



Senior Citizens lounge opened at 41 Oak, Jan. 21

Two new panelled rooms in the basement of 41 Oak Street were crowded to capacity on the evening of January 21st, when entertainer Billy Meek (of television "Pig 'n' Whistle" show), singer Violet Murray and musicians Pete Dymont, Billy Alford, Jimmy MacDonald and Terry Quinn all turned up for the formal opening of new recreational space for senior citizens in north and south Regent Park.

The senior turned out too -- about 150 of them. They were welcomed by member of the executive committee of Regent Park's Senior Citizens Busy Bee Club, who arranged the evening, Mrs. P. Barrett; Mrs. Elva Carr; Mrs. Olive West; Mrs. Hazel McAuley; Mrs. Jennie Avery and Alfred Axworthy. During the evening Mrs. West presented a corsage of red roses to Mrs. Kay Meek, mother of the popular Billy.

Busy Bee president, Harold West began the festivities with a vote of thanks to the Ontario Housing Corp, which financed construction of the two rooms from previously unused space in the basement. Attractive lounge furniture, also from OHC in on order, and a New Horizons grant has provided a new piano - much in use on Tuesday nights - and a stereo set. Two elevators and four external stairways serve the area. The rooms each include kitchen and washroom facilities. They will be used for parties, games, movies, meetings and handcraft sessions and are for the use of all senior citizens in Regent Park. Three representatives of the RPCIA we on hand to see the new rooms opened, Janet Ross, president, H. Jackman, project manager and co-ordinator Simon Mielniczuk. Mrs. S. Holmes represented the Services Unit and there were five representatives from OHC, John Darcy, District Manager (who was coaxed into donning an enormous tax and playing an accordion duet with Billy Meek), R. Scott, East Metro Regional Director, Bob Bradley, Community Relations, Director; M. Maloney, Area Supervisor for North Regent and Mrs. M. Waterson, CRO, who first saw the possibility of using the basement space for recreational purposes.

The traditional red ribbon was cut by Mrs. M. Scrivener, MPP. Other guests included Rev. T. Mc



Newly discovered Regent Park talent, John Darcy, OHC District Manager, accompanies Billy Meek on a wee bag pipe concertina duet.

Kenna of St. Pauls Church, V. Bluman of Regent Park United Church, Cathy Dowdall of New Horizons and Mrs. Y. Byrnes, representing Donald S. Macdonald MP for Rosedale.

The evening was a resounding success. Billy Meek told jokes, danced little jigs, did an imitation of Charlie Chapling and kept everybody delighted. Later when refreshment were served, he mingled with the club seniors still joking away. Surprise guest Violet Murray in sequins and ostrich feathers, sang a number of old favorites. Peter Dymont played Strauss waltzes and gypsy music on his violin and Des Ryan

Community Guardian led a brief sing song. Fred Penn the Busy Bee's own popular musician, thanked Billy and his group. Now that the new rooms are ready, the Busy Bees hope to put them to good and frequent use. John Darcy expressed everyone's thanks to Clint Coulter, Maintenance Supervisor who planned and supervised the whole project.

The next General Meeting of the Busy Bee Club will be held Wed. Feb. 5th at 2 p.m. in the lounge at 41 Oak Street.

Regent Park LIP receives \$26,715

The R.P.C.I.A. is pleased to announce that we have been granted a L.I.P. grant of which we were the second largest grant in the Toronto Area. Our original request was for \$52,846.00 for the use of such programs as, Emergency Counselling Project, Community News, Tenant Management Program Assistant, Life-line program to provide increased communications elderly and handicapped tenants and Consumer Education Program.

All the Areas asking for grants were given less money, of over fifty grant requests submitted in Rosedale about half were approved.

The R.P.C.I.A. was approved the sum of \$26,715.00 about half what we asked for. This was used to hire a staff for our R.E.A.C.H. program. Hired were the following: Cory Wyngaarden, Janet Ross, Bill Bazkur and Stephanie Wilson. Also hired for the Community Newspaper were the following: John Bamford, Clara Little, Marjory Campbell, Gloria Forgrave as bookkeeper and Lynda LaCosta as Secretary.

As we progress in all our fields of endeavour, we will keep you informed through our Newspaper.

John Bamford.

Regent Health Centre Extends Hours

If you have read the article about the services now available at the Regent Park Community Health Centre or if you are already a patient at the Centre, you maybe interested to know how the Centre can continue to grow and develop.

Perhaps you have been at the Centre on an afternoon when the reception room was so full there wasn't even a seat left, and all the examining and treatment room were occupied. With our 1000 patients a month, this has happened on many occasions! The Ontario Housing has reserved an additional apartment next to the Centre to give extra space, but unless you are willing to ask to government to help out, there may be no funds made available to develop this space for your clinic. The Centre must develop and increase the number of patients which can be seen, and do a proper educational job for them. For this reason, a petition has been formed to thank the government for starting the Health Centre and asking if it would be so kind as to encourage the OHIP people to give sufficient funding to the Health Centre for next year.

Your Unit Rep will be contacting you shortly to ask your support in the Health Centre, by signing this petition. This is all you really have to do and it could make a real difference.

"DON'T FORGET YOUR VISIT TO THE REGENT PARK COMMUNITY HEALTH CENTRE" at 19 Belshaw Place.

Are you already one of the almost 3000 residents who have visited the new Health Centre? Did you know that anyone is most welcome if they have any question or problem concerning their health? The Health Centre was purposely

located almost in the exact centre of your community so that everyone living in the Park, whether North or South is no more than 5 minutes walking distance from the clinic. If you do not already use the Health Centre but are interested in doing so, ask one of your friends or neighbors who come to the centre for more details.

Did you know for instance that almost all the little "emergencies" such as cuts, sprains, burn animal bites, high fevers, vomiting, sick babies, and the like can be treated at the centre during its open hours?

The staff certainly would like to save you the trouble of making the big trip "downtown", although occasionally they will decide to send you down if necessary.

Naturally the doctors at the centre all deliver babies and together with the nurses give care during pregnancy and are delighted to look after your baby when it comes home.

Possibly you already know one of the nurses at the centre as well as your doctor, and you know that she can often get to the root of the problem by jotting down the details, doing a thorough examination as well as any necessary tests and discussing it with your doctor when he or she comes in to complete your visit.

This teamwork makes sense, because the nurse-doctor team can give a lot more thorough attention than the doctor working all alone would have time for.

And since you asked!!! what are the new hours at the Health Centre as of February 1st.

Monday to Thursday - 9 - 9 pm

Friday 9 - 5 p.m.

Saturday 10 am. 4 p.m.

Sunday 1 pm. - 5 pm.

During the week regular appoint-

ments are made between 10 and 12 in the morning; 2 and 5 in the afternoon; and 6 and 9 in the evening.

Nonetheless the nurses will be happy to attend to any urgent case that comes along, if someone is bleeding badly or comes in in desperate condition.

Please remember that on the weekends we will be working with a very small staff and cannot do routine checkups particularly on

Sundays. These hours are reserved to see people who are severely or suddenly sick or to recheck on patients with bad infections.

Although the Health Centre staff is small it is their goal to develop continually better service if at all possible. This is a task in which they require your help and co-operation. If we all work together it can be done.

Bob Caughill remembered

The people of Regent Park would like to express our deepest sympathy to Mrs. Caughill and Family. Bob Caughill was a Community Officer in Regent Park. Who worked in the field of helping teenagers and everyone. As a man he was respected by the adults, teenagers and even the very young in Regent Park.

In recalling the past most of us remember the incident when he was attacked by some men behind 63 Belshaw Place, and at this time some of the teenagers heard him calling for assistance. The teenagers replied by running and assisting Bob who they all liked and respected very dearly.

He was a good and understanding Community Officer, with everyone knowing him. Bob treated the people of Regent Park as real people. And the RPCIA speaks for all the people and especially the teenagers and children in the Regent Park Area.

Once again we express sincere sympathy to Mrs. Caughill and Family.

Clara Little

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Crises program here

"Reach" is a new LIP project funded under the auspices of the Regent Park Community Improvement Association (RPCIA). The sponsor of the two-fold project is Simon Mielniczuk. The project is two-fold in that part of the LIP funding is for a newspaper the "Regent Park Community News".

Reach is a crisis centre for the people of Regent Park. Individuals have the option of phoning or coming in person to the crisis centre. The drop-in lounge will be located in a room on the first floor of 44 Blevins Place. The room was formally used as the "Handy - Andy" employment office. Crisis involving depression, suicide, drugs, alcohol, personal and family problems will be dealt with in a constructive manner by the staff of "REACH". Discussion groups for interested tenants of all ages will be held daily Monday to Friday from 1:00pm to 3:00pm. A cross-referral system has been set up with professional agencies within the down-town core of the city.

The staff of "REACH" consist of Corry Wyngaarden as Director, Janet Ross as Assistant Director, Bill Bazkur and Stephanie Wilson as Counsellors. The staff are lay people, experienced in crisis situation counselling.

"REACH" will be open February 1st, 1975 seven days a week from 5:00pm to 1:00am. If you need us, come and see us, or phone in. We are here for you, just a "REACH" away.

44 Blevins Place 366-0110
Volunteers Welcome

RPCIA

DANCE MAR. 8

Regent Park Community Improvement Association will be having a St. Patrick's Day Dance Saturday March 8, 1975 at St. Cyril's at 8:30pm.

Increased cost of rentals, food and liquor has forced us to raise the price of admission to \$2.50 per person.

There will be a 25¢ discount on the admission price of tickets for RPCIA members.

Beer and liquor prices at the dance will remain the same.



Cutting the traditional red ribbon - J. Ross, M. Scrivener, M. Waterson, R. Bradley, R. Scott, J. Darcy, M. Maloney and H. Jackman.

Regent Park Old Boys Elects 1975 executive

New elections were held in November for the 1975 executive of the Regent Park North Old Boys Association. Elected was Joe Ganny, president, Neil Beaton, Vice President, Ron Horniblow, secretary, Roy Comper Treasurer, with trustees Ted Staniforth, Neil Tanner, Jack Hiltz.

Plans are now under way for an exciting season. Our memberships are now available with a bright new card and the Old Boys insignia on the top. A Giant Rummage Sale will be held at the Regent Park North Gym on March 8th.

We have secured our license for a 50-50 Draw and this will be under way immediately. Draw to be held July 6th. Applications will be sent around to all the tenants for membership in the Old Boys. Should you be missed, phone anyone of these representatives of the Old Boys and they will call on you. R. Horniblow 364-2963; Neil Beaton - 364-3037 Membership chairman, Joe Ganny-463-1644 (after 6 p.m.)

Any further enquiries please refer to any of the above three numbers. Wishing all the subscribers of the Regent Park Community News well for the upcoming year.

Ron Horniblow, Secty
Regent Park North
Old Boys

Salvation Army Program

There are some great things happening in the Salvation Army Regent Park Community Centre which could benefit you. These activities are for the entire family.

For the Ladies - Sewing classes held Thursday mornings 9:30 to 11:30. Typing classes are held

Tenant Management Message

THE CHALLENGE WHICH FACES THE PEOPLE OF REGENT PARK FOR 1975

1974 we began to travel on a road of assuming responsibility for the quality of life in Regent Park. We have travelled far during 1974. We have inaugurated the first Tenant-Management Program in public housing in Ontario's history. The Community Health Centre became a reality in our community, so can the Tenant-Management Program. This program which hires 24 Unit Representatives to help tenant with their problems are busily engaged in assisting tenant in solving the problems. The Service Unit and Adult Recreation Centre have continued to play a significant role in the development of the Park. These are some of the things which happened in 1974. We have begun to realize that much more need to be done if we are to make progress. Every tenant living in Regent Park must be prepared to make some form of contribution to their community. The incidence of vandalism continues to plague us. This must stop. Alcoholism, drugs must be fought for people can only improve their lot, when they begin to look at life in more positive ways. We have a beautiful community, but we must make it more beautiful by assisting other people solve their problems. Let us learn to respect the right of others to live in peace and quietness. Let us stop breaking lights, throwing garbage in the hallways, allowing children to run wild all over the building; letting small child or big ones pull fire alarms and turning on the fire hoses and destroying tenants apartments. These are signs of decaying moral values. Let us unite in an effort to improve Regent Park. We must realize that Unity in Strength, so let us go forward in 1975 to a greater and better things and then we can look back on our achievements with pride. We will all be proud of the things we have achieved.

Harold Jackman
Project Manager

Tuesdays and Thursdays 2:30 to 4:30 or 6:30 to 8:30 p.m. Courses run for 12 weeks and the cost is moderate. We have modern equipment and the necessary materials. If you can't find a babysitter bring your children and a nursery will be provided.

Teenagers - a "Drop-In" is open daily from 3:30 to 10 p.m. equipped with a colour T.V. billiards table tennis and table hockey. Swim and gym classes are held on Thursday evenings. A workshop and photography club will soon be operating.

Clothing Store - is open daily 1:30 p.m. to 3:20 p.m. Here there is a selection of new and used clothing and furniture at very reasonable prices.

For information call 864-9364 or come to 470 Dundas St. E. in the basement.

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Kiwanis Club Message

In 1921 the Kiwanis Club of Toronto established the first boys' club over a laundry and when the T.P. Lowlaw, merchant prince and philanthropist, became actively interested in this youth project so much so that in 1933, through a provision in his will, the Kiwanis Club of Toronto became the custodian of the Loblaws Charitable Trust Fund with the authorization to spend the annual income from an amount which exceeds \$4,000,000,000.

Through fifty-three years the Kiwanis Club of Toronto has provided a progressively planned program of health and education youth guidance, year round recreation plus summer camping, until now there is a total of 3 boys' and girls' clubs which serve some nearly two thousand boy and girl members between the age of seven to seventeen.

The Kiwanis motto is "We Build" and over the many years of operation it would be difficult to

evaluate the work done amongst the boys and girls of this area of Toronto. So many of our Dads and Mums in Regent Park have known the true value of our work and so many hold prominent positions in our society. Some of our members are policemen and we can not thank our #51 Division Station enough for always giving us their wonderful co-operation in guiding our youth to become first class citizens in this wonderful country of ours.

We have programs for ice hockey, gym, table tennis chess, bingo, rifle club, games room, cooking sewing kitting, arts and crafts stamp club, baseball, woodwork drama, leaders' corps, study room and a course on public speaking where a boy or girl member will be the recipient of a \$500. educational scholarship after a sixteen week training course.

We run a baby sitting course for our boys and girls member and we have seventeen boys and girls who

have passed the St. Johns Baby-sitting Course.

We have movies every Friday at 6:30 p.m. In all our years of operation at the Gerrard "K" Club we have been known to have an open door policy. Therefore any time you have the opportunity to drop in to visit us, you will always be made truly welcome.

WE BELIEVE IN THE NEXT GENERATION AND WE'RE DOING SOMETHING ABOUT IT.

Special Events - Health Nite
Plan to be with us. Tuesday, Feb. 18th 7 p.m. Subject "FOOD" eat better and spend less, cooking demonstration, door prizes.
Inter "K" Club Chess Tournament Tuesday, Feb. 25th 6: p.m.
The club is open to boys and girls age 7-17 years. Annual fee is 25¢ to \$1.00.

Address: 101 Spruce St.
925-2243

THE HOUSE ON GERRARD, 265 Gerrard St. E. will present an Open Poetry Reading, featuring poet Gladys Cowell, on Thursday, Feb. 13, 7:30 p.m. Admission Free

ADULT RECREATION CENTRE
605 Whiteside Place #101
364-4915

We had our first annual childrens Xmas Party. It was a huge success with entertainment, clowns, balloons. The highlight of the day was the childrens receiving their gifts from Santa. A good time was had by all who attended.

WE ARE OPEN FOR MEMBERSHIP. \$2.00 a year for family.

Bowling News - We completed our first series in bowling on Tues. Jan. 14th. The winners of Series A were the Strikers. The players on that team are Capt. L. Letourneau, J. Forgrave, W. Sheppard "Winnie" and R. Tettman. The centre is open daily from 1 - 4 & 7 - 10 p.m. on Sundays to Thursdays and 1 - 4 & 7 - 11 pm. Fridays and Saturdays.

We have games, cards, darts, library, bumper pool, coloured T.V. stereo and workshop (repairs). Come out and join us in the fun.

TORONTO PARKS & RECREATION

REGENT PARK RECREATION CENTRE
415 Gerrard St. E. 363-2955

Ladies Keep Fit Classes are now in progress at the Regent Gym - Tuesday evenings from 8 pm until 9:30 pm. Bring your friends - the more people there are, the more fun we'll have. For more information phone Pauline Muller - 363-2955. Join up and Shape up!!!

The Regent Park Senior Citizens "Go Go Bard and Review" will be entertaining at the Regent Park United Church, 40 Oak St. on Feb. 11th, at 8:30 p.m. Silver collection will be made, proceeds for the church.

Ice Hockey Schedules - Men's Houseleague (N.R. Rink)

Feb. 3 - Flyers vs CBH

- Toros vs H.Stars

Feb. 6 - Half Bucks vs N.Stars

Feb. 10 - Toros vs CBH

- Flyers vs N. Stars

Feb. 13 - Toros vs Half Bucks

Cancelled games will be played after Feb. 13th.

Teenage Houseleague - S.R. Rink

Feb. 1 - 1st place vs 3rd place

4th place vs 2nd place

Feb. 8 & 15th - Semi Finals 2 out of 3

Feb. 22nd. - Sudden Death Final

1st place vs 2nd place - Game.

Scraps & Pros Houseleague - NR.

Feb. 1 - Semi Finals - 9:30 am

1st place vs 3rd place

10:45 am. 2nd place vs

4th place.

Feb. 8th & 15th - Play offs 2 out of 3 games.

Feb. 22nd. - Final Game.

Good luck to all teams.

Girls Ringette Houseleague

N.R. Rink - Thursday nights

Rita's Ringers 6 pts.

Chrystal's Pistols 4 pts.

Kelly's Kooks 2 pts.

Maxwell's Silver

Hammers 0 pts.

Top Scorers - Rita Duggan 18

Cheryl Hill 10

Lynda Maxwell 10

Joanne Kavanagh 9

Mothers Club of Regent Park Church holding a Valentine Party on Tuesday Feb. 11th from 2-3:30 pm. Regent Park Hockey Club is having their Annual banquet on Feb. 1st.

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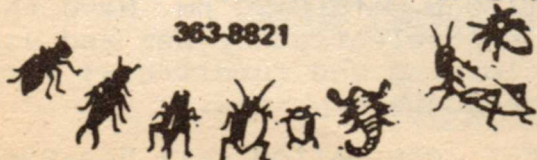
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