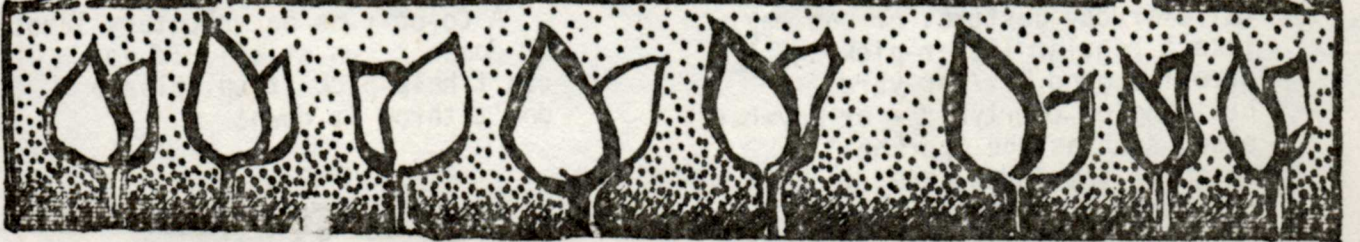
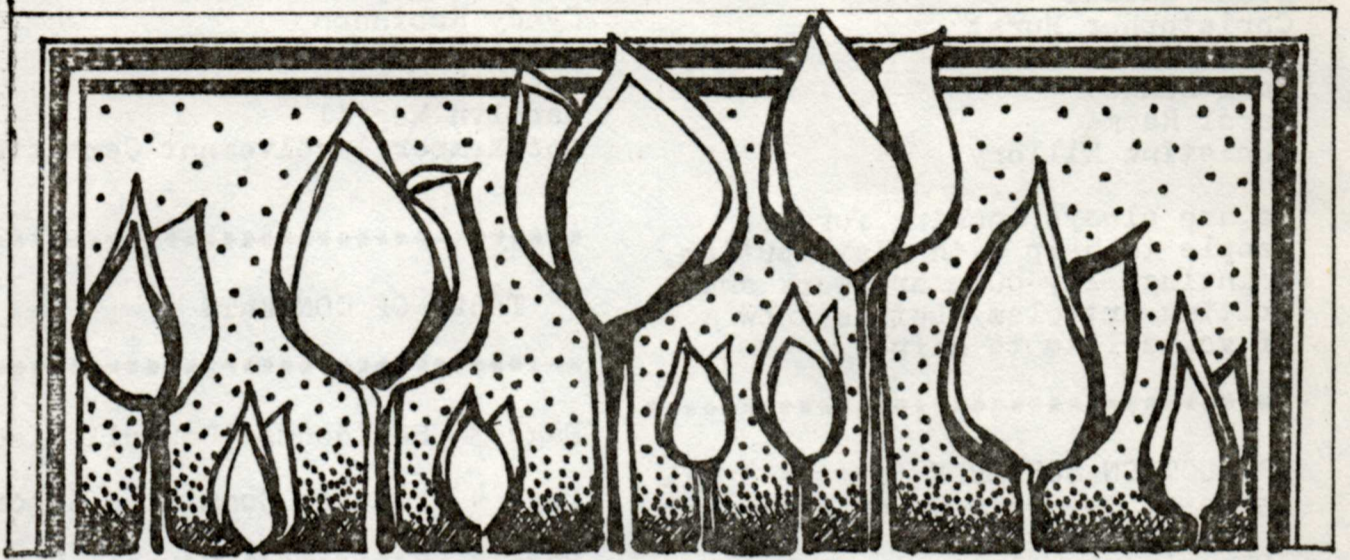


BAINCO-OP NEWS



The BAIN CO-OP NEWS is published by the Newsletter Committee.

We are:

Carol Baum
Beverly Smith
Helga Steyer
Carole Linton
Diane Saibil
Christopher Hurst
Susan Sibly
Gail Kenney
Carol Ramm
Christine Killory

We are always looking for new people to help with distribution, printing, lay-out, art work and writing articles. Let us know if you'd like to help!

PRODUCTION SCHEDULE for the April issue of the Bain Co-op News is:

Planning meeting* Mar. 22

DEADLINE FOR SUBMISSIONS Apr. 3

Production & Distribution Apr. 16

* 7:30 p.m. at 17 the Maples

Please drop all articles, notes, and letters at 53 the Lindens or the Office c/o Newsletter Committee

To All Members:

One of the yuckier things about this time of year is the amount of litter (and other, ah, matter) that appears from under the melting snow. It's depressing to confront concentrated proof of how messy we (and our pets) are, really. (Also, how tolerant of excess packaging!)

All members are asked - and expected - to control litter. At any time of year, each of us can put his own litter in the garbage. No trash-can near? Walk to one. If one isn't in sight, carry the junk in your hand or pocket - it won't bite. Give example to your children and neighbours to do the same. Take your pets to the Comfort Station in Withrow Park. Stoop and scoop. Pick up litter dropped by others - this may be an habitual everyday gesture, or one may take a regular litter-picking stroll around his/her yard, building or courtyard - or anywhere else, such as the Sparkhall Verge or the South Lane. We have six acres to keep clean, and nothing says Cecil has to be left to do it all by himself! Do your older or crippled neighbour's yard for him/her.

***** THANKS *****

To these people who helped with the February Newsletter:

Jocelyn Parent
Fransisca McNally
Hugh Tapping
Alexandra Wilson
Ben McNally
Cyndy Robinson
Heather Barker
Deborah Wolfe
Carolyn Megill
the Member Involvement Committee

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There's every reason why we should all be house-proud enough to make our Co-op - our home! - look well-kept.

A Co-op runs on voluntary labour, or doesn't run at all. If you can't help pick it up, please don't throw it down!

Coöperatively,

Norman McKinney
Norman McKinney,
Secretary.

NOTICE to all Co-op Members from the Maintenance Committee

Numerous parents will already have noticed that the annual MUD SEASON has arrived. The Committee reminds all residents that children must be kept off lawns and flowers, vegetable and shrubbery beds from now until May 15th. This is so as to allow the ground to thaw and dry out with minimal damage.

Also, all members are asked to warn children away from the topsoil put out last fall on parts of the West Parking Lot and alongside the Main Drive-way as shrubbery beds and lawn bases. Planting cannot begin until the ground is warm down to frost-line, about May 15th. More snow-fence will be put around the topsoil in the West Parking Lot, and a dry wall of concrete chunks will be temporarily built to keep mud from oozing onto the Lot and the back walkway of 1 - 10 the Maples.

ELECTION OF RESIDENT'S COUNCIL

The elections for Residents' Council will be held at the April General Meeting. They are important. In the past few years not enough people have been nominated to hold a real election. That means the membership have no way of finding out where candidates stand on questions like rent increases or evictions. This year we must have a contested election.

Sitting on Residents' Council only means giving up three evenings a month. Baby sitting subsidies are available. It's an opportunity to contribute to the Co-op and learn about how a housing development this size works. All Residents' Council meetings are open to anyone living in Bain. If you're thinking about running, drop by and see what actually happens. Or, talk to anyone who's on Council now. A handbook for Council members will be available in the next few weeks - just phone the office.

A list of current Residents' Council members:

Judy Haiven	3 Elms	461-5260
Pat Maloney	18 Lindens	465-8011
Christine Killory	23 Lindens	466-6738
Doug Macdonald	27 Lindens	461-4161
Angela Edwards	47 Lindens	466-0911
Carol Ramm	17 Maples	463-9050
Shirley Spalding	54 Maples	465-6633
Joe Sprokk	30 Oaks	469-2952
Susan McNamara	24 Oaks	465-3955

The nomination form appears below this message. Talk to your friends and neighbours, find out who wants to run, then nominate them. Or run yourself.

It's important.

BAIN APARTMENTS CO-OPERATIVE - RESIDENT'S COUNCIL 1979/80

I HEREBY NOMINATE _____ FOR RESIDENT'S
COUNCIL OF THE BAIN AVE. CO-OPERATIVE.

DATE: _____

SIGNATURE OF NOMINATOR: _____

SECONDED BY: _____

SIGNATURE & ADDRESS OF NOMINEE: _____

FINANCE



This is another installment in the story of the work done by those fast-living, hard-hitting, dedicated men and women - the Bain Finance Committee.

The Finance Committee's efforts have been devoted recently to drawing up a policy to govern capital expenditure. A capital expense is something like replacing a water line or repaving a driveway. It costs a fair bit of money and the work done will last for some time.

In the past capital expenses have been financed by the CMHC mortgage, which will be repaid over the next fifty years. However, the mortgage is closed and all the money has been spent.

Basically, the committee's policy says that each year when we're drawing up the operating budget we'll also think about capital expenditures, and if necessary set money aside for them. The process will start when we begin work on the 1980 budget later this year.

This year, no money has been budgeted for capital expenditures. All the money we have in the bank is earning interest for the co-op: and all that interest has been taken into account in setting the 1979 housing charges. That means if we spend any of that money - we automatically put ourselves into a deficit position.

Watch this space next month for another gripping story about the getting and spending of Bain Co-op money.

Doug Macdonald
Secretary,
Finance Committee

NXXDXD VXRY MUCH

Xvxn though our typxwritxr is an old modxl, it works quitx wxll xxcpt for onx kxy. Thxr arx 46 kxys that function wxll though, but just onx kxy not working makxs thx diffxrncx.

Somxtimxs it sxxms to mx that our group is somxwhat likx my typxwritxr. You may wxll say, "But I am only onx pxrson. It won't makx much bxttxr." Yxt you sxx, for thx group to bx xffxtivx it nxxds thx activx participation of vxvry pxrson.

So thx nxxt timx you think you arx only onx pxrson and that your xffort is not nxxded, rxmxbxr my typewritxr and say to yoursxlf, I am a kxy pxrson and nxxdx vxry much!

Luther Buchele

NOTES FROM THE MAINTENANCE COMMITTEE

Anyone ready for planting?

Alma Corman of 5 the Oaks has offered to make available to members of the co-op cuttings of privet (for shrub or hedge). Anyone interested should give her plenty of advance notice - planting season is less than 60 days away!

Dr. Kenyon comes recommended by several Co-op members and apparently would be amenable to a 'group rate' price if several pet owners interested in his services got together.

Dr. James Kenyon
is pleased to announce the opening
of his office for the practice of
Veterinary Surgery
at the
Queen Street Animal Clinic,
451 Queen Street East,
Toronto, Ontario M5A 1T6

Practice limited to:
Sterilization and Immunization
of cats and dogs;
General Medicine
for primates and reptiles

By appointment only:
Telephone 861-1250



At its meeting of February 27, the Residents' Council considered and passed the following motions:

MOTION: That the Residents' Council distribute nomination forms with a covering letter, encouraging Co-op Members to run in the April elections.

MOTION: That Peter Holland and Pat Lebrun be dispatched as soon as possible to investigate the heating problems in all four model suites, and that they report back to the next Council meeting.

MOTION: That Residents' Council retroactively authorize \$41.00 to cover extra costs incurred in printing the Members' Manual; the funds will be drawn against money left in the 1976 Management Grant Account.

MOTION: That the Bain Co-op make a deputation to the City of Toronto Non-Profit Housing Association on behalf of the Tyndall Avenue Tenants Association.

MOTION: That Helga Steyer be awarded \$266.00 for back-payment of her OHIP premium; also that the Residents' Council express its misgivings regarding future temporary hirings of such duration to the Personnel Policy Committee.



FLOWERS FOR FREE

Violet Kapranchuk of 13 the Oaks has donated a jar of seeds to the giant Mexican sunflowers that she grows so beautifully in front of her unit each summer. Come to the Office to get a few to plant at your place and help pretty up our home.

Who's news

Only one new member this month - Bain is glad to welcome Marie Tautley and her daughter Micheline to 9. the Cedars.



At its meeting of March 6, the Residents' Council considered and passed the following motions:

MOTION: That Bain Co-op send Susan McNamara as its delegate to the Annual Meeting of the Co-operative Housing Foundation in Winnipeg, to be held the last weekend in April, that Peter Tabuns be authorized as the alternate, should Susan be unable to attend, and that a maximum amount of \$250.00 be authorized for transportation and accommodation.

MOTION: That the Co-op undertake extensive renovations as described in Peter Holland's report of March 6th, to rectify the heating problems in the four "Model Suites" units, and that these renovations be started as soon as possible.

MOTION: That the Co-op reimburse Martha Shulman of 59 The Lindens \$20.00 for inconvenience due to lack of heat in her unit during recent cold spells.

MOTION: That the Residents' Council accept with regret Carolyn McGill's resignation and thank her for her unique contribution to the Council and the Co-op.



FOR SALE: Double Bed (box and mattress), good condition, very reasonable. Call Clara, 51 the Oaks at 463-8442.

WANTED: To purchase second hand bicycles.
 (1) a small women's 3 speed
 call Diane at 465-3907
 (2) a men's 3 speed
 call Mark at 466-7552

I would like to buy a used sidewalk bicycle (hopefully with training wheels) for my almost 5 year old son. I might consider a large trike. Contact Peter Holland in the Office.

COOP HOUSING - FEDERATION SEMINAR REPORT

On Saturday, February 14th, the Co-operative Housing Federation of Toronto (CHFT) held a Delegate Education Seminar at the Federation's office on Queen Street West.

The program was attended by 14 representatives of 10 member housing co-ops, including Christine Killory and Shirley Spalding, delegate and alternate delegate to the Federation from Bain.

Marianne Fox, co-ordinator of the Federation's Management Team, organized the seminar and presented the topics selected for discussion. She began with a history of CHFT, outlining its organizational development in response to the growth of the co-operative housing sector, and the Federation's role as a formative influence in that growth. The Federation's finances were discussed, including the rather complex process by which funds are received from the various levels of government. A presentation on member and consulting services provided a useful illustration of CHFT's working methods. The seminar then divided into smaller groups to discuss the role of the individual delegate; the groups then reunited to continue the discussion.

The delegate's most important function is to maintain the relationship of his or her own housing co-op with the Federation, and other co-ops, by attending monthly members' meetings and reporting back on issues of common concern. It is important to remember that the Federation is a co-operative organization, and that delegates ought to make decisions in the best interests of the entire sector. Delegates and alternates share responsibilities, and should develop an awareness of local and national policy issues of interest to members of housing co-ops. Delegates can also participate more directly in the Federation's affairs as members of various special committees, or the Board of Directors, which serves a function similar to that of the Residents' Council.

The seminar concluded with a supper of quiche, salad and desert, provided by Bain Co-ops' celebrated Karen Christopher.



Dear Parents and Friends of Withrow School:

As you know, After-Four has been operating in your neighbourhood school over the past few years. After-Four is a needed and worthwhile community program serving approximately 250 children per year at Withrow Public School alone. The need is there but the parent support for the program is not.

After-Four is a program of the Toronto Board of Education - coordinated by the YMCA of Metropolitan Toronto. This special Project is designed for total parent volunteer participation. For the program to survive parents must take an active roll at various program levels (Program Director, Instructor, Assistant or a member of a parent committee).

Unfortunately, the grant allotted to After-Four is running out. Without your support and participation the Withrow After-Four Program will be phased out in a few short years, and will be written off as a service failure.

If you are a parent or a person interested in taking an active role in our Program in one form or another, please do not hesitate to contact Elaine Hopkins. 964-3774

Any volunteer time or help you can spare will be appreciated no matter how much or how often. The program ~~will~~ start Monday, February 5, but the search for parent volunteers is by no means over.

Thank you.

a Bargain Day!

FOOD CO-OP

The Bain Food Co-op officially opened at 10:00 a.m. on Saturday Feb. 17. During the course of the day a crowd of members chose items from well-stocked shelves of produce, dry goods, frozen goods and other merchandise - went through an orderly process of filling out shopping forms, paid and left the store well satisfied with the goods offered, the prices and the atmosphere. The Snack Bar did a booming business in coffees, sandwiches, salads and pleasant conversation. It was a success. The Food Co-op not only got off the ground- it flew.

Eight hours earlier, at 2:00 a.m. on Sat. Feb. 17, the Food Co-op could easily have been confused with the main deck of the Titanic some 10 minutes before it went down. Hammering, sawing, painting, moving things in and moving things out, bagging, pricing, talking, shouting, confusion, noise - it was all happening. But it worked.

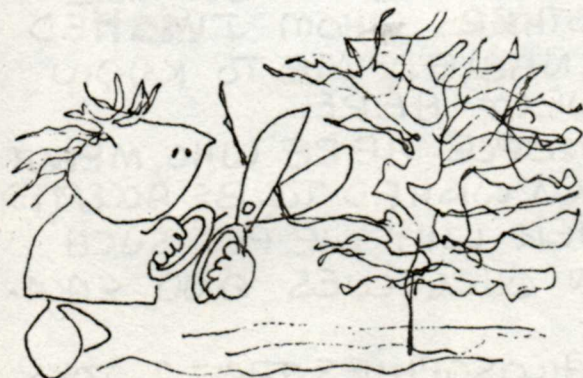
Since then its been all down hill - albeit by way of a sometimes rocky road. Over eighty households are now members. Sales have been higher than expected. A new cooler has been installed, to the tune of five hundred dollars. To help pay for it, a bake and rummage sale was held on March 7 which raised somewhere around eighty dollars. Other fund raising events will be held in the near future.

The co-op is in the process of expanding the stock which it can offer its members. Free range eggs from footloose chickens are now available. Meat from contented cows will be coming your way soon.

The next meeting of the membership will be held on Sunday, March 18, 2:00 P.m. at the store, 5 the Aberdeens, Its a pot-luck brunch and members are asked to bring anything they happen to have lying around - champagne and and strawberries in particular are encouraged.

Anyone thinking of joining who hasn't gotten around to it yet should drop by the meeting on Sunday. Or phone Elizabeth Piccalo, 25 the Maples, 465-3326.

The Food Co-op is a handsome addition to life in the Bain Co-op. It shows what we can do when we set our minds to it and it proves that Bain is very much a healthy, growing organization with a great future ahead of it.



MARCH'S GARDEN CALENDAR

Prune fruit and shade trees;
treat wounds with dressing.
Place your spring orders with
nurseries and seed stores.
Buy flats of soil, seed and
propagators; start seeding
annuals.
Apply dormant spray to trees.

THANKS to the following people
who helped carry out the Annual
Back Basement Inspection on
March 3rd:

Ron Pappin
Jane Riches
Scott Barry
Fred Weinstein
Gary James
Norm Miller
Norm McKinney
Bruce Harding
Alexandra Wilson
Dave Clark
Joe Sprokk
Bob Allen

The purpose of the inspection
was to spot present and emerging
maintenance problems.

You get your money's worth...
We guarantee it!

The FOOD CO-OP is open for business at 5 THE ABERDEENS.

Friday..... 4 til 8 p.m.

Saturday..... 10:30 a.m. til 3 p.m.

Our stock is growing and more than the price is right.

SAMPLE OF LAST WEEK'S PRICES:

Fresh coffee beans.....	\$4.11/lb.
Bagels.....	.16 each
Carrots.....	.16/lb.
Tomatoes.....	.37/lb.
Skin milk powder.....	1.05/lb.
Cashew nuts.....	1.73/ 1/2 lb.
Dried figs.....	1.93/lb.
Granola.....	1.16/lb.
Cheddar cheese.....	2.14/lb.
Peanut butter.....	.89/lb.
Honey.....	.73/lb.
Apple cider.....	3.25/gallon
Apple juice.....	.87/ 48 oz, can
Frozen bluefish.....	1.24/lb.

Drop into the Snack Bar (same hours) for coffee, sandwiches
soup and goodies.

P.S. we now have eggs and butter and soon there will be meat too.



"THANKS FOR THE MEMORIES"

DEAR FRIENDS,

THIS IS MY CHANCE TO GRAB THIS NEWSLETTER
SPOT BEFORE IT GOES AND I GO (FROM THE CO-OP)
TO EXPRESS A THANKS TO ALL NEW FOUND FRIENDS
AT BAIN AND TO THE BAIN CO-OP.

ONLY TWO YEARS AGO, JOHN, DANIEL AND I THREW
TOGETHER OUR MOTTLY BELONGINGS AND DARED THE
DANGEROUS TREK ACROSS BLOOR AND OVER THE
VIADUCT TO THE BAIN CO-OP. IT SOMETIMES SEEMS
LIKE TEN YEARS AGO.

IN THAT TIME, I'VE GRUMBLED A BIT AND
FUMBLLED A BIT AND LIKE MOST, LIKED IT ALOT....
MOSTLY BECAUSE OF THOSE I MET WHO BECAME
CLOSE TO ME. THERE ARE OTHERS WHOM I WISHED
THAT TIME WOULD HAVE ENABLED ME TO KNOW
BETTER. I NEVER FELT LONELY HERE.

LIKE MYSELF, I MET PEOPLE HERE WHO MEANT
WELL BUT MADE MISTAKES AND WISHED TO BE ACCEPTED
ANYWAY. I SOMETIMES WONDER WHY WE PUT SUCH
UNREASONABLE DEMANDS ON OURSELVES AND EACH-
OTHER.

ANYWAY, ITS NOT TO PHILOSOPHIES THAT I TAKE
UP THIS SPACE AND A MOMENT OF YOUR TIME BUT
TO SAY I'VE LIKED LIVING HERE AND WANT TO
THANK ALL THOSE RESPONSIBLE !!

CAROLYN MEGILL
& THE MAPLES.



bain apartments co-operative incorporated



bain apartments co-operative incorporated

PET POLICY COMPLAINT FORM

At _____ (time) on _____ (date) I witnessed the following violation of the Bain Apartments Co-operative Inc. Pet Policy: (Please describe fully)

Tag # of pet _____ Pet owner (if known) _____
Description of pet _____

I understand that this complaint will result in a warning letter or fine to the owner of the pet mentioned above and I understand that the pet owner may appeal this warning or fine to the Grievance Committee of the co-op. I understand that I will have to attend the grievance procedure if an appeal is initiated by the pet owner.

Unit _____ Name _____
Date _____ Signature _____

100 bain avenue toronto ontario M4k 1E8 tel 466-2186

Pets or Pests?

Name _____ Date _____
Unit _____ Pet's name _____
Tag number _____

Dear Member:

The following violation of the co-op's Pet Policy was reported to the Office recently in a signed complaint by another member.

This violates rule(s) # _____ of the Pet Policy adopted by the General Meeting of November 14, 1978. That policy calls for a warning letter following a first violation. Please be warned that a repeat violation will result in an automatic fine of \$20.00 which will be added to your monthly housing charges. A third offense results in a requirement that the pet be permanently removed from co-op property.

You may dispute this warning by submitting a written grievance to the Grievance Committee of the co-operative within four (4) days of the date on the top of this form. The Grievance Committee will hear the grievance following the procedure described in the co-op's Grievance Policy. If you would like a copy of either of these policies, please contact the office.

Co-operatively,

Property Manager

100 bain avenue toronto ontario M4k 1E8 tel 466-2186

HOW TO KEEP HOUSE PLANTS - HAPPY! -

THE RIGHT SOIL MIX

-PART ONE-

To ensure you have the right soil mixture it is a good idea to buy a large bag of a general potting mix and small bags of soil additives, such as perlite, vermiculite and sand. You'll also need some pebbles or pot shards for drainage.

Special soil blends are available for some plants, so if you become interested, especially in african violets, orchids or cacti, for instance, buy the proper blend and you'll be sure your plants are getting the growing medium they need.

If you want to blend your own soil, mix together two parts good garden loam, two parts leaf mould or perlite and one part sand. For african violets and other plants that like loose, absorbent soil, add two parts peat moss to the basic blend. Cacti like a lean, gritty soil, so give them a blend of two parts sharp sand, two parts garden soil, one part leaf mould and one part pea gravel. A generous sprinkling of horticulture limestone and bone meal will be of great benefit.

Keep your potting mix in a plastic bag or closed container so it can be kept slightly moist at all times.

THE RIGHT CONTAINER

For some plants the container can be almost as important as the soil mix, because the roots of many plants -- ferns, orchids, cacti, for example -- need more air than others. A drainage hole in the bottom of the pot allows excess water to drain away and provides an entry for air into the lower soil areas. A saucer under the pot catches the runoff.

Clay pots are porous, so they allow air to pass through their sides to the soil and roots.

Plastic pots allow no air to pass through their surfaces so the soil ball dries slowly. This is a plus if you're a little forgetful about watering. Plastic pots are ideal for small plants where rapid drying is a problem.

Ceramic pots have a glazed surface, so they perform just as plastic pots without drainage holes do, but they are more decorative.

Pot saucers should be plastic or glazed ceramic to protect the wood surfaces or carpeting they are sitting on. For large floor plants there are saucers with built-in casters for easy mobility.

Baskets for hanging plants come in two general types. Those with open mesh sides are for outdoor plants. Indoor hangers have solid sides made of plastic or ceramic. Some have no drainage holes, and the plastic ones often have attached saucers. Always clean old pots and planters

Always clean old pots and planters thoroughly before reusing them.

STEP BY STEP TO PROPER POTTING

Know when it's time to repot

Several signs point to the need for repotting. One clue is the size of the plant in relation to the size of the pot. If the plant looks quite top heavy, repot it. Roots are significant too. It's normal for a few small roots to grow through the drainage hole, but when several large roots crowd their way through, you know they need more growing space.

When a plant wilts between normal watering times, that's also a signal that it needs more soil.

Another sign to watch for is undersized new growth. New leaves should grow to the same size as, or even larger than, the older leaves.

How to repot

1. Remove the plant from the pot

Don't begin until you have the new pot and all the supplies on hand for repotting. Don't move the plant to too big a pot. Select the next larger size pot. If the volume of new soil is too large, the plant will spend most of its energy putting out new roots, and new top growth will be delayed. Your first step is to get the plant out of its old pot. This is usually a simple matter with a small pot -- just turn the plant upside down, hold plant gently and rap the rim of the pot firmly against a solid surface. Removing a big plant from a heavy pot is often a two-man operation. Start by running the long thin blade of a knife all the way around the soil ball, to separate it from the pot. Then, with one person holding the pot down, the other should be able to lift the root ball out by firmly pulling up on the trunk.

... MORE ON "HOW TO KEEP HOUSE PLANTS - HAPPY!" ...

2. Provide for drainage

2. Provide for drainage

To make sure that water drains through the hole and to keep the loose new soil from washing through, cover the drainage hole with a pot shard or bottle cap. For large pots a good trick is to invert an old clay saucer over the drainage hole. Prop the saucer up slightly with a stone or pot shard to avoid sealing the hole up completely. This greatly improves aeration of the potting soil. Then put a layer of small stones or pea gravel over the bottom of the pot. For small pots a half inch depth is sufficient, but one to three inches is best for pots that are over ten inches in diameter.

3. Add soil

Cover the drainage pebbles with a layer of potting and firm lightly with your fingers. Fill to a level that will allow for the depth of the soil ball and a half inch of space between the soil surface and the rim of the pot. Before you lift a big plant into its container, measure the soil ball carefully to be certain that it will sit at the proper depth the first time. Center the plant in the pot and hold it in place with one hand while you add the remaining soil. Firm the soil by lightly pressing downward with your fingers. Then add more soil till you have the desired level.

4. Give the plant a thorough soaking

Water the soil slowly from the top, or set the pot in a saucer of water for an hour or so. Let the plant drain and then place it in indirect light for a few days while it adjusts to its new home. After that, move it into the amount of light it enjoys.

SPECIAL POTTING TIPS

Double Potting

You can hide a clay pot inside a decorative ceramic or plastic jardiniere by resting the inner pot on a bed of pebbles deep enough to bring its rim just below the rim of the outer pot. Fill the void between pots with spagnum moss.

Potting prickly plants

Thorny plants can be treacherous. To avoid being stabbed during potting operations, wrap a folded newspaper around the plant. This gives you a safe handle and also helps protect the plant during the transfer.

south riverdale community health centre
126 pape avenue toronto m4m 2v8 461-2494



And we offer complete family care

In addition to the services of two family physicians, a registered nurse conducts medical examinations and is specially trained to provide counselling about subjects such as birth control, emotional or family problems. And she holds classes in health education and other subjects of concern to you.

Why are you here?

You may have just dropped by, because you've got some symptoms you're worried about, and you don't have a family doctor.

You may want to lose some weight. Or want to find out about birth control methods. You may have a feeling that possibly, you're drinking too much, and aren't sure what to do about that.

You might just want to get a polio shot, or have a check-up.

It doesn't really matter.

Because, whatever it is you need, the people here have time to talk it over with you. Time to listen. Time to help.

They have time—for you.

And there's no charge. Even if you're not on OHIP.

Yes, we make house calls

If you live in this area a doctor can call at your home. But coming to the Centre is best if you can manage it, because the doctor can give you better health care right at the Centre, with all its modern facilities readily available.

Knowing yourself and your body is important to your general health. At the Centre you'll be encouraged to do that, and take responsibility for your own health care, under the guidance of qualified doctors and nurses.

How the community is involved in your Health Centre

The Centre works closely with other agencies such as Meals on Wheels and the Woodgreen Community Centre, to provide services that meet all your health care needs.

And residents of this community make decisions about the Centre's operation through a board of directors elected by voting members. That's how we make sure that we're fully aware of community needs and how the Centre can best serve you.

If you're interested in what the Centre is doing and want to help, you can become a member, serve on a committee or offer volunteer services. Typists, translators, clerical workers and others are always needed. Talk it over with any staff member, call 461-2493.

Charlotte's Column

"What's Going On?"
by Charlotte Morgan

Early bird Toronto Island residents got a rude awakening last month. They waited in vain for the regular 6:30 a.m. bus to take them from ice-bound Wards Island to the Island Airport from where they could make a crossing to the city. Eventually a bus did come, the 7:30 a.m. service, enabling them to reach their jobs in time for the coffee break.

The case of the non appearing bus (NAB) was duely reported to TIRA (Toronto Island Residents Association) and a deputation went to Metro Chairman Paul Godfrey demanding that the NAB be reinstated. Godfrey said he was in no way involved and implicated Robert Bundy whom, he said, would restore NAB immediately. Now the bus is back in service and it would be charitable to suggest that its withdrawal was merely an oversight, rather than an effort to sap the will of Island residents in resisting expropriation.

The incident did bring Robert Bundy to my attention, however.

Mr. Bundy is Commissioner of Parks and is responsible for the operation of the major parklands of Metro, which makes him Major Domo of Toronto Island and among other things, head groom of the Jentral Don Riding Stables at Leslie and Eglinton Avenues.

But, Mr. Bundy is also Metro Commissioner of Properties. In this capacity he maintains buildings and other facilities such as Exhibition Place and the C.N.E. Stadium. This department also buys and sells selected properties, for example, land to be used by rapid transit rights of way. In the event of over-purchase of land, Mr. Bundy sells it off.

Is his dual appointment leading to further amalgamation of the two departments and if so, what does this mean for the citizens of Toronto? More specifically, are our parks destined for the property market? This thought prompted me to call Bundy of the Parks Department.

"Mr. Bundy, Hello. This is Charlotte Morgan of the Bain Co-Op News".

"Hang on, he's over in Properties this afternoon".

I hung on.

"Hello, Mr. Bundy?"

"Yes"

"Of Properties"

"Yes"

"And of Parks"

"Yes"

"Oh Good"

"Mr. Bundy, you are head of two departments".

"Right".

"Do you see yourself as having two part time jobs?"

"No, he relied. "I have one full time job".

"I see. Since you are in charge of two departments, can we expect further amalgamation of your two departments?"

"The situation will be reviewed in six months...Miss...er..."

"Morgan".

"Tell me, Mr. Bundy, what connection do you see between your job in parks and in property?"

"Well it's a matter of maintenance. For instance, maintaining the exhibition, cutting the grass, clearing the snow and so on ... is the same kind of maintenance function required in the parks...I suppose."

The story is unfolding and it, like Mr. Bundy, must be watched. For now I hope he knows which hat he's wearing when he gets to his city hall office(s) each day:

Muggings in Downtown Toronto:
Fact or Fable?

A spokesman for the Toronto Police Department told me there were 172 more charges for wounding and assaulting in 1978 than in 1977, though most were for minor offences. On the other hand, Daiyd Walsh, President of the Downtown Business Council, attacked media dramatization of muggings saying they would scare the people (us) away from downtown.

As I see it, we must lay claim to our streets, otherwise both muggers and the police will take them over. Walking the streets and riding the transit is not only the best way to get around it's also patriotic. (Subway tokens make great birthday presents!)

BIRDS OF THE CO-OP: The American Robin

Ever since the first European colonists set foot on New World shores and named the American Robin after another member of the thrush family, the European Robin, there have been few species of bird as popular and as well liked by the human population as the American Robin. Although it is not extraordinary for a robin to winter as far north as Toronto if presented with a steady food supply, the Latin name for the species, Turdus migratorius, attests to the migratory powers of robins. and for most of us, our first sight of the robin is a reminder that winter is not a permanent state.

The males are first to arrive, staking out a territory of $\frac{1}{2}$ acre, which the robin will defend with astonishing vigor, against other males and even against his own reflection. Flocks of robins come north as spring advances, moving when the weather is favourable, and it is not unusual for them to travel 40 miles in a day as spring thaws bring out their favourite food, earthworms. As soon as the male robin is joined by his mate, nest building begins.

Robins are 9 to 11 inches (23-28 cm.) in length, and are gray above and brick red on the breast. Females are somewhat duller in colour, but both sexes have streaked black and white throats. They prefer cleared land and are so tolerant of man that they have been known to build their nests on window sills. The nests are bowl-shaped and contain 3-5 blue eggs, which are incubated 11 to 14 days. The young hatch naked, though in two weeks they will be well feathered, and show the spotted markings that distinguish members of the thrush family. The parents are extremely hard working. A large nestling robin requires about fourteen feet of earthworm per day, and with both parents active gathering food the young are fed on an average every 12 minutes all day long. In good years the parent robins can raise three separate broods.

Robins have distinctive behaviour which is fun to observe. Watch them race stiff-legged across the turf and then stop suddenly and stand as if listening before ducking their head to tug at an earthworm. Golfers in the southern states report bunches of the birds whooping it up in ripe berry bushes and becoming so intoxicated that the golfers often have to pick them up and put them back in the bushes.

Prodigious fliers at all times, young robins have been known to go off course, sometimes ending up as far away as Europe, which may help to explain the presence of robin-like birds all over the world.



	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
MARCH	18 Food Co op disc pm.	19 Manten- ance	20	21 Finance	22 Newslatter	23	24
	25	26 Manten- ance	27	28	29	30	31
	1	2 Member Involvement	3 NEWS- LETTER DEAD LINE	4 Finance	5	6	7
	8	9 Manten- ance	10 Annual General Meeting	11	12	13	14
APRIL	15	16 Manten- ance	17	18 Finance	19	20	21

FOR MORE INFORMATION ABOUT THESE MEETINGS CALL:

RESIDENTS COUNCIL - CHRISTINE KILBRY - 466-6720

NEWSLETTER - DIANE SAIBL - 465-3107

MANAGER INVOLVEMENT - VIVIAN GREEN - 465-9183

MAINTENANCE - (NOT EMERGENCY CALLS) BRUCE HARDING - 465-4064

FINANCE - HELEN SPOCK - 461-0753

MEMBERSHIP - GILL MALONEY - 465-8911

GRAPICANCE - BOB ALLEN - 466-2077

FOOD CO-OP - CHRISTOPHER WILSON - 461-5369

MAINTENANCE EMERGENCIES OUTSIDE OFFICE HOURS CALL: 488-1003 AND ASK FOR PAGER 3322