

NEWS

WARD 7 COMMUNITY NEWSPAPER
265 GERRARD STREET EAST

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NEXT ISSUE

Our next issue will be published over the weekend of May 11. Deadline for copy is NOON, May 7. Copy can be dropped off at 80 Winchester St., 265 Gerrard St. E. or 320 Parliament St. Don't forget our annual meeting on May 16 at 8 p.m. at 80 Winchester St.

Parliament face-lift will mean tax hike

by NORMAN G. BROWNE

The Ward Seven Businessmen's Association has decided to press ahead with the creation of a Business Improvement Area for Parliament Street despite some criticism from local merchants on that street that the idea may be unworkable.

If the plan is approved, a 7-member board of management will be incorporated to draw up a plan and budget for improving the street. The costs will be paid by a special tax levied on all merchants.

At its last general meeting, the Association heard speeches and saw a slide presentation on the Business Improvement Area created in the Bloor-West Village area.

According to the presentation, most of the improvement in business in that area was brought about through improved street lighting and municipal services, the planting of trees, bushes and flowers along the sidewalk and the addition of benches and garbage containers.

Other improvements were the use of a common symbol, the massive involvement of the community and the use of colored lights as a street decoration.

Critics of the plan stated that nothing additional could be put on the sidewalks on Parliament street as they were too narrow already. Other criticisms were that Bloor Street served a stable, law abiding, middle class population, but Parliament Street had problems with drunks, litter and vandalism.

One critic was heard to remark: "You'll need to put 20 garbage pails in front of my store just for empty wine bottles."

Alderman Karl Jaffary told the meeting that if such a plan for Parliament Street was to succeed, it would need strong support from the community and considerable involvement by the local businessmen. He added that a cadre of businessmen will have to act as a strong driving force to push the plan through.

As soon as the street is designated as a Business Improvement Area, the City will notify all merchants in the designated area and two months will be allowed for them to register their objections with the City Clerk. If more than one-third object, the plan will be killed for at least two years.



Spring has come early and already kids are out in the sun. Some are even swimming in the lake. These kids from Regent Park went down to

Cherry Beach for a barbecue this week, and they took their kitten, Minou, for her first dip of the year.

MAY 16 - An opportunity to change your paper

Federal LIP funding for the SEVEN NEWS staff runs out on May 31 and the future of the paper will rest on the success of plans to raise money to keep the largely volunteer-run organization going.

This will be one of the priority items on the agenda of a General Meeting of Ward Seven residents, being called for Wednesday, May 16, at 8 p.m. at the Don Vale Community Centre, 80 Winchester Street.

SEVEN NEWS is your paper: everyone who lives in or works in Ward Seven is an owner of the paper. It is time for you to take some hand in the management of the paper and responsibility for its future publication.

At the SEVEN NEWS General Meeting on May 16, a comprehensive constitution will be presented for discussion and approval by the community.

A slate of nominees for a functioning Board of Directors for SEVEN NEWS will also be presented on May 16. It will be up to you to elect a strong executive body and charge it with the responsibility of keeping SEVEN NEWS alive.

Mark May 16 on your calendar and come to the meeting. Copies of the Draft Constitution, nominees to the Board, and financial reports will be available. Refreshments will be served.

NEWS ROUNDUP

Kirkup sues students over election

The Regent Park Community News, an 8-page tabloid newspaper published for and by the tenants of Regent Park has successfully raised \$1,200 toward the \$2,000 they need to keep their paper going for the next year . . . Community is the name of the new tabloid newspaper being published in Ward Six by the North Jarvis Community Association. It's being distributed in the Bay-Bloor-Sherbourne-Carlton area and boasts a circulation of 12,000 . . . Meanwhile, a group headed by defeated aldermanic candidate Dallard Runge is organizing and fund-raising for a community newspaper to cover all of Ward Eight.

The St. Jamestown Community Social Service Club is holding a bake sale and boutique on Saturday, May 5, from 2 to 6 p.m. in the Recreation Room at 200 Wellesley East . . .

Newly-elected executive to the Regent Park Community Improvement Association is: President, Neil Tanner; First V-P, Dave Martin; Second V-P, Jim Gillan; Recording Sec., Lynda Falls; and Treasurer, Doreen Torrens . . .

St. Clement's Community Project is sponsoring a Food Forum called, "By gosh, the price isn't right". It will be held Mon. April 30 at 7:30 p.m. at St. Clements church, 173 Jones Ave . . .

Pat Walker, the Don Vale delegate to the Federation of Don Area Residents Associations, has been nominated to the position of Vice-chairman of that

organization. Bettyann Roth and Pat Travis have been named signing officers to replace David Thomsett who is moving to Vancouver at the end of this month . . .

DEPARTURES: Glen O'Brecht, a youth worker for the Don Vale Youth Project has left the project to accept a government job in Ottawa . . . The Don District Community Secretariat, 320 Parliament Street, has purchased a coffee urn and is lending it, free of charge, to groups in the Don District. Phone them at 923-8969 . . .

The Canadian Imperial Bank of Commerce at the corner of Parliament and Carlton streets plans a major expansion south into the two stores presently standing vacant. Reconstruction should be completed by late fall . . .

The Interfaith Committee for Ministry to St. Jamestown has now become the Bloor-Sherbourne Community Action Project and is funded in part by three Insurance Companies in the Bloor-Sherbourne area. It operates out of St. Simon's Church on Howard street . . .

Fred Hamond is convening the Woodgreen Credit Union's 25th Mother's Day Concert. It will be held at 2 p.m. on Sunday, May 6 at Woodgreen Church, 875 Queen east. Highlight of the concert will be the Squadron 411, RCAF Mobil Band plus considerable community talent. Admission is free. Phone Master of Ceremonies, Ed Maher at 461-7551 for more info . . .

Mrs. Hazel Counce has been hired as "Tenant Ombudsman" for Regent Park and is available to all Regent tenants to assist with individual or group problems. She can be reached at 364-3002 . . . Through action taken by delegates John Wawrin and Pat Walker, FODARA has sent a letter to the Public Works Committee of City Council asking that more litter bins be placed in Ward Seven . . .

Defeated aldermanic candidate Richard Kirkup has sued the Seneca College student newspaper for statements made about him during the last civic election campaign. Mr. Kirkup is Director of Student Affairs at that college. Since then, the Seneca Faculty Association has requested Mr. Kirkup to withdraw his suit and is making a donation towards the student's legal costs.

Copies of Community Health Centre Handbook published by Wayland Workshop and "One Child, One Chance", a study on malnutrition and poverty published by the National Council of Welfare, are available free at the Community Secretariat office at 320 Parliament street

Mixed reaction has been expressed by Ward Seven residents to the play, No Way, Jose, which the Open Circle Theatre is presenting at 121 Avenue road. The play is a series of skits on welfare and poverty and much of the material is derived from interviews with people in Ward Seven. Phone 967-6584 for info on the play . . .

Inside Seven

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SPEAKING OUT

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RECIPES

Beef stew with beer — Page 6.

SPORTS

Bring on the softball season — pg 8.



Fumigation in St. Jamestown

Dear Editor:

In Prussia they're called "Russians", and in Russia they're known as "Prussians". In St. Jamestown, where we don't have racism, we do have "cockroaches".

Cockroaches, "Merry Dans", stylopyga orientalis, you name them, we have them in hordes.

One of the most primitive of living insects, the cockroach's ancestry goes back 300 million years, and entomologists have the fossils to prove it. Once you have encountered him, you appreciate how he has managed to hang in there so long.

This agile pest can sprint 1 kilometre per hour. He hides by day and forages by night, and makes his habitat in dark, humid places. His larvae can enter a hole 1 mm. wide by 1/2 mm. deep. He is extremely prolific, tough and cunning, and pound for pound, his I.Q. must be up around 160. He will eat almost anything, including his own kind. He equates ripe, smelly garbage with dinner at the Three Small Rooms. He is repulsive, disease-spreading and verminous.

As a 6-year tenant of St. Jamestown, my leases called for single occupancy of a 1-bedroom suite. After the first 4 years, however, I found that I had uninvited company. Since my guests made no offer to share the rent payments, and since I had no intention of running a crash pad, I initiated eviction proceedings.

Following discreet inquiries, I learned from other tenants that Meridian had disinfected their suites up to 5 times, with only temporary relief. By trial and error, I then managed to outwit the pests with the following attack, which is recommended to other tenants:

Obtain 1 lb. of Polyfilla, 1 lb. of numer 0 steel wool, 1 roll of 1 1/2" masking tape (Canadian Tire brand works best), and 1 can of Raid Ant and Roach Killer.

Get a flashlight, open the cupboard under your kitchen sink, and poke your head into the cupboard. You will see 3 water pipes running through the wall. The 3 holes in the wall have been plastered up by Meridian in a vain attempt to bar entry. Bash out this plaster. You will then see another wall and 3 more pipe holes.

Cut your steel wool into wads and stuff these 3 holes with the wool. Use a screwdriver to ram in the wool so that the holes are tightly filled, using about 1/2 lb. of material. Crawl back out of the cupboard.

With the masking tape, seal the crack at the bottom of your front door. Applied properly, the tape will make a tight seal when you enter and leave your suite.

Take your Polyfilla and go to the bathroom. Mix up a batch of the Polyfilla and stop up the crack around the bottom of the toilet bowl. Loosen and ease forward the flanges on the 9 pipes which enter the wall. Stop up the 9 cracks in the wall with the Poly. Insert the stopper in the bath-tub drain hole and leave it there, except, of course, when you shower.

Use the Raid as directed on the can, and persist in its use until your present guests have expired. You will have no new guests, unless you bring them in yourself in beer cases, grocery boxes or the like.

If you are not mechanically inclined, do as a large number of other tenants have done — move.

Name Withheld,
St. Jamestown.

Riverdale Rip-off

Dear Sirs:

Woodgreen Community Center, located at 835 Queen St. E. received another L.I.P. grant recently. This grant is to be used to aid their Youth programme. Immediately, the Center increased its paid staff by four people. Needless to say, like all of their paid staff, these four people live outside the Riverdale area.

Now, Woodgreen Center has additional paid staff to help brainstorm the residents of this community for the next few months to show a need for a continuation of their many L.I.P. grants.

The Center was very surprised when they received this recent Youth L.I.P. grant because they had already received so much money from the Government and the L.I.P. programme to date, that they did not expect to get this one.

However, the Government does not look at the total monies received by an agency but instead, looks at the specific needs of each of the programs within that agency, therefore giving Woodgreen Center the go-ahead to obtain as much money as it wants, in addition to its regular United Appeal funding.

The Center is going to hire more people this summer, i.e., students from a College located outside of Riverdale, naturally.

Woodgreen Center is so worried about the needs of the people living in this community that they (the paid staff, etc.) have started an all out campaign to find out just what these needs are. "One very basic need is employment!"

Why then does Woodgreen Community Center insist on hiring everyone of their paid staff from outside the community and using the people living in the community as volunteer help only?

Name Withheld

Grossman's remarks incorrect

Mrs. Margaret Scrivener, MPP,
Riding of St. David,
Parliament Buildings,
Toronto M7A 1A2.

Dear Mrs. Scrivener,

Thank you for your letters of April 6th and 9th, enclosing statements of the Hon. Allan Grossman regarding the Sherbourne-Dundas block.

The confusion in Mr. Grossman's mind as to the activities of Aldermen Sewell and Jaffary in this matter will no doubt have been cleared up by now. Mr. Grossman's first statement, made during the negotiations with the Mayor, for some reason deals almost exclusively with his curious interpretation of correspondence received from the aldermen, who, he says, "vigorously pressed (the original project) upon OHC".

This is nonsense, of course. Alderman Sewell's position has always been clearly opposed to any demolitions in the block, and he and Alderman Jaffary voted consistently against the construction of apartment towers there.

However, given the nature of our previous city administration, not only was the by-law permitting construction of two 24-storey towers passed, but Council granted such extra bonuses (for which the Ontario Municipal Board later turned the project down (as a developer's dreams are made of).

Since it was obvious that the wishes of local residents counted for nothing with the City, the only course of action that appeared

feasible in avoiding the total expulsion of low-income people from the area was to secure at least a portion of the new accommodation for them through OHC. As Mr. Grossman will surely have explained to you by now, that was the intention in writing to him.

Meanwhile, Mr. Sewell gave the invaluable assistance to the Seaton Street Ratepayers and Time and Place (a group to which I belong, working to save old and beautiful buildings) which enabled us to succeed in our case before the OMB, defeating the by-law.

Alderman Jaffary readily admits that at one point he believed that nothing could save the buildings on the block, being, as they were, privately owned. The least evil solution seemed to be an OHC tower.

As to Mr. Grossman's April 9th statement, everyone is delighted with the outcome of the negotiations. We are of course glad he did not insist on the 15-storey tower. The whole point of that block is the pattern of the very oldest buildings, set far back, with later infill closer to the street, the living record of fashionable taste from 1850 to 1910, harmoniously set in a streetscape of great beauty. Towing a couple of houses to the other end of the block is as much like historic conservation as two dead daffodils in a glass case are like a spring garden.

At all events, thank you for the interest you have taken. I am sure you will want the people of Ward 7 to know of your involvement, and am therefore giving a copy of this letter to Ward 7 News.

Janet Howard,
330 Carlton St.

Likes 7 News

Dear Sir:

I moved into the Moss Park Ontario Housing Project nine months ago and into Ward 7 and I would like you to know how much I have appreciated your paper. It has both given me a picture of some of the problems in the ward and the reassurance that some other ward residents are concerned and doing something about them. The articles I found particularly useful were the ones containing data on the appalling health and mortality statistics in this area, the difficulties encountered by our aldermen in relating to their constituents and the very practical news that a co-operative food store exists which I promptly joined. I am looking forward to continuing to receive the Ward 7 News.

Pat Schutz

credit to SOCCA

Dear Sirs:

In your coverage of the Sherbourne-Dundas housing crisis, in your last issue, you failed to give sufficient mention and give credit to the two community groups which have been actively involved for about a year in drawing up a comprehensive and humanistic housing plan for the South of Carlton community.

These are the South of Carlton Community Action (SOCCA) and the South of Carlton Working Committee. These are the community groups which have shown the initiative and guts to work and fight for more adequate, low-cost housing in their community.

Don Weitz, Don Vale

Two developments debated in Don Vale

by NORMAN G. BROWNE

Except for massive townhousing in the area, Don Vale was long thought to be one of the more stable sections of the Ward. That assumed stability has been shattered in recent weeks by two separate development proposals for different parts of the area.

The first proposal, still being hotly debated, is for a 15 or 30 unit condominium townhouse project between Wellesley street and the Cemetery.

At a recent meeting, attended by around 100 nearby residents, a plan for more units at a lower price was turned down in favor of fewer units at a higher price.

Still to be heard from are any reports from the City Planning and

Development department as to what they require before any building goes on the site.

Meanwhile, Omnitown Developments Ltd. have bought the Sleepmaster factory on Spruce street for about \$170,000 and are trying to buy additional property in the block bounded by Parliament, Spruce, Sackville and Gerrard.

Under present zoning, between 25 to 50 row houses could be put on the site or a 25 to 30 suite apartment block. At a public meeting between the developers and residents, Alderman John Sewell recommended that the land be rezoned to "Holding" while a project agreeable to both residents and developers is worked out.

Meetings are continuing on both projects.

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A landlord's tactics: blaming tenants for rent increases

by SARAH HENRY

Clare Tonner's kitchen tap hadn't worked in over a month.

Whenever she washed the dishes she had to carry buckets of water from the bathroom to the kitchen sink. She had told the superintendent about the situation. Nothing had been done.

Anybody would find this annoying and inconvenient. Mrs. Tonner found it especially frustrating since she has artificial legs and toting water from bathroom to kitchen is no easy task for her.

Joey Wells had a somewhat unpleasant problem also. She had live wires hanging out of the wall and ceiling sockets in the living room. She has two young children and was concerned about the potential danger to them.

She had asked the landlord for assistance also. But the wires were still exposed.

And so, Mrs. Ronner, Mrs. Wells and several other tenants who felt that maintenance of the Bain Avenue Apartments could be improved came together and formed the Bain Avenue Tenant's Association (BAT) last October.

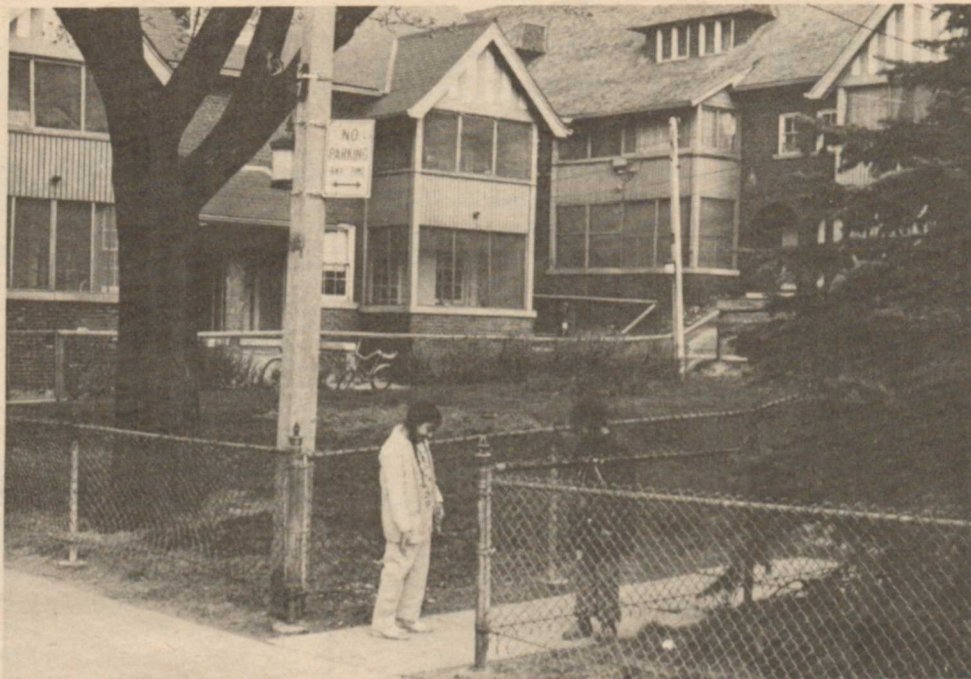
The new association went to the project superintendent, Mr. Abie Sherman and asked for immediate action. Presumably taken aback by seeing so many angry tenants at one time, he said "I will not be pressured by you people into doing anything."

But this initial action did get results. In the next few days work had been completed in both apartments.

Most of the people who attended these early BAT meetings didn't have pressing complaints like those mentioned above. But everyone felt that the apartments could become a really nice place to live in, if the tenants received more co-operation from the landlords.

They wanted to see the project get a new coat of paint, see repairs made to fences, and have courtyards under the care of a qualified gardener. There were cases brought forward of loose doors or doors that stuck, leaking radiators, faulty tile, falling plaster and unsafe porches.

Admittedly, many of these complaints were not urgent. The tenants realized that the apartments were old, having been built about 60 years ago as models of low income housing. But the people who formed the tenant's association felt that just because they lived in a low rental project, it didn't



Bain Avenue apartments, on the east side of the Don near Withrow Park, scene of organizing efforts by disgruntled tenants.

mean that it had to look like one.

But by far, the one issue that drew people to the organization more than any other was the desire to have cable TV in the apartments.

For about 20 years, the project has been serviced by MUL-TV. Tenants say the reception they get with MUL is unsatisfactory and that they can't get the broad range of channels that are available with cable television.

In a letter to the tenants, Esther P. Tusa, General Manager of Toronto Housing described cable TV as a "luxury". But to many of the tenants, television is a primary source of entertainment for them and they wanted to get as much pleasure from it as possible.

Regarding this question and other complaints lodged with the association, BAT met with Miss Tusa, appeared before the company's lawyer, delivered pamphlets door to door, spoke with tenants, called general meetings, and generally did what they could to bring pressure to bear on Toronto Housing Company.

In December the Housing Standards inspectors made a tour of the apartments and presented a substantial sheaf of work orders to Toronto Housing, copies of which

BAT obtained and delivered to the tenants concerned.

Toronto Housing began work immediately on making the needed repairs. The members of BAT were heartened to see the project getting spruced up.

Since the formation of BAT, Toronto Housing has hired additional maintenance staff and a full time gardener. At Christmas the management even brought Santa Claus to the project to visit the children. And it looks as though tenants will have cable TV installed within a month.

To the casual bystander it started to look as though BAT and Toronto Housing might be able to maintain some sort of peaceful coexistence.

But that is just a surface appearance.

At the beginning of April, Miss Tusa phoned the employers of several BAT members, saying that these people had been "causing considerable management problems in the apartments" and were "bothering tenants".

BAT says that no landlord should be able to "harass" members of a tenants association or cause trouble for them at their place of employment.

The tenant's association is also concerned about an unexpected result of

the Housing inspection.

In February, Toronto Housing sent a letter out to all tenants saying that "since the Building Inspectors have been called in and we are required to carry out an extensive refurbishing programme, it will be necessary in the future to raise the rentals to offset this extra work and costs incurred for same."

BAT feels that this is an instance where Housing Standards, which was designed to protect tenants from substandard living conditions, is being turned to the advantage of the landlord by providing an excuse to raise rents.

Also, during the inspection there were several instances of apartment overcrowding found. Toronto Housing has sent letters to some of the tenants telling them they must leave their apartments.

BAT believes that these tenants should be offered larger units in the project as they become vacant, on a priority basis.

In mid April the tenant's association took these grievances to the Urban Renewal, Housing and Fire Legislation Committee at City Hall.

Several employees of Toronto Housing, as well as three tenants supporting Toronto Housing, also made an appearance.

After BAT members Sharon Mundwiler and Bill Lewis made their deposition, Toronto Housing went before the Committee.

Replying to the charge of forcing tenants to move because of overcrowding she said that Toronto Housing has arranged with some tenants to move into larger units but that "most of the time we are fully rented . . . and if we were bad landlords we wouldn't be."

BAT however, believes that it is entirely possible for "bad landlords" to be fully rented. The Bain Avenue Apartments are cheaper than comparable apartments in the city . . . and this fact alone induces people to move in. It is when the tenant needs repairs done that he realizes how poor the maintenance service is.

By making presentations to the URHFL Committee they feel they have made City Hall aware of at least one instance where a City inspection has been the reason for rent raising.

FRANK TINDALL

Bearing down hard no more

by BARRY MORRIS

Frank Tindall died sometime around March 22nd. In the night or early morning, near or behind Police Station 51 in Regent Park, not far from his Dundas building and small bachelor apartment.

Frank had no surviving relatives; he had several scattered acquaintances and many, many, drop-off points or haunts.

Frank was himself a haunt — that is, an up-to-date source of reams of walking information on the one hand, yet, a headfull of half-truths and mysterious bits of inconsistent interpretations on the other hand.

Frank was very familiar, whatever the view any of us had of him. He frequented all of the resource and organization spots in the Don area — especially the Library House, the Don Vale Community Centre, the Winchester Hotel, the Christian Resource Centre, Regent Park United

Church, and often, and more intimately, Justin & Justin Real Estate.

Edith Justin was perhaps the first person the police called on discovering Frank's body — she kept a lot of Frank's stored clothing and furniture, and mail.

"Frank was an intelligent person — sometimes welcomed and sometimes not," summarized Edith. Frank had a habit of bearing down hard on you, even after you might have tried to listen to him and his worries and pains for a long time.

Perhaps in his intense and prolonged loneliness, Frank was stubborn to let you go — and when you simply had to, to survive, he would roar off in a huff and puff.

You might see him later, on the bleak, empty late-hour street no longer sober with his aloneness.

Some of this was balanced off

with much humour and a kind of healthy anger that Frank had about the problems of the poor — especially disgusting welfare and disability allowances, and the bias of the County Courts toward the Landlord in most tenant disputes.

Frank participated in the early days of the Just Society Movement, notably in the George St. welfare rights office in the basement of an old but friendly house.

This would not have been written had not quite a number of people expressed an honest regret about Frank's absence. There was something about him that defies the easy containment of words.

Frank was around during the recent years of a lot of struggle for change. Never at the heart of any particular struggle, Frank was yet close enough on the fringe to trouble you, to remind you that, yes, I am — I am, I said.

HEALTH, LAUNDROMAT

DIXON HALL AIMS AT MORE SERVICE

Dixon Hall expects to be expanding its services or initiating new ones in the near future.

Over the past few months, the Board of Directors of Dixon Hall has been evaluating the needs of the area and discussing the lack of certain services in the immediate community.

Some of the community needs they have discovered are:

- The lack of Health services in the area.
- The lack of an Oral Hygiene Program.
- The greater use of existing community facilities.
- The lack of an indoor ice rink in the inner city.
- The need for a laundromat in the area.
- The lack of an adult education service.

Anyone with further ideas on the subject or who would like to help implement some of these projects is asked to call Denis at 863-0499.

7 NEWS Pick-up

If occasionally you miss getting a copy of SEVEN NEWS, or you want more than the one copy, here is a list of places where the paper can be obtained free. If there are places not on the list which you think should be, please give us a call at 920-8632.

WEST OF THE DON

St. Simon's Church, 40 Howard St.
Our Lady of Lourdes Church, 510 Sherbourne.
Fudger Home for the Aged, 439 Sherbourne.
Parliament Street Library, Parliament & Gerrard.
Parliament Library House, 265 Gerrard St. E.
Freddie's Fish & Chip Store, Gerrard & Ontario.
Central Neighbourhood House, 349 Ontario St.
All Saint's Church, 315 Dundas St. E.
Acadia Bookstore, 232 Queen St. E.
St. Luke's United Church, Carlton & Sherbourne.
Central Hospital, 333 Sherbourne St.
Duke of York School, 14 Pembroke St.
Welfare Office, 339 George St.
Christian Resource Centre, 297 Carlton St.
Don Vale Community Centre, 80 Winchester St.
Minnie Price Health Foods, 555 Parliament St.
Dixon Hall, 58 Sumach St.
Cabbagetown Coffee Centre, 491 King St. E.
Dot's Used Clothing, 431 Queen St. E.
Adult Drop-In, 605 Whiteside.
Regent Park Services Unit, 70

Pashlar Ave.
Regent Park United Church, 40 Oak St.
Winchester School.
Eglise Sacre-Coeur, 381 Sherbourne.
St. Jamestown YMCA, 240 Wellesley
Rose Avenue School.
Don District Secretariat, 320 Parliament.
O.P.P. Police College, 291 Sherbourne.
Bradwin Court, 266 Sherbourne.
Streethaven, 87 Pembroke.

EAST OF THE DON

McCleary Towers, Logan and First Ave.
Riverdale Hospital, Broadview & Victor.
Chester Village, 717 Broadview.
Operation Family Rights, 826 Broadview.
Eastminster Church, Jackman at Danforth.
Danforth Library, 701 Pape at Danforth.
Greater Riverdale Organization, 1050 Gerrard E.
Woodgreen Community Centre, 835 Queen St. E.
Riverdale Public Library, 320 Broadview
Broadview YMCA, Broadview.
Parkway Vocational School, Danforth at Broadview
Queen Street Presbyterian Church, 947 Queen.

Breakfast Program a success at Duke of York

by BERNADETTE De La RIVIERE

Two years ago the Senate Committee on Poverty held hearings at Duke of York School on Pembroke Street and the suggestion was made at that time that we might establish a Breakfast Program. A questionnaire was sent out to parents and then plans were formulated.

The experiment began in May 1970 and was an immediate success. The first year it was financed with voluntary funds from individuals, and some service groups, namely, the Downtown Lions, Toronto Civic Employees' Union and the United Church of Canada. To continue the program a definite sponsor was needed. We approached Central Neighbourhood House, and with them, presented a brief to the Innovative Services' Fund of the United Community Fund. We were granted approx. \$3500.00 to cover expenses this year.

We presently serve a daily average of 75 breakfasts. Recently we began to serve oatmeal porridge and the children really enjoyed it! The vice-principal and the guidance counsellor share the meal daily with the children and benefits are many from this casual encounter. The atmosphere is relaxed and encourages conversation. Breakfast has become a social lesson for all concerned — children, teachers, parents and agency.

Parental involvement is great. We helped select the toys, we order the supplies, make serve and clean-up the breakfast. We play with and discreetly supervise the children and then we often enjoy a coffee. "The before-school-day-care" is a truly exciting and interesting experience. Why not join us some morning at 7:45 a.m.?

At the present time water must

be brought from a classroom to prepare the milk and porridge. The "stove" is a hot-plate, the sink is a back-breaker located in and used during Kindergarten classes. If we had a kitchen in the auditorium a whole new concept would evolve in the role of the school. A breakfast program, a coffee club, a day-care centre, a hot lunch, an after-school program could be naturally followed. Since school boundaries no longer exist a person working at Simpson-Sears could feasibly leave pre-schoolers at our day-care centre and school age children at our classes. Imagine how convenient that might be.

The interest shown in the program is wide and enthusiastic. We've hit the press and T.V. The Director of the Can. Welfare Council in Ottawa requested the CBC's tape of the Breakfast Program to show at a seminar this past summer. We're quite a new approach in the plan of social welfare, and what's more we're a working success.

Tenants on Bright St. face eviction

Tenants on Bright street in the South Cabbagetown area plan to strongly resist efforts by a developer to evict them in order to townhouse their homes.

At the last FODARA meeting, it was reported a "Mr. Herceg" had bought five houses on Bright street with the intention of renovating them into expensive townhouses.

An extension was granted by the new owner after the initial eviction notice to allow the tenants to move out. But the tenants have decided not to move until the issue has been settled in court.

Support has been sought from FODARA and its member associations in case a crisis should develop in the situation.

The damned

Verily verily
do I sayeth unto you
those who are forsaken
by the Gods
live and die
behind the crumbling walls
of walk-up flats and cold damp basements
because they can't afford
anything better
and they don't qualify
for low rental housing

so they exist
from day to day
and never shop
at the supermarket
where the prices are lower
because they owe too much
to the corner store
from whence all good things
do come

and their chief aberration
lies in procrastination
and apathy
that is conditioned
and compounded
by impossible situations
in which they live

and their sole recreation
consists of watching
re-runs of re-runs
of Lucy
on the pacifier
and when it goes kaput
life becomes

just a little bleaker
on the bleaker streets
and after three days
of watching the rain
coursing down the window
and staring at the roaches
scurrying

across the kitchen floor
they rush
to buy another
on easy credit
from the store
that sells their contract
to the finance company

and because of the bind
they now find they are in
they must borrow some more
from another company
to repay the first company
and they pay
and pay
for the item
they originally bought
but no longer remember
because it no longer plays
just like themselves

and on those rare occasions
when they have a little to spare

they blow it
on a case of suds
or the ponies
with the guy
who keeps the bakeshop
and even his doughnuts
have connections

then they pray
and pray
and pray
for the big payday
to the God

they have never known
but he still remains
a stranger
and because not even misery
can last for ever
they eventually die
because they too
are wornout

and they lie
in unmarked graves
because nobody cares
and their children
who have never known
a worry-free childhood
grow up
to be stunted adults
in a stunted world

and they get married
because in spring
the sap runs
and some stupid law
of mathematics
says two
can live
as cheaply as one
and it is expected
they should beget children
in their own image
because the system demands
an adequate supply
of slave labour
and consumers

and life must go on
and on
and on
behind the crumbling walls
of walk-up flats and
cold damp basements

and the meek
shall inherit
the earth.

by NORM CRAVEN

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SPEAKING OUT

Q: What do you do in your spare time?

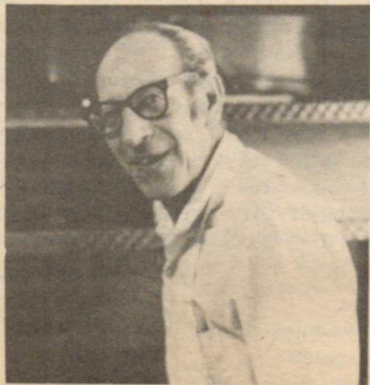
LOIS KIRSCHNER, 240 Wellesley St. I'm at home with a small baby and I try to read about three books a week, mainly non-fiction, and I do needlepoint. I go to at least one movie or play every two weeks, but more movies because it's about \$10 a seat at the Royal Alex.



WESLEY BETTES, 200 Wellesley. I don't do nothing much. I'm disabled and I don't work. I watch TV and work around the apartment a little and go out for a walk. I read the paper every day, but I don't go to movies — I enjoy staying home more watching TV.



SYD LEE, proprietor of Freddie's Fish and Chips. I work six days a week from eight in the morning to half past seven at night. My hobby is rug-making. I'm very apartment-proud and I work around the house. I watch TV, but I like variety shows and I go to O'Keefe or the Alex quite often. Every Saturday night my wife and I eat out.



JOHN LEUNG, 230 Sumach. I play sport — all kinds — and I go lots of places. I go fishing a lot. Once in a while I'll go to a movie. I don't read books or go to plays, but I watch TV, anything that's good.



BILL ANDERSON, 22 Lewis St. I'm retired but I don't have any spare time — I'm going all the time. I do repairs inside and out that need doing, and a lot of gardening. When August comes I'll have as good a garden as any in Toronto. I haven't been to a movie for years, but we go up to Stratford to see a few plays.



ROULA EKONOMIDIS, 41 Bain Ave. I just moved here. Before that I used to have a lot of friends at Library House and we'd hang around and play records and help people find jobs. Now I help my Dad fix up the house and every weekend the whole family goes to the movies. I watch TV lots of times and at school I play sports — you name it, I can do it.



SANDRA NORRIS, Browning Ave. I work all day and I'm studying at night school three nights a week. I go to a movie about every two weeks and I went to a symphony concert once. I'll only go to a bar if there's a very good band playing; otherwise I'd rather have a drink at home. I swim all year and go to beaches in the summer.



Queen's Park Report

Census Information Incomplete

by **MARGARET SCRIVENER, MPP Riding of St. David**

The Federal Government undertakes a national census every ten years, but the main information gathered in this survey deals primarily with population trends, income and economic activity.

I appreciate the need for this data in order to make available to governments, business, and people in general, information which directly affects decisions in all areas of policy making.

However, left out of the national census is the additional information required for the highly complex society in which we live at the present time. Also, it usually takes about two years to collate and publish the national data and the fact that it is compiled only once every ten years makes the information it provides out of date almost before it can actively be put to use.

Surely a census in the 1970's must, along with the economic and population data, include a survey on people's attitudes and the changing values held by them, so that our policies reflect what people think about on such important things as the environment, the family, community relations, working habits, marriage, religion, and so on.

I do not believe that the Federal Government can or will incorporate these items in any of the censuses they undertake.

Yet attitudinal information is most important if many of the personal concerns of people are to be met and overcome.

Therefore, I have introduced into the Ontario Legislature a Private Member's Bill, requesting the Provincial Government to establish a comprehensive Ontario Bureau of Statistics and to study and evaluate every five years the social and general conditions of the people of Ontario.

This latter survey would be

Playcentre changes services

In the face of indifference by the community, the Indoor Playcentre, a LIP project located at Dundas and Sherbourne streets, plans to change its services and direction with the hope of continuing on a volunteer basis.

The Playcentre, with a paid staff of five, was originally set up as a place where welfare mothers who have part of the day free could drop in with their kids. But the response from the community has been poor.

Bill Ewing, project co-ordinator, states that competition from TV and the location of the project might be two contributing factors. "We've tried everything we can think of but we just aren't getting the community response that we have to have to carry the project."

Mr. Ewing adds: "We've gone around door-to-door with flyers, put pamphlets up in grocery stores and laundromats, put little announcements on the radio; everything short of putting people in a big sack and dragging them down here."

As part of the change in direction by the project, films are being shown one afternoon a week and on another afternoon each week a picnic trip is being made to some part of the city.

For more information on this project, phone 363-4833.

known as the Ontario Social Census, and would focus primarily on identifying people's personal viewpoints about the kind of housing they want; the type of services they need from the local communities; working conditions; health and social services; and particularly the wide range of personal concerns and worries that affect a person's daily living habits.

I believe that governments at all levels would be greatly assisted by the availability of this kind of "grass roots" information, since they would be able to create programs that have more meaning to people and relate policies more consistent with the real needs of the neighbourhoods in which we live.

Too often, all governments can produce programs which are inappropriate and ill-chosen for the conditions they seek to resolve. Most often, this happens because the good intentions of governments are based on wrong or unavailable information.

I hope that the social census will help correct many of the "presumptions" made by governments and their agencies.

And from this new awareness, based on fact rather than simple theory, better and more enlightened people-policies will come forth — policies and programs that will help people, instead of only helping those who administer the funds.

Cutex sniffers beware

Store owners in the Don Area have been asked not to sell any nail polish removers to children.

The Federation of Don Area Resident Associations Health Committee decided to take this action at a recent meeting. Bill Lee, Chairman of the FODARA Health Committee, sent a letter to the Ward 7 Businessmen's Association advising them of the Health Committee's concern.

Health Committee members are also hand-delivering copies of the letter to many store-owners, including drug stores and variety stores.

Part of the letter, dated April 11, 1973, states: "It was the decision of this committee to write to all store owners in the Don area who stock nail polish and request that they refuse to sell this product to children. The Committee feels that, in taking this action, the incidence

of nail polish remover sniffing will be significantly reduced."

Meanwhile, SEVEN NEWS contacted a local youth who occasionally sniffs Cutex and asked him how available the product was in the area. He claimed that the only place it could be bought was in the City of Hamilton.

"There's one place you can buy it out in the west end of Toronto," he added. "But they only sell it to girls."

When told of his statement, some members of the FODARA Health Committee disputed it but could cite no store or incident where Cutex was being sold to youths who could or did use it for sniffing.

Our youthful sniffer, when told that Cutex could be easily bought in the area, merely laughed and said, "Let them try."

So far no one has.

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KICKS HABIT

Car addict overcomes problem

by NORM HOUGHTON

I was an addict for five years. It started in the usual way; at first I thought I could take it or leave it, but slowly I became more dependent. And as it became increasingly expensive to support my habit, my wife and family went short.

As the years went by bad trips became more and more frequent, the need for a fix more insistent. I came to the realization that I had to quit. I tried to taper off, but the temptation was always there — the temptation to give way once more, to enjoy that euphoric sensation of floating away. Because there were still good trips to make me forget the bad ones.

But at last the time came when I knew I had to make a decision, that I couldn't keep on putting it off. And so I quit; cold turkey.

I sold the damn car.

WITHDRAWAL SYMPTOMS

Oh, there were withdrawal symptoms. I missed the convenience, the comfort of having my own transportation on a cold night, that extra half hour of sleep in the morning. But regrets were swept away by the flood of relief at being in charge of my own bankroll. No more do strangers' hands dip at will into pocket, helping themselves to my cash.

I kept records of my expenses, and after I sold the car I figured out what it had cost me for the nearly five years I had it. The whole thing, including costs of the car and taking off what I got when I sold it, came to just over \$7000. So for each of

those five years I had been paying \$1400 for transportation.

REDUCED COSTS

Getting to and from work by TTC would have cost me a maximum of \$200 a year. I don't know how much I would have spent for transportation in the evening — certainly not more than \$100. So I was spending \$1100 a year more than I needed to — money that could have paid for holidays, for fixing up the house, for heaven knows what. As it was, there never seemed to be any spare cash.

My own experience, of course, is just a tiny corner of the picture. To get a larger view of how the automobile lays waste our lives, read **Dead End: The Automobile in Mass Transportation**, by Ronald A. Buel (a Pelican book, \$1.95)

Cars are helping to destroy our cities. Roads are built to make it easy to get downtown; this brings more autos; this creates a demand for more roads; and so on, in a vicious circle. The core of the city becomes choked with cars, and an undesirable place to live; so people with money move out to the suburbs — which brings more demand for roads, so that they can easily get to work in the city. And what remains in the inner city? A ghetto.

MASS SLAUGHTERER

The role of the car as mass slaughterer and polluter of the air is well known, but bears repeating. Says Mr. Buel: "The automobile kills 60,000 people a year in the United States, and supplies the bulk of three of our five major air

pollutants, roughly 92 percent of carbon monoxide, 46 percent of nitrogen oxides, and 63 percent of hydrocarbons."

Cars are getting junkier by the year, as witness the huge recall programs. During 1969, when Detroit built 8.8 million passenger cars, it recalled 7 million. This does not unduly worry either makers or dealers; it is, believe it or not, good for business! One dealer finds that 40 percent of callback customers order extra work to be done; another reports that his business has been boosted 3 percent to 5 percent, and considers that callback letters have the same effect as a good direct-mail sales campaign. As P. T. Barnum said, there's a sucker born every minute.

TOO MUCH

The asphalt blight of the highway lies over much of the countryside. In the United States alone there are 3.7 million miles of streets and roads. That's enough pavement to cover 15 million acres of land, or the entire state of West Virginia. The building of these roads has uprooted countless families, displaced to make room for asphalt — poor families by preference, since ghetto property costs less. In WARD NINE, 750 homes would be destroyed by the proposed Scarborough Expressway — to say nothing of another 450 in Scarborough.

Reporting on the school crisis in Detroit, Time Magazine for February 19 said: "The schools also have lost \$2-million a year in revenue because in the past decade Detroit has taken \$150-million worth of private property for 23 miles of freeways to take suburbanites to their city jobs."

MAJOR PROBLEMS

Cars pose one of the major problems that our civilization has to face. We have become dependent on them, not only to transport us but to bolster our egos — and they're wrecking us, environmentally and economically.

Lots of people have no choice about driving; for one reason or another, cars are essential to them. But those who do have a choice can take a simple and decisive step towards solving the auto problem — and do themselves a big favour at the same time.

I kicked my habit. How about you?



BEEF STEW WITH BEER
the Dowlers

Stewing beef cut into cubes — as much as you can afford for your family or guests
onions, sliced — from half as many (by weight) as the beef, to an equal weight
2 or more cloves of garlic
1 cup of beef stock (made with water and an oxo cube)
1 bottle beer (any brand)
bayleaf, parsley, thyme or whatever herbs you usually add to stew
salt and pepper to taste

Heat oven to 325 degrees.

Dry the beef cubes in a paper towel. Heat 4 tbsps. of cooking oil in a frying pan until nearly smoking, then brown the meat quickly on all sides. (If you don't dry it first, it will stick to the pan and spatter more) Take the meat out and put it into a casserole. Turn the heat down, put in the onions (with more oil if necessary) and cook them slowly until they are soft and light brown. Smash the garlic cloves with the side of a knife and put them and the onions into the casserole. Add one tbsp. of flour to the fat left in the frying pan and stir for half a minute, then add the beef stock, a little at a time, scraping any meat juices left in the pan into it. Bring it to the boil, adding more water if it gets too thick. Pour this gravy onto the meat and onions in the casserole. Then pour over it as much of a bottle of beer as you need to just cover the meat and onions. Add the bay leaf and other herbs, salt and pepper, give a good stir, put the casserole lid on and put it in the oven.

It will be ready in 2 - 2½ hours. Towards the end, check that it isn't going dry. If there is any sign of the meat sticking to the casserole, add more stock or beer.

FAMILY MEAT LOAF
by Mrs. Iris Ladouceur

1½ pounds minced beef
1 beaten egg
1 cup rolled oats
1½ tsp. instant minced onion
1½ tsp. salt
1 tsp. Worcestershire sauce.
dash of pepper

Preheat oven to 350. Combine ingredients and blend thoroughly. Pack lightly into a 9 x 5 loaf pan. Make three diagonal indentations across the top and fill with 3 tbsps. of Catsup. Cook for 45 minutes. Serves 6 to 8.

COWBOY SPECIAL
by Norman Browne

1-1-3 cups of instant rice
1 19 oz can tomato juice
½ tsp. salt
6 weiners.

Combine rice, juice and salt in a saucepan. Mix and add cut-up weiners. Bring to a boil, uncovered, but do not stir. Cover and simmer 3 minutes. Remove from heat and let stand 10 minutes. Sprinkle with grated cheese if desired. Serves 4.

Dog Owners

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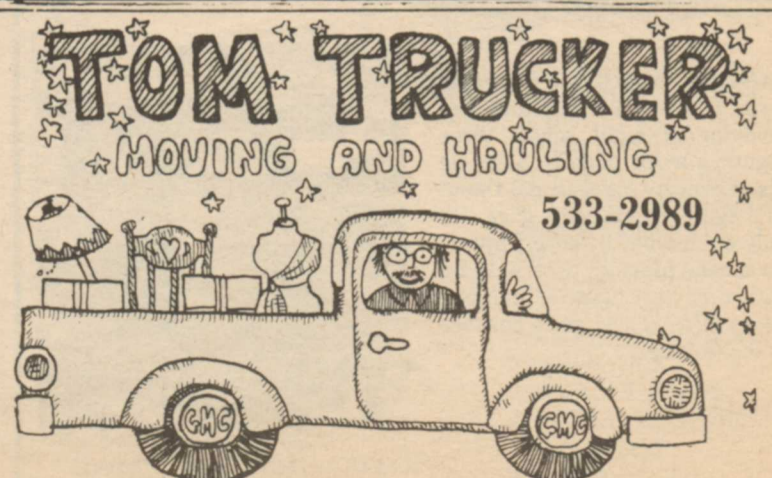
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MONDAY, APRIL 30th

6:30 — **Harmonie Club** (Sherbourne St) General Meeting of the Ward Seven Business Men's Ass'n. All members and merchants invited.

7 pm — **CRC** (297 Carlton St) Sewing classes — every Monday.

9 pm — **Recreation Room** (260 Wellesley) Pub Club — everyone welcome.

TUESDAY, MAY 1st.

Dixon Hall (58 Sumach) Food Co-op. Orders in by Monday.

10 am — **Library House** (265 Gerrard E) Coffee Club with pre-school programme.

7:30 — **Don Vale Community Centre** (80 Winchester) Euchre night.

8:30 — **Toronto Free Theatre** (24 Berkeley) "Me" by Martin Kinch. Tues — Sat till May 12th. — free.

WEDNESDAY, MAY 2nd

1:30 — **St. Simons** (40 Howard St.) Senior Citizen group — meets every Wed.

7:30 **Don Vale Community Centre** (80 Winchester) — FODARA Health Committee meeting.

Regent Park Teen Centre: Girls baseball team starting (under 20 yrs of age) Anybody interested call Michelle at 362-0450.

THURSDAY, MAY 3rd

7:30 — **Parliament St. Library** (406 Parliament) Family film night at the Library. Silent films featured. "The Garden of Eden" and "Grit of a girl telegrapher" — free

7:30 **Don Vale Community Centre** (80 Winchester) Self Defence.

FRIDAY MAY 4th

8 pm — **Library House** (265 Gerrard E) Special film series begins. "The Silent Era" — history of motion pictures featuring classics of the silent screen. "Film firsts", "America" (D.W. Griffith, 1924).

SATURDAY, MAY 5th

10:30 am — **Riverdale Library** (370 Broadview) Stories for children. At 2 pm magic show.

12 noon — **Broadview Y** (275 Broadview) — free movies for kids.

2 pm — **Library House** (406 Parliament) Stories about birds and beasts in the Childrens' Dept.

SUNDAY, MAY 6th

2:30 **Toronto Free Theatre** (24 Berkeley) "Me" by Martin Kinch. — free.

8 pm — **Don Vale Community Centre** (80 Winchester) Don Vale Executive Meeting.

8 pm — **Regent Park Teen Centre** — Beatle music old and new.

MONDAY, MAY 7th

7:30 **City Hall** — meeting re: Parking Permits in the Council Chambers.

TUESDAY, MAY 8th

10 am — **Library House** (265 Gerrard E) Coffee club with pre-school programme.

4 pm — **Parliament St. Library** (406 Parliament) Art for children — in the children's library.

3 pm — **Don Vale Community Centre** (80 Winchester) Adult Drop-In — till 6 pm — everyone welcomed.

7 pm **Library House** (265 Gerrard E) Photography workshop. For young people and adults. Instruction in dark room techniques and other projects. Also on Thurs — 4 pm.

WEDNESDAY, MAY 9th

7:30 — **298D Gerrard E.** Science Fiction Club Meeting — everyone welcome.

8:30 — **Backdoor Theatre** (474 Ontario) "The Hand that Cradles the Rock" by Warren Graves — call 961-1505 for reservations. — pay what you can.

THURSDAY, MAY 10th

8 pm — **City Hall** — Meeting on Waterfront Park in the Council Chambers

8 pm — **Library House** (265 Gerrard E) House on Gerrard Poetry evening. Open reading. Come and bring your work to read.

FRIDAY, MAY 11th

8 pm — **Library House** (265 Gerrard E) Film series "The Silent Era" "The fall of Babylon: Intolerance" (1916, D.W. Griffith) "The Americano" (1917, Douglas Fairbanks) "When the clouds roll by" (1919, Douglas Fairbanks). — free

SATURDAY, MAY 12th

1 pm — **Salvation Army Hall** (312 Broadview Ave) Tea and Crafts and Bake Sale. Proceeds in aid of Guides, Cubs and Summer Camp.

7:30 — **Toronto Board of Education** (155 College) Greek Parents Ass'n proposal re: Greek instruction in Franklin and Jackman schools.

CONTINUING

DAP — Downtown Action Project (298D Gerrard) Research services for community groups and individuals re: development in downtown area. Phone 924-8887 or drop in.

Injured Workmen's Consultants (80 Winchester) Deal with Compensation claim problems. Phone 961-1260 or drop in. Also looking for volunteer interpreters.

Overnight Drop-In (349 Ontario) Open Thurs to Sun. midnight to 8 pm.

Woodworking Shop (80 Winchester) 10 am — 5 pm every day except Sun and 5 - 10 pm Tuesday and Thursday.

CRUNCH Employment Service (80 Winchester) Community run employment centre — phone 920-2539.

Neighborhood Information Post (265 Gerrard E) Referral service as well as dealing with problems around UIC, health, welfare and housing. Drop in or phone 924-2543.

Kinsmen Club of Toronto meets every second Tuesday. For further information phone Jim Best, 422-5977.

Series of Rallies throughout Riverdale re: \$24 parking tax. Contact Hugh Stephens 466-2148 for more info.

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Paul Henderson

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5 NEW TEAMS

400 expected to 'play ball'

by JOHN PIPER

Riverdale Park might look like a lake but it will soon be the scene of feverish softball action.

Twenty-six teams, totalling almost 400 players in four leagues will play in Ward Seven under the auspices of the Don Valley Softball Association. And that's an increase of five more teams than last year.

Practices have already started and most games will begin around May 15.

Besides the regular scheduled league play, there will probably be some house leagues in the Ward as well.

CHAMPS BACK

Last year's champions will be fielding teams again. Woodgreen Community Centre will have a peewee team again after their perfect score romp to the championship last year.

St. Christopher House girls, winners of last year's finals, be back again as well as Dixon Hall who were runners up.

In the Bantam League, the Don Vale Community Centre, headed by pitcher Paul Fray, will be returning with many of the same players who won the championship last year.

The Men's League will have a

number of new teams but many of the faces will be the same. The additional teams will make a more balanced league and mean a tough fight for the play-offs.

Jack Lima, our Umpire Coordinator, is expected back too.

NEED PLAYERS, COACHES

Most teams need players and coaches, and all Leagues have one or two openings for late entry teams. If you want to play, coach, or form a team, have a look at the box printed elsewhere on this page and phone someone.

The deadline for registration of teams is May 4 and the deadline for registration of players is June 7th.

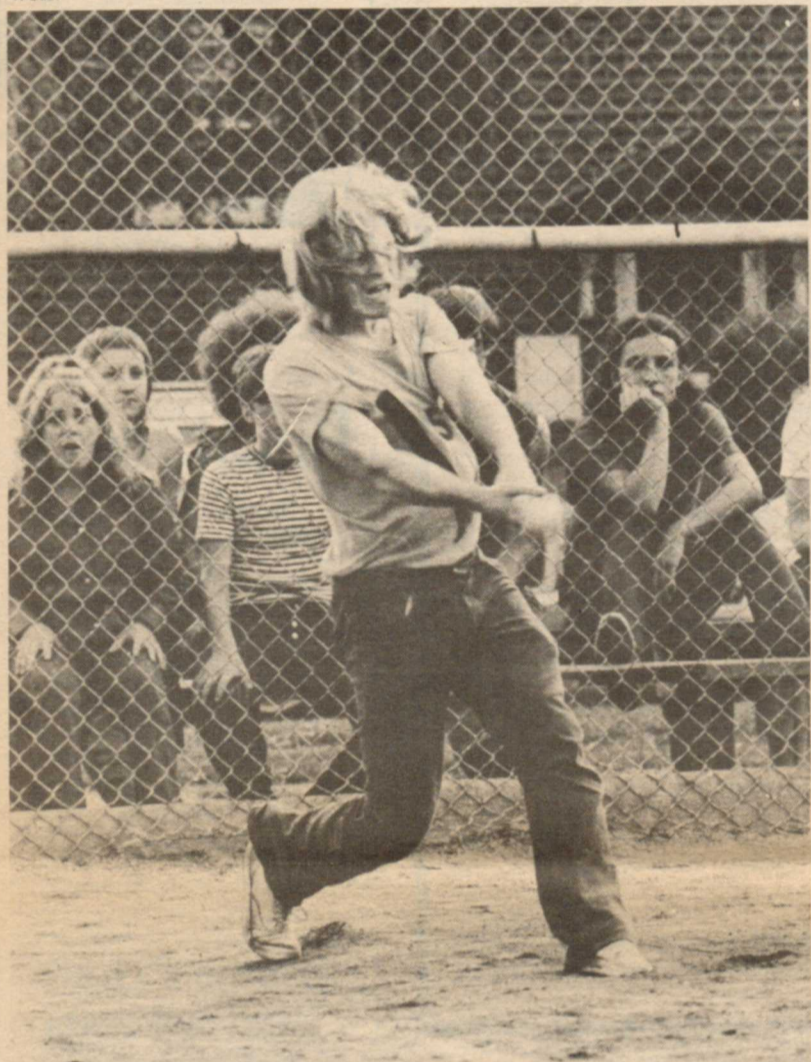
SPONSORS NEEDED

All teams need sponsors, and with 26 teams searching them out, merchants, agencies, churches and industry may feel overtaxed with requests. We hope, though, that they will understand the enthusiasm of the people of Ward Seven for softball and will pitch in to help sustain a substantial community effort.

... AND SPECTATORS

Just a reminder that every week-night, at 6:30, in Riverdale and McCleary Parks, ball games will be going on. Bring the kids along and have a look.

By mid-May, the Riverdale pond will be gone!



Don Valley Softball Teams

Following is a list of every team in the Don Valley Softball Association together with the name and phone number of a contact person for that team.

If you would like to play, coach, umpire, or begin a team, phone one of the following numbers.

MEN'S LEAGUE (16 and over)

Secretary: Jim Hayes: 463-7970

Cabbagetown Royals	John Grover	967-5689
Regent Park	Roy Ketcheson	364-5608
Dixon Hall	Bill Jones	364-3930
Wellington House	Dennis Malbon	699-0847
Electric Tool & Motor	Wayne Doucette	463-4321
Howell Forwarding	Dave Lyons	362-2441
Don Vale	John Piper	921-7798
MTT Tire	George Liberty	463-3755
Pelham Park	Mrs. Munro	766-0230

BANTAM LEAGUE (13 - 15 yrs)

Convenor: John Goodwin: 762-9830

Woodgreen Centre	John Holloway	461-1168
Dixon Hall	Dennis Malben	699-0847
Don Vale	Paul Fray	920-3849
Broadview Y	Randy Boettcher	461-8123
Pelham Park	Pauline Munro	766-0230

PEEWEE LEAGUE (10 - 12 yrs)

Convenor: Chuck England: 251-0571

Woodgreen Centre	Maury McLeod	461-1168
Dixon Hall	Chuck England	251-0571
Don Vale	John Barber	920-0458
Broadview Y	Jay Burns	461-8123
Pelham Park	Mrs. Munro	766-0230
CNH	Anne Braaten	925-4363

GIRL'S EAST-WEST LEAGUE

Convenor: Randy Boettcher: 461-8123

St. Jamestown	Beverly Corke	925-8001
Dixon Hall	Raynette Coker	863-0499
St. Christopher	Boots Morgan	368-9189
Broadview YMCA	Anna Sarazin	463-9811
Pelham Park	Pauline Munro	766-0230
Don Vale	Cathy Jones	921-6710

Boys Soccer League for Riverdale

by RANDY BOETTCHER

In an earlier edition of SEVEN NEWS there was printed an article on the need for and possibility of a Boys Minor Soccer League for the Riverdale area. That possibility has now become a reality.

For the past four Monday evenings a starting group of 18 men have been taking a Soccer coaching course under the direction of Allan

Churchard, a nationally qualified coach provided by the Ontario Soccer Association. Fifteen of the course participants have completed the training program, and we now have 12 soccer coaches ready, willing, and able to work with a boy's league.

Considerable planning and discussion has gone into the organization of the Inner City Minor Soccer League (ICMSL). The League now has an executive Policy Committee consisting of George Richards, President; Andy Jackson, Vice-president; Randy Boettcher, Secretary and Nick Pontikas.

The organizational structure of the League has been designed on the principle that every coach has an administrative responsibility and all administrators are also coaches.

Our remaining coaches are Alan Cooke, Mac Smith, Frank Ruscica, Gerry Shaw, Gord Nelson, Carmelo

Vindigui, Dave Smith and Vic Greah.

The League is designed for boys, ages 8 to 14, who reside in or near the Riverdale area. The cost for each player is \$1 for the season. Final selection of teams and start of scheduled play begins on May 15 and registration is open until that date. Phone 461-8123 or call around at the YMCA at 275 Broadview.

The full financial responsibility for sponsoring the Inner City Minor Soccer League has been assumed by Colgate-Palmolive Ltd. Through Art Thompson, their Industrial Relations Director, they have become most interested in the concept of sports for Riverdale boys, and will be supplying the sweaters, trophies, crests and end of season banquet to really get the League going in a big way.

Remember, if you're a Riverdale area youth and want to play soccer, phone the "Y" at 461-8123. And if you're too old to play but want to help out, give us a call as well.

Hey, Mom!

by CATHERINE VERRALL

Spring is a time for wonder. If we help little children look and wonder at nature's changing life, we'll give them an endless gift of joy. So let's co-operate with that life-power. Let's grow things! (And remember — every green blade manufactures oxygen. So the more plants we have, the more oxygen we get, and we sure need it!)

Quick garden in a dish. Choose a carrot (or beet) that shows the beginnings of shoots on the top. Cut off about an inch of this wide top end. Set it in a little water, in a shallow dish. You can keep it on the table and notice the changes as the green leaflets grow.

Tree branches. Watch for a branch that has been pruned or blown off. (Don't hurt life, by breaking it off yourself). Put it in water on your table. Watch the leaves and flowers opening.

Bean-stalk. Buy a package of broad beans, or scarlet runner beans. Let 2 or 3 beans soak in warm water. Cut the top of a cardboard egg carton, and curl it around inside a glass jar. Stick the beans half-way down, between the cardboard and the glass. Add about an inch of water. You can watch the root grow down, and the green leafy shoot stretch up to the open air.

Egg-cup Garden. Use seeds from oranges, or nasturtium seeds. (Soak these big seeds in warm water overnight, before you plant them). Set a half eggshell in each hole of an egg carton. Fill each with earth. Poke a seed just below the earth's

surface. Keep watered in a warm sunny place. When the plants get too big for their home, set them (eggshell and all) into a larger pot. The eggshell will disintegrate into the soil. You could try something edible, like lettuce or parsley. If you have no garden, they'll need a large pot. A bleach container will do (top cut off, and a slit in the bottom for drainage).

Plant cuttings. Children need friends of all ages. Usually it's an older person who has a window-ful of plants. Here's a way to make friends. Ask for a cutting from a plant. Usually they have "arms" to spare. **Colias** (coloured leaves) and **patience** (red flower) grow especially well from cuttings. Put into a glass of water. When roots have sprouted, get a tin can. The child can hammer a few nail-holes in the bottom. Put flat stones or bottle caps over the holes to keep the earth from clogging them. Half-fill with earth. Set the cutting in, and spoon earth around it, until 3/4" from the top. Set on a dish. Water. Keep in a bright window.

Let the child do as much of this

planting as possible. Waiting for things to grow, teaches patience. If in this natural impatience, he destroys the plant, don't slap. Just show you are sad, because life has been spoiled. And try again. Learning comes slowly.

Children everywhere are desperate to get their fingers into earth. They'll leave the plants in peace, if they can do their own kind of changing: mucking around in their own pile of sand. You can buy a small amount at a lumber yard. Even a little sand, in an old dish pan, will keep a child busy and happy. Cut the top off a plastic container, to make a scoop and pail. You can set this on papers on the kitchen floor, or carry it outside. Make one firm rule: the sand stays in the sand box. If it is thrown around, no more sand-play just now. Give him a chance to try again soon, before he has forgotten the lesson. Use your own imagination to find different things for him to play with, in the sand.

This seems like a lot of trouble, but it's worth it, for the greatest wonder of all... a child's growing.



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