

The BAIN CO-OP NEWS is published by the Newsletter Committee.

We are always looking for people to help with distribution, printing, lay-out, artwork and writing articles.

We especially want input from Bain residents - letters, articles, notices, ads - we'll even take gossip sometimes.

Do YOU have something to say? Say it in the BAIN NEWS. Please sign all submissions.

If you have anything to offer, please contact:

Diane Saibil 53 the Lindens 465-3907 or 598-1641

or

Carol Ramm 17 the Maples 463-9050

PLEASE NOTE: Newsletter Policy re ANONYMOUS SUBMISSIONS

It is the policy of the Newsletter Committee not to print anonymous submissions. So, if you've submitted something without putting your name to it, it is sitting in our files and has not appeared in the BAIN NEWS. Anyone in this position, if you let us know who you are, we'll be pleased to put your contributions in print next issue.

SCHEDULE FOR THE SEPTEMBER ISSUE:

Deadline for submissions: September 4

Production Day: September 14

THANKS

to all those who helped on last month's issue:

Amy Jo Cooper Carole Linton Jean Lightfoot Michael Carr Gord Keith Roberta Ramm Francisca McNally

Ben McNally Bill Lemmon Shirley Spalding Carol Baum Heather Barker Jill Walton

NOTE FROM THE CO-OPERATORS' INSURANCE COMPANY - - -

Will all those holding insurance policies with The Co-operators' please contact Vivien Reynolds at The Co-operators' office when you are renewing your policy, because all policies are being reworded.

Harmes

Book this date September 8th The BAIN STREET FESTIVAL

TABLE OF CONTENTS

P.	3	Street	Focti	val News
	0	orieer.	resti	VAI NEWS

P. 4 Committee Reports

P. 5 Residents' Council Report

P. 6 More Street Festival News

P. 7 Courtyard News & Letters

P. 8 Maintenance Tips

P. 9 Poetry & Maintenance Memos

P. 10 Safety Hints

P. 11 Charlotte's Column & Ads

P. 12 Nature by F. McNally

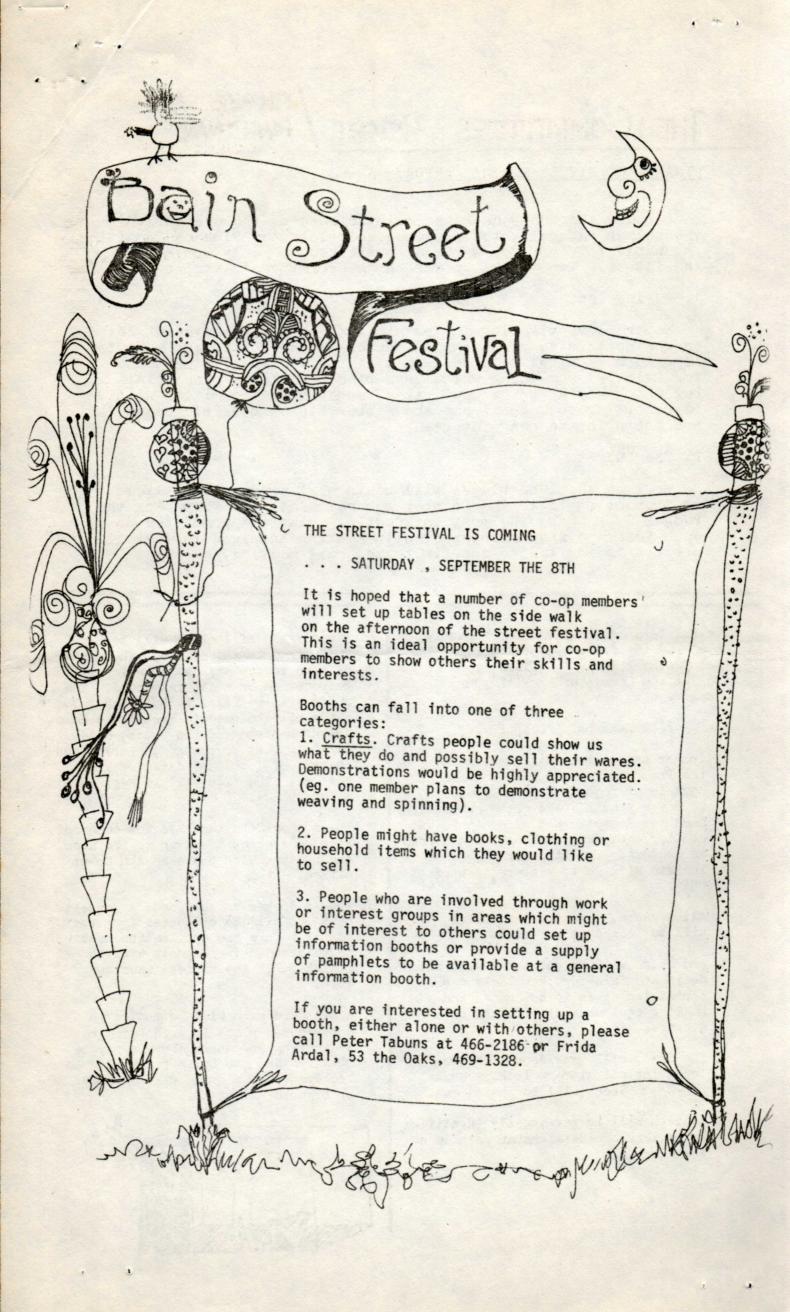
P. 13 Quarry Quotes

P. 14 Calendar

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THE COMMITTEES REPORT / MAINTENANCE.

FINANCE COMMITTEE MONTHLY REPORT

Because the sunny days and balmy nights of the season lend themselves naturally to indolence and sloth the Finance Committee is unable to report on works accomplished - only hopes for the future. Two things appear on the committee's horizon.

1. Buying land

We are investigating the possibility of buying a vacant lot on the north side of Sparkhall, opposite the North Oaks. In the long term it might be used as a site for a community centre for Bain - something which undoubtedly would be beneficial but which would cost a good bit of money. The committee will be reporting to Council and the membership on possible uses and costs in the near future.

2. The budget

Work on the 1980 budget will begin next week, with a view to presenting it to the October general meeting. Preparing the budget is perhaps the most interesting thing the committee does each year and anyone interested in getting involved in the process is invited to drop in to the next meeting.

The Maintenance Committee has recently developed the following policy regarding back basement lockers. Please read it and let the Committee know if you disagree with any part.

BACK BASEMENT LOCKER POLICY

- 1. Locker assignments will be made by the Property Manager when members move in or request storage space.

 Whenever possible end rooms currently used for domestic hot water tanks and heating equipment will not be assigned as lockers. Priority for all other lockers will go to members in upper units.
- All lockers, vacant and occupied, will be locked at all times.
- 3. End rooms will be outfitted with solid doors and Yale-type key locks. Rooms containing domestic hot water and heating equipment will not be used for storage.
- 4. The Co-op will provide combination locks for all storage lockers and non-Co-op locks will be phased out.
- Lockers will be permanently identified by letters of the alphabet painted on the doors.

- 6. A card file of lockers will be maintained in the office. The number of each locker and its location will be recorded on a separate card. The cards will be filed by building. The cards will be used to record the name and unit nimber of the users, dates of assignment or changes, combination numbers of locks and dates of lock changes. The file will be kept in a secure place.
- 7. There should be two keys for each end room, one which is given to the user and another wich stays in the Co-op office.
- 8. When a locker is assigned, a deposit of \$5.00 will be collected from the member before the combination number is released. The deposit will be forfeited if the member takes the lock.
- 9. A standard sigh will be posted in a conspicuous place in each building indicating how storage space may be obtained and any rules pertaining to lockers (e.g. storage of flammables or organic material).



DRY GOODS

Also known as the Residents' Council Report.

Here's what happened:

July 24 meeting:

Several people appeared to discuss the Boat People issue, and were asked to report directly to the General Meeting. Council didn't vote on the issue.

Christine Killory gave a report on the Co-op Housing Federation's structure and activities.

A hiring committee was struck to hire a maintainance worker. Marilyn Tinsley volunteered to sit on the committee.

Changes in the Co-op's membership list for July were approved.

A salary negotiating committee was struck. Pat Maloney volunteered.

July 31 meeting:

Fred Weinstein and Dan Maxfield agreed to sit as the second Council members on the Negotiating and Maintainance Hiring Committees, respectively.

Marilyn Tinsley discussed her complaint about Staff.

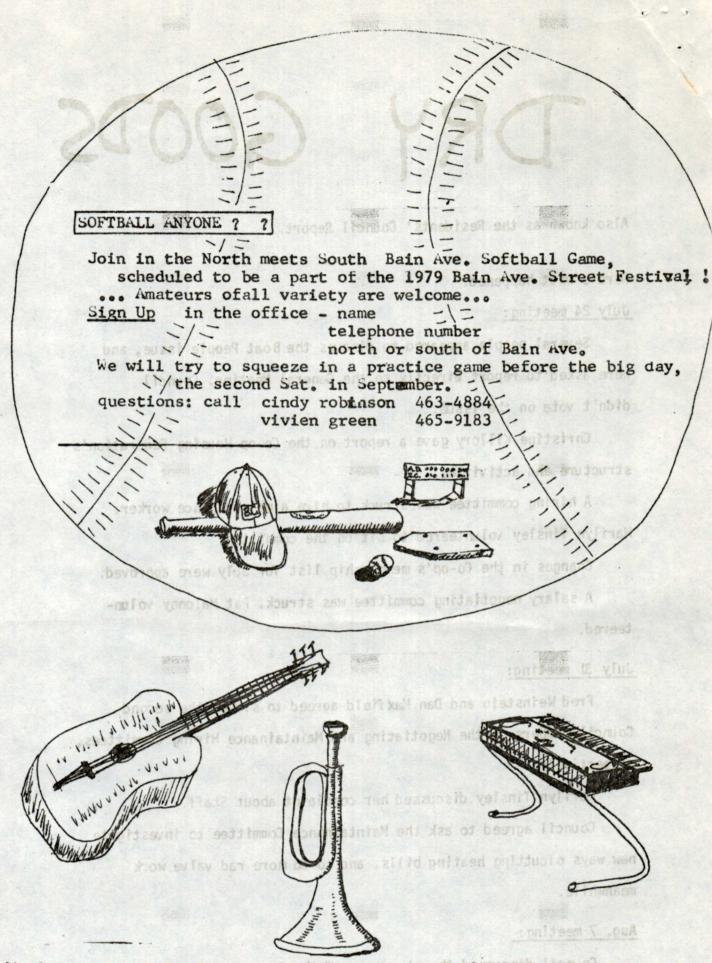
Council agreed to ask the Maintainance Committee to investigate new ways ofcutting heating bills, and to do more rad valve work meanwhile.

Aug. 7 meeting:

Council discussed the structure of the Co-op Housing Federation and voted to support the retention of a single organization, rather than separate member service and development organizations.

The August General Meeting agenda was discussed. It was decided to postpone the meeting for 1 week, in order to give proper notice required by our By-laws.

The meeting approved renting a Safety Deposit Box in the Co-op's name.



Musicians ... of all shapes sizes and sorts...

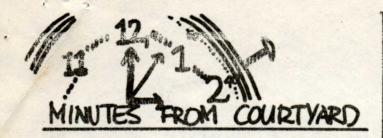
Here is YOUR OPPORTUNITY, to be discovered, to go public, or to just have a good time at the 1979 Bain Ave. Street Festival:

Anyone interested in performing at the Street Festival Coffee House please contact: elizabeth reynolds 4 the pines 465-1366 vivien green 67 the lindens 465-9183 cindy robinson 8 the maples 463-4884

We are open for inquiries before any commitments need to be made so please contact us.

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MINUTES OF THE SOUTH OAKS
COURTYARD MEETING

The south Oaks held a courtyard meeting August 1st at 52 the Oaks. This, the first courtyard meeting in a considerable time, was extremely well attended. Twelve people turned out. Also, four people who were unable to attend communicated their views on the issues to be discussed prior to the meeting.

The following decisions were made by majority votes:

FENCES

1. That a fence be erected around the courtyard. It should be made of wood and should have gates on 3 sides to ensure easy access by all residents.

That the iron fence with spikes which flanks the east stairway be removed and replaced with a safer fence or rail.

A letter will be sent to Peter Holland requesting these changes.

TOO MANY KIDS ?

2. Though the residents of the South Oaks are happy to have kids playing in the courtyard, concern was expressed about the number of children from other courtyards who are playing there - making for a large number of children. It was felt that children from the south Oaks and their friends from other courtyards should be made welcome but that there should be some adult supervision.

SIGNROST WANTED

It was decided that a "South Oaks" sign should be erected.

NOISY NEIGHBOURS

4. It was decided that any concerns about noise or loud music should be dealt with by residents among themselves.

The meeting was successful in providing an opportunity for members to share concerns and understand each others viewpoints. We hope to have meetings on a more regular basis in the future.



Dear Friends;

Doug Macdonald (Something to Think About-July) states that the Residents' Council, unable to muster the 25 warm bodies necessary to hold a General Meeting to ratify a proposed course of action (in this case, two hirings)"had no choice" but to go ahead with the proposal anyway.

This is simply not the truth.

Doug Macdonald does us all a

great disservice when he suggests that it is.

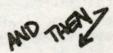
Yours, Ben McNally 25 lindens



I wish to thank Mr. Holland, all the office and maintenance staff and my neighbours for their kindness and beautiful cards during my illness. I'm still under doctor's care but feeling better. Thanks again.

Violet Kapranchuk 13 the Oaks

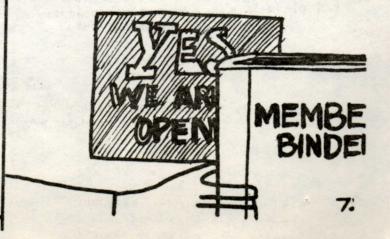
Thanks Violet, and best wishes for your continued recuperation.



Courtyard Pot-luck supper held at S.E. Lindens was a success. Food was excellent and entertainment was superb. Becky, Alison, Rachael and Amber danced for us to the music of Grease and we all boogied for awhile, dogs included.

AND NOW

Members' binders are available in the office - don't forget to pick yours up!

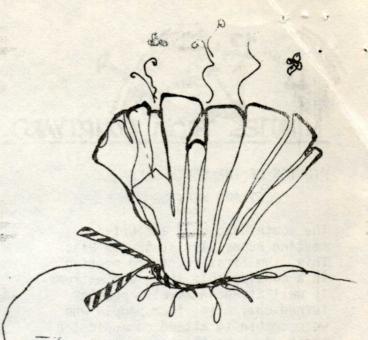


TIPS TIPS AND MORE TIPS

- * To de-buzz a noisy electric clock, turn upside down for a few hors.
- * Chewing gum on the rug??? Chill with an ice cube and scrape.
- * Rubbing alcohol can remove iodine, ball point pen ink and shoe polish.
- * Washing tiny items? Put bits of lace and ribbons etc. in a small jar with sudsy solution, shake, rinse and blot on a towel.
- * Shine taps, mirrors with toilet paper -- fast and efficient.
- * File electric cords neatly in labelled mailing tubes, paper towel or toilet tissue cores.



- * Dispel cigarette smoke with lighted candles and odours with saucers of vinegar.
- * Shine windows, mirrors and windshields with damp crumpled newspapers.
- * Cut wall-washing time and toil: close doors of room and plug in electric kettle for 10 minutes.
- * Dread a splattered oven? Place a shallow dish of water on oven floor when barbequeing chicken or roast.
- * Use tomato juice to remove ink, wine and fruit stains.
- * To remove mildew, soak in sour milk and place in sun. Repeat as necessary



TOO MUCH GARBAGE FOR YOUR PLASTIC BAG??

Look at it, what does it consist of...
tins...bottles...paper... fruit and
vegetable peelings...plastic bags and
containers...uneated food and bones?
What can you do instead?

- 1. Tie all clean newspaper, unwanted paper bags and card board, but not glossy coloureds in a bundle and put it out early Wednesday morning.
- 2. Buy returnable bottles when you can and take them back. Many kids would be happy to claim the money on the bottles.
- 3. When you buy non-returnable bottles, please don't smash them in the court-yards or on the sidewalks. Instead set them aside in a special box.

 Then take them to a recycling depot.
- 4. Open your tinned stuff at both ends, wash and dry the tins and ends, crush them, then store them in with the bottles. Your nearest recycling depot is on Cambridge Avenue, one street west of Broadview on the north side of the Danforth.
- 5. The Pines and Elms have their own compost heap where they can deposit fruit and vegetable peelings, egg shells, nut shell, and even discarded food as long as it does not contain meat or fish. Why don't some other courtyards try to organize a compost heap for their area. Cedars has one also.

If you did only one or two of these things, Cecil would be happy and the dogs and some kids would be losers for there wouldn't be much gargage on Mondays or Fridays!!!!





"Sing hey! for the bath at close of day that washes the weary mud away! A Loon is he that will not sing:

O! Water Hot is a noble thing!

O: Sweet is the sound of falling rain, and the brook that leaps from hill to plain; but better than rain or rippling streams is Water Hot that smokes and steams.

O: Water cold we may pour at need down a thirsty throat and be glad indeed; but better is Beer, if drink we lack, and Water Hot poured down the back.

O: Water is fair that leaps on high in a fountain white beneath the sky; but never did fountain sound so sweet as splashing Hot Water with my feet:"

from J.R.R. Tolkien
The Fellowship of the Ring.
Volume I of The Lord of the Rings.

submitted by Norman McKinney



The Case of Exploding Mice

This article was written partly "tongue in cheek" and partly seriously. Use mash potatoes at your own risk. This material is not poisonous and therefore is not harmful to children or pets.

I honestly do not know if mice will explode or not.

Jill

Lawns

will members please take responsibility for cutting small lawn areas in front and back of units. This will free-up time for maintenance staff to fill important work orders.

Back Basements

We have started to implement the policy for basements. The back row on North Lindens is completed.

Please identify your locker and get a combination lock from the office so we know who's is who's.

Exterior Lighting

New lights have been put up around the Co-op and more are to go up next year. If you have a suggestion as to where you want a light let Peter Holland know soon so plans can be made by Maintenance Committee for next year.

Pet Policy

Pets must be registered with the office and dogs must be on leashes. If members have a complaint about certain people who do not look after their pets, they must register the complaint to the committee in writting.

This is the only way to get people to be responsible about their pets.

If your dog poops on sidewalk, please scoop it up.

Screens

If you have screens to be fixed, put a work order in now before the summer staff leave.

Summertime is cleaning time and many people will start wiping out the eavestrough and checking the roof, but take care in using ladders. Every year people are injured falling from ladders. Although most of these accidents result in bruises and cuts there are still many reports of fractures and sprains, according to the Canadian Standards Association.

CSA has published a standard covering ladders and certifies them, but ladders are not the major cause of mishaps -- it's the people operating them.

The largest percentage of serious accidents originate from the roof or eavestrough, with people falling off. This is because the victims have "overreached", losing their balance.

If you are using a ladder this Summer, follow these tips to avoid falls.

*Try to hang onto the ladder with both hands. If you must use both hands for something else, keep your knees close to the ladder. The extra support from your legs will help your balance.

*Buy an extension ladder seven feet (two metres) longer than the highest point it has to reach, to allow for overlap and slope.

*Step ladders should be at least two feet (60 centimeters) longer than the highest point they have to reach.

*Inspect the ladder before you use it. Check locks, rivets and bolts to make sure the working parts are in good order.

*Extension ladders must have an adequate slope, so, the distance from the base of the ladder to the bottom of the wall should be one-quarter of the extended length.

*A ladder requires solid level footing. Many accidents occur with ladde on soft ground. Rather than letting the ladder sink into the earth, rest it on a large piece of wood.

*Always keep your centre of gravity between the ladder siderails. A good rule is to keep your belt buckle insi the rails.

*Make sure the extension ladder locks are engaged and the step ladder spreaders are locked.

*Ladders are designed to hold one person only.

*Check for the CSA mark before purchasing a ladder.

*Don't paint a wooden ladder because you won't be able to tell if the wood rots.

*Don't stand on top of the stepladder the bucket holder or the back legs.

*Don't climb higher than three feet or one metre from the top of the extension ladder.

*Tie the top of the ladder to slippery or unsure surfaces.

*Extend extension ladders three feet (one metre) past the eaves.

*Avoid contact with electrical devices or wiring particularly when using metaladders.

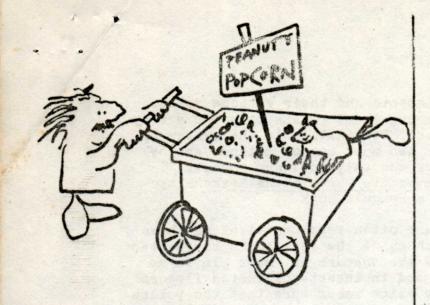
*Never use a damaged ladder.

BURGLARY OR HOUSEBREAKERS

If you are worried about housebreakers looting your home while you are away, here are a few simple precautions you can take:

- 1. Leave a small radio playing in the house; it's a surprisingly good deception.
- 2. Burglars are used to seeing a hall light burning in an empty; in fact, it's a clue nobody is home. Turn on

- a number of lights when you leave, or else a bright light in the bedroom.
- 3. If you go on a long trip, ask your neighbour to collect your mail, and cancel newspaper delivery. Also, ask your neighbour to collect the "fliers" which lie at your dourstep.
- 4. If you are going away for a long time, ask the telephone company to disconnect your phone. This will prevent potential housebreakers from conducting telephone spot-checks to see if any one is home.



SERVING AND PROTECTING

BY CHARLOTTE MORGAN

It's always gratifying to see Metro's finest on the job. This Summer, and every Summer, the peanut vendors are singled out for especially heartwarming treatment.

The vendor's license prohibits the vendor from staying in any one location for more than 10 minutes, and no vendor can remain within the same block for more than 30 minutes. Some peanut vendors have accumulated many hundreds of dollars in fines for overstaying their pitch. Our men in blue are vigilant and determined in cases of overstaying peanut vendors.

Mr. Peter Clark operates a mens' clothing store on Yonge Street. Mr. Clark is also Chairman of the Licensing Commission. Mr. Clark does not like peanuts roasting in front of his store. What would happen if we appointed a peanut vendor as Licensing Commissioner?

Would Mr. Clark be able to fit us out in a three-piece wonder within the prescribed time limit, or would we be forced into the street in our birthday suits - thus exhibiting another affront to Metropolitan Morality?

The 10 minute clause would effectively bankrupt anyone less tenacious than a peanut vendor. So doff your hat to the next one you see moving at speed down Yonge Street. He's only trying to make a living.

CHORAL SINGING GOES UNDERGROUND

The Toronto Transit Commission, bless their little cotton socks, has come up with a plan to give us some real protection in the subway. It wants to license musicians (perhaps as many as 8;) to play underground. All non-licensed subway musicians will be forced to move to greener pastures. Mr. McGuffin, General Secretary of the TTC, tells me that auditions will be held to find the plucky players. These will be conducted by a panel headed by a Mr. D. Crawford Smyth, past president

of the Kiwanis Music Festival and former chairman of the Canadian Music Festival.

So - if you've ever dreamed of playing in the subway, do it now while it's still legal, or be prepared to audition within the next month. Hurry - spaces won't last long.

THE REALTORS' REPORT

And finally, the Toronto Real Estate Board suggested in a recent report that the City of Toronto should not be in the housing business. Development, they feel, is the perogative of private developers.

If the real-estate community had been filling our needs the city would not hav gone into the housing business in the first place. If the Realtors want our business back they should build affordat housing. Until that day arrives, we should indubitably keep our City Housing Department.

Mates Bed with Posture Roard

\$75.00

Raby's Folding High Chair

\$10.00

if interested, contact 469-2056

For Sale

1972 Chev "Impala" Good condition. Will have certified. (Phone Jill Walton 465-4350)

I am looking for a place to practice singing and elementary piano in the evenings (and occasionally on weekends). If there is anyone in the co who has a piano and is willing to rent out piano time, please call me at:

487-1565 (work) or 465-5774 (evenings)

Susan Barsel 15 the Lindens

FIRST ANNUAL TRILLIUM TRIP

A DANCE AROUND THE ISLANDS WITH JOHN SEWELL AND FRIENDS (in aid of retiring the mayoralty campaign debt)

DANCING _ BUFFET SUPPER _ CASH BAR

THURSDAY, SEPTEMBER 6, 8 - 11 P.M. \$20.00 per person call 463-1423 for ticket(s)

11.

NATURE: INSECTS

Last month we spoke about insects and their various roles. In passing we mentioned that among them, pollination was a very important function of the insect. Pollination is the system by which plants reproduce and the two most common methods are by wind (as any hay fever sufferer can tell you) and insect.

The following is taken from Nature Through the Seasons by

Richard Adams and Max Hooper, a Penguin Book.

Insect-pollinated flowers are often very beautiful and have striking markings on them which guide the insects to the nectar on which they feed. Some, like the snapdragon, have platforms on which the insect can land, and in insect-pollinated flowers there is always some mechanism which makes sure that the pollen brushes off on the insect as it feeds. Then when it settles on another plant of the same species or kind it brushes the pollen off its body on to the stigmas of the new plant. The pollen then passes down the tube of the stigma and fertilizes the ovary where the 'eggs' are stored and these eventually become seeds.

The colours and the patterns on flowers which attract insects

are fascinating. Some have dark lines(pollen guides) which guide the insects towards the hidden nectar. Others, like the meadow buttersup, appear to be a brilliant shining yellow, because on the petals there is an upper layer of oily yellow colouring under which lies a layer of starch grains which reflects the light back through the upper layer

of yellow, giving the buttercup that brilliant yellow which is so strong that it will reflect its colour on your skin on a

bright day.

Pollen is itself a food for many insects though many visit for the sweet nectar, made in special parts of the flowers called nectaries. They can easily be seen in buttercups, but very often the petals join to make a long tube with the nectaries at the bottom, like primroses and cowslips. Then the insects have to push down this tube past the stamens and stigma in order to gather nectar, and this ensures that the pollen will be brushed off on to the insect.

Colours have a very important part to play. Bees cannot see red, but it can be shown that they can tell the difference between yellow, blue, and blue-green. They are also sensitive to ultraviolet, which we cannot see, and so some flowers which look the same colour to us are quite different to bees. The cinquefoil and primula both have yellow flowers, but bees see the first one one as purple.

Because bees are sensitive to ultra-violet, they can see things that we cannot see, even though they are red-blind. Look around and you will see how many flowers have spots and stripes-perhaps a third of all the flowers you see-but for a bee, because it sees the ultra-violet light waves, perhaps two-thirds of all flowers have spots or stripes.

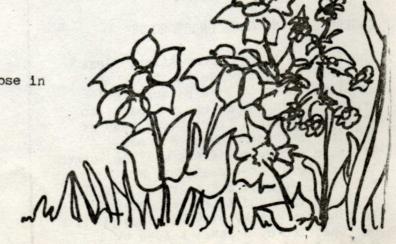
AUGUST CARDEN CALENDAR

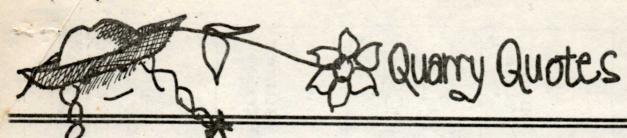
-Add improvements to the garden.

-Fertilize annuals, especially those in planters.

-Prune climbing roses.

-Plant iris and poppies.





following article is a reprint from "Quarry Quotes", April, 1979. "Quarry Quotes" is the newsletter of Quarry Co-op in Ottawa.

STRAW HATS AND SUSPENDERS

by Debbie Dixon

Sunday -- late summer - a golden, mellow afternoon a century ago.

Children race breathless and squealing, playing a traditional game of hide-and-seek; women, parasolled and gloved, drift by on a whiff of lavender and rustling silk; men congregate under large shade trees with much loud laughter and back slapping. Bees hum a monotonous tune, an occasional dog barks, but the soft sighing of green-leafed trees and the rhythm of the nearby river set the mood of happy relaxation.

Long tables covered in bright tablecloths and heaped with homemade food are arranged, admired and then descended on by the small gathering of hungry people. Afterwards, pipes are lit, compliments, sincere with satisfaction, are given and, as the early evening sky darkens to indigo, heralded by a cooler, stronger night breeze, scattered belongings and tired children are sorted and arranged into lamp-lit wagons, heading home.

Home, - a sprinkling of perhaps 200 farms and houses, connected to other settlements by waterways, typical of the majority of communities scattered throughout the country a hundred years or so ago. Each community a close-knit unit, helping neighbours and receiving help when needed.

A barn-raising, where men work for long hours, day after day, laying, sawing, erecting and painting a new barn for a neighbour who perhaps had the misfortune of a fire; a quilting bee, where women cut and pin and sew by the hour a hand-made quilt for a wedding present. The trading of information, recipes, remedies and the like, and communal physical labour were part and parcel of, and indeed necessary to, the community.

A gentler age...more personal, more caring.

In today's dizzy atmosphere of rapid communications and complex technology where numbers have more meaning than the person behind them, comes ... co-operative housing.

Not a new idea, but a return to a tradition of co-operation in communities, an idea that is old -- in fact ancient -- and a basic building block of our entire civilization civilization.

Although there are no quilting bees or barn-raisings in co-operative housing today, there are a multitude of other activities to become involved in, all of them satisfying the ingrained need of people to help others, enjoy friendship and set common goals for their own and each other's benefit.

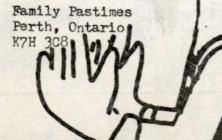
Co-operate...it's good for the soul.

NATURAL FOODS COOKBOOK FOR CHILDREN

NON-COMPETIVE GAMES

Play together, not against each other.

Catalogue, 25¢ from:



Come and Get It

"Tested and approved by children." Recipes calligraphed (...by hand:)
128 pages; illustrated; colourful; durable

\$7.50 plus \$1.00 postage and handling (make payment in U.S. dollars, please.)

> Children First Press Box 8008-M Ann Arbor, Michigan U.S.A. 48107

> > submitted by Morm McKinney

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b	MAINTENANCE COMMITTEE	O MAINTENANCE COMMITTEE	LABOUR	27 •MAINTENANCE COMMITTEE	20 AUGUST · MAINTELANCE COMMITTEE	monday
	18	GENERAL MEETING	· RESIDENTS' COUNCIL_ · NEWSLETTER DEADLINE	SS CONCIL	27	taesday
	19	72 *FINANCE COMMITTEE	5	*FINANCE COMMITTEE	22	vednesday
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CAROL RAMM 4639050

MENSLETTER
DIANE SAIBIL—— 4653907
MENBER INVOLVEMENT
VINAN GREENE—4659183

• MEMBERSHIP
GILL MALDNEY — 4658011
• GRIEVANCE
BOB ALLIEN — 456209

PINANCE HELEN SPRONT — 4690782

MAINTENANCE DAVID CLARK - 4634884 FOOD COOP

HRISTOPHER WILSON-4615368

• PERSONNEL POLICY

DUG MACDONALD — 4614161

MAINTENANCE EMERGENCIES

KON OFFICE HOURS CALL: 483-1003

AND ASK FOR PAGER 3322