

VOLUME 9, NUMBER 6 JULY 29, 1978



Photo by Cherry Hassard

The kids can't resist Craig Tandy's "Clear Wave 1978" which was part of an exhibition of sculpture at Harbourfront.

Workmen's Compensation: one man's horror story

By THIM CORBETT

Every 16 seconds in Canada a worker suffers a disabling job related injury while another three workers a day trudge off to their jobs only to end their shift, and their life, in a wooden box. To most people these are pretty dry facts, but what about the workers behind the figures? What about the injured men and women who through bureaucratic bungling and government insensitivity must literally beg for a living because they are no longer able to work?

Although the injuries may vary, the problems encountered in obtaining money from government agencies, such as the Workman's Compensation Board (WCB) are depressingly similar. Although Ontario and other provinces established WCB's to provide a minimal livelihood for injured workers, Ward 7 resident John Webb and thousands like him must continuously fight for what is rightfully theirs.

John Webb has been fighting for a long time. When a car forced his employer's truck through a highway bridge eight years ago, he began a five-month fight for his life. His injuries were so extensive, a priest was called in to administer the last rites. "They didn't figure I would leave the hospital alive," he says.

Although John survived, his injuries left him a cripple, only able to move around with the aid of a cane. Because he could no longer lift anything and the pain made it impossible for him to sit or walk for more than five minutes at a

time, John was fired. For the first time in 33 years, he was without a

Although he had been a truck driver all his working life, John began looking for any kind of job. "I couldn't get anything. I was told, sorry, we don't hire crip-

Soon the pain and an injured hip which left one leg two inches shorter then the other made even job hunting impossible and John' began receiving workmen's compensation. Before his accident, the proud ex-westerner was receiving over \$800 a month. Compensation payments were only a fraction of this amount and John found it increasingly difficult to survive.

In 1974, four years after his injury, John was cut off from even those meager benefits and like most injured workers he was given the same reason for the move. "They never really did say why I was cut off.'

A friend came to the rescue when he offered John a job as a parking lot attendant. "It was a good job, I really likedit." The pain, however, began to grip him more and more. Although he had been a truck driver for 33 years, it was now almost impossible to move cars around on the parking

Finally, the pain and increasing absenteeism from work to undergo necessary medical treatment led to John's dismissal from this job. At the same time, he also had to undergo extensive surgery - as he would several more times in the following years - to correct complications arising from his accident. "I've been in the hospital so many times, it's like a second home.

Once again John began receiving workmen's compensation benefits but he still had to fight to ensure that the cheques kept arriving. Sometimes the cheques were late or the benefits reduced without warning. Last December, the only money he received was \$35. "I was told that I had been overpaid."

After wrangling with the WCB for a month, it was discovered that instead of being overpaid, he had in fact been underpaid by \$200. "It seems that I have been having problems with the WCB forever. I never know what's going on from one day to the next with them. One day they say one thing, only to do something else another day.

The only consistent thing about the WCB, John says, are the endless interviews with board doctors and the countless hearings he must attend. "And they always ask me the same questions over and over again. But when I ask them questions, I keep being referred to somebody else.

Although John was injured eight years ago, it has only been during the last several months that he'd received regular benefits with a minimum of hassels. The armed forces veteran is now paid \$439 a month in compensation payments, which is his only source of income. His wife used to work but frail health ended this much needed source of income.

Because compensation benefits,

continued page 3

Don't dump rent review

By JANET HOWARD

Toronto City Council has, in recent years, been fairly good about supporting measures to protect tenants. Before the provincial election in which public pressure for rent controls became so obvious that the Conservative government (in its minority position) finally implemented them, Council had endorsed a suggested system which would have been better than what we in fact got.

But recently the pro-developer sentiments of City Council which had been growing since the old "save our neighbourhoods" days, have led to a weakening of this position. Last month Council debated its position on continuing protection for tenants after the expiry of the rent review system.

In consultation with the Federation of Metro Tenants, I put forward a series of suggested improvements to both the rent review system and the Landlord and Tenant Act. However, the Commissioner of Housing in his Annual Report had advocated the abolition of rent control, on grounds that it deters production of new rental housing. The majority of Council agreed with he Commissioner.

I disagree. Toronto has develped and redeveloped for years. The housing situation gets no better for those with an affordability problem and there is no evidence that private developers are going to produce housing useful to the majority of the population, however unrestricted their profits. In fact, before the introduction of rent controls a great deal of evidence came out to the effect that the competition principle does not function very well in the private market as building owners piled rent increase upon rent increase, and tenants found that they jumped out of the frying pans into

fires in many cases when they moved to cheaper accommodation.

City Council went on record as advocating a flat rate of rent increases of six per cent for the next two years with no mechanism to appeal smaller but possibly unjustified rent increases, as opposed to the very flexible system of rent review. Rent review certainly needs improvements and many tenant groups have been very frustrated by the process. By and large, however, it has kept rents from escalating rapidly and it has provided a means for tenants to tie together what they pay for and what their rent actually gets them.

Although City Council stopped

just short of endorsing the Commissioner's words, "as a commitment to the ending of controls," it did accept the principle that we should be looking for an end to them. Fortunately, the Federation of Metro Tenants, Parkdale Legal Services and numerous other tenant groups made very fine presentations to the committee of the Legislature considering the future of rent review legislation and many of the amendments to rent review that I had proposed and Council would not endorse, have now been recommended. At that Council meeting, the Mayor gave me his undertaking to support recommendations for improvements to the system should the Province decide in favour of a continuation of rent review. I have now put forward some more recommendations for comment by the Commissioner of Housing and consideration by City Council. Landlord and Tenant Act matters will be less politically difficult as City Council maintained a strong position on some proposed amendments the last time

the matter came up. Next issue I will tell you more about the suggested amendments and the response of the City Executive Committee to them.

Fauja Singh Bains, a 26 year old Sikh from Toronto who was suspended from his job for carrying a kirpan, is back at work.

Bains was suspended by his employers for not following a plant rule that says no weapons are allowed at work. Bains, an East Indian immigrant, practices the 400 year old Sikh religion which makes it mandatory for a section of its followers to wear the 6 inch curved dagger or kirpan.

The Bains case was supported by members of the Sri Guru Singh Sabha, a 5,000 member temple in Toronto. A grievance with the Bramalea company that employed Bains was filed on his behalf by his union Local 575 of the Sheet Metal Workers International, and a complaint was also filed with the Human Rights Commission.

Inspector James Harding of the Peel Regional Police and a member of the Inter-community Relations Association, a group set up to fight racism, researched the problem. Harding concluded that although such a dagger as a kirpan is an offensive weapon under the Criminal Code, when worn by the Gur Sikhs solely as a religious

practice, it is not an offensive

weapon.

The matter was finally settled by the Human Rights Commission through conciliation with Bains employer. Bains has been reinstated by Carrier Air Conditioning (Canada) Limited, given more than \$2,000 he had lost due to intermittent joblessness, and permitted to wear his kirpan to work.

To Fauja Singh Bains and members of the Sikh community, the reinstatement is an important victory in the search for religious

Uops

Gremlins got into Thom Corbett's page one article in the July 15 issue of 7 News 'Public Housing tenants face big rent increase?' and lifted a negative out of paragraph seven. The paragraph should have read: At the same time, rent review will ensure that tenants not living in public housing continue paying a smaller percentage of their income on

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Foods co-ops are the answer

In a recent issue of 7 News, a Mr. William James called for young folks to aid in boycotting supermarkets. I would like to res-

There are many of us who share his dismay concerning high prices and overpacking. One response from many of us, young and otherwise, has been not to boycott but to begin our own non-profit food stores, ie. food co-operatives.

We are not just a bunch of dreamers, or health food fanatics who are playing store. We want Mr. James and everyone else to know that we have created serious

shopping alternatives. Food coops do not attempt to compete in terms of convenience, but we feel that we more than compensate through saving members a considerable amount of money, providing nutritious food and nutrition information, practicing good ecology and creating a warm and

Mr. James gives his address as Wellesley St. East. From there he could find any one of three co-ops reasonably close to home. They are the Donvale Food Club at 20 Spruce St. and the Central Neighbourhood House Food Club

friendly atmosphere in which to

at 349 Ontario St. Both of these are pre-order co-ops. The third co-

op, a store operation, is at 519 Church St. just north of Wellesley. Any of these would gladly welcome new members. Metro Toronto actually has about a dozen food co-ops with more being contemplated. For further information about any of these call the Toronto Federation of Food Co-ops and Clubs at 532-

> **Bob Biderman** T.F. F. C. C.

Thanks for all your help

Open letter to the community:

Thank you for your many expressions and best wishes in our endeavour to acquire funds to send Danielle to camp Kohai. Our campaign has been most successful. We have now reached our goal. I feel the words thank you are hardly adequate to express the gratitude Danielle's family and myself feel toward the people who responded to our request.

I would like to pay special tribute

to all of those who made an exceptional contribution, participated in and/or held bake and rummage sales etc. and assisted in the collection of contributions.

We will report back to you in September with slides with regard to Danielle's progress. As for myself, the person who took on the task of raising funds for this worthwhile cause, it has been exhilirating and taxing. At times, I

became quite anxious as to whether or not we might reach our goal. Most of all, it has been extremely regarding to know so many people really care.

Thank you again for your sup-

P. A. Torrens, Social Worker, Family Services Department, Regent Park Project Office.

OMPA opens drop-in

The Ontario Mental Patients' Association (OMPA) has opened a drop-in in its house at 541/2 West Avenue near Broadview and Gerrard. West Avenue runs south off First Avenue which is one block south of Gerrard. OMPA is exclusively run by psychiatric and former psychiatric patients.

The drop-in opened Friday July 7. Initially it will be open only on weekends, Friday to Sunday from 4 p.m. to 10 p.m. If we get a big enough grant, the drop-in and our planned crisis centre will stay open longer, if not permanently.

The OMPA drop-in is open to people who are psychiatric and expsychiatric patients, and other people who feel lonely, down or uptight. At least two OMPA members will be on hand during these hours to welcome people, rap, answer the phone and take messages, share useful information and make referral whenever

The drop-in has two basic rules 1) no drinking and no nonprescription drugs are allowed, and (2) no physical violence.

So, if you're a psychiatric or expsychiatric patient feeling lonely, down or uptight, please drop-in and be with us. Or call us at 461-7994. And it's free.

OMPA 541/2 West Avenue

Quotes to Remember

You know the left, that segment of the left - you know what they're doing now. Small groups reading little books about foreign countries to themselves.

-Jane Fonda from an interview

Sewell scooped?

Dear 7 News:

Once again I find it my duty to report that John Sewell is still taking his dogs for a poop around the block - King, Bright, our private alley, then home again on Sumach St. I had originally thought it sufficient to stop John Sewell by writing the first letter, and dealing him the embarassment of seeing his name in the paper as one who lets his dogs poop on property other than his own.

However, this is not so. The first letter has apparently only driven the problem underground. As I mentioned at the start of this letter I saw him take his tour - it was 11:30 to 11:40 p.m. by the neon lit clock. John Sewell stopped several times to allow the 2 dogs free access to several lawns or front yards on the aforementioned streets and our alleyway. This time I did not bother to confront him personally since there is no point in repeating that effort. I

couldn't believe my eyes but there he was as nonchalant as can be about the whole affair.

Several months ago I thought all this lack of poop-scooping was somewhat humorous but I now believe it to be a more serious issue. The issue has been to City Hall, the Globe and even the 60 Minutes TV program featured the health hazard it entails to children - one of which is blindness when feces are deposited where children play. That's been documented.

John Sewell says the city lacks the manpower and money to enforce dog owners to clean up but he himself voted for the nosmoking laws in Toronto. What's the difference? (I don't smoke) Once again I say to you John Sewell get yourself a poop scoop and use it!

Why did John Sewell vote against the limitation of 2 dogs per person in the city?

John Sewell's habits (how can you blame an animal) have been noted also by Dick Beddoes in his July 6 Globe column: "Another is Mayor-maybe John Sewell whose whelps have been known to pause for daily excretions, with exhilarating zest, on streets in Ward 7."

Now that the mayoralty campaign has been brought into this let's consider whether Sewell can be trusted to do anything in a principled way. As the undoubted reform candidate whose "radical" style of politics will probably carry him into the federal Liberal leadership one day I find myself really wondering about him. Both left and right seem to distrust him.

Another frequent sight on Sumach St. is John Sewell riding northbound where Sumach runs one-way south. No way John.

Sincerely Victor Fletcher Sumach Street



Photo by Matthew Parker

David Whitton of Ellerbeck St. could hardly wait to start to make use of his neighbourhood's new recycling depot.

Recycle that garbage

By SHARON BERNSTEIN

Summer nights are here and with them, long cool drinks.

Now all those bottles can be put to good use even after they are empty. A new recycling depot for glass and tins is now conveniently located at Broadview and Danforth to serve residents of Ward 7 living east of the Don. The depot will be found a few short steps north of the Broadview subway station entrance in the little park which lies just the other side of the TTC fence. The depot arrived there finally through the joint efforts of the Playter Area Residents' Association (PARA) and the recycling activist group known

For all of those people who have been faithfully bundling up their newspapers every Wednesday morning this is another chance to usefully dispose of more of that weekly accumulation of garbage. Tin cans should have both tops and bottoms removed after which they should be flattened. Glass can go as is, unless it has metal labels - which should be removed. It's not necessary to remove paper labels.

You can do your bit for recycling. Put an empty bottle or tin in your briefcase or lunch pail before you head off to the Broadview subway station on your way to work (or anywhere else). If you're at all like me in the mornings though, you may have some explaining to do at the office when you foget to make your deposit. But that'll just make it easier to remember to visit the recycling depot on your way home.

however, remained constant from fall short of matching the increase 1974 until this month, despite rising inflation, John's wife will soon begin working again in a laundromat in order to enable the to survive. After paying 35% of his income on rent, there is little money left over for necessities, let alone any luxuries. "I can't do anything or go anywhere. I get so discouraged."

Besides rent and food expen-ditures, John must also pay for insulin medication out of his own funds. Without his insulin, and a special diet, John's diabetes would seriously endanger his already poor health.

Although the Ontario government promised for over three years to increase benefits to injured workers, it wasn't until they staged a demonstration in May that increases were finally granted. While John was unable to attend the Queen's Park demonstration, he is upset that such a move was necessary to focus public attention on the plight of injured workers.

"Why should someone like me, who can hardly get around, have to go and demonstrate to try and secure a decent living.

Although injured workers were granted benefit increases after the demonstration, because of a public outcry, the higher payments still

in inflation during the past three years. As well, the higher increase only covers the period up to 1977 and John knows that more pressure will have to be applied again and again every year to ensure that injured workers can at least pay their rent and put food on the

"It's a good thing to have, compensation, but just the same it's wrong that you have to fight for it when you get hurt."

If you are an injured worker who is tired of fighting the government by yourself, there is an organization that will help you in the struggle. Formed by injured workers in 1974, the Union of Injured Workers now has several thousand members. For more information, call the union at 536-7224 or 636-

Quotes to Remember

If you are willing to take the punishment, you are halfway through the battle. That the issue may be trivial, the battle ugly, is another point.

-From "An unfinished Woman" by Lillian Hellman



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On August 1, 1978 new Minimum Wage rates will go into effect. Here

	are the new rates:	Dec
		Effective
		ıst 1, 1978
	General hourly rate	\$ 2.85
	Learner, hourly rate	2.75
	Construction and Guards at	
	construction sites, hourly rate	3.15
-	*Hourly rate for persons employed	
	to serve liquor in licensed premises	2.50
-	*Student, hourly rate	2.15
	Ambulance Drivers and Helpers,	
	Weekly Rate	136.80
	Hunting or Fishing Guides	1
	less than 5 consecutive hours	12.50
	5 or more hours whether or not	
	consecutive	25.00
	*Room and Board	
	The following maximum rates apply	
	when room and board are included	
	in calculating the minimum wage:	
	Room, weekly	11.00
	Meals, each	1.15
	weekly	24.00
	Room and Meals, weekly	35.00
	*no change from previous rate	
*	The entire work week in which August 1 falls	

You can get more information about the new Minimum Wage rates and the Employment Standards Act by writing or phoning:

Employment Standards Branch Ontario Ministry of Labour 400 University Avenue Toronto, Ontario M7A 1T7

(416) 965-5251

Employment Ontario Standards Ministry of Labour Branch

Hon. Bette Stephenson, M.D., Minister

LAW

Rent review can protect tenants

by Shelley Appleby Riverdale Socio-Legal Services

When Rent Review first came into effect in 1975 it brought with it a new era in tenants rights by protecting tenants from exorbitant rent increases. The Act set an 8% limit on rent increases that a landlord could charge a tenant. Since that time the guidelines limit has been reduced to 6%. Any increase over 6% must have the approval of the rent review board.

The Rent Review process works like this. A landlord must give you 90 days notice of a proposed rent increase and state reasons for this increase. If the amount asked for is above 6% the landlord must apply to rent review 60 days before the date the increase is to take effect. If the amount is below 6% but the tenant feels is not justified the tenant has the right to apply to rent review. A landlord can only raise rents once during a twelve month period even if a new tenant moves into the apartment in the year. If there has been a reduction in any service or facilities that was previously included in the rent this constitues a rent increase.

If you are aware that a landlord is charging an illegal rent, one above the 6% guideline, without the approval of rent review, it is possible to lay charges in provincial court. If the landlord is found guilty he or she can be fined up to \$2,000.00 If you have recently moved into a new apartment and discover that the previous tenants were paying more than 6% less than you for the apartment you should apply to have the rent reviewed by a rent review officer and consider laying charges for this illegal rent.

At the hearing a rent review officer examines the costs of the landlord in order to determine that they have been increased in the last year. The percentage of the increase in costs will become the percentage of the increase in

Some of the problems that tenants face at rent review hearings are that the rent review officer only considers how much the costs have increased over the year and does not ask the landlord to justify the original costs. Also the rent review officer has no power to discuss the quality of maintenance or the state of repair the buil ding is in.

During the last few months the government of Ontario has appointed a standing committee to discuss the future of rent review and landlord and tenant laws. It recommended that rent review be extended until 1980. It also recommended that all Landlord and Tenant matters be dealt with under one piece of legislation and one tribunal. This would enable all aspects of landlord and tenant problems to be heard together instead of the present system where rent levels are determined by the rent review board, evictions and repairs by the county court and debts by the small claims court and offences by the provincial court. It also recommended that landlords must register the level of all rents being charged so that tenants moving into an apartment can check the previous rent level. Hopefully some of these recommendations will be put into effect so that a lot of the present problems with Landlord and Tenant relationships can be elimi-

NEWS BRIEFS

No multicultural festival

According to a spokesman at the Regent Park Community Improvement Association (R. P. C. I. A.), problems between the R. P. C. I. A. and the Ontario Housing Corporation (O. H. C.) will have to be resolved before the Association can go ahead with plans for a multicultural festival to be held later this summer. The spokesman for the R. P. C. I. A. said he felt the multicultural festival would not be held but expressed hope that problems an be worked out between the association and O. H. C. in time for a Regent Park Festival to be held some time this fall.

Doctor Retires

Dr. Philip Ryan has retired from the active staff of St. Michael's Hospital after 29 years working at the out-patient department of the hospital. A retirement dinner was held for him recently.

Sparrow Defence Fund

A defence fund has been started to assist Ward 6 Alderman Allan Sparrow with his legal costs arising from a libel action arising out of an altercation with a policeman. Sparrow was sued for libel by two Metro policemen after he complained about arrest procedures used in an incident on Yonge St. In a confusing verdict, the jury awarded the one policeman \$1 on each of four counts. Lawyers refer to this as "contemptuous damages" indicating that the jury thought the action should never have been brought to court. However, the legal fees incurred in the case may amount to \$40,000, and Sparrow is being forced to sell his house to pay for them. The defence committee believes that the police libel action will serve to intimidate people who wish to complain publicly about unjustified police procedures, and is asking for contributions to fight the case further. Cheques can be sent to Allan Sparrow Defence Fund, Box 54, Station F, Toronto.

ONTARIO COMMISSION ON ELECTION EXPENSES & CONTRIBUTIONS SUMMARY OF CANDIDATE'S RECEIPTS, EXPENSES & SUBSIDY

Published in accordance with Section 4(I)(k) of The Election Finances Reform Act, 1975 Election Date - June 9th, 1977 **ELECTORAL DISTRICT OF RIVERDAL**

			Campaign Expenses		sidy
		Expenses		Paid to	e land the
	Including	Excluding	*Transfers	Candidate	Paid to
Candidate	*Transfers	*Transfers	Paid Out	& C.F.O.	Auditor
James A. Renwick (NDP)	\$14,716	\$12,179	\$1,620	\$4,833	\$475
Nola "Sam Crewe (PC)	10,457	14,890		4,833	500
Dennis P. Drainville (L)	8,474	5,748	2,700	4,833	500
Gordon Massie (C)	1,930	1,524	405		175
Walter Belei (LTN)	_		_	200/5	75
Barry A Weisleder (I)	4		ATTO DE PARTIE DE	-	-

*Transfers — Money transferred from or to a Political Party, Constituency, Assn. or Candidate

NOTE: The information shown above has been taken from financial statements filed with the Commission by Chief Financial Officers for the candidates, copies of which may be obtained from the Commission upon payment of \$1.00 per copy.

A.A. Wishart, Q.C., Chairman For the Commission.

COMMUNITY CALENDAR

Sunday July 30

Saint Luke's United Church invites everyone to its regular Sunday afternoon forum today at 2:30 in Allan Gardens. Dr. Clarke MacDonald will speak.

Margaret Campbell, M. P. P. St. George provincial riding, will be hosting a picnic on Sunday July 30th in Allan Gardens from 12:30 to 3:30 p.m. This is her third annual pienic and, if it is as successful as the others, you're in for a good time. There will be entertainment for young, old (and in-between). There will aslo be music, balloons, and free soft drinks but you're asked to bring your own lunch this time (inflation!). Everyone is welcome.

Monday July 31

Central Neighbourhood House, 349 Ontario Street, runs a Tweeners program every Monday from 6 to 8 p.m. The program includes arts and crafts, picnic and camping. The camping is on August 20 to 23 at Balsam Lake. There is a limited number of members, so drop by now to see if you can join. You can call C.N.H. at 925-4363.

The Black Teen Program at Central Neighbourhood House is expanding its program during July and August. Because of the number of program participants (40), additional volunteers are needed with skills in arts and crafts, sports, and an interest in nature hikes. If you are interested in helping out, or in joining the program yourself, call Carl James or Tony Sutherland at 925-4363.

The Busy Bee Club of Dixon Hall, 58 Sumach Street, is putting on a film today at 1:30 in the hall. All Busy Bees and members of the community are invited to this free screening of The Four Musketeers starring Charlton Heston.

Tuesday August 1

The Swiss Club of Toronto is holding a dance to Swiss Day celebrate tonight at Harbourfront free 8:30 p.m. to 1 a.m. Admission is \$2.00

The Sikh History Museum presents an exhibit of artifacts and holy scriptures and demonstrations of Sikh customs and cuisine in the Community Gallery at Harbourfont until August 12. Gallery hours are 9 a.m. to 9 p.m. daily

Wednesday August 3

It's Wednesday night at the movies in the Har-bourfront Cafe tonight at 7:30 p.m. The history of Kenya is the subject of tonight's films. Movies are free and include: White Man's Country, a history of Kenya from British colonial rule to its independence in the sixties; and Kenyatta, a profile of Jomo Kenyatta whose life is the history of Kenya's struggle for independence.

Thursday August 3

Central Neighbourhood House, 349 Ontario Street, runs a teen drop-in every Thursday night from 6 to 8 p.m. There are trips, cook-outs, and camping - which takes place August 28 to 31. Teens are expected to participate in decision-making and planning of their own programs.

Friday August 4

Fred's Free Films are on tonight at the 519 Church Street Community Centre at 8 p.m. Fred has especially intriguing taste in films, and tonight's lineup reflects this. Films include Dream of the Wanderer and Gorillas.

Sunday August 6

Saint Luke's United Church invites everyone to its regular Sunday afternoon forum today at 2:30 in Allan Gardens. Rev. Ken Wardle will speak.

Tuesday August 8

Senior Citizens Bingo is starting up again in the main floor lounge in the 41 Oak Street apartment building. Games run from 1 p.m. to 4 p.m. every Tuesday. Admission is 35 cents for 2 cards. Extra cards are 3 for a quarter. Refreshments are free.

Regent Park United Church is running a vacation school for kids aged 7 to 14 from 9:30 a.m. to 4 p.m. August 8 through 12. For more information, phone the church at 363-4234.

Wednesday August 9

South Africa Women's Day will be celebrated at the International Students' Centre, 33 St. George Street, including South African dancing, slides and narration about the Soweto uprising in 1976, and a speaker on behalf of the Women's Section of the African National Congress. There will be a social evening following the program when everyone will have an opportunity to meet and mix.

Friday August 11

Fred's Free Films are on tonight at 8 p.m. at the 519 Church Street Community Centre. Films include Mystery of Mary Celente and Time of the Jackals.

General

Jimmy Simpson Recreation Centre, 870 Queen Street East, has a number of summer programs for kids and adults. There are so many things going on at Jimmy Simpson that it's best to phone the centre at 461-2550 to get the full run down on programs. Just to whet your appetite, though: EVERY DAY — recreational swimming for adults;

times vary
MONDAY - tetherball and quoits for all ages, 7

p.m. to dusk

TUESDAY - ball hockey for boys 17 and under, 6:30 to 9:45 p.m.

WEDNESDAY - T ball for ages 11 and under, 9:30 a.m. to 11:45 a.m.

THURSDAY - ladies softball for adults, 6:30 p.m. to dusk

FRIDAY – co-ed team games, 1 p.m. to 3:30 p.m. SATURDAY – cosmo hockey, 9:15 a.m. to 11:45

SUNDAY - sportabout I for all ages, 1 p.m. to 3:15

sportabout II for all ages, 3:30 to 5:30 tetherball, quoits, and frisbee, all ages, 1 p.m.

The Centre for Spanish Speaking Peoples, 582A College Sttreet, 533-8545, is offering a variety of programs over the summer months. There is a children's day camp for kids with working parents. The activities will emphasize improving Spanish and knowledge of Spanish culture. As well, the centre offers an oil painting course for a small fee, and English classes for beginners and advanced. Phone the centre for more information.

John Innis Community Centre, 150 Sherbourne

Street, 366-0767, is running a host of summer programs for all age groups. There are too many programs to list here, but just to whet your appetite: Monday to Thursday: from 3:30 to 5:30 in the after-

noon there are various unstructured activities, games and sports.

Games Room: the games room is open after the hydro lights (dusk) until 9:45 p.m.

Saturday: there is recreational swimming for all ages from 9:30 a.m. to 11:45 a.m.; from 1 p.m. to 3 p.m.; and from 3:15 to 5 p.m.

Sunday: there is recreational swimming from 1 p.m. to 3 p.m. and from 3:15 to 5:30 p.m.

The Moss Park Residents Association is planning a general meeting tentatively set for 7:30 p.m. September 13 in Moss Park. The meeting is planned to elect a new executive, pick a new name for the association, and to reinstate the association to the fullest. Phone 868-0406 for more information. The exact location of the meeting will noted in an upcoming issue, so stay tuned to the Community Calendar.

Dixon Hall runs a free legal clinic every Tuesday evening from 6:30 to 8:30. The clinic has been operating for many years, but because of a lack of advertising, not everyone knows about this service. The clinic is financed by the Ontario Legal Aid Services. There are five lawyers who alternate and attend roughly once a month each. Their main function is to provide advice. They will try to answer your questions and advise you of your legal rights and options in particular circumstances. The problems dealt with include landlord and tenant, contractual agreements, welfare, criminal, traffic, labour, unemployment insurance, workman's compensation and torts. No appointments are necessary to see a clinic laywer, but if you want to call ahead, ask for Felies at 863-0499. It is necessary to phone in advance if you are going to come after 7:45.

Concerts in the Park continue this year with free entertainment. Here's the line-up: GREENWOOD PARK: concerts each Sunday evening at 7:30 until August 6 REGENT PARK: concerts each Friday at 7:30 p.m.

until August 11 WITHROW PARK: concerts each Tuesday evening

at 7:30 until August 8

RIVERDALE PARK: country and westernmusic each Wednesday evening at 8 until August 9.

The Board of Education and the City of Toronto are co-sponsoring learn-to-swim classes for kids at local schools. These programs are for kids 5 and up. Programs run until August 11. For more information, call 598-4931 extension 315.

The Riverdale-Library continues to run Chinese English for New Canadians classes every Tuesday and Friday morning from 10:30 to 11:30. Call the Chinese department at Woodgreen Community Centre, 461-1168 for more information.

Community Calendar is a free community service. If you have an upcoming event to announce, send the information to 7 News, 265 Gerrard St. East, or call the office at 465-3810.

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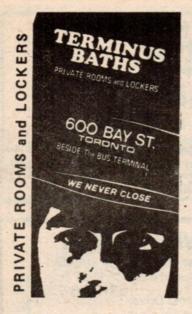
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"Celebration," a group of reg-gae singers and musicians from the Caribbean, led by a priest-composer, will be in concert at Regent Park United Church, 40 Oak Street on Wednesday August 9 at 7:45 Father Richard Ho Lung, 34, a

Reggae

group

Jesuit priest of Chinese-Jamaican ancestry, leads nine singers and musicians in West Indian rhythms of calypso, mento, ballad and rock. The group's music and celebration is an exciting blend of urban, secular rhythms with spiritual thoughts without preaching or pretension. Two of Father Ho Lung's

songs have made it to the Caribbean hit parade, with "Sinner" a

pointed, social documentary about the need for a just society, making

All proceeds from Celebration's

concert tour will be used in Father Ho Lung's Aquinas Cooperative in Kingston Jamaica. The Cooperative helps fund self-help projects

among the urban poor of his parish area, including three basic schools, an Agricultural co-op and a feeding

The community is invited to the August 9 concert in Regent Park United Church. Admission is \$1.00 for kids and \$2.50 for adults.

For more information, phone the church at 363-4234.

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Japanese centre opens

By FRANCES WATMAN

The Annex, sitting perkily on the north side of the Danforth just west of the Coxwell, with its door propped open and its staff friendly and ready to chat, is a new addition to the community.

At a quick glance, you could mistake the Annex for one of those delightfully eclectic shops that dot Queen Street east of Church, the kind that sells arts and crafts and esoteric books on how to survive in the arctic.

The Annex is a drop-in and resource centre for Japanese Canadians. Funded by Canada Works, the Annex opened last January second with three staff, a big empty storefront, and lots of ideas and enthusiasm. According to staffer David Fujino, there had long been a need for a Japanese Centre in this neighbourhood. A group of young Japanese Canadians met in the Japanese Canadian Cultural Centre out on Wynford Drive, and discussed the concept back in August 1977. Seen as a compliment to the J.C.C.C. the Annex would need to be both easily accessible by public transit to the Japanese community, and to the J.C.C.C. The present location at 1468 Danforth met the criteria. A number of Japanese families live in the immediate area as well as in the Broadview/Danforth district.

Liason between the Japanese Canadian Cultural Centre is good, and the Centre is the Annex's sponsor under the Canada Works program. Consituted as a nonprofit community-based organization with a ten member board of directors, the Annex is a special kind of experiment. There are no membership fees and the programs, directed at Japanese Canadians, span a wide range of age and interest groups

Activities over the past months included courses, seminars, workshops, and social service assistance. For a fledging operation, the activities line-up is simply staggering. To give a few examples: art classes for kids aged four to seven; day time macrame,

crochet and paper flower making workshops for housewives; Wednesday evening legal aid clinics; English and Japanese language classes; rap and referral sessions including everything from career counselling to discussions around birth control; a popular series of medical lectures well attended by issei (the Japanese speaking grandparents); and a tee shirt exhibition of serious and humourous aspects of Japanese and Japanese Canadians.

Father Ho Lung and friends.

As a resource centre, the Annex has available printed material concentrating, according to David Fujino, "on Japanese in the Americas not Japanese Japanese". There is material on Asian concerns and a number of poetry books. "If you want to find out about the third generation' the sansei, said Fujino, "we've got a lot of stuff!" As well, a new book of poetry is in the works.

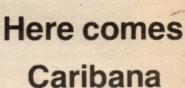
Probably the strongest emphasis at the Annex is on the informal drop-in aspects of the centre. If it is true that Japanese are generally more accustomed to organised group activities, this is a new and interesting approach.

No exception to the economic pinch all community groups are experiencing, the Annex is in the midst of a fundraising campaign. Twenty-five hundred appeal letters have been sent out, and upcoming money-raising ventures include a bazaar July 29 (with, I'm told, incredible bargains for all you avid shoppers) and a walk-athon slated for September. The trek will begin at the Japanese Canadian Cultural Centre, head dowtown by the Annex, and end up in High Park.

The money picture is not really gloomy. The Annex Senior Citizens have been given a New Horizons grant for \$12,478.00 to provide equipment and materials for a drop-in for Japanese seniors. Social activities and an outreach program are the two main thrusts of the project. As well, funding from Canada Works is anticipated in the fall.

more about the Annex and its programme can phone the centre at 463-7441 or drop by for a cup of tea and a chat.

After all, that's what a drop-in's for. Right?



The Caribbean Cultural Committee of Toronto has finalised plans for this year's Caribana parade. The parade which has been held annually since the inception of the Caribbean Festival in 1967 continues to be one of the highlights of the festivities.

The committee held its first meeting earlier this month in preparation for the festivities planned for August 5. The committee discussed the rules and regulations relating to participation in this year's parade.

According to Calvin Clarke, chairman of the Caribbean Cultural Committee, the parade will start as usual from Varsity Stadium where hundreds of masqueraders, accompanied by the music of steel and brass bands, will proceed along the designated route to Harbourfront.

Clarke pointed out that there had, in the past, been some problems around crowd control, and felt that the emphasis this year, with the help of the bandleaders and their marshalls, should be to produce a carnival parade that is orderly and exciting.

A number of bands have registered for participation in this year's parade, but there is still room to accommodate bandleaders wishing to participate. For more information on registration, tickets, and prices, call 925-

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Bonita's Eats: curried dhal

By BONNIE SARTORI

I was certainly appalled the other day whilst browing through the local supermarket. Everything is suddenly unbelieveably more expensive. This dramatic price rise has not been reflected in the prices at MacDonalds and the Roy Rogers hamburger emporium so naturally, I was taken quite aback.

When I realized that the price of hamburg was far more than my credit limit with both Gulf Oil and Simpsons credit cards (not only that, but my big multi-national chain store refused to honour them) I decided to become a vegetarian. Besides, there's nothing wrong with being a vegetarian - a person I know, Tom the Turkey, is vegetarian and he's still alive. . . barely. And look at the cows...they are all vegetarian and they seem real happy and besides when they die, their flesh costs about \$38.00 a pound. What medical school will give your heirs \$38 a pound for your carcass when you're gone? Darn few. Great argument for becoming a vegetarian, eh?

I must admit that vegetables are pretty expensive too. I was shocked to realize that you could buy a good bottle of scotch for about the same price as an eggplant. I had quite a time in the store trying to figure out which would be better for me, but the scotch won out not only because I pay much more voluntary taxes on a

bottle of scotch(I am a very good citizen and I love those voluntary taxes) but also because at that point I was quite depressed about the world in general and food prices in particular and I really felt that I would derive much more comfort from the scotch than the

At any rate, there are some vegetables that are quite cheap...for example, there's coca cola and water and . all real bargains in these days of priciness. A five pound bag of flour would go a long way, if all you had was coke and water to mix it with. Think of the savings! Isn't it nice to know that life's lemons (vegetarian joke) are so easily solved with a bit of creative think-

Anyway the recipe this week is a vegetarian one using cheap vegetarian stuff. The great thing about it is if you make the puris, you can just scoop it up and then you will not have to use spoons and forks. Then you will save money on dish soap that you will not have to use cleaning the cutlery up. Better yet. . . gather the family around for a quiet dinner and then just bring the dhal pot and the puris to the table. Then you will only have to clean up two pots and you can wash those another day. This meal alone will save you a veritable fortune in dish soap.

Without further gibble gabble,

here are some recipes which will help save the family fortunes in these days of spiralling inflation.

Curried Dhal (lentils)

- 1 cup orange lentils 4 cups boiling salted water
- 1 green pepper, chopped
- 2 onions, sliced 1 to 4 tbsp. curry powder
- 3 tbsp. butter

Directions: wash the lentils in warm water and drain. Dump into pot with 4 cups of boiling water. Let boil for 5 minutes: then simmer 15 to 20 minutes. Throw the onions, green pepper, and curry into a frying pan and saute in butter. After the lentils have cooked for 20 minutes, dump onion-curry mixture and one cup water into the pot. Let simmer for about 2

Puris

1 cup whole wheat flour pinch of salt 1 tbsp. oil

minutes. Serve with puris.

1/4 cup water

vegetable oil for deep frying Directions: mix together flour, salt and 1 tbsp. oil and water. Boil dough into balls about the size of walnuts. Clap dough balls in your hand to flatten them. Roll out thinly. Fry in about 2 inches of oil, turning over gently after frying for a few minutes on each side. Drain and use as a scooper to eat the cur-

Love in Canada

By SETH BORTS

Indian movie buffs should find Love In Canada (now playing at the Naaz Theatre, on Gerrard St. E.) an interesting variation. Love in Canada is "the first Indo-Canadian Production," as well as being the first Indian movie to be done in Panavision.

On the Indian side Venod Mehra does his thing as a lovesick, though extremely proud Indo-Canadian brian surgeon. He's equally at home with a scalpel in his hand in the operating room, or a cigarette in his hand at the beach.

Canada's entry in this bicultural film is Shelly Homack, Miss Teen Canada 1976. Shelly's tall, blond beautiful and extremely

brave for learning all her lines phonetically. Apparently, she had to run out to a nearby trailer every 4 or 5 lines, and be taught what to say next. Nice try Shelly!

The story is simple: boy meets

girl. That means Venod meets Shelly, and vice-versa. They fall in love. They do some neat love scenes straight our of Clairol commercials. And then a cloud falls over their happy, though too sickly existence. Venod and Shelly have a wee small difference of opinion. You see all Venod wants Shelly to do is quit hugging other men, stop modeling and drop out of the Miss Universe Pageant to worship him as a devoted wife. However, liberated Shelly has other ideas and derides Venod for

being possessive. Boy and girl split up, and everyone is miserable, except the ushers have some idea how the surprise ending turns out. The fact that Shelly develops a brain tumor (coincidentally) is not the ending. Every thing gets resolved in the twin opposing fast lanes of the Peace Bridge, set against the backdrop of Niagra Falls. Sigh!

This movie - which recently premiered in Toronto, will probably be seen by 10% of the population of India, according to its producers. That means some 80 million people.

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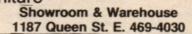


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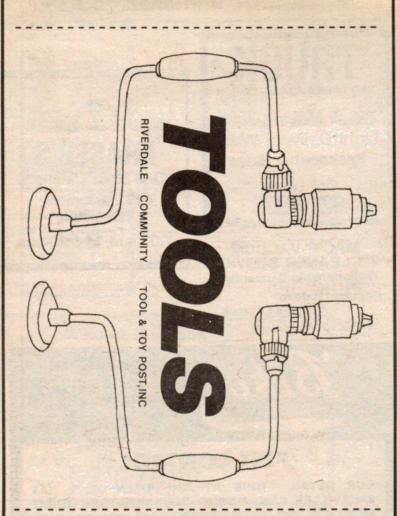
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Boxing - 10 years and over. *Contact John & Peter Wylie

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nature lore, swimming, camp crafts, cook-outs, hiking, games, outings, overnights.

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*Contact: Karen Wood, Jeff Kugler

CENTRAL NEIGHBOURHOOD HOUSE 925-

349 Ontario Street (Ontario/Gerrard) -July 31 to Sept. 1 (Children 5 to 11 years) Monday to Friday, with some weekends.

-Small group outings, indoor activities, including arts and crafts, drama, sports and swimming. Small group programs for West Indian children. Rogers Cable T.V. will invite children to act for a documentary video-tape — changing environment towards milticulturalism.

Food Co-op. *Contact: Maryanne MacARthur or Ria Harting.

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325 Bleecker Street 923-4402 Kiddies Camp (ages 2-5) Girls age 11 to 15 - Baseball. Teen Camp Weekend. Teen Drop-In -ages 10 - 13) *Contact: Heather Riley

Annother summer program is being planned For details call Pat Dean (925-8001)

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58 Sumach Street -Sumach/Queen)

-Day camp for children ages 3 to 10 years July 4 to

-Monday to Friday - 9:30 a.m. to 3 p.m.

(3-5 years at Dixon hall/.

-Monday to Friday - 10:00 a.m. to 4:00 p.m. (6-12 years at Park School)

-Participants should bring lunch and T.T.C. fare. -Outings, swimming, sports, crafts and other inbuilding activities.

Small fee charged for day camp.

—Teens (13 to 18 years) Monday to Friday: 2:00

p.m. to 10:00 p.m., drop-in, outings, sports, inbuilding activities, teen lounge.

-Family outings and picnics. -Camp: (Highway 6, S. of Guelph) - July 10 -

Sept. 1 There are 6x2 day sessions for 6-9 year There are 3x5 day sessions for 10-12 years

There are 3x5 day sessions in 13-18 years

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*Contact: Gayle Somerville

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interst, special events, etc. Teen Prigram: July 5th to August 25th

13 years and over Cost \$10.00 per child or \$25.00 per

Teen Program includes: Camping, Canoeing, Fishing, out of town tours

The Regular Club activities and the regular Teen Program will continue.

*Contact: Eric Burton.

GERRARD "K" CLUB 925-2243

101 Spruce Street (Spruce/Parliament)

-Day program: July 4 to August 25

Outdoor sports, indoor games, crafts, trips, art classess, music, corn roasts, learn to swim. Children 6 to 17 years: Monday to Friday, 10:00 a.m. to 4:00 p.m.

13 to 17 years: trips, sports, lounge, crafts, Community Pro--Teen Program:

ject. Tuesday to Thursday: 1:00 p.m.

- 9:00 p.m.

- Camping program: Two - 2 day camps. Monday to

Wednesday - tent-camping. Crafts, swimming, nature lore. Boys go one week, girls go other week. Begins approximately July 18.

*Contact: George Ferguson, George Rigg, Yvonne Cameron.

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SATURDAY, July 29, 1978

2-4 pm

EASTVIEW COMMUNITY **CENTRE 465-5469**

80 Blake Street (between Jones/ Pape)

-Day camp for children 6 to 12 years - July 4 to August 25.4 2week periods.

-Monday to Friday: 9:00 a.m. to 4:30 p.m.

-Tips, overnights, in-building activities such as arts and crafts;

games, sports

-Outreach Camp -Teens: (13 to 17 years) Afternoon, evening and Saturday programs dances, games, sports. 18 to 25 years: Sports

League activities.

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Quotes to Remember

Politics is for people who have a passion for changing life but lack a passion for living it. From "Even Cowgirls Get The

Blues"