provides recipes and suggestions for cooking with less fat, sugar and salt.

DIETING - THE RIGHT WAY!

Slim Chance in a Fat World, R.B. Stuart and B. Davis, Research Press, c/o Colwell Systems Ltd., 1630 Provencher Boulevard, Brossard, P.Q., 1978.

an excellent guide to weight control with practical workable information for changing eating and exercise habits through the use of behaviour modification.

Weight Control, A Guide for Teenagers, J. Hope and E. Bright-See, The Guidance Centre, University of Toronto, 1000 Yonge St., Toronto, 1980.

an excellent self help guide for the overweight adolescent incorporating behaviour modification and dieting. Also a good resource for parents and professionals who work with teenagers.

Rating the Diets, T. Berland and the editors of Consumer Guide, Signet, 1979.

an honest appraisal of the many diets, pills, clubs and books available for weight loss. A must for those who have been tempted by gimmicks and lost nothing but money.

GETTING OFF TO A GOOD START

Nourishing Your Unborn Child, P.S. Williams, Avon Books, New York, 1974.

a good nutrition guide for pregnancy. This book contains recipes for mother-to-be and the whole family.

The Complete Book of Breastfeeding, M. Eiger and S. Olds, Bantam Books, Toronto 1973.

an easy-to-read coverage of the whole subject. Suitable for both the lay and professional person.

Feeding Your Child, L. Lambert-Lagace, Collier-Macmillan Canada Ltd., Cambridge, Ontario, 1976.

provides excellent practical information about a child's nutritional needs up to six years of age. Recipes and menus are included, as well as answers to special feeding problems.

FROM SOUP TO NUTS... ON A BUDGET

Laurel's Kitchen: A Handbook for Vegetarian Cookery and Nutrition, L. Robertson, C. Flinders, and B. Godfrey, Bantam Books, New York, 1976.

gives sound nutritional information plus an extensive recipe and menu section.

Recipes for a Small Planet, E.B. Ewald, Ballantine Books, Toronto, 1973.

a guide to vegetarian cooking with an extensive recipe section.

More-With-Less-Cookbook, D.J. Longacre, Herald Press, Kitchener, 1976.

after a discussion of the world food situation, this book is devoted largely to time and money-saving recipes. Included are international dishes and many tips for using leftovers.

Produced by Public Health Nutritionists in Metro Toronto and the Regions of Peel and York.

SHOCK TALK

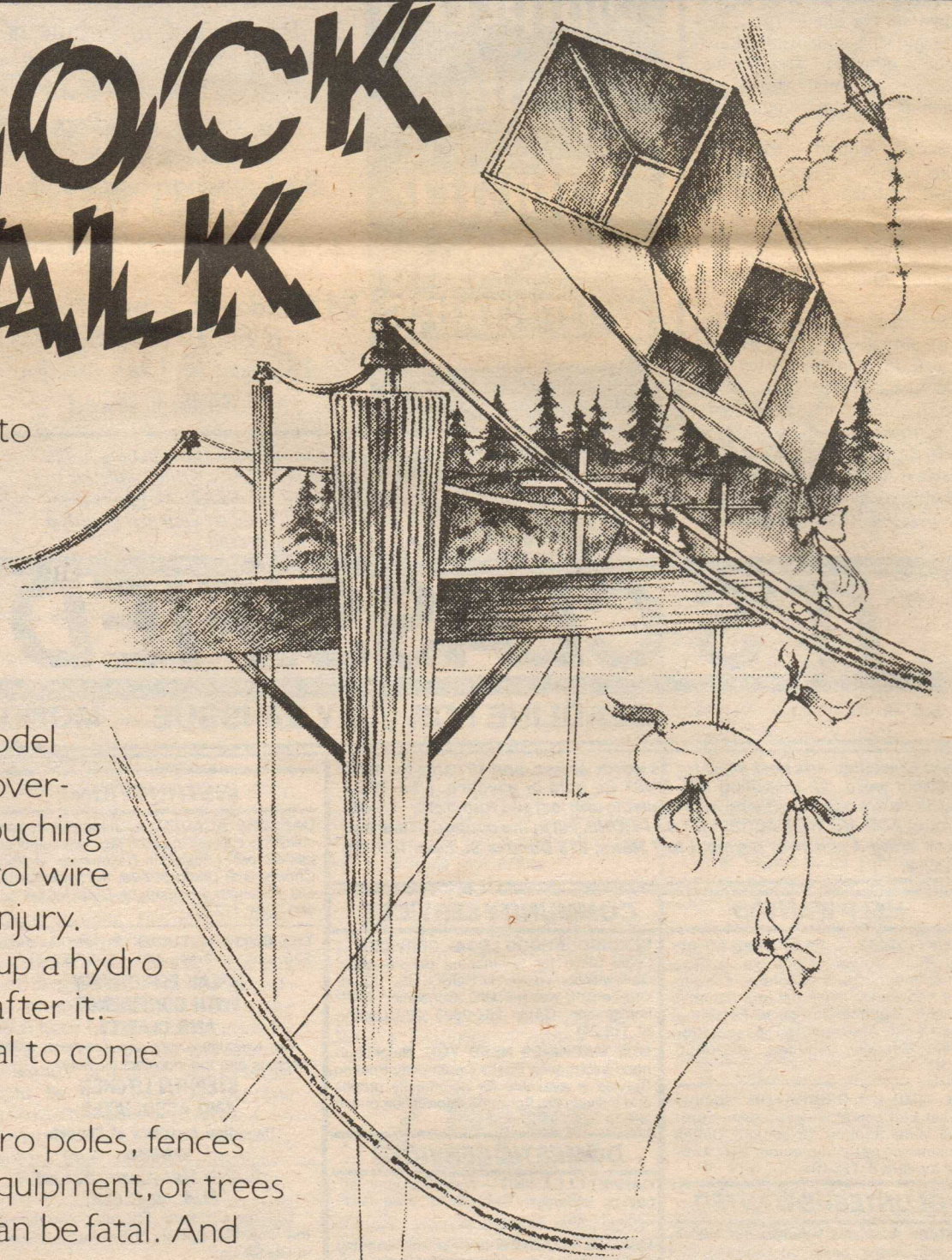
Tell children to play safely...away from hydro wires. Touching or coming close to hydro wires can be fatal.

If kites or model airplanes contact overhead lines, even touching the string or control wire can cause serious injury.

If a pet runs up a hydro pole, never climb after it. Wait for the animal to come down by itself.

Climbing hydro poles, fences around electrical equipment, or trees near power lines can be fatal. And remind children not to go near areas marked "Danger" or "Keep Out." Or, the fun could be over.

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