



NEWS

WARD 7 COMMUNITY NEWSPAPER
265 GERRARD ST. E.

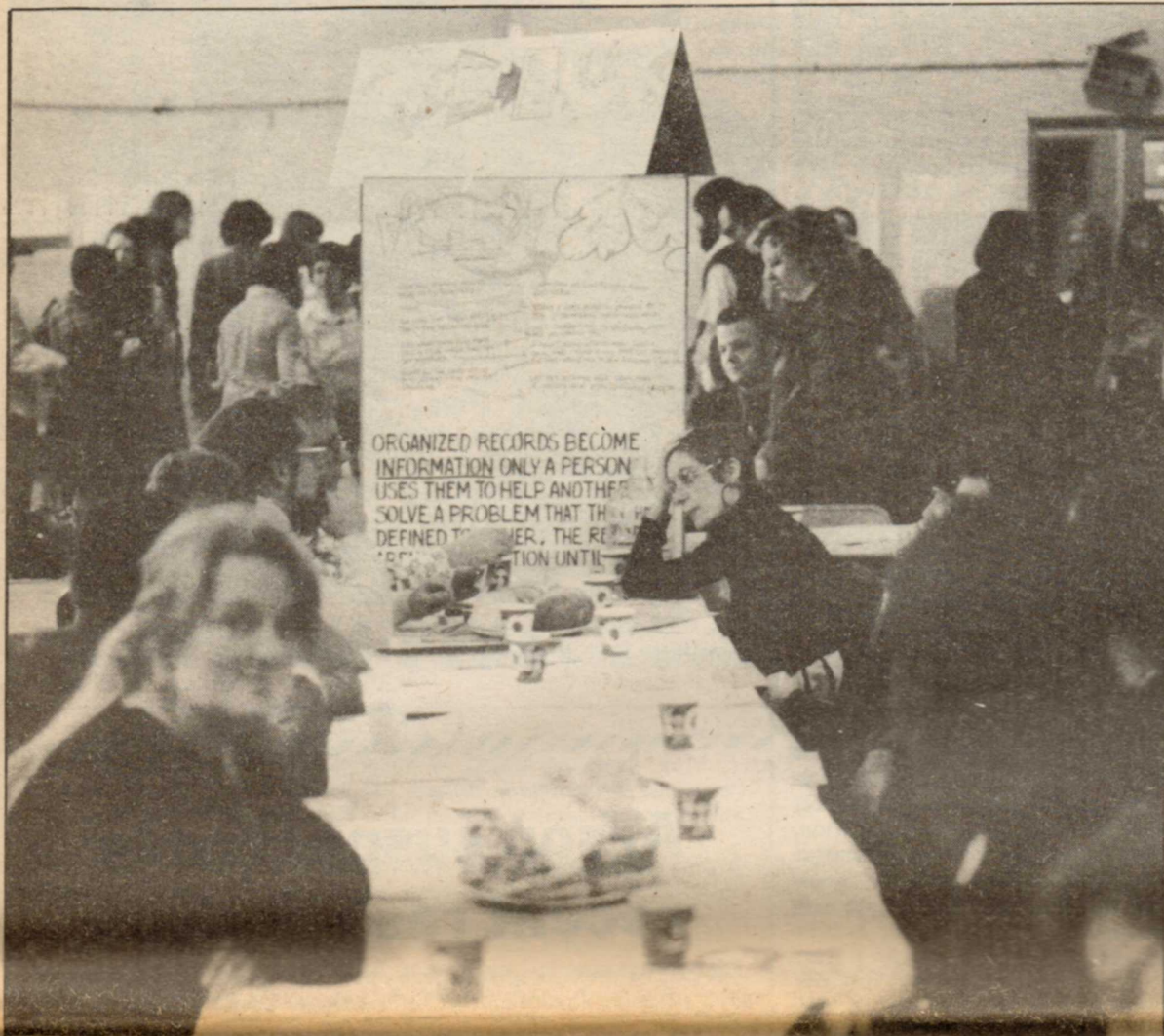
VOLUME 4, NUMBER 20

920-8632

APRIL 6, 1974

NEXT ISSUE

Deadline for the next issue occurs over the Easter week-end so make sure you drop copy off at 80 Winchester street and NOT at 265 Gerrard as they will be closed. And please keep the copy coming in - we may be able to stay at 12 pages right through until summer.



Over 80 people from 50 Ward Seven organizations attended an Information Workshop held last week at the Don Vale Community Centre. Organizers of the project rate it a success and more are planned in the future. FOR STORY SEE PAGE 3.

Photo: Emil Kolompas

New library planned for Danforth Area

by JIM LORIMER

With almost no consultation with area residents, the Toronto Public Library Board has assembled a site on the Danforth and decided to build a new \$2 million district library serving the east end of Toronto.

The site is currently occupied by four stores. Three of the stores have apartments above them, and one store has four apartments behind and above it. Altogether, seven apartments are to be demolished.

The Library Board expropriated the site in early January, and has recently authorized formal offers to the property owners.

Next door to the site is an enormous new high-rise senior citizens' apartment building, recently constructed by Metro Toronto. Behind the site is a vacant lot, which will later serve as a parking lot for the senior citizens' apartment.

Nearby are several almost-vacant used car lots which could serve as

alternatives to the site expropriated by the Library Board.

Discussions about the project have taken place amongst a relatively closed circle of Library Board trustees, library employees, and school officials. East end residents and many politicians know very little about the scheme, and have not been consulted about the site or the library plan.

The Library Board already has drawn up detailed plans for its new three-storey building. The building includes no replacement housing for the apartments which would be demolished.

Rents for the seven apartments are in the \$145-165 a month category for two-bedroom units, and many of the tenants have lived there for several years.

The new library would be considerably bigger than any of the existing branch libraries like the Parliament Street library or the Riverdale branch. It would contain a larger selection of books and new facilities.

Many existing branch libraries are short of facilities and crowded. Rather than using capital funds to renovate, expand and improve the existing branches, the Library Board has decided to build a whole new type of institution in the area.

Long-range library plans call for a western district library in addition to this eastern district library. The city's northern district library - costing \$4 million, twice the budget for the eastern library - is to be built this year.

These new projects supplement the efforts of the Metro Toronto Library Board, with its plans for the controversial \$30 million new central library at Yonge and Asquith.

With their plans already drawn up and their site expropriated and ready for demolition, the Buildings Committee of the Library Board decided two weeks ago that the time had come for public participation. It decided to set up a working committee consisting of residents, politicians and Library Board trustees to consider the matter.

Meanwhile, tenants in the apartments which would be demolished for the library know that the city is expropriating their buildings, but do not know when they will have to move.

They have had no official contact from the Library Board or the city.

They know they will have a difficult time finding alternative housing at the rents they are currently paying.

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newsroundup

Regent Park Community Improvement Association elects new executive

Ward Seven Businessmen's Association, at their last meeting, honoured Bill Hambly, Elsie Morton and Bill Leyland by making them Honourary Life Members. . . .

The Atkinson Foundation has made a \$9,730 grant to Woodgreen United Church. The money will be used to renovate a house that Women's Hostels Inc. will use as an emergency housing shelter for single women. . . .

Thieves have broken into the Don Vale Community Centre three times over the last two week-ends. Only a small amount of money was taken including \$40 in petty cash from SEVEN NEWS. . . .

FOLLOW-UP Heather Gailbraith, who wrote about her problems in trying to sublet her apartment in St. Jamestown in the last issue has solved it by skipping out. She discovered the superintendent was away last Saturday so she brought two trucks in and moved. . . .

A limited number of copies of the Parcost Comparative Drug Index for 1974 are available at the Community Secretariat, 249 Gerrard St. east. . . .

Nancy Koster has been newly added to the Board of Directors of the Don Vale Community Centre. . . . Vic Drury has been elected vice-president of the Board. . . .

The Canadian recording industry has honoured Cathy Young, daughter of Mrs. Helen Petrie of St. Jamestown with a "Juno" Award as the Most Promising Female Vocalist for 1974. Cathy is 23 years old, has been singing since she was ten, and currently has two record albums climbing up the charts. . . .

GREMLINS have been sneaking into the machinery that does the typesetting for SEVEN NEWS and as a result the word "alderman" has been coming out printed as "alderperson". SEVEN NEWS has spoken to the typesetters

about this and it is understood fumigators are being retained. SEVEN NEWS editor Norperson Browne is concerned that this could affect all personkind with consequences to the whole huperson race. . . .

Chairman Betty Ann Roth of the Improvement Association of Moss Park Apartments reports that OHC has turned over the Recreation Room in 295 Shuter to their group and that they have also received a New Horizons grant. . . .

New Chairman of the Board of Directors of SEVEN NEWS, INC. is Elizabeth Wilson. Other executive recently elected were: Vice-chairman, Rick Astley; Secretary, John Piper; and Treasurer, Jim Renieris. Rick Astley will head up the newly revived Editorial Committee, while Peter Paterson heads up the Personnel Committee. . . .

Results of the recent elections to the executive of the Regent Park Community Improvement Association are as follows: President, Janet Ross; First vice-president, Harold Jackman; Second vice-president, Roy Grenon; Secretary, Ozzie Smith; and treasurer, Olga Burnett. . . .

A free collating service is being offered to all groups in Ward Seven. Call Roberta MacArthur, at 533-8501, ext. 291. They ask only that all material be delivered to them at the Queen Street Mental Health Centre, and picked up. . . .

The Ontario Puppetry Association will feature a display of puppets in the boys and girls department of the Parliament Street Library during the month of April. . . .

The Riverdale Free Store is still looking for donations of good usable items. Drop stuff off at 725 Gerrard east or phone them at 461-1023. . . .

Woodgreen United Church is starting its Centennial Celebration Year in October and is looking for former members of its congregation to get them involved in the planned activities. Phone them at 461-1105 if you are a past member of the church.

CORRECTION: Browndale Homes has not received a license from the Province for any of its planned Group Homes in the Don District. From its original five homes, the Browndale operation has now reached a total of 17 houses - 14 in Don Vale and three in the south Carlton area. . . .

SEVEN NEWS has re-activated its Editorial Committee and the first meeting of that group will be held this Monday at 8 p.m. at the Don Vale Community Centre. Anyone is welcome to attend. . . .

A Navy League Cadet Corps is being established in the Don District. It's for boys aged 11 to 13 years who are interested in ships, water safety, sports, seamanship and fun. Enquire Tuesday between 7 and 9 p.m. at St. Peter's Church, Carlton and Bleecker or phone Lt. R.L. McGuin, 922-7368 or 690-2136. . . .

Free Legal Advice is available Thursday evenings from 6:30 to 9 p.m. at the International Institute, 1985 Danforth. Phone 425-7668 for an appointment. Interpreters are available. . . .

There is a yoga course beginning this week at the Don Vale Community Centre. If interested, call Bill Kelly at 921-6710.

A great St. Patrick's day party was held in the lounge at 41 Oak St. for all the tenants, as well as other senior citizens from outside the Regent Park area. The guests enjoyed the wine, music and dancing to "Old Paddy's Day". The party was sponsored by the partial proceeds of the Tuesday afternoon bingos held at 41 Oak Street.



Needed: more local autonomy not less!

Dear Norman:

Janet Howard's article about proposed amalgamation of boards of health in Metro contains the following: "the amalgamation proposal is the latest in a series of suggestions for Metro takeover of City institutions ranging from the school board to the historical board."

That is as frightening as anything I've read in the papers for some time. Instead of talking of further amalgamation, we should be thinking of dismantling the present Metro federation and re-organizing it for maximum co-operation AND MAXIMUM LOCAL AUTONOMY. The City's remaining facilities and amenities are too fragile and precious to be entrusted to the brutal grasp of Metro Council.

Metro received the Toronto Islands from the City. We are about to witness, although the original park plan is obviously outmoded and widely opposed, the last act in the senseless final solution of the Island community problem. Metro which controls the TTC and tries to keep it unsullied by any City representation, may be about to take a step (fare increase) which will push this invaluable utility down the road to decline at the very moment when it is absolutely essential to improve and expand public transit. When one considers what appears to be an almost pathological dislike of the City by a majority of borough politicians, can one expect that under extended amalgamation, the City's recent modest beginnings in control of lead pollution, housing and heritage conservation will be sustained?

Many of Metro's most barbarous programmes are in pursuit of that oft-invoked object: the general good, which is just a meaningless abstraction unless it consists of the sum of many local goods; and is indeed a pernicious mockery when it becomes as it so often does, merely a euphemism for the developer's good, the bureaucracy's good, the automotive industry's good and so forth.

Perhaps many citizens of the boroughs are ahead of their politicians, just as the people of Toronto

were ahead of theirs in the last years when they suffered under a reactionary City Council, most of whose members were what William Kilbourn has called mindless development-mongers. Perhaps the time will come when Metro Council's group of intelligent and civilized

persons will be joined by enough of their kind to form a majority. Until that time arrives the City would be well advised to see that Metro does not gain any further control over the City's destiny.

Ralph Cunningham
Browning Ave.

Flo not a beer imbiber!

Dear Sir;

We would like to bring to your attention our objections to the description of Flo Murray, Community Programmer at Parliament St. Library, which appeared in your March 23 issue.

The article, quite unintentionally, gave a very misleading impression, namely that Flo is a frequent beer imbiber and goes along to the beer parlour every Saturday afternoon with her poet friends.

This is simply not true!

We don't need beer to endear ourselves to her or her to us. She is a warm, sensitive, conscientious and hard-working person, whom we all

respect and admire. We think the article appeared disrespectful to her, her family and the library which she serves.

We want to see this correction made not only for Flo's reputation but also ours. We have more important matters to contend with than beer drinking.

Might we add that Parliament St. Library is always a joy to enter. The courteous, helpful, friendly staff both at the Library and the Library House make going to the Library a happy experience. They can't be beat for their wonderful personalities.

Mary Rosen
Dorothy Dowie

Post Office needed in area

Dear Sir;

I notice in the last issue of SEVEN NEWS that there are plans for the improvement of Parliament Street. I am wondering if the gentlemen who are on the Board of Management of Parlton Village could find a place in their plans for a post office.

I am not referring to a two-by-four cage in the back of someone's store, but a proper little place that is self-contained.

The post office in the Hardware store on Carlton near Parliament closed months ago and the only other one in the area is at Gerrard and Parliament and the attendant isn't there half the time. The store

itself is so small that at Christmas time the line up was out on the street, and those were people who wanted to buy stamps and have parcels weighed. Even the stamp machine outside doesn't work half the time.

I have spoken to several political candidates and they seem to think that the problem is up to the Post Office department to decide. So I thought I'd write to you, not only for myself but for others in my building here in Regent Park.

By-the-way, I send a copy of your paper to a friend of mine in California who owns property on Parliament street.

Mrs. Kathleen Wadwell
41 Oak Street.



Donald S. Macdonald, M.P. for Rosedale Riding and Margaret Campbell, MPP for St. George riding unveil a sign officially opening their joint Riding Information office at 314 Jarvis street.

— photo by F. Elsasser

Arson suspected in recent rash of fires

A rash of fires has again broken out in St. Jamestown. A tenant in 650 Parliament street reports five fires in one week there with two in one night.

Most of the fires occur in the basement locker room and are soon brought under control with little damage. The fire department suspects arson and indications are that because of the frequency and pattern of the fires, one or more persons is responsible for all of them.

On two previous occasions, a series of fires broke out in St. Jamestown. In the first instance it was suspected that "urban guerillas" with a grudge against Meridian were responsible. In the second case, it was discovered that a security guard was lighting the fires.

The investigation continues.

New Don Vale group wrecks havoc

Dear Sir;

Since moving into Don Vale almost two years ago, I have taken an active interest in community issues: political, health, housing and social. Most recently my attention has been focused primarily on the Don Area Co-operative Homes Inc. non-profit housing project for Don Vale.

I have attended all the meetings concerning this project that have been publicly advertised in the community (both by flyers and in SEVEN NEWS).

Repeatedly I have been amazed at the destructive views expressed by a newly formed group that represents itself as the Don Vale Neighbourhood Action Committee. I have sat through meetings that have been completely monopolized by this group.

I have seen neighbours and friends, that have come with sincere interest in the community, leave in disgust at the valuable time wasted by this group's oft-repeated, wearisome filibustering.

And, I have had neighbours decide not to come to meetings because of the subversive tactics of this group.

On March 28, I sat through a meeting where this group interrupted each topic of discussion, refused to let others attending the meeting speak freely, and ignored the chairman's repeated requests to wait

their turn.

The last straw came when one of their spokesmen got up and advised the meeting that they (the Don Vale Neighbourhood Action Committee) had elected a Working Committee to represent the community and meet with DACHI.

Now I ask: How does this group, joined together for the single purpose of furthering their own selfish interests, get off thinking they represent the community?

Do they really think they can shove their self-righteous closed-minded ideology down our throats and not have us choke on their verbal garbage?

What the community needs in order to make optimum use of the programs available to non-profit

housing is constructive criticism, positive input and feasible alternatives.

Before the Don Vale Neighbourhood Action Committee takes it upon itself to act as watchdog for the community, let it hold public meetings, advertised as are all other meetings.

Let it come under the scrutiny of the community, and let the community direct it.

It's easy to give yourself a fancy name, hold private meetings, indoctrinate your followers and to misrepresent yourself to the unformed.

It's time the Community called this group to account.

Barbara Walker
Carlton St.



SEVEN NEWS is a bi-weekly community-owned newspaper published by Seven News, Inc. Its mailing address is 265 Gerrard St. E. and its offices are located at 80 Winchester street, phone 920-8632. SEVEN NEWS does not support any political party or individual, and invites members of the community of all persuasions to write. The aim is to publish as much of what comes in as possible, but space limitations necessitate some selection of material. The opinions expressed in SEVEN NEWS are the opinions of the individual writers and do not represent the views of the editorial staff or publishing organization.

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Seven News board turns down \$20,000 advertising contract

By a 4-2 vote, the SEVEN NEWS Board of Directors, at their last meeting, turned down a potential \$20,000 advertising contract with the paper.

The F.W. Woolworth company, which was on the verge of signing a contract of that magnitude had earmarked 30 pages of advertising for SEVEN NEWS for the five issues running from the end of April until the end of June for an average of six pages of advertising an issue.

The motion passed by the SEVEN NEWS Board was that a commercial advertiser be limited to a maximum of two pages of advertising per issue.

A previous meeting of the Board had authorized the staff of SEVEN NEWS to negotiate on the basis of four pages of advertising an issue, while at the same time retaining an average ratio of 60 per cent news copy to 40 per cent advertising in each issue. The fact that Woolworths now were thinking in terms of up to seven pages of advertising in an issue forced the matter back

to the Board for re-examination.

Major reason for the turndown was the problem of the 40-60 ratio. A regular issue of SEVEN NEWS, plus the maximum Woolworth ads would mean a 20-page paper with 43 per cent advertising content. The slightest increase in regular advertising from the community would force the publication of a 24-page paper.

It was felt by many that a paper that size would be totally beyond the capabilities of the present staff, volunteers and community.

Instead, it was felt by many Board and staff members that the paper should grow slowly over a period of time. Editor, Norman Browne stated that at present the paper had reached a plateau of eight pages with the occasional 12-page issue. Gradually, 12-page issues would dominate and there would then be the odd 16-page issue.

To jump abruptly to 20 or 24 pages, said Mr. Browne, would require either an on-going massive campaign in the community for

more material, or the absorption or merging with other newsletters or papers and the possible need for more paid staff.

The Woolworth question arose some two months ago when an advertising representative from them asked SEVEN NEWS for its prices on three possible alternatives: one page a month, 100 pages over a year (assumed to be four pages an issue), and an 8-page insert each issue.

Over the course of two staff meetings, each alternative was studied in detail on the basis of the impact that it would have on each

department of the paper: financial, editorial and distribution.

These study papers, when presented to the Board of Seven News, resulted in a decision to veto the insert idea but go ahead on negotiations with advertising pages up to four pages an issue.

But seven pages an issue was too much and forced a complete re-assessment of the whole idea.

SEVEN NEWS is still hopeful that it can get some advertising from Woolworths although at last report they were looking at alternative methods of getting their message across to Ward Seven.

Information workshop success

by BILL APGAR

Information is alive and very healthy in Ward Seven.

It got healthier at the end of March when 80 people from more than 50 organizations met at the Don Vale Community Centre to swap information at a day-long workshop.

Format of the day began with the posting and updating of information in more than 20 subject areas, including health, housing and human rights.

Participants checked their own info with that which was displayed on newsprint sheets that circled the gym at the community centre.

At the lunch break, which was catered by the Community Centre's Hot Lunch Program staff, those attending discussed topics for discussion in small groups. After the meal, groups met to discuss methods for sharing information, information needs of the elderly, health, housing and other topics of interest.

According to David Ruppel, SEVEN NEWS staffer who tabulated attendance, over half of those contacted attended. Evaluations turned in at the end of the day indicated a high degree of satisfaction with the day's activities.

Marilyn Smith, co-ordinator of the Neighbourhood Information Post, a co-sponsor of the workshop, reports a number of calls have been received asking if further such workshops will be held in the future.

The workshop was a joint effort. In an initial meeting attended by Judith Gilliland, Director of the Dan Vale Community Centre, Ms. Smith of NIP, Lyn Burns of Project Oak, and Bill Apgar of Central Metro Branch, Addiction Research Foundation, various assignments required to make the workshop a reality were agreed upon.

The need for the workshop on information was clear. People working in the community needed a chance to share, update and discover information in a common location at a common time.

The success of the workshop came from the participants and from the volunteers from the sponsoring organizations.

Norman Browne, SEVEN NEWS editor, saw the event stimulating

and improving the flow of information and news around the community.

"As people take information and the ways to use it seriously," said Mr. Browne, "the potential of a communications medium like SEVEN NEWS can't help but grow."

"I'd like to see a future workshop focus on the Media and how it can be used to share information with the community," said Mr. Browne.

The original group that planned the workshop is meeting to evaluate and discuss suggestions for another workshop.

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NEWS ACROSS THE WARD

Course on behaviour

by JIM WILKINSON

A ten-week Parent Study Course begins Friday, April 19 at Winchester Public school in the South St. Jamestown area.

Based on the teachings of Dr. Rudolf Dreikurs and his book, "The Children, The Challenge", the course is designed to provide practical information, not theoretical.

Through group participation, the course encourages, supports and teaches new methods to improve understandings of children's behavior.

Parents will learn practical ways to deal with tyrannical children, reach agreements without fighting or giving in, help solve meal time, going to bed, room untidiness and other forms of child behaviour. The course can help parents become a better match for their children.

The course is free and baby sitting is provided. All are welcome, even those without children going to Winchester school. For reservations and information, phone the school at 921-3950.

Board ratified at NIP

Less than 15 people turned out for the general meeting of the Neighbourhood Information Post held Wednesday March 27th at the Library House.

The meeting was called to ratify the board of directors and discuss amendments to the constitution.

Among the amendments ratified were reducing the number of people required to constitute a quorum (ten) and holding general meetings twice a year.

The meeting also approved the election of the board of directors held in October. The board is comprised of Nancy Craig — chairperson; Alexander Wilson — vice-chairperson; Midge Sandiland — treasurer; Jack Heighton — secretary; Marilyn Smith — staff; Bill Lewis and Kim Garvin.

Happy Birthday note

Last Saturday, March 30, three generations of the Hand family and friends came together to celebrate a birthday (we won't mention which birthday) of a well-loved member of the family, Becky, who lives at 30 Bright street in the South Cabbagetown area.

The party was given by Betty and Spike Hand, and was held at the home of Becky's daughter and son-in-law at 15 Belshaw Place in Regent Park.

A grand time was held by all and plans are for a bigger and better event next year. Happy Birthday, Becky . . .

More action to come on West St. Jamestown?

M.P.P. Margaret Campbell attended a recent meeting of the Federation of Don Area Residents Associations (FODARA) to see if that group was interested in trying to do something about the recent Ontario Municipal Board decision on West St. Jamestown.

Mrs. Campbell stated that she thought something could be done to soften the impact of the proposal and make the three towers easier to live with.

She also stated that the community should make certain that any development in the South St. Jamestown area be viable and human.

Many of those present at the FODARA meeting felt that it was too late to do anything about the proposal at this date. Mrs. Campbell said, however, that she was willing to pursue the matter and if anyone did have any ideas or suggestions they should get in touch with her. Mrs. Campbell can be reached by phoning 965-1122.

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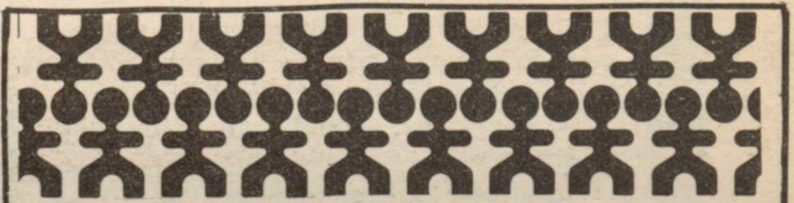
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Concern for roomers sparks local action

The recent rash of fires in rooming houses and the subsequent public concern, has prompted the South of Carlton Skid-Row Sub-Committee to write to the Toronto City Council committee on Urban Renewal, Housing, Fire and Legislation.

It is the latter committee that has taken the initiative in drafting a Lodging House By-Law to regulate rooming houses and the Skid-Row Sub-Committee is concerned that community input be provided before such a by-law is drafted.

The letter states:

"Out of 45 fires which have occurred in South of Carlton from 1970 to 1974, 38 have occurred in

absentee owned dwellings. The estimated cause listed by the Fire Department in more than 50 per cent of these fires was careless smoking. It may be the case, that elaborate physical measures (ie. electric fire alarm systems, and fire escapes) would represent unreasonable costs and might not prove to be the most useful method of controlling loss of life in rooming house fires.

"Perhaps the single most important factor in ensuring that people (who may be asleep, disabled or drunk) are alerted that a fire has started and are assisted in leaving the premises as quickly as possible, is the presence of a com-

petent operator who lives on the premises.

"Many, successfully operated rooming houses in South of Carlton employ a tenant to act as supervisor in the rooming house, carrying out certain duties in exchange for a room.

"It has been noted that in some of the recent rooming house fires, neighbours were the first to alert the fire department (well after the fire had started). The Skid-Row Sub-Committee therefore feels that a rooming house owner should be required to provide a phone for use in emergencies or some other reliable means of alerting the fire department.

"Another important measure which represents little or no cost is to ensure that every room has a window large enough for the occupant to get out should a fire start (although most rooms do have windows, many of these windows have been stuck or painted shut over the years and are impossible to open).

"The Skid-Row Sub-Committee feels that existing municipal fire standards with respect to extinguishers, fire gongs, exists, fire walls and doors are quite adequate. However, it is noted that in the past, many of these regulations have not been strictly enforced.

"Additional recommendations with respect to safety are:

- The fire department should hold fire drills in large rooming houses similar to those now conducted in schools, nursing homes, etc.
- Each tenant, upon rental of a room, should receive a list of instructions about what to do in the event of a fire.
- The fire department should be advised of whether a rooming

house is occupied by very elderly or handicapped persons.

- There should be a compulsory automatic shut off valve on gas stoves to prevent fumes from escaping should the gas be turned on without lighting the flame.
- The Housing Standards division should advise on the flammability of certain paints, floor coverings and materials to determine which are the most safe.

- An adequate supply of heat (including the use of storm windows and proper insulation) should be required for all rooming houses to avoid the practice of turning on stoves or hot plates to compensate for inadequate heat."

Besides the Skid-Row Sub-Committee concern for roomers, there are also discussions taking place regarding the organization of a Concerned Roomers Committee.

Such a Committee would try to ensure that roomers concerns are taken into account and that the City and/or Metro aren't panicked into enacting bad legislation.

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3. People over 65 may share in the Pensioner Tax Credit.

Even if you don't pay income tax this year, please be sure to fill out and file both the Federal income tax return and the Ontario Tax Credit Form. They both come in the same envelope—you will find the Ontario Tax Credit Form on pages 2 and 3 of the T1 Schedules.

ANY QUESTIONS?

Metro Toronto local calling area residents, dial 965-8470
Outside Metro Toronto, dial "0" and ask operator for Zenith 8-2000 (free)

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A-H6C

Development controls for King-Parliament area?

At least one group in the King-Parliament Planning Area is becoming actively involved in the Part II Study. Sixteen people, mainly local industrialists with one or two residents and workers, sat in on the first meeting of the Industrial Sub-Committee on March 27th at the Site Office.

Some of the Committee's members are the largest industrial landowners in King-Parliament and they are all very concerned with the problems facing industry in the centre of the city. The industrialists are worried about the effects which the proposed Queen Street subway might have, or another major road such as the Esplanade.

In some cases, their uncertainty prevents them from investing as much as they might like to in existing buildings, and some of them are even faced with the possibility of having to leave the area altogether. This, they feel, is not a good thing,

because many of the industries are traditionally associated with the downtown area; they have an established market here and good road and rail connections with outside markets.

Members of the sub-committee say they fear building inspectors because many of the older industrial buildings may not live up to modern building standards. At the same time, they feel the City has neglected their concerns. They have specific beefs to make about lack of snow removal, poor roads and non-existent sidewalks, even while their tax bills are climbing.

In short, they have many reasons to be concerned about what the City planners are doing in King-Parliament and intend to have their say.

The industrialists are planning on meeting regularly, studying the planners' report on industry in King-Parliament and fighting for their own right to stay in one of the few remaining industrial areas in downtown Toronto.

Participation is working

Ninety people were present at a planning meeting in the Enoch Turner Schoolhouse on March 11 to consider possible temporary holding by-laws for the King-Parliament area.

The meeting decided to take no action on possible by-laws to control "changes of use", or to limit the height and area of major new developments, or to delete planning permission for certain "obnoxious" open-lot uses and parking lots. But the Site Office staff was instructed to prepare a full presentation for a further meeting of a possible by-law to control the detailed design of new construction in the area.

What is

"development control"

Planning control of detailed design — known to planners as "development control" — has been made possible by a 1973 amendment to the Ontario Planning Act. This enables City Council to pass by-laws requiring developers to enter into agreements with the planners on a number of limited aspects before a building permit will be issued.

The principle powers provided under such a by-law are to control the location of a building on the land and to require the provision of facilities such as access ramps, off-street parking, walkways, garbage collection areas, and so on. The intention of such a "development" by-law would be to protect the interests of property owners and residents whose premises were located adjacent to a site where a new development or structural alteration was proposed.

A meeting to consider the introduction of a "development control" by-law for the King-Parliament area will be held at: Enoch Turner Schoolhouse, 106 Trinity Street, 8:00 p.m. on April 17th, 1974.

Prior to the meeting, a planners' report on the "development control" by-law will be circulated to those who request it and to those who have been present at recent area planning meetings. For further information, please contact the City of Toronto Planning Board, King-Parliament Site Office, at 367-7609.

Concerned mothers set up food co-op

by MONA DABENE

A group of mothers who meet every Friday at Dixon Hall got together more than two years ago and were discussing high food prices. Somebody mentioned that if we could buy right from the wholesale market at the Food Terminal it would be a very cheap way to get some of the things we could never afford.

We discovered that with our food co-op we could buy more oranges in the winter than we had ever been able to.

"My children have had fewer colds this winter than ever before because they've had fresh fruits and vegetables every day," said Betty Gascon, a mother of four.

You can get canned goods relatively cheap just about anywhere if you look for the sales. But this is not true for perishables so we decided to mainly buy fresh fruits and vegetables, eggs and cheese. These are the items that have the highest mark-up in grocery stores.

By all working together to buy the food wholesale and distribute it to our members, we cut out the middleman and his profit.

I never used to be able to buy mushrooms at the store, but now I'm able to get them through the food co-op. I buy more eggs than I was ever able to. In the seasons where certain foods are more plentiful, many of us freeze and can large quantities of food.



Photo by Emil Kolompar

Popular freezing items are green peppers, corn on the cob, strawberries and cauliflower. Beets and cucumbers are pickled by the bushel and tomatoes are preserved.

Sometimes certain fruits or vegetables are on sale at the stores but often this does not coincide with everyone's government checks and baby bonus.

More and more people including those who work are finding that they have to rely on their baby bonus for much of their food as rent increases, take up more and more of their income. We time our food co-op days to check days, so that everyone has the chance to

take part. So far we've had no major problems in the more than two years we've been going.

We enjoy getting together to make the food co-op work and we know also that we are benefitting ourselves and feeding our families while we do it.

If you are interested in starting your own food co-op we would all be happy to share our experiences in starting up and show you the ropes. All you need is a group of people, a truck or van to go to the Food Terminal, a place to unload the food until everyone picks it up and a sense of humour.

For more information call Mona Dabene at 463-6226.

Ward Sports Council formed

by JOHN PIPER

On March 27, the Ward Seven and Area Community Sports Council was formed.

The founding meeting decided that the purpose of the Council would be:

- To co-ordinate major sports.
- To provide training for coaches and volunteers, and
- To co-ordinate information on major sports.

Membership in the Sports Council would be open to all residents, agencies, sports organizations and businesses in Ward Seven and area.

It was decided that the boundaries encompassed by the Council would include from the Lake to the top of Ward Seven and from Yonge street to Greenwood. It was understood, however, that the focus is on activities and facilities in Ward Seven itself.

Founding members were Gerry Ross, John Piper, Jim Hayes, Barb Drury, Barry Kearns, Jake Smythe, Ted Lemay, Judy Guililand, Jim Ferguson and Rocky Walton.

The founding meeting agreed on the following priorities to September, 1974:

- Help the Don Valley Softball Association to run its summer program.
- Develop the Council itself. (Membership, funding, support, constitution, committees, etc.)
- Research and co-ordinate information on major sports.
- Prepare for major Fall and Winter sports.

Anyone wishing further information on the newly created Sports Council is asked to call John Piper at 921-7798 or Jake Smythe at 461-8123.

The next meeting of the Sports Council will be held on Tuesday, April 16, at 7:30 p.m. at the Broadview YMCA, 275 Broadview avenue. Anyone is welcome to attend.

memo to DACHI: Get your act together

by NORMAN G. BROWNE

The repeated failures by Don Area Co-op Homes, Inc. (DACHI) in the field of public relations and community organizing may yet result in the complete or partial defeat of its Don Vale project.

DACHI claims that its purpose is to create and preserve housing, not get involved in squabbles with the Don Vale community.

But the fact is that DACHI is involved with the community and every involvement ends up as a confrontation that DACHI seems to lose.

A group has been organized in Don Vale to oppose DACHI. That is their sole purpose. They are well organized, numerous, sophisticated and articulate.

There is no similar group in the Don Vale area that is in favour of the DACHI proposal. The Residents Association has been effectively neutralized because of the split in the community over the DACHI proposal. A Cowley House Tenants Association was formed but it had a couple of meetings and nothing has been heard of it since.

The opposition tactics are obviously one of delay. It has been estimated by DACHI that every day of delay of the project results in a \$400 increase in cost.

At the most recent public DACHI meeting, the joke running around the back of the room was, "Everytime Garry Stamm gives a speech, the cost of the project goes up \$5."

Only it's no joke: it's a tactic.

If the cost of the Don Vale project goes up too high, any one of two things could happen. The cost of the project could be so high that only high-income people could afford to live in it.

A second and more subtle consequence was pointed out by an observer from MP Donald Macdonald's office, who attended the meeting.

He stated that according to the agreement between DACHI and Central Mortgage and Housing Corporation, the lending authority, if costs escalate beyond a set figure, DACHI must sell off some of its units and use that money to lower the cost of the remaining ones.

So the opposition delays, costs go up, DACHI sells off its houses and pretty soon the "project" consists of — what — one house?

The latest example of DACHI's poor organization and planning came at their most recent general meeting. By a matter of three votes, they nearly ended up with a Working Committee of eight people, every member of which would have been in opposition to the project.

Instead, they ended up with an eighteen member group which because of its size and opposing views will end up being a "non-working" committee.

Future non-profit, co-op housing groups take note. Hire a community organizer first, before you start hiring professional tradesmen. It might save you a lot of money and grief in the long run.

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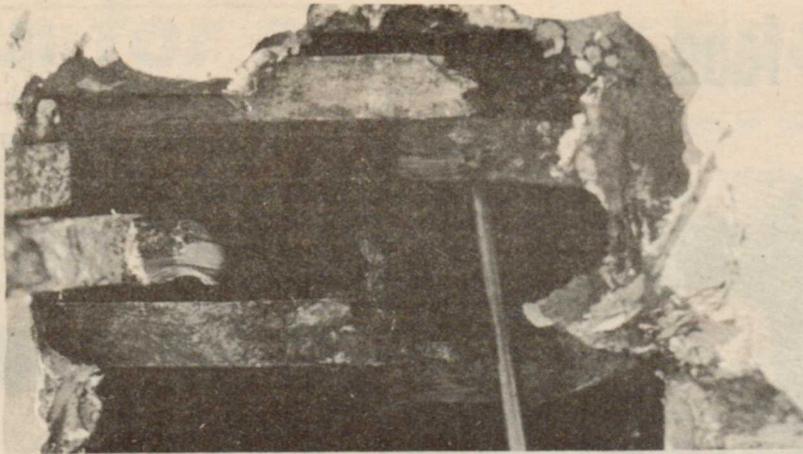
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ANGLICAN CHURCH**
Danforth at Chester Subway

Easter Sunday Services
9 a.m. - Holy Communion
10:30 a.m. - Holy Communion

**Rector: Rev. Vince Goring
Organist: Mr. Eugene Gates**



Pictured above is a hole in the ceiling of apartment 57 in Sprucecourt apartments, Don Vale. At their last meeting, tenants circulated a petition asking the City Building Department to inspect all the apartments in the complex and issue work orders where needed. The general feeling at the Sprucecourt tenants meeting was that they didn't mind paying an extra 10 or 15 per cent in rent if their units were fixed up.

Photo by Dave Clark

Easter Sunday Celebration

WOODGREEN UNITED CHURCH

875 QUEEN ST. E. (at Logan)

8 am - "Sweet Spirit" A Gospel Rock Group
9 am - Communion Breakfast
11 am - Regular Easter Service

EASTMINSTER UNITED CHURCH

310 Danforth Ave.

(at Chester Subway Station)

Good Friday,

April 12th 7:30

The Easter Story

a dramatic presentation in mime
dialogue and music
produced and directed by Howard Russell
Director of Music - Lorna Holmes

Easter Day

9:30 am - Holy Communion
11:00 am - Festival Workshop

ALL WELCOME

Regent Park United Church

Lent and Easter Season

40 Oak Street

APRIL 7

11:00 a.m. Palm Sunday Service in form of congregational participation drama

APRIL 14

7:30 a.m. Easter Morning Breakfast
11:00 a.m. Holy Communion

Local group objects to Metro Centre

by JOE BOLAND

Five people representing SCCIA went to City Hall on March 28 to speak to the Planning Board about Metro Centre. Mr. Joe Boland, a resident of Sumach St. for 38 years, Noreen Dunphy, Edmond Richards, Florence Bents and Theresa Lacasse a homeowner on Sumach St. for 18 years were the representatives. They spoke on the Eastern- Esplanade roadway planned to come out of Metro Centre and run through their community South of Queen St.

A presentation prepared by Pat Travis, Vice-Chairman of SCCIA was approved at a SCCIA meeting held Mon. March 25, and was read by Joe Boland at City Hall. Theresa took a petition, asking for the widening to be stopped, around to all the residents on lower Sumach St. and Eastern Ave.

The presentation stated "During the good weather, many people from South of Queen, Trefann Court, Moss Park and Regent Park cross Eastern Ave. to get to Cherry Beach. Does this widening mean that we will be cut off from Cherry Beach? If not, who will be guiding our children across the road safely?"

"The proposed widening would and could affect the playground area of our Sackville School, not to mention the added traffic that would be travelling in the immediate area of the school, thus endangering the lives of our children. The time has come for us to stand up and show our disapproval of the widening of any of our streets. We have to show our elected politicians that they cannot just tear up our community whenever they feel like it!"

Theresa Lacasse, a homeowner who was afraid that her house, along with her neighbours houses would be expropriated for the widening of Eastern Ave. addressed the Planning Board. "I have owned my home for many years and spent a fair amount of money recently fixing it up. What will this road do to me? I spoke to everyone in this district south of King St. and they are all against this road."

Joe Boland then spoke up again and said "There is a real need for housing and yet you might be tearing housing down!" The presentation was ended by saying "It is time for us, Cabbagetowners, to stand up united since the proposed widening of those streets could have severe repercussions on our community."

SURVIVAL!

Physical exam ends

A HEALTH COLUMN
by AUDREY SMOLIN

In this issue of SEVEN NEWS we will complete our description of a routine physical exam. To examine the abdomen the doctor will have you uncover your body from the bottom of your chest to your plevic hair line. You should be lying back with your knees a little bent to relax your abdominal muscles.

The doctor will first observe your abdomen for distention, prominent blood vessels, fluid, and hernias (ruptures). You may be asked to cough to check for hernias.

Next the doctor presses over the entire area of your abdomen. Normally the abdomen feels soft and the doctor will not feel any of your organs. If the liver is enlarged, as in hepatitis, the doctor may be able to feel the liver edge protruding from under the rib cage on your right side. The doctor will also feel in the area just below the rib cage on your left side for your spleen. Again, the spleen is normally not felt but becomes enlarged during many different kinds of illnesses such as infections like mononucleosis. As the doctor presses (palpates) your abdomen you should report any pain you feel. The doctor will feel for areas that seem hard and will watch to see if you tense up when particular areas are pressed.

The doctor will also percuss (tap) your abdomen and listen with a stethoscope for the normal bubbling and gurgling sounds of digestion.

EXAMINATION OF SEX ORGANS

For most of us, the examination of our sex organs is the most tense and uncomfortable part of the physical exam. As with the rest of the exam, we have a right to expect considerate and careful examination with explanations of all procedures.

For men, this part of the exam is fairly simple. The shaft of the penis is checked for areas of tenderness or lumps as well as sores or red spots. The opening from the penis (urethral opening) is checked for discharge or redness of the inside lining. The head of the penis is also checked for sores and redness. If the penis is uncircumcized, the foreskin is drawn back for this.

The scrotum is checked for sores and irritations and felt gently to check the testicles within for size and over sensitivity. The scrotum is also felt for the tubes which carry the sperm - they are also checked for abnormal tenderness. (As probably everyone knows, this part of a man's body is normally sensitive but should not have pain just by gentle touching.)

A swab test of the urethral discharge for gonorrhoea finishes the exam of the man's sex organs but the doctor will also do a rectal exam at this time. This allows the doctor to feel for hemorrhoids (piles) and lumps as well as any sores or irritations.

Although a finger up your rear may seem uncomfortable and undignified it is an important part of the exam. The rectal exam also allows the doctor to feel the size and consistency of a man's prostate gland. It's also a good idea to have a rectal swab for gonorrhoea done.

UNCOMFORTABLE POSITION

For women the examination of the sex organs is more complicated since they are, for the most part, internal. You will be positioned with "stirrups" to spread your legs apart. Sometimes you will be positioned before the doctor is ready to examine you. This is uncomfortable, embarrassing and quite unnecessary.

The doctor first examines the fleshy hair covered area above and around the vagina for sores or irritation. Then the labia (lips) are checked for sores, irritation and discharge. The same signs are looked for around the urethral opening, clitoris, and vaginal opening. A special instrument called a speculum is used to open the vaginal walls so the doctor can see the condition of the vagina and cervix (neck of the uterus or womb). The speculum should be warmed and inserted gently into the vagina. Ask for a mirror if you'd like to see what's hidden away in there.

The doctor will look at the color of the mucous lining, the color and consistency of any discharge present, any sores or irritations. He or she will examine the os (cervix opening) and observe for redness or abnormal discharge here. A swab test for gonorrhoea should be taken and a "pap" test to check for cancer of the cervix should be done. The speculum is then removed.

CHECK TENDER AREAS

For the last part of the exam the doctor inserts two fingers in your vagina and presses with the other hand on your abdomen. This allows the doctor to feel the uterus and check its size and shape, as well as find any lumps or tender areas. By various movements of the hands, the doctor can also feel the ovaries and check their size, shape and consistency. A rectal exam allows a more complete examination of the uterus as well as revealing any rectal problems.

With all this behind you, the rest of the exam is clear sailing. The doctor will check your joints for swelling, tenderness, redness, warmth and deformity. He or she will check to see if you have full range of motion. The doctor may check your pulse in several different places on your arms and legs. He or she will look for swelling and color changes in your calves and feet and check the general condition of your feet.

The doctor will do some simple tests of your nervous system, tapping with fingers and hammer to check your reflexes. He or she may test your muscle strength and coordination and check your feelings of touch, pressure and pain.

DISCUSS FINDINGS

You will be able to get dressed again now, but the most important part of the exam is still ahead. You should discuss what's been found, what you need to do to take better care of your body and any questions you have about your health and well being. If your doctor feels there is some special problem he or she cannot handle - medical, emotional, social, or economic - a referral should be made.

Regular thorough check-ups help to find problems early and correct them. They should also help us to understand our bodies better so we can prevent problems from arising.

If you have any questions or suggestions for topics of future health columns, please drop in or call the Don Vale Community Health Centre, 80 Winchester Street, Phone 961-8627.

Hey, Mom!

by CATHERINE VERRALL

Hey Mom! — and Grandmom, too! Did you drink your milk today?

The kids need about 1 quart a day (including cheese, cottage cheese, yogurt). The rest of us need that much too, no matter what our age, — according to Nutritionist Adele Davis.

Calcium is nature's tranquillizer. It helps carry nerve messages. If there's not enough calcium, nerves tense up. Milk is our only reliable food source of calcium. So if we can't sleep, if we're nervous, if our kids are high-strung, maybe we all need more milk.

Lack of calcium can cause nervous muscles, that is, cramps. Like leg cramps, and menstrual cramps. Calcium needs skyrocket for girls in their teens, and for women in the menopause. Teeth and bones need calcium. Older bones may break,

not from age in itself, but from more years of going calcium-hungry. So if we want to keep our bones strong, let's keep on drinking milk! — and take vitamin D too.

Milk prices may be going up. But milk is still a bargain buy, for that magic protein. One full cup of milk has more grams of protein (9) than an egg or a weiner, and as much protein as 1/3 cup of cottage cheese, or 2 tablespoons of peanut butter (eaten with whole wheat bread). But it takes 2-1/2 cups of milk to equal 3 oz. of beef or cod.

For energy and clear-thinking and zest, we all need protein at every meal and extra at breakfast. Milk is the perfect pick-up. Like any complete protein, it sends out energy (blood sugar) in small doses, every minute on the minute, for hours. Coffee and pop and candy and cake give a sudden flood of energy (blood sugar).

But it's so over much, it triggers a body reaction. Pancreas panic. Pour out insulin to squelch the enemy. Result: sudden low, low drop in blood sugar . . . and energy.

I buy the cheapest instant milk powder I can find. Mix the powder into a large jug of water, one cup at a time, stirring well to get rid of lumps. Cover. Let sit in fridge overnight. For drinking, we mix half-n-half: 2 per cent jug milk and powdered skim. For cooking, we use skim.

Extra dry milk powder can be put into muffins, pancakes, cookies, scrambled eggs, cocoa, meat loaf. (Beat powder into the liquid with an egg beater, for best results. It's not really all that "instant", but the extra trouble buys extra health.)

Your children don't like milk? Cheerily insist that milk goes down before dessert (if any), or before T.V. Coloured straws, or "drinking races" can help. Better not to disguise milk with sweet flavourings, because the sugar kills much of the calcium.

Most of this information I gleaned from Adele Davis: **Let's Eat Right to Keep Fit**, and her very practical **Let's Cook it Right**. Her yogurt recipe really works like a charm, and I'll tell how, next issue.

Attempt made to 'rig' Opinion Poll

by NORMAN G. BROWNE

The SEVEN NEWS Opinion Poll in the March 9 issue drew 33 replies and a lot of verbal comment. There were a couple of traps inherent in some of the questions which caught a number of unwary voters. There was also, it seems, an attempt to "rig" the vote on one of the questions.

Two of the questions asked who would make a good aldermanic candidate and NOT who would make a good alderman. There is quite a difference. A good candidate might have maturity, charm, looks, charisma and be a good speaker but might not have a brain in his head. He could be a bad alderman.

A good alderman might have a photographic memory, a mind like a steel trap and an I.Q. of 150. But because of physical or other disabilities he might make a bad candidate.

Three questions dealt with the choosing of a running-mate for alderman John Sewell. The trap there is that if ten people run on a platform similar to Sewell and only two run in opposition, the vote would be so fractionated that the opposition would win even though they could be outnumbered 4-1 in the total, over-all vote.

The reverse also holds true. It's an advantage to Sewell to have 10 running against him and only one

with him. It is to the advantage of the opposition to have 10 running with Sewell on a platform similar to his and only one or two opposing him.

The other possibility is a saw-off where two candidates are elected from Ward Seven with opposing views. Their votes at City Hall would then tend to cancel each other out.

It is inherent in any poll conducted that one and only one questionnaire be filled out per person. A questionnaire should also reflect your opinion and not be dictated by someone else. There is evidence that both these happened and to spare the person named the embarrassment of being linked to any such rigging of the vote, the total votes cast for write-in candidates won't be listed. Just their names.

Here are the results:

1. Did you vote in the last election? YES — 91%, NO — 9%.
2. Do you intend to vote in the next municipal election? YES — 94%, NO — 6%.
3. Which of the following do you think would make a good candidate for Alderman in Ward Seven? Charlie Rolfe — one vote, Garry Stamm — two votes, Peter Akehurst — two votes, John Barber — four votes, Jerome Murray — one vote, Pat Travis — two votes, Tony O'Donohue — 11 votes, Jack Heigh-ton — three votes, Jim Houston — two votes, and Dennis Wood — three votes.

4. The following people were mentioned as potentially good-aldermanic candidates for Ward Seven: Dallard Runge, Albert Chapman, Maureen Penno, Saul Hirsh, John Whitelaw, Norman Browne, Norma Penner, Bruce Kidd, Bill Lewis, Jeremy Carver, Ethyl Proulx, Karl Jaffary, Janet Howard, Richard Kirkup, Karl von Harten and Edith Justin.

5. Do you think the community of Ward Seven should get together before the election and choose a candidate to run with John Sewell? YES — 33%, NO — 33%, DON'T KNOW — 22%, NO ANSWER — 12%.

6. Do you think Alderman John Sewell should pick his running-mate from the community? YES — 30%, NO — 39%, DON'T CARE — 15%, and NO ANSWER — 16%.

7. Do you think anyone who wants to should run and leave it up to the voters to decide who will be alderman? YES — 60%, NO — 18%, DON'T KNOW — 6%, DON'T CARE — 6%, NO ANSWER — 10%.

What's your opinion?

1. SEVEN NEWS has recently adopted a policy that no commercial advertiser be allowed more than two pages of advertising per issue. How do you feel about this policy?

AGREE DISAGREE DON'T CARE

2. SEVEN NEWS has a policy that no provincial or federal candidate for election be allowed more than one page of advertising per issue. How do you feel about this?

AGREE DISAGREE DON'T CARE

3. SEVEN NEWS has a policy that no municipal candidate be allowed more than one half page of advertising per issue. How do you feel about that policy?

AGREE DISAGREE DON'T CARE

4. SEVEN NEWS has a policy that advertising inserts in the paper be limited to one page and one advertiser per issue. How do you feel about that question?

AGREE DISAGREE DON'T CARE

5. The present advertising content in SEVEN NEWS averages out to around 40 per cent of the space in the paper. What percentage of the paper do you think should be taken up by advertising?

RUN NO ADS AT ALL

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MORE THAN 50 PERCENT

6. SEVEN NEWS has recently adopted a policy of printing items in both Greek and Chinese as well as English. What do you think of this policy?

AGREE DISAGREE DON'T CARE

7. Do you have any further comment to make on SEVEN NEWS editorial or advertising policy?

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8. Please list your address or the street you live on.

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SEVEN NEWS
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All results will be compiled and published in the issue after next. They will also help the Board of Directors decide future policy for SEVEN NEWS.

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Dimanche des Rameaux — Bénédiction des Rameaux aux messes
— Samedi: 7:00 p.m., Dimanche: 10:00 a.m., midi & 7:00 p.m.

Jeu-di Saint — 7:30 p.m. Messe concélébrée et Procession du T.S. Sacrement.

Vendredi Saint — 3:00 p.m. Office de la Vénération de la Croix & Communion, 7:30 p.m. Chemin de la Croix.

Samedi Saint — 8:00 p.m. Veillée Pascale & Messe.

Pâques — Messes à 10:00 a.m., midi & 7:00 p.m.

CONFESSIONS

Lundi à jeudi — Avant les messes, commençant à 7:00 p.m.

Vendredi — Après l'Office de 3 & le soir commençant à 7:00 p.m.

Samedi — 4:00 à 5:00 & 7:30 à 8:30

Bienvenue à tous — Joyeuses Pâques!

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HOLY WEEK CEREMONIES 1974

PALM SUNDAY — April 7

Usual Masses

1:00 p.m. Blessing of Palms, Procession

HOLY THURSDAY — April 11

4:00 p.m. Mass

8:00 p.m. Solemn Mass of The Lord's Supper. Adoration till midnight.

GOOD FRIDAY — April 12

3:00 p.m. Celebration of the Lord's Passion. Holy Communion.

7:30 p.m. Sermon on the Passion. Stations of the Cross.

HOLY SATURDAY — April 13

7:00 p.m. Easter Vigil Service. Mass of the Resurrection.

EASTER SUNDAY — April 14

Masses at 8:30, 10:00, 11:30 a.m.

1:00, 7:00 p.m.

HOLY WEEK CONFESSIONS

Monday to Wednesday: before and during the daily Masses: 8:00 a.m., 12:10 & 5:15 p.m.

Wednesday: after 7:30 p.m. service

Thursday: 7:30 p.m. to 8:00 p.m.

Friday: 2:00 p.m. to 3:00 p.m.

Holy Saturday: 3:00 p.m. to 5:00 p.m.

"Christ has died

Christ is risen,

Christ will come again!"

LITTLE TRINITY

425 KING STREET EAST

AN ANGLICAN EVANGELICAL CHURCH

Sunday, April 7

9:00 a.m. Holy Communion

11:00 a.m. Morning Prayer — The Rev. Stanley Isherwood

7:30 p.m. The Rev. Maurice Bowler

Film to be shown: **They Looked For a City** — the incredible true story of a Jewish family in Eastern Europe and their bitter struggle for survival

The church will be open for prayer for an Easter weekend Prayer Vigil. Services will be held as shown below but the church will be open for prayer all the time.

Maunday Thursday, April 11

7:00 p.m. Seder Supper, Dr. Jacob Jocz

10:00 p.m. Compline (church closed at midnight)

Good Friday

8:00 a.m. Morning Prayer

10:00 a.m. St. Matthew Passion — Hymns and Lessons

12 noon Noon Day Prayers

5:30 p.m. Organ

9:00 p.m. Compline (church closed at midnight)

Easter Saturday

9:00 a.m. Morning Prayer

12 noon Noon Day Prayer

4:00 p.m. Organ

5:00 p.m. Evening Prayer

8:00 p.m. Organ

9:00 p.m. Compline (church open all night)

Easter Sunday, April 14

6:00 a.m. Day break service and breakfast

9:00 a.m. Communion

11:00 a.m. Communion

7:30 p.m. Communion

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Don Vale health centre faces problems

by BARRY McPEAKE

When the Don Vale Community Health Centre hired three full-time staff on a L.I.P. Grant in January of this year, they were given three main areas of work. The first was the establishment of a full-time clinic under a block grant from O.H.I.P. Second, was the development of preventive health programmes and finally, they were to establish long-term funding for the centre.

In late January, members of the Board of Directors for the Health Centre met with officials from OHIP who indicated that the Centre had a good chance of receiving a grant of \$40,000. This would have enabled the Centre to hire one full-time doctor and to buy supplies and some equipment. With this prospect in front of them the Centre established a part-time clinic two mornings a week with volunteer doctors to begin to build a patient load for the full-time doctor.

The idea of setting up a full-time clinic in the community centre grew out of a desire not only to provide more primary care for the Don Vale community but also to provide an alternative to existing health care facilities. Such an alternative meant providing competent technical care coupled with a wide range of additional services from teaching and counselling on basic health care and the rights of each individual to this care, to home visits, 24 hour coverage, dental facilities, and transportation for the elderly requiring health care. It was clear that existing facilities in the area were not providing a combination of many of these services.

But the provision of an alternative type of health care in the Don Vale meant more than just having one doctor in the community centre with little equipment and supplies. This was all the more true when Dr. Dan Perlitz announced the establishment of the 10-15 doctor clinic at the end of this year incorporating and expanding on the present private Don Vale family practice clinic. Not only was there an expansion in the number of doctors in the area but also in the technical facilities available. Added to this was the announcement of the Don District proposal for a Health Centre which, while in the process of radical change, will be geared to comprehensive alternative health care in the Don District both at the primary care level and in the area of preventive medicine.

With the addition or rather potential addition of more comprehensive technical facilities than the Health Centre could hope to provide in the medium or long-term it seems futile to continue to emphasize technical primary care, i.e. to try and set up what would effectively be a competitive solo practice. This is particularly true when the funding for the additional alternative services is severely limited.

The question of primary care in the Don Vale community has been only one of the problems that the health centre has faced. It, like other services in the area, faces a rapidly changing community. It is

clear to anyone who wants to see that the composition of the community is no longer that of poor working class, welfare recipients, elderly roomers, but an educated middle class. This will mean a change in disease statistics, a level of understanding of and attitudes towards health care and consequently, the character of preventive programs which we could attempt to begin.

All of this simply speaks to a more general need for comprehensive planning in the community and the district. Specifically, this entails a precise identification of the health needs in the area, a catalogue of the existing and potential resources, an identification of the technical and quality gaps, i.e. those medical services which are provided but unsatisfactorily. Finally, it entails a strategy, a step by step outline of how to fill these objectives.

Beyond this planning which need not be an academic exercise particularly if it is geared to existing possibilities, i.e. the Don District proposal - there are specific activities which the health centre can carry out. These include an education programme on basic health care for people living and working in the Don District; a rigorous study of the health needs, resources, and problems in the area; and finally, beginning to co-ordinate services with existing agencies to deliver a more accessible, comprehensive system of health care.

But this requires a re-orientation of the direction of the health centre. There will be a general community meeting on Wednesday, April 17 at 8:00 p.m. at the Don Vale Community Centre (80 Winchester St.) to discuss these and other alternatives.

For further information, call 961-8627.

Community Centre Programs

The Don Vale Community Centre is presently offering the following services and programmes:

Children's Activities:

Three afternoons per week from 3:30 to 5:30 p.m., an after-school programme is offered to boys and girls between the ages of 5 and 12 years. Activities include sports, crafts, outings, games, drama and music.

Saturday afternoon, children from 6 to 12 years may participate in a variety of activities such as cooking, films, trips, sports, swimming or crafts.

One evening per week a "club" programme is offered to girls only, 9 to 12 years old and once a week boys 9 to 12 years only may participate in a similar club experience.

Youth Drop-in Centre:

This programme is offered two evenings per week from 7 p.m. to 9:30 p.m. for boys and girls 13 to 17 years of age. Activities include sports, games, crafts, discussion, music, trips, etc. The members are responsible, with the assistance of a staff advisor, for developing, planning and establishing their own programmes.

Adult Programming:

Presently offered one evening per week these activities include a "social Bingo"; Introductory Yoga; Income Tax Return assistance; etc.

Sports Activities:

Twice per week an evening programme of floor hockey, gymnastics or volleyball is offered to boys 12 to 16 years of age and one evening per week floor hockey is provided for guys 17 years and up. The older group participates in games between groups of their own age in and around the Don Vale area. Plans are underway for the development of a Pee Wee Baseball programme.

Special Social Events:

Periodically a variety of social recreational activities are scheduled for all age groups. These could be dances, free plays, concerts, variety shows, square-dancing, euchre/bridge nights, "pub" nights, etc.

Hospitality:

The "lounge" is open Monday through Friday, 1 to 6 p.m. for Senior Citizens, single adults living in rooms or any residents who would like to drop in, relax, play a game of cards, meet with others of similar age and interests or just have a cup of coffee.

Woodworking Shop:

A number of large machines and hand tools are made available to residents for small projects and a supervised "youth" woodworking programme is presently being developed.

Crafts:

Various crafts activities are provided in the children's programmes.

A skilled "leather craftsman" from the community provides instruction one evening per week to interested persons, 10 years and up. Tools and instruction are provided free; however, participants are requested to supply their own material for large, expensive projects.

It is anticipated that other crafts persons will develop similar programmes, eg. metal craft, clay work, photography, etc.

Hot Lunch:

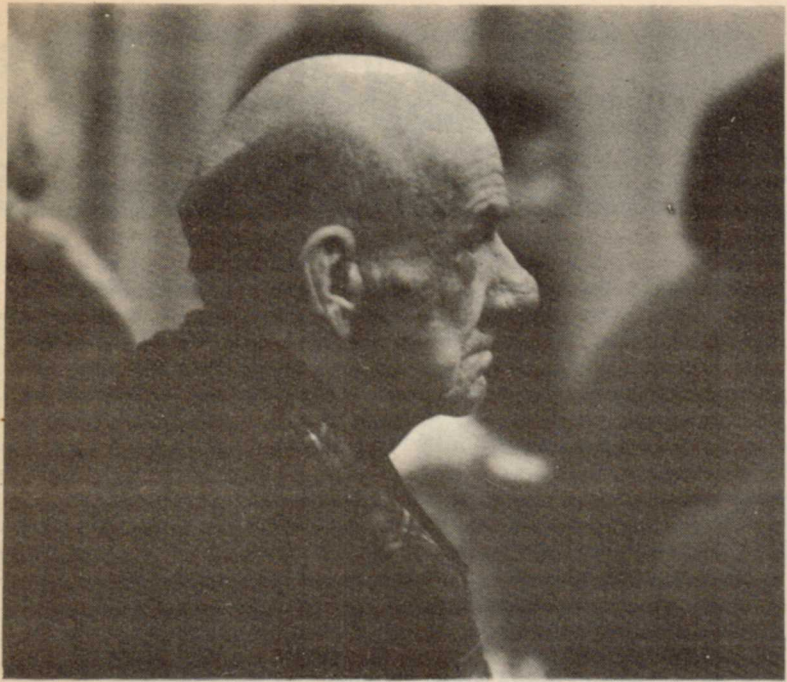
One noonhour per week a "hot lunch" is provided for less than a dollar. This nutritious meal is served in a friendly social setting and is available to anyone living or working in the Don Vale Community.

Service-oriented Programmes:

Programme staff assist residents in obtaining information concerning social service resources in the community whether it be legal aid, welfare services, tenant/landlord disputes, medical needs, drug/alcohol abuse, etc. The staff also assist groups in planning and organizing seminars, meetings, discussion groups concerning specific issues.

For further information, please call 921-6710.

SEVEN NEWS is a community paper and the merchants in Ward Seven are part of that community. Their advertisements pay for the cost of publishing this paper. Thank them by patronizing their shops and services. And thank them for advertising and thus supporting SEVEN NEWS.



Andy Shields

Andy Shields - dead at 82

Andy Shields is dead. A quiet, friendly man; Andy was well known to many people in the Don area. He was 82.

Born in Welland, Ontario before the turn of the century Andy died Saturday, March 30th of a heart attack in Wellesley Hospital.

A veteran of World War I, Andy spent his last 40 years in the area living for almost 20 years in the same rooming house at 71 Bleecker Street until he was evicted two years ago.

Andy worked hard throughout his life - working in various factories and lumber camps in Northern Ontario. An old, close friend of his - Mrs. Anne Devitt - who worked with Andy at Continental Can for 20 years before he retired at the age of 66 recalls him as "an old socialist who was quite a fiery speaker in his younger days."

"A lot of people thought he was just an old ignorant man," she said, "but they couldn't be further from the truth."

Andy was a member of the old IWW and CCF and most recently was active in the South St. Jamestown Tenant's Association.

"He loved poetry," recalled Mrs. Devitt. "He knew all the classics by heart - especially Burns and Shakespeare - he loved to quote Shakespeare."

When Andy retired 18 years ago he turned his attention to painting.

"He was quite good too", said Mrs. Devitt, "he always had the talent but never had the time until he retired. In fact one of the

etchings he did of a schoolhouse as a small boy in Welland is still hanging today - he was that good."

Since being evicted two years ago (for the proposed development of South St. Jamestown) Andy had been travelling between Toronto and Orillia (where he had a few close friends) never being able to settle down.

An active person right to the end, Andy was seen only a week before his death still making his daily rounds up Parliament Street. Andy will certainly be missed.

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OHC Point System

(EDITOR'S NOTE: Although Ward Seven has a sizable number of Ontario Housing Corporation (OHC) rental units, there is still, nonetheless a large number of applicants in Ward Seven seeking OHC accommodation. For the interest of those people, a new group, called The OHC Applicants Grievance Committee has recently been created. The following information and text has been reprinted from a booklet published by them. They can be contacted for help or information at 248-8587.)

Ontario Housing Corporation says that it uses the following categories to rate an applicant's need. A point rating of around 50 places you high on the list, but it is no guarantee that you will be housed.

Notice to vacate - 30 points.

Structural conditions in your present housing - possible total of 30 points, broken down as follows:

- Overcrowding - 5 points.
- Disrepair - 5 points.
- Inadequate kitchen - 5 points.
- Lack of light and air - 4 points.
- Inadequate bathroom - 5 points.
- Lack of recreation space - 2 points.
- Lack of heating facilities - 2 points.
- Other unsuitable conditions - 2 points.

Families separated - 15 points.
Health problems or chronic disability - 15 points.

Abnormal financial commitments - 15 points.

One point for every year you have lived in Metro Toronto to a maximum of ten points.

Percentage of your income you pay in rent - The maximum number of points in 20. You get 20 if you are paying over 50 per cent of your income in rent. If you pay 25 per cent of your income or less for rent, you get no points.

Number of dependants - To a maximum of 10 points. You get a point for every year you are on the waiting list up to a maximum of five points.

By comparing the points in different categories, it will be noticed that a family living in dilapidated quarters is considered more "needy" than a family paying too much of its income for shelter.

However, the recently published Provincial Housing Task Force report emphasised that Ontario's biggest housing problem was not poor housing accommodation but high rents.

OHC hasn't been eager to publicise its point system and most applicants know little or nothing about the system supposedly used to judge them. If you are curious, you do have a right to know your point rating. But knowing your score won't speed up the admission process.

Ball league formed in Regent Park

by AL JOHNSTON

Spring is here and so is the baseball season.

The Regent Park Men's Softball League is pleased to announce that they are in operation again this season. This league has been in existence for over 20 years in Regent Park.

The Regent Men's Softball League is well known throughout the Toronto area in softball circles as the best "outlaw" league around.

"Outlaw" means that they are a solely independent-run league without any affiliation with any of the softball associations. Consequently, this enables any and all ball players to play in this league as well as other leagues.

As an example, the Richmond Hill Dynes went overseas in 1972 and won the world championship in softball. From their ranks came three Regent Park ball players.

Their first baseman, George Chapman, was voted the best in the world. George grew up in Regent Park and has played ball all his life there as well as in other leagues.

The Regent Park Men's League also provides plenty of exciting entertainment all summer long for its many fans.

All games are played in North Regent between Sumach and Sackville, south of Gerrard Street. Games are played every Monday, Tuesday, Wednesday and Thursday evening at 7 p.m. with opening night set this year for Tuesday, May 21st.

Anyone interested in trying out for a team should contact Al Johnston at Alan Automotive, 366 Gerrard St. east, 967-6113. Also, the league is self-supporting financially and any donations would be greatly appreciated.

Seven News Open drops

The following is a further list of "Open Drops" in Ward Seven where copies of SEVEN NEWS can be obtained free, upon request.

| | |
|-----------------------------|------------------------|
| Sprucecourt School | 70 Spruce St. |
| Don Vale Community Centre | 80 Winchester |
| Christian Resource Centre | 297 Carlton St. |
| Parliament Library | Parliament St. |
| Library House | 265 Gerrard St. E. |
| Don Secretariat | 249 Gerrard St. E. |
| Freddies Fish & Chips | Gerrard & Ontario |
| Central Neighbourhood House | 349 Ontario St. |
| All Saint's Church | Sherbourne & Dundas |
| Acadia Book Store | 232 Queen St. E. |
| St. Luke's United Church | Sherbourne and Carlton |
| Central Hospital | 333 Sherbourne St. |
| Streethaven | 87 Pembroke St. |
| Duke of York School | 14 Pembroke St. |
| Welfare Office | 339 George St. |
| Lord Dufferin School | 303 Berkeley |
| John Innis Centre | Queen & Sherbourne |
| Regent Park Church | 40 Oak St. |
| Plaza Cleaners | 360 King St. E. |
| Site Office | 402 King St. E. |
| Adult Drop-in | 605 Whiteside |
| Regent Services Unit | 70 Pashler |
| Little Trinity Church | 417 King St. E. |
| Sackville School | 19 Sackville St. |
| Park School | 440 Shuter St. |
| Dixon Hall | 58 Sumach St. |
| Oak St. School | 203 Oak St. |
| Regent Public School | 20 Regent St. |
| Trefann Site Office | 440 Queen St. E. |

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How to start a food co-operative

by NOREEN DUNPHY

Ward 7 has seen several food co-ops start in the last couple of years. The oldest one still going strong today is one started by a mother's group called the Cabbagetown Food Co-op using Dixon Hall as a centre of operations.

Our kind of food co-op deals only with fresh produce because most people felt they could get good bargains on canned and packaged food at Usher's or by watching for sales. We do not have

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a permanent store like Karma II on Parliament St. and because we have no rent or salaries to pay, the cost is kept to a much lower level than ones like Karma can afford.

Recently a fresh produce co-op was started at the Neighbourhood Information Post and for almost a year there has been one at St. Jamestown using the YMCA.

How can you start one in your own area? First you need to get at least 20 families interested in getting fresh fruit and vegetables and eggs at wholesale prices. Some examples of the prices we've been paying are:

| | |
|----------|------------|
| potatoes | .07 a lb. |
| bananas | .10 a lb. |
| oranges | .45 a doz. |
| celery | .21 ea. |

Then you should find a local church or community centre that can give you the use of a large room for a couple of hours every time you have your co-op. The Cabbagetown Food Co-op has always done it every two weeks to time it to baby bonus and mother's allowance checks.

The hardest part is to find a truck or van that you can use to buy and carry the crates of produce from the Food Terminal back to your centre. The Food Terminal opens early every morning and is the place where all the small grocery stores buy their produce. Before you go down, one person should collect all the orders and money from each family.

The orders should be kept and a total of each item given to the people going down to the Food Terminal. The final list will look something like this: potatoes - 340 lbs., apples - 74 lbs., green peppers - 60 etc. At the Terminal you buy the food in crates, bushels and boxes, such as 24 celery in a box, 40 lbs. of apples in a bushel, 75 lbs. of potatoes in a bag etc.

If your total order for potatoes is 340 lbs. then you will need to buy 5 bags to cover your order. However this will give you 35 extra lbs. to pay for and then sell later. Thus you will always need a little extra money on top of the money paid by each family for its order, then when you sell off the extra food you can recover that money. This money can be collected by having a bazaar or other fund raising event.

After everything is bought (no later than 9:30 or 10:00!) the truck returns to your distribution point. You should have about 7 or 8 people there to meet you, unload and unpack the crates and fill out the individual orders for each family. A scale is needed to weigh out some of the food.

The prices are re-figured according to what was actually paid for them that day; the prices at the Terminal can change a little up or down every day. Everyone should be ready to pay a little more or get back a little money each time. Then each family collects its order which has already been filled out and set aside. At this time any extra food left can be sold to anyone who wants it. If everyone takes turns helping then the work is not too hard for anyone and the whole thing can be over with by noon.

It is good if a local church or centre can lend you their van so that you will have no expenses to add on to the cost of the food. If not, perhaps one of your members can lend his/her truck as a contribution to the co-op and a little money can be raised to cover the gas. We have prepared a fact sheet with more information and will be happy to teach any group the ropes at the Food Terminal. Call Dixon Hall and leave your name.

COMMUNITY BULLETIN BOARD

MONDAY, APRIL 8

7:30 Parliament Library House (265 Gerrard St. E.) Photography workshop. Free. Bring your own camera.
8:00 p.m. Don Vale Community Centre (80 Winchester St.) Meeting to form a SEVEN NEWS editorial committee. All welcome.
7:30 Central Neighbourhood House (349 Ontario) Meeting of the South of Carlton Working Committee.
7:30 Parliament Library House. Play reading.

TUESDAY, APRIL 9

7:30 Central Neighbourhood House. (349 Ontario) General Meeting of the South of Carlton Community Association.
10:30 a.m. Parliament Library House. Ladies Day program - health tips on tension by Karen Fraser.
4 p.m. Parliament Library. (406 Parliament) Puppet-making class for boys and girls.
7:30 Parliament Library House. Creative writing workshop.

WEDNESDAY, APRIL 10

10:30 a.m. Don Vale Community Centre. (80 Winchester) Ladies exercise class. Free. All welcome.
7:30 p.m. Parliament Library House. Meeting of Downtown Community Television. All welcome.
Noon Don Vale Community Centre. Community Hot Lunch program.
7:00 p.m. Parliament Library House. Meeting of Board of Directors of Neighbourhood Information Post. All welcome. Free.
7:30 Don Vale Community Centre. Work meeting to card index all donors to SEVEN NEWS. Volunteers welcome. Refreshments.
7:30 Central Neighbourhood House. Fashion show and Bazaar. Free.

THURSDAY, APRIL 11

8:00 p.m. Parliament Library House. An evening of poetry with Doug Stewart - reading selections from his latest collection.

MONDAY, APRIL 15

Noon SEVEN NEWS office (80 Winchester St.) Deadlines for items for the next issue and for this column. Write something now.
7:30 Don Vale Community Centre. Ladies Exercise class. Free.

TUESDAY, APRIL 16

7:30 Broadview YMCA (275 Broadview) Meeting of the Ward Seven Sports Council. All sports buffs please make note to attend.
7:30 Parliament Library House. Creative writing workshop.

WEDNESDAY, APRIL 17

7:30 Don Vale Community Centre (80 Winchester) Meeting of the Board of Directors of SEVEN NEWS, INC. All welcome. Free.
7:30 Parliament Library House. Meeting of Downtown Community Television. All welcome. Free.
8:00 p.m. Enoch Turner Schoolhouse (106 Trinity) Meeting to consider controlling development for the King-Parliament area.

FRIDAY, APRIL 19

9:30 p.m. Winchester School (15 Prospect) Course on dealing with child behaviour. Free. Baby sitting provided. All welcome.
8:00 p.m. Parliament Library House. Free film night: Stars of the Golden Age of Comedy. All welcome. Lotsa laughs.

SATURDAY, APRIL 20

2:00 p.m. Parliament Library House. Poetry and rap. Free.

(Information for this column is collected by Neighbourhood Information Post. Items for future listing should be phoned into NIP at 924-2543. There is no charge for this service.)

(This space contributed by Community Development Branch, Ont.)

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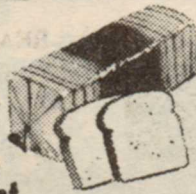
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調查地區包括河邊大道以北，頓河以東，祖拉街以南，以及鐘士街與里士利街以西各地。初步進程擬先召開會議，邀請大河谷區協會與第八選區各街坊房屋住客之代表參加共同討論，然後集合會議結果發表報告，再另召開居民公開會議，以便收集更廣泛之資料與居民之意見及實際需要，藉以完成有關方面更深入之研究與設計。

by JANET HOWARD

The next time meat prices send you staggering backwards, try some chicken livers. Still relatively cheap, they are rich in iron and protein and can often be served successfully to people who hate every other kind of liver.

Trimming chicken livers is easy, using kitchen scissors or a sharp knife, and should any of the yellow fat be left on, it will not become tough or nasty in the cooking.

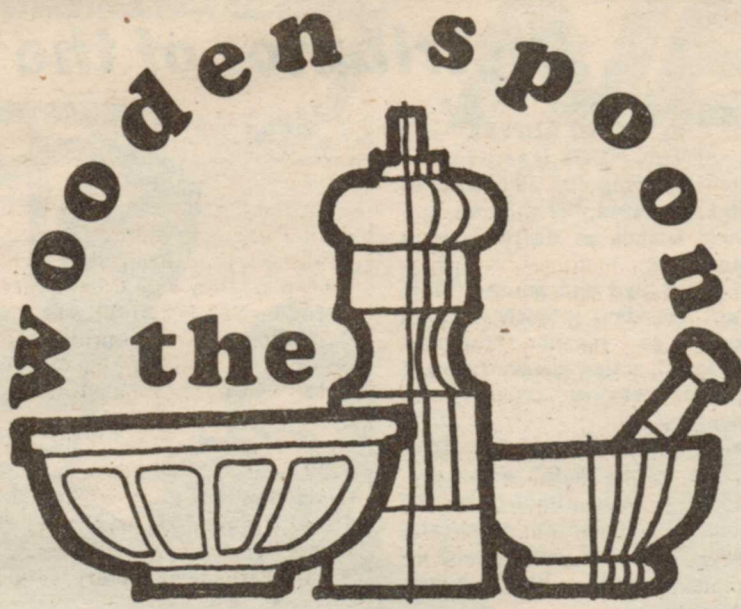
Here is a dish you can serve with rice and a salad or other green vegetable and bean sprouts (they come in tins and are cheap) for a chinese-style dish that doesn't take long to prepare:

- Chicken Livers Orientale**
(four servings)
4 oz. blanched almond slivers
(1 small package)
1 small tin pineapple chunks
1/4 cup (or more, to taste)
soy sauce
1 lb. chicken livers
2 tbsps. oil
2 tbsps. vinegar
2 tbsps. sugar
2 tbsps. corn starch

Cook the almonds for a few minutes in a little butter over low heat. This will make them crisp and light golden, but take care not to burn.

Rinse, dry and trim the chicken livers, cut each one in half and drop it into a bowl with the soy sauce. Heat the oil in a frying pan, add the chicken livers and soy sauce, and stir over medium flame for about five minutes.

Chicken livers should be slightly pink in the middle, and firm on the outside. Drain the pineapple chunks, keeping 1/2 cup of the juice, and add the chunks to the livers to heat through. Mix the juice, vinegar, sugar and cornstarch, stir into the livers and pineapple, and cook another five minutes or so until the sauce is blended and slightly thickened. Soy sauce is salty, so you probably won't need to add salt.



(Recipes for this column should be addressed to Ward Seven News, 265 Gerrard St. E. Seven News takes no responsibility for the edibility of any recipes printed in this column - The Editor.)

Pilau Rice to serve with chicken livers:

Cook a small sliced onion in butter until slightly soft, add your usual amount of rice, raw, and stir until the rice becomes somewhat translucent. You may also add chopped pepper, celery, carrot or any other firm vegetable you like. Pour in chicken stock (Oxo will do), three times the quantity as you have used of rice, stir, add salt and pepper, and transfer to oven dish. Cook in a 350 degree oven, covered, for half to three quarters of an hour. If the rice is nearly cooked but liquid remains, remove cover of pan until drier.

EGGS FLORENTINE
by Carol Finlay

For a simple and nourishing meatless supper, or for a tasty brunch on one of those days when there's not much to be done in the afternoon, you might try this recipe. Eggs Florentine: Wash, cook, drain and season with salt

and pepper, 2 lbs. spinach. In a buttered 2-inch baking dish arrange the hot spinach so that it is slightly higher around the edges than in the middle. With the back of a spoon make four indentations in the spinach. Melt a little butter in the indentations and into them break 4 eggs, carefully, so that the yolks remain intact.

Over the eggs and spinach pour 1 cup of cheese sauce. For the sauce, melt 2 tbs. butter in a saucepan. Add 2 tbs. flour and stir until you have a smooth paste. Cook this roux for a minute or two. A little at a time, whisking non-stop, add 1 cup of milk. When the sauce is smooth and not too thick, add 1/2 cup (or more) of your favourite cheese, grated. A sharp cheese, such Romano, Pecorino, or an old Cheddar, works best.

Heat the dish in a 350 degree oven for 10-15 minutes. The timing depends on how soft or hard you like the eggs. Serve hot. Four servings.

The following samples of poetry come from pupils in Mr. Roy Strickland's Grade six class and Mrs. Alice O'Brien's Grade seven class at Winchester Public school.

*My, dogs jumping up
from the green deep
of a wood,
have seen something strange.*
- Neena Channan

*A bird who flies
without a friend
is lonely -
until he dies.*
- David Lai

*Where is the crow
in the forest
that calls each day
to an unknown friend?*
- Igor Pashutinski

*The well of old
stands
dry and damp
with cool, creeping moss
clinging
for life.*
- John MacLean

*The snow crystal dropping
and landing softly
onto other crystals -
making the sounds of winter.*
- Brian Sherban

*The trees are swaying
When the wind blows
in the night,
The green leaves rustle.*
- Milly Lem

*The cricket sings songs
in the light of the daytime,
But goes unnoticed.*
- Wendy Morrison

Awake
by Norm Craven

*Dull days
fraudulent smiles
hardened people
pushing,
shoving,
hurrying,
colliding
with the man
on the corner.
And his bundle falls
and the headlines scream,
"Awake"
but they still pass
pushing
and shoving
while he gathers up
his bundle of papers.*

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Distributor of the week

by DAVID RUPPEL

SEVEN NEWS is very fortunate in having the assistance of Mr. Art Lloyd, his children, and their friends as distributors in Moss Park.

Mr. Lloyd and another Moss Park resident, Shirley Quinn serve as tenant "ombudspersons", acting as a confidential liaison between tenants and management.

Art and Shirley are also active in the special "help" service provided to the disabled in the complex, including transportation to medical centres, and assistance with light house-cleaning.

The Moss Park Community, located between Shuter, Parliament, Queen and Sherbourne, contains three V-shaped high-rise towers which partly enclose a landscaped open space facing south.

The 903 units house a number of senior and disabled citizens along with families with young children. Built about ten years ago, and originally managed by the Toronto Housing Authority, the complex was taken over by the Ontario Housing Corporation in 1969.

You can tell after a short visit that Art must really like children. Along with five of his own (David, 12; Ronald, 11; Marty, 9; Tammy, 8; and Trevor, 3), his ground floor maisonette seems to attract a steady stream of bodies, including Michelle Bujold and Roy Rivers, pictured above who regularly help in distributing SEVEN NEWS.

When the apartment is not bursting with kids, you can usually find the whole gang at the nearby John Innis Community Centre where they play hockey in an organized league.

During his stay at Moss Park, Art has met a terrific bunch of people, not the least of whom are the disabled that he occasionally helps. He is forever impressed with their desire and ability to look after themselves despite their disadvantages.

Art also speaks very favourably about the people he deals with at the OHC regional office, where a friendly and helpful feeling prevails.

To all the Lloyds and their friends, a special thanks for your continuing support from SEVEN NEWS.



SEVEN NEWS is a community paper and the merchants in Ward Seven are part of that community. Their advertisements pay for the cost of publishing this paper. Thank them by patronizing their shops and services. And thank them for advertising and thus supporting SEVEN NEWS.

Fashion show at CNH

A community Fashion Show and teen bazaar will be held for the first time this spring by Central Neighbourhood House. Both events will be held simultaneously at CNH on Wednesday, April 10, at 7:30 p.m. in the gym at CNH, 349 Ontario street.

Admission is free and everyone is welcome to attend.

A ramp is being built in the gym, and it is planned to have some of the teens from the Tuesday evening drop-in arrange the lighting and music. Youngsters as well as adults from the community will act as models.

Someone from the community will act as fashion commentator, and the clothes shown will be available for purchase at very reasonable prices immediately after the show.

A door prize will be drawn to complete the gala evening.

Floor Hockey nears finals

by BILL WALKER

Semi-finals are now over in the pee wee and bantam divisions. Playing off in the pee wee division will be Ultrabright, a team consisting mainly of Broadview area boys coached by Tom Williams and Joe Pisana.

They will be matching their talents against Fab, a team from Pape Recreation Centre and coached by Pat McDermott.

In the Bantam Division, there are two closely matched clubs playing off. First is the Wizards who are mostly local teens from the YMCA in the Greenwood area, coached by Jim Chisholm. They play the Counts, a group of teens from Regent Park coached by Steve Briggs.

Men's Division finals are also on their way, with the first game of the semi-finals over. Things look good for the Bombers as they beat the Kings 10-4 in their first match.

However, in the other half of the series, things are a lot tighter with the Raiders managing to win their first game 7-6 on a last minute goal by Dave Fenton who scored on Doug Parks, goalie for the Whalers.

The Pee Wee and Bantam finals will be decided either Friday evening, starting at 6 p.m. April 19th or Saturday, April 20 at 2 p.m. All games will be played at Broadview YMCA.

Come out and watch the competition if you're free.

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