

VOLUME 1 NUMBER 6

AUGUST ISSUE

PARENTS WANT ACTION FROM SCHOOL BOARD

by Dave Martin.

"People say we don't care about our kids but we would not be here if we didn't" said Mrs. Irene Kitson, mother of 3 children. Mrs. Kitson was one of a group of 18 concerned tenants from Regent Park who participated in the delegation to the Board of Education July 18th. An eight point resolution concerning a better education for the children in Regent Park received unanimous approval from the Trustees.



Mrs. I. Kitson
& Kitty

The resolution which was passed at a meeting of the Regent Park Community Improvement Association May 23 was read by the President, Neil Tanner. "One of the chief concerns" said Mr. Tanner, "is the reading problem which so many of our children have. Teachers aides have worked successfully in some of our schools and we feel that this program should be extended to all classrooms.

Related to this is the early diagnoses of learning disabilities or other problems which the child may have. We feel very strongly that the present set up is inadequate. Furthermore communication between the school and parents is often very poor. Parents are not informed of a serious problem until it is too late to do anything about the situation. As a result many of our children are not acquiring the basic skills they need if they are to become useful and independent citizens. We feel more can and must be done to help our children."

Other points in the resolution include publicizing bursaries; support for an alternative High School in the area; more assistance to students to get into the course of their choice; and encouragement to Community School Councils.

In the discussion Mrs. Kitson reported that she was informed the second last day of the school year that her child was not progressing satisfactorily in reading. She had not received any reports on psychological tests which were done during the school year "My daughter is taking remedial reading this summer at the Services Unit Day Camp and University students are trying to accomplish what the teachers should have been doing all year," said Mrs. Kitson.

Before the meeting began many had the feeling we would again be handed a "snow job" and nothing would be done. Trustees Graham Scott urged that our resolution not be lost in red tape. Finally the resolution was referred to other branches of the administrative system and the delegation was assured that some action would be taken. This raised the confidence of the delegation that there might be some results from our efforts.



SHEILA HOLMES WITH MEMBERS OF SERVICE UNIT.

SERVICE UNIT ELECTS NEW CO-ORDINATOR

On July 15th Mrs. Sheila Holmes, a tenant in Regent Park for the past eight years assumed her position as co-ordinator for the Regent Park Service Unit. Mrs. Holmes has been active in Regent Park in many activities such as the teen dance at St. Barts and various clubs for children. Mrs. Holmes was on the original committee which was the birth of the Service Unit. She later was elected to the Board, where she was elected Chairman. She served in this post for one year. I asked Mrs. Holmes what the Unit's aims were. "Aside from helping people," she said, "which is our main objective we want to develop our volunteers as paraprofessionals who will be able to hold jobs outside of Regent Park in the Social Welfare System."

by Ed. Harcourt

Citizens oppose widening of Dundas Street

THE OPPOSITION OF REGENT PARK TENANTS TO THE WIDENING OF DUNDAS STREET WAS VOICED BY FATHER BELWAY AT A PUBLIC HEARING AT CITY HALL JULY 20th OVER 1000 SIGNATURES WERE COLLECTED IN REGENT PARK OPPOSING THIS PLAN. "THE WIDENING OF DUNDAS WOULD NOT ONLY DESTROY THE COMMUNITY," SAID FATHER BELWAY, "BUT DEFINITELY INCREASE THE POSSIBILITY OF ACCIDENTS." THE BRIEF PRESENTED BY FATHER BELWAY WAS ENDORSED BY 11 ORGANIZATIONS INCLUDING THE R.P.C.I.A. BRUCE HOWE FROM THE FEDERATION OF DON AREA RESIDENTS ALSO OPPOSED THIS PROPOSAL.

After the meeting I talked with Mr. Kitney our area superintendent and found he was very interested in what the people of Regent thought of the system. By the end of the afternoon I felt that the people in the Board of Education are concerned about changes in the system especially our own Trustees Graham Scott and Gordon Cressy.

From
the
Desk
of
the



President — Neil Tanner

I wish to thank the 18 tenants who joined me in the delegation to the Toronto Board of Education. Our resolution asking for a greater effort to help our children with their education receive good support from the School Trustees. We will be watching closely to see what actual steps are taken in regards to teachers aides better communication with parents early diagnoses of learning disabilities etc. I also wish to thank the teens from 203 Sackville who provided the bus for the delegation.

There is a growing feeling among some of your Executive that we need a stronger committee to run the R.P.C.I.A. Plans are to expand our activities in the fall to include an Adult Drop-In Centre. We need an editor for the R.P.C. news. Fund raising is especially important as the Government Grant which has financed the organization for the past 2½ years will be terminated March 1973. I will bring in a proposal for an enlarged executive to the general September Membership Meeting. In order to carry out all our plans we need more active participation. The Association is only as strong as the support it gets from you the tenants. I feel we can accomplish a great deal but only with your suggestions, criticisms and above all your active involvement. I am happy to report that OHC has responded to your executives request for an Adult Drop-In Centre. Two apartments at 605 Whiteside have been recommended for this purpose and the matter is under discussion in regard to facilities and furniture. We

LETTERS FROM TENANTS

URGE ELECTED REPRESENTATIVES OPPOSE DUNDAS WIDENING

When the news was announced at a General Membership meeting last spring that Dundas Street would be widened it caused great consternation. Too close to our houses and apartments- death traps for our children- general confusion. It was decided to circulate a petition and to prepare a Brief for presentation to the City Council.

The Brief was presented by Father Belway to a special meeting on the new Eatons development July 20th. Regent Park was represented by two tenants only- not members elected to office- very interested people!

There is no doubt in my mind that at Dundas Street will be widened and if it is don't blame anyone but yourselves. You can stand to criticize your Executive and your Unit Reps. It is a 10 minute ride and you sit at home. But when Dundas is widened don't blame anyone but yourselves. When pollution is greater than ever; when continued traffic and noise is at its greatest, sit on your hands and blame no-one or anything but your complete disinterest in your way of life.

Nine speakers spoke against the widening and two stated that it was a wonderful idea. The New Eatons Centre will consist of 250 stores in a closed mall,

plan to have table tennis, billiards, card playing, shuffleboard, darts, and other programs. More details will be announced in September.

I would like to express appreciation of all the tenants to Father Belway of St. Bartholomew's Anglican Church for his presentation of the Brief to Stop the Widening of Dundas Street to Toronto City Council on July 20th. There is a growing opposition to this threat and it was very important to let City Council know that the people of this area are 100% against widening Dundas.

In regard to speeding cars on River Street the situation has improved as a result of "bumps" installed to slow speeders down.

These will be placed throughout the project and hopefully will get the same good results.

I hope you are all having a good summer and enjoying your vacations. By next summer we should have the long awaited swimming pool!

there will be 3, 30 storey towers and 2 garages for parking 1600 cars. Three streets will be closed including Albert and Terauley.

Remember 43 years ago! Eatons built the College Street store and today it is still unfinished. There are many lots throughout Canada bought by Eatons with no plans formed - just tall grass. An eye sore to any town in Canada.

As you were not able to attend the meeting write to your M.P.P. and your Alder men. Speak your piece and be sure we don't have trucks passing your window within 3 feet. Your child could be killed! Regent Park needs consideration. We elect people to represent us.

John Sewell and Karl Jaffery were the only members to question the supporters of Eatons. They are doing a great job.

Richard Boundy

Thanks to Dial-A-Teen

A relatively new project is thriving in Regent Park. It is called "Dial-A-Teen", and is composed of 5 boys and 5 girls. The Co-ordinator is Glenda Cress. They do all kinds of housework, go shopping, do baby sitting, washing, ironing, etc. The hours when they are available are between 9:00 a.m. and 8:00 p.m. seven days a week.

The group is most congenial and co-operative mostly due to their excellent co-ordinator. The best feature since they are a government sponsored project, is that there is no fee.

In my apartment two teenagers went shopping and four washed, waxed and polished the tile floor, some vacuumed and buffed the rugs while others polished the wood work and window sills. It is hoped that this service continues after August 28th.

For information call 363-4235.

E. Demers

REGENT PARK COMMUNITY NEWS
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COMMUNITY IMPROVEMENT
ASSOCIATION

42 BLEVINS PLACE 364-2909

EDITORIAL COMMITTEE:
BOB WOODGATE, MARY BILAN,
DR. EUGENE DEMERS, ROB HART,
VIRGINIA GIBBONS, ED HARCOURT.

"T.R.Y." — THROUGH REGENT YOUTH

GREEN AREA CLOSES

Summer is just about at a close, it didn't quite last as long as expected. We started off with our green area, making it part of '203'. It's original function was to provide an information post type of setting to inform people of '203' summer programme and more or less an outdoor summer drop-in or meeting place. A place to rap, to meet, to get together or what have you. To sort of keep things rolling while 203 closed for the summer.

We rapped, we met new faces, we got together. Talked with the "boys", the guardians, the cops and many others about numerous things. Sometimes about important issues, politics, the boys at '51', the history of Regent Park and it's need for jobs, reform institutions, drug addiction, yea, we talked about almost anything. But talking and rapping did alot, you seem to get closer to people when they start rapping, it seems good when people are open with their thoughts. Many new friends, guys and chicks returning from mini-bike trips at Mosport and camping trips with Nancy and Ann. Playing euchre with whoever, reading the signs on the "bulletin board". Many good times were had by all. Yea, some of us really got it together.

Yea, but it wasn't all good times. Having a beer now and then seemed to get a little out of hand. Bottles being smashed, complaints about noise, careless driving, a few fights now and then. Instigators looking for trouble and needlessly causing disturbances here

and there. It seemed as if some people didn't want to open up, didn't seem to care, thought only of the present and forgot about such things as the past and the future. They didn't seem to realize that the hassles they caused were affecting people who worked hard to make things better for them. The help, chance, opportunity, or however you wish to phrase it was always there. It still is and will continue to be for years to come.

Maybe they weren't sure of us, didn't trust us, didn't realize what we were doing or what we were around for. But maybe then it will be different and no one will be hurt. Maybe?

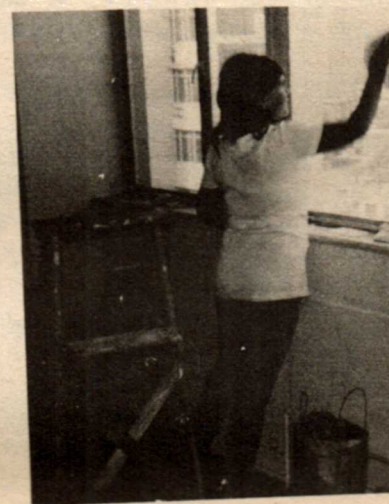
Although both good and bad were shared by all, it was unavoidable. The green area was closed, reasons were mainly the noise, beer drinking and smashing of bottles. It seemed to turn into more of a rowdy hangout as the nights progressed. It's unfortunate, especially for those kids that did help out, more or less the

others ruined it for them. But maybe responsibility is something that only comes of age, and someday those others will grow up a little more and help the deserving rather than hinder them. It could also come that they may realize that they would also be helping themselves. Yes, maybe it sounds foolish to some, but maybe they're reading with half their eyes closed and only half a thought on the issue. But we all get older, some wiser, some more foolish, the green area closed leaving memories both good and bad.

BY DOBIE

Dial-A-Teen help senior citizens and handicapped

Have you heard about the Dial-a-Teen Project in Regent Park? Ten teenagers have received a government Opportunity For Youth grant to provide services free of charge to the senior citizens, handicapped and shut-ins. These services include aid with housework, laundry, and shopping; washing windows, walls and floors; assistance with outings, and running errands. For those who find they need a babysitter in an emergency, Dial-a-Teen will come to the rescue. Working hours are from 9 a.m. to 8 p.m. Monday through Friday from June 26 to August 28.

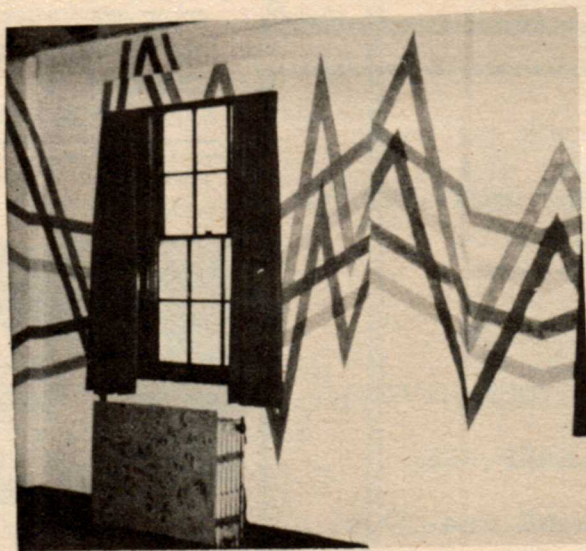


Would you enjoy some company? Just give us a shout and we'd be more than happy to come and share some time with you. There's no need for you to be alone day after day.

Thank you to all those who have made use of our service. We are looking forward to hearing from many more Regent Park citizens. To get in touch with us phone 363-4235. We're waiting for your call.

As for '203' now, many have been involved in painting and redecorating of the building for re-opening in September. They should all be proud cause if they hadn't it wouldn't have gotten done. On behalf of all the staff and people concerned with '203' I would like to thank the following people for their participation and much appreciated work; Dave Wilson, Steve Roblin, Frank Holmes, Beef, Jim MacKibbin, Larry Quintle, Rod Roblin, Jim Arnold. An honorable mention for; Gord Adams, Jim Cavanaugh and Allan Ferguson for all the fine woodwork. The boys that helped me get the main hall together with paint and otherwise; Allen McCormick, Larry Ketcherson

THE NEW "203"



Dave Cooke, Eddy Grace, Mike (the jap) Dineen, Jimmy Simpson, Eddy Hertrick, Mike (crazy) Cook, Fred Banavage, Ray Cooke and George Banavage. I hope I've forgotten no one, they should all be proud for the hard work they've done.

I would also like to thank Mrs. Windsor of the Nursery and all her staff and people who put up with all the noise and confusion while redecorating. The many ways in which they've helped out with the teen centre at '203', it probably wasn't said often enough but thanks again we appreciate it.



Murray Bonney was on the Editorial Board of Regent Park Community News. Two days before his untimely and tragic death he submitted several stories for our paper. We include "Questions" in memory of a fine citizen of Regent Park.

QUESTIONS

by
Murray Bonney

Flickering shadows from the smoking torch cast wick-
ed glances on her bloodstained robes. The crucifix
in her hand, reflecting the dismal light sent shim-
mering shafts to walls of mud and straw.
The rank smell of the dead houseboy's burned body,
fusing with the soft damp earth, permeated the room
in a deathlike shroud. A movement from her gnarled
hand sent a huge rat scuttling from his swollen
belly.

A tremulous moan came from the loose grey lips of
the near-dying woman. Then, a whispered prayer. A
strange prayer for such macabre surroundings, preg-
nant with the sickening smell of death, clinging
like slime left by moving snails. A prayer that
spoke of a wondrous faith, a conviction beyond the
usual, a serenity that belied the past events; the
horde of savages burning the bodies of the Mission
staff, the exhausting forced walk, and the charred,
beaten body of the houseboy, who lay nearby.
They had told her she would die by fire when the sun
rose. Here words came stronger. "My God, I fear not,
for in you loving care I am safe from the death that
surrounds me. I know now that my death is not to be.
I am truly grateful for there is much to do."
An armed force which, under the cover of darkness,
had worked its way to the outskirts of the village,
waited anxiously for the sun to rise to start their
attack.

As the first glints of sun lightened the sky, a pall
of dirty grey smoke burst upwards over the village,
and the terrible screams of a woman shattered the
morning stillness.
When the soldiers arrived they found the woman hor-
ribly burned. They carried her to a clearing where
she talked wildly for a few moments, then died.
They buried her, and on a plain wooden cross was
written:

"Here lies a woman
Who died a terrible fate."
Did faith make her a fool,
Or did God Miscalculate?

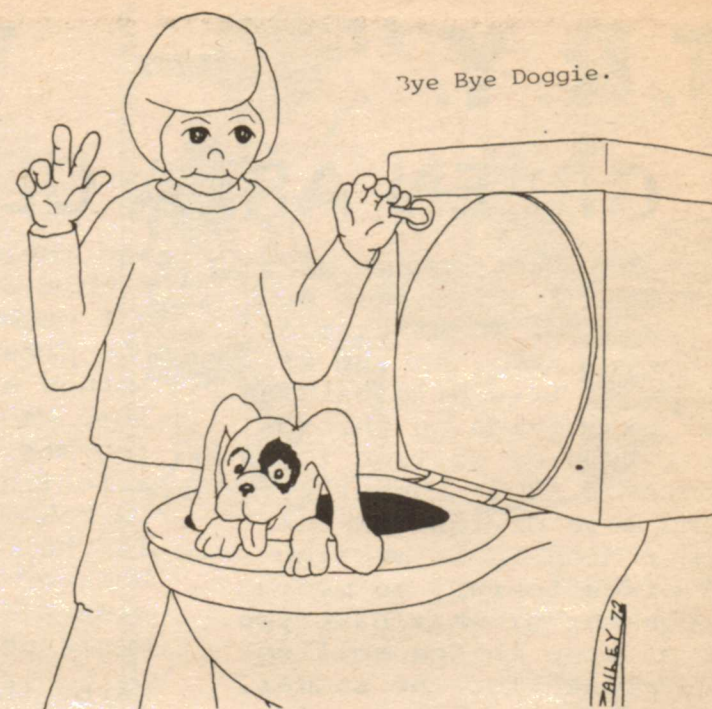
ATTENTION TENANTS:

THE REGENT PARK COMMUNITY IMPROVEMENT ASSOCIATION
IS LOCATED AT 42 BLEVINS PLACE APT 101.

THE OFFICE HOURS ARE FROM 9 A.M. TO 5 P.M.

IF YOU HAVE ANY PROBLEMS CONCERNING YOUR LIVING
ACCOMODATION AND WISH ASSISTANCE PLEASE FEEL

FREE TO DROP IN AT ANY TIME OR PHONE 364-2909.



DOGS WILL HAVE TO GO!

QUESTIONS TO OHC

The R.P.C. News invites tenants to submit ques-
tions to this column concerning OHC management of
this project. We will also invite Management to
answer these questions and their replies will be
printed in the following issue.

*WHO IS REPOSNSIBLE FOR CLEANING SEWERS? IS IT
THE CITY OR OHC? 605 WHITESIDE AND ST. BARTHOL-
OMEW STREET HAVE FREQUENT FLOODS. ARE SUCH OCCU-
RENCES REPORTED TO OHC BY GROUNDSMEN?

*WHY DOESN'T GRASS GROW INSIDE REGENT PARK? IT
SEEMS TO GROW ON THE OUTSIDE BOUNDRY STREETS
DUNDAS, RIVER, SHUTER ETC. BUT NOT INSIDE THE
PARK.

WOULD IT NOT BE CHEAPER TO PUT A GOOD LOAD OF TOP
SOIL ON THE LAWNS INSTEAD OF REDIGGING AND RESOD-
DING EVERY TWO YEARS?

*IS THE SWIMMING POOL GOING TO BE READY SEPT 1972
AS PROMISED? OR WILL THERE BE ANOTHER DELAY?

*WHY ARE TENANTS CHARGED \$12.00 FOR REPLACING A
SMALL WINDOW 2' x 4'?

*BY WHAT DATE CAN TENANTS EXPECT THE MILK CHUTES
BLOCKED, AND WALLS BEHIND FRIG'S FIXED?

*ARE YOU AWARE THAT 11 TREES ON GERRARD BETWEEN
SUMACH AND SACKVILLE ARE DEAD? WHAT IS THE EXPL-
ANATION FOR THIS? POOR QUALITY NURSURY PRODUCTS,
PERHAPS?

*WHY HAS THE CONTRACTOR NOT RETURNED TO FINISH
THE PAINTING OF WINDOW FRAMES ON THE FOLLOWING
BUILDINGS 365, 347, 470 DUNDAS 508 DUNDAS 540
DUNDAS 248 SACKVILLE AND 41 OAK. CONTRACTORS LEFT
THE PROJECT LAST FALL AND HAVE NOT RETURNED.

REGENT PARK SOUTH NURSERY SCHOOL,



203 Sackville Green remains
open all year. It is a half
day program for children
between the ages of 2 and 4,
who are not already attend-
ing Kindergarten.

For information please call
364-2839 8:30 to 4:00 p.m.

Monday to Friday

Are you represented by blank?

There are at present 15 Unit Reps for 14 apartments and houses in Regent Park. This means that 14 apartments and some houses do not have a representative. Maybe this is why problems are not getting attention. An active Unit Rep can do a lot to get things done. If your building is not represented and you wish to volunteer please call the RPCIA office. As of March 1972 the Government Grant Allows payment of \$10.00 monthly to Unit Reps.

BUILDINGS NOT REPRESENTED

63 Belshaw 14 Blevins
508 Dundas 150 & 184 River Sts.
229, 259, 230, 260 Sumach St.
407 & 463 Gerrard St.
365 Parliament St.

All Houses in Regent Park North (plus Units in Administration Building)

Row Houses West Side of Regent Park.

DUTIES OF UNIT REPS.

1. Attend council Unit Rep. and General membership meetings.
2. Establish a relationship with every tenant in your zone.
3. Welcome new Tenants and inform them of the main services and activities.
4. Try to solve problems brought to your attention. If necessary contact the RPCIA office for assistance. In case of serious personal or domestic problems direct the family to the Service Unit where there are personnel to cope with situations of this nature.
5. Distribute flyers and Regent Park Community News.
6. Participate in the campaigns and programs of the Association as they develop.

FOR ME SCHOOL SHOULD BE A HAPPY PLACE!

Les Birmingham — New Principal at Oak School

Born Tramore Ireland and still full of it. Went to Toronto schools, Toronto Normal School, Western University and U of T. Taught in Toronto schools since 1949

Married to Margaret, father of Lesley-Jane, Brad, Blair, Beth and Trevor. Interests include music, art, Federation Work, sailing, reading, tinkering and above all people....Can't type worth a damn.

What about community involvement? All for it. See no reason why school and community aren't one and the same. On school door is a sign that says "Parents Always Welcome." The whole school philosophy is built around this concept.

School built on the fundamentals: Here they are
1. Other People, 2. Communication, 3. A Loving Relationship Between All Involved in the School
4. A Workable Concept of Self, 5. Freedom in a Social Setting, 6. Creativity; the ability to think and use the necessary skills to solve problems of all kinds. For me school should be a happy place. If it isn't I can't live in it so how could kids be expected to.



OAK CITIZENS COMMITTEE PLANS SCHOOL

THE "OAK COMMUNITY SCHOOL" CITIZENS COMMITTEE wishes to announce the "Final Approval" from the Department Of Education.

The school will be Junior K to Grade 8 and will provide the regular facilities allowed under the Department of Education Formula and Budget for schools to accommodate 675 Pupils. The Citizens Committee feel that because the "Oak School" is to be a "Community School" that the recreational facilities should be expanded to provide for adult participation and the needs of the community.

The Citizens Committee have approached Parks & Recreation for additional funding for these expanded facilities. These facilities will service Regent Park and The Oaks.

The "Oak Citizens Committee" is sponsoring the following petition to obtain support from the community for these additional facilities.

If you wish to participate in obtaining signatures please contact Janet, Connie or Ginny at 863-0358 or for any further information you require.

The committee wishes to emphasize that the majority of pupils attending the school will be from Regent Park.

PLEASE SIGN THIS PETITION AND MAIL TO OAK COMMUNITY SCHOOL.

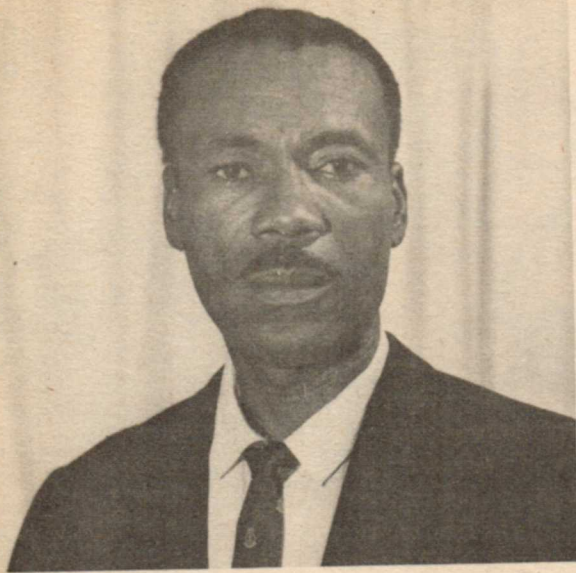
OAK COMMUNITY SCHOOL

203 OAK STREET

(CORNER OAK & RIVER STS.)

863-0358

WE THE UNDERSIGNED, ENDORSE THE DAY CARE CENTRE AND THE EXPANDED RECREATIONAL FACILITIES FOR THE OAK COMMUNITY SCHOOL. THESE ADDITIONAL FACILITIES WILL SERVICE REGENT PARK AND THE OAKS AND WILL INCLUDE A GENERAL PURPOSE ROOM FOR ADULT RECREATION, INDOOR SWIMMING POOL, ART CENTRE, LIBRARY RESOURCE CENTRE, GREENHOUSE AND MEETING ROOMS FOR THE COMMUNITY. THESE FACILITIES WILL BE AVAILABLE TO RESIDENTS OF ALL AGES.



UNIT REP OF THE MONTH

HENRY FRANCIS - UNIT REP.
605 WHITESIDE

Henry Francis has lived in Regent Park four years. He has been active in the RPCIA since its formation and feels the best is yet to come.

When people approach Mr. Francis with problems he tries to help them quickly and efficiently. He hopes for unity in Regent Park and wishes more people would take an interest in getting to know one another.

Mr. Francis feels maintenance is slow. Poor quality material is used thus causing unnecessary spending. He feels that tenants should have a larger say in the running of their project.

Henry Francis was born in Antiqua, West Indies and comes from a poor home. He went to school in England where he earned his Engineer's Certificate. He is at present employed as Chief Engineer at the Women's College Hospital.

Henry Francis is married and is the father of 4 children. It has been my privilege to interview Mr. Francis who is motivated by his love for his family and his fellow man. His greatest wish is - equality and justice for all.

Mary Bilan.

Sale School Clothing

nearly new - many household items
Thursday Mornings from Sept. 14.
9:45 - 11.00 a.m.

May Court Shop

Basement 605 Whiteside Place

EFFECTS OF DRUGS

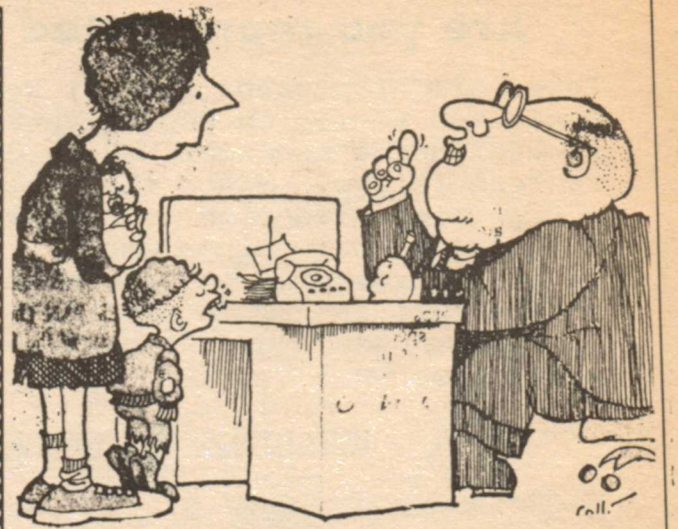
Ed. Clark

SEDATIVE-HYPNOTICS BARBITURATES:

Among the most commonly used barbiturates are duminal, amytal, nembutal and seconal. They are among the most widely used drugs in our society in the treatment of nervousness and as aids to sleep. Barbiturates are odorless, white or yellow powders with a slightly bitter taste. They are usually taken in capsules or pills, mixed in syrups or injected. Barbiturates are used also in combination with many other drugs such as tranquillizers, pain relievers and stomach preparations. At low dosages they generally bring calmness and relief from tension and anxiety. High doses produce symptoms similar to those of alcohol intoxication - slurred speech, staggering and slowed reactions. Excessive doses can cause loss of consciousness and death. Some people become psychologically dependent on barbiturates even with small doses. Physical dependence to is well known

WITHDRAWAL PROBLEMS: Withdrawal of an individual physically dependent on barbiturates may result first in restlessness and anxiety. This is followed by tremors weakness and apprehension, and finally by an inability to sleep, particularly if usage has been high. Withdrawal from some barbiturates may lead to delirium and convulsions. Unless medically treated, the outcome can be fatal. The combined use of barbiturates with other depressant drugs; alcohol, for example, often leads to an increased depressant effect. Many accidents have been attributed to this combination. Another danger is the vicious cycle, produced by the use of a stimulant drug such as amphetamine (uppers) alternating with a depressant drug such as barbiturates (downers). When prolonged, this cycle has serious effects on physical and mental health. As with other drugs, it is not easy to discover how many people use and abuse barbiturates. It is known that many people who first took them for legitimate medical reasons, have subsequently developed dependency.

ALCOHOL: Many people do not realize that alcohol is a drug. In our society it is the most used and abused drug of all. In small amounts it tends to reduce inhibitions, acting as a social lubricant for many people. With increasing amounts, judgement, vision and physical co-ordination becomes impaired and speech is slurred. Long continued, excessive use often leads to severe problems of malnutrition and destruction of some internal organs, particularly the liver and a breakdown can occur in personal and social functions, such as memory, sexual capacity and ability to work. There can be tragic loss and damage to



OHC: The Green Jacket caught them. "That'll be \$12.50 for the window."

Mother: "But the window was only 2' x 4'."

OHC: We have to give the contractor a "Break" too!

Committee of tenants proposed to work with guardians

In response to Mr. Tanners criticisms in his speech to the tenants meeting on May 28th Mr. Joe Thurston Supervisor of Community Guardians stated:

"I have read Mr. Tanner's statement and I agree that there are many unresolved problems in regard to security. But I think these can be solved if we deal with them in a constructive way.

I would like to propose that a sub-committee of the Guardians

be established in the community to deal with problems on a day to day bases so that things don't build up. Tenants, OHC, Management, Youth and Community Guardians should all sit on such a committee."

Mr. Thurston and the R.P.C.I.A. would be very interested in hearing the tenants reaction to this proposal the R.P.C. News will be happy to print your opinions on how noise delinquency vandalism etc. could be dealt with more effectively.

family and friends. The symptoms of withdrawal from alcohol are similar to those observed during barbiturates withdrawal. Frequently these may be additional associated symptoms, some of which are most likely the result of the very poor eating habits of the chronic alcoholic. Severe stomach upsets are frequently associated with cramps and vomiting. In some cases of withdrawal, tremors, hallucinations and delirium tremors (D.T.'s) occur.

Guide to Parents

SOMETIMES CHILDREN LIE: Thinking that lying is bad does not help the child. Lying is always done for a reason. Children may lie so they won't be punished. Children may lie to act big. Most parents punish children for lying. Parents think they have failed and get upset. This is what some children want parents to do. Parents must find out why the child lies. Then they can do something about it. Yelling at a child for lying may just make him think that he is a bad person and discourage him even more from trying to get the right kind of attention.

AT HOME SOMETIMES WALK AWAY FROM THE CHILD WHEN HE IS NOT GOOD. Leave the child and walk into the other room when the child wants to have his own way or when he wants to keep you busy with him. He will not try to do these things when no one is there. Walking away is not the same as not caring. You don't always have to do something when there is trouble. Doing nothing is sometime better.

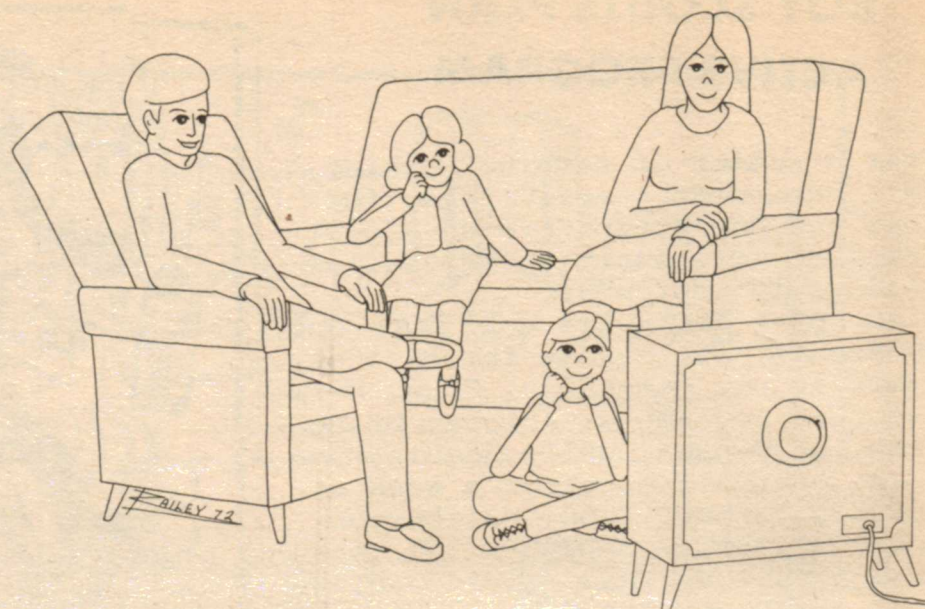
AT HOME, GO AWAY FROM FIGHTS BUT NOT THE CHILDREN: Don't talk when there is fighting. Give children attention when they are good, but not when they are bad. Sometime children act bad just to keep you busy with them. Yelling may make you feel better. Yelling does not help the child to learn good ways.

AT HOME DON'T GET INTO YOUR CHILDREN'S FIGHTS: Let your children work out their own fights. They will learn ways of getting along with other people. Many children have fights so their parents will give attention to them. If children find out that fighting keeps their parents busy this will cause more fighting.

FIGHTING MEANS WORKING TOGETHER: Most of the time we think of working together as something good. When children fight they are also working together, but in a different way. A child cannot fight alone. Parents should not try to find out who started the fight. They should not punish one child. They should not feel sorry for the other child. When two children fight at home they are both to blame.

DON'T ASK TOO MUCH OF YOUR CHILD: learn the difference between asking too much and asking what the child can really do. If a child has learned to tie his shoes, he should always tie them. This is something he can do. But don't ask him to be the best shoe-tie in town. Sometimes parents are too eager and demand that their children do better. These parents may want their children to do better in school or to do better in sports or to get along better with other children. All of these are things parents want their children to do. Parents always tell their children "You could be better if you tried harder." When children hear this they think that they are not good enough as they are. When parents are too eager and when they say things like this, the child usually does little or nothing.

DON'T TRY TO DO TOO MUCH: When there are many things wrong, parents sometimes try to fix too much at one time. When parents try this they sometimes warn children that they will punish them and often can't do what they say. Parents do better when they can carry out what they say they will do. That is, if parents cannot keep a child indoors, they shouldn't say he has to stay in. Some mothers feel useless if their children are not perfect. These mothers think they are not good unless their children are perfect. These mothers correct their children often. They do many things for their children. They do everything they can to make their children perfect. These mothers also act as if they are better than any other people. It is not good for children to have a mother who thinks she is always right.



FAMILY RELAXES TOGETHER,

TAKE TIME TO TEACH your child the right way to do something. Teaching him when you are upset is a poor time. Teaching him when other people visit is a poor time. Teach your child at a quiet time. Teach only one thing at a time. It takes less time to teach children how to behave than to correct them over and over.

"GOOD" MOTHERS SOMETIMES NEED TO KEEP BUSY WITH THEIR CHILDREN: When mothers do things for their children it makes them feel important. This makes them feel like good mothers. Some mothers do not feel important unless they keep themselves busy with their children.

NEVER DO SOMETHING FOR A CHILD WHEN HE CAN DO IT HIMSELF: Parents do not need to do many of the things they do for children. Most parents think their children can do less than they actually can do. Parents should give them a chance to do many things. This makes a child responsible. Children should be encouraged to do many things so they will become responsible. Children do not learn to be responsible when parents do too much for them. Children learn better when they do things for themselves. Don't overwork yourself by doing too much for a child.

A CHILD LEARNS WHAT HE LIVES

If a child lives with criticism,
He learns to condemn.

If a child lives with hostility,
He learns to fight.

If a child lives with shame,
He learns to feel guilty.

If a child lives with ridicule,
He learns to be shy.

If a child lives with tolerance,
He learns to be patient.

If a child lives with encouragement,
He learns confidence,

If a child lives with fairness,
He learns justice.

If a child lives with security,
He learns to have faith.

If a child lives with approval,
He learns to like himself.

If a child lives with acceptance
and friendship,
He learns to find love in the world.

POISON IVY!

One summer when I attended a camp and played the organ in the small chapel. Noticing that the altar was very bare, I decided to pick some wild flowers to place on the altar. I picked two big bunches and set them up in make-shift bottles. Some discussed the slight improvement when someone cried! "They're poison ivy!" To this day, I wonder why I didn't become infected.

E. Demers.

BOY SCOUTS PLAN ACTIVE PROGRAM

After a summer of camping, hiking, and other outdoor activities, the Scout and Cub groups of the Regent Park area will start their regular meetings in September.

In the past few years Wolf Cubs and Boy Scouts have become increasingly active in our community. Cubs, 8-11 have been to camp at Aurora, Orangeville, or Oshawa, while Scouts, boys 11-14, have all gone for a week at Canada's largest camp, Haliburton Scout Reserve.

Through various fund raising activities the boys have raised their own money to go to camp, and once there they learned not only how to paddle a canoe and pitch a tent, but also how to wash dishes and do some of the hard jobs around camp. Scouting is NOT an expensive program for boys. Through our "experienced uniform" system a boy can get a uniform in good shape for whatever he can give or do. The membership fee is only \$3.00 per year. Some groups charge a weekly fee of a nickel or a dime.

If you have a boy who would be interested in joining Cubs or Scouts please contact Dan Peace at 925-3425 or Tom Beattie at 699-3608. These fellows can answer any questions you might have as well as ensure your boys involvement in an active group.

In Regent Park area there are Cub or Scout groups at Regent Park School, St. Bartholemew's, St. Martin's School, 600 Dundas St. E., Dixon Hall, All Saints Church, Moss Park, St. Paul's School and Winchester School.

There are over 25,000 boys in Metro Toronto alone involved in Scouting. make sure your boy gets a fair chance this fall.

COCONUT CREAM PIE

Mrs. Helen Monahan's
Prize Winning recipe
Regent Park festival

FILLING:

- 1 cup sugar
- 2 T. butter or margarine
- 3 egg yolks
- 1/4 cup cornstarch or flour

METHOD:

Cream sugar & butter; add 3 yolks and mix well until batter is clear of lumps: add corn starch and stir again for lumps: add mixture to cold milk: in pot heat on stove to boiling: remove from heat and allow to cool.

PASTRY 1 SHELL PIE:

- 1 cup flour
- 1/4 cup shortening
- 2-3 T. ice cold water

METHOD:

Mix ingredients in order shown: work with hands until no longer sticky: roll out on floured surface making sure to press edges of pastry to plate: with fork make few air holes in bottom Bake in oven 350 degrees about 15 min: remove from oven add filling:

MERANGUE TOPPING:

- 3 egg whites
- 2 t. sugar
- 1/2 t. baking powder
- coconut

METHOD:

start whipping whites of eggs: stop: add sugar add baking powder: beat again until thick: spread over cream filling: sprinkle with coconut: Brown in oven 350 degrees 3-4 minutes.

SPORTS CORNER

by
JOE GANNY



Regent Park Boys' are really proving that they are the Home of Champions, In competitive Hardball the standings are as follows;

TYKES' 2nd place
PEE-WEES' 1st place
BANTAMS' 1st place

and our Midgets in 4th place but coming on strongly. In the last Pee-Wee game Regent Park bombed East Riverdale 10-0 with Alister Campbell pitching a no-hitter, and Ron Chapman opening the scoring with a Home Run and coming right back to the plate to hit another in the second inning, other stars on the Team were, Randy McCormick, Paul Papadopoulos, Wayne Francis, Steve MacKenzie, Doug Anderson, John Andru, and Cliff Mitchell. OUR BANTAM Team Defeated Pape Recreation Centre, 17-1 in their last game with stars like Tom Adams, John Ensoll, Danny Dumas, John Annis, Marty Cruciano, Joe Finbow, Tom Busby, Danny Horniblow and Tom Dunphy. BOYS' JR. FASTBALL will be reopening on Tuesday August 8th, 1972.

In Ladies Softball, Roses Orphuns defeated Big Bucks Best 25-17, with Edith Ishmael opening the scoring for Orphuns with a Home Run. Top batter for Big Bucks was Myrna Thompson, and for the Orphuns was Edith Ishmael.

In the Mens' League Crosstown Batteries and Alton Florists are tied for first place, with Avion Blues and Margaret Scrivners following closely.

REGENT PARK GIRLS HOUSE LEAGUE WINNERS:

PUNCHBALL WINNERS 1972:

Captain Mary Lou Ryan led her Blues to victory in a two out of three series over Lynda Maxwell's Greens 10-7.

QUOIT ROUNDERS WINNERS 1972:

Captain Cathy Neave led her last place team Giants out of the cellar to victory over Sharon Coe's Bullets, 114-110.

3 - PITCH WINNERS 1972:

Captain Ivy Kendall's Expos beat out Debbie Barrs' Red Socks in a close finish 9-8.

REGENT PARK Talent Show entries qualified for the finals in Best Trained Playground Group with their Dance version of Down by the Lazy River, and in Best Individual 12 years and under Terry Hedgeman, stole the show with his doll Walter in his ventroloquist act, they now advance to the District Finals and then on to the City Finals at St. Lawrence Market.

Regent Park Recreation Centre now has a new craft and games room in 295 Sackville, to open sometime in September. This building will service all ages 5yrs & over. Games room contains a pool table, shuffle board and table games. Besides children, & teen crafts, there will be Ladies sewing & specialty crafts. Look for the Centre's Fall & Winter Programme - something there for everyone Sunday - Monday.

WANTED:

PEOPLE TO WORK ON EDITORIAL COMMITTEE OF R.P.C.I.A. NEWS LAYOUT, ARTISTS, REPORTERS PHOTOGRAPHERS. IF YOU WOULD LIKE TO HELP PLEASE CONTACT THE R.P.C.I.A. OFFICE - 364-2909.

NO EXPERIENCE NECESSARY.