

# NEWS

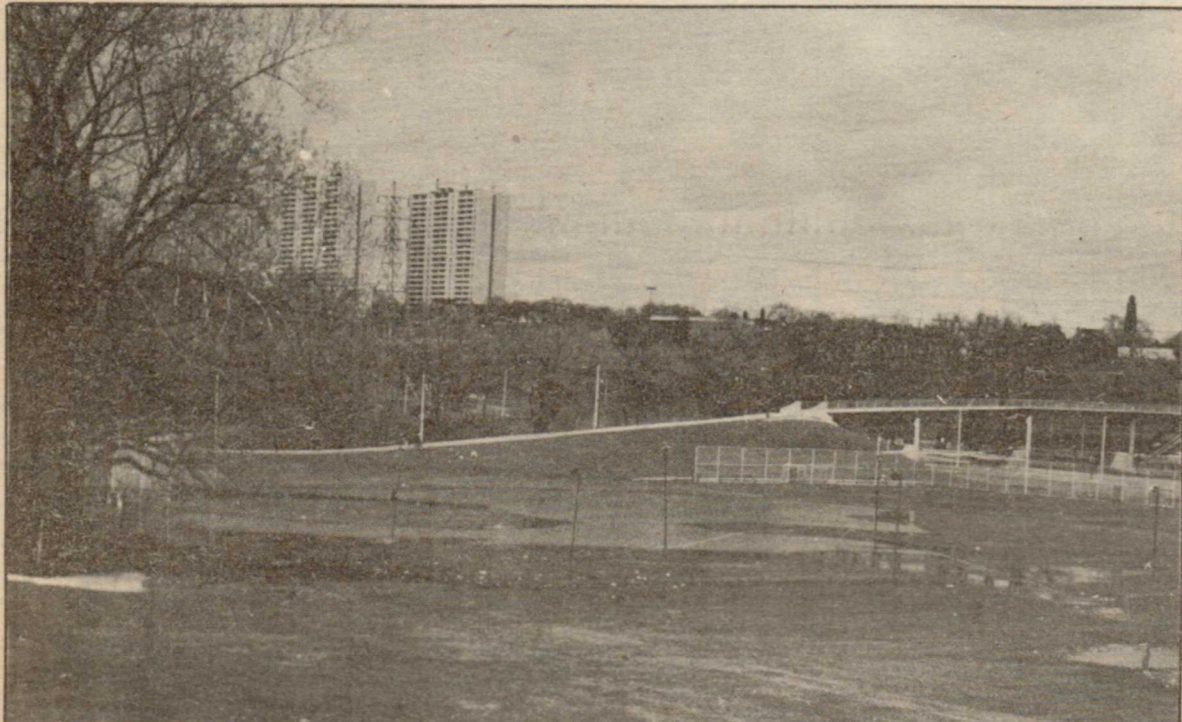
WARD 7 COMMUNITY NEWSPAPER  
265 GERRARD ST. E.

VOLUME 4, NUMBER 21

920-8632

APRIL 20, 1974

**ITEMS NEEDED**  
What are you doing? Write and tell us. To stay at 12 pages we need lots and lots of material. Anything bugging you? Write and tell us! Have it in by Noon, April 29 at 80 Winchester or 265 Gerrard East.



Riverdale Park on the west side of the Don River still has a lot of water lying in it. The Parks Department claims that the water level in the Don River is so high that it's preventing the water from draining away. A suggestion at one time by Alderman John Sewell was that the water be kept there and turned into a swamp for kids to muck around in. This might find disfavour amongst ball players who hope to play on the area by early May. Photo by Emil Kolompar

## Resident's Association formed in Playter Area

by MICHAEL CRAIG

Eighty people turned out on March 26, at Jackman Public school to form the Playter Area Resident's Association. After a sometimes spirited debate, a Constitution was approved and 17 officers and directors were elected.

Mr. Fred Seliger, a spokesman for the Steering Committee that organized the meeting, explained in response to questions that the Association will concern itself with local issues such as traffic, redevelopment, garbage collection and street maintenance.

Rev. Eilert Frerichs, President of the Confederation of Residents and Ratepayers Associations, suggested that a stronger, more pleasant neighbourhood will result from the interaction of the members of the Association.

The area served by the new Association is bounded on the West by the rear of the properties on the east side of Broadview: in

the North by the City Limits just north of Fulton; in the East by the middle of Jackman; and in the South by the rear of the properties fronting on Danforth.

New executive elected for the fledgling organization are: President, Vern Burnett; Vice-presidents: Norman Mackenzie, Jim Phelan and Michael Craig; Treasurer, Bob Salter; and Secretary, Fred Seliger.

Elected as directors were: John Ambrose, Mrs. Elizabeth Austin, Juliet Baker, Mrs. Lois Grover, Mrs. Gloria Mawji, Don Parke, Mrs. Mary Shane, Madelaine Playter, Lilian Tanizaki, Mrs. Betty Whitten and Georgine Winterbottom.

The first regular meeting of the new Association will take place Tuesday, April 24 at 8 p.m. at Jackman Public school, 79 Jackman Avenue.

Discussion will take place around what role the Association should take in the community and also there will be a slide show taken from photos of the area as it was 80 years ago.

All residents and tenants of the area are invited to attend.

## Local MP lashes critics of LIP programs

by CHRIS PARKE

Attacks on Local Initiatives Program projects in Rosedale constituency are attacks on people who need help most in the riding, said MP Don Macdonald this week.

"These scattergun attacks by Conservatives and some media representatives on LIP are made without any real thought for the thousands of people who are benefitting from these projects run locally by people who know the problems and the needs", said Mr. Macdonald.

The Energy Minister said he was glad that in the year 1973/74 there had been 28 projects approved for Rosedale by the Federal Government at a total cost of \$529,000, adding that more than half of this amount was spent on projects with city-wide application.

This money had provided jobs and badly-needed services in this neighbourhood, he said.

Mr. Macdonald said the critics were loud in their charges but short on the real facts of the situation.

He pointed out that in Rosedale:

- All the projects were located south of Bloor Street.
- There were no projects in the high-income area north of Bloor in the Rosedale Park area.
- All activities took place in the areas in which the projects were granted.
- The areas involved had a high concentration of public housing.
- Unemployment was higher than average in these same areas.

"The projects are of great assistance to many in the lower and middle income groups and there is no disputing this fact", added Mr. Macdonald.

The original 28 projects ranged from helping provide meals to school children; assisting the disabled in getting better treatment from the provincial Workmen's Compensation Board; helping men getting out of jail to obtain jobs and become rehabilitated in their neighbourhoods; conducting research into additional and more meaningful jobs for the handicapped, and providing recreation

outlets for the young.

Mr. Macdonald pointed out that the Injured Workmen's Consultants project is doing such good work that the Provincial Government has sought the direct assistance of Consultants' Al Baldwin.

The 28 projects - two later were transferred to Spadina and St. Paul's - provided work for 179 people, but their efforts produced results from which thousands benefited.

The Rosedale projects, the number of people employed, and the costs were:

Unshackle, 4, \$12,080; Women in Transition, 8, \$24,960; Looking-Glass Dance Theatre, 9, \$28,080; Crossroads, 3, \$9,011; Community Meals, 3, \$9,360; Project Oak, 3, \$9,360.

Regent Park Combined Projects (4), 11, \$34,320; Ward/Media Association, 5, \$15,600; Don Vale Community Health Centre, 3, \$9,360; The Injured Workmen's Consultants, 12, \$37,440; The Gym Drop-In Centre, 4, \$12,480; Next Stop Information Service, 5, \$13,590 (moved to Spadina); Help - Helpful Service to Local People, 4, \$12,480; Cabbagetown Boys Club, 3, \$9,360.

Trefann Court Community Centre, 6, \$18,720; Toronto Free Theatre, 12, \$37,340; Duke of York Community Program, 8, \$24,960; Open Door Centre and Rooms Registry Service, 4, \$9,360; Sea Hawks Boys Sailing Project, 4, \$8,280; Kitchen Table Hydroponics, 5, \$12,480.

North Regent Park Senior Citizens Club have been awarded a \$2,425 New Horizons grant to continue a program of entertainment for elderly, institutionalized, handicapped, shut-ins, boys clubs and other groups. . . .

New staff at the Don Vale Community Centre are; Dorothy Bushey (programmer), Jim Neff (special craft instructor), Frank Elsasser (programmer), and Terry Hilliard (receptionist/fund raiser). . . . The Don Vale Youth Project has added Lorraine Brown to its staff. . . .

The Toronto Floor Hockey Association will have its wrap-up banquet at the Broadview YMCA on April 23 at 7 p.m. Over 30 trophies, valued at \$200, will be presented on the occasion. . . .

Registration day for the Inter-city Soccer League is Sat., May 4 from 10 to 2 p.m. at the Broadview YMCA, 275 Broadview. The fee is only \$1 for boys aged 8 to 14. . . .

The Don District Community Secretariat has received approval from the Federal Department of Health and Welfare for a grant of \$5,000 per year for a three year period. An additional \$2,500 is being sought from the Department of the Secretary of State. . . .

The Riverdale Free Store, 725 Gerrard St. East has had requests for donations of the following items: two kitchen table and chair

sets, washing machine, baby clothes and clothes for pre-schoolers. Phone them at 461-1023 if you have any items to donate. They also need customers for the goods they have to give away free. . . .

Around 40 people turned out last Saturday to attend a re-union party held in the Don Vale Community Centre for those involved in the South St. Jamestown struggle a year ago. One was suggested that similar functions be held in the future for those ousted from South Carlton and Don Vale. . . .

Recent visitor to Ward Seven was Don Bailey, co-founder of Operation Springboard and former community worker in the Don District. Don, who is now a Winnipeg resident, reports he recently received a \$15,000 Canada Council grant and is now a full-time professional writer. . . .

The Salvation Army Community Centre located in the basement of 470 Dundas street east in Regent Park reports they have a quantity of good new and used clothing available for adults and children at reasonable prices. They also have a variety of furniture, made on the premises and available at nominal prices. Phone them at 864-9364. . . .

Dixon Hall, 58 Sumach street, is planning a comprehensive summer program for kids of all

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### newsroundup

## Local Free Stores need customers

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Dixon Hall, 58 Sumach street, is planning a comprehensive summer program for kids of all

ages but they need more volunteers to help set it up. For more information or to volunteer, phone Joanne or Ted at 863-0499. . . .

A tip from a passer-by resulted in prompt action by the police in preventing an armed robbery at the Becker's Store at Sackville and Gerrard. Police cars pulled in behind the store and nabbed the lone gunman as he was about to enter the back door at closing time and make off with the day's receipts. . . .

Charles McLellan, a tenant at Sprucecourt Apartments has taken an extended trip to France. His sudden decision to take a "vacation" has been linked to the fact that he is/was chairman of the Tenant Association in that complex. . . .

The extensive leftovers from a recent monster Rummage Sale have been given to the Don Vale Community Centre and they in turn are giving the stuff away free to all comers. They are located at 80 Winchester street in Don Vale. . . .

A crisis has arisen with SEVEN NEWS over office space. In order to grow and expand and involve more people from the community, SEVEN NEWS needs larger quarters. Anyone knowing of or having suitable space to rent at a reasonable cost is asked to phone Norman Browne at 920-8632. . . .



## St Jamestown is beautiful

Letter to the Editor:

Re: St. James Town and Miss Heather Galbraith

Dear Miss Galbraith:

I for one am very sorry re: your complaints with the Management of St. James Town. By the tone of your letter I would suggest that you are a very hurt person, before I begin with what I have to say about St. James Town, I wish you well, that you shall find the happiness and the peace of mind that all us human beings so richly deserve.

We moved into St. James Town during 1971. We had a one bedroom in the Vancouver Building. Shortly after we moved I took ill and spent five months in the hospital. During this time my husband was on strike, one son was attending Western University and the Management at Meridian were just wonderful to us in so many ways. We are indeed grateful to them.

Our son graduated from Western and wished to live with us until he got on his feet. The only three bedroom apartment available was in the Halifax building. I too put notices on the bulletin board and advertised in the Star and I did not have any takers. I spoke to Mr. Bain and with a very nominal fee he cancelled our Lease and we moved into the Halifax Building. It was most unfortunate to find the apartment in a not very satisfactory condition.

Meridian's Management came in and within two weeks the apartment was in top shape. All the baseboards had been pulled up, all the cupboards were drilled and sealed, they put in a new stove, a fan above

the stove, a new fridge. I was really amazed at what Meridian would do for their tenants.

Our stay at the Halifax Building was not too happy a one. I was in a car accident May 16th, 1973 and my health was deteriorating. Our second son came and lived with us in June of that year, having lost his job, and as much as I love my children, I don't feel you should have them live with you in an apartment. It is too much of a strain.

We had considerable annoyance with the tenants below us and I simply could not cope much longer. I asked the boys to find other accommodations. My husband and I took a one bedroom in the Ottawa building. We have been there ever since. Once again Meridian came to our rescue.

As you said in your letter "that you could just afford to live in a DECENT place", you are quite right. St. James Town is a decent place to live. As far as the elevators go, have you ever watched the tenants. If the door does not close immediately, they pull on the rubber etc. etc. The elevators are set accordingly and should be left alone.

As far as the four or five girls living in the one bedroom down the hall from you, are they annoying you? If not, why bring innocent parties into the problem you are having with Meridian, you seem to be expressing your negative feelings - how about the positive ones. I feel sure that Meridian has helped you somehow in your stay here.

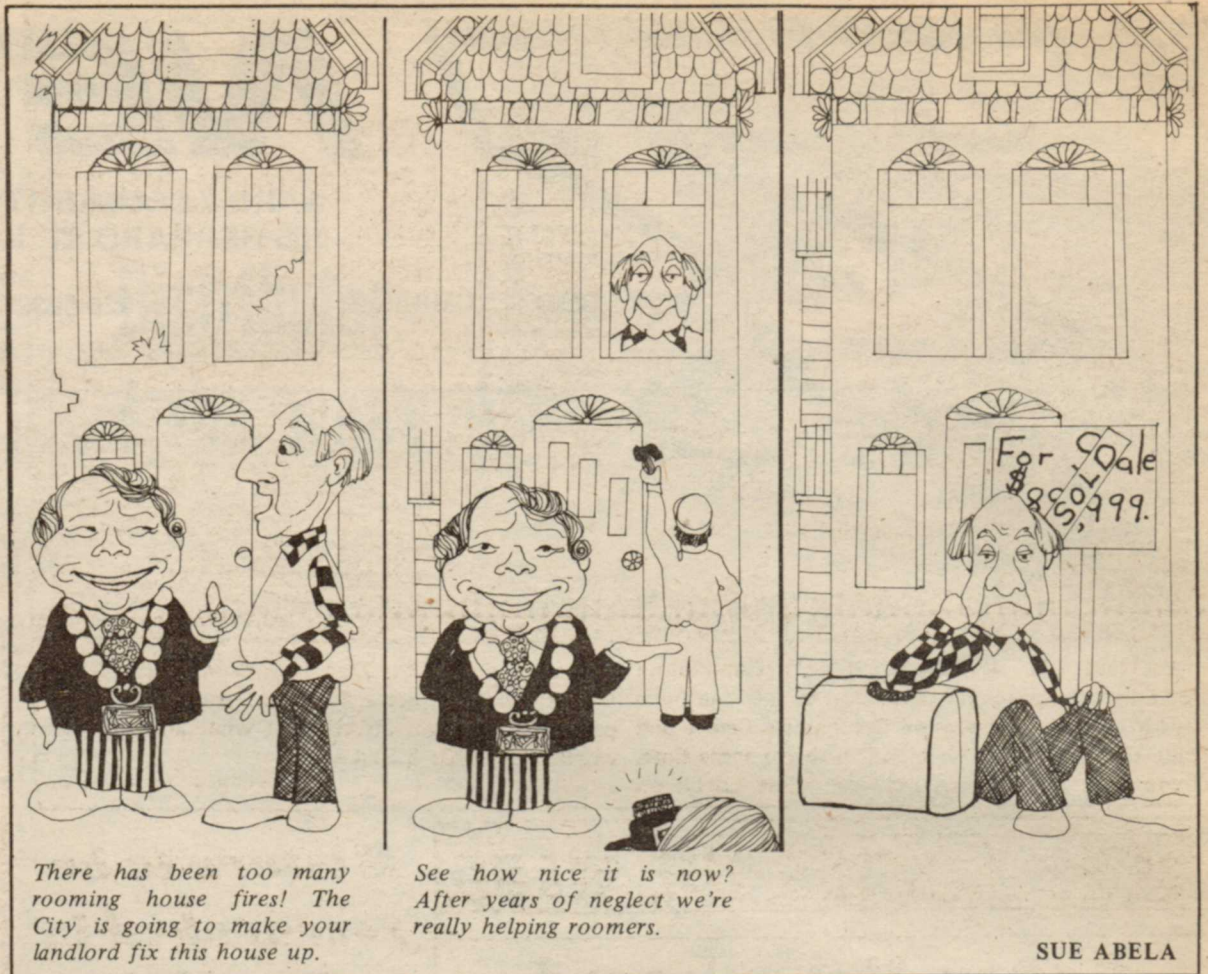
Do you know that Meridian has put in special plumbing for the tenants that suffer from kidney disorders, or what about the wheel chair cases. Nothing good that Meridian does is ever talked about. WHY???

Meridian has excellent Building Managers such as Mr. & Mrs. Kane in the Ottawa Building, Mr. & Mrs. Lindsay in the Halifax Building and Mr. & Mrs. Heard in the Winnipeg Building. There is nothing these Managers would not do for you.

I would say that I have 10 years to go before retirement (The Good Lord Willing). I would not want to move from St. James Town - it's beautiful!!

TO: Mr. Jack Bain, Mr. H. Olthuis, Mr. B. Sherr, Mr. J. Lopes and the two lovely ladies in the rental office, Mrs. Khan and Mrs. Smith, I take my hat off to you - you are all doing a fabulous job.

Lynn Bilon  
650 Parliament Street



There has been too many rooming house fires! The City is going to make your landlord fix this house up.

See how nice it is now? After years of neglect we're really helping roomers.

SUE ABELA

## 'Dear Norperson'

Dear Norperson;

I am much impressed by the personly way in which you personaged to scotch the silly practice of substituting person for man.

It is a personifestly absurd one, and certainly no person or woperson at SEVEN NEWS should have a persondate to continue it.

Ralph Cunningham  
Browning Ave.

## Volunteer to assist editor

SEVEN NEWS needs a volunteer who would be willing to work three or four hours every second Monday night to help prepare copy for the typesetters. An ability to type is the only requirement necessary.

Monday noon is the nominal deadline for copy for any issue of SEVEN NEWS but in reality, items keep coming in all through the afternoon and into the evening.

Monday afternoon is usually spent by the editor rounding up articles, phoning and checking on late-breaking stories. After supper and a three-hour nap, he then settles down to prepare all the copy so that it can be taken to the typesetters the following morning at 10 a.m.

On an average 8-page paper, he doesn't finish up until around 4 a.m. in the morning. On a recent 12-page issue, he didn't finish up until 9 a.m. the next morning.

To cut down on this abnormal workload, a volunteer would be a help in the early evening. Anyone interested in helping out is asked to call Norman Browne at 920-8632.

## THANKYOU

Dear Sir;

I wish to thank all my friends in Moss Park, Regent Park Church and St. Jamestown for all the lovely cards, flowers, phone calls and visits I received while a patient in Womens College Hospital.

Irene Burns  
295 Shuter St.

## Boys play broom-ball

Dear Sir;

Much has been written about the rowdies in the neighbourhood, but how much praise do the clean living young chaps receive these days! Ward Seven has a fine group of young men of whom we are little aware.

At the moment, I am referring to a team, which has just won the trophy for a most exciting and interesting winter season of Broom-ball!

Most of their games were played at Ted Reeve Arena and there were also some exhibition games held outside the city. These chaps are from Ward Seven, are captained by Doug Humphries and are called the

"Yokels". They deserve a lot of praise.

Two other teams in the League from Ward Seven are "Sacre Coeur" and "Wheel and Rim", each a fine group of fellows.

Broom-ball, "Ballon-Balai" as Sacre-Coeur calls it, is a very fast and exciting game. Never a dull moment! The chap responsible for getting these teams going and working out their schedules is Rene Boudreault.

Come on you businessmen and parents, lets give these boys a hand and some encouragement for next season's games, coming up. For information phone 920-6134.

Peter Law  
Don Vale

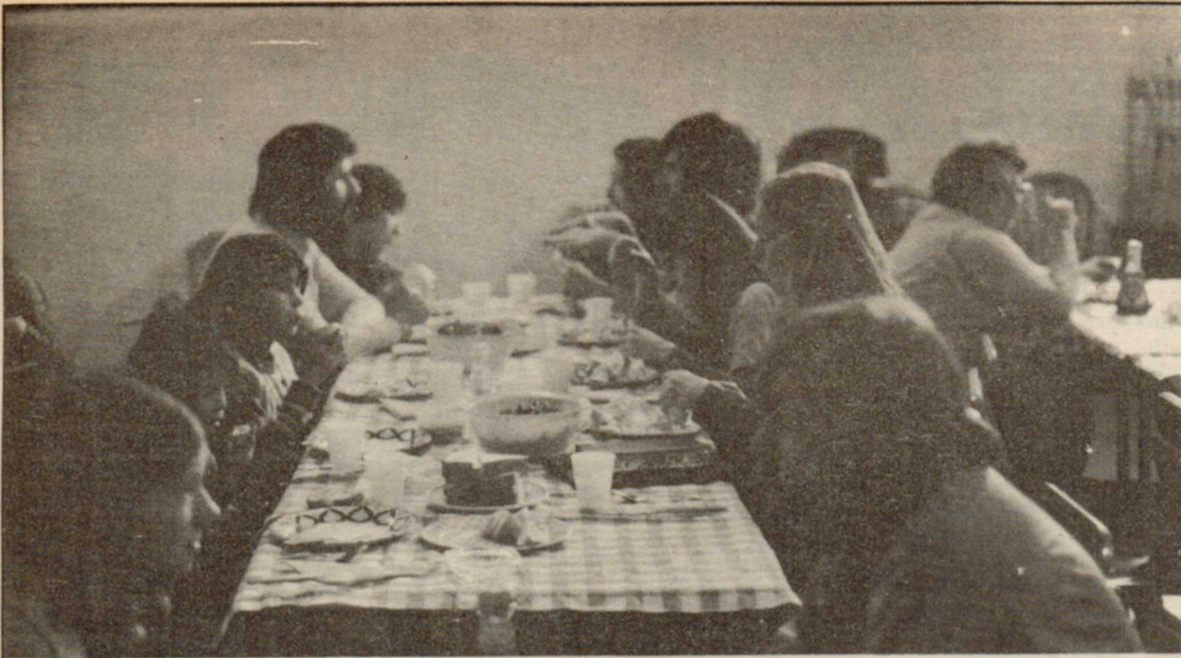
**green earth**  
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247 Wellesley St. E.  
923-6549

Donwest Neighbours Group requires  
A Property Manager  
Applicant should have some experience and must reside in South of Carlton Area. In the event of applicants of equal qualifications, preference would be given to an existing tenant. Send resume to Central Neighbourhood House, 349 Ontario St.

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**7 NEWS**  
SEVEN NEWS is a bi-weekly community-owned newspaper published by Seven News, Inc. Its mailing address is 265 Gerrard St. E. and its offices are located at 80 Winchester street, phone 920-8632. SEVEN NEWS does not support any political party or individual, and invites members of the community of all persuasions to write. The aim is to publish as much of what comes in as possible, but space limitations necessitate some selection of material. The opinions expressed in SEVEN NEWS are the opinions of the individual writers and do not represent the views of the editorial staff or publishing organization.

**IMPORTANT MESSAGE FOR BOYS 8 to 14**  
**IT IS TIME TO JOIN THE INTER-CITY SOCCER LEAGUE**  
For the second consecutive year, Broadview YMCA is holding a soccer competition which will run through spring, summer and fall of 1974.  
**REGISTRATION DAY - SATURDAY, MAY 4**  
TIME: 10 a.m. until 2 p.m.  
COST: One Dollar  
Please register on this day because we only have room for 50 more boys than last year.  
So come on down and:  
● HAVE A SOFT DRINK  
● SEE A PROFESSIONAL SOCCER FILM  
● KICK A BALL AROUND WITH SOME FRIENDS  
**ATTENTION PARENTS:**  
To help make soccer a major sport in the Riverdale community, we need your help. We would like to ask for your time as a coach. If you cannot find the time to coach, please encourage your boy or the boy down the street to join in the fun.  
For further information please call 461-8123 and ask for Bill Walker.  
**ALL GAMES WILL BE INSTRUCTED IN ENGLISH**



**EATING OUT IN WARD SEVEN:** Community Hot Lunch Programs for adults are all the rage these days in the area. Woodgreen Community Centre and Duke of York school have had them for some time. Thursdays and at the Don Vale Community Centre (above) you can get a fair meal and only have to pay what you can afford — or what you think its worth. **RATING: 3 STARS.**

Photo by Frank Elsasser

## NEWS ACROSS THE WARD

### Seven News board vetos election stories

The SEVEN NEWS Board of Directors, at their last meeting, decided to prohibit the publication of political stories during any election period.

At present, Federal, Provincial and municipal politicians whose electoral area overlaps Ward Seven have the privilege of writing columns for SEVEN NEWS.

In the case of Federal and Provincial politicians, this writing privilege would terminate at the opening date of an election until after the election was over.

In the case of school trustees and aldermen, they would be prohibited from writing for the paper as soon as nominations close for a Municipal election. Those winning the election would then be asked to write columns again for SEVEN NEWS.

The SEVEN NEWS Board also reaffirmed that the Editor, in consultation with the Editorial Committee, has the authority to reject articles of an overtly political nature during an election campaign.

This was proposed to stop people in the community (or outside) from writing an article in support of a specific candidate.

### Community Centre sought for Don Mount

Two City-owned parcels of land in the Don Mount area may be developed for low density housing although indications are that local residents favour them being used for Community Centre and Day Care facilities.

The properties in question front on Carroll street between Matilda and Thompson streets and face Don Mount Court about mid-way between Dundas and Queen.

Since the area where the lots are located is industrial, the City had originally thought of selling them for industrial use. However, meetings with residents in the area last Spring and Fall suggested it be used as a site for a general purpose community centre.

The residents indicated that there were no places available in the area where community activities could be held. The use of schools was discussed briefly but rejected because of the difficulties involved in reserving space, the unavailability of space during the day and the reluctance of many children to return to school after hours.

The City has decided that the use of the land be assessed later in conjunction with a Neighbourhood Improvement Program planned for the area.

### Abandoned dogs find local benefactors

Two dogs, abandoned and running wild in Don Vale are being cared for and slowly tamed through the generosity and kindness of two neighbourhood women.

Two months ago, the two dogs were dumped on the vacant lot at Spruce and Sackville streets and left to run wild on their own. Because of ill-treatment by previous owners, the dogs were completely shy of humans and early attempts by the Humane Society to catch them proved unsuccessful.

Since then, they have been living on the grounds of the deserted Sleepmaster Factory where they are fed daily through the generosity of two local women.

"I've talked to all the neighbourhood children and asked them not to tease the dogs," said Polly Evans, one of the animals benefactors. "When I get them tamed and trusting me," she said, "I'll bring them home, care for them, and try and find good homes for them."

### History to be researched in Don Vale

by JANET HOWARD

Don Vale is to be involved in a pilot project with the Toronto Historical Board in researching its own architectural history.

If the idea works, other neighbourhoods may then be approached in an effort to inform Torontonians of the treasures of their areas while at the same time helping provide the research the Board needs for its ever growing list of designated buildings.

Old buildings are a delight to more and more people. Rundown or renovated, cottage or medical school, architecture tells the story of a city. Under existing legislation, the Toronto Historical Board and City Council can designate buildings and other landmarks as historic sites, although no one can prevent demolition of the buildings beyond a 60-day delay in issuing a permit.

However, with the growing awareness of people across the city of their visual heritage, and a sympathetic City Council, the Board has expanded its list to around 500 buildings at present, with more to come. Don Vale can now point with pride to nine listed buildings or groups of buildings, a fence, two gates, and eight tombs in St. James Cemetery.

Volunteers will work under the Historical Preservation Section of the Board, learning what information to look for and where to look for it, and when the work is completed on the listed buildings, the researchers may wish to continue by finding out about their own houses and streets.

Those wishing to volunteer should call Janet Howard at 967-7644. No previous experience is necessary — only an interest in the story of your neighbourhood.

On the Board's list and adopted by City Council so far are: 635 Parliament Street (fence and gate, St. James the Less and St. James the Less Chapel); 156 Winchester Street (the Lamb house); 384 Sumach Street (house); 200 Winchester Street (Toronto Necropolis Chapel, gate, lodge); 377 Sackville Street (house) 70-108 Spruce St., 1-60 Gildersleeve Place and 119-133 Spruce St. (Spruce Court Apartments); 289 Sumach Street (Ontario Women's Medical College); 41 Spruce Street (Trinity College Medical School, now Sleepmaster Mattress Co.) 402½ Wellesley St. E. (house); and the following tombs: Austin, Brock, Gooderham, Gzowski, Howland, Jarvis, Manning, and Severs.

## Auction Sale

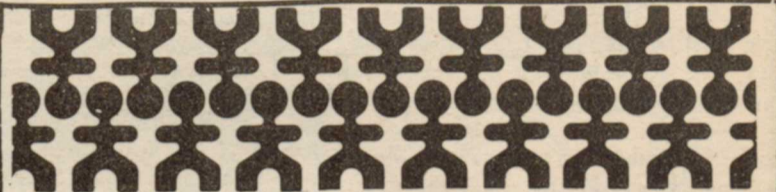
Every Thursday, commencing May 9th, 125 Broadview at Queen

Sale consisting of antique and old furnishing, china, brass, silver, copper, etc.

NOTE: Single pieces or entire estates bought or taken on consignment

W. Jacques

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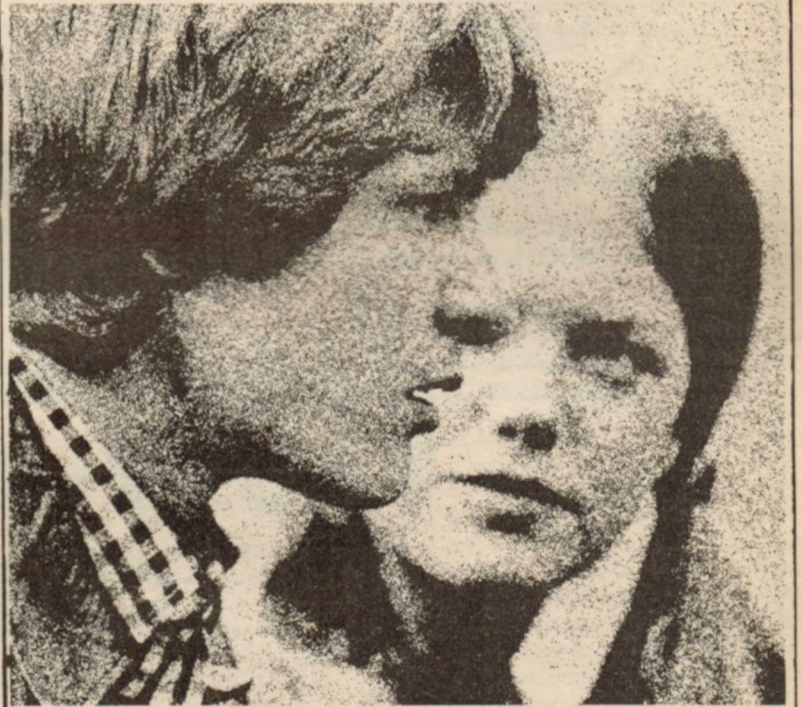
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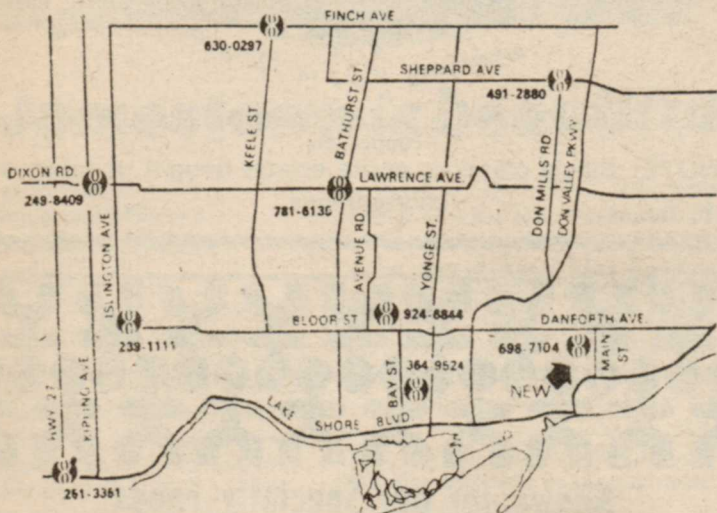
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overload  
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## Housing co-op buys hotel

Don West Neighbours Group, a community-owned non-profit co-operative housing corporation operating for three years in the South of Carlton area, has just announced the imminent purchase of their seventh unit.

The purchase, still to be approved by Central Mortgage and Housing Corporation, is a 60-room hotel located at 117 Pembroke street. Purchase price was \$279,000.

If the deal is approved by CMHC, preliminary plans call for converting the hotel into a mixed use building of apartments and room units.



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## Tommy Thompson to lead 'walk' through Don Vale

by JOANNA SCHMIDA

If you haven't heard of Don Vale's forsythia festival, you are either a tourist or new in the area! It's an annual local spring festival devoted to beautifying Don Vale through the planting of forsythia shrubs.

Still excited over last year's heady success, Tony Brady, the festival's creator and organizer, recently outlined his plans to me for this year's event.

The festival will take place on Sunday, April 28. Metro Parks Commissioner Tommy Thompson will be kicking off the festivities at 10:00 a.m. by leading one of his famous walks through the Don Vale area. Everyone is invited to join

Tommy as he walks a route plotted by Janet Howard of the Historical Board, beginning at Parliament and Bloor, in front of St. James Cemetery. The walk ends at Wellesley Park at 12:45, so don your most comfortable shoes, throw a picnic lunch together and join the fun.

Following the walk there will be entertainment at Wellesley Park by the Songsters, a Barber Shop quartet, Mr. Gustafson with the Forever Young Group, and the beautiful Irish harpist, Ethna Dunn, of "Pig and Whistle" fame - and many others.

Next, there'll be a mutt show organized by Don Vale's Menagerie Pet Shop. Prizes will be awarded for the worst looking mutt, the best-looking, the biggest, the smallest, etc. Organizers have invited as judges His Worship Mayor David Crombie, Alderman Karl Jaffary, Dr. M. O'Riordan, Lady Joyce Crispin, actress Jean Templeton, columnist Paul Rimstead, and CBC writer Sylvia Hughes. This promises to be the highlight of the festival, so bring your dog on a lead at 1:00 to Wellesley Park and join the fun! (Rumor has it that 2 surprise stakers will be crashing the mutt show!)

Another exciting event at the Park will be a local boys' boxing match organized by Bill Bland. Further, the well-known writer and film-maker, Gordon Nault, is planning to attend. Mr. Nault is considering a documentary on the festival - an indication that fame of the event has spread throughout the media.

In keeping with the "raison d'être" of the festival, i.e. to beautify Don Vale with cheerful, hardy forsythia, the President of the Ward 7 Businessmen's Association, Bart Davis, reports that his group (which has donated \$100 to the event) will be placing 100 potted forsythia bushes in the Parliament St. district. Further, shopkeepers, churches and restaurants in the area have been asked to use forsythia as decor wherever possible during this season.

Which brings us to the second and most important reason for the festival. Last year, the festival showed how community spirit for a common cause can unify and light up a whole neighbourhood. It was a happening, and everybody had a lot of fun. This kind of enthusiasm for planting and beautifying the area each year could make Don Vale one of the loveliest and friendliest spots in the city in springtime.

So join in. It's easy, it's fun, and it's free. Meet your neighbours, make friends and help make the area beautiful. See you Sunday, April 28!

## Spring Special

Hand packed ice cream

**Buy one Quart \$1.75**

**Get one Pint free .90c**

offer expires April 26, 1974

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# Ward Seven may get its own High School

by GORDON CRESSY  
and DOUG BARR

If enough students are interested, a downtown academic High School will open at Eastdale (Boulton and Gerrard) in Ward Seven this coming September.

The present program at Eastdale, which has served many young women well, is closing in June because of declining enrolment. Although declining student enrolment is city-wide, it has affected Vocational schools most dramatically.

The need for an Academic High School in Ward Seven has been expressed to us many times over the last few years. Most forcible of those groups asking for such a school have been the Trefann Court Mothers and the Park School Community Council.

In addition, the concept of the school has received endorsement from the Toronto Board of Education, Duncan Green, Director of Education, Graham Scott, former school trustee for Ward Seven, our local Ward Aldermen, and the YMCA.

The idea of a small High School located in an area where students and their families now live, makes good sense to us.

If this type of school appeals to you and your child, you can find out specific entrance requirements from the guidance counsellor at your local public school.

Once students and parents have expressed a definite interest in Eastdale, a meeting will be held to further develop plans for the school.



If the school works — and we believe it will — then staff and students together (with a little help from parents and resource people) will have developed a school and a program that our area can look to with real pride and enthusiasm.

It will be a Community School in the best sense of the term.

Dear Editor;

Eastdale High School is an all girls' vocational school located at 701 Gerrard St. E., near Carlaw and Gerrard. This fall the school is changing to an academic programme for both girls and boys.

This school will have high standards of learning and a smaller classroom concept. It should prove beneficial to students who require a lot of encouragement and support. For some students a little extra attention may make the difference between continuing their education or being a drop-out.

For the first year, it will be a straight academic programme. Eventually, a plan which will allow students to alternate periods of work with periods of school study could be introduced.

I think this is a great idea. It's time to do something about the student who is bored, lacking motivation, or unable to see the connection between what he is learning at school and the real world. This kind of experience could make all the difference in his or her attitude.

Courses should be developed to give students practice in expressing themselves. This is important, I feel, in developing self confidence which is so essential when they are considering higher education, looking for employment, and getting along with the world.

Although I am very much in support of a school with high standards, I hope it will keep in mind the student who needs that very human element — caring.

Mary Bilan  
Regent Park

## Eastdale School: Some questions and answers

**What type of student is the new Eastdale Secondary School designed for?**

Eastdale will be for students who plan to obtain their Secondary School Honour Graduation Diploma, mostly in academic subjects. It is especially designed for students who think they may wish to go on to university, but it will try to give a good education to those students who decide to attend a community college, or who finish their formal schooling with Grade 13. You should not attend Eastdale unless you sincerely desire to do good academic work.

**What schools will send students to the new Eastdale Secondary School?**

For the most part the students will be drawn from Park, Queen Alexandra, Lord Dufferin, and perhaps Winchester and Earl Grey. If there is room, students from other parts of the city may also apply to go.

**How will Eastdale be different from other schools I could attend?**

It will be smaller. For the first year there will probably be fewer than one hundred students and even when it is full and classes extend up to the end of Grade 13, Eastdale will not contain more than three hundred students.

We hope that this means that the atmosphere will be informal. For instance, seating arrangements and the arrangements for moving from class to class will be handled casually, as in fact they are in many secondary schools now. Because Eastdale is small, such casual arrangements should work well.

There will be a lounge available for periods when you are not in class. Staff and students will share this lounge and share the responsibility for keeping it a pleasant place to be.

Each class period will be longer — about fifty minutes in length. This means that you should be able to settle down to work in a more concentrated way and receive some individual attention from the teacher.

**What will the school year be like at Eastdale?**

Initially, it will be exactly like that of

other secondary schools. It is possible that eventually a different plan will be worked out — a plan which would allow you to alternate periods of work with periods of school study. Before a change in the school year is introduced, it would be discussed with students and parents.

**Will standards of achievement be high?**

The work required of you at Eastdale will be as difficult as at any secondary school in Toronto, but because the school is smaller, we hope that we will be able to give you a good deal of personal attention. This means that if you are absent we will want to know why and we will want to assist you with any problems which might keep you away from school. On those days when you are present but having trouble concentrating, we will try to be understanding, but we won't let up on the work.

**Will Eastdale put emphasis on any particular subjects?**

The subjects most stressed at Eastdale will be reading, writing and mathematics. Each student entering Eastdale will be carefully assessed by the staff for his skill in these basic subjects and students requiring extra help will receive it. In addition, the staff will spend some time in establishing study skills and methodical use of time, in an effort to help students face the more concentrated work of the secondary school curriculum.

**How will marks be determined at Eastdale?**

The work you do in class and your assignments during the term will decide a large part of your mark. There will be examinations, and these examinations will be fair, but not easy. Emphasis will be on day-to-day achievement. If things work out as we hope, teachers and students should be constantly aware of how satisfactory the progress of each student is.

**Will Eastdale offer all the subjects other secondary schools offer?**

No. You will not have as many options open to you because the school will be concentrating on such fundamental subjects as English, Mathematics, Science, History, Geography, Physical Education and French. All students will also be offered Typing.

**What about sports?**

There will be a very active program of participation in sports, but probably Eastdale will not have teams in the football or basketball leagues of the city. The emphasis in the first few years at least will be on fitness and participation, not on competition. This does not mean that there won't be friendly contests among Eastdale students.

**Will Eastdale be a community school?**

You will make considerable use of the buildings and resources that are already in the community. For instance, many physical education periods will take place at the Broadview YMCA. You will also make regular visits to such places as Massey Hall, City Hall and The Art Gallery — and these visits will be closely related to the work you are doing in your courses.

Often, people from the community will come in to talk to your classes so that you will learn first hand what it's like to be a business person, lawyer, nurse, manufacturer, social worker or working mother.

Evening classes will be offered in practical and artistic subjects such as ceramics, sew-

ing, music and public speaking. These will be open to both parents and young people in the community, and it may happen that you will take some subjects with your own parents, if you wish.

**Will it be possible to transfer from Eastdale to another secondary school in Toronto or elsewhere?**

Yes. Credits will be transferred with you, if you decide you would like to go to another school.

**Will Eastdale offer all grades up to and including Grade 13?**

Yes. The first year only Grade 9 students will be accepted, but each year another grade will be added until all five years of secondary school are being taught at Eastdale.

## Oak School in jeopardy as population dwindles

by LYNN BURNS

In 1967 the Toronto Board of Education saw fit to begin expropriation proceedings of the fifty-two homes on the block of River Street between Oak and Cornwall Streets in order to build an additional educational facility in Ward Seven.

Having encountered unexpected and protracted political hassles with respect to the proposed school, the Board thought it wise in April 1970 to establish a Task Force on Education whose partial mandate was to "involve parents, citizens and other interested parties in the community in planning the facilities to be provided in the new Oak Street Public School."

During the Task Force's residence on the school site (until June 1972) numerous meetings were held, a citizens' committee formed, the community surveyed, a kindergarten to grade eight school approved in principle by all concerned, negotiations held with various levels of government eliciting promises and financing for the incorporation of a twenty-five metre pool, an expanded gymnasium and a daycare centre in the school, and September 1974 was projected as the opening date.

More importantly, however, during these two years the community clarified its feelings and position with respect to education and determined what the role of the Oak Community School would be in the community.

Oak Community School was not simply to be another school which the community was allowed to use on weekends and in the evenings but a school in which the community could feel comfortable at all times, a school which would function simultaneously as a school and as a community centre and a school which would invite and encourage community involvement in its decision-making mechanism.

This concept is still very much alive within the core group of people who have worked at the school over the past years; however, they are in danger of losing the building which would house the manifestations of such a concept.

The first blow came in May 1973 when the Board of Education in its budget struggles decided to re-deploy the principal chosen by the community, Mr. Les Birmingham, to another school. The second and more serious threat has arrived in the form of the projections of pupil enrollment — a 30,000 drop in enrollment is expected across the city in the next four years. This figure, obviously, does not augur well for obtaining Ministry of Education approval for the final drawings.

Notwithstanding the figures, the citizens' committee is marshalling its forces and arguments for completion of the building — two million dollars wasted, the desirability of applying such a concept to this particular community, etc., etc. Yet contingency plans must be made. At the moment the citizens' committee is brainstorming around other possible uses of the site. They are not prepared to have any or all levels of government make any decisions without their active participation.

Neither are they prepared to give up the school without a struggle. Irrespective of pupil numbers there is still a need for an alternative school in this community, particularly one which is open to the community at all times and on all levels.

# Local report has implications for all of Canada

The Skid-Row Subcommittee Report of the South of Carlton Working Committee, now in the process of being presented to the Planning Board, City Council and Metro, may be the single, most explosive document ever to come out of a routine, neighbourhood planning study.

It is the first time that any group has taken a long, detailed look at a problem that up until now, most people have been content to ignore.

The geographic area concerned in the report is small (south of Carlton street) but the problem is city-wide and country-wide. And the observations and recommendations in the report have application right across Canada.

Following is excerpts from that report:

## INTRODUCTION

South of Carlton is an inner city residential neighbourhood bounded by Carlton, Parliament, Queen and Jarvis Streets. Most residents in the area are of low to moderate income and include families, senior citizens and roomers.

In February 1972, at the request of a resident's group in the area, staff from the City of Toronto Planning Board began to meet regularly with a Working Committee composed of people living and/or working in South of Carlton to prepare a detailed planning study for the neighbourhood.

Skid-Row was immediately identified as a major problem. In a door-to-door survey of the area, it was found that 50 per cent of the complaints about the area concerned skid-row. On more than one occasion, residents have been angered and frustrated to see the press refer to their neighbourhood generally as skid-row.

In March 1973, a Skid-Row Subcommittee composed of area residents was formed to develop strategies for dealing with skid-row.

## THE SKID-ROW LIFESTYLE

The skid-row individual is a socially isolated person who because of physical, emotional and/or educational disadvantages is unable to participate successfully in our complex and highly competitive technological society.

As a result, this person depends for his physical, economic and social survival on an ad hoc collection of facilities and services. These provide for his immediate needs for survival (a custodial approach) but accomplish little in the way of encouraging personal independence.

Contrary to popular opinion, the findings of a skid-row survey do not support the transient concept of skid-row men. Of those interviewed, 73 per cent had been living in Metro for four or more years. Only 18 per cent had been in Metro less than a year.

28 per cent of those interviewed were handicapped by accident or disability.

Only 20 per cent of those interviewed claimed alcoholism as a problem.

The skid-row man tends to be economically disadvantaged in the labour market both because of a lower level of education and generally advanced age.

A key characteristic of the skid-row person is his social isolation. Over 90 per cent of those interviewed were either single, widowed, separated or divorced. Individual isolation is also apparent in both the lack of employment and the large turn-over in employers.

The skid-row resident is also poor. Over 50 per cent depend on public or private assistance of some sort. Only 4 per cent of those interviewed were employed full-time.

## CO-ORDINATED ASSISTANCE

To deal with the problems of the skid-row lifestyle requires a basic change in the philosophy of both public and private agencies involved.

Skid-row people are individuals with a complex set of problems requiring long term co-ordinated assistance rather than an ad hoc collection of services offering piecemeal assistance.

At present, an individual must "make the rounds" from one agency to another to satisfy his immediate needs. There is little if any co-ordination of services.

It is possible for a man to be treated in the emergency department of a hospital for a suspected heart attack one day and to be standing in line at the missions for food and shelter the next.

And men seeking shelter in the missions are routinely put out on the street early each morning regardless of their state of health or their ability to find employment.

## HOUSING CONDITIONS

A major problem in regulating housing standards arises from the ownership pattern. Less than half the dwellings in South of Carlton are owner-occupied and at least 90 per cent of the households are tenants.

Many owners of income properties in South of Carlton do not maintain their properties adequately. Yet, the procedure involved in issuing work orders and getting them obeyed is time consuming and largely ineffective.

It often proves less expensive for a landlord to pay his fine rather than maintain his property.

One of the main problems in the regulation of housing standards in rooming houses and flophouses has been the general lack of recognition of the specialized function served by these types of dwellings.

Relatively high population densities are accommodated in both rooming houses and flophouses yet regular inspection of

rooming houses and flophouses throughout Toronto is simply not done.

The presence or absence of a resident operator and the competency of the operator are also factors in determining the living conditions of rooming houses and flophouses.

Meetings and discussions with roomers and rooming house owners demonstrated unanimous agreement on the need for competent resident operators in rooming houses.

## PUBLIC HOUSING

It is generally recognized that there is a diminishing supply of low cost housing in the inner city. While Ontario Housing Corporation (OHC) recognizes the critical shortage of low cost family and senior citizen housing, they have no policies designed to meet the needs of the low income single tenant.

A major proportion of this group now finds accommodation in rooming houses located within inner residential areas. This supply is decreasing as existing housing stock is demolished for high rise development to house middle income groups.

Increasing numbers of professionals are buying and renovating existing houses to meet middle class housing needs and are thereby further decreasing the supply of rooming houses for low income single tenants.

Two prior studies on roomers both recommend that public housing projects include rooming units.

## NON-PROFIT HOUSING

While an increase in the availability of accommodation for low income single persons will likely help some individuals, accommodation alone does not deal with the problem of social isolation.

The two major issues involved in skid-row housing are physical shelter and social support. Housing projects are needed which provide both low cost shelter and the opportunity to become involved in the management of his home.

An effective means of achieving both of these objectives has been worked out in a Vancouver project which created non-profit housing for low income single persons and a program directed toward encouraging tenant participation in management.

The methods used in the Vancouver project should be applied also here in Toronto.

## GROUP HOUSES

A significant number of skid-row individuals are under 30 years of age. It is likely that some of these younger men would benefit from a group house experience.

In a group house, accommodation would be provided for ten to twenty individuals on a referral basis. The house would be staffed 24 hours a day with a counsellor. A criteria for tenancy would be willingness to participate in management and maintenance.

The primary responsibility of the counsellor would be to assist the tenants in establishing a house organization and to help individuals overcome those personal problems that prevent them from functioning independently within our society.

## SEATON HOUSE

At present, Seaton House, on George street south of Gerrard, provides accommodation for two types of individuals.

The first group includes single, unemployable and economically dependent men. Accommodation includes small rooms with two or three beds and dorms with 12

beds.

Seaton House is home for these men and the residents are free to come and go as in any residence. Recreation facilities are limited: there is a TV room and lounge area.

About half the unemployable residents are senior citizens who stay there due to the shortage of senior citizen accommodation in the area.

The second type of person served by Seaton House is the destitute single man. Accommodation is provided on a weekly basis in drab hostel areas containing bunk beds.

As this individual is considered employable, he must leave the institution at 8 a.m. and may return for dinner. In the evening, both groups share the limited recreation facilities. Use of the dining hall is staggered to accommodate both types of men.

It is suggested that providing one type of housing objective might be more desirable than the two now provided by Seaton House. Seaton House should also be renovated to improve its living quarters. There should also be a program set up that would encourage tenant participation in the management of the building.

## DETOX UNITS

The health statistics for the Don District and especially South of Carlton indicate a high death rate from alcoholism and alcoholic related diseases. The combined death rate for Toronto from these causes in 1971 was only 9 per 100,000 people.

In the South of Carlton area the death rate was 137 per 100,000 people.

There are no detox units available now within South of Carlton. In 1972 a pilot program was set up to provide 12 units in Ontario with six of these in Toronto.

To this date only three detox units providing a total of 59 beds have been established.

In 1972, 51 Police Division (which covers this area) reported over 5,000 arrests for chronic drunkenness.

It is apparent that the 10 beds reserved in the detox unit at 314 Adelaide St. are insufficient to deal with the problem of drunkenness in 51 Division and also the South of Carlton area.

The Provincial Government has agreed to finance 80 per cent of the capital and operating costs of a half-way house for each detox unit. At present there are three half-way houses in operation, providing a total of 51 beds.

One of the halfway houses with 14 beds is solely for the use of women although there are 6 beds for women in existing detox units.

While it is recognized that the detox unit/halfway house program is not the only valid approach to alcoholism, the pilot program should be expedited in order to permit evaluation of the success of this approach.

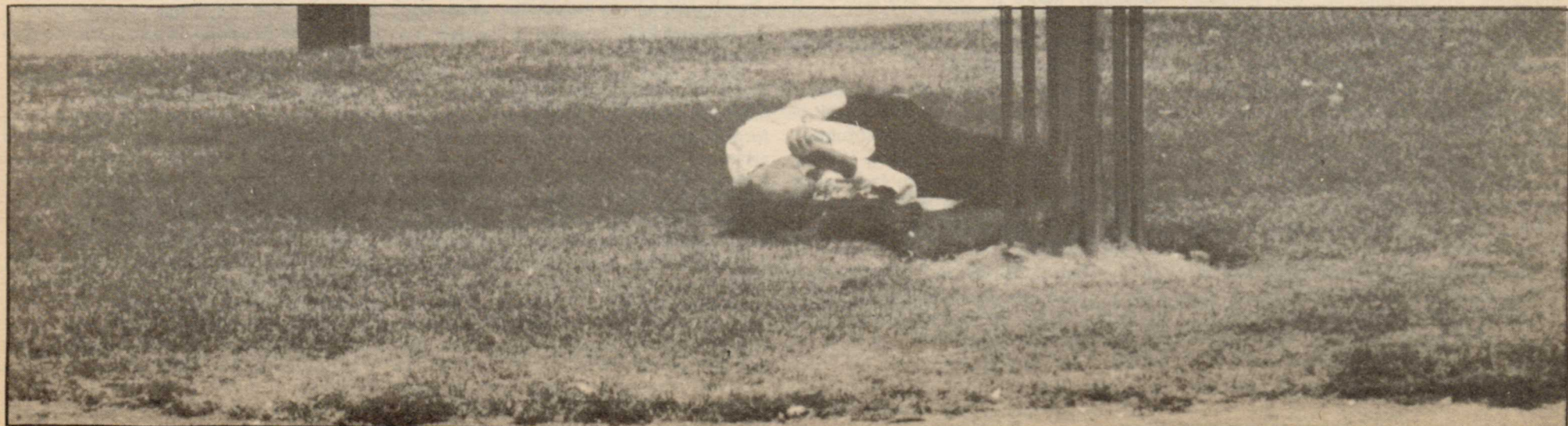
Such knowledge could be applied to further improve the program for the treatment of alcoholics.

## CONCLUSION

The Skid-Row Subcommittee does not support the continuation or expansion of the custodial approach to skid-row problems.

Our recommendations set out a revised program for assisting individuals beyond their emergency needs for survival.

The emergency was over with the Depression.



## Skid-Row Recommendations

• That the Commissioner of Metro Social Services report by January 1, 1975, on how to co-ordinate the programs of existing agencies to provide long term assistance to skid-row men in Toronto.

• That all persons or companies be required to possess a "landlord permit" if they own more than six dwelling units. Such a permit would be issued by the City and could be revoked if an owner fails to maintain his units to conform to the City's Housing Standards By-law.

• That a lodging house by-law be enacted to regulate both rooming houses and flophouses.

• That a Lodging House Division be established within the City administration charged with sole responsibility for administering the by-law.

• That the proposed by-law include regulations governing both housing conditions and health and safety standards.

• That the proposed by-law require all lodging house owners to possess a "landlord permit".

• That such "landlord permits" be issued on an annual basis subject to an inspection of the premises.

• That the City enact legislation requiring tenants to pay their rent to the City in a lodging house where the Owner's Permit has been revoked.

• That a Committee be established including rooming house owners, operators, and tenants to advise on the preparation of the Lodging House by-law.

• That such a by-law require a competent, resident operator for every rooming house.

• That the Provincial Government grant the City control over demolition in order that the City may effectively plan for a healthy City environment.

• That the Ontario Housing Corporation be requested to extend their policies and programs to include low income single persons.

• That OHC be requested to extend their rent supplement program to include rooming units for low income single persons.

• That future public housing projects include accommodation for low income single people on the same proportion as that found in the surrounding neighbourhood.

• That priority for such units go to single low income people who have lived in the immediate neighbourhood for the preceding three years.

• That City Council acquire properties suitable for roomers and make them available to non-profit housing groups.

• That the City and Metro jointly invite proposals from private social service agencies on how to implement, design and finance a "group house" project for skid-row individuals.

• That discussions be initiated with the Commissioner of Metro Social Services concerning the future role of Seaton House.

• That the Addiction Research Foundation in co-operation with the Province provide at least one of the three additional detoxification units planned for the Don District.

• That Metro acquire suitable residential properties that can be used as half-way houses.

• That Metro fund such houses if they can't get operating costs from other sources.

• That no increase or expansion of single men's hostels be allowed if they only provide "piecemeal" assistance to the men.

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Even if you don't pay income tax this year, please be sure to fill out and file both the Federal income tax return and the Ontario Tax Credit Form. They both come in the same envelope—you will find the Ontario Tax Credit Form on pages 2 and 3 of the T1 Schedules.

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## Lectures held on old Toronto

The Toronto of the early 1800's is being revived this month in a series of anecdotal lectures being presented by George Brown College and the Enoch Turner Schoolhouse Foundation.

Prominent historians, art curators and other leading authorities in the field of early Canadiana are taking a look at both the serious and the silly side of life in Toronto more than a century ago. The 10-lecture series will cover the fashions, lifestyle, art, education and architecture of early York.

In keeping with the theme, the lectures and ensuing discussions and debate are taking place in Toronto's oldest schoolhouse — the Enoch Turner Schoolhouse — at Trinity street and King Street East, every Tuesday night from now on. Fee for the lecture series is \$20.

Edith Firth, leading authority and authoress on early Toronto life, particularly its social aspect, opened the series on April 16 with a talk entitled, "From Deondo to York to Toronto". Author of "The Town of York", a two-volume publication, Ms Firth is the head of the Canadiana and Manuscript Section at the Metropolitan Toronto Central Library.

Alan Howard, Curator of the Marine Museum at the Stanley Barracks, Toronto, will deliver the second lecture next Tuesday on the golden age of the passenger steamship.

He's followed on April 30 by Alan Sudden, Head of the Fine Arts Department at the Metro Toronto Central Library, who will speak on "Motherland Fashions to Home-spun Clothes".

On May 7, Una Abrahamson, well-known authority on early rural life will speak on the character of the settlement home, followed on May 14 by Dr. Louis Russell, Curator Emeritus of Vertebrate Paleontology at the Royal Ontario Museum. Title of his address is "Commerce, Crafts, Guilds, Gumption".

Donald Nethery, who is in charge of the historical collection and archives at the Toronto Board of Education, will speak on the history of the Board and its tumultuous beginnings in a lecture on May 21.

Architect John Rempel will discuss the architecture of early Toronto on May 28, followed by Helen Ignatieff, Assistant Curator of Art at the Sigmund Samuel Gallery, who will speak on "Art of the Almanac Generation" on June 4.

Lecturer and MD, Dr. John Scott will discuss medicine of the mid-1800's on June 11. And Prof. J.M. Careless will deliver the final lecture in the series on June 18 when he speaks on "Toronto News and Who's Who, Circa 1848".

Each session begins at 8 p.m. To obtain more information or enrol, phone George Brown College at 967-1212, ext. 521.

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Last year, Alderman Karl Jaffary, along with many residents of Don Vale, planted a number of Forsythia plants around the area. This year, the Forsythia Festival looks to be bigger and better than ever. - 7 News photo

**Regent Community Centre begins spring programme**

The Women's Department at the Regent Park Community Centre has a number of new Spring programs starting that may be of interest to people in the community. They are located in the basement of 470 Dundas St. East, phone 864-9364.

**SEWING** - A Spring sewing program has been started and will run until May 21st.

This is an excellent opportunity for women to save on clothes by learning to make new ones and repair the old. Qualified teachers will be on hand for instruction and guidance. Entrance fee is \$4 and the class runs from 1 to 3:30 in the afternoon.


Free care for pre-school children is provided in a nursery that has been set up for mothers who are attending classes or programs.

**TYPING** - Spring typing classes have begun and will also run until the end of May. As well as being useful for a job, typing can also be of value around the home. Qualified teachers are available for both afternoon and evening classes.

Entrance fee is \$8. The afternoon class is from 1 to 3:30 and the evening class from 6:30 until 8:30 p.m. Phone the Centre at 864-9364 to find out what days the typing classes are available.

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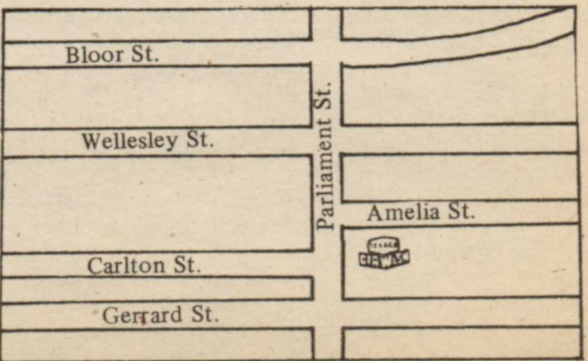
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# COMMUNITY BULLETIN BOARD

## MONDAY, APRIL 22

7:30 p.m. Parliament Library House (265 Gerrard E.) Photography Workshop for adults. Free. Bring your own camera.  
8 p.m. Queen East Presbyterian Church (Queen at Carlaw) Riverdale Liberal Party annual meeting and Provincial Nomination.  
7:30 p.m. Riverdale Library (Broadview & Gerrard) Film evening for adults. Admission free.  
8 p.m. Community Secretariat (249 Gerrard St. E.) Meeting of Don Area Co-op Homes, Inc. (DACHI). All welcome.

## TUESDAY, APRIL 23

7 p.m. Broadview YMCA (275 Broadview) Toronto Floor-Hockey Banquet and presentation of trophies.  
4 p.m. Parliament Library (406 Parliament) Puppet-making for children. Admission free.  
7:30 p.m. Danforth Library (701 Pape) Film series: Natural wonders of North America. Admission is free.

## WEDNESDAY, APRIL 24

Noon - Don Vale Community Centre (80 Winchester St.) Hot lunch served to the community. Eat what you can - pay what you can.  
7 p.m. Sprucecourt school (70 Spruce street) Open House with displays of children's work throughout the school. Free.  
7 p.m. Parliament Library House (265 Gerrard St. E.) Beginning a six-week course in painting and drawing for teens and adults. Free. Call 921-8674 for further information.  
8 p.m. Don Vale Community Centre (80 Winchester) Meeting to set up a new Working Committee to deal with DACHI.  
8 p.m. King Edward school (College and Lippincott) Meeting on Metro Centre. Guest panelists: Jeremy Carver and John Sewell.

## THURSDAY, APRIL 25

7 p.m. All Saints Church (Sherbourne & Dundas) "Come together Club" meeting. Free. Cards, basketball, dancing, refreshments.  
Noon - Dixon Hall (58 Sumach street) Hot soup and sandwiches served for 35¢. Tea and coffee free.  
4 p.m. Parliament Street Library. Films for children. Free.  
7:30 Parliament Library House. Open poetry readings. Free.

## FRIDAY, APRIL 26

8 p.m. Parliament Library House (265 Gerrard E.) Film series: "Stars of the Golden Age of Comedy" with Harry Langdon. Free.

## SATURDAY, APRIL 27

2 p.m. Parliament St. Library (406 Parliament) Puppet show: "The Fat Cat". Admission free.  
1:30 p.m. Dixon Hall (58 Sumach St.) Senior Citizen Bazaar. Bake sale, crafts, white elephant, clothes, lucky draw.  
1:30 p.m. Eastminster United Church (310 Danforth) Annual Spring tea and sale: delicatessen, baked goods, white elephants, quilts, handicrafts, clothing, books, jewellery, plants. Admission is adults, 50¢; children, 25¢ - includes refreshments.  
10 a.m. Broadview YMCA (275 Broadview) Rummage and Bake sale.

## SUNDAY, APRIL 28

Noon - Don Vale (Wellesley St. E.) Annual Don Vale Forsythia Festival: Band, parades, guided tour, etc.  
8:30 Sacred Heart Church (Carlton at Sherbourne) The Matthieu Duguay Consort present "An evening of music by J.S. Bach." Tickets are \$4. Phone: 964-6870, 488-3066, or 691-5632.

## TUESDAY, APRIL 30

10:30 a.m. Parliament Library House. Ladies Day Program: Astrology with guest speaker, Gerald Baran. Free.  
1 p.m. St. Bart's Church (Dundas and Pashler) Household article sale in aid of Regent Park Services Unit. All welcome.  
7:30 p.m. Don Vale Community Centre (80 Winchester) Bingo.  
7:30 p.m. Danforth Library (Pape and Danforth) Film series.  
7:30 Parliament Library House. Creative writing class.

## WEDNESDAY, MAY 1

Noon - Don Vale Community Centre (80 Winchester) Hot lunch for the Community. As much as you can eat for what you can pay.  
7:30 Parliament Library House. Photography workshop for teens.

## THURSDAY, MAY 2

4 p.m. Parliament Library. Free films for children.  
7 p.m. Rose Avenue Public school (St. Jamestown) Bazaar, bake sale, raffle, games, refreshments, etc. All welcome. Free.  
8 p.m. Woodgreen Community Centre (835 Queen East) Annual Meeting of Woodgreen Community Centre and election of Board of Directors. A video-taped film of the Chinese program and services offered by the Centre will also be shown.

Χρειάζομαστε αγόρια ηλικίας 8 μέχρι 14 ετών για το ποδοσφαιρικό πρωτάθλημα της πόλεως μας, που διεξάγεται κατά την άνοιξη, το καλοκαίρι και το φθινόπωρο. Η εγγραφή κοστίζει μόνο ένα δολλάριο και διεξάγεται το Σάββατο, 4 Μαΐου, στις 10π.μ. και στις 2μ.μ. στο BROADVIEW YMCA, 275 Broadview Ave., Για περισσότερες πληροφορίες τηλεφωνήστε στο: 461-8123.

Si cercano ragazzi in eta' dagli 8 ai 14 anni disposti ad associarsi alla Inter-city Soccer League durante questa Primavera, Estate, Autunno. Il costo e' solo di 1 dollaro e le iscrizioni si raccolgono dalle 10 alle 14 presso Maggio il 4, Broadview YMCA, 275 Broadview. Telefonare al 461-8123 per ulteriori informazioni.

(This space contributed by Office on Community Consultation.)

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Laurie McMillan, a member of the teen program, and Mike McCarthy, a staff member at Central Neighbourhood House, model clothes at the Fashion Show held by the Polka Dot Thrift Shop at Central Neighbourhood House last week.

Over 100 people attended the show and saw skirts put on by CNH staff as well as women, teenagers and children acting as models. Local teenagers held a bake sale at the same time as well as providing baby-sitting services.

photos by F. Elsasser

## Rummage sale at Alpha

On Saturday the 27th of April the Alpha School is holding a rummage and bake sale at the Broadview YMCA at 275 Broadview Ave. just below Gerrard. There will also be a snack bar and home baked goodies for sale and if the weather is nice it may be held on the front lawn of the YMCA building.

as well.

The Alpha school is a Toronto Board of Education Alternative School and is strongly community oriented. Parents and volunteers participate in running the school every day and most of the children, parents and volunteers have got to know each other very well.

The sale opens at 10 a.m. and a wide variety of children's clothing, snow suits, coats, jackets, men's and women's clothing, appliances, toys and odds and ends will be on sale at prices you wouldn't believe. Here is a chance to pick up a real bargain and have some fun and meet people from the community

So come on over, have a coffee with us, get to know us and find out what the Alpha school is all about. You may also find yourself a winner of a very nice prize in our raffle. Tickets will be sold at the rummage sale which will probably go on till about 3:30 in the afternoon.

## Rug Den

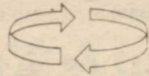
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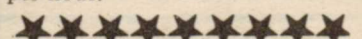
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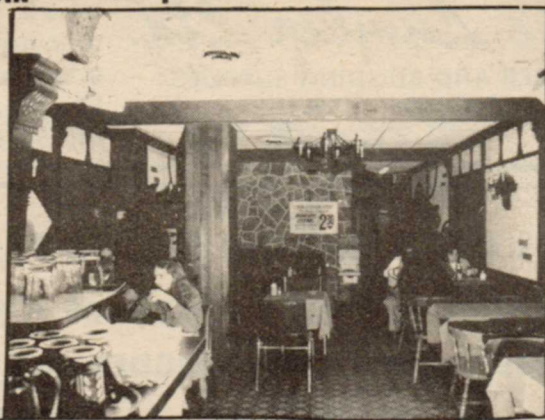
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# Yogurt source of vitamins

Yogurt is not just a modern "fad". It has been a daily food for centuries, in many countries, from Iceland across to China. And it does mighty things for us! In yogurt, calcium and protein are more easily digested than in milk. So it's good for upset digestions, and for babies.

The hidden "extra" in yogurt is the bacteria. Inside the body, yogurt bacteria busily manufacture all the B vitamins. So it's one of our few sure ways of getting them all (now that we eat refined foods). Every cell needs B vitamins, and each B vitamin needs each other one. Getting a few added to pills or corn flakes does little good unless we somehow get all the others too. (12?) Yogurt makes them all! It's especially needed when taking antibiotics or the contraceptive pill, which destroy some B vitamins.

And yogurt bacteria act like the "good" guys": clearing unwanted bacteria out of the intestines.

So like it or not, it's worth a try. And you may be pleasantly surprised, as I was!

Here's a Never-Fail recipe for yogurt (containing no preservatives, no gelatin, no sugar; costing about ten minutes of your time, and about 10¢ a pint!)

Temperature is the only tricky factor in yogurt-making. First, experiment to find a way of keeping

## Hey, Mom!

by CATHERINE VERRALL

water steadily lukewarm for 2 to 3 hours; that is, between 100 and 120 degrees, *not* steaming. Hotter than 120 degrees kills the yogurt bacteria. Under 90 degrees, they can't get to work. I set my oven just *under* the "warm" mark. (You might make only half the recipe, the first time.)

Put 5 pint-size jars in oven to warm. Into a large bowl:

pour 2 cups lukewarm water stir in:

3 cups instant milk powder  
3 tablespoons plain yogurt (from store, or saved from previous batch, but less than a week old.)

In jug, combine:

4 cups lukewarm water

1 large can evaporated whole milk

Stir this into first mixture. Pour into jars. Cover tightly.

Set jars in large pot (having a cover). Pour lukewarm water into the pot, up to the rims of jars. Cover the pot. Set in oven. After 2 1/2 hours, see if the yogurt is set. Leave longer if necessary. As soon

as it has tickened, put in refrigerator.

In our family, children and mom love it, at any time of day, with a little concentrated orange juice (frozen), or fruit stirred in. (Dad and Grampa eat it dutifully because it's good for them.) It can also be used on salads, cereals, vegetables, and meat. Belongs with curry. Yogurt in cooked recipes loses the B vitamin value, but keeps the milk values, and flavour.

Other possibilities for keeping yogurt warm: (I haven't tried them!)

in pot over a pilot light. Cover with blanket.

wrapped in newspapers or blankets, with hot water bottles, heating pad, or 15 watt light.

If the mixture doesn't set (wrong temp. or culture too old), you can use it in muffins. Or carefully heat it to lukewarm again, add new culture, and try again.

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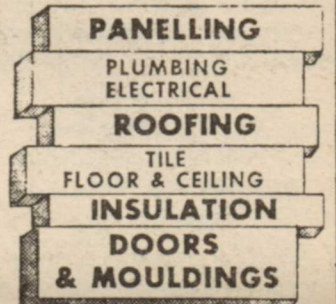
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## Softball starts May 15

by JIM HAYES

Over 400 residents in Ward Seven and area will play ball this summer in the Don Valley Softball Association. Including House Leagues, other leagues and pick-up games, the number will easily pass the 1,000 mark by August.

The Don Valley Softball Association has four leagues, 25 teams and plays in three local parks: Riverdale, Moss Park and McCleary park.

All of last year's champions are back. The Men's League was won by South Regent, the Bantams by Don Vale, the Pee Wees by Woodgreen and the Girls by Dixon Hall.

All games begin on May 15th, and end around August 1st. The playoffs are completed by August 25th and the Metro playdowns are over with by September 15th.

House leagues begin toward the end of May. Anyone interested in House Leagues should contact their local community centre or form your own teams and league.

There is no league at present for women age 18 and over but interest has been heard in Don Vale, at Dixon Hall and elsewhere. If you are interested in forming a team and/or a league, call Bill Walker at 461-8123 or Barb Drury at 921-2470.

If you have questions or want further information on the Association, call Jim Hayes at 463-7970.

### WHO TO CALL TO GET ON A TEAM

Men's League (Age 16 and up)  
Convenor: Jim Hayes — 463-7970

Dixon Hall	B. Jones	364-3930
Woodgreen Centre	J. Blaxwell	461-1168
South Regent	R. Ketcheson	364-5608
Don Vale Centre	P. Sanchez	923-4278
Howell Forwarding	D. Lyons	625-5617
Pretzel Bell Hotel	J. Nesbitt	362-2071
Indian Centre	F. Sharpe	465-8956
M. & T. Tire	G. Liberty	463-3755

BANTAMS (Age 13 to 15)

Convenor: Jim Blaxwell — 461-1168

Cabbagetown Club	R. Walton	961-2912
Woodgreen Centre	J. Blaxwell	461-1168
Broadview YMCA	Bill Walker	461-8123
Dixon Hall	T. Lenay	863-0499
Don Vale Centre	John Piper	921-7798

PEE WEES (Age 10 to 12)

Convenor: Glen — 863-0499

Broadview YMCA	Bill Walker	461-8123
Dixon Hall	T. Lenay	863-0499
Woodgreen Centre	Jim Blaxwell	461-1168
Don Vale Centre	D. Denison	967-0947

GIRLS (Age 14 to 17)

Convenor: Bill Walker — 461-8123

Broadview YMCA	Bill Walker	461-8123
St. Jamestown	J. Ferguson	925-8001
Dixon Hall	T. Lenay	863-0499
Woodgreen Centre	J. Blaxwell	461-1168
Don Vale Centre	S. Noble	921-6710

WOMEN'S (18 and up)

Broadview YMCA	Bill Walker	461-8123
Don Vale Centre	Barb Drury	921-2470

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**Meeting  
to discuss  
DACHI project**

by JANET HOWARD

There will be a general meeting of the Don Vale Association of Homeowners and Residents on Wednesday, 24th April, 8 o'clock, at the Don Vale Community Centre.

Chief item on the agenda will be the selection of a working committee to review and make suggestions on the planning now being done by DACHI (Don Area Co-operative Homes Inc.) on its project in Don Vale.

A 20-member committee volunteered at a DACHI meeting some weeks ago and has so far met twice, discussing terms of reference and work to be done. It was decided that even more people could be useful and that the community should have the chance to endorse the committee's function.

Therefore, members of the community interested in the project, or representatives of groups in the area who feel it concerns them, should come to the meeting and volunteer. The intention is specifically not to rehash the entire history of the project, but to see that constructive community input starts now.

Also on the agenda will be reports on Browndale Homes, the two infill projects on Spruce and Wellesley Streets currently in their last stages of planning, the traffic maze proposed for the area, the Forsythia Festival, a Don Area sports federation, and other matters. The City's 45-foot height by-law will also be discussed and possibly voted on.

**Distributor  
of the week**

by DAVID RUPPEL

This week's "distributor" is a familiar face around the Don Vale Community Centre and the first distributor from Don Vale to be featured in the paper.

Mark Burton is a friendly, good-natured, happy-go-lucky kid who has been helping SEVEN NEWS for the past year and a half.

Mark is 11 years old and lives in a rooming house on Metcalf street with his mother and his dog Blackie. Besides helping to deliver SEVEN NEWS, Mark also worked hard during our fund-raising drive last year. Mark took a donation canister over to Parliament street and by just canvassing passers-by for nickles and dimes, he raised close to \$15.

When asked by some of his friends why he helps SEVEN NEWS when he doesn't get paid, Mark says, "I do it because I like to."

We are happy to have Mark as part of the team of almost 200 volunteers who write for and distribute SEVEN NEWS.

Thanks, Mark!



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