

SEVEN NEWS

APRIL 17

TORONTO'S OLDEST COMMUNITY NEWSPAPER

CIRCULATION 16,000

FREE

Inside

Speaking Out.....	3
City Arts	4
Ward Seven Church Directory ...	5
Calendar, Classified	7

Parish history predates Toronto itself

by NANCY MILLER

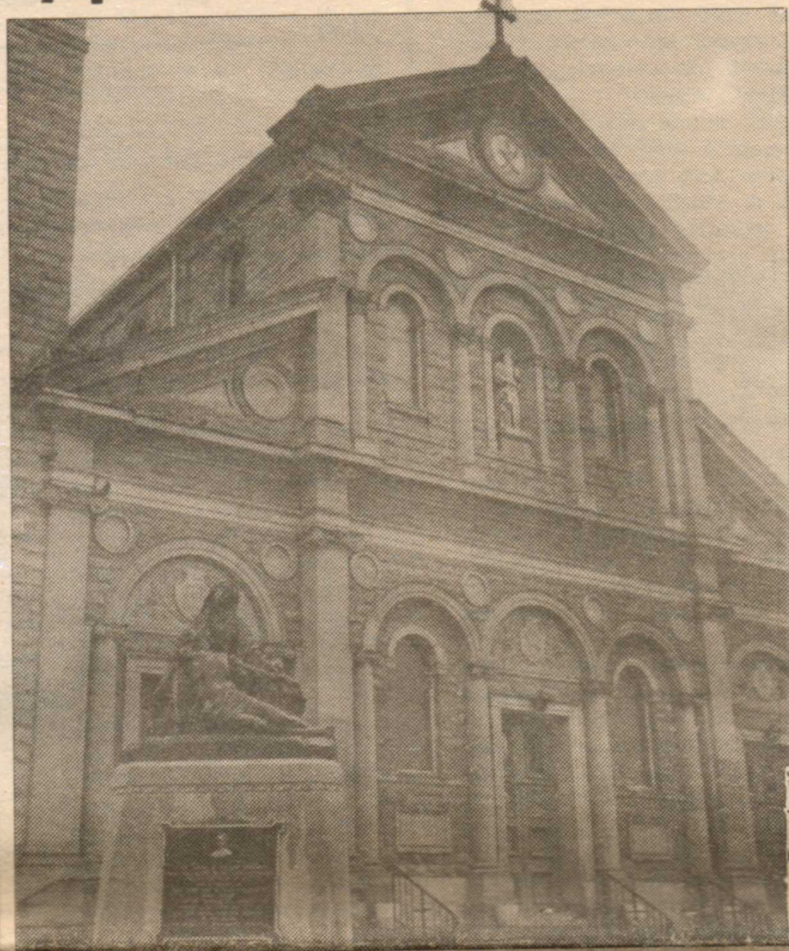
St. Paul's parish, at the corner of Queen and Power Streets (named for Bishop Michael Power), has been an integral part of the City of Toronto for 162 years. Its history predates the City's founding, dating back to 1822 when war with the U.S. was not a decade past. Immigration from Great Britain was just beginning. The Town of York at that time had a population of about 1,300 people, who lived in fewer than 200 wooden houses. In 1822 St. Paul's was the only Catholic church between Kingston and the Detroit River.

Between 1822 and 1834, the parish grew along with the Town of York. Confrontations between church and difficult times, and many of St. Paul's records of deaths, marriages, baptisms were lost during this period. Official records began again in 1834 — coinciding with the creation of the City of Toronto.

In that year, St. Paul's parish became part of St. Patrick's ward in the new city. The first St. Paul's school was erected — a one-room building at Nelson and New Streets (now Jarvis and Richmond).

By 1842, the small parish had grown to some 3,000 people — enough so that Bishop Michael Power chose Toronto as the seat for the newly created Diocese in Western Ontario. St. Paul's became Toronto's first Cathedral bearing this honour until St. Michael's Cathedral was constructed.

The typhus epidemic of 1847 claimed many victims and over 800 people in Toronto died, including Bishop Power.



Doron Reschke

St. Paul's parish, at the corner of Queen and Power Streets, has been a part of Toronto since 1822 — 12 years before the City of Toronto was founded.

In 1880, the Right Reverend Timothy O'Mahony became pastor of St. Paul's. Bishop O'Mahony's tomb lies just south of the present church walls with an exposed

In time for Easter, Seven News publishes its first Church Directory. See page five.

marker commemorating his death.

The new population growth convinced the parish that a new church should be built, and in 1887, the cornerstone of the present church was

cont'd on pg. 6



Father Frank Corless, Pastor at St. Paul's

150 years of dirty water

by ULLI DIEMER

"The causes of pollution have not been removed. I am convinced that the citizens have never been supplied with pure water at all seasons of the year."

The above is from a report by Professor Laut Carpenter. His topic: Toronto's drinking water, drawn from Lake Ontario. Two civil engineers, McAlpine and Tully, are scathing in evaluating and comparing sources of water: "how much more objectionable [are] the waters of Lake Ontario which are a natural reservoir for pollution of all kinds."

If you think this is not news, you are right. Both quotes are from studies done for the City of Toronto in 1887. They in turn were a follow-up to a report done forty years before that, in 1847, by Thomas Keefer. Keefer's plan for ending reliance on polluted Lake Ontario for drinking water shows us that some things have changed: his proposal was that Toronto take its water from the Don River.

The Don then, according to the historian and naturalist Charles Sauriol, was pictured as "a turbulent 'mountain stream' of Lake Simcoe water, swirling and churning its way through the East Don Valley with the rapidity of a spring freshet; the delight of the anglers, the fascination of hikers, the dream of dreamers."

One suspects that today most dreamers would avoid the banks of the Don River for doing their dreaming. Many would think that only a dreamer would dare to imagine that the Don could ever again be a delight for Torontonians, a natural centerpiece for our urban setting.

And as for Lake Ontario — suffice it to say that the Don is one of the more modest contributors to the pollution of the lake among the dozens of similar rivers that discharge into it. Not to mention the sewers, the factories, the chemical plants, the legal and illegal dumps that ooze and seep their sludge toward the lake from which at least ten million Canadians and Americans take their water.

The facts are familiar enough in their outlines, although we regularly hear about yet another horror story, some new chemical or leak swirling into its place in the merry cesspool of poisons. A quick sampling:

Record levels of dioxin are found in fish at Port Credit in April 1982. Dioxin is one of the most toxic chemicals in exis-

tence — one two-hundredth of a drop can be fatal.

Toronto's beaches are closed in 1983 after fecal coliform bacteria — associated with human and animal wastes — was found to be as much as 430 times in excess of permissible limits.

The International Joint Commission reports that the Toronto area is one of the most serious sources of toxic pollution in all the Great Lakes.

A study of white sucker fish living in Lake Ontario reveals that seventy per cent of them have cancer.

180,000 truckloads of fill are deposited on the Leslie Street Spit each year. Sampling has found that anywhere from 16 to

cont'd on pg. 2

ACT now!

by STEVE HELLER

The Coalition Against Cruise Testing (ACT) announces their second annual march to protest the testing of cruise missiles on Canadian soil. The demonstration will be a part of nation-wide marches and protests against the escalation toward nuclear war by the super powers.

Angela Browning, chairperson of ACT has just completed a tour across western Canada to coordinate nation-wide demonstrations and test the feeling of Canadians on this issue. The indications are, she reports, that "the people are ever more determined to stop this head long rush to oblivion."

Canadians of every political stripe and economic level are separately involved with the issue; with the full realization that nuclear weapons exist irrespective of person or property. The time to take action is now before any fatal act occurs.

Last year's march, headed by ACT was the single most successful demonstration ever made in Canada. Over 25,000 people showed that they are deeply concerned for the lives and the welfare of their families and indeed all people.

ACT is calling for greater numbers this year, the more so to impress the government of our concern for peace. Angela points to Trudeau's recent peace initiative as a positive sign even though it was his government that agreed to and carried out the testing of American missiles in Canada.

According to ACT the govern-

cont'd on pg. 2

Ever get that empty feeling ?

by SHEILA HERBERT

The Neighbourhood Information Post (NIP) staff and board are experiencing a hollow feeling that should be reserved for chocolate bunnies, eggs and chickens at this time of year.

The 14 year old community-based, non-profit organization at 265 Gerrard Street East is in an overdraft position with its bank and may close its doors unless there is a rapid infusion of funds.

If it doesn't nip this crisis in the bud by raising \$15,000 through a Garage Sale on May 5,

a raffle in June and appeals to the community and businesses, there will be a void in community services in Ward 7.

So what does NIP do for Ward Seven?



Check it out:

Free phone for local calls
Classified ads to find an apartment, a room, a job
Typewriter to type resumes;
Help in filling out forms for housing, Old Age Security,

Birth Certificate, Social Insurance Number, Cityhome, Passport, et cetera;
Clothing vouchers;
Assistance in finding emergency accommodation;
Counselling on education upgrading, landlord-tenant problems, bankruptcy;
Referrals for health care, emergency food, shelter, home help;
Annual Income Tax Clinic for low-income individuals;
Moral support;
Orientation to new culture.

What can you do for NIP?

continued on page 2

AVANT-GARDE CINEMA

p. 4



David Smiley

Last year's April 23 A.C.T. demonstration drew 25,000 people. This year A.C.T. is calling for even greater numbers.

ACT
cont'd from pg. 1
ment is yielding to American pressure in the matter of missile testing, rather than ministering to the best interests of the Canadian people and will only change its policy if sufficient pressure is brought to bear against it. ACT favours neither side in the dispute but points out that we Canadians are caught in the middle between the two great powers.

The offices of ACT are in Ward 7 where they share quarters with the Toronto Union of Unemployed Workers at 370 Queen Street East (at Parliament). The phone number is 362-0354. The secretary, Burt Keser, will be happy to answer any questions that you may have and welcomes your help in the work.

Burt points with pride to the successful series of the Coffee House held every Friday evening at which outstanding talent is presented and warm friendship prevails. The charge is \$3 per person and all are welcome; the money goes for peace.

Laugh
Agree Disagree
Snarl Cry Gasp Gulp Squirm Think
Write Support Oppose

DONATE

I want to help Seven News as my community paper.
Enclosed is my donation of \$ _____

NAME: _____
ADDRESS: _____
PHONE: _____

I would like to talk with someone about helping with Seven News.
Please do ___ don't ___ list me as a contributor to the \$7,000 Campaign for Seven News.
Return to: Seven News, 249 Sherbourne St. Toronto M5A 2R9



JOIN A CO-OP!
Downtown Housing Co-op at Elm & St. Patrick Streets (near Art Gallery of Ontario). 1 and 2 bedroom apts. with balcony or sunroom; from \$540 including utilities. Spacious common facilities including exercise, hobby & recreation rooms, fully landscaped, roofdeck. Occupancy: winter 84'. Join a resident controlled non-profit community. 598-0308.

ARTISANART
Conscientious Craftmanship
RESTORATION AND REMODELLING
Home and Office Call Carol-Ann Howay, 466-2322

CARLTON STYLING
men's barbering

171 CARLTON STREET E. 967-1836

CRAFTS PATTERN BOOKS

Shirley's Boutique

* embroidered threads * crocheting
* gift ideas * knitting
* wall hangings * accessories

727 Queen Street East
466-6911

YARNS QUILTS

Laurel Franklin
PHOTOGRAPHER
"For All Your Photographic Needs"

103 WINCHESTER ST.
TORONTO, M4X 1B3
962 5784
922 1234

DIRTY WATER
cont'd from pg. 1
over 50 per cent of the loads contain chemicals and metals that exceed provincial guidelines for dumping by open water. The guidelines are themselves under attack by environmentalists for being too lax. Nothing has been done to correct the problem — the only inspection for most trucks is done by a gatekeeper who peers into the trucks from a booth in a watchtower.

The Leslie Spit is also the site for an open disposal basin for harbour dredge containing, among other delights, lead, zinc, mercury, phosphorus and PCB's. The basin is separated from the lake by a few yards of stone and landfill. Due east of it is the R.C. Hearn Water Filtration Plant; due west of it is the Toronto Island Water Filtration Plant. Most Torontonians get their drinking water from one of the two.

Not to worry, of course. Most of us drink the water, and most of us aren't dead of cancer or typhoid. Which in a sense is part of the problem. Were the pollutants things that killed numbers of us overnight, we would demand and insist that the pollution be stopped. But when the effect is merely that some hundreds of us will get cancer fifteen or perhaps twenty-five or thirty years down the road, and even then we'll never be sure whether it was the water, or the air, or the car exhaust, or the cigarettes or god knows what else that caused it — well, we just don't worry about it in the same way. We can't.

It is also the anonymity of the thing, the invisibility of it. Were a gentleman from the Hooker Chemical Company — for example — to come into our home and pour even a drop or two of dioxin or PCBs into our coffee or our kids' juice, we would remonstrate with him most strenuously, no matter how confident his assurances that there was no conclusive evidence that it would harm us in any way. He would in fact be lucky to leave in one piece.

But it doesn't happen that way, although gentlemen from Hooker — and many other places — are quite literally pouring these and many other poisons into your coffee and your kid's juice. They just do it in a more indirect, anonymous, and apparently socially acceptable way.

And we accept it, partly because we don't think about it very much, and partly because we don't know what to do about it.

Environmental groups are pressing to have more action taken, but they have as yet not succeeded in locating the kind of mass outrage that will force change. It is not yet a commonly held conviction that we have a right to clean water in our lakes and rivers, that we have a right and a need to see our natural environment treated for what it is: the thing that makes our lives possible.

No one has the right to dump chemicals and sewage into the environment on which we all depend, yet corporations and governments proceed on the assumption that polluters are a fact of life, that environmental damage is at best something that can be minimized, if it doesn't cost too much, or take too much time. With two million Canadians unemployed, factories shut down across the country, and \$140 million available for a domed stadium, the financial and hu-

man resources can't be found for a modern \$20 million water filtration plant or for proper pollution abatement equipment for polluting factories.

For now, clean rivers and lakes are still the "dream of dreamers."

NIP
cont'd from pg. 1
Write a cheque;
Volunteer to raise funds;
Donate to Garage Sale on May 5;
Join the NIP board;
Tell elected representatives Ward 7 needs NIP.

If you're interested in helping out at or donating to NIP's Garage Sale during the Old Cabbagetown Business Improvement Area's Forsythia Festival on the first weekend in May phone 924-2543.

Sheila Herbert is an outreach worker and information counsellor at Neighbourhood Information Post.

THE BOARD OF EDUCATION
Toronto Board of Education
Heritage Languages Program 1984-85

In the 1984-85 school year, the Toronto Board of Education will be offering the Heritage Languages Program in 31 different languages. The classes, which are held for 2½ hours per week, are free of charge and open to all elementary school students whose parents are residents of Metropolitan Toronto.

A brochure will be sent out to parents early in September about registration for the program.



Instructors are required to teach in the program. Application forms for instructor and lead-instructor positions in the program are now available from the Toronto Board of Education, The Heritage Languages Department, 155 College St., Rm. 623, Toronto, Ontario. (416) 591-8182.

Candidates hired for this program must be acceptable to the parents and school authorities. Preference is given to instructors who hold Ontario teaching certification, equivalent background from their native country and/or have relevant teaching experience. Ontario certification is not a pre-requisite.

Applicants are requested to complete and return the application forms by April 27, 1984. For further information please call the number above.

Old Cabbagetown Cafe

& DELICATESSEN

in the café ...
• delicious sandwiches
• hot & cold
• home made soups

from the deli ...
• imported coffee
• home made salads
• pastries, cheese

518 PARLIAMENT ST. 925-5023

SPEAKING OUT

EDITORIAL

by ALDERMAN
DAVID REVILLE

I believe that the City of Toronto Non-Profit Housing Corporation (Cityhome) has done a good job of providing housing for low and moderate income people. Cityhome has developed 4,500 units and on its drawing boards are 800+ more.

There's no doubt about need: the waiting list is over 5,000 and that's just for 25 per cent of each project we build, the rent-geared-to-income portion. But war has flared up between the Feds and the Province and Cityhome is caught in the crossfire. It isn't rational but it's very, very real. If the federal Minister responsible for CMHC, Romeo Leblanc and the provincial Minister of Municipal Affairs and Housing, Claude Bennett don't stop playing politics with housing, there might not be any.

Simply put, Cityhome relies on the feds and the province to finance two kinds of subsidies: one to decrease construction costs, the other to make rents affordable to people with lower incomes. Each year, Cityhome must wait, anxiously, to see how much money the senior governments will make available. Cityhome can't build a stick of housing until those announcements are made although a good deal of money has already been spent on land acquisition and building design in hopes that the announcements will bring good news.

This year the news is bad. First, Leblanc reduced Ontario's share of the federal housing money; then, Bennett announced that not a dime would go to Cityhome. Flurries of telexes and meetings and breastbeating produced a second federal proclamation: "Cityhome might get to build about 250 units but only if the Province kicks in more money."



"All right," said Bennett, "but only if Cityhome scraps its waiting list policy. Never mind that Cityhome has carefully explained why it uses the approach it does. Never mind that Cityhome thinks my Ontario housing approach doesn't work. They want housing, they build it my way!"

What's going on? Is Leblanc so annoyed that his feds outspend the province 50 to 1 that he'll let Cityhome go down the tubs? Is Bennett really going to leapfrog people from his Ontario Housing Corporation list over the 5,000 families already standing in line?

One thing is certain: while this foolish bickering goes on, Cityhome's waiting list continues to grow. That waiting list is made up of people who need housing — today.

Correction

In last issue's front page story on the book launching at East End Literacy the by-line read Anna Thompson. The writer of the story was in fact Ulli Diemer. Oops! Our abundant apologies to Ulli.



The Moms and Tots program at St. Jamestown gets a helping hand from Martine Perreault, 19, and Tim Alp, 20 (inset). Martine and Tim are volunteers for Katimavik, a nine-month federal government program that allows Canadian youth to travel their country and to make a contribution to the communities they visit.

Budget gives breaks to wrong people

by LYNN McDONALD
MP Broadview-Greenwood

The government has brought down a new Budget proposal, and the best one can say about it is that it is irrelevant to Canada's needs. After months of waiting for some direction out of our economic woes, we get a Budget that fosters the massive inequities that already exist in our system, and that does nothing at all to attack unemployment.

Canadians know that unemployment is our most critical problem. We all have friends and family members affected by the tragic situation of young people 18 to 24. Twenty per cent of them can't find jobs. This Budget only pays lip service to the problem.

The Youth Opportunity Fund promises one job a year to 1.5 per cent of the young unemployed. At a total of \$150 million the fund is negligible. The figure seems like a huge sum to the individual, but look at it in the perspective of government spending. It is less than the \$200 million that Lalond came up with in one afternoon last year, after he unwittingly revealed his last budget figures too early. It is less than the Liberal slush fund you've been reading about lately.

Compare it with the close to \$1 billion that goes out every month in UIC. Or the close to \$10 billion a year given to corporations in the form of grants and tax reductions.

There are between 1.5 and 2 million unemployed right now. The government projects the figure will stay over 1 million for as long as they have the courage to make projections. With no measures for meaningful and long-term job creation, this Budget ensures that unemployment rates will continue to run high.

The housing sector offers us the chance to quickly boost employment, and at the same time to try to solve a critical social need, the shortage of low-cost housing.

Rather than \$10 billion a year in breaks to corporations, we need technical training for employees. We should require performance in purchasing Canadian products, for example, and new research and development. In other words, create jobs, and create them here in Canada.

But the government continues to cater to the corporate sector at the expense of the average earner. In 1980, the government told us that burden would be "shared equitably." How does this translate in terms of the Budget proposal? Take a look.

On the one hand you've got a \$50 increase in the guaranteed income supplement to elderly singles — about 700,000 people. On the other, you've got a tripling of the tax shelter for the well-to-do who buy RRSP's.

It is expected that over \$60 billion will have gone into tax-sheltered RRSP's by the end of 1983. Yet only 12.6 per cent of people earning less than \$50,000 even buy them.

And that's just one of the loopholes added to an already too generous system. This Budget does nothing to help spread the country's tax burden. Right now, there are over 8,000 people in Canada with income over \$50,000. The loopholes will add even more people to that number.

As for small business, the Budget seems to offer a few incentives at last. But the reforms are all cosmetic. The "simplification" of the tax system for small business is a good thing, but it's really only a change in record-keeping. It only removes some

of the complexities introduced by the government itself a few years ago.

Other "benefits" aren't really for small business at all. They're only more loopholes in disguise. They expand the definition of small business so that high income professionals like doctors and lawyers will qualify for the name, and lower tax rates — roughly half of what they pay now.

There is nothing to encourage small business to create more jobs, directly or indirectly. There is nothing similar to the NDP's proposal to lower interest rates to help expansion in an area that could create a large number of jobs.

At the same time, the Budget does contain a few positive measures. In my next column, I'll talk about some of the good things — reforms to help large numbers of people, reforms that I and others in the NDP have been working on for a very long time.

With a little help from our friends

Seven News would like to thank the people who have started our annual fund-raising campaign off to a good start with their supporting contributions. They are:

Dr. S. Galtman
Carolyn Barber
Sheila and Niall Byrne
Joanne Campbell
Gordon Cressy
Ralph Cunningham
Noreen Dunphy
Frank McIntyre
Evelyn Elrick
Norman Feltes
Mara Glebovs
A.M. Greenaway
Ron Kaplansky
Urenia Ivonoffski
R.S. Keefe
Andrew Keith
Martha Macdonald
M. MacMillan
R. Manson
Joe McDonough
Dr. Albert Ng
Dr. Archie Chung
John O'Dea
Francis Ogden
Pat O'Rourke
Manuel Pacheco
Ethel and Bus Proulx
Satu Repo
Frank Showler
Ron Smith
Margaret A. Stokes
Linda Sevier
R.C. White
Linda Hart Wile
Jean Wright

as well as eight people who requested that their names not be listed.

This support is greatly appreciated — without it, Seven News cannot continue to publish. We would request that you forward your contributions, if you have not already done so, to Seven News, so that we can continue to provide Ward Seven with its own community newspaper. The suggested contribution is \$20 — less than the subscription cost of almost any other publication.

Please fill out the coupon on page 2, and send it with your contribution.

LETTERS

Dear Seven News

Its' amazing how our paper keeps rising from the ashes like a phoenix. The last few issues have been quite interesting.

Contribution enclosed,

Sincerely yours,
Kate Stevens

SEVEN NEWS

Volume 14
Number 18

249 Sherbourne St., Toronto M5A 2R9 Tel: 921-2548

Editor
Michele Young
Advertising Manager
Darrin Henry
Photographer
Doron Rescheff
Typesetting
Anne Dancy

Board of Directors
John Campey, Meg Floyd, Peter Oliphant, Rob Hutchison, Barb Hall, Albert Ng, Keith Tarswell

Next Board Meeting
April 30, 8:30 pm

Next Editorial Meeting
May 3, 8 pm.

This issue would not have been possible without the help of over 150 volunteers.

Office Hours
10 a.m. to 2 p.m.

Seven News is a non-profit newspaper published every second Wednesday by Seven News Inc.

FUNNEL VISION



by BRIAN BURCH

Since 1979 The Funnel has been serving the experimental film-making community of Toronto, and interested members of the public. Located in a re-vamped warehouse in southern Ward 7, it provides a centre for audiences to see works of, and talk with, new and established filmmakers from around the world.

The Funnel is an artist-run centre. Its members, all experimental filmmakers, not only use the space as a production centre and a place to show their work but can be found doing everything from sweeping floors to fundraising.

Filmmakers use the cameras, recording equipment, film studio and theatre of The Funnel. They also use the space as a place to exchange ideas with each other and engage in the critical dialogue necessary for the development of any artist.

Members of The Funnel are well known in the film community. Their work has been screened across Canada and internationally. A number of them have had their work accepted for broadcast on PBS, most recently Anna Gronau's *Wound Close*, David Bennell's *Hadrian's Villa* and Michelle McLean's most recent and as yet untitled work.

The general public is offered an opportunity to see films and discuss the works with their creators. Workshops on various film techniques are offered to the public and members of The Funnel are willing to meet with organiz-



John Porter

Film forum: after viewing films at the Funnel, the audience often participates in discussion with the film makers themselves. The experimental film centre on King St. also offers workshops in basic film-making.

ations to discuss ways that they could work together.

Wednesday and Friday evenings The Funnel presents films with the artist in attendance. (International programming makes up about 50 per cent of their showings, allowing Toronto audiences a chance to see films and talk to filmmakers from the U.S. and Europe.)

Tomorrow, part four of the

Toronto Historical Series will occur, featuring work by Michael Snow, Joyce Wieland and Bob Cowan produced in the late '50s and early '60s. On May 20 Leslie Thornton, an American filmmaker will be present to show her films, including *Jennifer, Where Are You?* On *China Oh and Adynata: Murder is Not a Story*. Admission is \$3.50 and the showings begin at 8 p.m.

Upcoming workshops include basic filmmaking, which is an introductory course in Super 8 filmmaking, and Optical Printing. Basic filmmaking is a four night course, commencing on May 7 and Optical Printing a weekend course beginning May 25. Registration is on a first-come basis so interested people should contact The Funnel as soon as possible.

Those interested in The Funnel are welcome to drop by their 507 King Street East home or phone them at 364-7003. The members of The Funnel are themselves an integral part of the artistic community of our area of Toronto. Your input into their programming, presence at showings and participation in skills-developing workshops is important to their success.

A kinesiologist explains: The science of body movement

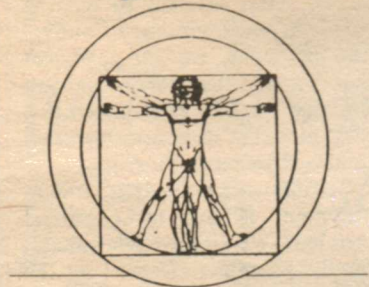
by KAREN BERETTA

Kinesi-what?!
Kinesiology — that's what! Pronounced kin-esi-ol-ogy, it is, in its simplest form, defined as the study of human movement. Kinesiologists examine how biological, physical, social and psychological factors can influ-

ence and be influenced by movement in the realm of work, sport and exercise.

Physical fitness and exercise are areas in which the kinesiologist excels in terms of expertise. The multi-disciplinary background assists in the design and execution of exercise programs. Physical fitness and physical capacity assessments followed by prescriptive advice and consultation regarding diet/nutrition, pregnancy, lower back problems, athletic involvements, et cetera, are areas in which the kinesiologist can assist everyone from the novice participant to the elite athlete.

Biologically, kinesiologists examine the ability of the body to



adapt to various physical workloads under various environmental conditions.

From a physical perspective, we investigate the origin, control and effects of forces that are produced by and act on the human body. Biomechanics deals with such issues as the size and control of the patterns of mus-

cle force and mechanical energy produced in human movement. Biomechanics is also concerned with response of the human impact forces — for example: blows to the head. This type of information assists in the design and evaluation of helmets.

Kinesiologists have the expertise to evaluate and solve the problem of human movement in industrial, business, educational, rehabilitation and social settings. Assessments and prescription of solutions to problems in the workplace involve issues such as man-machine interaction, matching skill level with job demands, workplace boredom, fatigue.

So where does one find a kinesiologist? Kinesiologists are employed under numerous auspices, the most popular of which are: ergonomists, physiologists, fitness consultants, exercise specialists, sports medicine therapists and teachers.

We are becoming increasingly body conscious, and in doing so, the need for professionals such as kinesiologists is growing. This relatively new multi-disciplinary science has a tremendous amount to offer. Kinesiologists have been referred to as body experts — especially in the area of exercise. If you're contemplating the initiation of an exercise program in the near future, especially with your summer season quickly approaching, it may be wise to consult your neighbourhood kinesiologist.

Karen M. Beretta has a B.Sc. in Kinesiology and teaches at Bodycorps Exercise Studio.

FUTURE PAST

HOURLY — LONG IN-DEPTH PSYCHIC

READINGS: TAROT, PALMS, CUPS, PARTIES

194 CARLTON
925-3021



- GRASS CLOTHS
 - MYLARS
 - VINYL
 - FABRICS
- SATISFACTION GUARANTEED

The Wallpaper Hanger
70 CAMBRIDGE AVE., SUITE 1521
TORONTO, ONTARIO M4K 2L5

Judy McKay Tel. (416) 465-8339



Central Neighbourhood House
349 Ontario Street
925-4363

Central Neighbourhood House is seeking candidates for the Board for 1984-85. Each Director is elected for a three year term, but may stand for re-election once only, to serve a second three-year term.

Nominations may be received up to and including May 8 for inclusion on the ballot. If interested please contact LIZ, 925-4363 at Central Neighbourhood House for the necessary forms. Elections will take place at the Annual Meeting on Tuesday, May 15 at 7 p.m.

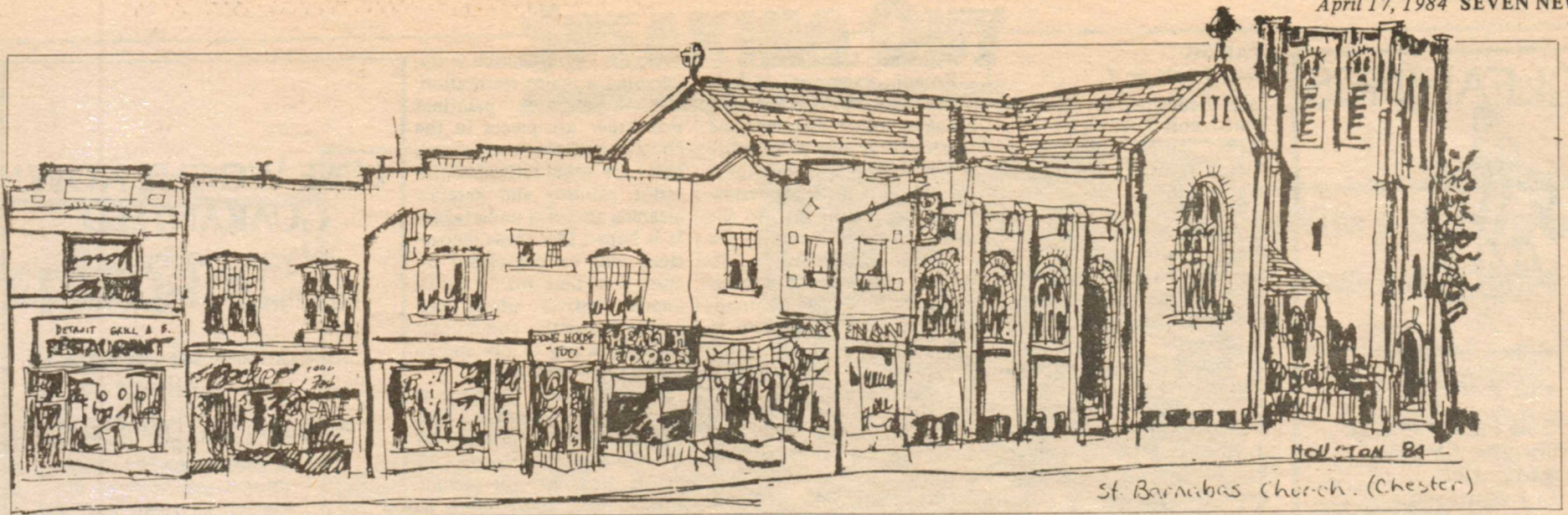
We at Surkos Hardware

would like to take this opportunity to thank all our customers whom we have enjoyed serving so much during the past 24 years at this location.

We are retiring from business and will miss you all.

Thank you for your patronage.

Sincerely, Emil & Mary Surkos.



St. Barnabas Church. (Chester)

Ward Seven Church Directory

Woodgreen United Church

United Church
875 Queen St. E.
(at Logan Ave.)
Sunday Worship Service
Sunday School
11 a.m.
Seniors Drop-in-Club
Tuesdays 1:30 p.m.
Rev. John Hilborn 461-1105

Saint Luke's United Church

United Church
353 Sherbourne St.
Morning Worship
Nursery, Sunday School
10:30 a.m.
Forum
Discussion of Current Issues
2:30 p.m.
Healing Service
(2nd Sunday of every month)
12:15 p.m.
Communion
(4th Friday of every month)
8 a.m.
Rev. J. Malcolm Finlay 924-9619

Danforth Gospel Temple

Pentecostal
1050 Danforth Ave.
Sunday Services
11 a.m. & 6:30 p.m.
Sunday School
9:45 a.m.
Wednesday Evening
7:30 p.m.
Rev. Lars P. Kleynhans 461-6061

St. Barnabas Church (Chester)

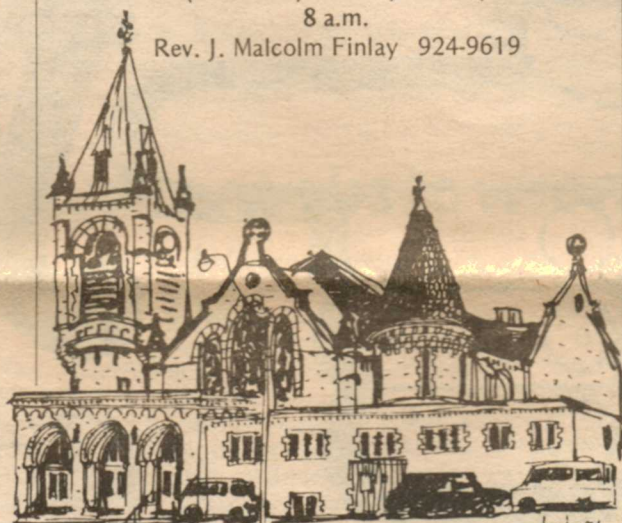
Anglican
361 Danforth Ave.
Easter Service & Holy Communion
9 & 10:30 a.m.
Rev. V.I. Goring 461-1344

Little Trinity Anglican

425 King St. E.
9 a.m.
Holy Communion
10:30 a.m.
Morning Prayer
7 p.m.
Evening Prayer
Rev. F.H. Crook 367-0272

The Salvation Army Riverdale Corps

312 Broadview Ave.
Sunday School (All Ages)
9:45 a.m.
Family Worship Service
11 a.m.
Praise Meeting
6 p.m.
Lieut. Philip A. Routly 466-4750



St. Luke's United Church

All Saints Anglican Church

315 Dundas St. East
April 19 - Maundy Thursday
7:30 p.m.
April 20 - Good Friday
10 a.m.
April 21 - Easter Vigil
7:30 p.m.
April 22 - Easter Service
11 a.m.
Regular Service every Sunday
11 a.m.

Rev. G. B. Lennon 368 7977

St. Peter's Anglican Church

190 Carlton St.
Maundy Thursday
7 p.m.
Good Friday Liturgy
Communion at Noon
Easter Sunday
Communion at 8, 9, 11 a.m.
Rev. John Wiseman 924-1891

Our Lady of Lourdes

Roman Catholic
510 Sherbourne St.
Weekday Masses
8 a.m., 12:10 p.m., 5:15 p.m.
Saturday Masse
5:15 Sunday Liturgy
First Friday: Charismatic Renewal
7:30 p.m.
Sunday Masses
8:30, 10, 11:30 a.m.
1 and 7 p.m.
Fr. T. Walsh, S.J. 924-6257

Regent Park United Church Christian Resource Centre

40 Oak St.
Good Friday - Rev. J M. Metson, Mr. Carmel Mili
11 a.m.
Easter Sunday Communion - Mr. Larry Morris
11 a.m.
Regular Sunday Services
11 a.m.

363-4234

Church of Scientology

437 Sherbourne St.
Free personality testing.
Know the results - no obligation.
Celebrity Centre Drop-in
7-11 p.m. weekdays
9-6 p.m. weekends
Rev. Mike Argue 961-0085



GLEANINGS



Quilts * Antiques
Gifts * Dinnerware

553 Parliament St.
Toronto, Ontario
M4X 1P7
(416)961-2784

PARISH

cont'd from pg. 1

laid. Dedicated in 1889, the church cost \$101,125.

The church, designed by Joseph Conelly, bears an Italian motif.

In 1933, the sculpture of the Pieta — the Mother of Christ holding the body of her son — was erected at the front of the present church and was dedicated to those unfortunate immigrants and to Bishop Power who had died in the 1847 epidemic.

St. Paul's works with many groups within the community including St. Vincent de Paul Society, the Good Shepherd Refuge, the Salvation Army, St. Michael's Halfway House, and the Regent Park

Community Association.

Recent examples include work St. Paul's is doing with agencies, other churches and interested groups to organize a "food bank" to distribute wasted foods from restaurants around the city to the poor. As well, during the height of the recession, St. Paul's worked with various groups including local politicians to arrive at solutions to the growing problem of accommodation and sleeping quarters for the homeless.

The St. Paul's team also work with Rev. H.J. Bedford, a chaplain for the City Hall Courts, to provide assistance to recently released prisoners. In this Sesquicentennial

year, St. Paul's Church is undergoing a major restoration. The magnificent paintings and other art pieces in the church are being re-vitalized, pews are being refinished, interior painting and exterior cleaning are being undertaken. It is hoped that these renovations will be completed by June 9 in time for St. Paul's annual festival which welcomes the entire community to enjoy a day of fun and to get to know each other.

With the theme Celebrate at St. Paul's as part of the City's Sesquicentennial theme, A Celebration of Friends, St. Paul's activities will include special plays and exhibits to highlight the city's 150th birthday.

LOSE WEIGHT NOW! GUARANTEED

(or your money back)

Nutritious Convenient

Call Gail Taleski 469-0653

An Authorized Distributor
of Herbalife

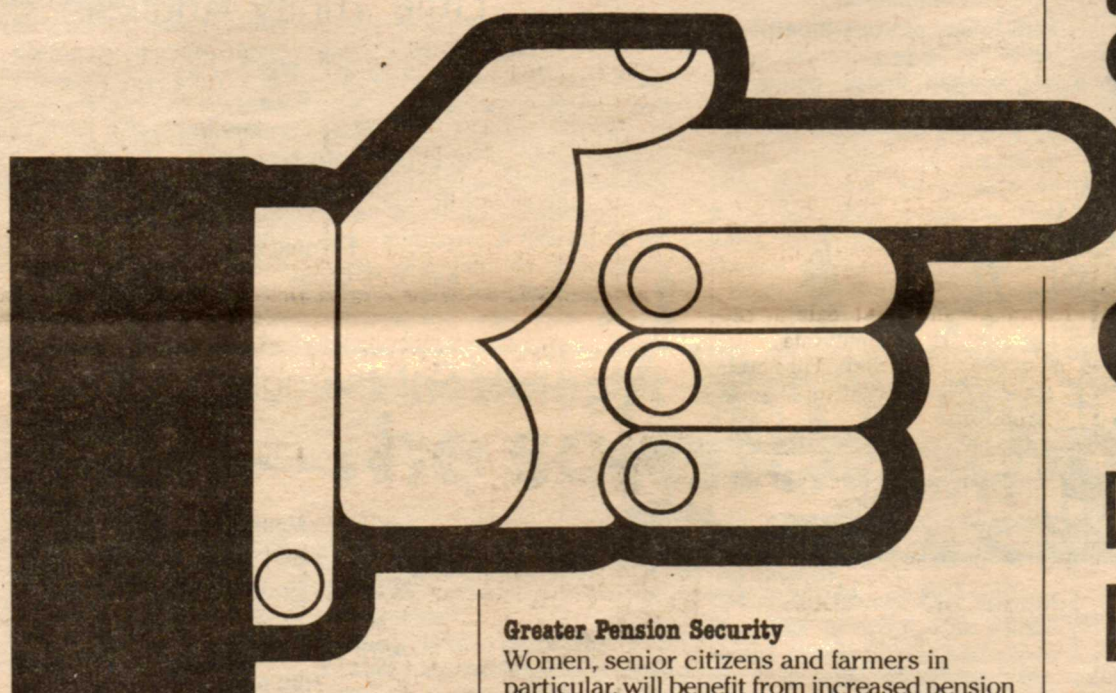
Distributorship enquiries welcome

The Government of Canada recognizes the fact that all Canadians must work together in partnership if Canada is to grow and prosper. This is particularly important now, at a time when the economy is recovering and new opportunities are presenting themselves.

Budget 84 is designed to allow us to capitalize on this climate and to provide the economic opportunity and security all Canadians seek.

A Fair Tax System

Taxpayers' rights are being strengthened, particularly with regard to assessments, penalties and interest charges. And, quarterly payments are being eliminated for some 550,000 individual Canadians.



Greater Pension Security

Women, senior citizens and farmers in particular, will benefit from increased pension security. New pension legislation will allow all Canadians better opportunities to save for their retirement.

Farm Sale — Tax Savings

In order to encourage the continuation of family farms, new legislation will be introduced that will help farmers to provide for their retirement adequately.

The Mortgage Rate Protection Program

This program will be introduced to enable homebuyers and homeowners to buy protection against extraordinary increases in mortgage rates.

\$150 Million Reduction in Federal Taxes for Small Business

The net result of simplification of small business tax laws, as well as new initiatives and provisions for growing small businesses, will mean a tax saving for small and medium sized businesses of some \$150 million.

Profit Participation

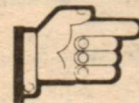
Employee Profit Participation Plans will assist Canadian workers and managers to build a more productive and competitive economy. The budget proposes to encourage gain sharing with a special tax credit that would be shared between employers and employees.

These are just a few of the important provisions of Budget 84 that benefit us all. The Government of Canada needs your participation to help build for the future. Get involved.

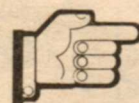
Budget 84 involves you



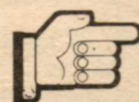
If you're
a taxpayer



a pensioner



a woman



a small business
owner



a farmer



a homeowner or
homebuyer



a worker

A number of simple-to-read brochures have been prepared to help you. Find out more about Budget 84 by sending the coupon below.

Mail to: Budget 84, Department of Finance
160 Elgin Street, Ottawa, Ontario K1A 0G5

Please send me the following brochure(s):

The Budget and

- | | | |
|------------------------------------|--|---|
| <input type="checkbox"/> Women | <input type="checkbox"/> Pensions | <input type="checkbox"/> Small Business |
| <input type="checkbox"/> Taxpayers | <input type="checkbox"/> Profit | <input type="checkbox"/> Homeowners |
| <input type="checkbox"/> Farmers | <input type="checkbox"/> Participation | <input type="checkbox"/> and Homebuyers |

Name _____

Address _____

Postal Code _____

Canada



Finance
Canada

Finances
Canada

COMMUNITY CALENDAR

Friday

April 20

The Funnel is pleased to welcome back American filmmaker Leslie Thornton. Thornton will be present to screen her films Jennifer, Where Are You, Oh China Oh, Her Weak Memory of the Tornado, and Adynata: Murder is Not a Story. 8 p.m. 507 King Street.

Kaleidoscope: Come to Harbourfront from 11:30 a.m. to 5 p.m. and hunt for chocolate Easter eggs, make bunny sculptures, egg heads and greeting cards. Admission is free for the whole family. 364-5665.



Saturday

April 21

Come to the Toronto Union of Unemployed Workers Coffee House. Tonight at 9 p.m. An original play by members of the union will be presented as well as other entertainment and music. Sandwiches and coffee will be served at nominal charge. Admission for the unemployed is \$1; employed \$1.50. All welcome.

Craftsman of the Month: The works of wood turner Marilyn Scott will be in York Quay Centre until April 29. The display consists of decorative and functional pieces, such as bowls, cheese boards and more. Admission is free. 9 a.m. to 9 p.m.

Wednesday

Area East Parents for French Meeting: Regarding the formation of French as a second language advisory committee - a proposal to greatly increase the input of parents in the shaping of French programs offered by

the Toronto Board of Education. A Board speaker will explain Board guidelines governing the staffing, qualifications and hiring of French teachers. A question and answer discussion period will follow. 7:30 p.m., library, Queen Alexandra School, 885 Dundas Street East.

Popular Education in Chile Today. Third in a series of talks on popular education in Latin America. Speaker Horatio Walker. 7:30 p.m. OISE, Room 3311, 252 Bloor Street West.



Thursday

April 5

Ten Lost Years: The University of Windsor's Dramatic Arts students present this collection of memories from the Depression in Canada; the show was nominated for a Chalmers Award in the outstanding play category. Adults \$4, students and seniors \$3. 8:30 p.m. Harbourfront.

Rummage and Bake Sale at the Sacred Heart Church today, tomorrow and Saturday. Till noon. Corner of Carlton and Sherbourne.

The Group of Several presents Somethins' Rockin' in Denmark by Cliff Jones. Through May 5. Hart House Theatre 978-8668.

Friday

Toronto artist (poet, photographer, filmmaker, performer) and editor/publisher of Impulse Magazine, Eldon Garnet will be present for this premiere of The Political Error which uses a baseball game as a metaphor for life, and Portraits - an ongoing series in Super 8 which features single figures talking, mugging, acting or being him/her-self. Tonight at The Funnel, 507 King Street East, 8 p.m.

Saturday

April 14

The Third Annual Toronto Book Fair today from 10 a.m. to 4 p.m. at Market Sq. beside the St. Lawrence Market. Admission is free. Over 69 Canadian publishers selling books and magazines.

Sunday

April 8

The Toronto Union of Unemployed workers is holding their annual regular meeting today at 1:20 p.m. at Central Neighbourhood House, 349 Ontario Street. All unemployed, under-employed and non-unionized workers are invited to attend.

ONGOING

Parents having children born during the year 1979 are advised that such children are eligible for entry into Senior Kindergarten beginning September 1984, and children born in 1980 may be admitted to Junior Kindergarten.

For registration you will need a birth certificate or some official confirmation of date of child's birth, and the child's immunization record.

Please contact the school by

phone for appointment.
Lord Dufferin Public School 921-2107
Park Public School 364-8717
Regent Park and Duke of York Public Schools 363-3441
Rose Avenue Public School 923-6478
Frankland Public School 463-1119
Dundas Public School 461-0947

Ritz Restaurant
243 Carlton St.
(at Parliament)

CHINESE FOOD

20% OFF

(10% if payed by credit card)

PICK-UP, TAKE-OUT
CHINESE FOOD ORDERS
over \$10 only (not delivery)

VALID ON REGULAR MENU
PRICED A LA CARTE FOOD

PRESENT COUPON
WHEN ORDERING

927-7525

(Closed Mondays)

COUPON EXPIRES MAY 9/84

CLASSIFIED

People read Seven News Classifieds (don't believe us? ... what are you doing right now?)

Seven News Classifieds - reach Ward 7 for only \$5 for up to 30 words. Classifieds for the next issue must be received by April 27. Send them, with your payment to Classifieds, Seven News, 249 Sherbourne Street, Toronto M5A 2R9.

Services

Air Conditioners - repair and service. 921-8751.

Appliance repairs on stoves, refrigerators, washing machines, dryers, et cetera. Call 921-8751.

House painter and decorator. Residents and homeowners. As well will be available to do some work on your holidays. P.O. Box 1311, Station A, Toronto, Ont. M5W 1G7.

John W. Grice, chartered accountant: taxation accounting, auditing and bookkeeping services for businesses and individuals. Call 927-8961.

Piano Tuning Special - \$30 minor repairs when necessary and your unusual pianos are no problem. Consultations welcome. Call 466-3711 pronto!

Professional Typing: IBM Selectric, all kinds. Reasonable. Parliament and Wellesley. After 7 p.m. and weekends. 921-8235.

Volunteers

Help! Connexions, a magazine that is a "readers digest" of grassroots work for social justice and change, needs volunteer help with office work, writing, editing, indexing, et cetera. New collective members always welcome too. Call Ulli at 960-3903 or 920-4513.

Classes

Body Corps Exercise Studio - provides a well rounded aerobic program. Rejuvenate tired muscles, cordio vascular systems and mental sprits. Spring into action. Call 469-5225, 95 Danforth Ave.

WE WANT YOU!

Seven News is your community newspaper. It is written, produced and distributed almost entirely by volunteers. If it is to be the kind of paper you want it to be, we need your help.

We need:

Writers	Columnists
Photographers	Distributors
Office help	Photo Editor
Two Board Members	Proofreaders
Editorial Assistants	Fund-raisers

One or two people every other Friday (morning or afternoon) to help the Dixon Hall van with distribution.

If you are interested in any of these areas, please call the Seven News office (921-2548) and join the Seven News team of over 150 volunteers.

Robert A. Brosius

CHARTERED
ACCOUNTANT

Tax and Accounting Services

922-6949

In Cabbagetown
Parliament & Wellesley

P.O. Box 158, Station A
Toronto M5W 1B2

Professional Directory

Optometrists

Telephone 466-6670

Dr. Albert S. Y. Ng.
Dr. Archie Chung
and Associates

318 Broadview Avenue
(Broadview and Gerrard)
Toronto, Ontario M4M 2G9

DR. T. McGARRAGLE
698-3322

HOUSE CALLS

Metro Animal Hospital
2646 Danforth Avenue
Toronto M4C 1L7

DR. C. KNEEBONE
698-3838

Oliphant White + Associates

Management consultants

Oliphant White + Associates offers a full range of management consulting services. In many engagements the firm collaborates with other professionals with complementary skills.

The firm invites enquiries from public, private and not-for-profit enterprises concerned with social and cultural policy or with adapting to social or economic change.

37 Amelia Street, Toronto M4X 1E3. (416) 924-2387

LISE JANELLE, D.C.

Is pleased to announce
The opening of her practice

at

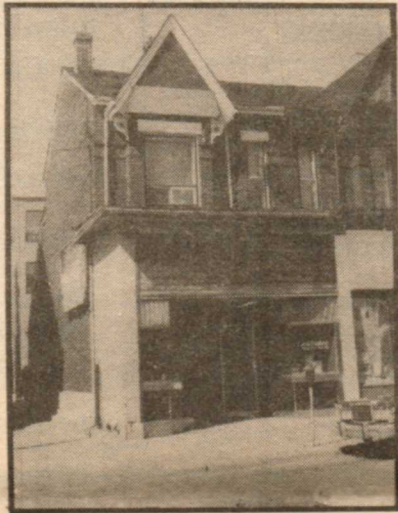
798 Broadview Avenue

465-8737

We get Results!

In Cabbagetown, & Riverdale

Cimerman Real Estate this year celebrates 10 successful years, now as Toronto's #1 Independent Realtor. Computerized, with 8 offices throughout the metro area Cimerman has hundreds of agents to look after your every need!



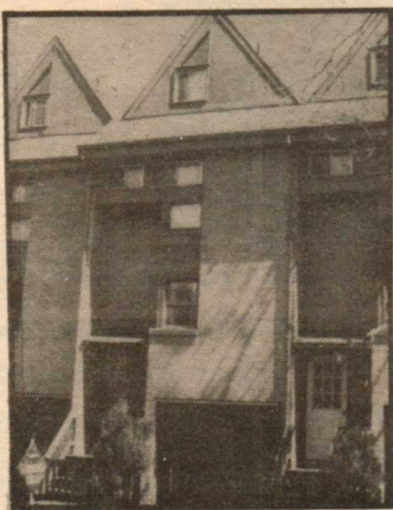
STORE & APARTMENT
Asking \$159,000
Parliament St. at Carlton. Parking from lane. Vencor will hold \$100,000 1st Mrtg. at 10½% - carries for \$928 monthly. Potential income \$450 apt. \$850 commercial. Ideal owner occupied or investment. TOM McNEILL.



YONGE & CARLTON
2,500 square feet of luxury living in the heart of the city. 3 bedrooms, living room with fireplace and walkout to deck and patio. 2 car parking and finished basement. For more information call BARRY SHECTER.



STUNNING RENOVATION
Solid brick - featuring exposed brick walls, fireplace, hardwood floors and parking. Quiet location. Only \$84,900. SUSAN BAJARI.



ONTARIO STREET
3 bedrooms, 2-4 pce. baths, private drive, garage, fenced yard. Great financing, can be bought with just \$10,000 down. Close to everything - shopping, TTC, walk to work downtown. Asking \$118,900 - try your offer. SUE WALLISER.



A RIVERDALE BEAUTY
Airy living/dining rm. comb. Large bright eat-in kitchen. Sliding glass drs. leading to deck and garden. Cathedral ceiling in master bdrm. adds final touch to this stunning renovation. Asking \$119,000. HARVEY MALINSKY.



JUST LISTED and PRICED TO SELL
Only \$116,000 buys lovely lower east side 3 bedroom semi. 2 baths, garage, deck, 5 major appliances, fireplace and much much more! KEITH TARSWELL.

CIMERMAN
THE OUTPERFORMERS WE'RE BOLD ON SOLD! Cimerman REAL ESTATE LTD.

922 5533