

Oak-River pits community against "experts"

By KARI DELHI

More than ten years ago, the Toronto Board of Education expropriated and demolished 51 homes on Oak and River Streets, near the Gerrard-River intersection. The property was to be the site of a school and recreation centre for Regent Park children. Protests were strong against the expropriation. Many felt this was not a good location for a school, accessible only by crossing the busy River Street. Other sites could be made available, with safer access, at lower costs and without destroying homes. The Board of Education, however, persisted. Staff and trustees were determined to build on the Oak Street site, and so the homes were levelled to make way for the school. But the land is still sitting there

empty, except two houses which were left standing, some swings and many parked (for free!) cars. What happened to this land that the Board needed so badly that 51 homes had to be demolished in order to get it? Well, it seems that the Board's demographers had made some wrong estimates regarding school population in the area. By the time the drawings and plans were ready for building, enrollment in local schools was declining, and so, no new school could be justified. No wonder that area residents, and many others, shook their heads in amazement and anger at the trustees and Board staff.

Over the years, people have gotten used to seeing that empty piece of land—some even quite like it the

way it is. The children who play there are certainly not looking forward to any changes to their playground. However, the Toronto Board is anxious to sell the land and recover the money they spent acquiring it.

A small committee of area residents, School Board staff and trustees, City aldermen and planners, and community workers has been working quietly away, trying to come up with a plan for the property which will satisfy both the Board and the community. This committee—the Oak Street Site Proposal Committee—was set up as a result of several public meetings in the mid-seventies. What became very clear during these meetings was that people in this part of Ward 7 will not put up with the kind of

abuse they suffered when the homes on Oak and Cornwall were demolished. They were, and are, determined that if and when, the Toronto Board makes a decision about Oak Street, it will be one which the local community will be happy with.

What area residents have insisted that they want, more than anything else, is a good grocery store or supermarket, a doctor's and a dentist's office, and a small bank. They also want some community space, where meetings can be held and a few programmes organized. Then they would like to keep a bit of open space for a small park. A bit of housing would be all right, provided it does not increase pressure on already poor services in the area.

The "problem" now facing the Board of Education is that these community priorities do not seem to be "financially viable". This conclusion can be drawn from an unsuccessful call for tenders last September and a very recent survey advice conducted by Peter Turner for the Board. The developers and "experts" seem to think that this is not a good location for a supermarket, and that the community requirements are too stringent. On the other hand, middle-income housing is proposed to have the potential for generating revenue in the market, even though this is not the highest priority for local residents. What must be kept in mind, is that these viewpoints were

Continued on page four

VOLUME 12, NUMBER 2
JUNE 19, 1981



7 NEWS

TORONTO'S OLDEST COMMUNITY NEWSPAPER
315 Dundas St. East (All Saints Church)
Toronto M5A 2A2 Phone: 363-9650

FREE TAKE ONE

Deadline for the next (July 3) issue of 7 News is Monday June 29, 5 p.m. Bring or mail your stories, pictures, and ads to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or phone 363-9650.

St. Jamestown health centre triples in size

The Wellesley Hospital's St. James Town Community Health Centre, which has become a model of its kind for the treatment of the aged and disabled, will triple in size when re-modelling currently underway is completed in about a month's time.

Since 1973, when it opened, the Centre has been housed in two family-sized apartments on the ground floor of one of the Ontario Housing Corporation's four buildings in the densely populated high-rise complex. Now, through the cooperation of the Ontario Ministry of Health, the City of Toronto, and the Ontario Housing Corporation, four more adjoining apartments have been made available for The Wellesley to enlarge the busy Family Practice facility.

According to Dr. Irwin Bean, The Wellesley's Director of Family and Community Medicine, the expansion is taking place "to provide better patient examining and treatment areas, and permit an extension of services. It will improve the effectiveness and the efficiency of the Unit, and of the educational program". He points out that in the past, space problems have made for cramped quarters for both patients and staff. Lack of suitable areas for interviewing patients also interferes with their privacy, as many of the Centre's patients are elderly and suffer from impaired hearing and doctors and staff have to raise their voices when questioning them.

These and other deficiencies such as the lack of adequate

washroom facilities, so important to older patients, will be corrected with the expansion. The expanded Centre has also been designed to accommodate patients in wheel chairs.

When the St. James Town Community Health Centre was organized by The Wellesley Hospital in 1973, it was the direct result of the efforts of a group of people "who were aware of their own social and medical needs and did something about it", according to Dr. Bean. The Centre was the dream of the Tenants Association of the Ontario Housing Corporation Buildings, which houses some 5,000 people on a rent-geared-to-income basis. Now, with the Centre well established it also services people from other apartment buildings in the complex, the new high-rise buildings that have been erected on

Sherbourne Street, and the surrounding area.

Over 1,000 visits are made each month to the Centre which is serving a patient population that consists of 33 percent over the age of 65, and 13 percent over the age of 70.

One of the goals of preventive medicine for the aged is to keep them functioning in the community and out of institutions, says Dr. Bean. The Centre aims to do this through a program of assisted independent living. In addition to doctors and nurses, the Centre also has social service workers and public health nurses who, in liaison with local agencies, are able to help patients maintain the appropriate level of living while having their medical problems seen to outside of the hospital.

Women's health day

By RHONDA SUSSMAN

The Women's Health Fair, held May 24 at the South Riverdale Community Health Centre, was a great success.

Over 120 people attended films, self-help sessions and workshops designed to provide women with information about their bodies, and to encourage women to take

responsibility for their own health care.

Some of the workshops held were a fitness workshop with chiropractor Elaine Denby, and sessions on yoga, nutrition and aging, as well as general discussions on family violence and daycare.

The feminist and self-care outlook of the health fair was outlined by Allie Lehmann of the SRCHC Women's Health Committee (which organized the health fair).

Ms. Lehmann said that making medical information more accessible will become more and more important as health care costs rise.

90 percent of visits to doctors are non-essential, said Ms. Lehmann, dealing with problems such as backaches, depression and colds that would respond better to self-care remedies such as exercise, rest and diet.

Continued on page 3

Myths about gays examined

The Coalition for Gay Rights in Ontario, an organization of Ontario individuals and gay groups working for full equality for lesbians and gay men, has produced a flyer called "Who Are These People? And What Do They Want?" that tries to answer some common questions about gays and lesbians.

Although being gay has been supposedly legal since 1969, CGRO points out that many forms of discrimination and abuse still exist,

Continued on page 3

East City Y offers daycamps

The East City YMCA offers four different summer day camp programs for children, beginning June 29.

The **Kindercamp** is a beginning camp experience for 1/2 to 4-year-olds. The **Sports Camp** emphasizes fun and skill development at a wide variety of sports. The **Arts Camp** gives campers the opportunity to learn new skills in the creative arts and to explore their special interests in a wide variety of fields. The **Hanlan's Point Day Camp** is a well-rounded camping experience for boys and girls, 5-12 years old. At Hanlan's Point campers are introduced to skills and experiences in nature on a progressive basis.

The Y camps provide extras for working parents through the extended day care program which runs before and after camp, beginning at 7:30 a.m. and finishing at 6:00 p.m.

Brochures with further information on all four camps are available from the East City YMCA. Phone them at 694-1159 or drop in at 907 Kingston Rd.

Services Network closes

The Youth Services Network, a group of social workers working with youth, has disbanded.

According to David Peltz, the last chairperson of the Network's Board, "after eleven years of activity and struggle, the Network ran out of steam. Raising funds became more and more difficult, as all small, non-profit organizations struggle to survive in this time of economic restraints and cutbacks."

Peltz adds that perhaps the main problem that led to the Network's demise was simply "lack of new blood and energy".

Peltz feels that there is still a great need for some kind of grass roots organization among social service workers, especially in the light of political swings to the right which threaten to worsen social problems.

The Network's files are now in the public archives at City Hall.



Nancy White stars in "The Last Virgin on the Planet", an Open Circle Theatre production now playing at the Blue Angel Cabaret. Review on page 6.

Quitting smoking helps at any age

Smoking cigarettes long has been known to accelerate the loss in lung function that occurs with age.

Now, says the Ontario Lung Association, there's evidence that quitting smoking—at any age—has a rapid and beneficial effect on two important measurements of pulmonary function.

Results of a five-year study of 850 healthy men revealed that those who quit smoking lost significantly less of their forced vital capacity than those who continued to smoke, even when age was considered. Forced vital capacity is the amount of air that can be forcibly exhaled after maximum inhalation.

Results of the study, which included 354 current smokers, 98 who quit during the five-year study and 398 who had never smoked, are reported in the **American Review of Respiratory Disease**, journal of the American Thoracic

Society. The American Thoracic Society is the medical section of the American Lung Association. The subjects are all participants in the Normative Aging Study which began in 1963 at the Veterans Administration Clinic in Boston.

Surprisingly, the number of years since quitting smoking did not appear to be important. This rapid improvement in lung function after stopping smoking is welcome news, says the American Lung Association. Even in middle or later years, giving up cigarettes can mean retaining more lung power.

For smokers of any age who wish to quit, your local lung association offers a self-help 44 page booklet. It's titled a "Do-It-Yourself Quit Smoking Course", and it has helped a lot of people to kick the habit. It's yours for the asking. Call 226-1454 for more information.

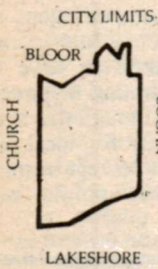


is a newspaper founded in 1970 and published every other Friday by Seven News Incorporated. Address: 315 Dundas Street East (All Saints Church) Toronto M5A 2A2. Phone 363-9650. 7 News is distributed free in its circulation area; mailed subscriptions are \$7.50 per year. Opinions expressed are those of their authors and not necessarily those of 7 News.

BOARD OF DIRECTORS: Margaret Watson, Cyndy Robinson, Jane Craig, Dorothy Bushey, Tom Clement, Rob Hutchison, Larry Patterson, Ulli Diemer.

STAFF — Editorial: Ulli Diemer, Rhonda Sussman, Margie Watson. **Advertising:** Bill Barnard, Lisa Horrocks. **Production & Design:** Rhonda Sussman, Susan Macdonald, Mike Siggins, Jean Cousins, Nick White, Annie Massie, Rita Hoffman, Andrea Bain, Carol Gold, Ulli Diemer. **Bookkeeping:** Margie Watson, Dorothy Bushey. **Subscriptions:** Marlene Jardine. **General office help:** Mary Ann Hammond, Edna Hillman. **Writers:** Ulli Diemer, Dorothy Bushey, Howard Huggett, Rhonda Sussman, Gordon Cressy, David Reville, Ellen Pomer, Ken Hamilton. **Photography:** Dennis Dack. **Distribution:** 7 News is distributed by over 220 individuals and groups, too many to list, but thanks go to them all.

ADVERTISING RATES



DISPLAY \$5 per column inch
VOLUME DISCOUNTS space purchased can be spread over a 12-24 month period. Details on request.
POSITION CHARGE 10%
PAGE CHARGE 10%
CLASSIFIED 10c/word. Minimum \$2.50 paid in advance
SEMI-DISPLAY \$5/column inch. Minimum charge \$5.00
NATIONAL RATES 40c/agate line

SEVEN NEWS — serving all of Ward 7 and beyond.
CIRCULATION — 20,000

WITHROW PARK BALL HOCKEY LEAGUE

would like to thank the following sponsors for their support in the 1981 season:

- | | |
|---|--|
| ATOM DIVISION
Edward Hou Realtor
Illisia Shish Kebob House
Mary Savage Real Estate
Murray Realty | PEE WEE DIVISION
Alex Johnson Real Estate
Darrell Kent Real Estate
Maher Shoes-Gerrard Square
Terry Martel Real Estate
The Willow Restaurant |
| BANTAM DIVISION
Canada Metal
Danforth Fruit Market
Polar Bear Trucking
Sunnyview Meat Packers | MIDGET DIVISION
Building Resource Group
Chizen and Mills Renovators
Town & Country Real Estate
Ultimate Painting & Decorating |

The Withrow Park Ball Hockey League will be opening its sixth season of play starting at 10 a.m. Games will be played in the Withrow Park artificial ice rink on Carlaw Ave. south of Danforth. Everyone is welcome.

W. Frank Robinson

Denture Therapy Clinic

2 College Street Suite 204
(Corner Yonge & College)

Monday to Friday

923-7558

Home Repairs & Renovations
concrete and brickwork
Stone waterproof porches
Free estimates
Angelo Poidomani
B1-553 112 Bellefair Ave. 691-5322

QUALITY STATS FOR GRAPHIC ARTISTS
stat company
466-7940

LETTERS AND OPINIONS

If you have any comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter at 315 Dundas St. E. Toronto M5A 2A2. All letters must be signed but if you ask us to, we will publish your letter anonymously.



Save the Rouge Valley

Conservation groups are fighting to preserve the Rouge River Valley system from highway and subdivision development that would destroy the valley as a natural area. The Rouge is the only remaining continuous wild river valley area in the Metro Toronto area. All the other major rivers, such as the Don, have had their natural environment thoroughly disrupted by expressways, railway lines, parking lots, etc.

The Rouge, however, has escaped their fate by virtue of being in outer Scarborough, and still remains a natural area. Naturalists have recorded 629 species of plants in the Lower Rouge wetland and forest, birds such as the green heron, and mammals including fox, mink, coyote, deer, porcupine and even beaver.

However, proposed road extensions and construction operations would devastate the wetland areas of the Rouge. Part of the problem conservation groups have had in stopping harmful developments has been the way jurisdiction over the river is divided. (Groups seeking improvements in the Don Valley have come up against the same problem.) Metro Toronto and Region Conservation Authority, Metro Parks, the Borough of Scarborough, the Municipality of Metro Toronto, and Durham Region all have jurisdiction over parts of the area, and very little in the way of

co-operative planning has been accomplished.

The Save the Rouge River Valley System group, the Toronto Field Naturalists, and the Federation of Ontario Naturalists, as well as various ratepayer groups, are all fighting the piecemeal planning approach of the borough of Scar-

borough, and they are asking people from all parts of Toronto who want to see some bits of real nature left in the city to put pressure on government bodies (for example, by writing letters to elected representatives) to save the Rouge. Otherwise it too may end up looking like the Don Valley.

Fine performance of songs

By TOM CLIFFORD

The May 24th performance of Strauss's Four Last Songs by soprano Ilseadora Regit and the Simpson Ave. Repertory Orchestra at Simpson Ave. United Church, was an achievement of the highest order.

The program also featured the Brahms' Requiem with the addition of the Simpson Ave. Repertory Choir and Peter Cormican, bass-baritone. Miss Regitz sang German floating tone in a voice of full lyric bloom; its timbre soared in the upper registers over full orchestration, although at times the instru-

mental ensemble (woodwinds and brass) was not subdued enough to hear the middle voice, not an uncommon problem with major orchestras.

Noteworthy of mention is the solo violin fragment in the third Strauss song exquisitely performed by concertmistress Rosemarie Klimasko. Conductor Roman Toi brought forth a great corporate sound with constant sensitivity to the drama of the music and texts of both the Strauss and the Brahms.

May there be more such moving concerts uniting such artists.

Island airport busier than ever

The Toronto Island Airport recorded a 7.6 per cent increase in air traffic movements last year, handling 195,125 take-offs and landings, 13,855 more than in 1979.

Seventy-three per cent of the traffic originated locally, the rest from out of town. Forty-one per cent of pilots surveyed said they were on pleasure flights, while 59 per cent were on business. The number of medical emergency cases arriving from northern communities also increased greatly: 471 in 1980, compared to only 182 in 1979 and 92 in 1979.

However, the number of business flights in and out of the 200-acre airport will increase dramatically if the STOL (short take-off and landing) proposal is accepted, involving as it does regular, frequent commercial flights. Numerous citizen groups have been battling STOL on the grounds that it would subject residential neighborhoods and the island park to the noise of aircraft, as well as because it would require a massive public subsidy to operate the service, which would be used only by businessmen on inter-city flights to Montreal and Ottawa.

We're read in Ward 6

The paper is too worthwhile not to contribute to its continuance. It comes regularly to my building and though we live in Ward 6 I've been reading it because it keeps me informed about things I don't read in the major papers that are important because they are local and written about from a local perspective. Thanks to you and the unsung volunteers who answer your requests for help to keep this fine newspaper going.

A Reader

Too much salt in foods

Here is a timely item which I think should be posed to our Federal Dept. of Health.

When is the Federal Government going to bring down legislation to limit the salt content in processed foods? Conclusions reached by various medical experts and committees link up sodium intake with high blood pressure.

At present there is a two year old petition with the FDA in the U.S. to limit the use, but the government there have been dragging their feet, probably from lobbies.

Canada needs a similar limit, because although we have been urged to "go easy on the salt shaker", we can do nothing with the content of our prepared foods. The only agency with any clout is the Federal government.

Bill Wood
Broadview Ave.

Help wanted

We always need help around the Seven News office, and the next few weeks will be especially busy. If you have some time to volunteer, we would be very glad to hear from you. Call us at 363-9650.

Quotations to Remember

"First they arrested the Communists, but I was not a Communist so I did nothing. Then they came for the Social Democrats, but I was not a Social Democrat so I did nothing. Then they arrested the Trade Unionists and I did nothing because I was not one. And then they came for the Jews and Catholics, but I was neither a Jew nor a Catholic, and I did nothing. At last they came and arrested me, and there was no one left to do anything about it."

— Pastor Martin Niemoller
Germany, 1945



We have the menu and the decor that you will be proud of to entertain your friends, comfortable and pleasant to meet your new neighbors.

A new French restaurant in your neighborhood of MODERATE price menu & QUALITY cuisine. Come for an EVENING MEAL After theatre DRINK, COFFEE & DESSERT Sundays, BRUNCH.

Opening Hours: Tues.-Sat.-5:00 p.m.-1:00 a.m./Sun. 11:00 a.m.-10:00 (Monday Closed) Telephone 466-7675/466-7215 793 Gerrard Street East, Toronto M4M 1Y5

At Nails Plus We'll Shape Your Nails Without Denting Your Pocketbook!

Customized Natural Looking Nails

- Nail Fills \$20
- Manicure \$5
- Lash Application \$15
- Make-up Application

Drop by for a free consultation

Nails Plus

67 Yonge St., Ste. 1301

(at King)

363-4053

Scanners in supermarket pose problem for shoppers

By HOWARD HUGGETT

Shoppers have for some time been greatly concerned about the move on the part of supermarkets towards the use of electric scanners at the cash registers. The reason for their concern is the evident intention of the companies to dispense with the individual pricing of the articles on the shelves, making it more difficult for shoppers to keep track of what they will have to pay. Nobody is more disturbed about this than pensioners, many of whom have to get along on a very small income; Seniors, because of failing eyesight, often have trouble reading the price cards on the shelves, particularly those on the bottom shelving.

Pensioners' organizations have made an issue of this, and the one to which I belong, Canadian Pensioners Concerned, has encouraged its members to write to their political representatives in order to inform them how we feel about the matter. Accordingly I sent a letter to the M.P.P. for my riding, Margaret Scrivener: (see copy of letter on this page).

Mrs. Scrivener sent a short reply and enclosed a letter from the Ministry of Consumer and Commercial Relations, outlining the policy of the Ontario Government on this matter. Because of the importance of this whole subject, much of this communication is being quoted below:

"This Ministry has been monitoring the introduction of computerized checkouts in food stores very closely. In response to the

March 1980 survey, which disclosed that most Ontario consumers want item price marking, this Ministry arrived at an agreement with the retail food industry which committed the industry to a prices-on policy. I would like to emphasize that the Ministry is aware of consumer preferences and has already acted on them.

The agreement ensures that prices will stay on in all food categories where it was customary to price mark before computerized checkouts were introduced. This, of course, excludes items such as fresh produce and certain high volume items which have never been individually price marked. It should also be noted that a supermarket which handles in excess of one hundred thousand items a week is bound to make some mistakes. In cases such as these consumers can play an important role by demanding that mistakes and omissions be corrected by the store manager and drawing these to the attention of this ministry.

... Supermarket chains generally price items the same in all stores in a given region. When a new price goes into effect in all stores, old stock is sometimes changed in those stores which still

have not run out of that stock... It should be noted that the agreement requiring stores to keep prices on discourages chains from setting this new price too soon because of the cost involved in repricing a large volume of old stock. In this way the ability to reprice items quickly and inexpensively, afforded by computerized pricing, is checked somewhat..."

My first comment would be that here we have another example of the value of speaking up. All shoppers will benefit from the activities of organizations such as Canadian Pensioners Concerned, The Consumers Association of Canada, and others who have taken up this issue. The second observation is that the agreed prices-on policy needs to be monitored, and since the Ministry of Consumer and Commercial Relations has asked shoppers to check for infractions of the agreement, that's just what they should do.

The only supermarket in this area that uses computerized scanners to price the items is the Miracle Mart store at Gerrard Square. Shoppers who go there and would like to check on their pricing practice will need to know what items they are permitted to leave unpriced. They can get a list from the office of Consumers Association of Canada, 107 Church Street,

Kitchener, Ont., N2G 2J3, by sending them a self-addressed stamped return envelope.

As for those stores that have not yet begun to use electric scanning machines, and that is the great majority of them, they frequently fail to price some of the items they are supposed to. Whether this is due to human error, to a store policy of not hiring enough people to do all the work, or whether management is deliberately cutting corners and hoping to get away with it, it's hard to say. Whatever the reason, it can be annoying to be held up at the cash register while the cashier has someone check out

the price of an unmarked item. The people behind you don't appreciate it either. Perhaps the best way to handle the situation is to look for the manager or a senior clerk and ask for the figure before you take the item off the shelf. It may take longer, but at least you will be letting the management know that the store is not doing its job.

Here again, the shoppers themselves are the best ones to check up on the stores and keep them in line. More about this another time. I am writing away for a copy of the list of exceptions mentioned above and will have some comments on that information at a later date.

Letter to Scrivener

Dear Mrs. Scrivener:

I am writing to you as the MPP of St. David's riding in which I reside. The organization to which I belong, Canadian Pensioners Concerned, is greatly concerned about the growing use of scanning devices at the check-out station in supermarkets. The threat to pensioners arises from the intention of storeowners to dispense with prices on the articles. This practice would compel shoppers to depend upon the shelf cards, which are often difficult to read for older people and the handicapped.

This new system is being recommended to the customers on the grounds that it will result in faster service at the check-out counter. Well, most seniors have plenty of time; it is money that so many of them lack. Anything that makes it more difficult for them to shop carefully and stretch out their limited resources is not worth the time it may save. I say "may" save, because there is no guarantee that the new system will save any time at all. The principal reason for installing these expensive machines is obviously to reduce labour costs, so it is most likely that the stores will be able to use fewer check-out

lines to serve their customers in the same time period.

Senior citizens, having served their time in the workforce, are very well aware that it is the people who are still employed who make it possible for them to enjoy their leisure. We are anxious to have these workers keep their jobs, for their sakes as well as ours. Workers pay taxes, machines don't.

We seniors are well aware that the new system will work to the advantage of the supermarkets, that we cannot prevent them from carrying out their plans. However, we are determined to do what we can to protect our interests, and keeping the price stickers on the individual articles is one good way of doing it. Obviously, this practice will help all shoppers.

It is my understanding that the retail side of trade comes mainly under the jurisdiction of the Ontario Department of Consumer and Commercial Relations, and for this reason I am writing to you to inform you as to how pensioners feel about this very serious matter. Thank you for your attention to this.

Sincerely,
HOWARD HUGGETT

Women's health day

Continued from page 1

Women (and men) should take more responsibility for parts of their own health care that don't require medical attention. To do this, they must be provided with information by events such as health fairs, and taught not to tamper with their bodies by over-medication or eating improperly.

An important aspect of self-care is nutrition — there were workshops on nutrition at the health fair, a nutrition booth was in the lobby and healthy snacks were sold.

As well, SRCHC is holding a series of nutritional seminars, the next one on July 8 from 1:30-3:30 at the Ralph Thornton Centre, 765 Queen St. East. Call Allie Lehmann at 461-2494 if you are interested in food issues.

South Riverdale Community Health Centre plans to put on another women's health fair next year, since the response to this year's was "overwhelmingly positive", said Allie Lehmann.

The Health Centre is now considering doing men's and children's health fairs as well.

Myths about gays

Continued from page 1

including parents who beat up their gay children or send them to reform school, newspapers that print lies and distorted facts, and judges who decide lesbian mothers are "unfit parents", and take their children away.

The flyer goes on to answer questions such as "Why is it so hard to accept yourself as gay?" and "What can I do to help?"

Gay people have trouble accepting themselves as such, CGRO says, because they are like cuckoo-raised in alien nests by unsuspecting and usually well-intentioned parents. Wanting the best for a child they are not even aware is growing up to be different, parents try to equip gay kids for a life they will not lead. And, by refusing to entertain the possibility that their children will be anything but replicas of themselves, they implicitly reject them. (Or not so implicitly — some gay children have been thrown out or beaten.)

At school, the situation for the young gay or lesbian is no better. Guidance counsellors either don't take them seriously and tell them they're "going through a phase," or worse, take them seriously and recommend a psychiatrist or tell them they are "sick."

Gays are completely invisible in school curricula. Fellow students use the word "faggot" as one of the worst insults they can think of. The isolation, fear and doubt of the young gay person can be extreme.

But, CGRO says, "the obstacles to self-acceptance are only the beginning of the story. We then have to face the hostility that is allowed by the authorities to flourish unchecked in society at large."

In answer to the question, "What can I do to help?", the CGRO flyer says people who want to help should inform themselves about gay people by reading some of the numerous gay and lesbian publications. As well, anti-gay jokes and remarks should not pass unchallenged. There are also several organizations of straight people opposed to anti-gay bigotry and discrimination, such as Friends and Families of Lesbians or Gays who can be contacted through CGRO, Box 822, Station A, Toronto M5W 1G3.

Monitor animal research use

The Ontario Humane Society has called for the establishment of an independent National Review Board for Animal Experimentation to review and monitor experiments using animals.

This board would be composed of members of the humane movement, health organizations, and other interested organizations.

All research and government facilities and establishments that propose to use animals in testing would be obliged to submit its proposals to this review board.

Through the proposed board would undoubtedly come under fire for refusing to sanction certain experiments, it would be able to eliminate "stupid, frivolous and unnecessary animal experiments".

Regent Adult Recreation Centre

The Regent Park Adult Recreation Centre, 603 Whiteside Place, 364-4915, has cribbage, ping-pong, shuffleboard, bumper pool, and dart games for adults who live in Regent Park area.

The Centre also has a TV, stereo and a library for those not interested in the above activities.

There is also an arts and crafts club and a bowling league which starts up in the fall.

We have a family membership for \$2 per year which includes a Christmas party for children 12 years and under. We are open Mon.-Thur. from 1-4 pm and from 7-10 pm, Fridays 1-4 pm and 7-11 pm. Tea, coffee and pop for sale. Feel free to drop in. We welcome you.

MAN'S BROWN JACKET found in Winchester School Park on Sunday, May 17. Can be claimed at 7 News, call 363-9650.

BROTHER'S CAFE RESTAURANT

- Now Reopened
- Cozy Atmosphere
- Daily Specials

Hours —
Mon-Fri 12-2 pm
and 5-9 pm

15% Off For Seniors (Food Only)

180 Carlton 964-7563
(at Sherbourne)

This summer the RALPH THORNTON COMMUNITY CENTRE is offering the students of grades six, seven and eight a free afternoon program (1 pm to 5 pm) in theatre, fun and games which include films, outings, swimming and acting workshops. A choice of three sessions are available. Please indicate your preference.

JUNE 29 TO JULY 10 JULY 22 TO JULY 31
 AUGUST 10 TO AUGUST 21

Name _____ Age _____
Address _____ Grade _____
Phone No. _____
School _____ Session Choice _____
Parent/Guardian's Signature _____

Mail or bring in this form before June 26th to:
STRAY DOG THEATRE PROJECT
RALPH THORNTON COMMUNITY CENTRE
765 QUEEN STREET EAST
TORONTO, ONTARIO
M4M 1H3

For more information call 461-6312.



SALES ● RENTAL ● SERVICE
BLACK-WHITE ● COLOR
STEREOS ● SOUND ● AMPLIFIERS
ALL WORK 20% DISCOUNT
FULLY FOR PENSIONERS
GUARANTEED 967-0550
442 PARLIAMENT ST.

New programs at 519

YOGA: On Tuesday, June 16 at 6:00 p.m. Bill Berinati will be holding the first of eight introductory yoga classes (to be held on Tuesdays from 6:00 p.m.-7:15 p.m.). Anyone is welcome, regardless of age or previous yoga experience. Just be sure to wear loose clothing and to bring a blanket. There is no cost for these classes.

SUMMER DAY CAMP FOR KIDS: Once again The 519 is

Seniors' club gets money

A New Horizons grant of \$10,120 has been given to the Royal Canadian Curling Senior Citizens Club of Broadview Ave., in order to expand membership.

New Horizons is a federal government program established in 1972 to help groups of retired people finance projects of their own choosing. The aim of the program is to encourage senior citizens to become active participants of their community.

organizing a healthy kids summer camp. As with last year, the main goal of our camp workers will be to help the kids have a terrific summer. At the same time, the workers will mix a certain amount of health education with the fun.

Visitors, like the Toronto Parks tooth fairy, will appear on the scene. The kids will have a chance to try out the exercise machines at the Ontario Heart Foundation or to observe the trees in the local parks. We'll grow alfalfa sprouts and prepare cheese and sprout sandwiches on brown bread. The possibilities are countless, and will include areas such as nutrition, fitness, drug abuse, environmental health, accident prevention, first aid and so on.

DATES: June 29, 1981-September 4, 1981

TIMES: Monday through Friday, 8:00 a.m.-6:00 p.m. (if a need for such extended hours is made clear by parents)

AGE: 5-12 years

ENROLLMENT: Priority will be given to families who live within

The 519 boundaries (Bloor on the North, Gerrard on the South, Bay on the West, Sherbourne on the East).

FEES: A family membership in The 519 is necessary (\$5.00). In addition, there will be a \$10.00 fee for the first child in a family, \$5.00 for each additional child. Fees are due upon registration. However, special arrangements and scholarships can be set up if necessary.

ACTIVITIES: Will include traditional day camp activities-drama arts and crafts, sports, field trips, cooking, guest speakers, games and tournaments. All the activities will be designed to promote various health themes.

REGISTRATION: Registration forms are available at The 519 Church Street Community Centre (north of Wellesley). Register in person no later than June 23.

PLEASE SUPPORT OUR ADVERTISERS

Oak-River site

Continued from page 1

expressed with an eye to what would attract a developer (who is interested in making a profit), and assuming that the Toronto Board would insist on recovering a "fair" price for the land. (They "invested" \$1.4 million already). In other words, we are talking about what is "fair" to a developer and to an owner who wants to sell a property at the most favourable price. The concerns of the community become secondary, or even a nuisance to some of these experts. In the face of this type of "expert" advice it is the task of the Oak Street Site Proposal Committee to continue to push strongly for the community priorities.

For example, a supermarket may not be "financially viable" to the experts, but it is very badly needed in the area. And, in fact, there is a group of people who are pursuing the idea of a cooperative supermarket who have their eyes on the Oak Street site.

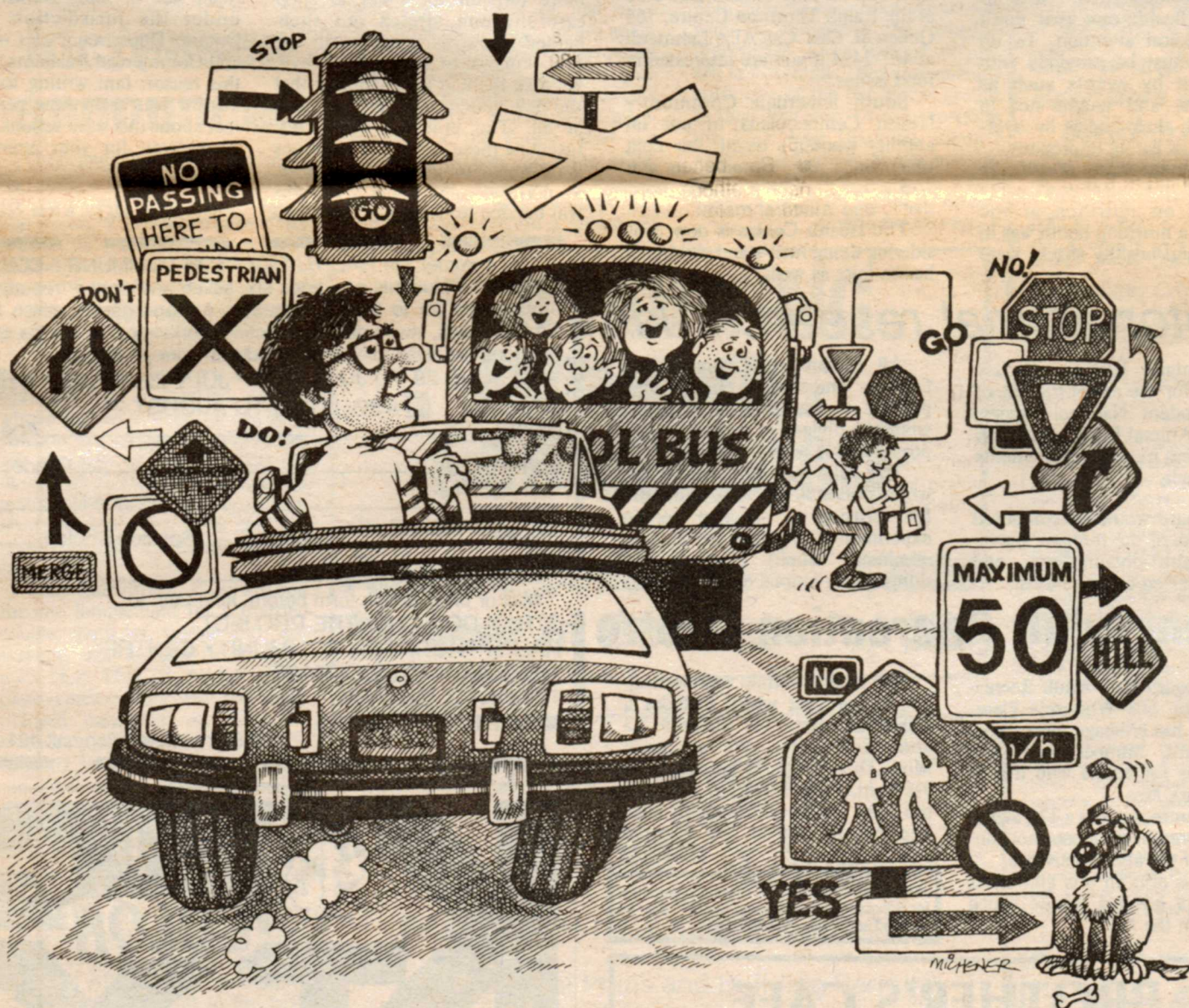
When the trustees of the Board sit down to make the final (?) deci-

sion about this property in September, they will be faced with the choice of giving priority to the Board's financial gain or to community concerns. Many community members of the Oak Street Site Proposal Committee feel very strongly that the Board has a moral obligation to give priority to the wishes of the local community which suffered the destruction brought upon them by an insensitive bureaucracy ten years ago. If the community's priorities are less viable financially, then the trustees should consider selling at a loss, leasing the land, or even making it available for a very nominal fee to a non-profit group.

On June 23 the Board's staff will present a range of alternative options to the trustees, and then give them two months to think things over before they decide what to do. During that time the Oak Street Site Proposal Committee will also conduct meetings in the community. We need to hear from local residents before final recommendations can be made to the Board of Education. People who are interested in this issue should call their local trustee, David Clandfield (598-4931) or get in touch with the Oak Street Site Proposal Committee through Kari Delhi at Dixon Hall (863-0499).

The White Church Day Centre of Danforth Avenue has received a New Horizons grant of \$19,625 to set up a rehabilitative day and activity centre for seniors.

INTRODUCING A NEW SYSTEM FOR NEW DRIVERS. A SAFER WAY TO START.



Ontario introduced the Probationary Driver Licensing System June 1st, 1981, as a new highway safety measure. It's designed to help reduce the high percentage of traffic violations and accidents by new drivers.

Statistics show that in Ontario, new drivers, regardless of age, have accidents and break the traffic laws far more

than experienced drivers.

The Probationary System is designed to make these drivers more aware of the traffic laws for everyone's safety. So, new drivers who ignore the laws, or drive carelessly during the two-year probationary period, will have their driver's licence suspended for 30 days when six demerit points have been accumulated.


A clean driving record is something to be proud of... but it's up to you.

Ministry of Transportation and Communications
Ontario

James Snow, Minister
William Davis, Premier



DANCERS' ACADEMY
Adults & Children
Classes in Ballet, Jazz, National Folk Dance
Eastminster United Church
310 Danforth Avenue
466-2284


St. Peter's Anglican Church
190 Carlton Street
Toronto, Ontario M5A 2K8
Rev. John Wiseman, Rector

SUNDAY
9.00 A.M. Holy Communion
11:00 A.M. Sung Services of Morning Prayer or Holy Communion
Nursery and Sunday School
Coffee Hour
7.00 P.M. Evening Prayer

WEDNESDAY
6.00 P.M. Holy Communion

THURSDAY
7.30 P.M. Choir Practice
Organist & Choirmaster
Eric Hanbury

St. Peter's Co-operative Nursery School
Daily 9-12 noon
Telephone: 964-2984

For information on other services and programs, please call 924-1891 before noon. Rental space available.

COMMUNITY CALENDAR

Saturday June 20

The Committee of Solidarity with the People of El Salvador is holding a demonstration today from 11 am till 1 pm at Queen's Park to protest the escalation of U.S. intervention in El Salvador. For more info call 533-8545 or 593-4236.

Axle-Tree Coffee House is presenting an evening of poetry and music tonight at 8:30 pm with a poetry reading by contributors to the anthology *L'Etranger* and music by singer Donna Dunlop and house musician Peter Acker. In Holy Trinity Church, behind the Eaton Centre.

WoodGreen Community Centre, 835 Queen St. E., is having a **50's and 60's Dance** tonight from 7:30 to 1 am. There will be a buffet, prizes and a DJ. **Tickets:** Advance — \$3 single, \$5 couple, at door — \$4 single, \$7 couple. For further information, call 461-1168.

Family picnic today at Heart Lake sponsored by the Yonge Street Mission. Meet at the Christian Community Centre, 270 Gerrard St. East at 9:30 am. Adults \$1, children 50 cents.

Today's speaker at the St. Luke's Forum is **Frank Showler**. 2:30 pm in Allan Gardens. All welcome.

Harbourfront presents Louis Malle's epic look at Indian **Phantom India**. Parts 1 and 2, **The Metropolitan Camera and Things Seen in Madras**, will be shown tonight at 7:30 pm. Parts 3 through 7 will be screened June 22 and 23. \$2 at York Quay Centre.

Monday, June 22

Riverdale Action Committee Against Racism is holding its next **general meeting** tonight at 7:30 pm in Queen Street East Presbyterian Church, 947 Queen St. E. (at Carlaw). All welcome.

The Police and the Gay Community — public forum sponsored by Association of Gay Electors on relations between the gay

An Ode to Tyrone Turner

Ty Turner was truly a man of his word. Old ladies looked fondly while their tomcats purred. Some thought that his speeches were sometimes misheard. We always DID care Tyrone Turner!

Campaigning had ended a few weeks ago. Ty kissed a few babies, shook hands, said "Hello!" And everyone thought that his friendship would grow. And everyone cared for Ty Turner.

Gord Cressy, Dave Reville, and everyone else, relied on Ty Turner to loosen their belts. And we know Ty Turner, the Coldest heart melts. You'll make it someday, Tyrone Turner!

After weeks of campaigning and making new friends. In the politics game, the dream always ends. And now, not the slightest thought thoroughly mends.

To us you're a winner Ty Turner!
Mile Komljenovich Jr.
Mile Komljenovich lives in Don Mount Court, writes poetry, and distributes 7 News in the Queen Sumach area. He is 13.

community and Metro Toronto Police. Speakers to be announced. Tonight at 8 pm in the 519 Church Street Community Centre.

The Trojan Horse Coffee House is proud to announce the very special appearance of **Chilean singer and composer Osvaldo Torres**. He will be appearing tonight for two shows at 7 and 10 pm. Admission to each show is \$2 at the door. For details call Terri Jackman at 533-7133.

Tuesday, June 23

Housing prices are high enough in themselves but high energy costs make the real cost of owning a home prohibitive. Tonight's workshop at **Ecology House**, 12 Madison Ave., will explain how to avoid paying unnecessarily high fuel bills by learning what to look for and what to ask about when buying a home. 8 pm. Admission \$3.

The Toronto **Christian Resource Centre** holds its annual general meeting tonight at 7:30 pm at 20 Spruce St. Friends and others in the community are invited. Refreshments will be served after the meeting.

Thursday, June 25

Open House for Food Talk today from 1 to 4 pm at Eastview Community Centre, 86 Blake St. There will be displays and resource material available to help the consumer get the best food value.

Wednesday, June 24

The El Salvadoran band, **Yolocamba Ita** is in concert tonight at 7:30 in Bickford Park High School (near Christie). Donation: \$5 in advance, \$6 at the door. Organized by Solidarity Block **Farabundo Marti**, sponsored by Latin American Cultural Workshop and Nicaragua Solidarity Committee.

Friday, June 26

The **School of the Toronto Dance Theatre** will present performances by young dancers under the direction of Kazuko Hirabayashi and Ralph Farrington, tonight and tomorrow at 8 pm at the Studio Theatre, 80 Winchester St. Toronto. Tickets are \$5 for adults and \$3.50 for students with ID and seniors. For reservations, please phone 967-6887 or 967-6889.

Saturday June 27

The **Kirk Singers** will be at St. John's Presbyterian Church, 415 Broadview Ave. this evening at 8 p.m. A unique and varied musical program. Admission \$3.50, seniors and students \$2.50, children under 12 \$1.00. For further information 466-7476.

The Withrow Park Ball Hockey League will be opening its sixth season of play today starting at 10 am. Games will be played in the Withrow Park Artificial Ice Rink on Carlaw Ave., south of Danforth. All welcome.

Tuesday, June 30

Ecology House, 12 Madison Ave., is holding a workshop tonight at 7 pm on **hydroponic gardening**. As well, many of the methods discussed can be viewed in the Ecology House hydroponic greenhouse. Admission \$3.

Wednesday, July 1

Stringband is having a **tenth anniversary party** all day at Harbourfront. There will be musicians from across Canada includ-

ing Ferron from B.C. and Nancy White and of course, Stringband from Toronto performing all day long and well into the night; jugglers and puppeteers; kite flying and duck chasing; and a fireworks display at night. For further information call Harbourfront at 364-7127.

Friday, July 3

Annual Fireweed Benefit tonight with **Mama Quilla II** and the band **TBA** at the Palais Royale Ballroom, 1501 Lakeshore Blvd. (footbridge over from Roncesvalles and King), at 8 pm. Admission \$7 in advance, or \$8 at the door. Tickets available at Glad Day Books 648a Yonge St., or Toronto Women's Bookstore, 85 Harbord St. Call 531-6444 for more information.

Dixon Hall is having its **third annual harbour cruise** to raise funds for Dixon Hall Neighbourhood Centre. There will be music by "Belfast", food and refreshments. Boarding is at the Ferry Docks at the foot of Bay St., 7:45 pm and will return to the ferry docks at 11:30 pm. Tickets are \$10 per person. Call 863-0499 for more information or drop in at Dixon Hall, 58 Sumach St.

ONGOING

● The YMCA's **outdoor pool** at 650 Parliament St. will be open Monday June 22, till September 7. During this time, the indoor pool will be closed and will not be open on the weekend or on rainy days. The outdoor pool will be open 7 days a week from noon to 5 pm and from 6 pm to 8 pm. Open to St. Jamestown residents only, so make sure your tenant swim card is up to date in order to take advantage of the pool this summer. Cards are available at the 325 Bleecker Street Y office, 923-4402.

● **Inglenook Community High School** is a co-operatively run, community-oriented alternative high school with the Toronto Board of Education. Inglenook offers, in small, friendly classroom settings, a semestered academic program for students in grades 10 through 13 with some grade 9 available. Applications for admission in September 1981 are now being accepted. If you would like to apply, or would like more information, please contact Inglenook School, 19 Sackville St., Toronto (366-5605).

● Be better informed about birth control methods, fertility, women's health matters, male and female reproduction and

human sexuality by calling **Family Planning Services Hotline** at 367-7442.

● Learn to move in a way that is beneficial to your whole body. Join the **Centre of Movement's Summer Course**, June 29 to July 22. Dance, Movement Awareness, and exercise class for people with problems such as bad backs, knee trouble, etc. Handy to get to — just across from Chester subway station. Call 466-9549 for more information.

● **Attention Seniors!** Woodgreen Community Centre, 835 Queen St. East has programs throughout the week and on Saturdays. For more information call Sue Butler at 461-1168.

● Riverdale Public Library (370 Broadview Ave.) staff will be available Mondays and Wednesdays from 3:30 to 5:00 to **help students in grades 7-9** with their homework. This free program will run in June and start again in September. Available to students attending schools in Broadview-Gerrard-Dundas area.

● The 519 Church Street Community Centre (just north of Wellesley) will be sponsoring a series of **8 introductory yoga classes** every Tuesday from 6-7:15 pm, beginning June 16. Admission is free. Just wear loose clothing and bring a blanket.

● The 519 Church Street Community Centre (1 block north of Wellesley) is offering, for your enjoyment, good health, and learning, a ten-week **introduction to modern dance**. Classes will be taught in an informal and relaxed atmosphere by Gary Colwell. Musical accompaniment will also be provided. Courses will be held on Mondays and Wednesdays from 6 to 7 pm. For further information call 923-2778 or 961-3628.

● The **Parliament Street Library**, 269 Gerrard St. E., offers a **children's program** every Saturday at 2:30. Some of the activities offered are crafts, movies, puppet shows, and more. Call the library at 924-7122 for details.

● The York-Toronto Lung Association makes it possible for **asthmatic kids** to enjoy a happy, healthy **day camp** experience. Asthmatic day camps run through June 29 to August 21 every day from 9:15-3:30. Call the York-Toronto Lung Association at 226-1454 for registration and further details.

Community Calendar is a free community service. If you have an upcoming event that you would like printed in the next (July 3) issue of 7 News (all events between July 3 and 24 should go in this issue) please clip the coupon below and mail it to 7 News, 315 Dundas St. E., Toronto M5A 2A2.

DATE OF EVENT

DETAILS OF EVENT (include time, place, & what the event

is, in 2-3 sentences)

VDTs cause health problems

There is no doubt that health problems are associated with the use of video display terminals (VDTs), according to the health advocacy unit of the Toronto Department of Public Health. "As many as 10 million office workers across North America may be using VDTs by 1985," says a report released by the unit, "but the health problems related to machine use will continue to persist unless management and VDT workers cooperate in trying to reduce the many health risks".

The report, prepared by Linda Rosenbaum, health promotion officer in the unit, deals with the non-radiation health problems associated with VDT use. It identifies

the symptoms most frequently reported by operators as eyestrain, back and neck aches, headaches, fatigue and irritability, people who work continuously on the machines have reported the most physical and psychological problems.

The report suggest that these problems can be reduced by 1) adjusting office lighting, 2) reducing glare on the terminal screen, 3) using machines which can adjust to the physical characteristics of operators, 4) offering frequent rest breaks and job variation and 5) encouraging employees to share in decisions that effect their working lives.

The report also recommends that the Ontario Ministry of Labour adopt guidelines for machine use which would guarantee frequent rest breaks, eye examinations, regular machine maintenance, adjustable machines and proper lighting in the workplace.

"The evidence demonstrates that no time should be lost for workers and management to sit down together to resolve the serious health issues that VDTs have introduced into the workplace," says Ms. Rosenbaum. For information call: Linda Rosenbaum or Gerald Caplan at (416) 367-7450.

Cressy now CUSO chairman

Ward 7 alderman Gordon Cressy has been selected as chairman of CUSO, an organization that recruits Canadian volunteers for overseas service. Skilled Canadians are sent overseas to pass on skills in developing countries where there are shortages of skilled labour.

Cressy's own contacts to CUSO go back to 1963 when he was a CUSO volunteer in Trinidad.

7 News would like to run articles or ads of interest to the Chinese, Greek or East Indian communities in Ward 7.

Unfortunately, we don't have the staff to write these articles ourselves. We would gladly print articles that are in line with 7 News' community orientation.

If you're interested, give us a call at 363-9650 or drop by our office at 315 Dundas St. E., in All Saints Church.

NEW IN CABBAGETOWN



Selected Gifts Imported from Germany

- China Gifts, Pewter and Glassware are Our Specialities
- Guaranteed Wholesale Prices

Monday Closed
Open Tues.-Sat. 10-6

NORTHLAND IMPORT
43 Winchester St. ● 968-3006

clearlake collective



HOUSE REPAIRS

drywalling · eavestroughing
plastering · carpentry · painting

184 Hastings, Toronto, Ontario (461-3815)

WANEPUNUD

MEN'S SUITS \$5 UP

LADIES' DRESSES \$5 UP

245 Gerrard St. E.

Last Virgin on the Planet

By ELLEN POMER

Lady Diana certainly serves as the inspiration for the name of the show—THE LAST VIRGIN ON THE PLANET—but the credit for this rare evening of authentic cabaret goes to Canada's Nancy White. Written and performed by White, THE LAST VIRGIN may just be the long-awaited sign that Toronto cabaret is, finally, post-pubescent.

With a voice and style to be treasured, White offers an evening of intelligent, perceptive and hilarious entertainment. Applauded for her keen political wit, White

outdoes herself this time. There's the unforgettable song about our very own barometric backslider, Barbara Amiel who, upon her travels to "...A socialist country got so hungry that she ate her Maclean's press card". White takes them on all — The Globe and Mail, the Toronto Star and, of course, the Toronto Sun — which is "...fighting Communism with the Sunshine Girl and Boy". Liberalism gets its fair swing as well: there's this devout boycotter who confesses to her priest that inflation won over her conviction. She bought, how can even say it, a Lada.

the realization that in youth we all want time, money and energy; but her old woman has plenty of time, some handsome savings and no energy to do those things she had always dreamed about in her youth. Later, assuming the persona of a young South American girl, White tells her audience in no uncertain terms that art, for her, is a podium for political change and it makes perfect sense that THE LAST VIRGIN is produced by Open Circle Theatre—one of Toronto's few companies which has successfully combined political relevance and magnetic entertainment.

Unhappy with renovations?

Would you be kind enough to let me know about Arbitration in regard to litigation? I was dissatisfied with an addition built on my home.

You may phone or write The Arbitrators Institute Inc., at 45 Richmond St. West, Suite 1201 Toronto Ontario M5H 1Z2 phone 416-363-1642. The Arbitrators Institute is a non-profit organization with a roster of professionals. Five to seven resumes of experts will be sent out for your case. Each person who is chosen signs an impartial statement; there is no conflict of interest. This process in many cases eliminates lengthy court delays and brings about amicable settlements. Arbitration has become very popular in Canada in the past seven years.

Increases announced

Increases in the Old Age Security pension, Guaranteed Income Supplement and Spouse's Allowance, which are to take effect in July 1981, were announced today by the Minister of National Health and Welfare, Monique Bégin.

The basic Old Age Security pension will be increased to \$208.20.

The maximum Guaranteed Income Supplement for an individual or a married person whose spouse is receiving neither a pension nor a Spouse's Allowance, will increase to \$215.72 from its current \$209.03. Added to the basic pension, this will give a person receiving both the OAS and the maximum GIS a monthly total of \$430.58.

The maximum Guaranteed Income Supplement for a married couple, both of whom are pensioners, will increase to \$166.32 each from \$161.16. Added to the basic pension this will give each married pensioner receiving the maximum GIS a total of \$381.18, or \$762.36 a couple. The Guaranteed Income Supplement is paid to pensioners whose income, apart from the Old Age Security pension, is limited. The amount of the supplement varies in relation to income.

The maximum Spouse's Allowance will increase to \$381.18 from \$369.36. The maximum Spouse's Allowance is made up of an amount equivalent to the basic Old Age Security pension and the maximum GIS at the married rate and it is paid to persons between 60 and 65 years of age who are married to OAS pensioners and meet residence requirements. Entitlement to a spouse's allowance, and the amount paid, is based on yearly income.

If here the pensioner spouse dies, the surviving spouse may be eligible for the continuation of the allowance to age 65 or until remarried if the person has no income or a limited amount of income.

Increases in Old Age Security pension and Guaranteed Income Supplement payments are calculated quarterly based on the cost of living.

The thematic structure of the show—how we see ourselves and from whose perspective—is vividly rendered through White's tales of the girl who has tried everything and everyone. After cellulite treatment, meditation and jogging, finally she's found her answer, or rather her answers. There's Cosmopolitan, Joan Sutton and Fair-weather's.

Throughout the show, White's genuine compassion pervades. Taking in the voice of an old woman, White touches her audience with

In an autobiographical song, White tells us that she was born in Charlottetown, and later moved to Halifax. Only after moving did her hometown want to claim her as a P. E. I. treasure. Upon moving to Toronto, Halifax now beckons her back to perform. She then pretends she's a big-time New Yorker and finally, Toronto wants her. But you needn't miss her to love and to treasure her. She's at The Blue Angel, 269 Queen Street West, until the end of the month. For reservations call 363-6401.

Focus on Change

VIVIEN GREEN
Focus on Change
Program Worker

Focus on Change is a program for single mothers on limited income who want to make a change in their lives, whether this means going to school to learn a skill or a new skill, going out to work or just even beginning to set some future goals.

Focus is a transitional program that gives women a group to gain support from, and a chance to take some time out to investigate alternatives for the future, deal out vocational choices and make informal rational choices about what to do with their own strength and abilities. The program is sponsored

by a patchwork of funding: the YWCA., Canada Employment and Immigration through George Brown College and Ministry of Community and Social Services.

Focus is a two tiered program that allows for women to move ahead at her own rate. Women are both referred by various agencies as well as contacting the program themselves. Over 50% of all calls are self-referrals. Women generally enter one of the two Focus groups as their first step. One group serves the West End (Parkdale Library, 1303 Queen Street West) and the other group, located in the Main Street Library (137 Main Street)

Continued on page 7

Action Day Care

by Jane Bertrand

Action Day Care is committed to the idea of free, universal day care. We have developed a platform which suggests that day care centres offering a wide range of services be based on a hub model and be available to all young children and their families. Such programs combined with junior and senior kindergartens would be funded by the provincial and federal governments through and Early Childhood Education Division of the provincial Ministry of Education. This would be a separate division quite distinct from the public school system. Day care centres and related early childhood services operating under this division would be subject to central standards but under local community user and worker control.

We know that such changes require new policy to be formulated at the national level which would make dollars for a wide range of day care services available to the provinces through the educational system rather than through the welfare system. All this will take time.

Right now we have average salaries of less than \$10,000 per year and fees ranging from \$2000-\$5000 per year. Day care workers in Metro Toronto have started to unionize. We must support this action and help it to build. Day care workers can no longer subsidize the service. But we need to address ourselves to where the money for decent salaries will come from. Most full fee-paying parents would not be able to

afford significant increases in their day care fees. At the same time we do not wish to do anything that will compromise our struggle for day care available for every child regardless of "need" according to welfare indicators.

We have decided to launch a campaign calling for direct provincial grants to non-profit day care centres (group and family day care programmes) of \$5.00 per day for every child enrolled. Direct provincial grants, sometimes known as flat or maintenance grants, would not affect or interfere with the present funding arrangements for day care subsidies. They would provide a way to get money directly to centres that could be applied to upgrading workers' salaries.

Action Day Care realizes that there are centres which are individually owned and operated, offering good quality day care and not making a profit. We suggest that these centres be able to change their status to non-profit and thus be eligible for direct grants. Commercial centres which are making a profit providing day care should not be eligible for subsidy.

The struggle to win the direct grant needs your support and involvement. If you have any questions, need information, or have suggestions, please call us at 362-1033.

From the April/May Action Day Care newsletter.

DO-IT-ALL Construction

- Renovation
- Additions
- Porches
- Dry Wall
- Rec Room
- Fences
- Floor Re-
- General

finished Repairs

920-6854 960-0563
Licence No. B-2181

Parkway Tavern

Morning Special
7 — 11 a.m.

Bacon & Eggs, Potatoes, Toast & Coffee, Tea or Milk — \$1.75

Every day a different special!

Seafood, Steaks & Chicken
(4-course meals)
Price from \$3 to \$3.50

Parkway Special

Steak served with choice of potatoes, sour cream, vegetable, chef salad, fried onions, hot dinner roll or garlic bread — \$4.20
(Includes dessert & beverage)

Entertainment Special

8:30 pm — 1:00 am

New group every week

488 Parliament

Your Weather

June traditionally is an ideal month for sun, rain and temperature, with an average temperature of 21½ degrees and a rainfall of about 16 cm. This year temperatures promise to be about one or two degrees above average with rainfall about 1 cm below what is usually expected.

Look for sunny and pleasant weather from June 18 to 23 with showers likely late the 23rd. Clear and hot with some cloud during the period of 18 to 24. Get out the umbrella starting the 29th and hang on to it for the 30th along with a sweater because it will be cool.

July is usually quite warm but this year forget it. Prognostication is for anywhere from ½ to 2 degrees below average with rainfall about 5 cm above the normal 12 or 13 cm for our Julys of the past. July 1 — 4 will be rainy and cool with some clearing beginning late afternoon of the 3rd. The cool and rainy weather continues for the 5th and 6th with the showers diminishing on the 7th and continues just cloudy for the 8th.

SUPPORTING MEMBERS' SCOREBOARD

(To Tuesday June 16)

Amount Donated: **\$3986**
Number of Donors: **277**

Cooney Brothers and One Sister Limited

FREE ESTIMATES AND CONSULTATION

- Architectural Plans and Building Permits
- Additions, Dormers, Porches, and Patios
- Basement Foundation
- Wall Waterproofing
- Roofing • Shingles • Flats • Slates
- Kitchens • Eavestrouthing • Bathrooms • Arches
- Drains • Plumbing • Heating • Partitions
- Interior and Exterior Painting and Wallpapering

Senior Citizens and Handicapped Persons 5% Discount

425-5419 WORK GUARANTEED 429-3355

IMPROVE THE VALUE AND COMFORT OF YOUR HOME

I'm for Seven News

Yes, I want to help keep 7 News a part of the community. Enclosed is my donation for the Supporting Membership Campaign.

Name _____

Address _____ Phone _____

I enclose \$ _____ in cash _____ or cheque or postdated cheques

If you would like your donation to remain anonymous, please check here _____

Please make all cheques payable to Seven News. Our address is 315 Dundas St. East, Toronto M5A 2A2.

Remember: If you live on a street not currently getting 7 News delivered, then your donation entitles you to get 7 News mailed to you. Just enclose a note with your donation.

Is your furnace as efficient as it can be? Focus on Change

Continued from page 6

This spring the federal government offered a grant up to a maximum of \$800 to homeowners to help meet the cost of converting from oil heating to natural gas. The reason of course is that gas is cleaner, cheaper and much more plentiful than oil.

There are a number of companies offering lines of gas heating units and I found four different booths. There is the Olsen, the Lennox, the ICG and Clare Brothers. None of them are cheap, with the prices starting at about \$1400 installed with the present ductwork. Of course, homeowners now heating with oil would qualify for the \$800 grant, so their actual costs for most new furnaces would be well under \$1,000. They could expect to get that back over the years in lowered heating bills. However, for those who already heat with gas and have to pay the whole cost of conversion themselves it would be necessary to achieve quite a substantial saving in heating costs every year to make the switch worthwhile.

One of the furnaces offered, the Megasave 1 that is manufactured by Clare Brothers Limited, was quoted at about \$3,000. These units are supposed to be about 93% efficient and they retain so much of the heat that they do not require a chimney. Even so, that seems like too much to pay for the added efficiency.

This question of efficiency is a crucial one. One leaflet put out by Clare Brothers refers to a figure of 55% efficiency of "conventional gas furnaces without manual or automatic thermostat set-backs". On the other hand, The Billpayer's Guide to Furnace Servicing, a booklet distributed by Energy, Mines and Resources Canada and printed in 1978 states that gas furnaces of relatively recent design must achieve a minimum efficiency of 75% during testing by the Canadian Standards Association. Anyone who is contemplating the purchase of a new gas furnace should get in touch with one or more long-established and reliable heating contractors and have their present unit tested for performance. That information will help them determine whether it would be to their advantage to buy a new furnace.

The new furnaces have such features as electronic ignition, which avoids the necessity of having a pilot light burning all the time. They also have two speed fans, with the lower speed operating when the burner is not on. This feature allows, they say, a better distribution of the heat. It might be possible to install such improvements on your old fur-

nace and achieve greater efficiency at a moderate cost.

Whatever they decide to do, all homeowners should have a copy of The Billpayer's Guide to Furnace Servicing and also 100 Ways to Save Energy & Money in the Home. These can be obtained free of charge from Conservation Books, P.O. Box 3500, Station C, Ottawa, Ontario, K1Y 4G1



Invest In Your Personal Retreat

A personal retreat exists right on your own property

Landscape Design Studio will guide you in the creation of a new landscape environment with expertise in planning and technical design.

With the services of Landscape Design Studio you can:

- **MAXIMIZE** the functional use of your property and its natural beauty
- **INCREASE** the value of your property
- **SAVE** time and money by avoiding improper selection, location or installation of landscape elements
- **BENEFIT** from the expert advice of landscape architects, designers, and technologists
- **EXPERIENCE** the enjoyment your personalized retreat will bring each season for years to come
- **AND REDUCE** the energy costs on your cooling and heating requirements by up to 30 percent yearly.

Return dividends on the investment in your property and on our services are paid as soon as you decide to create a personal retreat with Landscape Design Studio.

Landscape Design Studio provides complete planning services from consultation by appointment, to development of landscape master plans, design drawings and construction details.

You can discover the potential functional and aesthetic pleasures of your property, call LANDSCAPE DESIGN STUDIO.

The call is free, the dividends immeasurable



Landscape Design Studio

330 carlton street, toronto, ontario m5a 2m1
telephone (416) 929-9532

serves the east end of the city. Essential to these groups are the daycare and TTC fare to and from the group locations that is provided.

These groups afford a woman the opportunity to make contact with others, share concerns and ideas with others in a similar situation and first and foremost begin to use each other as support for making changes, coping with life.

The second component of Focus is a Manpower Training Course that offers women a more intensive commitment. Women attend a five day a week course where their time is divided between academic upgrading, vocational exploration and career counselling and life skills or group discussion time. This part of the program, located in Eastdale Collegiate, 701 Gerrard Street East, is an individualized program where each woman works on searching out and setting her own future goals. Important aspects to our academic upgrading course are the emphasis placed on labour market

demands and non-traditional work for women or one very important career option, and a work experience program which gives women a chance to test our career choices by going to a workplace.

Women generally stay in the course from between three to four months and more than half of the participants do go on to further training. The course is a continuous intake course, with space for fifteen women at one time. Women of all backgrounds and ages do enter the course, however they must be at least able to speak and write english at a basic level. Focus is not appropriate for women just beginning english, but is much more suited to a second step after basic english skills are learned.

For any information on Focus or for more general information on training opportunities for women, contact us at Focus on Change, 961-8100. Ask for Vivien Green or Ana Bodner.

Wellesley Hospital has programs for disabled

The Wellesley Hospital, in cooperation with the Ministry of Employment and Immigration Canada, is currently conducting a project entitled "Physical Fitness for the Disabled". Senior citizens and disabled residents of the Wellesley community are being sought to participate in this project.

Volunteers will be given a fitness test and subsequently advised of a six week exercise program designed specifically to meet their individual needs. At the end of the six week period, the participants will be given a second fitness test to determine the benefits of their fitness program. The volunteers will also be asked to identify any physical barrier problems that they might encounter in the attempt to provide solutions to these problems often experienced by our senior citizens and disabled residents, both in their homes and in the community.

The project hopes to stimulate interest in the individual physical activity program for both health and functional reasons. An adequate level of physical fitness would permit participants to perform tasks of daily living without undue fatigue, have additional energy for leisure activities and respond to emergency or unexpected stressful situations more appropriately.

The four university students assisting on the project are enrolled in Kinesiology programs at various Ontario universities. They feel confident that volunteers participating in this project and continuing a regular exercise program will find themselves healthier and more independent.

Anyone interested in taking part in this project or wanting additional information, please contact Josie Di Natale at 924-0671 ext. 405.

Gordon Cunningham
CHARTERED ACCOUNTANT

43 Geneva Avenue
Toronto, Ontario M5A 2J9
Tel: 961-2015

IT'S CLASSIFIED

315 Dundas St. East
Toronto M5A 2A2

DEADLINE FOR JULY 3 ISSUE — MONDAY JUNE 29, 5 P.M.

7 News Classified Ads cost \$2.50 for 25 words or less, and 10 cents for each additional word. All classified ads MUST be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.) ADS ARE NOT ACCEPTED BY PHONE. Fill in the coupon below and mail or bring it and your payment to 7 News, 315 Dundas St. East, Toronto M5A 2A2.

HELP WANTED

DO YOU HAVE 25 hours to share each week, if you do, how about taking a job with our Home Help Program, we need a happy person to help us in our Seniors Department (Cleaning, Laundry, etc.) If you are interested, please call Ann at Dixon Hall 863-0499. (12-2).

VOLUNTEERS WANTED

VOLUNTEERS URGENTLY NEEDED to work with inmates and their families at the Don Jail and Toronto East Detention Centre. Contact Moira or Karol at 466-3852 or 750-3332. (12-2).

RETIRED BOOKKEEPER? Looking for a challenge? Seven News would really welcome the assistance of a volunteer to help us with some of our bookkeeping tasks. We can't afford to pay, but we are friendly and we will be very grateful. Call us at 363-9650 if you can help us. (12-2)

RELIABLE PEOPLE needed for Neighbourhood Information Post's babysitting and odd job registries. For information and to register, phone NIP at 924-2543. (12-2).

WANTED: Seven News needs volunteer distributors to deliver 7 News on their street or in their apartment building. All that is required is 15-20 minutes every two weeks, and we'll drop the papers off at your door. Call us at 363-9650.

ITEMS FOR SALE

ARE YOU INTERESTED IN ITEMS FOR SALE? Knick-knacks, a beautiful never-used bedspread, brand new lawn chairs, new dollies, sheets, almost new curling iron, and much more. Call 364-5664 Saturday and Sunday (12-2).

DAYCARE/BABYSITTING

DIXON HALL SUMMER DAY CAMP For children 6-12 years. Program involves games, crafts, outings and trips, special events. Two sessions July 6 — 31; August 4 — 28; hours: Monday-Friday 9 am — 4 p.m. Fee: \$6.00 per child per session. Registration forms are available from Dixon Hall, 58 Sumach St. or 863-0499. (12-2).

ALTERNATIVE SUMMER CHILD CARE available for girls ages 5 to 12. I will take four school aged girls with me for the summer to a lovely summer home at Jackson's Point on Lake Simcoe. (One hour from Toronto). I will give them loving care, and provide a stimulating daily program (swimming, nature hikes, crafts, sports). A friend of mine, a recently retired Registered Nurse, will be spending the summer there with me. The period is July 4 to August 29. The cost is \$75.00 per week. References required and provided. Call Julie Carleton, 368-3515.

COMMUNITY SERVICES

NEIGHBOURHOOD LEGAL SERVICES — Legal Clinic for low-income people within Carlaw-Bloor-Yonge. PROBLEMS: Landlord-Tenant, welfare, UIC, Consumer, CAS, Immigration, CALL: 961-2625. 238 Carlton St. (12-24)

COMMUNITY SERVICES: Neighbourhood Information Post will answer all your questions. Try us at 924-2543, or drop into our office at 265 Gerrard St. E. (near Parliament). (12-2).

DOMESTIC SERVICES

CARPET CLEANING — We'll clean your carpet by steamer. Call Paulo Silva 461-2386 (11-26).

CALL RENT-A-WIFE to help with wedding preparations — do calligraphy for invitations, prepare food, clean, shop, run errands, waitressing, bartending, then paint the new apartment! Free estimates. Call Judith at 964-8913.

INSTRUCTION

SPEAK EFFECTIVELY WITH CONFIDENCE AND CLARITY

For executives, lawyers, teachers, salespersons and the indistinct dialects.

STEVEN LITCHEN AND ASSOCIATES
Canadian Academy of Speech
922-2996

DANCERS' ACADEMY is offering adults and children's classes in ballet, jazz, and national folk dances. Located in Eastminster United Church, 310 Danforth Ave. For information call Elizabeth Beddard or Dina Migoel at 466-2284. (12-12)

GUITAR LESSONS — Expert instruction for all ages. \$25 per month. 461-1508. (12-3).

SERVICES

MARK HINES, B.Sc., M.S.W.
Individual Marriage and Family Counselling
(Gerrard-Broadview area) For Appts. call 461-7082

HOME IMPROVEMENTS

ATTENTION HOMEOWNERS — The federal government will rebate 50%, up to maximum of \$800, for converting your oil heating system to gas or electricity. For more information please call Canuck Corporation at 640-4444. (12-2).

FLOOR SANDING and custom refinishing. One offer; a durable three coats of polyurethane, staining, repairs, and installations of all types of hardwood flooring. Excellent references. 531-2114. (12-5).

MISCELLANEOUS

Have a drawing of your home reproduced on greeting cards.
Call Jean-Frances at 626-5465 and leave a message.

SPECIAL THANKS to Edna, Mary Anne, and Gaston for all the work you did for Seven News in the last few weeks. Your help was greatly appreciated. (12-2).


WE ALWAYS need help around the Seven News office, and the next few weeks will be especially busy. If you have some time to volunteer, we would be very glad to hear from you. Call us at 363-9650. (12-1).

7 News Classifieds cost \$2.50 for 25 words or less, and 10 cents for each additional word. All Classified Ads must be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads - these are free). Fill in the coupon below and mail or bring it with your payment to 7 News, 315 Dundas St. E. Toronto M5A 2A2.

My ad should read as follows _____

dixon hall neighbourhood centre

58 Sumach — 863-0498

 A United Way Member Agency

Letter from the Director

With this issue of the Dixon Hall newsletter comes our outline of the summer schedule. You will find a description of the plans and trips for seniors and the programs and activities for teens and children. This is a busy time of year for the staff here and as we know for the staff in the other service Centres in the area. If you are interested in getting enrolled in a summer activity now is the time to register. Also the summer Music Camp is

again planned at the lovely country setting Camp Norval. This provides the children with both a camping and a musical experience.

For us this is a particularly hectic time. Not only will summer programming be an active part of Dixon but also we will be making our plans for moving out of the building. We intend to settle in a maximum of three locations. We are currently in negotiations with the centres to allow us to occupy

their spaces for six months. The end of February is the possible dateline for entry back into Dixon.

We are very grateful to the many donors who made this possible. Most recently we received a large grant from Wintario which put us over the top. Most of all, our tireless volunteer Barbara Volk deserves our thanks for the many, many hours she donated to us for this campaign.

Terry Lee

Seniors' Programs

Now that summer has arrived, it's trip time at Dixon Seniors' Club. If you are not a member already come and visit us at 58 Sumach Street, membership is only \$3.00 a year. Monday is a busy program day, drop in for crafts, lunch and a variety of afternoon entertainment. If you are a card player join in Wednesday from 1 - 3 pm. Men's club goes out on an interesting drive or visit Tuesday afternoon from 1-3 p.m.

Monday

June 22 — Crafts — 10 — 12 noon

Pot Luck lunch 12:00 noon \$1.25

Guitarist and singer Edna Dakin Porter 1:00 p.m.

Monday

June 29 — Crafts 10 - 12 noon

Lunch — 12:00 noon \$1.25

Harbourfront Canada Day Special

Monday

July 6 — Crafts — 10 - 12 noon

Lunch — 12:00 noon \$1.25

Scottish Children's Choir and Dancers 1:00 p.m.

Monday

July 13 — Crafts — 10 - 12 noon

Lunch — 12:00 noon \$1.25

Dog obedience show — 1:00 p.m.

Monday

July 20 — Crafts 10 - 12 noon

Lunch — 12:00 noon \$1.25

Piano recital — light classics and jazz with Sarah Chester

Monday

July 27 — Crafts — 10 - 12 noon

Lunch 12:00 \$1.25

T.B.A.

Tuesdays

Tuesdays — Men's Club 1 - 3 pm.

— interesting outings every week

Wednesdays

Wednesdays — Cards — afternoon 1:00 - 3:00 p.m.

— Euchre, Bridge and Cribbage

Birthdays — birthdays for the month are celebrated on the third Monday of the month. If you have a birthday in July or August be sure and come to receive your present and enjoy our special cake.

Program Time

Our Monday Drop-in Programme time has been changed to 1:00 p.m.

Podiatrist

Dr. Ron Klein will be here at 12:30 on Monday July 6. Appointments are first come first served. If you are a newcomer please bring your OHIP card.

Summer Trips

All trips take place on Thursdays with one exception (July 29) and all trips start and leave from Dixon Hall.

The buses are filling up rapidly so come on down, make your choice and pay your money.

All smokers must sit in the back seats.

July 2 — Strawberry Picking

Leave 9 a.m. — Bus 1 — Talisman Farm

Leave 9:30 a.m. - Bus 2 — Graham's Farm

Cost \$10.00 — lunch at Effie's Place

July 9 — Brantford — Caledonia

Leave 9 a.m. — Lunch at The Loft

Cost \$16.00 — Cruise on Grand River

July 16 — Lewiston New York

Leave 9 a.m. — "Fiddler on the Roof" at Art Park

Cost \$15.00 — Lunch in park

July 23 — Peterborough Lift Locks

Leave 9:30 a.m. — Century Village

Cost \$15.00 — lunch at the Gatehouse Restaurant

July 29 — Wed. — Kitchener Market

Leave 9 a.m. — lunch at Beverley Tavern

Cost \$15.00 — Lion Safari

August 6 — Toronto Island Cruise

Meet at Ken Simpson Boat Tours east side of Harbour Castle Hotel

Cost \$12.00

6:30 — dinner at Brauhaus Restaurant

August 13 — "Rose Marie" Niagara-on-the-Lake

Leave 9:30 a.m. — Lunch at Oban Inn

Cost \$10.00

August 20 — Cullen Gardens

Leave 5:30 p.m. — dinner in gardens

Cost \$10.00

August 27 — London, Ontario

Leave 9:00 a.m. — lunch at the Latin Quarters

Cost \$16.00 — Storybook gardens and cruise

Group Programs

Friendship Groups

Friendship groups here at Dixon Hall are coming to an end for the season. The kids all tried their hands at everything from roller-skating to baking to crafts. We hope the kids all had a good time — thanks to all the staff who did a great job working with the kids. We hope to see most of you kids at Dixon's daycamp this summer. If not — see you in the fall!

Music School

Music lessons for children have also ended until September. Once again we want to thank the Music School teachers who volunteered a lot of time and energy. Also, thanks, kids — learning to play an instrument is a lot of hard work and takes a lot of discipline — it shows in the great concerts you kids put on. Of course we can't forget Cindy, the music school co-ordinator (and all her assistants) who put so much into the lessons throughout the year into the wonderful concerts.

Any children wanting to take music lessons in September can pick up an application towards the end of the summer.

A group of children will be going away to music camp this summer for ten days. We're sure they'll have a fabulous time. They'll spend one-half a day on their music and the rest of the day playing games, having cook-outs, etc. Sorry — music camp is full for this summer.

Daycamp

As you probably already know Dixon will again be running a fun-filled daycamp for children from ages 6-12 years.

Here kids will have a chance to get involved in drama, sports, crafts, music, swimming, not to mention great summer activities such as laying around in the sun! There will also be trips to conservation areas each Friday — something the kids and parents can enjoy.

Daycamp will be split into two one-month sessions — Cost is \$1.50 per child per week. For more information call Janice.

Tiny Tots

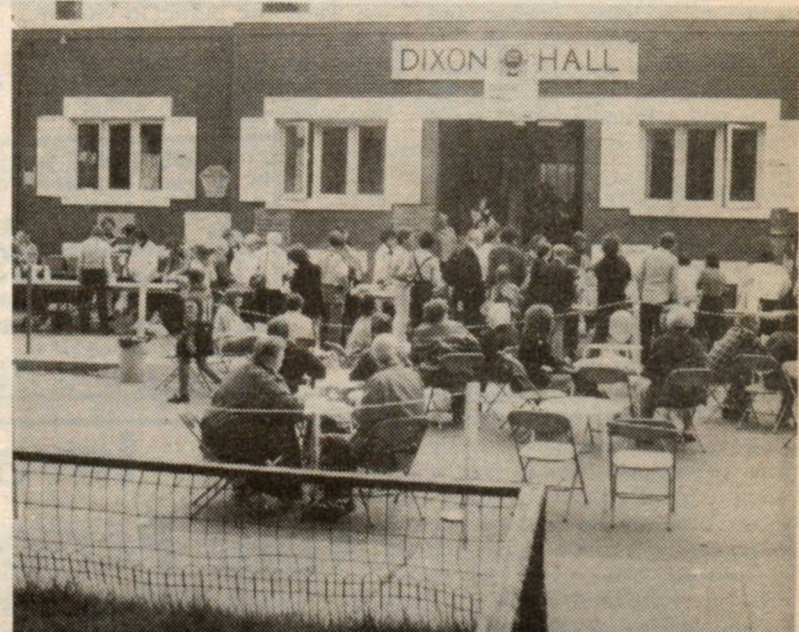
Preschoolers can also share the fun — why not enroll your little ones in Dixon Hall's Tiny Tots this summer. It's a half-day programme for boys and girls from 3-5 years old who enjoy crafts, games, singing, outings, etc. If you'd like to enroll your child in the programme call Janice or drop in and fill out a registration form. The cost is \$1.00 per week per child.

WORD SCRAMBLE

1. AKPA
2. ACITVONA
3. CHEBA
4. PAPHY
5. LABBLASE
6. PAMGINC

Volunteers

We are looking for volunteer teens or adults who can help work with kids in the daycamp or Tiny Tot programme. Anyone who enjoys kids and has some spare time during the day, please call Janice.



From last year's Dixon Hall Street Fair, June 28. This year's Street Fair is on August 8.

Adult Programs

Did you know that Dixon's Parents and Tots programme will be running throughout the summer? It's a chance for parents to have kids in Tiny Tots or daycare to get together one afternoon a week and do something with other parents. Activities range from group discussions to visiting Kensington Market to having a cooking

class. There is no charge and it's a great way to spend an afternoon. Call Janice for information.

Ceramics and exercise classes have finished for the season here at Dixon. If you have any ideas for fall programmes for adults, or if you would like to plan them please give us a call.

LEGAL AID

Dixon Hall offers a free weekly Legal Aid Clinic. Every Tuesday at 6:30 a lawyer is available to answer all your legal questions. The service operates on a first-come-first serve basis. For more information call 863-0499 or drop into Dixon Hall at 58 Sumach Street and ask for Lorraine.

VOLUNTEERS NEEDED

Do you have time to spend with a child? Volunteers (male and female) are needed for the Big Pals Programme at Dixon Hall. Big Pals matches suitable volunteers to children on a one-to-one basis. For more information call Lorraine at 863-0499 or drop into Dixon Hall at 58 Sumach Street.

HOME HELP PROGRAM

Light Housekeeping — Call for this service with a two day notice. Walls, ceilings, windows and balconies will not be cleaned. Fees \$2.00 per hour.

Van Shopping: Every Thursday at 9:30 a.m. to Food City and return for \$1.00 per person.

Transportation: Call Elizabeth Chester for Doctor and hospital appointment. Fee \$1.00 each way.

Laundry: Fee \$2.00 per hour.

Private Shopping & Banking: Will be done with a day's notice and from now on all Banking business will be done with release form signed. Fee is \$1.00.

Friendly Visiting

A new program is starting up for lonely seniors. Dorothy Bushey and some volunteers will be running the program and it will include visiting seniors, luncheons, picnics, counselling, form filling for the government. We are looking for you who are lonely and want to volunteer or if you want the help. Please phone Dixon Hall at 863-0499 and leave your name and phone number, if interested and Dorothy will call you back.

Have a happy and safe summer.

harbour cruise sponsored by

DIXON HALL

FRIDAY JULY 3, 1981

BOARDING AT: 7:45 P.M.

at the Ferry Docks (at the foot of Bay)

FOOD • REFRESHMENTS • MUSIC by "Belfast"

Tickets \$10.00 for further information call

Honorary Captain: **Gordon Cressy** 863-0499