

# Your Friendly Neighbourhood Censor keeps you pure

By JIM HOCKLEY

Well, the Ontario Board of Censors is at it again! **The Tin Drum** beats out the dreary rhythm that last fall we heard during the battle over **Luna**. No one can deny that the Board has talent for getting in the news.

Not so the Manitoba Film Classification Board. The public, says Chairman Mrs. Hope Carroll, seems to have "reasonably accept-

ed" the Board and expects it to do only what it is allowed to do by law.

Admittedly, the task facing the Manitoba Board is less onerous than that facing its Ontario counterpart. The Ontario Board of 7 members screens some 1,400 films a year. The Manitoba Board of 15 members puts through a third that number (370 feature films in 1979, 441 in 1978). Clearly the Manitoba Board has much less opportunity to cause a stink!

The two provincial agencies differ greatly in their respective mandates.

Ultimately the Ontario Board may control what films everybody in Ontario sees. The Manitoba Board may decide only for persons under 18, or it can pass that decision on to parents or legal guardians of those persons. The Board exercised each option for a third of the films reviewed last year.

Placing so much responsibility in

the consumers' hands surely explains why the Manitoba Board's activities cause little flurry at home. But not only has the Government declined to act as the major moral arbitrator for filmgoers, it also has been content with a modest administrative arm that is less susceptible to charges of moral bludgeoning than is the comparable administration in Ontario.

One of the last provinces with omnibus legislation encompassing

censorship powers and wide controls over film distribution, Ontario lumps in its Theatres Act three functions: licencing theatres, film distributors and projectionists; applying building standards to public theatres; and controlling the content of films shown.

This enormous concentration of authority has led to allegations by distributors and theatre managers that licencing powers can be used as

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## NEWS

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315 Dundas St. East (All Saints Church) Since 1970  
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### FREE TAKE ONE

Deadline for the Next (June 6) issue of 7 News is Monday June 2. Bring or mail your news, pictures, or ads to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or phone 363-9650.

## The new tenant laws: how they affect you

Rent control has been in effect in Ontario since 1975 to protect tenants from exorbitant and/or frequent rent increases. Since December 1979, some changes in legislation have affected rent review in apartment buildings in different ways.

*If a landlord wants to increase the rent on any unit in his building above 6%, he must now make an application for every single unit in the building.*

Previous to this change, the landlord just had to apply for those particular units for which he wished to increase the rent above 6%. As a result of this new type of application by a landlord, a hearing will be held where the rents will be set for each unit for the next 12 month period.

Even if some units are not occupied or not due for an increase at the time of application, or even if the landlord wants to increase the rent on some units by 6% or less, the landlord must still apply for a whole building hearing as soon as he wants to increase the rent of one unit by an amount above 6%.

Each unit's rent can only be increased once in any 12-month period, and only at the end of a lease. Even if the tenants change three times in one year in a particular apartment, the rent for that unit can only be increased once in any twelve-month period.

Therefore, all tenants do not have their rents increasing in the same month. The Residential Tenancies Commission will set the amount that each unit can increase at the one hearing, so that the Commission's decision may affect the rent in some units right away but not change the rent in other units until five or even ten months later. Each tenant may receive an increase no earlier than 12 months from the last raise.

Before the rent can be increased in a particular unit, the tenant must receive written notice of the increase at least 90 days before the date the

landlord wants to increase the rent. Consequently the landlord will have to mail or hand-deliver numerous notices for the different dates at which the increases would take effect.

Since there will be only one hearing every 12 months, it is very important that all tenants participate in that hearing. It will be the only opportunity for tenants to challenge the landlord's application, even if a tenant's rent will not be increased until months after the hearing.

The building hearing will take into account the general standards of maintenance, or lack of maintenance. All the tenants in the building should consult each other — at a tenants' meeting, or through a questionnaire distributed throughout the building. To argue that the building has *not* been maintained, tenants will need proof. Therefore the experiences of as many tenants as possible will be helpful for the tenants' case. If there are problems, tenants should consider having a city building inspector doing a thorough inspection.

A hearing for a whole building can confuse tenants with different dates for different aspects of a decision to raise the rent. The following summarizes the legal requirements which must be met before a rent can be increased:

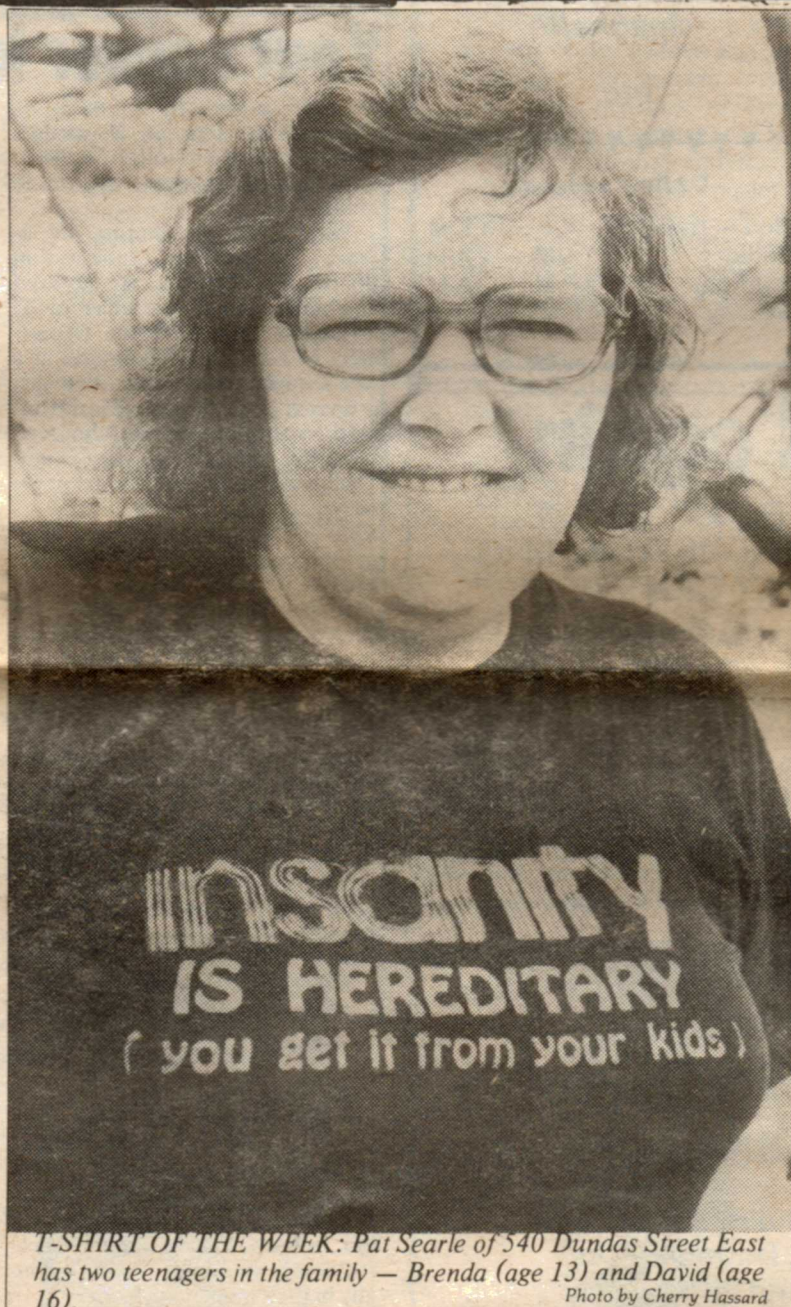
- 1) each tenant must receive written notice of the increase at least 90 days before the date the landlord wants to increase the rent.
- 2) no rent can be increased until 12 months have passed since the last increase.
- 3) each tenant must receive a copy of the landlord's application to the Residential Tenancies Commission at least 60 days before the first rent in the building will increase, if that increase is above 6%.
- 4) each tenant must receive a notice of the hearing.

The above information is general, so in any situation we recommend consulting a lawyer or a legal clinic.

## No gains for seniors

Many senior citizens are watching their incomes shrink as a result of the provincial government's policy of reducing the amount of family benefits if the Canada Pension is increased.

If the pension is increased to cover inflation, the family benefit cheque is reduced by the same amount. Consequently, there is not only no increase in the pension, but there is actually a loss of income as inflation continues to climb.



T-SHIRT OF THE WEEK: Pat Searle of 540 Dundas Street East has two teenagers in the family — Brenda (age 13) and David (age 16).  
Photo by Cherry Hassard

## Send your kid to camp

Summer brings with it sweet promises of soft, warm evenings, lazy days by the water, picnics, and a favourite sport or two. It also brings parents, especially working parents, a seasonal dilemma: what to do with the children during those lovely, long summer days? And, in these days of inflation, what will fit into an already strained budget?

One answer is to send them to a camp where there is good supervision and a well-qualified staff that really cares about young people. Family Service Association of Metropolitan Toronto, a United Way agency, has two such camps: Bolton Camp, 45 miles northwest of Toronto, for boys and girls from seven to thirteen; and Illahee Northwoods Camp in the Haliburton Highlands for teenagers from thirteen to fifteen. Both camps charge a low fee based on the family's size and income.

Bolton Camp, on 335 acres in the Albion Hills, has three separate camps, one each for boys and girls and a third one for mothers with small children to seven years of age.

Children at Bolton live in small cabin groups, with a young counsellor who has received extensive leadership training. For twelve days they are engrossed in outdoor activities — swimming, sports, crafts, theatre, overnight hikes, cookouts, campfires and events they plan themselves. At the mothers' camp, the young children have planned activity programs geared to various age levels and their mothers are free to do as they please — rest, chat, or get involved in the camp's activities.

The teen camp, Illahee Northwoods Camp, on Drag Lake in Haliburton, offers two weeks of waterfront sports and exploration of the northern hinterland. Another camping program for children with medical handicaps is operated at the same location but separated from the teen program. The camp provides a full activity program with twenty-four hour medical coverage by a doctor and nurse.

For camp enquiries call Bolton Camp at 922-0713 and Illahee Northwoods Camp at 922-3126.

## Organizers talk shop

The Ward 6 Community Organization (W6CO), through its Community Development Committee, is sponsoring a one-day workshop on "Community Organizing". The workshop, run in cooperation with community organizer Lina Chartrand, will be held on Sunday, June 15, at Neill Wyclif Co-operative College, 96 Gerrard St. East, beginning at 12:30 PM.

The day begins with a keynote address on the general principles of organizing — things which work and those which don't. Five concurrent organizing workshops will take place at 2:15 PM with experienced leaders in: Residents' Associations; Tenants' Associations; Minority Rights; Daycare and Neighbourhood Services.

After a short break, another set of five concurrent workshops beginning at 3:45 PM will cover: Affordable Housing, Job Creation, Provincial Cutbacks, Municipal Election Campaigns and Income and Service Maintenance for sole-support parents, the disabled and the unemployed. A pot-luck dinner will follow.

The cost for the day is \$10 or \$5 for unemployed, with proceeds going to cover the cost of materials provided for workshop registrants. Registration is limited and is on a first-come basis. To be ensured of a place, register now by calling Hank Einarson at 977-0925 or Susan Sparrow at 367-7914.

## Boxing results

By KEN HAMILTON

On May 10, the Cabbagetown Youth Centre hosted the Westminster Boxing Club of Buffalo, N.Y., in a series of boxing matches.

The show opened with the introduction of John Raftery, 1980 Ontario light-welter champ; Don Poole, 1979 Canadian intermediate champ; and Martin Mezzara, 1980 Ontario light-middle champ. The three boxers then put on exhibition bouts.

Juniors engaged in the following bouts:

- Fitz Bruney, 100 lbs., won nicely over Davey Jones of Buffalo.
- Patrick Brown, 90 lbs., and Don Hill, 100 lbs., gave an exhibition of their skills. Both boys are Cabbagetowners.

• Phillip "Machine-Gun" Brown, 90 lbs., gave Nate Gainey of Buffalo a nifty boxing lesson. Phillip was also presented with a special award as best junior Cabbagetown novice of the season.

The main event featured Asif "Wizard" Dar, 120 lbs., Ontario junior champ, winning a unanimous decision over Brian Borden of Buffalo.

These junior bouts were warm-ups for the Ontario Junior Championships which will take place mid-June in Hamilton.

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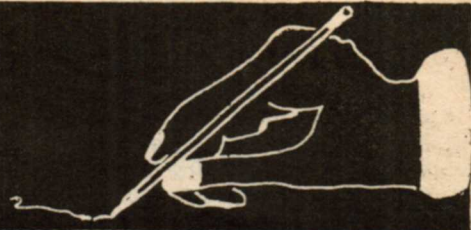
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## LETTERS

If you have comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter to 7 News, 315 Dundas St. East, Toronto. All letters must be signed but if you ask us to, we will publish your letter with a pen name and keep your real name confidential.



## Proud of Ward Seven

Ward Seven has a lot to be proud of this month. First of all, for three nights, audiences packed the Castle Frank auditorium to see "Dammed if you Do."

John Piper, Brian Metcalfe and David Reville deserve a great deal of credit for this musical's success. It was their initiative and hard work that made it all possible. There are at least one hundred other people who deserve credit but I don't think there is room to thank each of them individually.

The other event was the annual Forsythia Festival in Wellesley Park. Tony Brady deserves credit for all of the hard work put into this

event. Once again there were a lot of others who cannot be mentioned but who must have also worked long and hard.

## Nursery says thanks

One more thank-you to all involved in **Dammed If You Do** for their splendid community effort and top notch entertainment.

Lesser known, perhaps, than their contribution to 7 News was their support of Don Vale Co-operative Nursery School in enabling us to provide refreshments at the three performances. As a result the nursery netted just over

Both of these events were fun and rewarding and (mercifully) were really just for fun and not to sell real estate. Keep up the good work.

**Bob Katz**

\$1,000 to cover its financial obligations until the end of this term, and to start the new year in September with a little in the bank.

It is all the more commendable that the members of the cast paid for their own food and drinks.

Paul Chisholm,  
(Participating parent,  
Don Vale Co-op Nursery School)

## Duke of York is changing

By JILL LEACH

In September of 1930, four schools were replaced by Duke of York. Students from George Street, Duke Street, York Street, and Victoria Street Schools were moved into a building that now stands on Pembroke Street. These four schools had been among the first built in Toronto, and were old and overcrowded.

Duke of York provided the students with a different kind of education than they had previously been used to. It must have seemed very innovative and exciting to them considering the inadequate space in the schools they had come from. There were special rooms at Duke of York for music, art, natural science, English, health, manual training, household economics, and social studies. There was also an Auditorium and a Gymnasium for the study of athletics and dramatics. Duke of York had been designated as a rotary school — students changed classrooms for each subject. In short, the forerunner to today's system in schools. We may well owe our ability to pass freely through the halls of our schools to the success of this program at Duke of York way back in 1930 when it was introduced to Toronto students.

It is one of life's wonderful little ironies that Duke of York must now consider the possibility of having to move on to another school in order that the building on Pembroke Street can be used for a different kind of education. On May 1st the Toronto Board of Education trustees voted in favour of giving the entire building to Ecole Publique Gabrielle Roy. It has long been known how desperately Toronto needs an established French language public school, and how desperately Gabrielle Roy has needed a permanent home. In many ways the decision was a hasty and sad one, but I am very happy that our Board of Education has been able to take some decisive action for the benefit of the Francophone community — it's only taken them six years. I suppose they feel they can rest easier too, now that that "French Problem" is apparently settled.

Meanwhile, if you have the time, go over to Pembroke Street (between Dundas and Shuter) and treat yourself to one of the finest old schools I've ever seen in this city.

## Your censor keeps you pure

leverage to enforce the Board of Censors' decisions on censorship. Corresponding authority has been dispersed among several agencies in Manitoba.

There, only distributors are licenced by the Film Classification Board. Projectionists are licenced and building standards are enforced through a branch of the Department of Labor and Manpower at a safe distance from the Board, which is housed in the Department of Cultural Affairs and Historic Resources.

Within the last year, the Ontario Theatres Branch has acquired the services of some 110 inspectors who — believe it! — operate from the Inspection Branch of the Liquor Licence Board of Ontario, and are charged with enforcing not only the decisions of the Theatres Act's Director on licencing and building construction, but also decisions of the Board of Censors on permissible contents and advertising.

By contrast, the Manitoba Board needs only one inspector to see that its classifications are properly displayed by distributors during film promotion.

Unable to ban or cut films, the Manitoba Film Classification Board has little reason to generate publicity. Spared the job of providing a cushion between the distributors and theatres and the obscenity clau-

ses of the Canadian Criminal Code, the Manitoba Board must leave to the police the unenviable task of coping with the Criminal Code.

Over the last few years, the Manitoba police have confined their charges to such cinematic classics as **3 AM**, **The Sexualist**, and the **Anomalizer** (most charges having been laid against one theatre and one theatre owner), and court decisions are expected momentarily on **The Other End of Julie** and **Always Up**.

As Manitoba's 1972 system of film classification has settled in, films like **Luna**, **Dona Flor** and **Her Two Husbands**, and **Pretty Baby**, says Sgt. Dan Jones of the Winnipeg Police Department, "have caused no trouble."

One might surmise that these films did not cause trouble because the Manitoba Film Classification Board did not give the police encouragement to intercede.

No one claims that Manitoba has dissipated all the sparks that fly when the film industry crosses wires with public values and social concerns.

But it has made a laudable effort to do so. Now the people can begin finding in their own hearts and minds what really is relevant to public morality and what is mere prudery and prejudice.

## Poll undermines censors

The censorship question was part of a comprehensive survey of voter attitudes undertaken for St. George NDP Association by Professor Jo Surich of the political science department of the University of Waterloo. In the poll, 179 randomly selected voters were interviewed personally in their homes.

Among other questions in the survey, voters were asked to respond to the statement — "The Ontario government should stop censoring movies". 47 percent "agreed strongly" and 17.4 percent "agreed mildly".

"Mr. Drea has his survey and we have ours", said riding president John Goyeau.

"A film classification system — such as the one introduced by an NDP government in Manitoba — would allow filmgoers to sort themselves out and see whatever variety of film each preferred. Instead, we now have the Ontario Board of Censors slicing up films to conform to the tastes of the non-moviegoing public."

Mr. Goyeau said that if the film, **The Tin Drum**, is not shown in Ontario, St. George NDP Association would run bus tours from the steps of the Ontario legislature to the nearest available point of screening. Filmgoers who would like to register for such a tour can leave their name and address at 929-9797 to receive further information.

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# Your guide to the B vitamins

We need about 22 vitamins in our diets to ensure proper growth and good health. Vitamins, free of both caloric and energy value, are important as constituents of enzymes which, in turn, function as catalysts in nearly all metabolic reactions. Catalysts are like referees in a fight who call the play into action but do not get personally involved. From the sidelines, vitamins help regulate metabolism, help convert fat and carbohydrates into energy, and help in forming bone and tissues.

Although essential to our health, vitamins are needed only in minute quantities. The water soluble vitamins, like the B complex and Vitamin C, are measured in milligrams. The fat-soluble vitamins, A, D, K and E, are measured in IU units. Taking more vitamins than needed can hurt more than help. Too much Vitamin B and C excreted in the urine which explains why the water-soluble vitamins must be replenished on a daily basis. Excess of the fat-soluble vitamins gets stored in the body and

may cause toxicity. An example of this toxicity is illustrated by the story of an acne-faced adolescent who gulped down 200,000 units of Vitamin A daily in the hopes of curing her acne, only to wind up with several headaches, vomiting and double vision. The girl had been taking 20 times the recommended dosage and her symptoms miraculously disappeared when she discontinued her Vitamin A overdose.

Good eating outshines pill popping. When we eat a grapefruit to get our Vitamin C, we enjoy the benefits of grapefruit's other nutrients. Vitamins should be a supplement to, not a substitution for, sound eating habits.

## The B's

There are 13 or so B Vitamins that form the water-soluble B-complex. This complex of vitamins acts to provide the body with energy by converting carbohydrates into glucose which the body burns to produce energy. The B's are essential in the metabolism of fats and

protein. They are also necessary for the normal functioning of the nervous system.

When you think B, think of brewer's yeast, the richest natural source of the B complex. Liver and whole-grain cereals are excellent sources too. Vitamin B is also produced by the intestinal bacteria, growing best on milk sugar and small amounts of fat in the diet.

The B complex is a faithful troupe, travelling together or not at all. In nature, one cannot find a stray B vitamin isolated from the rest. If you need extra B vitamins, it is far better to get them from natural sources which, unlike synthetic ones, contain all the B factors, even those not yet known.

It is important to remember that the B vitamins are so related in function that a large dose of any one of them may at best be of no therapeutic value and may, at worst, cause a deficiency of the others. Does this vaguely remind you of the amino acids which, to be effective, must be in the proper, pre-determined ratios?

Since sugar and alcohol destroy the B-complex, those who drink a lot of alcohol and eat excessive quantities of carbohydrates, need a greater than normal intake of Vitamin B. So do heavy coffee drinkers — coffee uses up the B complex. Anyone undergoing a period of stress or infection also needs more B's.

There are many symptoms associated with Vitamin B deficiency, the most noticeable involve nervous reactions. A person who is depressed, tired, irritable, nervous or even suicidal should be checked for a Vitamin B deficiency.

Many North Americans eat a diet rich in sweets and processed foods. This accounts for widespread Vitamin B deficiency. Sugar kills the B-complex off like flies, and processing quite often removes the complex such as when processors mill away the germ and bran of grain to produce a bread with a lighter color and finer texture. "That's the way people like their bread," these fellows say and justify their sins like the name of profit.

Now that we've cast a glance over the family, let's zero in on a few of the individual members.

**B<sub>1</sub> OR THIAMIN** needed for the metabolism of carbohydrates which it breaks down into glucose. The body oxidizes the glucose into energy which is partly used by the energy-hungry central nervous system. This helps explain B<sub>1</sub>'s nickname, the "morale vitamin" since by providing energy it helps the nervous system stay healthy and

promotes a positive mental attitude. Thiamin is necessary for consistent growth in children and the improvement of muscle tone in the stomach, intestines and heart.

**RIBOFLAVIN OR B<sub>2</sub>** is part of a group of enzymes necessary for the breakdown and utilization of carbohydrates, fats and proteins. It is also essential to cell respiration. B<sub>2</sub> is necessary for the maintenance of good vision, skin, nails and hair.

There is so little B<sub>2</sub> found in most food that it is difficult to obtain a sufficient supply without supplementing the diet. Perhaps this is why **riboflavin deficiency is the most common vitamin deficiency in America!** The eye is particularly susceptible to B<sub>2</sub> deficiency and burning of the eyes, a feeling of grit on the inside of the lids, eye fatigue, dilation of the pupil and sensitivity to light are common problems. Other symptoms include a red, sore tongue, lesions of the lips, trembling, sluggishness, dizziness and dropsy.

Milk, brewer's yeast, liver and other organ meats are all good sources of B<sub>2</sub>.

**VITAMIN B<sub>6</sub> OR PYRIDOXINE** is necessary for the metabolism of proteins including the absorption of amino acids in the intestines and their transport from tissue to tissue in the body. B<sub>6</sub> also aids in the conversion of tryptophan, an essential amino acid, to niacin. B<sub>6</sub> must also be present for the production of antibodies and red blood cells.

Pyridoxine deficiency can cause symptoms like muscular weakness, nervousness, irritability, depression and dermatitis. Women taking oral contraceptives often need to take a 50 milligram dose of Vitamin B<sub>6</sub> daily to offset many of the side effects of the pill including mental depression.

Whole grain cereals or breads, liver, kidney and various meat cuts are rich sources of B<sub>6</sub>.

**VITAMIN B<sub>12</sub> OR COBOLAMIN** is needed for the metabolism of proteins, nucleic acids, nerve tissues, fats and carbohydrates. B<sub>12</sub> also aids in the formation of red blood cells and the prevention of pernicious anemia. It also helps iron function better in the body. B<sub>12</sub> cannot be made synthetically but must be grown in bacteria or molds. The best sources of B<sub>12</sub> are animal proteins with liver leading the list that mentions kidney, muscle, meats and dairy products.

If you suffer from soreness and weakness in the legs and arms, a lessening of sensory perception, difficulty in walking, fatigue, insomnia, depression and an inability to concentrate, you might suspect B<sub>12</sub> deficiency as the culprit.

**FOLIC ACID (FOLACIN)** is part of the B complex and is important in the breakdown and utilization of proteins. Its basic role is as a carbon carrier in the formation of heme. Heme is the iron-containing protein in hemoglobin, necessary in the formation of red blood cells.

Folic acid deficiency can lead to macrocytic anemia. This is a state of affairs in which the red blood cells are enlarged and there aren't as many of them as there should be. These cells also contain the red pigment with iron in it that carries oxygen around the blood. Interestingly enough, this type of anemia cannot be corrected by iron supplements. If you have been taking iron pills without a noticeable improvement in vigor and stamina, perhaps you and your doctor should look at your intake of folic acid. Try eating more green leafy vegetables, liver and brewer's yeast. Eat the vegies either fresh or cooked in very little water since folic acid vegetables are easily destroyed in cooking.

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We take in niacin as itself or as tryptophan, an essential amino acid that can be converted into niacin by the body. Lean meats, poultry, fish and peanuts are very good sources of both niacin and tryptophan. Dried liver, wheat germ and brewer's yeast are rich dietary supplements for niacin.

Niacin deficiency manifests itself as bad breath, small ulcers, canker sores, tender gums, recurring headaches, strain, tension, and deep depression.

Oh-oh, my editor is looking over my shoulder and telling me to call it quits for the night. We are running out of space. Just let me add that another B vitamin, **PANTOTHENIC ACID**, is probably the greatest defense against stress and fatigue. At least John D. Kirschmann claims so in his great and thorough book *Nutrition Almanac*. Pantothenic acid also helps prevent arthritis, helps build antibodies to fight infection and helps in the cure of hypoglycemia, or low blood sugar. The vain like it because it aids in the prevention of premature aging and wrinkles. Interested? Try brewer's yeast, egg yolks, whole-grain cereals and the organ meats.

Good night!

By ANNE WOODS

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### Notes from the Director

This month I wanted to bring you up-to-date regarding our plans for the building renovation. First and foremost, your input is of vital importance! *Nothing* has been finally decided! We have thought that we need to make sure that Dixon continues to have space that can be used by many of our old friends and long-time activities. On the other hand, as we become more involved with other organizations in the neighbourhood, we need more flexible

use of space that doesn't lock us into one set type of activity. Combining both these approaches will require a careful juggling act.

We are committed to a co-ordinated approach to problem solving in the area. Staff may well act as resource persons or facilitators with other groups and organizations. The important message here is that Dixon's basic programs will remain much the same — with changes only coming

after active consultation with local people. But in addition, self-help and working with groups in need will become important as well.

These types of changes in focus will require space that is flexible, multi-use. The hominess must stay, but upgrading the building is imperative as well to make it more functional. Your ideas are critical. Phone, write, drop in!

## Of Interest to Seniors

Crafts — Mondays 10:00-noon.  
Lunches — are served every Monday, noon-1:00 p.m. Cost: \$1.25.

June 23 — Pot Luck. Call Linda for more information.

Mondays at 1:30 p.m.

June 2 — "The National Dream" Parts 5 and 6. Based on Pierre Burton's book.

9 — Comical Fashion Show

16 — Bingo

23 — Dixon Hall Music School

(All June birthdays celebrated today.)

30 — Centre closed.

July 7 — Folk dancing with Al Gladstone.

Tuesdays at 1:00-3:30 p.m.

Men's club.

Wednesdays at 1:00-3:30 p.m.

Cards, euchre, bridge and cribbage.

Senior Citizens Week — June 15-21  
There will be a variety of activities around the City. Listed below are a few of them.

June 17 — Harbourfront — rally for Seniors. The topic: "Medicare in Crisis", sponsored by United Senior Citizens of Ontario. Pensioners Concerned and Association of Jewish Seniors.

June 19 — Woodbine Jockey Club. Admission and refreshments are free.

21 — Strawberry Festival at Jimmy Simpson Community Centre.

28 — Senior Citizens' Bazaar and Bake Sale, 3:00 p.m. This year will be combining our event with Dixon Hall's Street Festival. Our members will be having a crafts sale, home baked goods, white elephant booth, tea room and raffle. We need donations of home baking and white elephant articles. Call Linda or Jennifer for more information.

Jennifer Parr will be working with the Seniors till the end of August. She is a student from McMaster University. Please welcome Jennifer and drop into Dixon to meet her.

**Trips**

Day in the Country — Mansfield Forest Club.

Thursday, June 26.

Leave Dixon 10:15 a.m.

Return home approximately 5:30 p.m.

We will be driving through the back roads of beautiful Mulmur Township. See the rolling hills, the century-old farmhouses, quaint villages and picturesque countryside. We will have a guided tour of the area and stop at the local craft shop, bakery and potters' studio.

Cost: \$10.00. Includes transportation, guided tour, lunch, afternoon Tea.

Call Linda or Jennifer for more information. Full payment required at time of booking.

Next meeting to discuss Club programmes, trips, euchre, lunches,

Men's Club etc. — Thursday June 5 at 10:00 a.m.

**French Classes**

In August, 1977 our Club Coordinator had the happy thought of arranging with Humber College to provide a teacher to give us lessons in conversational French.

About twenty members were delighted with her suggestion and signed up immediately.

We have continued to enjoy and appreciate this programme each Fall and Spring and hope our teacher's report of our progress this year will ensure our continuing with our French lessons for the 1980-81 term. We hope more members will join our classes.

**Van Shopping** — Every Thursday at 9:30 a.m. \$1.00 per person return. You must call in to reserve your seat.

**Light Housecleaning and Laundry** Please call to make an appointment. Charge is \$2.00 per hour.

**Banking** — Call Linda.

**Doctor and Hospital Appointments** — Call Linda (863-0499).

We have a young person to do windows for a nominal fee. Please call and ask for Linda or tell Mary, Ann or Dorothy, the Home Help workers.

Make sure you pick up your 7 News to find out what's happening at the Hall.

Have a happy, safe summer.

## Adult Activities and Services

### Exercise Class

There are now two exercise classes being offered here at Dixon Hall. One class is held each Thursday at 1:30 p.m. The class is taught by Andrea Sparling, an experienced dance, movement and exercise instructor. This class is great for relieving tension and stress. Cost is \$1.00 per class. For more information call Janice or Felies.

A second exercise class is each Saturday at 1:30 p.m. The emphasis here is on exercise to disco music. The instructor is Moreen Meriden, another experienced dancer and exerciser. Cost for this class is also \$1.00. To register, call Janice or Ross.

### Ceramics

Ceramics class for adults is held each Wednesday night from 6:30-9:30 p.m. Learn to make beautiful mugs, bowls, etc. from start to finish. The instructor is Raquel Banyai who is a graduate of the Ontario College of Art and also has her own studio. Cost is \$5.00 per class — all materials included. For more information call Janice or Ross.

### Wen-do

Dixon Hall is offering Wen-do for women each Monday evening from 7:00-9:00 p.m. This course

teaches women a method of self-defence which enables them to deal more effectively with physical assaults. The instructor is Marilyn Walsh. Cost is \$30.00 for 6 weeks. For those interested, call Janice at 863-0499.

### Bingo

Bingo for adults is held each Sunday afternoon at 12:30 p.m. and Tuesday evening at 7:00 p.m. Admission is 50¢ and there are cash prizes. Everyone welcome.

### Music School

Dixon Hall Music School lessons are ending on May 17th and there will be a final concert on May 21 at 7:30 p.m. All are welcome to come and listen.

From July 21st to August 1st, there will be a music camp held at a beautiful site in Norval, Ontario. The cost for the twelve day session will be \$10.00. There are still a few places left so hurry and get your application from Cindy at Dixon Hall.

### Dog Obedience Training

Dog Obedience Training will be starting a new eight week course on May 26. Cost for the course is \$45. The classes will be led by Stuart Lake, a professional dog trainer. To register, contact Stuart at 1-476-5823.

## Kids' Programs

**Monday:** Young Teen Girls' Club, Dixon Hall, 6:30-8:30 p.m.

Teen Girls Volleyball, St. Paul's School Gym, 6:30-8:30 p.m.

**Tuesday:** After-4 Programme, Regent Park United Church, 7-14 years, 3:30-5:30 p.m.

Teen Girls' Volleyball, St. Paul's School Gym, 12-17 years, 6:30-8:30 p.m.

Little Rascals' Club, Dixon Hall, 6-9 years, 6:30-8:30 p.m.

Tutoring, Park School basement, Park School Students Grades 3-8, 7:00-9:00 p.m.

Black Heritage Programme, Regent Park United Church, 6:30-9:00 p.m.

**Wednesday:** After-4 Programme,

Regent Park United Church, 7-14 years, 3:30-5:30 p.m.

Young Teen Girls' Club, Dixon Hall, 6:30-8:30 p.m.

Young Teen Boys' Basketball, Lord Dufferin School Gym, 6:30-8:30 p.m.

Black Heritage Crafts Programme, Regent Park United Church, 6:30-8:30 p.m.

**Thursday:** Tutoring, Park School Basement, Park School Students Grades 3-8, 7:00-9:00 p.m.

Young Teen Boys' Basketball, Lord Dufferin School Gym, 6:30-8:30 p.m.

**Friday:** After-4 Programme, Regent Park United Church, 7-14 years, 3:30-5:30 p.m.

## FESTIVAL

What better way to welcome the warm weather and celebrate the beginning of summer vacation than to have a Festival? Sumach Street will be closed off to all traffic between Queen and King on Saturday, June 28th from 3:00 p.m. to 12:00 midnight for Dixon Hall's annual Street Festival.

Since Dixon Hall is a neighborhood centre, the Street Festival will be a 'neighborhood' event put on by Dixon staff, local residents, merchants, churches, agencies, etc.

There will be something for everyone to enjoy. For children, a penny carnival with games such as basketball toss, bubble gum blowing contest, bean bag throw, egg toss, etc. For those who would like to sit and relax, there will be a tea garden where one can sip tea and have some homemade cookies. No need to pack a supper. There will be a bar-b-que where hamburgers, etc. will be sold and dessert can be bought at one of the many bake sale booths.

In the early evening local performers, including children from local schools, will entertain. We hope to have some great talent on hand ranging from singers to dancers to mime artists. While all this is going on you can browse amongst the booths set up by others in the community. An example of some of these booths include one by BOOST — the Blind Organization of Ontario with Self-help Tactics — here you'll see braille, guide dogs and other equipment used by visually impaired people.

There will also be a chance to learn some interesting historical fac-

ts about this area and the people who have grown up here. In conjunction with the Street Festival, Enoch Turner Schoolhouse invites you to come and listen and/or participate in a historical discussion. Enoch Turner Schoolhouse hopes to establish an 'Amateur Historical Group' in this area. This would be a good opportunity to learn more about and get involved in your neighborhood.

Other booths will have literature on hand from the Heart Society, Addiction Research Foundation, The Humane Society and others which is free to anyone interested.

The seniors at Dixon will be holding a raffle with a grand prize of a beautiful hand-made quilt. The same people will also run a craft booth with hand-made items such as pot holders, afghans and other knick-knacks.

At 8:00 p.m. we all put on our dancing shoes as the band will begin to play. The band for this year's dance plays everything from rock to swing to disco. If you need a break from dancing you can take a break and have a drink in the beer garden (no minors, of course).

There are a lot of things to be done both before and during the Street Festival. We can always use more people to work as volunteers to make this Festival a real community event. We need a lot of help — people to man booths, to serve refreshments, to run games, etc.

If you would like to get involved and make this event your event too, please call Linda, Mary Jane or Janice at 863-0499.

See you there.

## Programs

Many people say that except for Walt Disney movies, family entertainment has gone the way of gasoline prices and has been priced out of existence. That is true for every place but here at Dixon Hall. On every other Thursday we organize an event that is especially for families and which above all is easily affordable. In fact some people have even said that it's cheap!

This has been going on since November and a steady following is slowly building up. Some of our more successful events have been a drafts night, a skating party, a pub night and various dances and card parties. With summer and good weather finally arriving, we aim to take full advantage and move family night out-of-doors. Thus, some dates to remember are: May 22nd, June 5th and June 19th.

On the 22nd we are going to see the Blue Jays and Yankees slug it out for first place at Exhibition Stadium. Tickets are \$1.00 and can be obtained from Terry Standish at Dixon Hall. Everyone will leave for the ballpark, via TTC, from Dixon at 6:00 p.m. Supper can be bought at the Stadium.

On June 5th we're planning a family barbeque on Toronto Island. The outing will also include other activities such as baseball and games. The time set for the evening is from 4:30 to 8:30 p.m.

For June 19th, we are planning an evening of sing-along songs with John Piper. We'll sing old tunes and some new ones from the recent smash hit Ward 7 musical, Dam-

med if you Do. We will start at 7:30 p.m. Please note that children must be accompanied by their own parent!

Let us know if you have any ideas



programme department

Kids' programmes here at Dixon are beginning to wind down for the season. The After-4 Clubs are just about over, and the Friendship Clubs will be ending the first week in June. These programmes will be replaced during the summer by a day camp (for children from 6-12 years) and a Tiny Tots programme for 3-5 year old children. These programmes will begin in July. If you're interested in enrolling your child please call either Janice or Ross. Please don't call before June as applications will not be ready until then.

Some adult programmes will continue throughout the summer — check the next few issues of 7 News for changes in schedule.

for our Family Night programme — call Dixon and ask for Terry Standish.

### SOCIAL SERVICES

The clinics continue to operate on Tuesday evenings from 6:30-8:00 p.m. Lawyers are available for advice and counsel. No appointment is necessary but it is best to call before coming down.

The month of June will see the introduction of a new lawyer, Susan Kaufman, to the clinic. She will be available at the clinic every third Tuesday as she is sharing duties with Peter Harris and Peter Hryn.

### Big Pals

The Big Pal programme is continuing throughout the Summer. We are in need of more volunteers to act as Big Pals to boys and girls in the area. If you have some extra time to share with a youngster or would like more information, please contact Felies at 863-0499.

### Parachute

Parachute is a youth employment programme co-sponsored by the Regent Park Community Improvement Association and Doxon Hall. It operates out of 44 Blevins Place to help youth between 16-25 years who are having a difficult time finding a job. Information on how to look for a job and workshops or how to get a job are available. For more information contact Gilda at 363-1689.



# Ten years of Seven News

## A Brief History

The idea that became 7 News was born in the course of the struggles being waged by local groups of residents in Toronto's Ward 7 in the late 1960's and early 1970's. At that time, many residents were actively involved in battling developers and City Hall in an attempt to preserve their neighbourhoods from re-development. These groups went on to become the basis of a wider movement for "community control", as well as the base of support that elected John Sewell to City Hall in 1969.

In the course of their activities, these community groups found themselves receiving very unfavour-

able and biased coverage from the established media in Toronto. Their reaction was to create something which would become a model for other parts of the city as well: a community newspaper. A series of organizing meetings attracting up to 200 people and a fundraising drive resulted, and, in May 1970, the first issue of 7 News rolled off the presses. The paper has appeared regularly, every two weeks, since then, with an average circulation of 20,000.

In 1973, Seven News was incorporated as a community-controlled non-profit corporation, a constitution was drawn up and adopted, and the first Board of Directors was elected.

For a number of years, 7 News was able to count on government financing to help sustain it, but this support has been gradually withdrawn in recent years as government cutbacks have taken effect. 7 News has adapted by instituting a system of "supporting memberships", whereby many residents pay a voluntary annual fee (which is not fixed, but is simply set at "whatever you can afford"). With this increased community support, 7 News continues to publish and grow.



## What is 7 News?



- A community newspaper covering roughly the area bounded by Jarvis, Bloor, the city limits north of Danforth, Pape, and the waterfront.
- 7 News appears every two weeks, and has a circulation of over 20,000.
- 7 News is a non-profit, community-controlled operation.
- 7 News presents a wide variety of stories, features, and community services. Areas covered in the paper include politics, entertainment, local sports, city hall, law, health, cartoons, kids' stuff, poetry,

multiculturalism, mementoes of yesteryear, and news reports on local events and meetings. Our extensive community calendar is available free of charge to any local group wishing to announce an upcoming event. Our news briefs keep track of a wide variety of people and things; our classified ads serve the function of a community bulletin board, and our retail advertising lets readers find out about stores and services in their area.

## 7 News and the Community

Unlike most newspapers, 7 News is truly independent. Nobody owns 7 News, nobody makes a

profit from it; nobody pulls strings behind the scenes to decide what gets printed in the paper: neither politicians; nor advertisers; nor government.

7 News believes in taking sides, in standing up for the "little people" in their battles against government, developers, Ontario Housing, and the other forces that threaten the well-being of the community. 7 News was started by the community, and 7 News has always worked for the community.

Because 7 News is a strong and independent voice in Ward 7, it frequently generates controversy. We believe that such vigorous debate helps to strengthen 7 News and the community as a whole: we frequently have people tell us that they respect 7 News even when they don't agree with it.

## 7 News Projected Budget for 1980 Fiscal Year

Projected Revenue	
Subscriptions	450
Advertising	26,500
Total Revenue	26,950
Projected Expenses	
Wages + Benefits	24,271
Printing + Typesetting	14,000
Other Expenses	6,647
Total Expenses	44,968
Net Loss	17,968
Funds Needing to be raised	17,968

The above budget figures pretty well tell our financial story. We need to raise \$18,000 this year to survive.

A few simple facts sum up our problems: In 1975, 7 News had 5 people on staff. In 1980, there is one full-time person and three part-time, splitting two salaries.

The reason that 7 News has survived at all in the last few years is largely because the staff have continued to work full-time for long periods of time without pay. These un-

paid wages — in effect a donation to the paper — have amounted to \$14,000 over the last three years.

This sacrifice has been necessary because of the gradual disappearance of the grants which were once a major part of 7 News' budget. For example, we received \$20,500 in grants in 1976, \$11,250 in 1978, and \$4,653 in 1979. In fiscal 1980 (which began October 1, 1979) we have received no revenue from grants at all to date.

Despite inflation, we have severely cut back our expenditures. We spent less in 1979 than in 1975, although certainly no one considered in 1975 that 7 News was living high off the hog.

By working very hard at it, we have managed to survive through these very difficult times. Now that we have reached our second decade of life, we certainly have no intention of stopping. But we need the continued support of our readers to make it. By supporting our membership campaign, you can help Seven News get a good start into its second decade.

and by assisting the efforts of people to get together to do something about them.

- 7 News is largely local in orientation, but not exclusively, because many problems that affect the local community have dimensions and causes that are not local.
- 7 News' coverage must always strive to keep a balance of different kinds of content — serious and fun, political and unpolitical, stories and pictures, information and opinion. It must always strive to provide variety, to be a paper that is entertaining and enjoyable as well as serious and thought-provoking.
- 7 News has an important role to play in providing the community with information. One kind is local information, information that lets people know what is happening on their street and in their neighbourhood, in the kind of detail other media cannot provide. Another kind is information that other media often ignore, information that they fail to report properly because of the biases of their particular world-view.
- 7 News considers it important not only to provide facts, but also to explain and interpret them.
- 7 News will not necessarily restrict itself only to publishing a newspaper. 7 News may also participate in other activities that accord with its principles and that promise to be of value to the community, such as community organizing, sponsorship of public meetings, involvement in community radio or TV, etc.

## Principles and Purposes

- 7 News is a community newspaper committed to serving the people of the Ward 7 community.
- 7 News believes that the interests of the community are best represented by the people themselves. We believe that people should have as much control as possible over the decisions that affect their lives, and we believe that 7 News should do whatever it can to help the community achieve that control. It is our conviction that the actions of even the most benevolently motivated government, corporation, bureaucrat, or social worker, are of infinitely less value than the actions of people actively participating in the democratic running of public affairs.
- 7 News itself is run democratically, and is answerable to the community. 7 News must always be subject to democratic control — of the people who work on it, and of the larger community and its representatives.
- 7 News must act as a voice for local people, a forum where people can write with their problems and ideas, where different ideas and issues can be discussed.
- 7 News' pages are open to persons with conflicting ideas, but 7 News itself is not neutral. There are many problems — economic, social, political — that face the community and threaten its well-being. 7 News' role is to do what it can to help solve those problems, by writing about them and their causes,

## The people who bring you 7 News

Seven News is brought to you by many different people and groups: staff, board, volunteers, distributors, people who donate money, advertisers...

Most of them receive very little recognition, so in this special anniversary issue we would like to introduce as many of them as possible.

**THE BOARD OF DIRECTORS**, elected annually at a general 7 News meeting which anyone living or working in the area may attend, is in overall charge of the paper. Currently the members of the Board are:

**ROGER ROLFE**, the president. In addition to working on the Board for 2 1/2 years and putting a great deal of effort into 7 News' fundraising activities, Roger has also written articles for the paper and recently completed a photographic essay on 7 News. Roger works at Oxfam in real life.

**JOHN GLADKI**, the vice-president. John's original involvement with 7 News was delivering papers door to door on his street. He later moved on to write articles and then was elected to the Board. Like all members of the Board, John has put much of his energies into fundraising for the paper. He works as a city planner.

**BONNIE HEATH** is 7 News' treasurer. As such, she tries to put the best light on our usually grim financial picture. Last issue, she made her debut as 7 News writer with her first article. Bonnie recently left her job at the World Christian Student Federation to go on maternity leave.

**ROB HUTCHISON** started out as a volunteer reporter at 7 News and, typically, found himself on the Board after a while. Rob works as a cameraman and printer.

**ULLI DIEMER**, the editor of 7 News, is also on the Board.

**MARGARET WATSON**, 7 News business manager, is also a board member.



**HOWARD HUGGETT**, in his third year on the 7 News Board, has done an astounding number of things at 7 News. He is secretary of the Board, writes articles in almost every issue, chases people who owe 7 News money, works on fundraising, and serves on the distribution committee which is working to expand 7 News distribution. Howard is 'retired' and is also active in Canadian Pensioners Concerned.

**THE OFFICE STAFF** of 7 News is the small group of full- and part-time employees who keep the essential operations of the paper going. Currently, the office staff consists of:

**ULLI DIEMER**, the editor.  
**RHONDA SUSSMAN**, the production manager.

**DAVID McLAREN**, the advertising manager.

**MARGARET WATSON**, the business manager,

Continued on page 6

## Lonely newspaper seeks companions

Have any spare time which you'd like to fill with some meaningful activity?

Lookig for a change of pace? Ever wanted to be involved in a newspaper?

Does the continued publication of 7 News matter to you?

If your answer to any of the above questions is "yes", then you should give serious thought to volunteering some time at 7 News.

As any regular reader of the paper knows, 7 News suffers from a serious and chronic financial problem. For years, we have barely been making a go of it. For the past

couple of years at least, the paper has survived at all only because members of the staff have taken turns at going for months at a time without getting paid. (When 7 News can afford to pay our wages, they work out to \$160 a week, fulltime.)

Meanwhile, the staff has been slashed in size. Five years ago, 7 News had 5 fulltime paid staff. Now there are two. Except that not all of them are being paid.

This has meant a lot more work. Some areas have had to be neglected. It has also meant that volunteers have had to carry more of the burden of the paper. But the

present level of volunteer commitment, good as it is, is no longer enough.

We desperately need more help to keep the paper functioning. And we can use help in almost every area. Any commitment of time, from half an hour every couple of weeks upwards, would be welcome.

We have a really wide choice of tasks to choose from. Some of the more urgent are someone:

- To prepare all or part of the community calendar. Typing necessary, anywhere from 1 to 4 hours an issue.
- To update some of our long-range financial and advertising

records. A couple of hours a month.

- To update the distribution list. An hour every couple of weeks.

- To keep our clipping file up to date. An hour every couple of weeks.

- To deliver papers door to door on your street or in your apartment. 10 to 30 minutes every two weeks.

- Working on the delivery truck on distribution day. Two or more hours every second Friday.

- Running errands to the typesetters, for mail, to obtain supplies.

- Maintaining the subscription list. An hour every two weeks.

- Proofreading. Two or three

hours every two weeks.

- Working with community groups to find new distributors.

- Write stories for 7 News. You could write about current news, about local groups, about current issues, about stories relating to broader concerns like environment, city hall, racism, health, social services, human rights, etc. We are also especially looking for people who would like to work on a series of "day in the life" articles, based on interviews with a wide variety of local residents and workers.

In short, we need you. Call us at 363-9650.



# The people behind 7 News



**NORM BROWNE:** For about six of the past ten years, it was almost true to say that Norm Browne was Seven News. Norm was one of the founding members, had an article in the first issue, set up the distribution network, and, not too long after the paper got underway, became the paper's editor, a post he held until late 1976. Even though 7 News was a community newspaper shaped by the efforts and talents of hundreds of people, it remained true that Norm as editor and managing editor was the single most dominant influence on the paper in the years of his stewardship. His writing and editing helped to produce a paper that was often exciting because it was engaged, opinionated, and controversial. He also played an important role in administering Seven News and steering it through the financial problems it faced.



**JOHN SEWELL:** Elected a first-term alderman for the newly created Ward 7 in December 1969, Sewell's main campaign promise was to try to help organize a community newspaper. From his initiative a series of public meetings resulted which launched 7 News the following May. Sewell was very active with 7 News early on, making substantial contributions of money and time. After a period of time, he developed disagreements with the way 7 News was evolving, and ceased to be involved.

**CHERRY HASSARD:** Cherry takes most of the pictures you see in 7 News, but is rarely caught in front of the camera herself. A dedicated supporter of 7 News, she has helped the paper in a number of ways, including legal advice and fundraising.



**JOHN PIPER:** John is well-known throughout the community for his tremendous energy and organizational talents, and 7 News has been one of the beneficiaries of those attributes. John has served two years on the board, one as chairman, and has always been one of the paper's main supporters on the fundraising front. Most recently, he was one of the main organizers of the Ward 7 musical *Dammed if You Do!* which, besides being a success in its own right, added \$5,000 to the 7 News coffers.



**GEORGE RUST-D'EYE:** George Rust-D'Eye is the author of the popular series of articles, "Mememoes of Yesteryear", which have appeared in 7 News for a number of years themselves.

**RALPH CUNNINGHAM:** For 8 years, Ralph worked at one of the "invisible" tasks at 7 News: mailing out the subscriptions every two weeks.

**BAIN CO-OP:** The Bain Apartments Co-operative at 100 Bain Avenue has been one of the most supportive areas for 7 News through the years. It has given the paper more staff, more volunteers, and more donations than any neighbourhood of comparable size anywhere in the ward.

**SAVIO LAM:** Until new work commitments made it impossible recently, Savio Lam was responsible for the distribution of 7 News along several key routes and did his job with a reliability that was remarkable.

**EAST TORONTO TRAINING CENTRE:** Under the administration of Mrs. Kay Hughes, a group of retarded adults at the East Toronto Training Centre pitch in every issue, and have for years, to get 7 News out to quite a few streets in the Riverdale area.



**DAVID RUPPEL:** David first joined 7 News as distribution manager in 1973. While he worked at the paper, David also learned the paste-up job, and eventually took over that position as well. David later gave up distribution and then took over the advertising department and revitalized it. As much as by the work he did, David contributed to 7 News by his strong interest in the overall direction of the paper. His strong leadership role in a number of critical situations substantially affected the direction of the paper, especially when issues of control and staff democracy were being agonizingly worked through by the board and staff of the paper.



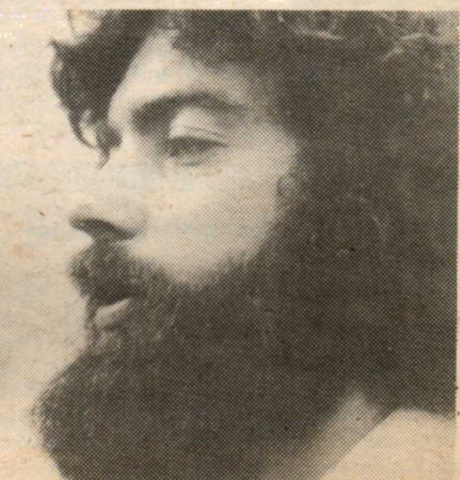
**MARGARET WATSON:** Seven News' business manager since the summer of 1978, Margaret has had the extremely unenviable task of handling 7 News' financial affairs in its most difficult period ever, a time when things have been so tight that the paper couldn't even afford to pay her much of the time. In the 7 News tradition, Margie has also worked on almost every area of the paper: she has sold advertising, done the paste-up, worked on fundraising, and driven the van on distribution days. She is also a member of the 7 News Board of Directors. Margie is currently taking maternity leave, but will be resuming part-time work at the paper shortly.



**RHONDA SUSSMAN:** Rhonda is 7 News' new production and paste-up person, and is also doing a good deal of work on the editorial side of the paper.



**ULLI DIEMER:** Seven News' editor since November 1976, Ulli originally joined the staff in November 1975 as business manager and volunteer co-ordinator. He became editor upon the departure of Norm Browne, and has also worked, sometimes without pay, as distribution manager, truck driver, lottery co-ordinator, fundraiser, and paste-up person. He has served on the Board of Directors as well. After 4 1/2 years as "full-time and then some" staff person at 7 News, Ulli has started working part-time. "I want to have some time for other things besides 7 News," he says. Those "other things", however, include doing some more writing for 7 News, something he says he hasn't had time for in recent months.



**THOM CORBETT:** Thom first joined 7 News as a volunteer reporter in 1975, and shortly thereafter was elected to the Board of Directors for a two year term. While completing a journalism course at Ryerson, Thom continued to work at 7 News as a volunteer writer and then joined the paid staff in the summer of 1978 as layout and advertising manager. Thom left the paper last summer to pursue a course of religious studies.

**CAROLYN BARBER:** Carolyn first joined 7 News as advertising manager and then returned to serve a two-year term as board member, one of those years as chairman of the board. Her energetic leadership did a lot to get the board moving again after a preceding period of stagnation. Carolyn is continuing to work with 7 News, currently as a fundraiser.

**DOROTHY BUSHEY:** Working quietly and reliably from her home, Dorothy sends out 7 News' bills every issue, and has been doing so for about four years.

**DAVID McLAREN:** David is 7 News' new advertising manager. David also works part-time for Ward 8 News.

## The people who bring you 7 News

### THE VOLUNTEERS

There are volunteers working in almost every aspect of 7 News' operation. Our WRITERS include Joan Bryden, Sharon Cameron, Gordon Cressy, Jim Hockley, Janet Howard, Howard Huggett, JoAnn Hutchison, Anne Woods, George Rust-D'Eye, Kathy Kerr, Karin Joeveer, Mary Ann Hammond, Jill Leach, and Seth Borts.

**PRODUCTION AND DESIGN** volunteers include Mike Siggins, Rita Hoffman (herself a former 7 News staffer), and Gloria Penhall.

**BOOKKEEPING VOLUNTEERS** are Dorothy Bushey, Mary Ann Hammond, Laura Hew, Myles Trbovich, and Demetrius Orlecki.

**PHOTOGRAPHS** are mostly taken by Cherry Hassard.

**GENERAL HELP** in the office is provided by Isabelle Clewes and Laura Hew.

**CAMERAWORK AND HEADLINES** for 7 News are done by Victor Fletcher at Futura Type.

**TYPESETTING** is done by Clarion Typesetting.

**OUR PRINTER** is Weller Publishing.

### THE DISTRIBUTORS

When Seven News arrives at your door, it does so because it has been delivered by a volunteer distributor. (In a couple of cases,

where more than 1,000 papers are delivered, we do pay a small honorarium.) Our band of distributors gets the paper out each issue with little fanfare, yet their contribution is absolutely vital. The following are the people who bring Seven News to your house or apartment; they, and the many other people who have delivered in the past ten years, deserve your, and our, thanks.

Mrs. Codner, Dermott Place  
Sandra Clanfield, Sword St.  
Sharon Cunningham, Geneva St.  
Kate Stevens, Sackville St.  
Bert Moniz, Sumach St.  
Bev Coney, Parkview Ave.  
Reva & Bob Katz, Wellesley St.  
David Britten, Wellesley Ave.  
The Pipers, Sackville St.  
Dave Dickey, DACHI  
Nancy Holly, Sprucecourt Co-op  
Lynn Kenton, Metcalfe & Winchester  
Mark Burton, Metcalfe St.  
Mrs. Walsh, Belshaw Pl.  
Sandra Langille, River St.  
Sam McPherson, Blevins Place  
Mrs. Hughes & the people at the East Toronto Training Centre, various streets in South Riverdale  
Jean McKay, River St.

George Gata, Hamilton Ave.  
Rita Hoffman, Boulton Ave.  
Edith Brown, DeGrassi St.  
The Schmidts, Pape Ave.  
Norman Lewis, Aberdeen Ave.  
Lawrie & Michelle Korec, Victor Ave.  
Ginger Boyles, Riverdale Ave.  
Gordon Cressy, Riverdale Ave.  
The Kirkwoods, Logan Ave.  
Gail Kenney, Bain Co-op  
The Gordons, Albemarle Ave.  
Howard Huggett, Grandview Ave.  
Peter Tabuns & a band of volunteers at Bain Co-op  
Patricia Orsini, Tennis Cres.  
John Antoniadis, Hogarth Ave.  
Rev. Vincent Goring, Bowden Ave.  
Beverly Shiels, Dearbourne Ave.  
George Shane, Butternut Ave.

Richard Swift, Browning Ave.  
Maxine Pattenden, Chesterhill Ave.  
Nick Breaks, St. Jamestown  
Mrs. Sinclair, St. Jamestown  
Grant Carlton, St. Jamestown  
Cecelia Hamlin, St. Jamestown

Mrs. Rekai, Nanton Ave.  
Pauline Chan, Gloucester St.

Tom Clement, Woodsworth Co-op  
The Taggarts, Amelia St.  
Sharon Cameron, Prospect Ave.  
Charlotte & Graham Mudge, Ontario & Winchester Sts.  
Larry Patterson, Poulette & Berkeley  
Marg Morgan, Queen St. E.  
Paul Coulter, Sherbourne St.  
Mrs. Fursman, Seaton St.  
Bernard Wilson, Parliament St.  
Odette Martin, Oak St.

Our sincerest apologies if we have forgotten anyone, or if we have listed the wrong family member. (It often happens that a route is passed from one person to another, especially if the same family, without the 7 News office even being notified.)

If you are not a distributor, but have been thinking that you might like to help 7 News in some way, then why not think about taking on a route? It's a good chance to get some light exercise and meet your neighbours. All that is involved is anywhere from ten minutes to an hour every two weeks (whatever you have time for) delivering papers on your own street or in your own apartment building. We deliver the bundle right to your door.

Call us at 363-9650 if you are interested.



# Our Supporting Members

By HOWARD HUGGETT

When I first realized that Seven News was about to start on its second decade I was reminded that I myself had been involved with the paper for only about three and a half years. Yet all that time I had been living in the same place and was barely aware that Seven News existed. Why had it taken so long for me to become active in this area?

I suppose the reason was during all those years it hadn't yet dawned on me what an important place is the neighbourhood in which you live. This world of ours has become so vast and it is manipulated by such huge and powerful organizations that an ordinary citizen feels just about helpless to exert any influence on the course of events. Only in the neighbourhood where you live and/or work, shop or relax is it possible to make much of a contribution to a common effort at

improving your surroundings. Not only that, but what goes on in your own area is so important to you that it makes good sense to devote some time to neighbourhood activities.

Ward Seven is a very active, vital and interesting place to live, to work, to shop or to play, and this happy situation is due in no small part to the fact that it has a neighbourhood newspaper that does its best to keep the local people informed of the issues involved,

to encourage them to get involved, and to report what they do about it. Seven News does a pretty good job, considering how short of money it has been. It can do an even better job with some more help.

Here is your chance to do your part. We are asking those who can to contribute \$10 for a sustaining membership, but if that is more than you can manage a smaller donation will help — and it will be most appreciated.

*One of the most important forms of support for 7 News comes from our Supporting Members: our many friends in the community who each year make donations to keep*

*7 News alive. Our supporting members for the 1979-80 year were:*

Andrew Keith  
Jim McDonald  
Dr. Charles Pavlin  
Mrs. B. Thompson  
Frank Showler  
Howard Huggett  
John and Barbara Abercrombie  
Bev Coney  
M.W. Manley  
Vern Burnett  
Jane Craig  
Mr. Kowalchuk  
Polly McLeod Evans  
Mrs. Kittle Fells  
Jan Cornish  
Edi Zupanic and Sheila Vrebosch  
Manual Pacheco  
Douglas Bower  
Enid Donnelly  
Lilyan Wiley  
Avivah Wargon  
Frida Ardal  
R. Renshaw  
W.J. Stapleton  
Alan Dudeck  
J. McDonough  
Evelyn Elrick  
Mrs. E. Cameron  
Mr. John Schleinig  
Neighbourhood Legal Services  
Dorothea Cook  
John and Leith Piper  
Ida Schneider  
Gwen Davenport  
Canadian Red Cross  
Marjorie Fawcett  
Douglas Chambers

Brian and Sheila Harrod  
Diane Siabil  
Eleanor and Dave Britton  
Carolyn Barber  
Harry and Sarah Sisson  
Tim McCaskell  
Amy Preston  
Rosemarie and Gerry White  
Frankland School  
Rita Hoffman  
Mrs. Patricia Barrett  
Mrs. Evelyn Wilson  
Mary King  
Boys and Girls Club of Downtown Toronto  
Ke Soon Lee  
Bob Jordan  
Elizabeth Nyburg  
Christian Community Centre  
Jesuit Community  
Patrick J. Ryan  
Wendy Fisher  
Bis Sister Association  
Miss Gladys M. Hall  
Nina Herman  
John Gilbert  
Sharon Lynas  
Reva, Giuliana and Bob Katz  
Stephen and Angela Langmead  
David Reville  
Joseph S. Dank  
J.M. O'Brien  
Elizabeth Rainsberry  
Ken Popert  
Carol Ramm  
Dr. Elmyre Versteeg  
Mrs. Lois Day  
Broadview Community Health Clinic  
Andrew Stanley

George and Dora Rust-D'Eye  
Graham and Charlotte Mudge  
Danny and Cathy Rideout  
Jonathan and Dinah Forbes  
James Lorimer and Co.  
Marsha and Gordon Cressy  
Meca Tavern Baseball Team  
Rose Avenue School  
B. Arnott  
C. Hassard  
A. Faulkner  
Doris Ward  
Withrow Public School  
Miss Lita Harvey  
Mara Glebovs  
Albert Jewellers Ltd.  
Mrs. Edith Harper  
Valerie V. Veinotte  
Dundas Public School  
Robert and Carolyn Gardner  
Anawin House  
George Shane  
Park Public School  
M. Nichol  
JoAnn and Rob Hutchison  
Diana Baker  
Michael Campbell  
Valerie Lawson  
Cynthia Carver  
Celedonio M. Gloria Jr.  
Patricia Schulz  
Kathleen Wadwell  
Mr. Marion R. Norman  
Paul Denham  
Liz Gordon  
William Korince  
Vallry Blumes  
Everett N. Drake  
Gilbert Budway  
Queen Alexandra School  
Margaret Stokes

winston and Merle Roach  
Royal Home Hardware  
James Swift  
Lois Duncan  
Central Neighbourhood House  
Gurney G. Goulton  
Shirley Spalding  
Cyndy Robinson and David Clark  
Barrie Chavel  
Elizabeth Hariss and J. Murtagh  
George Martell  
Judy Haiven  
Nettleship Hardware  
Beth Rodger  
Sandra and David Clandfield  
Beth Savan and A. Easty  
James Campbell  
Amelia Kane  
Roberta Ramm  
Tom and Linda Edwards  
F. David Rounthwaite  
Terence O'Sullivan  
Carol Lapointe  
Rosaline R. Lamb  
L. Garber  
Wayne Rosenman  
Thomas J. Stovell  
Liz Daley  
Wolfe Erlichman  
Willy Bauer  
K. Hamel

Cabbagetown Boxing and Youth Centre  
Roger Rolfe  
Mrs. Dorothy Patterson  
Paula Hassard  
Beatrice Broughton

K.W. Burgin  
Patricia Trudeau  
Robert Innes  
Johanna D'Arnaud  
Karl Wieland  
Dixon Hall  
Elizabeth Whitten  
Jake Verkade  
David Ruppel and Suzanne Noble  
Mr. Pulverizer  
John Argue  
Dorothy Bushey  
155 Sherbourne St.  
Residents' Assn.  
Marion Kirkwood  
R. Metcalfe  
Mrs. Patricia Moses  
Mrs. Grace Stewart  
Sheila Proctor  
Miss Connie Ross  
Lorne Heffelfinger  
Jill Walton  
Alexandra Wilson  
Cathryn Brookfield  
Ralph Cunningham  
Janet Howard  
Pat and Gerry Grant  
Douglas Stewart  
Cecil J.E. Price  
Gord Guyatt  
Thomas H. Wickett  
Mrs. Catherine Reka  
Duncan McLaren  
Jim Kirkwood  
V.I. Goring  
Bonnie Alter  
Pat O'Rourke  
Grace Harris  
(Open Door Centre)  
Andrew Keith

## \$10 makes you a member

7 News is ten years old now, because you have supported us. We need your support again now to launch our second decade of community journalism. You can help by becoming a supporting member for \$10 (or whatever you can afford). Just fill in the coupon.

### Be a Seven News Supporting Member

Enclosed is my donation for 7 News.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

I enclose \$\_\_\_\_\_ in cash \_\_\_\_\_ or cheque \_\_\_\_\_ or postdated cheques \_\_\_\_\_

If you would like your donation to remain anonymous, please check here \_\_\_\_\_

Please make all cheques payable to Seven News. Our address is 315 Dundas St. East, Toronto M5A 2A2.

#### NOTICE OF ANNUAL MEETING OF MEMBERS

NOTICE is hereby given that the Annual Meeting of the Members of Wood-Green Community Centre will be held at 835 Queen Street East, Toronto, Canada on Thursday, the Seventh Day of June, Nineteen Hundred and Eighty at 7:00 pm, Toronto time, for the following purposes:

1. To receive and consider the report of the Directors, President, and Executive Director;
2. To receive and consider the Financial Statements for the year ended December 31, 1980, and the report thereon of the Auditors, Clarkson, Gordon & Co.;
3. To elect Directors;
4. To elect Auditors;
5. Generally to transact such further and other business as may be properly brought before the meeting, or any adjournment or adjournments thereof.

DATED AT TORONTO, this first day of May, Nineteen Hundred and Eighty.  
BY ORDER OF THE BOARD OF DIRECTORS

#### Doyle's Cut Rate Cigar Store

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## Where to pick up 7 News

### THE PICK-UP POINTS

Because we rely on people volunteering to distribute Seven News, we cannot manage to deliver to every street and apartment building in the Ward 7 area. For this reason, and because we also try to make the paper available to people who work, shop, play or worship in the area without living here, we supplement our door-to-door distributor network with a system of public pick-up points. Thanks to the co-operation of merchants, churches, community centres, apartment building superintendants, medical clinics and many others, there are about 160 such pick-up points where you can get a copy of the paper. The following are the locations where you can pick up 7 News:

Seven News office, 315 Dundas St.  
All Saints Church Open Door Centre,  
315 Dundas St.  
Regent Services Unit, 63 Belshaw  
Regent Park Community Improvement  
Association, 42 Blevins  
Gosse's Grocery, Gerrard & Howland  
220 Oak St.  
210 Oak St.  
230 Oak St.  
BP Garage, Gerrard & River  
Geneva Cleaners, Sackville & Gerrard

Blakes Variety, Sackville & Gerrard  
Contact School, 310 Gerrard  
Beckers, 130 Broadview  
Queen & Saulter Library, 761 Queen E.  
Old Post Office, 765 Queen E.  
Broadview Health Clinic, 791 Queen E.  
WoodGreen Community Centre, 835 Queen E.  
Queen East Church, 947 Queen E.  
Scotia Bank, Queen & Pape  
South Riverdale Community Health Centre,  
126 Pape  
Riverdale Socio-Legal Services,  
932A Queen E.  
Royal Bank, Community Branch,  
930 Queen E.  
Mr. Frankfurter, Queen & Logan  
Coin Laundry, Queen & Logan  
Jimmie Simpson Recreation Centre,  
870 Queen E.  
Woolworth's 772 Queen E.  
Sunnyview Farms, 756 Queen E.  
Doyle's Discount, 742 1/2 Queen E.  
St. Vincent de Paul, Broadview & Gerrard  
Crown Fish & Chips, Broadview & Gerrard  
Eastdale Collegiate, 701 Gerrard E.  
St. Ann's Church, 120 First  
Variety Store, Tiverton & First  
McCleary Towers, Logan & First  
Pape Recreation Centre, Pape & Gerrard  
Bank of Nova Scotia, Gerrard & Broadview

Riverdale Library, Broadview & Gerrard  
Riverdale Hospital, St. Mathews Rd.  
Department of Health, 430 Broadview  
Variety Store, Riverdale & Broadview  
George's Variety, Withrow & Logan  
Mary's Variety, 675 Broadview  
Chester Village, 717 Broadview  
Rogers Pharmacy, 753 Broadview  
Royal Bank, Broadview & Danforth  
Chester Cleaners, 750 Broadview  
The Trojan Horse, 179 Danforth  
The Newfoundland Tavern, 185 Danforth  
St. Barnabas Church, 361 Danforth  
Black Education Centre, 175 Hampton  
Royal Trust, Logan & Danforth  
Province of Ontario Savings Office,  
Danforth & Fenwick  
Imperial Bank, Danforth & Carlaw  
Scotia Bank, Danforth & Pape  
Royal Bank, Danforth & Pape  
Danforth Library, 701 Pape  
Bob Rae Constituency Office, 238 Danforth  
Albany Medical Clinic, 200 Danforth  
The Black Swan, 154 Danforth  
Imperial Bank, Broadview & Danforth  
Marsalla Brothers, Broadview & Chesterhill  
Broadview Manor, 80 Danforth  
St. Jamestown YMCA, 260 Wellesley E.  
Shoppers Drug Mart, 240 Wellesley E.  
(St. Jamestown)

Filipino Store, 240 Wellesley E.  
(St. Jamestown)  
Dominion Store, 240 Wellesley E.  
(St. Jamestown)  
D'Antonio & Sebastian, 240 Wellesley E.  
(St. Jamestown)  
Bleecker St. YMCA, 275 Bleecker St.  
Ice Cream Palace, 565 Sherbourne  
Loblaws, 555 Sherbourne  
Health Food Store, 565 Sherbourne  
Greenwin Apartments, 77 Huntley  
Dominion Store, Greenwin Square  
Imperial Bank, Greenwin Square  
Toronto-Dominion Bank, Bloor & Sherbourne  
Isabella Hotel, Sherbourne & Isabella  
Wellesley & Princess Margaret Hospitals,  
Wellesley & Sherbourne  
519 Church St. Community Centre  
105 Isabella  
Earl St. Apartments, 40 Earl St.  
435 Sherbourne apartment  
437 Sherbourne apartment  
Fudger Home, 439 Sherbourne  
Jamestown Deli, 217 Wellesley E.  
Cabbagetown Boxing & Youth Club  
Raxlan Clinic, 500 Parliament St.  
Second Mile Club, 192 Carlton  
Carlton Deli, 231 Carlton  
Imperial Bank, Parliament & Carlton  
Christian Community Centre, 270 Gerrard E.  
The Work Centre, 244A Gerrard E.  
Neighbourhood Information Post,  
265 Gerrard E.  
Library House Drop-in, 265 Gerrard E.  
Parliament Street Library, 269 Gerrard E.  
275 Shuter apartment  
285 Shuter apartment  
Moss Park Health Centre, 295 Shuter  
St. Paul's Catholic Church, 83 Power  
Bikoe Pest Control, 434 Queen E.  
Doctors' office, 425 Queen E.  
Future Type, 68 Sumach St.  
Dixon Hall, 58 Sumach St.  
Plaza Cleaners, 360 King E.  
Little Trinity Church, 477 King E.  
Toronto Free Theatre, 26 Berkeley  
Archer Co-op, 160 The Esplanade  
Woodsworth Co-op, Wilton St.  
Cathedral Court Co-op, Henry Lane Terrace  
George Brown College, King St. E.  
Salvation Army Hostel, 135 Sherbourne  
John Innis Community Centre,  
150 Sherbourne  
Dominion Store, 145 Sherbourne  
155 Sherbourne apartment building  
191 Sherbourne apartment building  
201 Sherbourne apartment building  
Bradley Court, 280 Dundas E.  
Welfare Office, 339 George St.  
Neill Wycik, 96 Gerrard E.  
The Edge, Gerrard & Church  
Ryerson Journalism Department, 43 Gerrard E.  
Central Neighbourhood House, 349 Ontario  
Silayan Filipino Centre, 244 Gerrard E.  
Variety Store, Carlton & Bleecker  
166 Carlton apartment building  
St. Luke's United Church, 353 Sherbourne  
Central Hospital, 333 Sherbourne  
Central Medical Clinic, Sherbourne & Gerrard  
Neighbourhood Legal Services,  
Gerrard & Sherbourne  
Bradwin Court, 266 Sherbourne  
251 Sherbourne apartments  
Regent Park United Church, 40 Oak St.  
Scotia Bank, 405 Parliament  
Montego Boutique, 439 Parliament  
Loblaws, Parliament & Spruce  
Whole Foods, Carlton & Parliament  
Christian Resource Centre, 20 Spruce  
Gerrard Kiwanis Club, 101 Spruce  
The Ice Cream Store, Winchester St.  
Don Vale Pharmacy, 597 Parliament  
Pathways College, 591 Parliament  
Royal Bank, 597 Parliament  
St. Jamestown Variety



Rabies, which is spread by infected animals, is a serious problem in Ontario.

This spring it is of special concern in built up areas where wild animals... particularly skunks...are infecting pets and children who come in contact with them.

Children should be warned to avoid wild animals, especially if they appear sick or friendly because these usually are signs that they are rabid.

Pets should be regularly vaccinated and kept indoors at night. You can also help to control rabies by reporting any pets or wild animals which seem to be acting strangely to your local police, humane society or health unit.

Do not touch dead animals and contact your doctor or health unit immediately if your child or pet comes in contact with wild animals. Do not handle your pet with bare hands immediately after it has fought with a rabid animal. Seek advice from a veterinarian.

If you would like to know more about rabies write for a free copy of our pamphlet, ANIMALS, RABIES AND YOU from the Ontario Health Resource Centre, Queen's Park, Toronto, Ontario M7A 1S2.



Ontario

Ministry of Health  
Dennis R. Timbrell  
Minister

Let's keep Ontario healthy.

### Learn paste-up

Have you ever wanted to try your hand at putting a newspaper together? 7 News is looking for one or two volunteers to help with the paste-up of the paper. No experience is necessary — we'll show you how — and times are flexible, anywhere from one or two hours to all day, morning, afternoon, or evening. Paste-up occurs every second week on Tuesdays and Wednesdays. If you're interested, call us at 363-9650.





# COMMUNITY CALENDAR

## Saturday, May 24

Register today for the Red Cross babysitting course, starting May 29. Registration takes place at 460 Jarvis St. For more information, call 923-6693, extension 299.

**Anduhyaun**, a hostel and drop-in centre for native women, is having an **open house** today from 12 noon to 5 p.m., 106 Spadina Rd. There will be demonstrations of beadwork, exhibits of crafts, photos and books, films, slides, art, poetry and much more.

## Sunday, May 25

The Navy League Corps "Temeraire" are holding a **lawn sale** today and tomorrow from 1:00 pm to 6 pm at 53 Howland Rd. (between Broadview and Logan running north of Gerrard St.) For more information, call 466-9131.

Nancy Pocock will speak on **Vietnam** at the St. Luke's Church (Sherbourne and Carlton), today at 2:30 p.m.

## Tuesday, May 27

The Presentation of the "Quebec Issue" in **English Canada** is the discussion tonight at the Cross-Cultural Communication Centre, 1991 Dufferin St., 7:30 pm. The focus of the discussion will be the ways in which the English-Canadian perspective has been and continues to be shaped through the mass media and through various organizations.

There will be a demonstration today at noon for **equal pay** at the Ministry of Labour, 400 University Ave. Sponsored by the Equal Pay Coalition.

## Wednesday, May 28

There will be a forum on the "Health Dangers of Nuclear Power", tonight at the Firehall, 224 Cowan Ave., at 7:30 pm. Sponsored by Physicians for Social Responsibility and Voice of Women.

The Working People at the Movies series

continues at the Revue Repertory Theatre, 400 Roncesvalles Ave., starting at 7:30 p.m.

Dr. James D'Adamo, N.D., **naturopathic physician**, will discuss iris diagnosis and detoxification tonight at 7:30 pm. at Toronto Central Library (on Yonge St., just north of Bloor). Admission is \$3.

There will be an **Open House** to celebrate the official opening of Central Link Community Mental Health Program (formerly Dundas Day Centre) at its new location, 386 Parliament St. Open House hours are from 3:00 to 6 pm, official opening by Dr. Jan Duksza, M.P.P., at 3:30 pm.

## Thursday, May 29

The **Parliament Street Library**, 269 Gerrard St. East is screening **M (1931)** with Peter Lorre tonight at 6:30 pm and tomorrow at 2 pm.

The Women's Guild of **St. Ann's Church** (Gerrard and DeGrassi), is having a rummage sale from 12 noon to 3 pm.

## Friday, May 30

Eastdale Collegiate Institute presents its annual **Athletic Community Banquet** tonight at 7:00 pm. Admission is \$3.50 per plate, \$4.00 at the door. All welcome.

## Saturday, May 31

A debate on the economic merits of **nuclear power** for Ontario will highlight an all-day energy seminar to be held today at the Medical Sciences Building on the campus of the University of Toronto. The topic of the debate: **Is the Darlington Nuclear Power Station Worth It?** Registration for the day is \$4.50 in advance, \$5 at the door. For further information call 654-8757.

There will be a **garage sale** today from 2:00 pm onwards at 203 Madison Ave. For sale will be used books, clothes, baked goods and good used appliances.

The fourth annual **Neighbourhood Information Post** outdoor garage sale and flea market will be held today from 9:30 am to 4 pm at Library House, 265 Gerrard St. E. Vendors welcome. Refreshments.

**Bazaar and tea** at the Broadview Manor, 80 Danforth Ave. For sale will be baked goods, handicrafts, books; and there will be door prizes.

There will be a **bazaar** today at noon in St. Bartholomew's Church.

Master teacher of **dance**, Til Thiele, will be giving workshops and classes today and tomorrow at the **Centre of Movement**, 171 Hampton (near Chester subway). To register, or for more information, call 466-9549.

Discover the **Lower East Side** (bounded by Queen and Front Sts. between Church and Parliament) today with a **festival** featuring an auction in St. James' Park at noon, followed by an art show at the same location. Many merchants in the area will be offering up to 20 percent discounts.

## Sunday, June 1

There will be an **organ recital** at St. Paul's Church, 227 Bloor St. E. Proceeds will go to the restoration of the organ at All Saints' Church on Dundas St. E. Admission is \$4 at 3 pm.

The speakers today at the St. Luke's Church, Sherbourne and Carlton, will be Mrs. Eryle Court on "You Can Change the World". Time — 2:30 pm.

## Monday, June 2

The **Willard Hall Pool**, 20 Gerrard St. E., is the site of the YWCA swim program, also beginning today. All levels of **swimming** will be taught throughout the day and evening of the program. To register, call 487-7151.

There will be an **Open House** at the Regent Park Community Improvement Association office at 44 Blevins Place today from 1 pm to 7 pm.

## Tuesday, June 3

Beginner **tennis lessons** start tonight from 6:45 to 8:15 pm at the 260 Wellesley St. YMCA. Fee for lessons is \$25 for members and \$30 for non-members.

The **Open Door Centre**, All Saints' Church (315 Dundas St. E.) is planning a white elephant sale today from 1:00 to 3 pm. For sale

will be good used household items, books, small furniture, knick-knacks, etc.

## Wednesday, June 4

Use your noon hour effectively — find out what to do in an emergency today at noon at the Ontario Heart Foundation, 576 Church St. (at Wellesley). Pre-registration phone number is 962-3600.

## Friday, June 6

Regent Park Public School is holding a **bingo night**, starting at 7:00 pm. Proceeds go to sending children with special needs to camp.

The Second Mile Club, a seniors' group, is sponsoring an **art show and sale** of paintings by artists of the Second Mile Club and other seniors. Opening today from 11:00 am to 9 pm, and tomorrow from 11 am to 6 pm. Admission is \$6 at 110 Edward St. For more information call 597-0841.

## Ongoing

**Euchre games** are held every second Tuesday in the Recreation Room of the 77 Howard St. YMCA. Upcoming dates are May 6, May 20 and June 3. Admission is \$1.

The **rummage sale room** at 42 Blevins has reopened, starting this week and every Friday morning.

Dr. John Cosgrove is giving weekly lectures on **natural healing** at North York Public Library. For more information call 245-6535.

The South Riverdale Community Health Centre, 126 Pape Ave., holds **child-parent drop-ins** Mondays and Thursdays from 9:30 am to 1:00 pm.

Volunteers are needed for summer drop-in and other programmes at the 519 Church St. Community Centre. Have fun, make friends, help others. For more information contact the Centre at 923-2778.

The **North Jarvis Community Association** meets every Wednesday at the 519 Church St. Community Centre at 8 pm.

**West Indian women** meet every Thursday to make friends, express views and opinions on family and community life, and become familiar with community resources and how to use them at the YWCA Macphail Residence, 389 Church St., from 6 to 9 pm.

## Bread & Roses Credit Union



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Mail this coupon today to; or call;  
Bread & Roses Credit Union 534-1648  
736 Bathurst St., (mornings)  
Toronto M5S 2R4

Community Calendar is a free community service. If you have an upcoming event which you would like listed in the June 6 issue (all events between June 6 and June 20 should go

in this issue), fill out the coupon below and mail or bring it to 7 News, 315 Dundas St. E., Toronto M5A 2A2.

PLEASE TYPE OR PRINT

DATE OF EVENT .....

DETAILS OF EVENT (include time, place, & what the event is, in 2-3 sentences) .....

## IT'S CLASSIFIED

7 NEWS CLASSIFIED ADS cost \$2.50 for 25 words or less, and 10c for each additional word. Semi-display ads are \$5 per column inch. All classified ads MUST be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.) Your ad, along with your payment, should be sent to Classifieds, 7 News, 315 Dundas St. E., Toronto M5A 2A2.

### BUSINESS LISTINGS

**PAINTER** — Fully experienced in interior and exterior work. For free estimate call Andrew Atkins, 465-3417 after 6 pm.

### Home Repairs & Renovations

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**NEIGHBOURHOOD INFORMATION POST** will answer all your questions. Try us at 924-2543. Or drop into our office at 265 Gerrard East (near Parliament).

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**COUNTRY HOLIDAY FOR SENIOR ADULTS** — If you would like to spend eleven days in the Caledon Hills and enjoy good company, delicious food, country drives, swimming and relaxation in the sun, please contact: Addie Brown, Saint Luke's United Church, 924-9619.

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**THE DON VALE CO-OPERATIVE NURSERY SCHOOL** has openings for September 1980. Age 2 yrs to 5 yrs. Place: Winchester Public School, Room 5. Time: 9 am to 12 noon. Please call Cathy Jones, 469-3149 or 921-2178 for more information.

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### HELP WANTED

**WAREHOUSE PURCHASING MANAGER** required by consumer-owned natural food wholesaler. Challenging position for committed, well-organized person. Marketing skills an asset. Starts June 9. Salary \$10,400. Apply immediately in writing: Ontario Federation of Food Co-operatives and Clubs, 680 King St. West, Toronto M5V 1N3.

**PART-TIME CO-ORDINATOR** (25 hrs. a wk.) for Downtown Care-Ring. Requires mature understanding of people and experience in social field. Phone Ken Bhagan at 962-5758.

**HELP WANTED:** Part-time office manager for Don Area Housing Co-operative. Flexible hours and good wages. Apply in writing to Liz Zetlin, c/o DACHI, 255 Carlton St., Toronto M5A 2L4.

Part-time **Community Literacy Worker** with East End Literacy to assist project coordinator in community outreach and education, training of tutors, development of curriculum and a resource library, liaison with other literacy groups. Workers should have an understanding of, and a commitment to, literacy as a vehicle for community development; group facilitation, writing, interviewing and analytical skills. Salary \$50. per day, 2 days per week. Send resume to: East End Literacy, 58 Sumach St., Toronto M5A 3J7. Deadline: May 30, 1980.

**SOUTH RIVERDALE CHILD-PARENT CENTRE** requires a part-time community worker to operate a drop-in programme and toy library for parents with preschoolers. \$135 per week, mornings and occasional evenings. Must be sensitive to, and have experience working with, parents and children. Must have excellent communication skills; will need to work with board of directors, parent volunteers and community agencies. Job to start June 23. Send resume by June 2 to Rosie Beitel, 519 Euclid Ave., Toronto M6G 2T1. 922-5260 or 465-2253.

**NEED A BABYSITTER?** The Neighbourhood Information Post, 924-2543, has a registry of people who do babysitting, daycare, and odd jobs.

7 News Classified Ads cost \$2.50 for 25 words or less, and 10 cents for each additional word. All Classified ads MUST be paid in advance. (The ONLY exceptions are ads advertising jobs available and lost and found ads — these are free.)  
Fill in the coupon below and mail or bring it with your payment to 7 News, 315 Dundas St. East, Toronto M5A 2A2.

My ad should read as follows: .....



## mental health

On May 28th Central Link, a Community Mental Health Centre, will be having an official opening. Most people in the area are familiar with Central Link under its former name, Dundas Day Centre, which

was located in Central Neighbourhood House. The program has now moved to 386 Parliament Street, where this opening marks the tenth year that the Centre has been offering a community-based service to those with emotional problems or mental illness.

The history of Central Link dates back to the fall of 1970 when, due to the concern and efforts of a handful of people on the South Eastern Service of Queen Street Mental Health Centre, Dundas Day Centre first opened its doors at All

Saints Church on Dundas and Sherbourne. It reflected the changing attitudes towards the care of those considered mentally ill.

The sixties had brought revolutionary changes in the Mental Health field which had finally begun to look at the social aspects of mental illness. New drugs now meant that many persons who might have formerly spent years in a hospital could remain at home or in their community.

There was also the realization that very little was being done in the way of preventing mental illness. Thus the idea for Dundas Day Centre was born out of a recognition of these two factors: a need to be in

a hospital, and the need for a readily available service for people in need of help or counselling due to stressful situations which make it difficult for them to cope with daily living.

Thanks to the generosity of Reverend Ellis and the Board of All Saints Church, the program was able to survive its first ten years located in the basement of the gym, paying only a small contribution toward heating expenses. When hospital funding for the Centre was cut back, the Volunteer Association of Queen Street Mental Health Centre took over the monthly payment until the government, convinced now of the effectiveness of the program,

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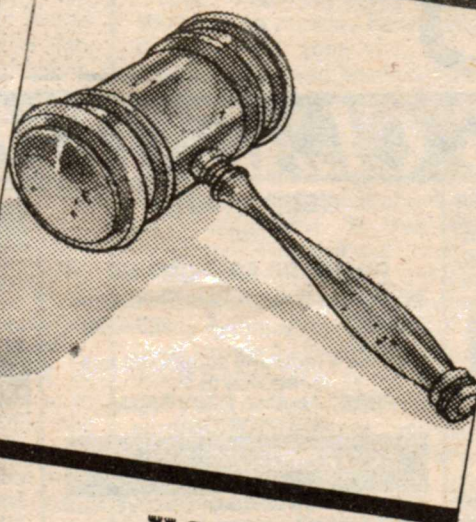
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Attorney General

William Davis, Premier

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  - SEVEN SPEAKERS
  - DANCE
- SAT. MAY 31st**  
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University of Toronto  
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COMMUNITY  
CENTRE

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NOMINATIONS SHOULD  
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IN WRITING TO  
(REV.) RICHARD RENSHAW  
WOODGREEN  
COMMUNITY CENTRE  
835 QUEEN STREET E.  
TORONTO, ONTARIO  
M4M 1H9

BY WEDNESDAY  
MAY 31, 1980

All nominations should include a consent form signed by the nominee indicating their willingness to stand for office. Please indicate the full name of the nominee, address, phone number, and a brief personal resumé.





By Rev. Norman Ellis

This is the first of several publications we hope to put into the pages of Ward Seven News. We do this because All Saints is a community church and we want to speak to all the people in our community.

All Saints stands on what we like to think is the more fashionable corner of Toronto's old Skid Row. One hundred years ago, when there were cows in Ontario Street, All Saints was a well-known and well-filled church on the northern edge of a fast growing city. Then, after a time, as with all city churches, her middle class population began to move away, to be replaced by the working class, to whom the middle class church has always very sadly failed to relate. And gradually the neighbourhood around Sherbourne and Dundas Streets became a disaster area, the centre of Toronto's Skid Row.

Around 1970 the whole direction of All Saints' ministry changed. A staid old church, a "Holy Club", became a com-

munity centre and drop-in for the local people. This is our ministry now, and we want to continue and grow in this ministry while the need remains.

People coming into All Saints for the first time are probably surprised to see that most of the pews are gone, leaving a worship centre at the front and a larger area for the community drop-in. This space is always open to the public, and is usually filled each weekday from 10 a.m. to 4 p.m. It's a place of rest, warmth, and conversation for people who often have nowhere else to go. We believe this is the Christian way to use our church building, for the Christian faith does not teach that churches are temples or sacred shrines, or even "Houses of God", but rather places of meeting, and the focus of community life.

In some measure we have achieved this goal in the heart of downtown Toronto. We are happy to say that our three large buildings are busy and occupied

all day, and sometimes all night on weekends. We are trying to offer the double aspect of the Gospel; of word and deed.

In fact, our deeds are known to many beyond our immediate neighbourhood, either by word of mouth or through the many newspaper articles about All Saints which have appeared in the *Toronto Star* over the years. But not so many know about All Saints as a community of the Word, that there is a congregation at the heart of all the activity.

Most of our hundred members are local: many live in nearby Ontario or City housing, or in rooming houses. We are always pleased to be called a poor man's church in this very wealthy city.

Our ideal is to involve everyone; our present direction is towards the disadvantaged.

Though we are part of the Anglican diocese and are assisted by their funds, we have little use for denominations because so few people living

downtown belong to any denomination. Hundreds of those who enter our doors have no church at all (nor do they want one). Our form of worship on Sunday mornings at 11, is more or less from the Anglican Prayer Book, stripped down as it should be. We have a not-too angelic choir, (which has so far managed to survive without police protection), a Sunday School and a Nursery.

Our traditional activities are often done in non-traditional ways. For example, our mid-week service is an Agape supper, with the sacrament at the supper table, where it began.

We have members from all over the world, and they come here to find themselves part of a family. This is the over-all aim of our congregation: to be a loving community coming together to worship a loving God, to support one another, and to serve the wider community.

So, though we are at first glance a Community Centre, we

are also a church, and we are people who seek God. We are probably not a very pious or holy group (in fact, I hope we are more Christian than 'religious'). But to quite a few of us the Church is at the centre of our lives and our action in the world.

We try not to separate the sacred from the secular, for all of life is sacred to those with faith. Opening our doors to the lonely is as much a part of that faith as the act of Holy Communion.

The flip side of this newsletter will introduce you to the groups that live under the roof of our church, and minister to the community. To new people in the area, and to old neighbours we haven't yet met, we say: welcome.

If we can help you, or if you can help us, or if you are simply curious, please come to All Saints, we'll be very happy to make friends.

# NEWS FROM ALL SAINTS

## "Yes, we are a Church — a Community Church"

## CARE-RING: Freelance Friendship in the City

By Lesley Stevens

*Care-Ring is one of five social action groups in the All Saints Community Centre. This article is an introduction for people who need its services, and for people who can volunteer their services to it.*

Care-Ring is Diane and Tony and Charlie and Jessica, and Lily and Bill and George and John. And Care-Ring is the telephone, which brings them all together. By calling 868-1190, elderly and disabled people in the downtown area can find a volunteer to help them with almost any task: moving, shopping, visits to doctor or bank, income tax or other forms, or home repairs. More importantly, Care-Ring clients are matched with callers or visitors when they simply need to talk.

Care-Ring workers like to emphasize the 'friendship' in their service — because they are not a professional or government agency, the lines are nicely blurred between those who call, and those who answer. Some clients become volunteers, most volunteers learn from their clients, and all of them become friends.

At the Care-Ring office in All Saints Diane Frankling answers the phone. She estimates that she takes about 20 calls a day requesting assistance, and refers some to other agencies. On her desk there is a file of about 40 current clients: 16 are regulars who get a weekly phone call or visit; the others will call occasionally for help with a specific task or problem. Each client is matched with a volu-

unteer as quickly as possible, and the goal is to use the same volunteer as much as they can so that a relationship is built over time between the two people.

This service is unique in the downtown area — it does not overlap with other services but rather fills the gaps left after the other groups do their job, by doing the things that require a one-to-one relationship and lots of time. But to emphasize that uniqueness is not to say that Care-Ring is isolated in the community; it is a member of DIG, the "Don Area InterAgency Group", which seeks to co-ordinate social action groups in the east end of the city, and maintains close ties with public health nurses, Ontario Housing community workers, occupational therapists, and the local Neighbourhood Information Post.

Care-Ring thrives on volunteers: there are 15 now, aged 21-65 years, and they come from all backgrounds. Some are retired, or work at home, others are employed in business, nursing, and school. Care-Ring (Downtown) along with the other Toronto area Care-Rings provides some informal training and support through regular meetings, but no training is required — the common denominator for volunteers is that they like people — or want to.

Charlie Bennett is a downtown oil company employee, and a Care-Ring volunteer for one year. Right now he visits one person and calls another every week. "I think I get so

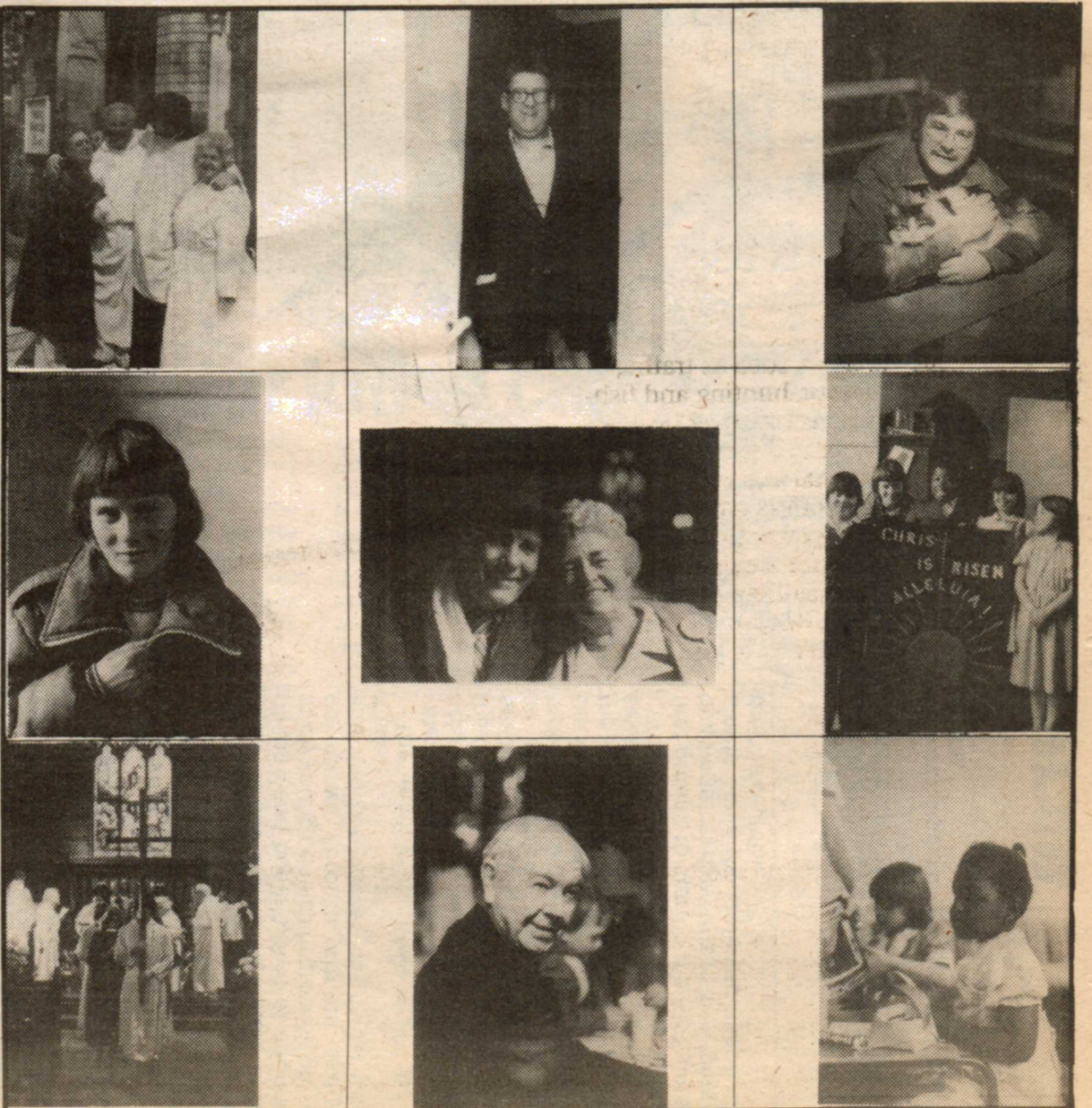
much satisfaction from this work because it is free, no strings attached, and I'm usually doing something concrete and straightforward for people, as well as giving com-

panionship. The people I deal with are not leaning, they just need some very simple help through a troubled time, or with one specific job."

"It's very rewarding, it keeps

both volunteer and client from what I call 'ingrownness'."

Anyone who feels that this organization might fill their needs, whether as volunteer or client (or both), should call 868-1190 and make a start in caring.





# ALL SAINTS CHURCH -- COMMUNITY CENTRE

## "Our doors are open to you"

### Council Fire

Contact Person: Millie Redmond  
Hours: 9 a.m.-10 p.m., Mon.-Fri.  
Telephone: 366-0853

Council Fire is a story of growth: it began with 10 native people meeting for worship at St. Barnabas' Church, and in 1978 it became a multi-purpose service to the Native Canadian community, and moved into a small corner of All Saints Church.

When the "moccasin telegraph" doubled the numbers coming to 40 persons daily, the group moved on to the church gym where it now has space for potluck community meals, discussions, athletics, counselling, and the teaching of native crafts, healing and spiritual traditions.

Native Canadians from Ward Seven and the larger Toronto area are drawn to Council Fire for many reasons. Some are established and have families and simply appreciate the cultural enrichment and involvement it offers. Others have problems, and need specialized counselling and referral services, home visits, emergency funds, housing, or just someone to talk to. When the problem is alcohol, Council Fire tries to rehabilitate.

In each case, Council Fire takes a special approach geared to the needs of the native person in the city, and often it succeeds where government programs fail. It is a tribute to this success that agencies such as Children's Aid, Manpower, and the Courts often refer their clients to Council Fire for assistance.

It is the aim of Council Fire to promote the growth of the individual's sense of self-worth through the experience of participation in a supportive Native community.

### The Friendship Centre

Contact Persons: David McKinnell  
Don Madill

Hours: 8 a.m.-9 p.m. (winter),  
2 p.m.-9 p.m. (summer)

Phone: 368-8179

When the Friendship Centre moved into the old parish hall in All Saints, the open-door policy of All Saints Community Centre was extended from front door to back, and from day to night. With volunteers and two full-time workers the Centre stays open 12 hours a day, 7 days a week, and runs an overnight drop-in on weekends.

Some of the staff are "graduates" of Skid Row, and because they know the life, they are able to keep the place open to the roughest and rowdiest, rejected elsewhere, as well as the quiet, the helpful, and the friendliest ones. Everyone is welcome — and the Friendship Centre attracts all types (recently a former concert pianist entertained us with a Chopin polonaise).

There is no programming here,

### Operation Springboard

Contact Person: Joyce Lawson  
Hours: 9 a.m.-5 p.m., Mon.-Fri.  
Tel.: 863-6198

"Springboard" deals with the realities of prison life, for the prisoner, of course, but just as importantly, for his or her family or loved ones. Prison reality is: loneliness, self-hatred, isolation from community, loss of job, home, and family.

Springboard was started by ex-inmates to overcome the distances, physical and psychological, between the inmate in prison and the outside world.

The main services it provides are:

- Inexpensive transportation twice weekly to the nine Kingston-area federal institutions in Quebec, Millbrook, and Maplehurst. Vans carry families and friends directly to the prisons and return the same day.

### The Open Door Centre and Rooms Registry

Contact Person: Grace Morris  
Telephone: 366-2664  
Hours: 10 a.m. to 4 p.m., Mon.-Fri.

Open the door some day yourself and you'll see wall-to-wall tables, chairs, and people. From morning to evening, and five days a week, the Open Door drop-in fills the body of All Saints Church with noisy life.

Open Door director Grace Morris figures that about a thousand men and women come to the Centre every week, for warmth, companionship, counselling or just refuge from bad weather, bad news, or bad debts. Mostly, it is loneliness that is the common denominator here.

The need for such a "place to go" is growing. As the older Skid Row population declines, a younger generation of single unemployed people takes its place, arriving daily from Northern Ontario, the Maritimes, from small towns everywhere, from overcrowded mental hospitals and prisons and hostels. And of course many young people are growing up in downtown Toronto without skills and find themselves out of the job market.

The mainly volunteer staff provides soup, sandwiches, talk, and help in finding a room and a job. But the Open Door is primarily a friendly space in a hostile city, and provides an atmosphere of acceptance for those who are continually denied it. Because there is no judging there, the clients of the Open Door often say they feel that is "their" place.

The Centre (which was one of the first groups to start in the All Saints building), has been true to its original aim to serve the unserved needs of the community.

NOTE:  
Each of the groups at All Saints is an independent organization. Interested volunteers should call the contact person for the group of their choice.

### Care-Ring

Contact Person: Diane Frankling  
Phone: 868-1190  
Hours: 9 a.m.-2 p.m.

Care-Ring is a service to elderly and disabled residents of the downtown area (from the Don River to Bay St. and from the Lakeshore to St. Clair Ave.) who need the kind of assistance that can be provided by a friend. The volunteers who provide it come to Care-Ring from many backgrounds and all age groups, but few have special qualifications — this is not a professional service agency, but the linking of friend to friend on an equal basis.

Care-Ring works through the telephone, because many of the people it wants to reach are isolated from the community in high rises and rooms, shut in by their age or disability. In a small office at All Saints, Diane Frank-

ling, Care-Ring's one paid staff member, takes requests for help and matches the caller with a person from her "active volunteer" file, who then visits or calls the client. Most of the requests are for help with shopping, visiting a doctor's office, or repairs, but depending on the need, this sometimes develops into a supportive, long-term relationship. Several Care-Ring volunteers visit or call their clients on a weekly basis, and all of them report that this is very satisfying work, which gives at least as much as it asks.

Downtown Care-Ring is successfully meeting everyday needs that are not dealt with by any other community group. In fact, it is so successful that it has a growing need for new volunteers, people who "specialize in Caring."

