

May 12, 1978

BAIN COOP NEWS



Have a nice month.

CONGRATULATIONS to Vivian East and Lloyd Ramdeholl of 57 the Maples, on the birth of their first child, a boy. Child, mother and father are doing well.

I'VE GROWN ACCUSTOMED TO THAT SMILE...Thanks to Scott Barry, who filled in admirably as Temporary Property Manager.

EXTRA

RING IN THE NEW... Peter Holland starts Monday if you want to go in and introduce yourself. Let us be the first to wish Peter the best. We're sure it won't take long for him to feel right at home.

Subject to the approval of the General Meeting Helga Steyer will also commence duties this week in her post as Temporary Office Assistant. Good Luck, Helga.

And we have a temporary screen maker, so if you need screens, get those work orders in now. (After checking your basement.)

NEW

As a result of last month's general meeting all residents are required to give two months' notice before vacating their unit.

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The Bain Co-op News is published monthly, by Committee. Your participation is welcomed. A large gracias to those who have heeded our previous calls.

Kindly note the change of night of our meetings this month (summer hours) and, hence, the changed day of our deadline.

The deadline for the June Issue of the Bain Newsletter will be June 8, which is a thursday.

a hot item

May 12, 1978

HERE'S THE RUB.. Christopher Hurst will be giving another massage workshop for couples and friends on May 28th. Anyone interested should phone Christopher at 469-2817

PLEASE remember that cash cannot be accepted by the Bain office. Housing charges and other fees must be paid by cheque or money order.

HOT OFF THE PRESS

Our faithful reporter had his nose to the peat on Saturday April 29, but not so close that he was unable to see the multitudes that flocked to the great out of doors to remove or rearrange the assorted debris that winter was so kind to leave behind.

Especially gratifying was the extensive participation from the ranks of those too young to be members. Let's all remember their help next time they're making a little racket in the courtyard.

It appears that April 29 was only the beginning to a beautiful summer.

Oh, you beautiful Bain!
(Thanks, folks.)

SWEET SIXTEEN...The Membership Committee wishes to remind everyone who has recently reached the ripe old age of sixteen that they are eligible for membership in the Co-op. Any of you out there will be, after you pay your membership fee, members without provision in the Co-op, entitled to vote, and even hold office.

IT'S A TWO-WAY STREET.

Last month we ran quite a few excerpts from other Co-op Newsletters. (Our apologies to Inger Iwaasa of Sarcee Meadows, whose name was obliterated by a recalcitrant ABDick. Inger wrote A Modest Proposal.)

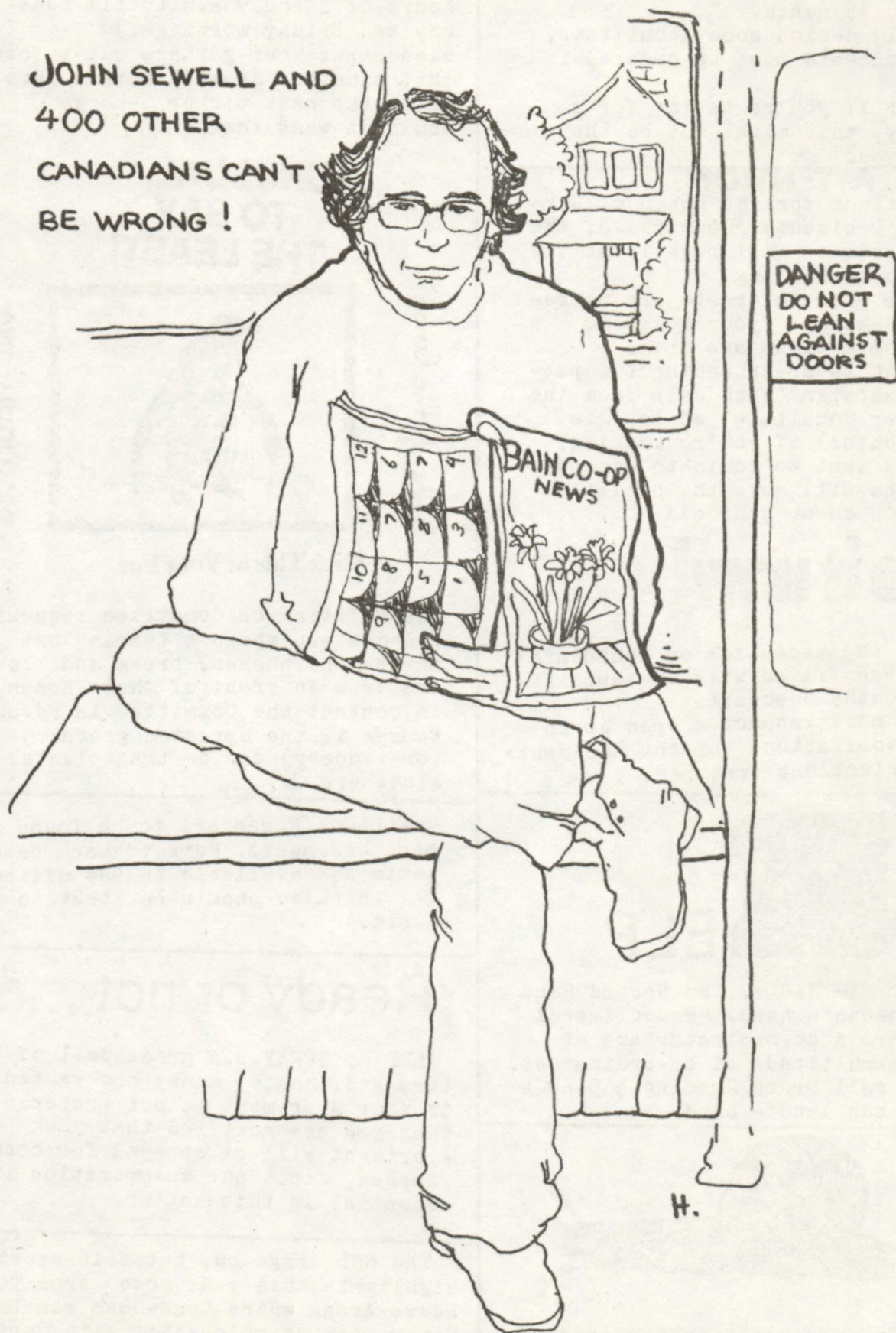
This month we have an article by Alex Laidlaw which just did not make it into last month's issue.

We have mentioned before that Bruce Woodrow's Co-op Muffins(or the recipe for them) has been printed in the Quarry Newsletter in Ottawa, and this month (April) Sarcee Meadows has reprinted an article entitled What Living at Bain Means to Me, by one of Canada's foremost writers on the subject, Carolyn Logan.

Let us make you a nationally recognized author. Send us your modest proposals, or anything else you think we might like. We have a broad range of interests.

May 12, 1978

JOHN SEWELL AND
400 OTHER
CANADIANS CAN'T
BE WRONG !



One of our sources (reliable) recounted to us a tale of John Sewell and the reading matter which emerges from his briefcase in unguarded moments. (After a hard day at City Hall ?)

A picture is worth a thousand words, and we think this particular one is worth framing.

May 12, 1978

Sunday July 30 is Credit Union Day with the Toronto Blue Jays at the CNE. Jays play Milwaukee Brewers, and members of the Credit Union League can get a 50 cent discount on \$4 and \$5 seats. You should decide soon about this, because tickets must be ordered in advance. (ed.note: If you're saving for a rainy day, this might not be the one for you.)

ATTENTION

The elections for the Board of Directors (Residents' Council) of the Bain Apts Co-op will be held at the June General Meeting. Make sure your interests are represented. Make sure your voice is heard. Nominations are open. Joe Sprokk is spearheading the publicity campaign (with help from the Newsletter Committee) so let Joe know (Pronto!) if you're running, or if you want to nominate someone. Decide who will make the decisions about this co-op yourself.

Do it now!

One of the vacancies on Residents' Council was filled with the appointment of Cathy Beecraft. Eleven more vacancies open up in June... Nominations for the Residents' Council elections are open.



HELP

A GREAT BIG HAND...The Second Hand Store needs a hand. Needed immediately are a co-ordinator and at least a multitude of co-ordinatees. Please call Bruce Harding 465-4064 if you can lend a hand.



Are you interested in laying down sod this year? Several Co-op members have expressed a desire to do so; therefore, it would be practical, and cheaper, if we all got together on a bulk purchase.

If you have any questions, or if you'd like your name added to the list, please contact:
Sharon Morrell
24 OAKS, 469-3744,

QUICK ON THE UPTAKE... Our beleaguered Maintenance Staff wishes to point out that, quite without notice, the City has started to pick up garbage here at Bain between the hours of 8 and 9 a.m. (still Tuesday and Friday mornings.) Please put your garbage out before that time, or it will remain here until the next pickup, and we wouldn't want that.

UNUSUAL TO SAY THE LEAST!

Birds of the Coop



will return...

Stick This in Your Ear

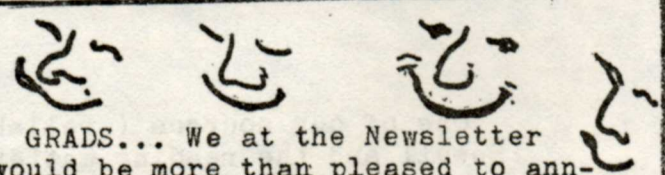
The Maintenance Committee requests all members who are tearing out shrubs and bushes, trees and flowers from in front of their homes, to contact the Committee in advance to see if the uprooted greenery (or reddery) can be transplanted elsewhere.

A PLUG..Fuses are to be found in back basements. Keys to back basements are available in the office. (I think we should set that to music.)

Ready or not . . .

LET US SPRAY...A great deal of time and, hence, money are wasted if your apartment is not prepared when you are notified that your apartment will be sprayed for cockroaches, etc. Your co-operation is essential in this matter.

The NHL drags on, but Bain sports highlights this year come from Ted Reeve Arena where Conn-Chem won the Minor Atom championship, with North Lindens' own Bob Binney.



GRADS... We at the Newsletter would be more than pleased to announce the graduation (or birthday, or anniversary) of any resident. Please let us know about your big days.

Nominations are open

Newsletter Committee;

I enjoyed your newsletter!
Here's our newspaper.

Co-operatively,
Fred Malin,
Editor, Co-op Voice,
Neill-Wycik Co-op

May 12, 1978



OPINIONS

To the Editor,

I was upset by Norm McKinney's letter (March) and Steve Oltuski's letter (April) in the Bain Newsletter.

I've written a few drafts of letters and none have satisfied me, so in place of a longer letter this will just be a short note.

Norm's letter was written out of frustration, a frustration that has blinded him to some realities.

The first is that roughly one quarter of the adults in the Co-op are active, not 15%. Twenty-five per cent is not disastrous, although, frankly, we could use a higher participation rate.

Secondly, people aren't motivated by being preached at or insulted. (At least, they are not motivated in favour of the Co-op.) Calling residents dead weight and dead wood brings out only a reaction of "Who does this guy think he is?"

Lastly, Norm proposes elaborate schemes for making sure that people do work. Has he thought of how many people it would take to police this system? Has he thought of how much enthusiasm people would put into their required work?

This issue has to be discussed and analyzed very thoroughly.

On the other hand, Steve is his normal self; he can't see the Co-op as anything other than a landlord. The very concept of collective self-management is incomprehensible to him.

Steve suggests that we spend all our non-work time puttering around the house. If everyone followed his advice, there would be no unions, no co-ops, no tenants associations, and in general, no political activity on the part of working people.

He can't understand that we have to be active and form associations so that working people can speak and be heard, on the questions of the housing crisis, unemployment, inflation, etc.

To solve this question of participation we need to study people's attitudes towards the Co-op, the history of participation here, what errors have been made in the process of getting people moving, and what has been successful. We also need to start a debate on the whole issue.

I hope a lot of people sit down and write in their opinion to the Newsletter.

Peter Tabuns
48 Lindens



QUOTES OF THE MONTH

The editors of the Newsletter have a cruel sense of humour, exposing the delicate underside of a sensitive soul to the harsh glare of public opprobrium. How can I ever look my mother in the eye again after this?

Shirley Spalding

THE GOOD OLD DAYS AT BAIN

It was with real excitement that we moved into a co-op. So there was no apartment for us;-a mixup!, which, at length was straightened out, but then other incidents occurred.

Gas fumes filled our new home.

We managed to find a helpful neighbour, who explained to us all about gas stoves, etc., but this event was really distressing.

Similar problems abounded: water pouring down our kitchen walls (ruining many food items;) drag racing on Bain; beer bottle smashing outside our door; assaults; kids on my doorstep every 7 a.m.

These turned out to be my problems I was told...and I did the best I could to deal with them. Regular noise at 3 a.m.? It was a child playing ball. And yes, that turned out to be my problem, too. The manager needed a vacation.

What about my children? Where were they to play? Not out front in broken beer bottle glass, and not in the courtyard. That was expressly forbidden.

Well, things have changed a lot at Bain. Work orders are processed in a more orderly fashion, although we will always have to watch that people do not find power in sitting on work orders.

I relocated without event; there was an apartment for me, as arranged.



Extensive physical renovation is making Bain beautiful. Little by little children are being made more welcome here. It upsets

It upsets me to see vandalism condoned by adults who think that newcomers don't have rights here. When you allow your children and your guests to destroy the living things planted by others, you are, in effect, destroying democracy. We all live here. We all have rights here.

I don't want a return to the good old days at Bain, because for me, and for my children, those days stank. Democracy will only survive if we all work at it, and that means peaceful co-existence.

A start has been made with member education. We have a long way to go in that direction.

We must provide support services to newcomers.

Remember: not every one of us is a frustrated, sink or swim, social worker.

Pirkko Wiggins
19 Lindens

Dear Neighbours;

Considering the number of rules (or regulations) in this Co-op which are regularly and flagrantly violated, in some cases by staff members, it is astonishing to find a new one being prosecuted with such zeal by the staff.

I trust that when hockey, and more recently tennis, have finally been eradicated in the East Parking Lot, that the staff, whose voices carry so much weight, will turn their attention to some of the other problems which confront us.

Like pets, perhaps?

Love,
Ben McNally,
25 lindens



To the Editor,

Very briefly I would like to say thanks to the residents of the Co-op who come in and do volunteer work around the office. To the people who have staffed, bravely, the front reception desk, a thank you for your contribution to the Co-op and to the mental health of the staff. Your efforts have made an enormous difference.

To those people behind the scenes, who have called volunteers added thousands of columns of figures, filed, phoned, copied, run errands, and generally taken on hundreds of necessary tasks, more thanks for your invaluable time.

Sincerely
Peter Tabuns
48 lindens



May 12, 1978

FACTS

Ever wondered how your income compares with that of your neighbours?

Making such comparisons is a difficult business, because there is so much variation in the size of household, occupation or source of income, and in the lives we lead. Some of us may be happy on \$500 a month, while others are dissatisfied with \$1,000. Comparisons become even more difficult when we consider that 130 of our units are paying the economic (full) housing charge, and the other half are supplemented by the provincial rent supplement program.

All that aside, here are some statistics gathered from a survey of 207 households at Bain in the course of our annual income review.

The absolute average, middle-of-the-road Bain household brings in a gross monthly income of \$760. A working household earns an average of \$983. If you're paying the economic housing charge, your gross monthly salary is likely to be \$1111, (or \$13,332 a year) but if you're on rent supplement and working it is likely to be closer to \$775. (or \$9300 a year)

In all, about 180 of our 260 households derive their income from a paycheque. This figure includes the businesspeople, artists actors, craftspeople, daycare workers, musicians, writers...20 households in all...who are self-employed. Self-employed earnings range from \$260 up to \$1167 in gross monthly incomes, averaging out at \$583, or \$6996 a year.

The other 80 households have by far the lowest average incomes in the Co-op...only \$377, or \$4524 a year. This includes our 23 units receiving mother's allowance, 9 on DVA allowances, 20 on municipal welfare, and a vast array of other people on fixed incomes including annuities, private pensions, re-training allowances, student loans, alimony, Workmen's Compensation, or contributions from other family members. The lowest monthly income in this fixed income category is \$201, or \$2412 a year, and the highest \$844, or \$10,128 a year.

In a sense, all of us here in the Co-op are living in subsidized housing. But this is not only because of the 130 rent supplement units we have to offer.

Every household, supplemented or not, benefits from grants paid by the Ontario Ministry of Housing. The Community Sponsored Housing

Branch, in return for our making rent supplement units available, will be paying out well over \$700,000, amortized at 8%, over the next 15 years, to reduce everyone's housing charges.

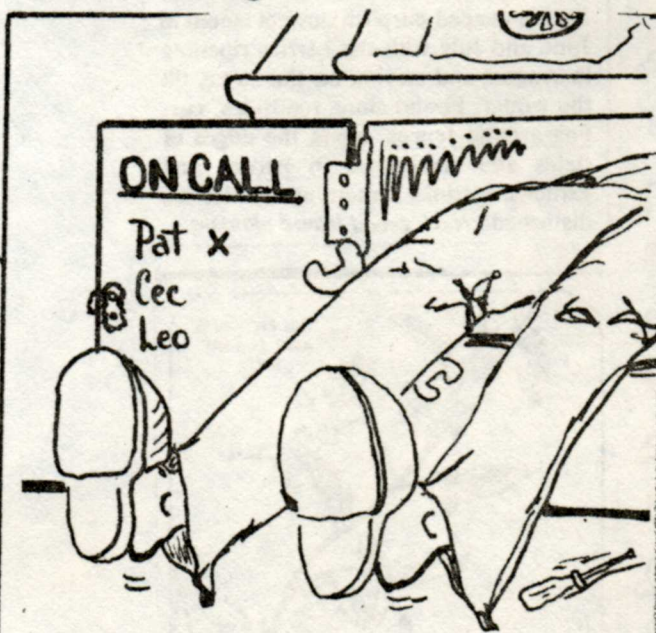
This year, it means a reduction of \$43.25 on every unit's housing charge. The 'breakeven' housing charge on a one-bedroom unit, for example, is \$247.25, but the Co-op fortunately charges \$204 because of the provincial grant.

The General Meeting made the decision a couple of years ago to allow the province to pay out more heavily in the first few years of our operation, while other costs, such as renovations, are high.

Thus, over the 15 years, the \$43.25 figure will be reduced as our own costs also decline, meaning that more of the 'breakeven' figure will be made up from the housing charges collected from members.

A Reminder to Recipients of Rent Supplement: If your income has decreased in the last short while, or if it does so before the next income verification period, please report the change to Deborah Wolfe in the office. Your housing charge can be decreased immediately if your income decreases, but applications cannot be made retroactive.

So if you want to pay a fair portion of your income in housing charges, report as soon as any decrease occurs unless your housing charge is already figured on a yearly average.



- May 15-21 Pat Lebrun: 19 Aberdeen 461-2508
- May 22-28 Cecil Rodriguez: 1 Elms 463-0878
- May 29-4 Leo Machado: 56 Oaks 466-8692

June 5-11...Pat
June 12-18..Cec

MONEY

FINANCE

The word MONEY tends to make people perk up their ears and listen. NOW THAT WE HAVE YOUR ATTENTION, we would like to tell you something about the people who manage your money in it's various aspects-THE FINANCE COMMITTEE.

We get together every second Wednesday (so it's not a weekly chore,) and our meetings are relatively short (about two hours,) so we are not burning both ends of the candle.

As to the subject matter that is discussed, we will discuss anything from soup to nuts that costs Money.

In the first few months of this year we reviewed:

-Cash Flow for both Income and Expenses; we all did one of the

- parts in order to come up with a projected Cash Flow for 1978.
- Helpers needed for finance work in the office.
- Our never-ending but interesting tug of war with the City until we receive our final financial state statement.
- Renting of Commercial Space in the Co-op.
- Childcare and babysitting subsidies for the residents who want to attend the monthly General Meeting but need a babysitter.
- Depreciation of equipment and major expenses.
- Bain Co-op Credit Union-how and when to get it off the ground.
- Last but not least, how to get new recruits for the Finance Committee.

Won't YOU come and join us? While you learn something about Finance, we may even learn something from you.

Helen Sprokk,
Finance Committee

Weeds of Toronto: Climbing nightshade (*Solanum dulcamara*)

Don't eat the juicy, bittersweet red berries of this thing. Though they don't seem to affect some people, they can give you a helluva bellyache. Children have been poisoned by them. A perennial, this thing can grow to 10 feet if it feels like it, usually snaking its way around fence lines or other vegetation. Its star-shaped purplish flowers bloom in June and July, with the berries ripening in August and staying on the stems till the winter. Found along roadsides, curling around fences, along the edges of fields and sometimes in hedges and gardens. It stinks something awful if it's disturbed. Next: broad-leaved plantain.



37
12 IV 78

Ben F. From:
This stuff is all over the Coop. The poison in it is belladonna. We actually have a motion on the books requiring members to pull it up when seen. It's most common along back fences in courtyards, and in hedges.

N.M.

ANNUAL REPORTS

AT THE JUNE GENERAL MEETING.

See You There!



EDUCATION

The Education Committee continues to meet regularly every Monday night. The end of March marked the end to the formal education project and our two hard working employees were laid off.

Karen Christopher successfully reorganized the Pet Committee and leaves behind the beginnings of an active food co-op. One of Karen's last, and biggest, jobs was the organization of a door to door canvass of all co-op members. Most important of the information gathered is that which will constitute a Who Does What file.

When the canvass is complete the Education Committee will be establishing a central skills bank to be used by anyone looking for volunteers with co-op business. Centralizing this information should ease the way of anyone in need of willing helpers.

If you haven't yet been canvassed, you will be.

Barry Stevens worked long and hard on the production of three manuals. The Membership Committee and Residents' Council now have reference manuals outlining their policies and defining their responsibilities.

Barry also researched and wrote a members' handbook. This work covers Bain's history, our goals as a co-op, our financing, the General Meeting, all of our committees, our rules, regulations and policies and what responsibilities we all have as members of the co-op. The final editing of the Manual is in the hands of a committee of Residents' Council members. Soon to go to press, it should be available for all members by the first of June. Ask for it when you pay June's housing charge.

Recent and Continuing Activities

The Committee is most interested in reaching co-op members and especially new members, with information on how the co-op works, and how to involve oneself in the co-op in a manner which is meaningful to each person.

We maintain a close liaison with the Membership Committee and are given the names and addresses of all new members of the co-op. We are presently organizing a list of volunteer welcomers. Welcomers will be asked to visit new members, answer any questions about the co-op and the neighbourhood, and invite the person to attend a general meeting with them.

Every two or three months the committee invites all recent new members to an informal evening of co-op talk.

Our first gathering was held on April 24 at the home of John and Carolyn Megill, 8 the Maples.

New members were asked their opinion of the co-op and how they saw themselves fitting in. Information was available on all the Committees, what they do and what they look for in volunteers. We talked about the general meeting and how someone who does not want to attend committee meetings can help out in the co-op.

It proved to be a useful and enjoyable exchange of information and points of view.

Our next meeting will be held during the first couple of weeks of June and anyone is welcome to attend. If you're interested, call the Education Committee number on the back of the Newsletter.

We are always looking for new people to join our committee and share their ideas on co-op education. If you're interested in attending (one meeting does not to a lifetime commit you) call for information on time and place.



MAINTENANCE COMMITTEE ALL STARS

It is a pleasure just to walk into the Co-op office these days. Just take a peek at Pat LeBrun's office, and keep your smile! Green grimy walls are gone! Note the carefully painted cream walls and fully refurbished interior.

Thanks go to Norm Miller of 10 the Cedars.

Norm has also found time to clear back basements and rake and brush away old rubbish from the Cedars courtyard laneway.

Norm attends school full time, and he is the one responsible for our ultra-clean and neat laundromat. Lucky Bain!

QUOTES OF THE MONTH



- " I just went in and got my machete."
- " Was your nose stuffed up this morning?"
- " They've torn the leaves off my tulips!"

May 12, 78



FIRST and SECONd IMPRESSIONS
by Clara Hirsz

Lost among the Maples, then Lindens, finally the Oaks, sidestepping abandoned tricycles, spring puddles and winter dung, I find 'my place', SI the Oaks;-just a niche in the rows of doors and windows;-rows of black, peeling green, and brick. This will be home.

My first impression of Bain was one of slight unease. The layers of dogshit becoming visible as the snow melted were not only unsightly, but required full attention when walking. I wanted to carry around a pair of rubber boots to don when approaching the mini-lake that appeared on my walkway. Rumours of the noisiness and constant demands to volunteer made me leery of the Co-op. And, finally, my apartment needed a lot of work.

But I did move in, and I'm writing to say that I'm more than pleased. The dogshit disappeared with the rains, the puddles dried with the passage of spring and the only noises I contend with now are tricycle races and sounds of children laughing, fighting, discussing, playing. The demands for help are a necessary part of Co-op living, and the time I devote to helping out is often pleasant and rewarding. If I don't have the time, I simply say NO.

I have been here about a month. In that time I have met quite a few people that I can greet and invite for tea. Children stop me to check out haunted houses, admire kittens or go to magic shows.

For now it's what I've been looking for. Sometimes I'm disappointed in the lack of co-operation and willingness to share some of the labours; but on the whole I feel like an individual living in a community. The anonymity of Toronto is buffered by Bain.

Cleaning back-basements was no fun but it was a medium to meet people and to do a necessary job. Raking and cleaning the courtyards brought out folks from winter hibernation and felt like a pagan rite of spring.

So here I am content to drink coffee in my porch, look past the Oak trees ready to bloom, and watch two kids pick a fight, while little sister picks her nose with disinterest.

NORTH MAPLES Courtyard Report

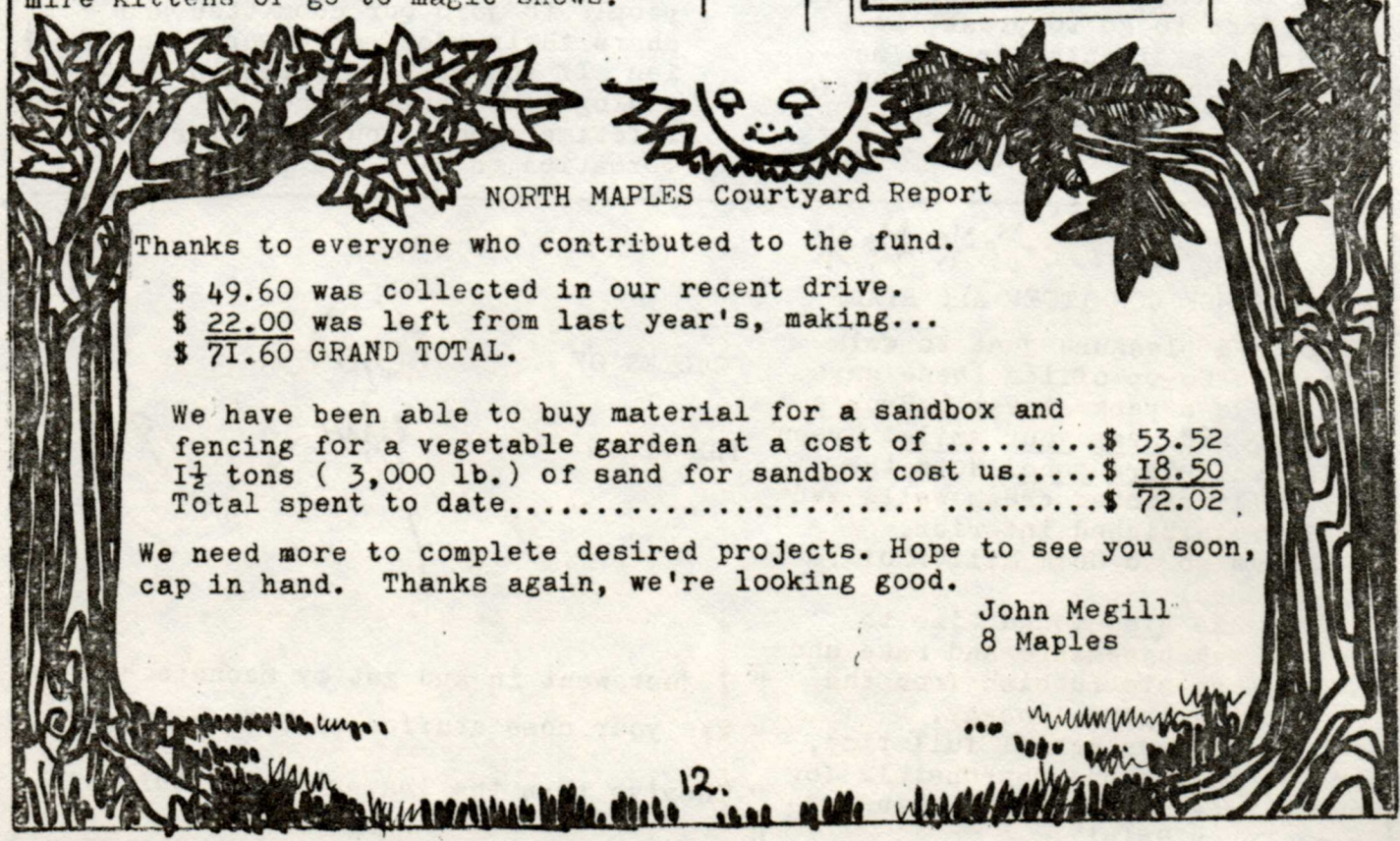
Thanks to everyone who contributed to the fund.

- \$ 49.60 was collected in our recent drive.
- \$ 22.00 was left from last year's, making...
- \$ 71.60 GRAND TOTAL.

We have been able to buy material for a sandbox and fencing for a vegetable garden at a cost of\$ 53.52
 1½ tons (3,000 lb.) of sand for sandbox cost us.....\$ 18.50
 Total spent to date.....\$ 72.02

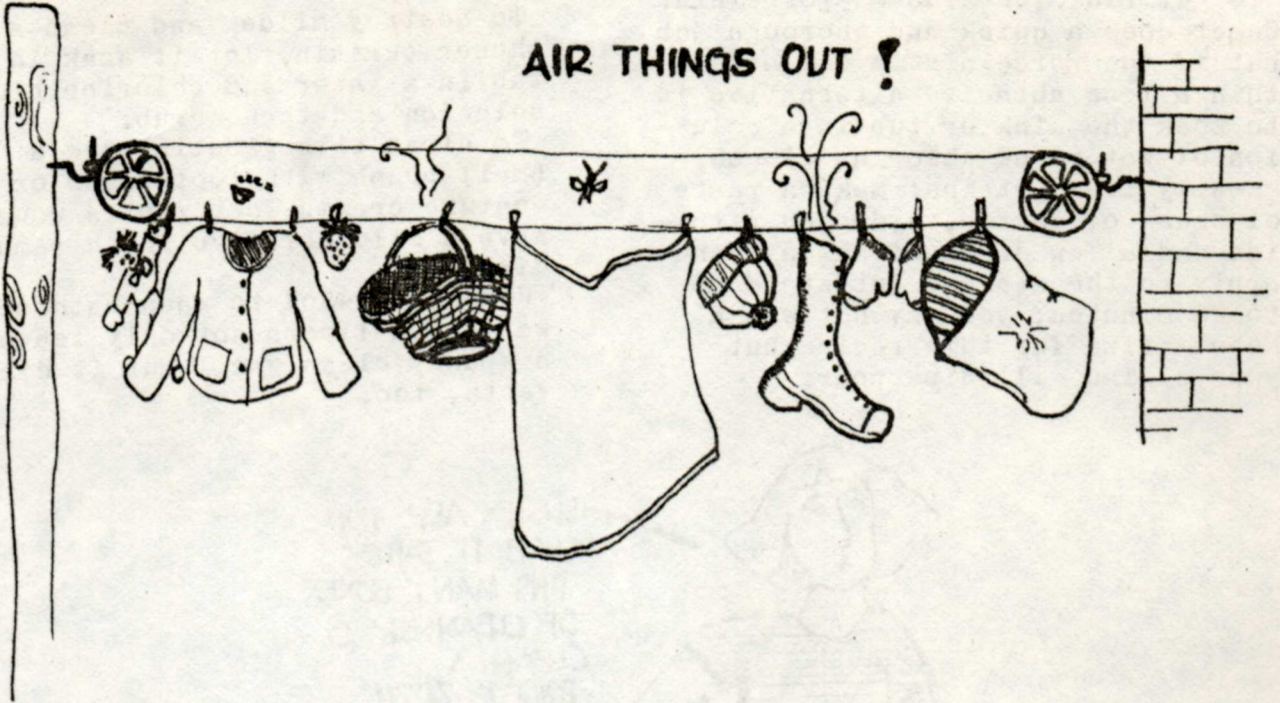
We need more to complete desired projects. Hope to see you soon, cap in hand. Thanks again, we're looking good.

John Megill
8 Maples



May 12, 1978

AIR THINGS OUT !



Now that the big cleaning chores have been tackled, it's time to begin whittling away at all those nifty-pikity cleaning jobs you keep putting off.

After all, you may as well do it now while you're still dressed for the job and chomping at the bit for more work to do!!

Upholstered Furniture

Commercial cleaners available to the consumer make home cleaning of upholstered furniture relatively easy and inexpensive. The only problem encountered with the above products is that any residue left on the furniture after the cleaning process tends to rot the fabric in time. So, the user should be extra diligent in vacuuming up any residue left on the upholstery.

TOOLS: Upholstery cleaning product, sponge or brush.

Wood Furniture

Natural wood furniture needs a face-lift, especially after a winter of dry central heating. One commercial product I have used, and highly recommend to help clean natural wood and replace lost moisture is "2nd Nature." It also removes old wax and hides scratches.

TOOLS: Cleaner and a clean cloth.

Toothpaste on a wet cloth can be used to remove water rings on furniture.

Brown shoe polish may be used to conceal scratches;- wait a minute after applying, and polish with a soft cloth.

Mattresses

While you're tackling the major wall cleaning and have the windows open to air the apartment, why not prop your mattress up to let the air circulate around it, too.

Blankets, Sheets, Curtains

Now's the time for that massive laundering. Send all those wool blankets off to be dry cleaned before storing them for the summer months...OR, if they're machine washable, add one cup of mathballs or crystals to rinse water and blankets will be protected for the season.

Have a white day! Pack up all those dingy grey sheets, dish towels and curtains, and hie thee to the laundromat (or, for those who have one, to the washer in the basement,) with detergent and bleach. Cut a finger from an old rubber or cotton glove and place it over the end of a curtain rod;- makes it easier to insert the rod in those spanking clean curtains without catching on the fabric.

Pillows

Most of the foam filled varieties are machine washable, but read the label to make sure. They should go into a dryer at a COOL setting. (Obviously not a Bain co-op dryer.)

To wash feather pillows, place them in the bath and rub with shampoo and water. Then jog on them. Result: clean pillows and good exercise.

Babysitters 466 2186
REGISTER NOW
Helga Steyer (Bain Office)

Bathroom

To get rid of stains on porcelain: Comet does a quick and thorough job but if the porcelain is old and thin a less abrasive alternative is to soak the sink or tub in a solution of water and chlorine bleach.

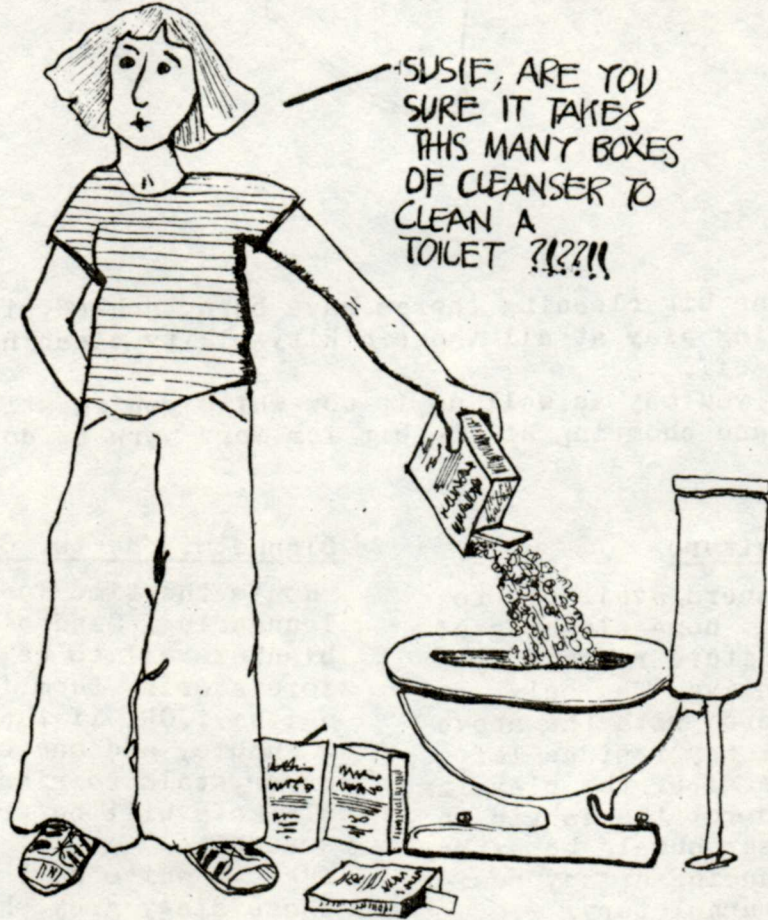
Really tough stains: make a paste of cream of tartar, hydrogen peroxide and a few drops of ammonia and apply to the stains. Let stand 15 to 20 minutes; you may not win a Nobel prize for this recipe but your stains will disappear.

Shower Curtains

To destroy mildew and clean a shower curtain, let it soak in the tub in a water and chlorine bleach solution and then scrub.

To clean tile grouting use a small brush with toothpaste or denture cream. Toothpastes usually have a mild abrasive which removes dirt.

Using Pine-Sol to wash bathroom walls and floors not only leaves a spunky clean smell but it disinfects, too.



To remove mold and mildew around tub-tile enclosure:

Step 1: Use furniture cleaner and scrub with clean brush. After scrubbing, wipe away all the cleanser with cloth rags. This procedure removes body oils and soap from the walls.

Step 2: Remove mildew fungus by mixing 1 gallon tap water with 1 cup floor detergent and 1 cup chlorine bleach. (use rubber gloves!) Scrub walls using a small scrub brush in corners and hard to reach areas. Let set one hour. Scrub again with same mixture and then wash off thoroughly with clean water. Let walls dry completely.

Step 3: Apply a light coat of pure lemon oil furniture treatment with a soft cloth to seal the area. Let dry overnight. Special attention should be directed to grout joints and corners.

Whew! I'm glad I don't have any mildew.

Medecine Cabinet

Now is the time to clear out all those out of date potions and elixirs you've been collecting since your first attack of indigestion.

Throw out all prescription medicines over one year old. Check the expiry dates and keep only those products you know you will use.

When throwing out medecine it is best to flush all liquids and pills down the toilet rather than in a garbage bin where children might find them.

KITCHEN

Stainless Steel: To remove stains and disinfect your cutlery at the same time as your sink, soak your cutlery in your sink in a solution of Javex and water. This really does a super job on tea-stained spoons.

Small Appliances: Fantastic, Windex, etc., all do an excellent cleaning and shining job when applied with a clean soft cloth and buffed afterwards with another soft clean cloth. Lemon oil does a superb job with very little elbow grease.

Cupboards and Contents: These should be cleaned out at least once a year to remove greasy dust which collects on shelves and on infrequently used dishes and glassware. After washing down shelves lay down some zingy shelf paper to wake you up in the morning when you reach for the coffee.

Why not put those unused leftover saucers to good use-smash them to pieces in a paper bag with a hammer and use the resulting crockery bits for drainage in house plant pots.

Silverware: Any commercial silverware cleaner will do the trick, or, soak silverware in bleach for one minute then wash in hot soapy water. Toothpaste also removes tarnish.

Nail polish remover on a damp cloth will remove purple price mark stains from counter tops.

Oven and refrigerator cleaning have been dealt with extensively in a previous article, so only a few comments here:

Make your own oven cleaner as follows: Mix one cup white vinegar with enough baking soda to make a spreadable paste. Spread over the entire surface of the oven and leave on for 15 to 20 minutes. Wipe with a damp cloth. Rinse with warm water and a clean cloth. It's both safe and odorless!

Simplify the job of oven cleaning by removing one rack permanently. It's rarely used and can be inserted as needed.

Clean under the refrigerator and stove without moving them by using a long snow removal brush sprayed with furniture polish. Pass the brush under the appliance and dust and grit will adhere to the bristles. The same brush is also excellent for cleaning between radiator coils.

Closets and Drawers

Open all closet doors and pull drawers open to let that crisp fresh air circulate while you sort and stack. Remember Bruce Harding and his Second Hand Store can use all the goodies with potential that you're contemplating pitching out.

Sticky drawers? Remove them and rub bottom edge and runners on the furniture with wax, or slide some wet soap over the edges to make sticky drawers glide more easily. Hairspray on hinges unqueaks creaky doors.



YOU'LL BE THE DEATH OF ME
a short story by
Young Child.

Once upon a time I had my own back yard. I was happy there and it was safe to play and have fun. I had a big tree with a tire hanging in it, and my friends and I would swing in the sunshine.

One day my Mother and Father told me that we had to move to a Co-op on Bain Avenue. The first thing I noticed when I saw the place was that there were no back yards. I was very sad.

"Where will I play now, Mommy?" I asked.

"I don't know," she said. "We'll find a place."

Well, it's been a few years now and it is true; I did find a place. The sidewalk!

There are big grassy courtyards here but they are here mostly for the grass.

I don't understand it, because I thought that God made grass for

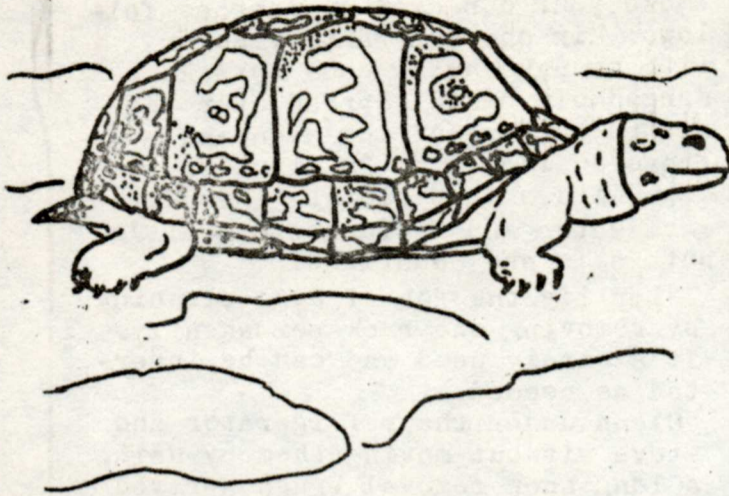
his children to play in, and yet we are treated as though the grass is more important than we are. There is no place around here to play ball unless we walk up to the school yard or to the park, which is a block away.

My big brother doesn't mind walking that far, but my mother has a hard time calling him for supper. Mommy has to take care of the baby, clean house, and cook, so she can't be in the park with me all day; and I'm too small to go alone.

I guess until Jesus comes back and shows how important we are, the grass will be mostly for show. Until then we'll have to enjoy a world of cement sidewalks.

I hope none of us gets hit, because the road is very near, and sometimes we're so busy playing we forget to look where we're going.

a Small Child of God



I think that I could never get
A poem as lovely as my pet.
Bright of beak and fine of feather,
He will sing in any weather.

When the time comes for Pet Census
It is he who represents us.
(It came as a surprise to find;-
To indoor pets the Co-op is blind.
No leaping lizards, budgies, frogs,
They only counted cats and dogs.)

So if you ever wished a wish
For them to count your flying fish,
Drop us a line, or better yet,
An article about your pet.



Due to the overwhelming lack of response to our requests for a Gardening Issue we are left with two well-researched articles by Norm McKinney and some other information also submitted by Norm, which we will leave in a file in the Office. (Recommended Reading.)

We ask all gardeners to take a few notes and send them to us after the season. Any information that you have gathered will prove very helpful to your neighbours.

All residents must be impressed with the show of bulbs throughout the Co-op. Thanks to all bulb planters for your foresight.

Albert Hansford of 78 Bain has transplanted marigolds into his front garden, which means at least one resident has no fear of frost.

If you aren't already hooked, we recommend Crockett's Victory Garden by James Crockett, and The Postage Stamp Garden Book by Duane Newcomb.

The first is a large paperback and the second is available from Riverdale Library whenever I don't have it. Remember that the back of any seed package will yield

sufficient information to get those seeds out and sprouting, and a seed catalogue will be information overload.

Most residents ask about planting in the shade... Burpee Seed Catalogue recommends the following flowers for partial shade (3 to 5 hours each of sunlight and shade:) Ageratum, Begonia, Bleeding Heart, Coleus, Daylily, Ferns, Forget-me-Not, Impatiens, Nicotiana, Pansy, Viola. Also Boston Ivy for wall coverings, and Azalea for breathtaking spring colour in foundation plantings. Norm notes that for morning sun, you could try crabapples, viburnums and peonies, and that azaleas, tree peonies, Oregon Grape or silver-lace vine are the best bets for areas which get their sun in the afternoon.

Also from Norm comes the information that places with NO direct sunlight at all can still be provided with a little bit of colour by planting lilacs, ferns and early spring bulbs.

COSY COOKIES

While some people will argue that the purpose of the gastronomic extravaganzas that grace the meetings of the Newsletter committee is to loosen the tongues of the participants, on the days that we print, special delicacies are required.

Fully aware of its reputation for excellence in this field, the Committee recommends these wholeheartedly.

Gerry calls them Cosy Cookies, and we think they're the perfect thing for curling up with the A B Dick.

- ½ cup butter
- 3 tbs. honey
- ½ tsp. vanilla
- 1 beaten egg
- 3 tsp. sour milk
- ½ tsp. salt
- 1½ cups rolled oats
- 1 tsp. cinammon
- ½ cup mixed, chopped nuts
- ½ cup raisins
- 1 cup whole wheat flour
- plus ½ tsp. soda.

Start from the top, mixing in 1 ingredient at a time. Roll into balls, press flat on a cookie tray and bake at 350 F (pre-heated) for ten minutes.



May 12, 1978

ANNUAL MEETING OF THE CO-OP HOUSING
FOUNDATION OF CANADA

Housing co-operators from across the country assembled in Edmonton, Alberta on April 14, 15, and 16 for the 1978 annual meeting and conference of the Co-op Housing Foundation of Canada.

Located in Ottawa, the Co-op Housing Foundation is a national organization of housing co-operatives, regional resource groups (which develop new co-ops and assist existing ones) and individuals involved in co-op housing. It was set up in 1968 under the auspices of the Co-operative Union of Canada, the Canadian Labour Congress and the United Church to promote the development of co-operative housing in Canada.

Since then it has played an active role in increasing public awareness of the co-operative alternative, making information available to co-ops and securing necessary legislative changes to facilitate their development.

For a number of years, C.H.F. was funded entirely by its sponsors and by C.M.H.C. After changes to the National Housing Act in 1973, the number of co-ops in Canada increased significantly and in 1976 it was decided to convert the Foundation into a membership organization and reduce its dependence on its initial sponsors. The time had come for C.H.F. to be controlled by the movement it had helped to generate. A membership drive was begun and the Foundation now consists of forty-one member housing co-ops, thirty organizational members (resource groups, credit unions, labour unions, etc.) and fifty-nine individuals (non-voting, associate members).

Bain joined the Foundation in 1976 in order to support the movement and to keep in touch with other housing co-ops. As a voting member, we were represented at this annual meeting by Alexandra Wilson.

Delegates to the meeting had an opportunity to find out about C.H.F.'s activities in the past year. 1977 saw a large increase in membership and an end to the Foundation's financial insecurity for the time being. C.M.H.C. had decided to cease its funding, but after long negotiations changed its mind in December and agreed to continue its funding if C.H.F. embarked on an education and training program for housing co-ops. C.H.F. has since been granted \$143,000. Members are now contributing \$30,000 in

dues.

The Foundation maintained close contact with the resource groups during the year, helped to organize a new resource group, and acted as the resource group itself for a new housing co-op in Ottawa. It continued to ^{provide} support and a voice in Ottawa for existing co-ops and to build an information network among groups across the country. General promotion accounted for a large part of its activities as well as liaison with governments, other co-ops and other organizations. An important activity was the organization of conferences bringing together people involved in co-op housing from across Canada to discuss common goals and problems. In June a retreat was organized to consider the future of the co-op housing movement and the ways to strengthen it. A special membership meeting was held in November to discuss major issues of concern to the sector including the provincial tri-partite (rent supplement) agreement, proposed changes to the operating agreement (part of every co-op's mortgage with C.M.H.C.), the introduction of restrictive management requirements by C.M.H.C. and financing for co-operatives and resource groups. Several committees were struck to co-ordinate C.H.F. strategy in these areas and to negotiate with C.M.H.C.

In the coming year, C.H.F. will continue with the above activities and begin its education and training program. Lobbying activities will become increasingly important this year; as delegates to the annual meeting learned, C.M.H.C. has introduced further restrictive regulations and major changes are about to be made to the federal program which will make it difficult, if not impossible, to develop new housing co-ops.

On Friday evening and Saturday morning, delegates heard some suggestions on possible structures for C.H.F. and participated in workshop discussions on alternative financing, ties between housing co-ops and the rest of the co-op movement, ways to make co-op ownership as advantageous as individual home ownership without providing equity, how members in a housing co-op can co-operate beyond the provision of shelter, the need for membership involvement in co-ops and the ways to increase it. A number of resolutions were adopted for implementation by the Board in the coming year and representatives from individual co-ops took home some good suggestions.

Saturday afternoon and Sunday morning were devoted to the business portion

of the meeting. Reports were heard, financial statements accepted, bylaw amendments passed, auditors appointed for the year and several new directors elected. There are now more residents of housing co-ops on the board.

A dinner was held on Saturday night for members of the C.H.F. finance committee and representatives of Canada's financial co-operatives attending the meeting as observers. The groundwork was laid for future discussion on mutual co-operation between the two sectors. This was an important step, since, as is now clear to most people in the movement, if co-op housing is to remain a viable alternative in the long run, it must seek out sources of non-government financing. Links must be forged now with the broader co-operative movement if we are ever to become autonomous.

As much as it was a chance to assess the state of the movement and to plan for the future, the C.H.F. annual meeting was an opportunity for housing co-operators to meet each other, share their experiences and re-energize. It is easy to feel pessimistic when we are isolated in our local co-ops. So the informal discussion over meals and between meetings and a trip to Keegano Housing Co-op on Saturday night were reason in themselves for going all the way to Edmonton.

✓ Tool and Toy Pool. ✓

The Riverdale Community Tool and Toy Post is about to open for business. Application for incorporation has been filed by the group, and as soon as approval comes through, operations can begin.

The aim of the tool service is to provide tools to members of the Riverdale community at nominal rental costs, with instruction and advice on how to use them safely. The inventory includes a wide assortment of carpentry hand and power tools. You can rent such things as handsaws, wrenches and hand drills for 50¢, or power sanders and saws for about \$4, and even floor sanders and wallpaper steamers for about \$12. All rentals are for a period of three days, and the service extends to all members of the community. It is now housed at 731 Queen St. E. Don Rahimi is the tool co-ordinator, and Jennifer Kaponeridis will run the drop-in centre. Both can be reached at 463-5914.

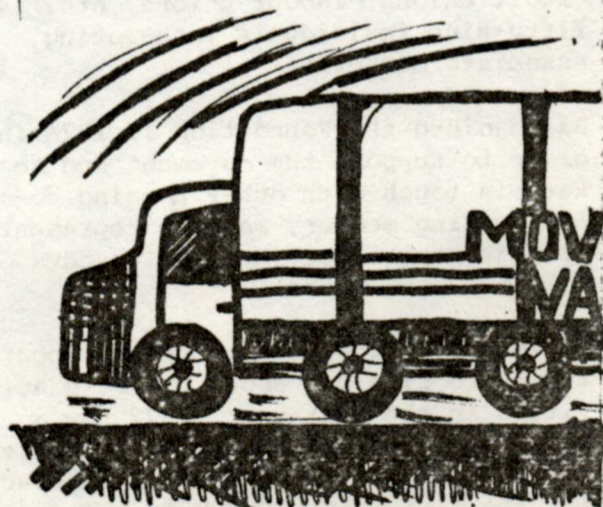
(from Ward 8 News.) (by Dan Rahimi.)

FEDERATION REPORT

by Pirkko Wiggins

On April 12, I attended the regular monthly meeting of the Co-op Housing Federation, Toronto branch. Items on the agenda were;

- I.a) sending a delegate to Brooks Co-op to shed light on conflicts there.
- b) staff power is a topic for our next members' forum.
2. Deadline for membership fees is June 30, 1978 in order for co-ops to remain voting members. The future deadline is March 1.
3. Dave Jackson spoke on the role of the Co-op Housing Foundation of Canada, and he was appointed Federation delegate to the CHF annual meeting in Edmonton, April 14-16. He will report to the meeting May 10.
4. A slide file of member co-ops is being compiled. Bain is to send one.
5. Neill-Wycik student co-op was accepted as a member, and provided with information on the family compact of Federation member services.
6. One new Board member plus four old faces: acclaimed Roy Hodgson Larry Squire, Nigel Weaver, Ed Crowe and Mark Minchel.
7. Individual co-ops should approach Liberal MPPs in their ridings to get support for co-ops, phone in to radio talk shows and write letters to the editor of major newspapers.
8. That the head office of the Co-operative Housing Federation of Toronto be moved from 25 Eden Place to



299 Queen Street West,
Suite 501,
Toronto.



May 12, 1978

GEE TO THE RIGHT

by Alex Laidlaw

(Written for the April issue of Atlantic Co-operator. Alex Laidlaw is one of Canada's foremost writers on co-operatives. His latest book is Housing You Can Afford, Greentree Publishing)

Many years ago, as I remember, when young fellows were being taught to drive a team of horses, the first rule given to them was: Gee to the right, and Haw to the left. So we memorized it: Gee to the right; -haw to the left.

At the present time, the command I hear on all sides is: Gee, Gee; - for the whole nation seems to be turning to the right. The political trend is towards the right; current economic thinking is veering farther to the right; social teachings of the left are having a hard time of it. Haw is going out of style in Canada. Reaction is in the air.

Why? Because the whole country is beginning to be in the grip of fear, cold fear, brought on by the prospect of another depression. Indeed, for many Canadians who never knew what the Great Depression of the 1930's was like, the new depression has already begun. Official figures set the number of unemployed at over a million, but it is widely believed that the actual number is much higher.

In the affluence of the past 25 years we were led to disbelieve the reality of depression, and anyway, economists have been telling us it could never happen again. Those of us who started to work around 1930 try to describe depression conditions to the young generation, but they look at us with a strange grin, as if they were listening to fiction and tales of fancy. No use telling them the economy was on the road to sheer madness and that a day of reckoning was on the way.

Well, here we are back facing some of the conditions familiar to those of us who can easily recall what it was like in the 30's. Jobs are getting harder to find. People are beginning to shudder at the thought of University students coming into the job market a few weeks from now and finding nothing. The majority of young men and women looking for work may have to

set aside their dreams, and they will become disillusioned and glum.

Those who find work will be glad to have a job, any job at all, and will be inclined to keep quiet. The spirit of dissent will be dampened. A new struggle for survival will begin and conformity will be the order of the day. For those who succeed, silence will become a virtue and men will hold their peace rather than speak out. A new McCarthyism will freeze the courage of all but the bravest. Animal instincts that promise survival will come to the surface.

Already we can see ominous signs of what the next decade may have in store for us. Government is being told to go easy on regulations that control pollution. We must have jobs at any cost, for muck makes money. Immigration laws have to be made tighter and it is whispered about that "foreigners are taking jobs from good Canadians."

There is backpedalling on welfare measures and new demands for a means test in order to qualify for social security. Word has gone out to get really tough with unemployment insurance applicants, and officials who formerly winked at people taking honeymoons on U.I. benefits are now throwing the book at everyone who is suspected of being an offender. OFY and LIP grants have already had the axe put to them.

We can see signs of a backlash against consumerism. Suddenly Ralph Nader is not the hero he once was. Any restraint on business is seen as bad since it may discourage production and cut down employment. The multi-national corporation is not a villain any more, and is relatively free to go its way as long as it provides employment, even under conditions hazardous to the lives of workers.

It is not hard to imagine the trends to expect as depression conditions get worse and persist. Welfare measures generally will be seen as a burden on the economic system, to be diminished at every turn and eliminated if possible. The more affluent will yell for reduction of income tax as a way to "stimulate the economy." Aid to international development will be seen as burdensome and superfluous. There will be witch hunts and searching for scapegoats. Labour unions will be pictured as dangerous to society and right-to-work legislation will be pushed in the name of freedom. The sweat-shop of days gone by may become half-respectable again. We shall soon hear that "what is good for General Motors is good for the country."

The hard-won battles for national health insurance and low-cost housing may have to be fought all over again. Indeed, the premiums for Medicare in Ontario have already been boosted by a third. Compassion may again be seen as a weakness in the social fabric, and the more reactionary ones in public life may yet be cheered for saying that welfare saps personal initiative and is a waste of public funds as well. Rugged individualism of the nineteenth century type will appear in new dress, and Archie Bunker will no longer be funny.

In the present gloom that is gathering about us, what advice can one offer to co-operators? Is there no hope? Is there no way we can help to divert the coming storm, or soften its fury?

In the first place, we must do all in our power to put the finger on the real villain, to make sure that those who suffer most from depression are not made to appear as its cause. It is not the unemployed and those in need of support from welfare who bring on hard times, but rather those who direct and guide, or misguide, the economic system. Co-ops and their members should come down squarely on the side of justice and decency and make sure that the victims of industrial capitalism are not blamed for its shortcomings and failure. We have all heard of the cost of medicare and social security, but who has calculated the astronomical cost of the Vietnam fiasco which all of us in North America must pay and continue to pay?

Second, co-operators would do well not to panic and jump on the reactionary bandwagon. Now is the time for men of good will to stand firm and continue to work for social justice and some sanity in economic affairs. Let us not throw overboard whatever vision we may have of a new society. For example, a depression, especially if it becomes severe and lasts for some years, may bring about fundamental reform of a money system which is bleeding a nation burdened with debt and high interest rates.

Finally, if we are on the verge of hard times, if we are about to slide into a depression, let us make sure that we don't also slide into a new kind of fascism, a Canadian variety of that evil, which can destroy the fruits of democracy and wipe out many of the gains made in the past. We better be careful not to Gee too far.



May 12, 1978

CULTURE COMES TO THE CO-OP

Ask not what culture can do for the Co-op, but what the co-op can do for culture. For one thing, you can join the Women's Cultural Centre, which is scheduled to open at 86 Lombard St. during the summer of '78.

The Centre will be a medium for women in the arts - a place for communication and growth.

The building being renovated to house this cultural co-op is the old Coroner's Building on Lombard St. in downtown Toronto. The three floors will be transformed into an art gallery, a reference library and reading room, a film theatre and lecture hall, studios and workshops, and a cafe to be used as a meeting place for everyone interested in communication and action in the arts.

The Women's Cultural Centre needs members (a mere \$10.00 a year), donations for the building fund, and volunteers to help get it on the road. Everyone is welcome to get involved. Please phone 363-7698 for information, or send in your cheque of \$10.00 or more for membership to 86 Lombard St., Toronto, Ont.

We wish to thank the folks at Withrow School for passing on the following piece of information.

This is the time of year when everyone comes out after a long winter indoors, and not everyone is as careful as they should be.

It takes a complete effort from every one of us to make sure that residents here at Bain, both young and old, remain free of accident this year.

DO YOUR PART TO KEEP ELMER FLYING.

RIDE, DRIVE AND WALK SAFELY

AT ALL TIMES.



"TO SERVE AND PROTECT"

METROPOLITAN TORONTO POLICE

TRAFFIC SAFETY

590 JARVIS STREET
TORONTO, ONTARIO, CANADA
TELEPHONE 967-2181



SCHOOL PEDESTRIAN and CYCLIST REPORT

FOR MARCH 1978

IN METROPOLITAN TORONTO

MONTH SCHOOL YEAR

TOTAL AT-FAULT SCHOOL-AGE CHILD ACCIDENTS

49

312

A: What they were doing

	MARCH	TO DATE
Failed to look all ways	13	62
Crossed from between parked cars	9	72
Careless cycle riding	2	36
Played in roadway	7	21
Ran while crossing road	18	118
Improper walking where no sidewalks	-	3
	<u>49</u>	<u>312</u>

B: Where they were

ACCIDENT OCCURRED:	MID-BLOCK		INTERSECTION		TOTAL	
	Mar.	To Date	Mar.	To Date	Mar.	To Date
On way to school	5	32	2	11	2	48
On way from school	13	66	2	26	15	92
Other	20	120	7	52	27	172
	<u>38</u>	<u>218</u>	<u>11</u>	<u>89</u>	<u>49</u>	<u>312</u>

C: Age group

	Mar.	To Date
4 to 6 years	12	102
7 to 9 years	22	104
10 years and over	15	106
	<u>49</u>	<u>312</u>

CITY AND BOROUGH	ELEMENTARY SCHOOLS	ENROLMENT	TOTAL ACCIDENTS FOR		TOTAL ACCIDENTS FOR SCHOOL YEAR TO DATE	
			1977	MARCH 1978	1976/77	1977/78
TORONTO	150	78,370	21	16	123	125
NORTH YORK	171	70,802	12	7	58	48
SCARBOROUGH	160	67,059	10	12	66	63
ETOBICOKE	100	40,651	5	8	44	38
YORK	41	20,508	9	5	29	29
EAST YORK	20	8,886	-	1	15	9
TOTAL	642	286,276	57	49	335	312

FATAL: March 0 To Date: 2

WGT:la

Let's work together for safety. Inspector W. George Thompson

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.	SUN.
15 • MAINTENANCE	16 • RESIDENTS' COUNCIL	17 • FINANCE	18 • FOOD COOP	19	20	21
22 • FULL MOON 8:17 AM EST. • EDUCATION • MAINTENANCE	23 • SPECIAL GENERAL MEETING. (Grades of Order)	24 • RENOVATIONS	25 • FOOD COOP	26	27	28
29 • MAINTENANCE	30 • RESIDENTS' COUNCIL	31 • FINANCE	JUNE 1 • FOOD COOP • NEWSLETTER	2	3	4
5 • EDUCATION • MAINTENANCE	6 • RESIDENTS' COUNCIL	7 • RENOVATIONS	8 • FOOD COOP • NEWSLETTER DEADLINE!	9 • QUEEN ELIZABETH'S BIRTHDAY (OFFICIAL)	10	11
12 • MAINTENANCE	13 GENERAL MEETING	14 • FINANCE	15 • FOOD COOP	16 • NEWSLETTER PRINT	17	18 FATHERS DAY

MEETINGS THIS MONTH!

- OFFICE - 4662186
- RESIDENTS' COUNCIL - JUDY HAVEN 4615260
- EDUCATION - CATHY BEECRAFT 4659041
- FINANCE - HELGA STEYER 4656252
- RENOVATIONS - SUSAN McNAMARA 4653955
- MAINTENANCE - BRUCE HARDING 4654064
- NEWSLETTER - BEN McNALLY 4652615
- FOOD COOP - GENYA HAVRACHYNSKY 4659922
- APPEARS - DANE SAIBIL 4653907