

7 NEWS

TORONTO'S OLDEST COMMUNITY NEWSPAPER
315 Dundas St. East (All Saints Church) since 1970
Toronto M5A 2A2 Phone: 363-9650
VOLUME 11, NUMBER 6 SEPTEMBER 12, 1980

FREE TAKE ONE

With this issue, 7 News returns to a two-week schedule. The deadline for the next (September 26) issue is Monday, September 22. Bring or mail your news, pictures, or ads to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or call 363-9650.

Summer events in Ward 7

Loblaws closes, community centre opens

By ALDERMAN
GORD CRESSY

Over the summer a number of activities have occurred in and around Ward 7:

Loblaws will be opening a No Frills store on Parliament Street on Wednesday October 15. When Loblaws closed its store on Parliament my office was inundated with calls from concerned people who suddenly found themselves with no place to shop. The opening of the No Frills store represents a victory for all the people who called City Hall and Loblaws itself to complain. Loblaws has, as a result of all of our calls, re-evaluated its position and has decided to continue to operate in our area. A great deal of credit for this change of heart by Loblaws goes to people such as Robert Hood and Sam and Audrey McPherson who continued to pressure both City Hall and Loblaws.



After some unfortunate delays because of strikes, the official opening of the **Ralph Thornton Community Centre** (the old Post Office at Queen and Saulters) is slated for November 15th. The staff will be moving in on November 1, and programs will get under way shortly afterwards. The building looks more handsome every time I look in, and it should be a source of pride to the entire community when renovations are completed. Neighbourhood Improvement Program funds were wisely spent in this instance and will provide many more years of useful life to a neighbourhood landmark.

Connie Leslie, co-ordinator of the Community Centre, is looking for volunteers to help her organize the opening day celebrations and to explore ways of raising some money to finance them. Currently being planned is a dance on September 13th at St. Ann's Church.

Residents on **Langley Avenue** have formed a residents' association. Two meetings have been held, providing a core group of people who are willing to work hard to involve as many Langley Avenue residents as possible to deal with such concerns as parking, vacant buildings, and termites.

Residents in **Riverdale Village** have formed a tenants' association. Riverdale Village is the 172 unit town house development which stands on the old Broadview Y site. An initial meeting this summer attracted about 40 tenants who wanted to talk about such problems as parking and maintenance. Special thanks should go to Chris Butters and Jim Neill for their efforts in organizing the start-up meeting of the tenants' association. One of their first activities was a block party on a summer afternoon.

The **Regent Park Community Improvement Association** is planning its second Regent Park Tenant Convention to be held probably in January 1981. The first convention, held last October at Geneva Park, was a roaring success. About sixty people attended and spent two full days in a variety of workshops to discuss issues of neighbourhood action, education, a community centre for Regent Park, etc. Committees formed at the convention have continued to function over the past year.

Apart from the work, we all had a great time dancing, eating well, laughing, some of us got up early to jog — others of us didn't!

I would expect that on the basis of last year's success registration for this coming convention will be very high.

The **Don Mount Parkette** may seem to be somewhat of a myth to many people of Don Mount Court. I can assure you that we will have a parkette there, hopefully with work starting this Fall. The City Department of Parks and Recreation has acquired the site for the parkette at Matilda, Carroll and Thompson Streets, and the Public Works Department is looking at lane improvements.

The land which will be used for the parkette used to be designated as industrial under the old Don Mount Redevelopment plan. Over the past couple of years I have had numerous meetings with residents of Don Mount Court. We agreed that the site would be best redesignated as parkland to serve both

the residents of Don Mount Court and industrial employees in the area. Lengthy negotiations with municipal, provincial and federal representatives produced an agreement to redesignate the land and sell it to the City for a parkette.

We have a new business improvement area in the Ward: the **Queen/Broadview Business Improvement Area** serving both sides of Queen Street East from the east side of Empire Avenue to west of Carroll Street. Efforts to re-activate Business Improvement Area organizing in South Riverdale were begun by several businessmen last spring. They held several planning meetings and the circulated a letter to all businesses in the proposed area outlining the function of a B.I.A. After a number of meetings at which the businesses in attendance were favourable, the City conducted a poll and the B.I.A. is now official. On the Board of the Area are: Ed Seligman, Ben Walters, Albert Edelman, Henry Wilmot, Blake Johnston, Art Sinukoff, Wayne Jackson, Irving Bronfman, and myself.

Remember the **Ward 7 musical comedy, Dammed If You Do or Who Says Ward 7 Is Revolting?** Several people involved in the musical have been working over the summer to put together a record of all the music from the musical — including an original sound track of the politicians' song! The record will cost \$7.50 and will contain a photographic insert with dozens of pictures taken on and off stage during the show. If you would like to order a record call Rick Law — 923-8795.

The **Winchester Square** development continues to grow. The new Metro senior citizens' building is ready for occupancy very soon. The first tenants are expected to move in on October 1, and the rest will follow at the rate of seven per day. There are 260 suites in the building, 195 bachelor units, 59 one-bedroom (there are still some vacancies in this category I understand), and 6 one-bedroom apartments for the handicapped. The surrounds are very pleasant in this building, and recreational facilities are an integral part of the development. The Second Mile Club has its office so close that seniors will certainly not lack for things to do.



Mayor John Sewell kicked off his campaign for re-election with a rally in Allan Gardens Sunday September 7. From a sunny platform decked with yellow balloons — and the singing duo Lark — emcee William Kilbourn, Margaret Campbell (MPP St. George) and urbanologist Jane Jacobs offered their endorsements of Sewell's candidacy.

John Piper of Ward Seven is acting as chairman for Sewell's campaign, which once again will include a series of walking tours. For those interested in the background behind the Island homes controversy, and for those interested in a stroll in the sunshine, the first tour will meet at the ferry docks on Ward's Island at 2 p.m. Sunday September 28.

PICTURE CONTEST

Proud Pet-lovers, this is your chance.

Once again, 7 News is sponsoring a **Pet Picture Contest**. To enter, all you have to do is send us a picture you have taken of your own, or someone else's pet. There will be three categories: cat, dog, and "other". Both colour and black and white prints are acceptable, as are drawings, but no slides, please.

The best photographs or drawings will be published in 7 News. Deadline to enter your pet picture is Thursday September 18. Send or bring your entries to 7 News, 315 Dundas St. E. (All Saints Church, corner of Dundas & Sherbourne).

Your picture(s) will be returned as soon as the contest ends and the winners are chosen.

Watch for the winning entries in the next issue of 7 News.

Babysitting problems?

By PAT DAVIES

Regent Park Babysitting Service has the answer to your babysitting problems. The babysitting service was started by women and teens who live in Regent Park. The service started because the women (who have their own children) often needed a sitter. But where could you find a friendly, reliable and affordable sitter?

After meeting several times the idea of a service became a reality and training seemed a must. "We felt it was important for us to have some training so we all took a course in childcare," one of the women explained. The St. John Ambulance provided a twelve hour Senior Childcare Course that included instruction and practical experience. Although the course was short the women really

enjoyed it and learned many useful skills.

Word of the service has been spreading throughout the Park and people are being matched up with sitters.

The weekly fee for one child is thirty dollars and for two children it is forty five dollars per week. Teens are available to do occasional evening babysitting from \$1.25 per hour. We also have special rates for full time care for the weekends or a full week while the parents have a break from the kids.

If you would like more information about babysitting or about babysitting co-ops where women exchange babysitting for time instead of money please call the Regent Park Services Unit a 863-1768, Monday to Friday from 9:00 to 5:00.

Drop-out welcome at Contact School

By Kathryn Rogers

Contact is a full-time academic high school run by the Toronto Board of Education. It is designed for people who have either dropped out of school or are having difficulty with the program at their current school. The school is geared to people of normal high school age (14 to 21). But people over 21 years of age who can benefit from our program are also welcome. Contact is open to anyone who wants to be in school no matter what grade they were in in their previous school.

For the first three weeks at Contact a student is enrolled on a trial basis. If after that time the student and the staff feel that Contact is the right place for him or her the student is enrolled on a permanent basis.

Students are involved in school

decisions through a General Meeting held once a week. The meetings discuss discipline, after-school activities, trips and make recommendations on programs. There is also a student comprised Judiciary Committee to make rulings on the conduct of the students.

The school tries to be involved with the community through our Education Centre. The street workers provide an education service to the community, and are involved in community outreach. Every Thursday at noon we are available to talk with people. This service is for students and parents, guidance counsellors and social workers, and anyone else who wants more information on the school. No appointment is necessary. For more information, phone 922-1314. We are located at 310 Gerrard St. E.

NLS makes a move

Neighbourhood Legal Services is a community legal clinic providing free legal services to residents of Cabbagetown and the surrounding community who have limited incomes. The clinic is moving into new permanent quarters. As of September 2nd, 1980, the clinic will be operating out of 238 Carlton Street (near the corner of Parliament). The phone number will remain 961-2625.

NLS presently offers legal advice and advocacy in the areas of landlord and tenant, welfare, family benefits and unemployment insurance. The clinic has plans to expand into other areas of the law, in response to community demand. All input from people in the community as to other areas of the law where they need free legal service is welcome.

Drop by and see us in our new premises or give us a call.

7 NEWS

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Fix your roof!

Seven News begins a new column to help home owners, condominium and apartment dwellers with their problems around their premises.

Our authority on the multitude of problems that can occur around the house will answer questions sent with a self-addressed envelope, but he cannot promise to answer every query. Those of general interest will also appear in this column. Write to Paul J. Cooney Sr., c/o Seven News 315 Dundas St., East, Toronto, M5A 2A2, phone 363-9650.

My house has a flat roof covered with several layers of tar paper. Last year I patched several leaks with roofing cement, but new leaks have now appeared, and on a hot day the surface of the roof is blistered. Can I just put a new layer of tar paper on the roof or do I have to remove the old roofing first? What is the best way to repair it?

Built-up bituminous roofing installation: This type of roof requires an expert with the proper equipment to do a proper installation. The present roof should be stripped down to the roof boards and the surface to have nails and dust removed. The first layer of felt paper acts as a vapor barrier, and rigid insulation will also act as a vapor barrier. Four plies of perforated 15 pound felt paper should be installed and mopped individually plus the surface coated and mopped with asphalt. Clean 3/8" limestone should be applied on the surface with the necessary flashings. The reason for the clean 3/8" limestone is to reflect the ultra-violet rays of the sun. Sun does more damage to flat and shingle roofs than wind or rain. The above application has a minimum life of twenty years. With the expensive renovations being done in Ward Seven homes it is advisable to protect your \$40,000.00 or \$50,000.00 renovation investment by having the proper installation completed by roofing contractors. This is not a practical do-it-yourself type of job.

Fall and winter are not too far away. What inspection is advisable at this time to prevent any future problems?

It is advisable to have eavetroughs cleaned when leaves start to fall. This prevents the drainage system from getting blocked and expensive excavating having to be done. Roofing, windows, chimneys and exterior brick work and siding should be inspected. These items can all help save money on energy if put in first class condition.

Posters for pets

Hurry, hurry, hurry. This may be your chance for artistic fun, fame and a great prize!

Get out those crayons, paint, construction paper and glue!

Make your poster no larger than 24 by 36 inches, and base it on the theme of "What is kindness to animals?"

Get your entries to the Toronto Humane Society, 11 Wellesley Street West, Toronto M4Y 1E9 by September 17.

And don't forget to put your name, address and age on the back of your poster.

All entries will be judged by visitors on Kids for Kindness Day, Sunday, September 21, 12 noon to 5:00 pm, at the Scadding Court Community Centre, 707 Dundas Street West (corner of Bathurst). Some come on down and have some fun while you're biting your nails.

Prizes will be awarded for the best poster in different age groups.

For further information, call Toronto Humane at 922-1191.

What can 5¢ buy?

Looking for good bargains? Need a pair of shoes for your child, or a sweater for your baby; want a blouse or dress for yourself or for a friend; how about a shirt for someone special! For great selections of clothes in all shapes and sizes plus choice of records, books and other odds and ends come down to the front of 63 Belshaw Place on Friday, September 19th, from 10:00 to 2:00. If the weather is unpleasant just walk inside the lobby and down the stairs to the laundry room area.

Remember the great prices — everything is going for 5¢ to 50¢.

This same rummage room will be open every Monday and Friday morning from 9:00 to 12:00. These weekly bargain rummage sales are to be held in the room next to the laundry room in 63 Belshaw Place.

But don't forget September 19th for our big re-opening sale with great prices. See you there!!

Sponsored by Regent Park Services Unit.

LETTERS

If you have comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter to 7 News, 315 Dundas St. East, Toronto. All letters must be signed but if you ask us to, we will publish your letter with a pen name and keep your real name confidential.

We don't want the Klan here

At the August 26, 1980 meeting, our group resolved unanimously to register its protest against the presence and activities of the Ku Klux Klan (KKK) whose headquarters have been recently opened in Toronto at 1439 Dundas Street East.

It is not by accident that the Riverdale area is the location picked by the Klan for the opening of their headquarters in Toronto. Our area is largely working class, and the Klan's approach is to build as many barriers as possible between working class people and the visible non-white minorities such

as Blacks and East Indians. In fact, although the Klan professes to be operating within the law so far in Canada, their goal is to destroy minority groups and to foster outright hatred against them. This dangerous organization should be facing strong opposition from all citizens, from the law enforcement agencies, from officialdom on all levels of government and from the press.

Our group is deeply committed to promoting harmony among all people and ethnic groups in Riverdale. We believe that there must be strong evidence of community

antagonism against the KKK as well as many positive efforts to promote equality and good relations among members of all races.

We hope that our protest will enhance those efforts.

Yours sincerely,
The Gerrard-Coxwell
Residents' Group

When you patronize our advertisers, please let them know you saw their ad in 7 News.

Church with a past

The Church of St. Simon the Apostle, on the northern edge of the oldest congregations in Toronto.

In 1883, a group of Anglicans in what was then the northeastern part of the city decided that a new church was necessary to accommodate the overflow from the churches of St. Peter and St. Paul.

Initially, they were granted permission to worship in the little chapel of St. James the Less in St. James Cemetery. Despite restricted space and coal-oil lighting, the congregation flourished.

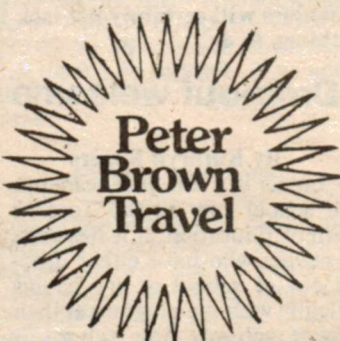
Early in 1887, they made plans to become a separate parish, and on March 18, 1888, the new church on land between Howard and Bloor was opened by the Lord Bishop.

"Landmarks of Toronto" described the new building: "The new church crowns the southern slope of the picturesque Rosedale Ravine and is a structure as handsome as it is unique. The style of structure is in the half-timbered Elizabethan—unusual in church architecture".

Gradually enlarged over the years, St. Simon's has now been declared an historical building by the Architectural Conservancy.

The church has always had a strong musical tradition, and the Gentlemen and Boys of St. Simon's, under their choirmaster Edgar Hanson have established an enviable reputation in Toronto, throughout Canada and in the United Kingdom.

For details of some of the events taking place, see our advertisement in this issue. St. Simon's will be pleased to welcome you.



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Doris's Musical Show, a group of over-65 entertainers, performed for residents at McCleary Towers (Pape and First) recently. Above, Anne Sussman and Marge Belick perform "Me and My Shadow". The group performs a wide range of material — songs for every nationality, comedy skits, etc. and will perform for nursing homes, organizations and special functions for a negotiable fee. For more information, call Doris Fleiselman at 248-4764.

Photo by Rhonda Sussman

ANNOUNCING

St. Simon's two new programs
for you and your family
beginning Sept. 14

BIBLE STUDY

For Youths & Adults 9:45

Church School 11:00

New curriculum Ages 3—12

(Nursery care provided)

SUNDAY SERVICES

8:30 Holy Communion

11:00 Matins & Sermon

4:00 Evensong

Oct. 5 11:00 Harvest Festival

COME & SEE!

Church of St. Simon the Apostle

525 Bloor St. East Tel: 923-8714

(just east of Sherbourne Subway —
entrances from Bloor & Howard)

Rector: The Rev. D. H. M. Crane

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DOWNTOWN CARE-RING IS FOR YOU. This is a project which seeks to help the elderly, sick or lonely people, — to get them to the doctor or hospital, or just to keep someone company. **CARE-RING IS IN DESPERATE NEED OF VOLUNTEERS.** It is awful when someone calls and we cannot send the help they need, if we have to leave a call unanswered. So we beg you, if you have an hour or two to spare, do please offer your help. Call Dianne at 868-1190 between 9:00 am. and 2:00 pm.

Trustee not seeking re-election

George Martell, incumbent NDP trustee for Ward 7, announced recently that he would not be running for trustee again because of health problems.

The Ward 7 NDP has nominated Fran Endicott to run instead with David Clandfield.



The famous Contact School Travelling Show. They are available to perform for community events.

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A ragged shoe string

7 News is about to wrap up its fourth annual supporting membership campaign. For those of you who have not yet decided whether to make a contribution, and indeed for all our readers, we would like to summarize 7 News' financial situation.

7 News is a non-profit, community-owned enterprise. Our size, the relatively small area we serve, the absence of the corporate financial backing that is behind most newspapers, and our habit of taking controversial stands all combine to keep us a shoe-string operation. ("A ragged shoestring", says one of our bookkeeping volunteers.)

In the absence of money, 7 News has always survived because of the strong support it has received from the community and its staff. A never-ceasing succession of volunteers pitches in to perform many tasks which would ordinarily be paid. Our readers continue to respond to fundraising appeals that have continued for more than a decade. Staff work for low wages, or, frequently, when money is short, for no wages at all.

So community support — your support — for our supporting membership campaigns is absolutely vital to us. For the current fiscal year, our projected revenue through advertising and subscriptions is only \$27,000, while our projected expenses are \$45,000. (Can you imagine another paper put out on so small a budget?) That leaves \$18,000 to be raised in the community or elsewhere. The supporting membership campaign is the single most important component of our fundraising. It is also the way you can directly contribute to the continued survival of 7 News.

If you haven't donated yet, now is the time.

Hospital volunteers

By CAROLE ARENDT

You can pass a hospital every day and never give it a thought. What goes on inside those walls could concern you a lot if ever you or someone close to you has to be admitted. The overriding purpose of any health setting is to help those who need help.

In a community such as ours, with a mixture of people who have their own variety of life styles to follow, the first thought has to be and rightly so, for the family, but there are some amongst us that do have some time to spare.

Continued on page 6

How does one who has written get published?
One talks to a literary agent.

We will consider concepts, outlines, and manuscripts for books, articles, film, etc.

Susan Bulman
Literary Agent
in Cabbagetown

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TAKE NOTICE THAT THE ANNUAL GENERAL MEETING OF THE RIVERDALE TOOL AND TOY POST WILL TAKE PLACE ON SEPT. 24th AT 7:30 PM IN THE SOUTH RIVERDALE COMMUNITY HEALTH CENTRE. REFRESHMENTS WILL BE SERVED.

\$10 makes you a member

7 News is ten years old now, because you have supported us. We need your support again now to launch our second decade of community journalism. You can help by becoming a supporting member for \$10 (or whatever you can afford). Just fill in the coupon.

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 Please make all cheques payable to Seven News. Our address is 315 Dundas St. East, Toronto M5A 2A2.

* Remember: if you live on a street not currently getting 7 News delivered every issue, then your donation entitles you to get 7 News mailed to you. Just enclose a note with your donation.

Processed foods- Fresh from the test tube

By ANNE WOODS

If we are what we eat, some of us are in for big surprises; about 70 percent of the food North Americans eat is processed.

Manufacturers and processors spend time and money producing commercials and ads to convince us that the products they sell are not only delicious but good for us too. Who is to argue with them? You and I don't know any better



unless we decide to read up on the basics of nutrition and the atrocities of food processing. Our government is composed of not dieticians and nutritionists but politicians who eat the food you and I do. Why should they worry about the long term consequences of eating processed foods? The small minority that is aware of how our food is altered and tampered with do not have the power to change public opinion and implement protective legislation.

Food processing, which can mean anything from home cooking to sophisticated food manufacturing processes, generally refers to manufacturers' methods more than to grandmother's delicious home-made meals. Although relatively recent in man's history, processing has been noticeably with us for the last hundred years or so, and dramatically present in the last 30 years. Where once processing was the exception, it is now the rule.

Over the years processing has become not only more popular but more potent. Technology has made the difference. Flour is a prime example of this. For 5,000 years man has mechanically pounded and manipulated the wheat molecule from the outside.

Now he has the potential to chemically reorganize and manipulate its molecules from the inside. The modern habit of bleaching flour alters the wheat's molecular structure. In bleaching the flour with a chlorine compound, chlorine atoms are added to the fatty acid molecules in the flour, resulting in unnatural fat structures.

How will man's internal chemistry handle this new food whose molecular structure is foreign to his system? How will your body handle it? Only time will tell.

Flour was one of the first foodstuffs to fall into the processor's hands. In the nineteenth century millers, concerned about how quickly whole wheat flour turned rancid, were delighted with a new technology that excluded bran and germ from the grain leaving a starchy endosperm in the form of white flour. Millers bragged to customers how the white flour could be transported, stored and marketed easily. They neglected to mention that germ and bran, the most nutritious parts of the grain, were discarded. This is bad news if you consider that the germ alone contains 57 nutrients and that bran is excellent for bulk

and minerals.

Modern mills have stepped up the processing. Grinders, sifters and blowers separate the wheat kernel into its component parts — germ, bran, shorts, middlings, and several grades of white flour. At this point in processing, the bran is cut up so finely it can't be separated from the flour. Twenty-eight streams of flour are produced and the streams are blended back together in different combinations to produce various types of flour.

STEEL GROUND whole wheat flour is made by mixing the component parts of flour back together after it has been separated. This is done automatically by machine. Because the grinders have flaked the bran and germ, you can see little flecks of brown and yellow in steel ground whole wheat flour.

STONE GROUND flour is usually ground between two circular stones. This process pulverizes all the separate parts of the kernel to the same size so that you get an even brown color in your bread.

It takes freshly ground flour about three months to reach maturity at which time it achieves optimum baking characteristics. To avoid the costs of storing the flour and tying up warehouse space while the flour matures, processors add a chemical called a maturing agent such as potassium bromate or azocarbonamide, which artificially matures the flour. A gassing agent is then added to ensure a consistent high rise in bread baked from the flour and a third chemical, either nitrogen dioxide or benzoyl peroxide bleaches the flour snow-white. All these chemicals used for maturing, gassing and bleaching of flour are approved by the Food and Drug Administration and supposedly have been proved safe for human consumption.

One of the more common types of flour is natural flour. This is regular white flour to which no chemicals have been added; neither have vitamins or bran been added back. Unbleached flour has no bleach added and has vitamins and a maturing agent thrown in.

Enriched flour goes through the complete route of processing and at the end of the line, four of the 57 nutrients that were removed with the germ are added back.

White bread lacks a factor essential to a healthy diet — bulk! Bulk is important in sweeping out the residue left behind in the

intestinal tract after digestion has taken place. This residue, normally toxic, is even more potent if it is the residue of meat or the chemical residue of processed foods. The fibrous, indigestible part of food is important because it acts like a broom quickly cleaning out the intestinal tract. Since it rids the body of unhealthy poisons before they get a chance to do any damage, food fibre, or bulk, is vital to health.

Bulk is a disappearing commodity in the North American diet. Before 1850 the average diet provided 80 percent more roughage than does today's diet. The widespread manufacturing and consumption of processed foods accounts for the phenomenal increase in the incidence of several intestinal diseases which result from poisons lingering in the intestinal tract.

By eating breads made from whole grains most people can keep their systems clean, maintain their weight more easily, and decrease the risk of cancer of the colon and other diseases related to a diet sparse in roughage.

I am not suggesting that you should completely eliminate white bread from your diet. Let's face it. What can beat the taste of crusty white bread hot from the oven? I am suggesting, however, that instead of making white your staple bread, you should try using the whole grains like rye and whole wheats.

Supermarket-bought breads are not as good since they are often processed with additives and made with flours that may be inferior nutritionally. You might try breads from various health food stores and I emphasize the word various since some health food stores carry limited and dull lines of bread. Among the many varieties to choose from, you are bound to find the taste and texture that will make you go back for more. Both those seeking nutrition and those seeking relief from constipation will be richly rewarded!

Today I have only lifted the lid for a peek at processing. Between this issue of 7News and the next when I will present more on the same subject, I hope you will think about what I've written. Remember, you are under no pressure to change long-established lifestyle patterns overnight. You might be interested in changing them a bit by bit. In the meantime you might try your hand at observation. Til next issue, good eating, pleasant dreams.

IT'S CLASSIFIED

7 NEWS CLASSIFIED ADS cost \$2.50 for 25 words or less, and 10¢ for each additional word. Semi-display ads are \$5 per column inch. All classified ads MUST be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.) Your ad, along with your payment, should be sent to Classifieds, 7 News, 315 Dundas St. E., Toronto M5A 2A2.

HELP WANTED

DIXON HALL, a South Cabbagetown social service centre, is accepting applications for the following positions: 1. **Outreach Program Worker:** Duties will be to make contact and establish working relationship with area teens (primary emphasis in Regent Park) with the purpose of developing programs and services that emphasize group development and individual growth. Also to act as liaison with other youth-serving agencies, and in support of the Regent Park Teen Association. **Qualifications:** Through education and experience, an in-depth understanding of the needs and interests of inner-city teens and young adults. Sensitive to the West Indian experience in Canada. **Salary:** \$9,500/year (continuation of contract position ending April 1, 1980; may be renewed).

2. **Children's Program Co-ordinator** (half-time): Duties will include assuming responsibility for existing children's program including Friendship Groups, After 4 program, and special events: planning and initiating new programs where feasible; assisting in the recruitment and training of volunteers; communicating with other youth-serving agencies to ensure co-ordination. **Qualifications:** Ability to co-ordinate and plan a number of programs; formal education in recreation or social services preferred; knowledge of community; previous experience in similar environment; willingness to work flexible hours (evenings). **Salary:** negotiable to \$100/week for 20 hours, contract to June 15, 1981.

Applications will be accepted at Dixon Hall, 58 Sumach St., Toronto, Ont. M5A 3J7 until September 19, 1980.

Help Wanted — Permanent part-time paper inserters. Apply in person at 655 Queen St. E.

Help Wanted — Community oriented receptionist/secretary required immediately at South Riverdale Community Health Centre. Dicta-typing 50 wpm essential, knowledge of Cantonese an asset. Resumes with two work references to SRCHC, 126 Pape Ave. Toronto, Ont. M4M 2V8 or call 461-3577.

Community Development Co-ordinator A community group in the Parkdale area is looking for a community development co-ordinator to help develop a youth employment project.

Tasks will include: agency and community liaison, research, supervision of staff, students and volunteers, fundraising and working with the advisory Board, youth and potential employers. **Skills & experience:** An MSW and experience in community development preferred, good communication and organizing skills. Some experience and/or understanding of youth unemployment an asset. The position requires someone with energy, enthusiasm, creativity and independence. The Co-ordinator will be accountable to the community advisory board. Salary negotiable. Send resume to Skillshop, c/o Harry Smaller, West End Alternative School, 725 Bathurst St., Toronto, Ontario M5S 2R5 or call at 536-5644.

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INSTRUCTION

Academy of Universal Artists — 1807 Elgin Ave. W. Brighten your children's future by giving them the confidence and poise that performing arts training can provide. Specialized courses in jazz dance and modelling. For more information call 787-0693.

The Creighton Academy of Dramatic Arts presents a course in voice, movement, creative drama. Also commercial technique for T.V., film, radio, stage and audition techniques. (Miss Creighton also casts for directors.) For more information, call 461-5375. (11-5)

IN CONJUNCTION WITH MTV, Channel 47, the Academy of Universal Artists offers career opportunities in theatre and TV. Register now for fall and winter programs in ballet, jazz, modelling and commercial acting. Children to adult classes available. No inscription fee, call U.A. 787-0693 for appointment.

The Adult Learning Centre offers upgrading courses in English and Math for levels Beginners to Grade 8. No fees. We are located at St. Ann Annex, 70 Boulton Ave., Toronto, phone 469-3659. Registration: from Sept. 2, daily from 10:15 am to 10:45 am. (11-5-7)

Chinese Brush-Painting Lessons at Ching Tung Studio. \$40 for four weeks, 8 hours instruction. Small classes, student discount. 1035 Gerrard St. E., call 466-2318 and ask for Jeremy Tsai. (11-6)

DAY CARE/BABYSITTING

PROFESSIONAL DAY CARE in my home provided by experienced nanny. \$40 a week, meals included. Call 466-2354 any time 9 to 6.

A Montessori Daycare Centre for children 2½-3½ years will open at Pape Avenue School on Oct. 6, 1980. Hours are 8:00 am to 5:00 pm. Hot lunch provided. Please call Lorraine Ponce at 485-1891 for further information. (11-6-8)

BUSINESS LISTINGS

LE CENTRE ACADIEN/ACADIAN Secretariat, 503-b Parliament St., does bilingual typing and translation. Accurate handling of large or small orders. Call Veronica at 923-8713 (11-5)

RENT-A-WIFE, a co-operative group, to do the jobs you can't be there when you're not — housework, gardening, surrogate mothering, carpentry, repairs, painting, electrical, plumbing, spring clean ups. Free estimates. Judith, 964-8913 11-1.

HAVE A DRAWING of your home reproduced on greeting cards. 50 cards @ \$25. Call Jean Frances at 626-5465 and leave a message.

MANUSCRIPTS TYPED \$1 a page, includes one carbon copy, proofreading and minor copy editing if desired. Call Marg Anne 535-0554. (11-8).

MOM'S DELI: Try our knishes, latkes, and kishke. Eat in or take out open 7 days a week. 415 Parliament (near Gerrard) 922-4684.

BUSINESS OPPORTUNITIES

Business Opportunity — Would you like a business of your own? Begin at home, full or part time. Ideal for husband and wife teams. Call 267-0235 for appointment. (11-6)

COMMUNITY SERVICES

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OXFAM NEEDS VOLUNTEERS for general office duties, writing, fundraising, etc. Hours flexible. Call Wendy at 961-3935.

A Community Centre in Cabbagetown needs Volunteers. Our greatest needs right now are for caring adults willing to spend one or two hours a week learning and sharing with a child in our "Know and Grow" program. The other pressing requirement is for volunteers in the Home Help Program. This service enables many elderly and handicapped to avoid institutionalization and remain in their homes. Please join us at Central Neighbourhood House, call Sandi at 925-4363.

Have you ever thought you might like to be involved in amateur theatre? We have a need for you. Actors, carpenters, make-up artists, stage hands, sound crew, costumers, lighting crew, and actors/actresses. If any of these sound like it just might appeal to you, please contact: 469-1267 between 1:30-4:00 or 463-5093 between 6:00 - 8:00.

FOR SALE

FOR SALE — Colour TV, 26" Electrohome, \$299.00 17" RCA portable, \$225.00. Call Joe 463-5116.

7 News Classified Ads cost \$2.50 for 25 words or less, and 10 cents for each additional word. All Classified ads MUST be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.)
Fill in the coupon below and mail or bring it with your payment to 7 News, 315 Dundas St. East, Toronto M5A 2A2.

My ad should read as follows:

W. Frank Robinson

Denture Therapy Clinic

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(Corner Yonge & College)

Monday to Friday

923-7558

Jim Renwick MPP
Riverdale

New office hours

Mondays 11 am-7 pm
Tuesdays 6:30 pm-8:30 pm
Wednesdays 11 am-7 pm
Thursdays 10 am-8 pm
Fridays 10:30 am-3:30 pm

The office is located at 1204 Gerrard St. East

Mr. Renwick will be in the office Tuesday evenings. For an appointment call 461-0223.

COMMUNITY CALENDAR

Community Calendar is a free community service. If you have something to announce just send your notice to 7 News, 315 Dundas St. E., or call 363-9650.

Saturday, September 13

Mama Quilla II, Toronto's all-woman rock band, is playing a **dance** tonight at Harbourfront as part of the Fireweed festival. 8:30 pm. York Quay Centre. \$6.

There will be a public hearing today of the **Special Committee of the House of Commons on the Disabled** in City Hall, Committee Room 4, East Tower, second floor from 9:30 am to 12 noon and from 2:00 pm to 4 pm.

There will be a **Pet Show** today at the Parliament St. Library, 269 Gerrard St. E. Please pre-register your pet at the front desk.

Looking for a bargain, or a place to sell your goods? The Neighbourhood Information Post is having a **garage sale** today from 9:30 am to 4:00 pm on the lawn in front of Library House, 265 Gerrard St. E., just beside the Parliament Street Library (near Gerrard). For more information call 924-2543.

Sunday, September 14

The Art Gallery of Ontario is screening *The Lost Honour of Katherine Blum* at 2:00 and 7:00 today as part of its **German Films of the Seventies** series. 317 Dundas St. West. Tickets go on sale noon today outside the lecture hall in AGO for \$2.

The **Immigrant Women's Centre** is sponsoring a display on cancer prevention, family planning, etc. along with workshops and clinics. Health information will be available in Chinese, Vietnamese, Italian, Spanish, Portuguese and English. Call the IWC at 964-3426 or 924-7161 for more information. IWC is located at St. Stephen's Community House, 91 Bellvue Ave.

Monday, September 15

Riverdale Residents will meet tonight to discuss the progress of **South Riverdale Neighbourhood Improvement** projects. The other major topic will be a review of minutes of the last three public meetings. For more information call Ed Kothiringer at 461-6311. 821 Queen St. E. at 7:30 p.m.

Tuesday, September 16

Come to an **Oxfam Open House** tonight at 7:30 pm. 175 Carlton St., just east of Sherbourne.

Thursday, September 18

The Art Gallery of Ontario presents three reggae films today as part of its **Rhythm and Roots** series. 5:30 pm, *Reggae*; 7:30 pm, *Dread Beat an' Blood*; 8:30 pm, *The Harder They Come*. Free admission, but tickets are necessary and will be available at the Information Desk on the day of the screenings. 317 Dundas St. W.

ATEED Centre for Environmental Communities begins a new series of programmes dealing with **alternatives for the future**. These alternatives include intermediate technology, the conserver society lifestyle, and innovations in shelter, energy and social organization. Free at the **Palmerston Library**, 560 Palmerston Ave. (north of Bloor).

Pollution

By RON REID

We normally think of polluters as noisy smelly factories that spew their wastes into our rivers or the air. But quiet countrysides and suburban neighbourhoods can be polluters too. According to a recent report by the International Joint Commission, this pollution from land use activities is much more important than previously thought.

For example, from one-third to one-half of the phosphorous pollution in the Great Lakes, where it caused algae problems and depleted oxygen, comes from these dispersed "non-point" sources rather than from factories or sewage treatment plants. The IJC Report highlights two land uses of particular importance — intensive farming on clay soils, and urban developments under construction.

Both these activities tend to produce run-off of phosphorous-laden sediment which is carried downstream to the Great Lakes. As well, this sediment often is contaminated by heavy metals such as lead or mercury, or with other toxic chemicals such as pesticide residues.

For urban areas, the Commission

recommends regulations to prevent developers from stripping all the soil from sites under construction along with improved erosion control measures. For farmland, the emphasis is on education and voluntary erosion control, since the sediment and nutrients that pollute the lakes also represent an expensive loss of topsoil and fertilizer to the farmers involved.

The IJC report adds an interesting angle to the arguments for preserving prime agricultural lands. Since intensive row-cropping on marginal lands with poor drainage and steep hillsides increases polluted run-off, the IJC suggests that saving our best farmlands can help save the Great Lakes as well.

All this doesn't lessen our need to tackle major polluters such as nickel refineries or pulp and paper plants. But this latest study does emphasize the importance of the thousands of little sources that together represent a large pollution problem, and that can only be controlled by the individual responsibility of you and I.

Ron Reid is with the Federation of Ontario Naturalists.

Friday, September 19

End of summer **Rummage Sale** from 10 am to 2 pm in front of 63 Belshaw Place. Great selections of clothes, records, books. Prices: 5¢ to 50¢. If the weather is unpleasant, the sale will be held inside the lobby. Sponsored by the Regent Park Services Unit.

Saturday, September 20

The **YWCA Pottery Studio** will hold its annual Fall Open House today from 1 to 4 in the afternoon. Located at 80 Woodlawn Ave. E. and you'll see demonstrations of throwing, hand-building, and glazing. Refreshments will be available and there will be free play care for children under 9 years of age.

The Playter Area Residents Association announces its **Annual Fall Fair** to be held today at Jackman School. We start with a children's fancy dress parade at 11:30 am - free balloons for all in the parade. The Fair opens at 12 noon. Have lunch with us — hot dogs, pop, coffee, and then enjoy pony rides, face painting, apple bobbing: buy plants, books, toys or baked goods. Afterwards, have your fortune told over a cup of tea.

Sunday, September 21

Harbourfront will be buzzing today at the second annual **Honey Fair**. Sponsored by the Toronto District Beekeepers' Association, the Fair will offer demonstrations of beekeeping techniques and exhibits of product lines and equipment. Outdoors at York Quay Centre, 10 am to 5 pm. Free.

Monday, September 22

Starting tonight, the **Alvin Ailey American Dance Theatre** performs for a week at the O'Keefe Centre. Combining modern, jazz and classical dance with music by everyone from Otis Redding to Starvinsky, this 22-year-old troupe presents a unique form of dance theatre reflecting its American Heritage. Mon. to 8 pm. Wed. and Sat. matinee 2 pm. \$6.50 to \$16.50: students and seniors half price Wed. matinee. 698-2277.

Friends of Parliament Street Library are having a meeting tonight at 7:30 pm at the library, 269 Gerrard St. E. (near Parliament).

Friday, September 26

The Injured Workers' Consultants are having an **office warming party** today at 3:00 at 717 Pape Ave., Ste. 300. A chance to see the new office and learn of the work of IWC. Call Marion at 461-2411 for more information.

From today until Sunday, the **Mariposa Fall Festival** will bring music, art and theatre to Harbourfront. Daytime on Sat. and Sun. activities will include concerts, a continuous children's program and displays of the work of Toronto artisans. Evening activities on Fri. & Sat. will feature a large concert, a "city folk" dance, and a British-style pub, all happening simultaneously. The Festival runs from tonight, 8:00 pm to Sunday 6:00 pm. Tickets are available by mail order or at the following locations: Eaton's Outlets (598-2838), The Millwheel (597-1411), or Harbourfront Box Office (869-8412).

Saturday, September 27

There will be a **rummage sale** at Simpson Avenue United Church, 115 Simpson Ave. at Howland. Time: 11 am to 3 pm. For sale will be books, records, etc. Come one, come all.

Block-long **Garage Sale** on Fairview Boulevard, 2 blocks south of Broadview and Danforth. 11 am to 2 pm. We need appliances, furniture, books, records, clothes, toys, kitchen ware, etc. etc. Can you help? If so, call 469-0610 or 534-7783. Come for fun and bargains galore. Sponsored by the Chester Reception Committee.

Ongoing

● The 519 Church Street Community Centre has extended the hours of the **Moms and Tots** program — Tuesdays and Thursdays from 10 am to 4 pm. Come and join us — the more the merrier. We have a wading pool, sandbox, playroom, etc. One block north of Wellesley on Church St.

● **Le Centre Communautaire Franco-phonie de Toronto**, 435 Queen's Quay West, has entertainment every Friday night at 8:30 pm. Admission is usually \$2, performers to be announced. The Centre also offers French-language service guides and tours of Toronto. For more information on these and any programs, call 367-1950.

● The Parliament Street Library, 265 Gerrard St. E., has **movies for kids** every Tuesday at 2 p.m.

● **"All the world's a stage..."** But many children are not given the opportunity to perform at their best and to develop as individuals. **Creative Drama Workshops** provides an exciting, enriching experience for girls and boys aged 7-13, giving them a chance to develop imagination, self-confidence and physical coordination. The program exposes children to a wide range of activities, including dance and drama/dance, playmaking, and improvisation. For more information contact: Sandy Kaizer at 465-7144, between 9 am and 9 pm.

● The 519 Church Street Community Centre's **Thursday Drop-In** remains popular. If you enjoy tea, coffee and a chat from 3:30 to 4:30 pm, or a game of bingo from 1:30 to 3:30 pm, or just to have a visit with nice folks **anytime** Thursday afternoon: just "drop in" — you'll be very welcome. For information phone Lilyan at 466-5283.

● Have you considered taking a new business or refresher course? Are you interested in a new hobby such as guitar, picture framing, pottery? Would you like to know how to install plumbing in your cottage, set up your own darkroom, or profit in the stock market?

Over 7,000 courses, activities, and programs offered by libraries, colleges, universities, school boards, Ys, dance and theatre groups, etc. are all listed in the Metropolitan Toronto Library's "Continuing Education Directory."

This Directory is published twice a year. The Fall Directory includes activities offered September through December; the Winter Directory, January through April.

You may consult or borrow the Continuing Education Directory free of charge at all public libraries in Metro.

● The **Centre of Movement** offers disciplined and joyful movement and dance work, bringing about changes in body structure for freer, more efficient movement. The body is strengthened and the mind lightened. Fall course in movement essentials, improvisation, and dance begins the week of September 8. Open to all. Located near the Chester subway station. For further information call 466-9549.

● **Opportunity for Advancement** at Central Neighbourhood House, 349 Ontario Street. This is a 14-week course offered to sole-support mothers who are interested in planning a better future for themselves and their children. The group will meet Thursdays from 1:30 to 3:30 pm. Childcare is provided at the House and car fare is also included.

The course aims to help women develop a realistic plan and offers assertiveness training, counselling and referrals, speakers from agencies of interest to the group and vocational testing to help you find out what is right for you. The course will start in September — call Barb or Ethel at 925-4363 for more information.

● The **Centre of Continuing Education**, York University, in cooperation with the Canadian Civil Liberties Association, is offering night courses in various aspects of the law, such as **Discrimination and the Law, Labour Relations Law, and Landlord-Tenant Law**. These courses are open to the general public. To register, or to find out more about these courses, call 667-3402.

BOYS!

If you like to sing, why not sing in St. Simon's Church choir? If you'd like to know more, call the Choirmaster, Mr. Hanson on 923-4914. He will be glad to give you more information and answer any questions.

Community Calendar is free community service. If you have an upcoming event which you would like listed in the Sept. 26 issue (all events between September 13 and 27 should go in this issue), fill the coupon below and mail or bring it to 7 News, 315 Dundas St. E., Toronto M5A 2A2.

DATE OF EVENT

DETAILS OF EVENT (include time, place, & what the event is, in 2-3 sentences)

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Wellesley Cottages: next on the list?

By GRACE CAMERON

Residents of a tiny Cabbage-town dirt lane are waging a battle against a proposal that could transform their row of cottages to a block of spanking new townhouses.

Tenants of the seven houses on Wellesley Cottages, east of Parliament and north off Wellesley, will be given their notices by October 30 when the new owner and developer Norman Antonio takes control.

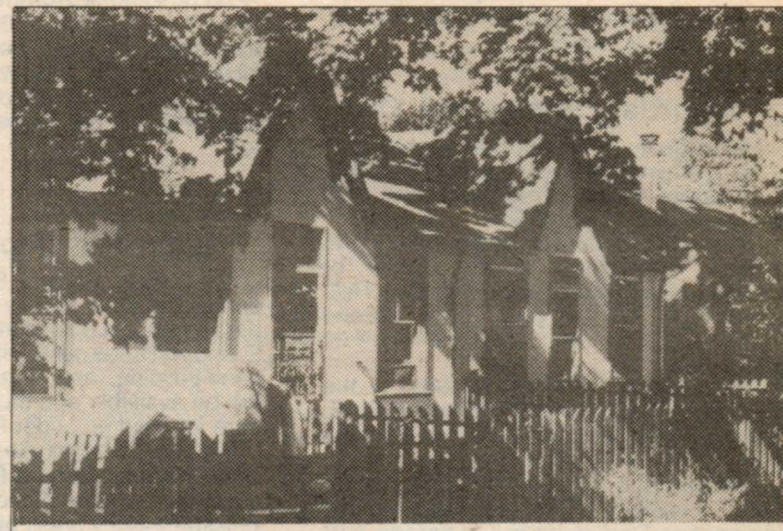
Antonio's proposal to demolish the two end cottages, but maintain the facade and enlarge the others, is now before the city's planning board.

However, the tenants, along with some of the neighbours and with the help of Alderman Janet Howard, have set up a committee to preserve the cottages which were built in the 1850's.

"I am not crazy about the idea," says Howard. "As they stand now, they are perfect examples of nineteenth century cottages. The combination of the old and the new makes mockery of the historical significance of the houses," she adds.

"I am also not sympathetic about someone talking moderately price housing and transforming them into more expensive living quarters," she says.

Carol Beckman, secretary of the committee says the townhouses would make a profound change in the neighbourhood. "It completely ignores the historical aspect of the area".



Wellesley Cottages, September 1980.

Photo by B. D. Priestman

The committee is urging the developer to resell the land to private individuals, Beckman says. The cost of acquisition is comparable to the area, she says, although "I couldn't quote any exact figures."

Some tenants are bitter

though, and are refusing to talk about the matter. One 23-year old resident who refuses to be identified, says she feels disgusted by the whole thing. "We're being forced to move and there are no ifs ands or buts about it," she says.



Wellesley Cottages residents discuss eviction. Photo by B. D. Priestman.

BOOST: Self-help and Government Action

By RHONDA SUSSMAN

Blind people demand their share of Canadian society. A report released recently expresses this demand, and presents a comprehensive plan to achieve this goal.

The report, entitled "Self-help and Government Commitment: A Call to Action", was prepared by BOOST (Blind Organization of Ontario with Self-help Tactics) and was submitted to all three levels of government and to each party.

The report call upon the disabled to "shake off their historic passivity" and contains a proposal to phase out the Canadian National Institute for the Blind (CNIB) and to replace it with a wide range of community and consumer-run alternatives. The report gives reasons for the phasing-out of CNIB, as well as proposals for a national job strategy for the handicapped, and protective legislation.

BOOST says that the government has abdicated its responsibility to the blind, leaving it in the hands of charitable institutions such as CNIB, which makes major decisions about the lives of blind Canadians without any input

from them, thus fostering dependence of the blind.

There is a "need for increased visibility and assertiveness among individual blind people" and BOOST wants to reduce reliance on the charity system and thinks that the blind should run their own services.

CNIB has a "virtual monopoly over services to the blind", says the report. Community workers almost always refer blind people to CNIB, instead of serving the blind themselves. They also ignore the few alternative services for the blind that do exist.

BOOST proposes that all community services should include blind and other disabled people on their Boards of Directors, and wants the disabled to set up more self-help groups with the aid government funding.

The report also suggests replacing CNIB with an Ontario Commission of the Blind that would be responsible for providing only those services "uniquely necessary" for the rehabilitation of the blind.

Unemployment is a very serious problem for the blind. Unemployment of the blind is ten times the national average, with

75% of the blind people being unemployed, and the BOOST report states that "the most effective way of breaking down outdated, stereotyped attitudes towards the disabled is to have disabled people working side by side with their non-disabled peers on the assembly line, in the office, or in the machine shop."

To bring about this integration of the blind into the workforce, BOOST proposes a 3 percent quota of qualified disabled workers.

In addition, the sheltered workshop system needs to be revamped. John Rae, BOOST president, says that sheltered workshops are exploitative because salaries are very low, usually less than the minimum wage, and sometimes as low as \$1 a day plus carfare.

The work done is ostensibly training, but the "jobs performed are not done in competitive business" and include "boring, repetitive tasks" such as putting labels on bottles and packaging nuts and bolts. Employees of sheltered workshops rarely get the same benefits and protection that other workers receive, again due to the conception of their work as "training". They have only been eligible for workmen's compensation benefits since May of this year, and are rarely eligible for unemployment insurance. Sick pay is not given because sheltered workshops employees are paid piece rate.

CNIB managing director Robert Mercer feels that the BOOST report represents "the concerns of a minority of blind citizens".

CNIB has been meeting with BOOST over the last few months discussing the issues raised in the BOOST report, without any mention by BOOST members that the report was being prepared, and Mercer sees the release of the report as "not the fairest situa-

tion" for CNIB.

CNIB has a "strong responsibility in the area of providing services to the blind", and Mercer was "shocked that anyone should suggest phasing CNIB out."

He claims that CNIB, a huge organization, is community-based because its members come from different communities.

Though BOOST claims that the agency system fosters dependence, CNIB says that any other system of services would also foster dependence of the blind.

Finally, Mercer made a distinction between "training" and "employment" and said that no one would be able to train the disabled if they were paid the same wages as workers in competitive industry.

Volunteers keep hospitals going

Continued from page 3

All hospitals need volunteers and each will have different services. Riverdale is a long term care hospital set right in our community. It, like all other institutions has a staff of doctors, nurses, orderlies, kitchen workers and cleaners doing the necessary daily tasks that keep the hospital running smoothly, and never enough time to do it all. Volunteers are the answer to giving the patients many of the extras that make life a little pleasanter. The role of volunteering has changed tremendously in the last decade. Now a days there are many more organizations that use volunteers, so that people have a very wide choice of where to offer their services, and, while this is good, it depletes the number of people available for hospitals. A positive aspect of this is that those who do come, really want to work in that kind of environment.

There is no pay for volunteering but there are rewards, a pleasant change from the other life "outside" where one pays for just about everything. The reward of a great feeling on your way home that you've shared something very special — yourself.

Give a thought to bedridden

patients unable to feed themselves and no relative to come in to help, a friendly snack bar where cigarettes and coffee can be dispensed with a smile and a chat. The pleasure in being able to assist someone make a choice for a gift or greeting card. In fact so many of the things which we do often and take for granted.

Anyone that can spare a little time each month would like to perform a useful service should phone the Volunteer Department at The Riverdale Hospital — 461-8251.

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Your rights and theirs

The new LANDLORD AND TENANT ACT now makes it very difficult for a landlord to evict you!

A landlord cannot just tell you to leave; he must give you **PROPER WRITTEN NOTICE**. If you plan to leave you must also give your landlord **PROPER WRITTEN NOTICE**.

If you rent by the week 28 days notice is needed in most cases. If you rent by the month, 60 days notice is needed.

A judge **MUST** refuse a landlord's application for an eviction order (writ of possession) if the landlord has not lived up to his responsibilities. His responsibilities include such things as keeping the place in a good state of repair and posting his legal name and address.

PROPER WRITTEN NOTICE must:

1. be **signed** by the person giving notice
2. **identify** the room or apartment
3. state the **date** you are supposed to leave
4. state the **reason** why you have to leave (if given by landlord)
5. **AND** it must tell you that you have the right to dispute the eviction in court.

The written notice **MUST** include all these things. If it does not then it is not proper notice, it is not legal and it can be ignored.

LEGAL REASONS FOR EVICTION:

1. if you are **behind in your rent** a landlord can give you notice to be out in 20 days. If you pay the amount within 14 days the notice is no longer legal.
2. if you have **damaged** the place the landlord can give you 20 days notice. If you repair the damage in 7 days the notice is no longer legal.
3. you have interfered with the **safety** of the other tenants or the landlord. The landlord can give you 20 days notice but you have 7 days to change the situation.
4. if you are breaking local by-laws by having **too many people** living in the place. 20 days notice, 7 days to remedy the situation.
5. if the landlord, spouse, child or parents wants to move in. The landlord must give 60 days notice.
6. if the landlord plans to **renovate** or tear down the building he must give you 120 days notice.
7. if a tenant has lied about his income in order to get into OHC, Limited Dividend etc. the landlord can give 20 days notice.

These are most of the reasons a landlord can use to evict you. If you get an eviction notice and are unsure if it is legal get in touch with one of the organizations listed at the end of this pamphlet. We are able and willing to help!

GOING TO COURT

If a landlord does try to evict you, you can dispute it in court. It is up to the landlord to prove that you have done one of these things. You do not have to leave the place unless the landlord gets a **writ of possession** from the court. A landlord can never throw you out physically — only a sheriff with a court order can do that.

A judge **MUST REFUSE A LANDLORD'S APPLICATION FOR AN EVICTION ORDER** (writ of possession) if the landlord has not lived up to his responsibilities. His responsibilities include such things as keeping the place in a good state of repair and posting his legal name and address.

You can not be evicted for belonging to a tenants association or for trying to enforce your legal rights. This means you can not be evicted for complaining to city officials about the place or for applying to a rent review officer for a decrease in your rent.

The law now allows one tenant to represent a large number of tenants who have the same problem in court.

RENT INCREASES

A landlord must now give **90 days notice** of any increase in rent to all tenants even if you pay by the week. If the increase is more than 6%, the landlord must apply to Rent Review.

If your rights are not respected speak to your landlord. If that doesn't work call one of us.

Neighbourhood Legal Services — 306 Sherbourne St. 961-2625

Tenant Hot Line — 922-6544

Ward 6 Aldermen —

Allan Sparrow — 367-7914
Dan Heap — 367-7911

Ward Seven Aldermen —

Janet Howard — 367-7916
Gordon Cressy — 367-7910

If you have problems with the conditions of your building, such as plumbing, heating, cockroaches or general repairs you could also call City Hall at 367-9111.

In order to save space we have not talked about **RENT DEPOSITS, TENANTS RIGHT TO PRIVACY, CHANGING OF LOCKS, REPAIRS ETC.** If you have questions about these or other things call us.

YOU CANNOT BE EVICTED FOR TRYING TO ENFORCE YOUR LEGAL RIGHTS!

prepared by NEIGHBOURHOOD LEGAL SERVICES

Identifying poison ivy

By RON REID

Few sights can match the glory of our autumn leaves, but in your gathering of colourful sprays, never pick the most colourful vine. Chances are that those brilliant scarlet leaves are poison ivy.

Anyone who has suffered the painful scratchiness of a case of poison ivy might expect this plant to have an ominous appearance. In fact, it is among our most beautiful plants, with glossy green leaves in summer, turning to flaming red set off by white clusters of berries in the fall. Flower arrangers seeking wild materials may not realize the nature of their finest creation until a day too late.

Nonetheless, the annoying effects of coming in contact with poison ivy can generally be avoided by keeping in mind an old

country rhyme — "Leaves three, leave it be." These three characteristic leaflets (never five, as in the similar Virginia creeper) are often waxy-looking, another good sign to be cautious.

People's reactions to poison ivy are almost as variable as the plant itself, ranging from a rapid spread of weeping blisters to only a mild itch. No one is really impervious, although some people are unusually resistant. Poison ivy retains its sting even after its leaves are gone, so that digging through winter roots or burning ivy-covered logs may create mysterious cases of its rash even outside the growing season. But with a little common sense and watchfulness, most cases of poison ivy can be prevented, so you can continue to enjoy wild nature in comfort.



Students at Elizabeth Beddard's Dancers' Academy. Classes are offered in ballet, jazz, National Folk Dance and I. S. T. D. Graded Modern.

To register, call 466-2284.

Save our streams

By Ron Reid

The story of Ontario's streams is not a happy one. Barely a century ago, we had Atlantic salmon teeming up the Don and other rivers along Lake Ontario; now the salmon are long since extinct. Brook trout still find waters cool and clean enough for their survival in stretches along the Niagara Escarpment, the Oak Ridges moraine and scattered across the north; but losses of trout streams to over-grazing, drainage ditches, and urban blight continue to mount.

But the pendulum is perhaps starting to swing back towards a recognition of the value of an unpolluted river. The Ontario Government has launched an ambitious program to restore degraded fisheries. More importantly, citizens themselves have begun banding together as volunteers to improve their environment in a practical way by helping streams back to life.

This effort is spearheaded by a group called Save Our Streams, under the direction of Sheelagh Walmley. The idea is a simple one—extend the ancient concept of the "river-keeper" by asking a group of volunteers to "adopt" a local stream. Through the adoption process, the groups meet with landowners, assess the "problem areas" such as erosion sites, clean up garbage, plant shrubs or grasses, or construct more substantial improvements such as deflectors.

Over the past three years, more than fifty Ontario groups have accepted the challenge of stream adoption. Boy Scouts, fly fishermen, naturalists and sportsmen all have participated, all the way from suburban Toronto to distant Fort Frances. Their achievements are impressive, not only in terms of miles of streams saved from further abuse, but also in showing that people care enough to work towards a cleaner environment. If you are interested in adopting a stream, details can be obtained from Save Our Streams, c/o F.O.N. 355 Lesmill Road, Don Mills, Ontario, M3B 2W8.



NIP tips

Often, in these inflationary times, a dollar won't stretch as far as you would like it to. One way to get around this particular problem is to take advantage of the many free and low cost services offered in Toronto.

One of the best places to look for moderately priced accommodation are the Rooms Registry Service located in All Saints Church at 315 Dundas Street East. You can give them a call at 366-2664. The service is open from Monday to Friday, 9 a.m. to 4 p.m.

If you are unable to get out to the store, one way of ensuring you'll have a nutritious meal is to take advantage of the Meals on Wheels service in your area.

St. Luke's Church at 353 Sherbourne Street offers this service. Give them a call at 924-9619. St. Paul's Church at 217 Bloor Street East, 961-8116, also offers Meals on Wheels.

The Woodgreen Community Centre, at 461-1168, and Meals Here and There, also serve the East downtown area. Meals Here and There's number is 466-0587.

Clothing can be a problem if you are on a budget, but by using the clothing services of several organizations you can save. Some of the better known organizations that offer clothing at little cost are: the Salvation Army, at 470 Dundas Street East, 864-9364; Society of St. Vincent de Paul at 348 Broad Ave., call 461-1437; Goodwill Services at 234 Adelaide Street East, 91 Jarvis Street, 428 Parliament Street, call 366-2083.

To top things off, so to speak, free and low cost, haircare is available at various locations throughout the city. The Scott Mission at 502 Spadina offers free haircuts by students from George Brown College. Call 924-4437 for more information. The Toronto Hairstyling School at 282 Dundas Street East also offers low cost haircare by students. Their number is 967-1800.

Now that you are fixed up, how about your pet? Spaying and neutering services are available from the Ontario Humane Society at 11 Wellesley Street West. Their phone number is 922-1191 and their clinic hours are 8am. to 12pm. and 2pm. to 4pm. Monday to Friday.

If you are receiving some form of social assistance show proof and the veterinarian will help your pet for a \$6 fee.

Further information on these and other free and low cost non-commercial services can be obtained from Neighbourhood Information Post, 265 Gerrard St. East, call 924-2543.

POETRY

What a Way to Start a Day

What a way to start a day
I wish I stayed in bed
There's a mess in the kitchen
and the livingroom looks gross
Boots and shoes all over the hall
Laundry piled in the bathroom
The cat is crying at my feet
he wants out or something
The phone is ringing
The landlord is here
My babysitter hasn't showed up
and I'm late for work
Four bills came in the mail
The kids are screaming
The coffee pot is empty
Everything in the fridge is frozen or gone bad
There's no milk or bread
The oil tank is empty
and I can't pay for a delivery
The house is cold
and two fuses just blew
I think I'll go back to bed
and forget the whole
DAMN THING.

Diane Yurchuk

RPSU strikes out

The baseball match of the century saw the Regent Park Services Unit go down in defeat to the reigning champion R.P.C.I.A. (Regent Park Community Improvement Association) team. It was not without a battle however and hope was maintained right to the very last minute of the game.

The Regent Park Services Unit attempted every strategy in the book. They replaced their pitcher six times and tried to fool the other team by pretending they didn't know how to play ball. However their multiple efforts were thwarted by fine infield play and "suspected" illegal imports! The final score of this match was 10-5.

The Regent Park Services Unit is now considering a major reshuffling of their team. It was later learned that three of the Regent Park Services Unit outfielders were wearing ice skates as confusion surrounded which sport they were supposed to be playing.

Fun was had by all including a feast after the game.

In speaking to the players of the Regent Park Services Unit it was obvious that they weren't disappointed by their loss but all said "Just wait 'til next year".

The R.P.C.I.A. has smugly responded to this by saying nothing and just smiling.

Stay tuned for further Regent action from your favourite sports reporter, Buff Wilson.

Parkway Tavern

Morning Special

7 — 11 a.m.
Bacon & eggs, potatoes, toast & coffee: \$1.25

Every day a different special!

Seafood, Steaks,
B.B.Q. Spareribs & Chicken
(4-Course Meals)

Parkway Special


Steak served with choice of
potatoes, sour cream, vegetables,
chef salad, fried onions, hot dinner
roll or garlic bread \$3.25

Entertainment Special

8:30 pm - 1:00 am
New group every week

488 Parliament

dixon hall neighbourhood centre

A United Way Agency 

58 Sumach — 863-0498

Director's report

Summer programs have finished. The kids are back in school. The leaves are starting to change. We at Dixon are getting ready for a change too. We are planning to run the Fall program full tilt here at the Hall. Then in the New Year move while the construction crews create a miracle in the building. But more on this in later editions.

The Boat Cruise was again a great success. The prizes were gobbled up, the band was terrific and the food was a big improvement. There will be another one in July of next year. Watch for it!

We're excited about the Fall programs. Check them out here on this page and call us for more information.

Activities for Seniors

Mondays

10:00 am - noon: **Crafts**
Noon - 1:00 pm: **Luncheons** served every Monday. Cost \$1.25
1:30 - 4:00 pm: **Entertainment:**
September 8: Folk Dancing with Al Gladstone

September 15: A demonstration of exercise to music. Wear comfortable clothes. (All September birthdays celebrated today.)

September 22: Bingo.
September 29: Membership Drive starting at 1:00 p.m. Entertainment by the Golden Memories. (No lunch served today.)

October 6: The Canadian Opera Company will sing arias from famous operas.

Oct. 13: Thanksgiving. Dixon Hall closed.

Oct. 20: Folk Dancing with Al Gladstone.

Tuesdays

10:00 a.m. - noon **Quilting** will begin on September 9. Come out and take part.

1:00 - 3:30 p.m.: **Men's Club**

Wednesdays

1:00 - 3:30 p.m.: **Cards, Euchre, bridge and cribbage.** Everyone is welcome to join us.

Thursdays

10:00 a.m. - noon: **French**

legal clinic

Just a reminder!
Dixon Hall offers free Legal Aid Clinic every Tuesday evening from 6:30 to 8:30 pm on a first come first served basis. A lawyer will be here to answer any of your legal questions.

If you want any more information, call Lorraine at 863-0499.

Tiny Tots

All too soon the summer of 1980 has drawn to a close. The Tiny Tots programme which was run this summer was successful and both the Tots and the counsellors had a very good time. We went on several outings over the summer to places such as Harbourfront, Toronto Island, Allan Gardens and the Fire Station. The Tiny Tots also received visits from people such as Bluma who teaches international songs and dance, and Officer Les. Another favourite activity was swimming in the parks on the many hot summer days. A trip to the Exhibition during the last week of the programme was a fitting finale to a great summer.

Many thanks to those teens who volunteered a lot of time and effort over the summer to help out in the programme. Without them things would not have run as smoothly as they did.

All in all, the programme was well-attended and worthwhile for everyone involved. There are plans underway to set up a similar programme at Dixon Hall throughout the year. If you are interested and would like information about the plans, call Janice at Dixon Hall at 863-0498. (This programme would be for children between the ages of 3-5).

Tiny Tots Staff

Classes. A 10 week conversational French course will begin on September 18. The cost is 50¢ a class and prior registration is necessary, so sign up soon.

Trips

Thursday, October 9th.
Muskoka Colour Tour

Come out and enjoy a lovely outing and see Ontario in all its fall glory. We will be driving in the Gravenhurst, Huntsville and Bracebridge areas of Muskoka and will be stopping at The Baldwins, a lodge in Windermere, for lunch.

Departure: 9:00 a.m. and return approximately 6:00 p.m.

Membership Drive

Monday - September 29, 1:00 - 4:00 p.m.

Renew your membership or become a new member. The membership fee is \$3.00 a year and entitles you to receive a newsletter and to participate in all our programs and activities.

Seniors' Staff

We were very sorry to have to say goodbye to Jennifer who is now back at McMaster University after a happy summer with the Seniors. Linda's new assistant is Elizabeth who is looking forward to getting to know you all.

Adult programs

September has rolled around once again folks and with it comes the beginning of all sorts of new and exciting activities happening at Dixon Hall.

Activities for adults are spotlighted more than ever with something for everyone.

Euchre

First of all, for those who enjoy a game of cards, euchre is held every Wednesday afternoon from 1:00 - 3:30 p.m. Come with old friends or come and meet new ones. There is no charge. For more information call Linda or Janice at Dixon.

French

Ever wished you could parlez en français? Now's the time to learn. Conversational French classes are being held at Dixon every Thursday morning starting September 18. The classes run from 10:00 a.m. - 12 noon and cost is 50¢ per class. So, à bientôt. Call Linda or Janice for information.

Ceramics

For those with an artistic bent, or even, just an interest in trying your hand at crafts, come to Dixon's ceramics class. You can learn to make everything from basic "pinch pots" to elaborately designed ornaments. Everyone is welcome. Cost is \$30.00 for 6 weeks (approximately 18 hours of class time). This fee includes all materials. What a deal! For starting date and specific times call Janice or Linda.

Bingo

The friendly bingos continue this fall on Tuesday evenings (7:00-10:45 p.m.) and on Sunday afternoons (12:30-4:30 p.m.) Come, and bring a friend!

Fitness

Even though the cooler weather is forcing us to exchange T-shirts and shorts for bulky sweaters and



Participants in Dixon Hall's Music School. From left to right, Nicole, Jamie, Stephan, Janice, Savita.

Music School

This year's summer music camp was very successful. 23 students (ages 7-13) spent 12 days learning music and enjoying the outdoors at Norval, Ontario. Extra-musical activities included archery, swimming, fishing, horseback riding and overnight camping in tents. The food was fantastic and everyone had a great time. On September 11, the students from the camp will be putting on a short concert and we will show the slides that were taken. Visitors are welcome to attend.

The Music School will be starting again on September 22. Application forms are now available at Dixon. We offer private and small group instruction on strings, winds, brass, guitar and piano at a cost of \$1.00 per lesson. We have a supply of instruments which can be borrowed while the student is taking lessons.

We also need volunteer teachers who are willing to spend one or two hours a week teaching at Dixon Hall. Please contact Cindy at 863-0498 if you are interested.

Since we function on a low budget, we rely heavily on donations for things such as music, metronomes, music stands, and even instruments. If you have anything like this we would be glad to come and pick it up. Please call 863-0498.

Kids' Korner

Hey kids, got those "Back to School-Wish It was Still Summer" blues already?! Well, we think Dixon Hall will be able to help.

Beginning the week of September 29, Dixon's Fall line-up of children's programmes will begin. Some activities are free, while others involve a small fee to cover expenses. Either way, we think you will enjoy them.

For students of Park School, a group of parents with the assistance of Dixon Hall staff and the City of Toronto Board of Education will be running a three-day a week After-4 Programme. All activities will take place at Park School and will run from 3:30-4:30 p.m. Your classroom teacher will be handing out information about the After-4 Programme in the very near future.

The Outreach component of the children's programme will be delayed slightly due to a staffing turnover. Joel Bollers has left the staff here at Dixon; however, all existing programmes as well as some exciting new ones will begin once a replacement is found.

Also continuing this Fall will be the Project Achievement tutoring programme, Friendship Groups and Special Events. For more information about any of the above programmes call Ross at 863-0499.

For those who are a little older, we're looking into starting an "Odd-Job" project. How would this work? We would keep a list of teens who are interested in doing odd jobs like painting and minor repairs, etc., and would send one of them out when we got a call from someone in the neighbourhood asking for help with a job. There would be a set fee charged for each job with the worker and Dixon each taking a percentage. You don't have to be a carpenter or painter to do this sort of thing. You just have to be interested enough to call Janice or Lorraine at Dixon Hall.

Camp

Once again, daycamp has come to an end. All summer long there were many activities going on to make what we're sure was an enjoyable summer for all who participated. We explored some different cultures through cooking, music, etc. There was plenty of swimming, games and out-of-town trips. There were some special trips to the C.N.E., Ontario Place, Wasaga Beach, the Zoo — just too many to list. We visited many places in and around Toronto.

There were some special theme days such as our "Circus Day". The children had their faces done up like clowns and we were off to the circus for an enjoyable afternoon of clowns, acrobats and lion tamers!

For all the children who attended daycamp and to all the others, we hope to see you at camp next year, for another fun-filled summer.

Dixon Hall
Daycamp Staff

Home Help

Phone: 863-0499

● **Light Housekeeping:** Call to reserve the worker and the charge is \$2.00 an hour.

● **Van Shopping:** Goes to Food City on Thursday mornings, and the charge is \$1.00 per person return. We will pick you up but you must phone to reserve your seat.

● **Banking and Transportation:** Transportation to doctor and hospital appointments. Call Linda in advance.

● **Tele-a-teers:** Do you want a phone pal? Call Home Help and talk to us about it.