

7 NEWS

TORONTO'S OLDEST COMMUNITY NEWSPAPER
315 Dundas St. East (All Saints Church) Since 1970
Toronto M5A 2A2 Phone: 363-9650

VOLUME 10, NUMBER 22 MAY 9, 1980

FREE TAKE ONE

Deadline for the next (May 23) issue of 7 News is Monday May 19. Bring or mail your news, pictures, or ads to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or phone 363-9650.



Tequila the affectionate chihuahua carried off first prize in the smallest dog category at the Forsythia Festival's annual mutt show. A purebred formally known as Toltec Goddess the First, Tequila is mated to Toltec Emperor the First (nickname: "Cocaine"). The dogs' mistress, Sandi Hamilton, lives on Flagler Street.

Photo by Cherry Hassard

A new community centre

Renovations on the old postal station at Queen and Saulters Streets under the South Riverdale Neighbourhood Improvement Program should be completed by October 1. A well known Riverdaler, Connie Leslie, has been hired to encourage community participation in the centre and to gather program ideas from local residents and organizations. On Tuesday, May 20 at 7:30p.m. at Queen Street East Presbyterian Church, there will be a public meeting where a constitution for the centre's Board of Management will be presented and discussed. Elections to the first Board will be held in mid-June.

The South Riverdale community designed 765 Queen Street East as a multi-service community centre. 60% of the space will be directly rented by the City for much needed services like a branch public library, a child-parent drop-in and toy lending service, and a low cost tool rental and a home repair group. As part of the City's decentralization of services, the building inspectors and plan examiners for wards 7, 8, and 9 will have offices there. An evening building permit service will re-open there along with the area

planning site office.

The centre itself will consist of a 200 person capacity auditorium that can be sub-divided into several meeting/program rooms. Present ideas for the auditorium include dances, children's and feature length film showings, or art and music presentations. In the basement, a large workshop area is available for home repair clinics or other instructional programs. Connie is also seeking organizations with ideas for booking space.

When it opens, the new centre will have a Board elected from and by the local community much like 519 Church, Eastview, or the five other City owned community centres. Duties of the Board will cover community programming, volunteer and community participation, finances, personnel, and general administration. Once a Constitution is approved, elections will be organized for mid-June. Nominations would be open to anyone who is interested with a special accent on Riverdale residents. Besides being an elected representative of the community, a director would also be responsible

for the managerial and program aspects of the centre.

Artists wanted

Is there a Toronto artist who would like to see his or her work displayed on a 1,000 square foot wall in the heart of downtown? The 519 Church Street Community Centre would like to hear from you.

The Centre's Executive Director, Roger Hollander, recently announced plans to commission a mural on its south wall, adjacent to Cawthra Square Park. "Our Board of Directors has decided to have a contest, and we are soliciting sketches or designs from local artists. We want someone who understands what the Centre is all about and who would be willing to paint the mural he or she designs. For this we're offering, in addition to the obvious notoriety, a cash prize of \$500.00."

The deadline for mural contest entries is June 6th. Those interested should contact Roger Hollander at 923-2778 before submitting a sketch or design. Plans call for painting the mural during the summer.

How to have healthy babies

By BONNIE HEATH

Healthy babies and how to have them was the subject of a lively debate at the Town Hall Forum on "high risk pregnancy". Moderator Fiona Nelson, chairperson of the Toronto School Board, drew the battle line between "prevention" and "intervention" in her opening remarks to the packed audience.

For a mere \$5 million per year, Ontario could have a "regionalized" programme which uses sophisticated technology to save premature babies, cope with birth defects and keep track of all pregnant women in a centralized computer system.

Dr. Paul Swyer, chief of the perinatal division of the Hospital for Sick Children explained, with half an hour of slides showing complicated charts and statistics, how the regionalization programme would work. Pregnancies would be divided into three levels ranging from normal to "ultra high risk". The "ultra high risk" pregnant women would deliver their babies in a regional hospital designed to handle any possible complications and birth defects.

John Aitchison, of Bell Northern Software Research and chairperson of the Joint Committee on High Risk Pregnancy also defended the proposed programme. He estimated that after ten years of regionalization, \$33 million dollars could be saved because of the reduced number of brain-damaged babies whose care in the hospital and in the community is so costly. "It's a terrific business deal, so how can we turn it down?" he asked. He should know a good business deal when he sees one. As one woman in the audience pointed out, no doubt his computer software company could have a great deal to gain by

the installation of a centralized computer system.

Panelist Dr. Cynthia Carver could agree, "it is a question of money — make no mistake about it." But her arguments were quite different. Dr. Carver is a general practitioner in Ward 7 who argued that "Preventative medicine is viable but it must be funded." Carver pointed out that only 3 percent of the Ontario health budget is designated for community health care and not all of that is aimed at preventative health care. This is despite the fact that many of the problems of childbirth have known causes such as poor nutrition, smoking during pregnancy and high blood pressure, which could be prevented before the pregnancy.

The proposal of the Joint Committee would not change things. Carver showed that only 1.5 percent of the \$5 million involved would be used for preventive techniques such as nutrition counselling. The regionalization report proposes one nutritionalist, one social worker and two public health nurses for all of the high risk pregnant women in Toronto.

Dr. Carver questioned the need for the high risk plan at a time when the rates of infant mortality and handicapped children are already going down. According to her, Women's College Hospital has a very impressive high risk unit but it is under-funded and under-used.

While these high risk facilities do exist, pre-natal clinics and counselling for expectant mothers are very hard to find. "A woman has to be a detective" to find out about them, said panelist Dr. Shelley Romalis. Romalis is an anthropologist and childbirth educator who feels that high technology in childbirth causes many of the risks it is supposed to prevent. She described the all-too-often routine hospital birth which includes enemas, epidurals and episiotomies with the use of forceps delivery, induction of labour and caesarean sections growing at an alarming rate. "Vaginal delivery is becoming a thing of the past," she remarked as she told the audience that in some U.S. hospitals caesarean sections are performed on 50 percent of their maternity patients. Because of this kind of intervention on the part of hospitals she sees home birth as a safer alternative to hospital birth.

Romalis also pointed out the psychological dangers of childbirth today. Because childbirth is misunderstood by our society as a medical problem, a woman gives up control of her "most intimate bodily functions to strangers" in a hospital. She said this is not the case in other countries such as Holland and Sweden where midwives attend to nearly all childbirths and expectant mothers can develop a close relationship with their midwives during their nine months of pregnancy. Pre-natal care is strongly emphasized and readily available.

Moderator Fiona Nelson had to cut off the discussion as the hour grew late leaving many in the audience still anxious to comment. Since the response from the audience had been overwhelmingly in favour of the less costly alternatives described by Drs. Carver and Romalis, she suggested that Dennis Timbrell and the Ontario Health Ministry should hold the regionalization proposal until the investigate the alternatives more thoroughly.

Don't smoke

Smoking by a pregnant woman can be a direct cause of death for the baby she is carrying, either before or after its birth.

When the mother smokes, some of the harmful gases, including carbon monoxide, actually passes from her blood through the placenta and into the fetal bloodstream. Ordinarily the mother's blood is completely separate from the fetal blood. Carbon monoxide, however, forces oxygen out of the red blood cells, both those in the mother and in the fetus. Babies, including unborn ones, need oxygen to grow and develop properly.

Studies involving hundreds of thousands of pregnancies — in women of different races and ethnic groups in various parts of the world — show that smoking by the mother retards fetal growth and can cause spontaneous abortion or death in the first weeks of life. The studies, documented in the 1980 U.S. Surgeon General's Report on the Health Consequences of Smoking for Women, indicate a pattern of growth retardation in all dimensions of the fetus, including body length as well as head and chest circumference. This effect does not appear to be offset by increase in the mother's appetite or weight.

Several studies show stopping smoking early in the pregnancy can help reduce health risks to the fetus. A new study in Wales indicates that even stopping smoking for 48 hours before delivery can lead to an increase in the supply of available oxygen, which may be of critical benefit to the fetus.

Health care for all

Mayor John Sewell and Chairman of the Local Board of Health Jack Shapiro have submitted a brief to the 1979 Health Services Review. The brief stressed that there must be universal accessibility to health care, and that there must be an emphasis on preventative medicine.

Deterrent fees deter no one except those who cannot afford them. In Saskatchewan, the introduction of small cash user fees has resulted in an 18 percent decrease in the use of health services by the poor. However, Ontario continues towards "creating a two-tiered health system — one for the poor and one for the rest of us" by allowing doctors to opt out of OHIP and cut-backs in care.

Federal and Provincial governments must take action to prevent this double standard from

developing any further. The right to levy deterrent fees must be withdrawn, and premium systems should be abandoned since they require unnecessary administration. Universal dental care should also be introduced.

Sewell and Shapiro support the OHIP system, but they say that there has been a mistake in emphasis. In the last twenty years it has been assumed that a high degree of technology, medical specialization, and highly centralized facilities would provide the best health care possible.

Out of every \$100 spent by the Province on health care, \$98 goes to treatment agencies and only \$2 goes to preventative facilities.

Public health departments and clinics have, in the past, been very

important in preventing illnesses such as typhoid and tuberculosis. They could now fight current threats to health such as poor fitness and nutrition and hazardous substances in the workplace. The redirection of government funds towards treatment did not allow public health clinics to meet new health problems.

Problems such as poor nutrition and industrially-induced disease are social health problems and can be best be dealt with by cooperative activity at the municipal level.

The brief ends by stating that the causes of bad health must be dealt with, and not just the symptoms — "We must advocate for programs to fight against unemployment and poor housing and not simply wait until such conditions create violence, alienation and general ill-health".

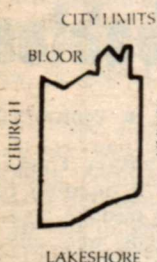
7 NEWS

is a community newspaper founded in 1970 and published every other Friday by Seven News Inc. Address: 315 Dundas St. East (All Saints Church), Toronto M5A 2A2. Phone: 363-9650. 7 News is distributed free in its circulation area; mailed subscriptions are \$7.50 per year. Opinions expressed are those of their authors and not necessarily those of 7 News.

BOARD OF DIRECTORS: Ulli Diemer, John Gladki, Bonnie Heath, Howard Huggett, Rob Hutchison, Roger Rolfe, Margaret Watson.

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If you have comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter to 7 News, 315 Dundas St. East, Toronto. All letters must be signed but if you ask us to, we will publish your letter with a pen name and keep your real name confidential.

It tolls from thee (ouch)

From whom the Bell tolls

Open letter to:
Mr. J.G. Patenaude,
Secretary-General,
Canadian Radio-Television and
Telecommunications Commission,
Ottawa, Ontario
K1A 0N2

Dear Mr. Patenaude,
Re: Bell Canada application for a
rate increase.

At the most recent meeting of the Board of Directors of Riverdale Socio-Legal Services, on March 31, 1980, it was resolved, and agreed unanimously, that RSLS:

1. "urges CRTC to consider seriously the inconveniences the basic rate increase would cause to low income people and senior citizens.
2. opposes the telephone basic monthly rate increase."

Our legal clinic is extremely concerned at the deleterious effects any rate increase for Bell Telephone permitted by the CRTC would have on many of the clients we serve in the Riverdale area. First, people earning a low income, and people dependent on fixed income, face increasingly serious difficulties with inflation jeopardizing the essentials that they need to maintain minimal existence. Bell president J.C. Thackray attributed the main reason for their rate hikes to inflation. Inflation, however, affects people on low and fixed income much more seriously since they are not able, as is a big business enterprise like Bell Canada, to cope with inflation. Our low-income clients would be forced to cut back on expenditures for such necessary items as food and clothing in order to retain their basic telephone service. Secondly, and even more serious is when the extra expense for telephone service penalizes those people dependent on communication by telephone by reason of their health or age. While we are pleased to note that, according to the CR-

TC notice mailed to Bell Canada Telephone subscribers, "It is also proposed to exempt special services specifically designed for use by the handicapped from rate increases.", we are concerned about the effect of a rate increase on senior citizens, or those people whose mobility is impeded by ill health, in an emergency. For example, in a fire, a telephone might be essential for a person's very survival. Yet a rate increase might force such people to balance the necessity of having a telephone in the event of such an emergency versus buying essential food or clothing. Further, many people believe Bell Canada's telephone rates are already exorbitant, when compared, for example, with the rates of the public systems in cities of similar size in the west of Canada. Particularly when people on low and fixed income have no extra money for consumer items that other people

take for granted, facing another increase in a basic service when other Canadians pay a lesser amount, grates against their sense of justice.

Another problem with the proposed rate increase is that Bell Canada makes no exemption for non-profit corporations. Raising the business rate almost immediately on May 1, 1980, by 7% and then by the enormous 35% jump on September 1, 1980, and including non-profit corporations, equates the ability to pay of the Toronto Rape Crisis Centre, a community centre, or a legal clinic with that of the Bank of Canada or the Toronto Stock Exchange. While we acknowledge the responsibility of Bell Canada to its shareholders of managing an efficient business enterprise, we prioritize as more important the first responsibility of Bell Canada to the public and to its subscribers.

We urge the CRTC to hold a regional hearing in Toronto where concerned subscribers can articulate their concerns about the rate increase. We are aware that previous regional hearings, specifically in 1974, have not been well attended. We submit, however, that 1980 is a time of greater financial difficulty for many people and believe firmly that it is crucial in a period like this to allow people to express their opinions.

RSLS would appreciate the opportunity to appear at a regional hearing to elaborate more extensively on the serious implications of any increase for people in our area. We look forward to receiving information about any hearings from you.

Yours truly,
RSLS, Inc.
Charlotte Stuart,
President, Board of Directors

John Argue,
Community Legal Worker.

Public hearing

Bell Canada and the CRTC have acknowledged receipt of RSLS' request to appear at a regional hearing.

Toronto City Council is supporting the intervention by the Consumers' Association of Canada vs. the increase by contributing \$1000 to their legal costs.

The Ontario Government is also apparently critical of the increase — they're being "represented" at the intervention "to speak for the interests of the people of Ontario."

In preparing our statement for the hearing, we shall urge some of our clients to take part with us. If Seven News readers want information on the hearing, or anyone wants to support us by illustrating how difficult the rate increase would be for them, they can phone me at RSLS, 461-8102.

John Argue, RSLS

7 News a hit out west

Once again, how helpful it is for us to receive *Seven News* and make time to pore over its articles. The memories; the stories on common themes; helpful clues for other cities and inner-city neighbourhoods. It is all here, in the March 28 issue before me.

The memories — as Dave Reville's article about the upcoming musical, *Damned if You Do*, recall the Christian Resource Centre's organized variety show some ten years ago, at the St. Lawrence Centre, with the late Hugh Garner hosting. Ah...the work put in by Don Bailey and Anne Walshaw to bring that show off!

The story by Jill Charlene Leach on being poor and living on the fixed and depressing income level of welfare was a very detailed account of her humiliation, along with her effort to break out of her cocoon this summer. How important for

Jill to report her conversations with other single-parent family situations: "We're all fighting for our lives". Alderpersons Howard and Cressy will take note at City welfare budget time.

The articles on the tenants of 40 Earl St. negotiating a much fairer rental agreement with their landlord; the matter of how road salt can be combined with sand to lessen road and automobile damage; and the page four articles on the Dundas Project and the specific ways education will have to adapt to share its goals between school staff, parents, and the community, all provided helpful information.

It is a major effort to sustain a community newspaper, even when people stay on year after year, and even as so many volunteer every two weeks to distribute it. When ideas and morale run low here in Winnipeg, we are happy to hear of

the continuing commitment of *Seven News* to dig for news, to report otherwise forgotten or covered-up situations, and to forge a sensitive, socially ethical newspaper. Good going, and thank you.

Barry K. Morris
Neighbourhood Resource Centre
Winnipeg, Man.

What's in a name?

Old Post Office? Queen/Saulter? Ralph Thornton? These names have all been used at one time for the multi-service community centre at 765 Queen Street East. It was an old post office, designed by E. J. Lennox in fact, and it is at the corner of Queen and Saulter Streets. Some residents did want to name the centre after the late Ralph Thornton, a long time community activist in Riverdale.

The new centre is designed to serve people in the East End, especially Riverdale. What name do you think would identify the centre with Riverdale or help people remember it? Call Ed at 461-6311 with your ideas. A decision will be made at the N.I.P. public meeting on Tuesday, May 20 at 947 Queen Street East, at 7:30p.m. All area residents are encouraged to attend.

Oops!

Gremlins got at our story about the chocolate City Hall in the last issue of 7 News. It weighed 220 pounds, which of course is 100 kilos, not 484.

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Canadian pensioners remain isolated

By HOWARD HUGGETT

Anyone who thinks that organizing office or factory workers is rough should try his/her hand at organizing senior citizens. There something like two million of them in Canada, and since Toronto has roughly one-tenth of this country's population, there must be somewhere around two hundred thousand seniors in the metropolitan area. Yet only a handful of them are organized to put any pressure on the various government levels, in order to improve their living standards.

Now why is that? It certainly isn't because all of them are on easy street. Figures released by the Department of Revenue for 1976 showed that only about one-fifth of pensioners made tax returns for that year. A very large percentage of seniors receive all or part of the Guaranteed Income Supplement because they have very little else in the way of income.

The Metropolitan Toronto Social Planning Council has made a comparison of the income received by pensioners living solely on the Old Age Pension and G.I.S. with the

poverty level according to the Council's Budget Guide for the Elderly. Figures for the year 1978 show that a single senior renting an apartment was 43 percent below the poverty line, receiving only \$3,828 as opposed to \$6,785 estimated to be barely adequate. A couple in the same situation was found to be 20 percent below the line, getting \$7,650 in comparison with the poverty line figure of \$9,590 for two. Pensioners living in their own homes were noticeably better off, but still well below the minimum.

The average figures for single seniors do not tell the whole story of the poverty endured by single pensioners. There is one group of seniors who are the poorest of all — women who are single or widowed. Since our society discriminates against women in the workplace, many single female pensioners have worked all their lives for low wages and have to start their retirement with very few resources. Many of the widows have never worked outside the home, so there is no Canada Pension for them.

Yet in spite of the great need for

improvement in the condition of so many pensioners, the great majority of them remain passive and unorganized. A very small percentage of them, I'll bet, have never of **Canadian Pensioners Concerned**, the most active and influential organization serving the interests of pensioners. Yet the various levels of government know about it, because it has something to say about the problems of seniors. The media are well aware of C.P.C., which makes use of them to draw attention to matters that concern pensioners. In fact, this organization has done quite a lot for senior citizens in the last ten years.

In 1970, when the Old Age Pension was only \$80.00 a month and inflation was already making things difficult, **Canadian Pensioners Concerned** presented a brief to the Prime Minister and the Federal Minister of Finance, pointing to the difficulties that seniors were having with escalating costs. As a result, the O.A.S. was indexed, and now it is increased every three months to compensate for the rising cost of living. C.P.C. also asked for some

form of financial assistance for those renting apartments and for homeowners. This help is now provided through a provincial tax credit.

Canadian Pensioners Concerned also presented a brief to the Provincial Minister of Health, requesting relief from OHIP payment and asking for free medicine for seniors. Both of these benefits are now received in Ontario. Another brief was submitted to Premier Davis and later to Metro, about the burden of the Education Tax on pensioners. Ontario now allows seniors \$110 of a tax credit on the income tax form, although this amount does not cover the whole cost of the Education Tax.

Along with other groups, **Canadian Pensioners Concerned** protested against the rapid increase in rents in the 1970's. They can take their share of the credit for achieving Rent Control in this province.

The latest victory C.P.C. has won has to do with footcare for the elderly. Many seniors have trouble with their feet, such as ingrown toenails, and they need the services of trained chiropodists. There is a serious shortage of these specialists, and their services can be quite expensive. This situation results from inability of chiropodists from the U.K. and Europe to practice here and the lack of any of course in footcare in this province to train local people in this service. After a determined campaign that lasted for years, the Ontario Minister of Health, Denis Timbrell, finally announced on March 5th

of this year that the act would be changed to allow qualified Chiropodists from Europe and Britain to practice here, and also that a course on footcare would be started in Ontario next year.

There are other pensioners organizations that are doing good work, often in conjunction with C.P.C. There is the United Senior Citizens of Ontario, and there are a number of ethnic pensioner groups, such as German, Jewish and Latvian organizations, to mention a few. But I think it is fair to say that **Canadian Pensioners Concerned** is the best informed, the most politically active and influential group in the field. In ten years they have accomplished quite a lot. And their membership is numbered in the hundreds only, far less than one percent of the total number of pensioners. Think what they could do if they were supported by even five percent!

The decade of the 1980's will not be an easy one for senior citizens in Canada. We are in a period of depression and cutbacks, and much of the burden of this difficult time will fall on the shoulders of pensioners because they do not have as much economic and political influence as other groups do. But they are fortunate in having an organization that is putting up a fight on their behalf.

If any of our readers would like to have more information about **Canadian Pensioners Concerned**, please get in touch with the office of Seven News.

To serve or harass?

BY RHONDA SUSSMAN

Last year, Metro Police received \$155 million in public funds — 43 percent of the total city budget.

The Right to Privacy Committee, in a pamphlet entitled "Are You Policing Your Tax Dollars", tells us about some of the things we are getting for our money:

- Police officers are regularly assigned to hide behind air vents in public and tavern washrooms (with permission of the management in the case of the Parkside Tavern) in the hope of catching someone and charging him with "gross indecency".
- Parks are also patrolled, including David Balfour Park on St. Clair Ave. E. where many gays have been attacked, and Philosopher's Walk (behind the Royal Ontario Museum), where women had to organize rape patrols to defend themselves because the police did not help.
- The Right to Privacy Committee also states that large numbers of police, using expensive equipment, are continuously engaged in the infiltration and surveillance of "suspect" groups and individuals.

In nearly all demonstrations it has become a game among the demonstrators to "spot the cops". One anti-racist demonstration last fall had hundreds of uniformed and undercover police. Very few significant crimes have been uncovered by this espionage.

- The police are in love with technology — for example, the growth of the Emergency Task Force, with its sophisticated arsenal. Police are increasingly becoming paramilitary units. Criminal lawyer Joseph Pomerant explains:

"The police having created the specialist forces, having invested in the technology, having increased the manpower, must justify the expense. To do that, they need statistics to show crime is increasing, and they need to find some section of the community who are 'crime prone'. Who better than visible minorities, or the poor?"

- In the Barracks raid of December 9, 1978, the membership list was seized for no legitimate reason, and one officer notified Toronto boards of education that some of their teachers had been arrested at the baths.

Another raid took place at the

Hot Tub Club, another club for gay men, on December 12, 1979. Commenting upon the number of police outside the club, which at one point reached fourteen, George Hislop, part-owner of The Barracks said: "This cost a lot of money. They spent all that money — for whom?"

- Raiding a private home — one of the gay teachers arrested in the Barracks raid had his home intruded by police and had books and other personal belongings taken.
- The use of the police magazine, **News and Views**, to promote anti-gay and anti-black prejudice.

This magazine, which goes to all police, contained two articles in the March 1979 issue. One, called "The Homosexual Fad", attacked gays. The other article attacked just about every other minority group the first article missed.

What people are not getting for their \$155 million are what most people believe they are entitled to from police: protection.

- Attacks upon gays as they leave or enter bars are increasing. In the past three years, 14 gay men have been murdered; eight of these murders remain unsolved. The official explanation: not enough money.
- Gay men have been attacked and beaten in the same parks where 190 men were arrested last year for "gross indecency".
- A number of rapes have occurred in Philosopher's Walk at the same time as gay men have been arrested for cruising there.
- The police killings of two Toronto black men, Buddy Evans and Albert Johnson, under extremely questionable circumstances.
- Little or no response to community groups, such as the Working Group on Police-Minority Relations, requesting police reform.

All these abuses and non-uses of the \$155 million in tax money occurred in the same year that social services received only 15 percent (\$55 million) of the city budget.

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Ward Seven's Bain Co-op sent a delegation to the Queen's Park rally sponsored by the April 26 Coalition for a Sane Energy Future. Protestors called for a public enquiry into the use of nuclear power and a halt to nuclear expansion while the enquiry is conducted. Joining an estimated 2000 participants were (left to right) Margie Watson, Carol Ramm, Clarke Mackey, Violet Kapranchuk, Pat Schultz, Kathy Corrigan, Peter and Anton Tabuns, Joyce Allen and Helga Steyer (behind). The Bain banner was sewn by co-op member Dick Winters.

Their future, their choice

The date has been set: May 20. Quebec's historic referendum draws near. The response of Prime Minister Trudeau and the provincial premiers of English Canada has been as unanimous as it has been undemocratic: "If a majority of Quebecers vote yes, our governments will refuse to negotiate."

Premier Davis claims that he speaks for all Ontarians in slamming the door on negotiations should the "yes" vote win. But several polls (including one taken by the Tory government itself which Mr. Davis was recently forced to make public) show that about half the population of Ontario favours negotiations should Quebecers democratically

decide to move towards political sovereignty.

The Toronto Committee to Defend Quebec's Right to Self-Determination was formed in order to give a public voice to all English-speaking Canadians who support Quebec's right to choose, whatever the result of the referendum. Our Committee does not presume to tell the people of Quebec how they must vote. We say it is their choice and will respect their decision. Mr. Davis and Mr. Trudeau should stop trying to threaten Quebecers inclined to vote "yes" by declaring in advance that their choice is "absolutely" unacceptable.

For more information on the Committee please call 654-6155.

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DAMMED IF YOU DO a smash hit!

It's come and it's gone. Well, come to think of it, it hasn't really gone. It will be around for a long time. It, of course, is Ward 7's smash hit musical, Dammed If You Do, Or, Who Says Ward 7 is Revolting?

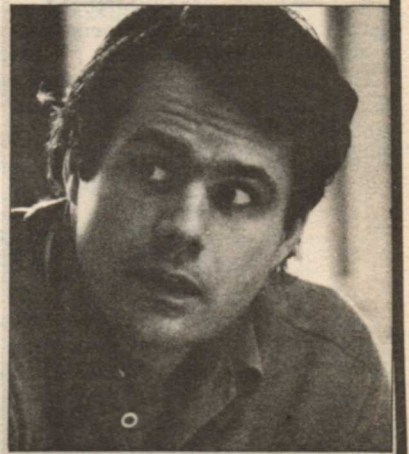
Dammed If You Do played for three nights last week to full houses at Castle Frank Auditorium, and it won tremendously enthusiastic response from the audience (some 2,700 people attended altogether) and from the critics.



But what was probably most impressive about the whole show was not John Piper's excellent music and orchestrations, or Elizabeth Beddard's first-rate choreography, or Brian Metcalfe's words and lyrics, or David Reville's story, or the truly impressive organization and planning that went into making the event such a success in every way. No, most impressive was simply how the energy and talent of so many people was channelled into a production that was so much fun for viewers and participants alike. Dammed If You Do was a remarkable community endeavor.

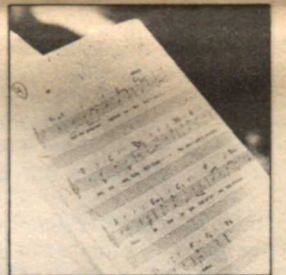
Three subplots merge in Dammed If You Do! Ward 7 community activists battle against a plan to turn the Don Valley into an Olympic Unicycle Speedway, threatening to have Ward 7 secede from Toronto. Harold Horrible and the Pits, a local Punk Rock Group, have a series of visions while languishing in the Don Jail, and decide to reform.

And last but certainly not least, there is a love between Harold Horrible and Frieda, one of the activist leaders. They, as the program delicately puts it, "have had a meeting of a very special and direct kind", when Harold was a juvenile delinquent and Frieda a Children's Aid worker. This previous meeting provides the best line of the show: "When you've been laid, by the Children's Aid, you've had the best you can get from the state."



Their new career: collecting garbage. Garbage, as it turns out, is the key to the ultimate victory of the protest movement: the activists use it to dam the Don River and thus bring the politicians and special interests to their knees.

The upshot of it all is predictable, of course. Justice and true love both triumph. The plot is fiction, after all.



THANK YOU

7 News would like to thank the company and cast of *DAMMED IF YOU DO!* for the tremendous boost they have given us. The donation of the proceeds of the musical will be a great help to 7 News. But equally important to us is the expression of support itself by the many individuals who created this event. Community support like this conceived 7 News in the first place, has maintained it for ten years, and will continue to sustain us in the future.

*The Board and Staff of 7 News
Your Community Newspaper*

COMMUNITY CALENDAR

Saturday, May 10

The Metropolitan Community Church of Toronto will be holding its annual **bazaar and bake sale** today at the 519 Church Street Community Centre from 10 am to 1 pm. The bazaar will feature antiques, clothing, china, art, records, books, plants and rummage. VISA and Master Charge cards accepted.

The **Toronto Committee to Defend Quebec's Right to Self-determination**, Rock Against Racism, and the Culture Workers' Alliance present a festival and dance **tonight at 7:30 pm** at the Community Centre, 58 Cecil St. (Spadina and College area). The performers will be Pierre Fournier, Truths and Rights, and traditional Quebec music and poetry.

A Mother's Day mourning vigil will be held today, 11 am, in front of the **Nestlé Company's** headquarters at 1185 Eglinton Ave. E., protesting the **promotion of infant formula** in Third World countries.

The **Pape/Danforth Library**, 701 Pape Avenue, is having a **public book sale** from 10 am to 4 pm today.

Sunday, May 11

The Saint Luke's Forum, St. Luke's Church, at Sherbourne and Carlton, presents Rev. Ralph Spencer, today at 2:30 pm.

Monday, May 12

There will be a euchre card party tonight at St. Ann's Church Hall (Gerrard and DeGrassi) at 8:00 pm. Admission is \$1.50.

Tuesday, May 13

"The Referendum in Quebec: What are the Issues?" is the topic of a talk being given tonight by the Cross Cultural Information Centre, 1991 Dufferin St. at 7:30 pm. The speaker will be Alain Quiron, Francophone Office, Toronto Board of Education.

The **Ontario Science Centre** is showing the Canadian movie **Why Rock the Boat** tonight in the main auditorium at 12:30 pm. Free with admission to the Science Centre.

Wednesday, May 14

The **Toronto Committee to Defend Quebec's Right to Self-determination** is holding a public meeting tonight at OISE Auditorium, 252 Bloor St. W. Speaking will be a Quebec union leader and Ontario unionists who support Quebec's rights. For more information call 485-8890.

Junior kindergarten registration at **Withrow School**, 25 Bain Ave., will take place from 9:30 to 11:30 am and from 1:45 to 3:45 pm today.

Helping teenagers to make responsible sexual decisions will be the theme of **Planned Parenthood's** annual meeting today at the Board of Education auditorium, 155 College St., at 8 pm. Dr. Corinne Devlin will speak on "Making Choices — Not Taking Chances," and a panel of teens will react to the speech.

The South of Carlton Community Association will hold its annual meeting tonight at Central Neighbourhood House, 349 Ontario St. (south of Gerrard) at 7:30 pm. All are welcome to come and elect new officers and to hear the presentation of year-end reports.

Thursday, May 15

Celebrate **High Mass** at St. James' Cathedral today, with choir and orchestra conducted by Giles Bryant, choirmaster at St. James, 65 Church St.

"**Preventative Medicine — Natural Health**" is the topic of the lecture by Dr. Leo Roy, on the origin of disease and natural healing. Free. Palmerston Public Library, 560 Palmerston Ave., 7:30 pm.

There will be a public meeting about **Nicaragua** tonight at OISE, 252 Bloor St. W. at 7:30 pm. Sponsored by Canadian Action for Nicaragua.

Tonight's movie for adults at the **Parliament Street Library**, 269 Gerrard St. E., is **Bird's Eye View of Great Britain**. Times are tonight at 6:30 pm and tomorrow at 2 pm.

Friday, May 16

Young people (grade 7 and up) can register for **disco dancing lessons** at the **Parliament Street Library**, 269 Gerrard St. E., at 7:00.

Saturday, May 17

There will be a **garage sale** at 203 Madison Ave., one block east of Spadina, just south of Dupont, starting at 2:00 today. Up for grabs will be books about politics, clothing, baked goods and more.

Sunday, May 18

The Saint Luke's Forum, in the church at Sherbourne and Carlton, presents Blake Matthews as the speaker today at 2:30 pm.

Tuesday, May 20

The **South Riverdale Neighbourhood Improvement Program** meets at Queen St. East Presbyterian Church, 947 Queen St. E., 7:30 pm. to discuss final designs and costs for the Bruce School playground and the Queen St. business area. All welcome.

Solar Stage Lunchtime Theatre, 149 Yonge St., presents a new Canadian play, **TILT**, starting today. This 40 minute play shows playwright Leon Whiteson's comic view of a 1980 family caught up in a common obsession — money. Performances are at 12:12 pm and 1:11 pm, admission is \$2.50.

Does the struggle for language rights result in discrimination or equality, and for whom? Tonight's discussion at the **Cross-Cultural Community Centre**, 1991 Dufferin St., will examine Bill 101 and other issues of **French language rights**. Speakers will be David Welch, community organizer, and Ian Martin, of Glendon College, York University.

Wednesday, May 21

Tonight is **Bowmore Community Day Care** Registration and Information Night at 7:30 pm, Bowmore Road School (Coxwell and Gerrard). School ages grades 1-6 and ages 2-5 can register. Metro subsidy available. Day care hours are from 7:30 am to 6:00 pm.

Broadside, a Toronto feminist newspaper, invites all women to an **open forum** to discuss and share views of the progress and direction of the newspaper, tonight at 7:00 pm in the YWCA, 15 Birch Ave.

Thursday, May 22

CUSO Information Night — find out about working overseas under CUSO auspices tonight at International Student Centre, 33 St. George, at 7:30 pm.

Dixon Hall is sponsoring a **trip to Exhibition Stadium** today to see the Blue Jays play the New York Yankees. Tickets are \$1 and can be bought at Dixon Hall from Terry on a first-come, first-serve basis till **May 16**. Those attending will leave Dixon Hall at 6:00 pm. Supper will be served at the ballpark.

The **Parliament Street Library** is showing the movie **The Raven**, starring Peter Lorre and Boris Karloff tonight at 6:30 a dn tomorrow at 2 pm.

Friday, May 23

There will be **blood clinics** at Riverdale C.I., 1094 Gerrard St. E., from 9:30 to 12:30 pm., and at the Manulife Blood Donor Clinic, 55 Bloor St. W., from 10:30 to 7:30 pm.

Saturday, May 24

There will be a **rabies clinic** today from 10 am to 2 pm at the Williamson Road Public School, 24 Williamson Rd., one block north of Queen St. off Lee Avenue. Fee is \$3 per animal. Cats must be confined; dogs on a leash.

Ongoing

Are you a woman who has been **arrested**? Charged? Every Thursday night between 7-8:00 the Elizabeth Fry Society sponsors a legal clinic. There are qualified criminal lawyers available to give **free legal advice** on criminal matters. You can also call 924-3708 if you cannot make it in person. The Elizabeth Fry Society is located at 215 Wellesley St. E.

The **Sunrises Fitness Group** meets daily at 7 am, Monday to Friday, at Winchester Public School gymnasium, 15 Prospect St. Join any day.

Do you have craft skills? Interested in putting these skills to work for your community? The **Neighbourhood Information Post** is putting together a group of people who would be willing to donate their talents and some of their time to help us raise funds in order to continue to service the community. Anyone who would be interested in making items for sale at our **Annual Garage Sale**, such as mac-

ramé, pottery, knitted items, etc., can call NIP at 924-2543.

Times Change Women's Employment Service offers a number of **workshops and job-training** resources for women. Contact them at 534-1161 or visit their office at 932 Bathurst St. for details.

East End Literacy has moved and will now be housed at **Dixon Hall**, 58 Sumach St., telephone 863-0499. The project will remain unchanged with a continuing focus on one-to-one tutoring and training or volunteer tutors. Interested people are invited to drop by or call Selinda Krayenhoff.

The **Pape/Danforth Library**, 701 Danforth Ave., presents programs for children every Saturday at 2:30 pm. The theme for May is "**Your Public Library**". There will be games, contests, films and other activities, including a "mystery guest".

The **Parliament Street Library**, 269 Gerrard St. E., has **films for kids** every Wednesday at 4:00 pm.

Harbourfront

Sunday, May 11: Computer Culture Exposition continues today with "hands on" **computers** being demonstrated today from 11 am to 6 pm. The workshop program begins at 1 pm with a discussion on **The Innovators**. Topics include **Innovating, Doing Your Own Thing, The Creative Process** and **The Entrepreneurs**. From 7 to 9 pm a concert will be given in Computer Mus. Admission \$2 at York Quay Centre.

Monday, May 12: Canadian Writers on Film, a three week series celebrating the work of **Canadian Writers**, continues tonight at 7:30 pm with Mordecai Richler's **The Street**, and **Baptising**, based upon a story by Alice Munro. Admission is free. York Quay Centre.

Tuesday, May 13: A **Festival of Horror** begins tonight with Boris Karloff in the 1931 version of **Frankenstein** and Joe Dallesandro stars in Andy Warhol's 1977 movie of the same name. Admission is \$2, York Quay Centre.

Wednesday, May 14: Marisposa Mainland presents the cabaret, **Heaven Will Protect the Working Girl**, tonight at 8:30 pm at York Quay Centre. Admission \$4.

Community Calendar is a free community service. If you have an upcoming event which you would like listed in the May 23 issue (all events between May 23 and June 6 should go

in this issue), fill out the coupon below and mail or bring it to 7 News, 315 Dundas St. E., Toronto M5A 2A2.

PLEASE TYPE OR PRINT

DATE OF EVENT

DETAILS OF EVENT (include time, place, & what the event is, in 2-3 sentences)

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Be a 7 News Supporting Member

By The Staff

For ten years, **Seven News** has tried to express the needs of the people of Ward 7. We don't speak for anyone because we have always believed in people organizing themselves, and we think **Seven News** can be of help.

It is important to have a newspaper that is written by, for, and about the people of Ward 7. We're one newspaper that **admits** to taking sides — your side. And we love a good controversy.

Being independent of business or government means a hand-to-mouth existence for a newspaper. The vast majority of our work is done by volunteers, and **Seven News** wouldn't exist without them.

But unfortunately, it still takes money to put out a newspaper.

Seven News has made a commitment to you — and now we are asking that you make a commitment to us by becoming a supporting member.

All we can give you in return is our thanks and the knowledge that by contributing, you are helping to keep your paper going.

We are asking that you give "\$10 for **Seven News**", but smaller amounts are quite welcome, and, of course, so are larger donations.

So please send in your cheque soon. Help keep **Seven News** from becoming another casualty of hard times.

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NDP debates municipal policies

By JOHN ARGUE

New Democratic Party activists attended the Metro NDP Convention in April. Three issues that aroused the most concern were property taxes, the role of municipalities in economic development, and the progress of NDP municipal action.

Property Tax Controversy

The debate on property taxes was postponed when Alderperson Dick

Gilbert won a procedural motion to adjourn the Metro NDP Convention in the midst of the final plenary debate last Sunday.

The pressure of time forced some people to leave the convention early, and Gilbert wanted a full debate on the property tax resolutions, still to be discussed. Perhaps one of his considerations was that many of his supporters on property tax had left.

Party policy traditionally has viewed property taxation as regressive, as it affects people without regard to their ability to pay. The NDP has advocated the use of income and corporate taxes as fairer methods of raising revenue.

Recently, it has become clear that this is not a black and white situation. Specifically, business pays approximately half of the property taxes in Ontario municipalities and so some people argue that this is progressive: business rather than wage earners is being taxed.

Opponents counter that in consideration of the proportion of tax paid by individuals, property taxes are still unfair. The real tax rate declines as one's income rises.

There is still a dilemma facing municipal politicians whatever their views on this debate. Property taxes provide municipalities with a source of income independent of government grants. If municipalities rely increasingly on income taxes collected by the provincial and federal governments, will this restrict their independence and areas of influence?

When the Metro NDP convention reconvenes, these questions will be raised again, as the first step

towards a broader discussion later this spring at the Ontario NDP Convention in Guelph.

Economic Development

Some municipalities with NDP councillors are beginning to take a role in creating and maintaining union-scale benefits and working conditions in areas over which they have control.

Policy adopted by the Convention encourages local NDP governments to use social planning together with land use and industrial planning to build industry and to improve the quality of urban life. This approach does not rely on the 'free market' as municipalities have traditionally done.

NDP Municipal Action

A comprehensive update of Metro NDP housing policy was adopted. A fair consensus was reached in this area, partly because of the very active role played by the Metro NDP Housing Committee in the recent debate on privatization of public housing in Metro. St. George delegates contributed to this debate, referring to housing in the East of Bay area, and to group homes.

During the first plenary, the Convention reaffirmed the party decision to take an active role in fielding

party party candidates for positions on councils or boards throughout Metro.

Michael Cassidy addressed the beginning of the Convention, delivering a speech which highlighted the increasing involvement of the NDP in urban issues across the province.

The remainder of the Convention lacked a hot division on issues, but accomplished a needed review of existing policy.

Benefit Concert for All Saints Church Organ

to be held at:

St. Paul's Anglican Church
227 Bloor St. East

Sunday June 1
3 pm

Admission \$4 at the door

Planners want job action

By CATHY KERR

In their latest study of economic development in Toronto as related to job creation and unemployment, the city planning staff have made some startling discoveries known as "home truths" to the residents of Ward 7.

On April 2, 1979 City Council declared that "whereas the question of job creation and economic development in the City of Toronto is of critical importance, it is therefore recommended that the City of Toronto commit itself to the development of a comprehensive job creation policy."

Despite its rather circular prose, the City thus confirms its commitment of the wealthy Federal and Provincial governments. This gesture to be effected by a budget tiny in comparison to the size of the problem, could be regarded as tokenism. Considering, however, the shrinking tax base and ever increasing municipal costs, the City it seems is doing its bit.

The study titled "A Selective Economic Development Strategy for the City of Toronto" directs special attention to the employment problems facing residents in the downtown wards. The report states that as of October 1979, 20,000 people were unemployed in the City of Toronto, a number comparable to the total unemployed for all of the Atlantic provinces combined. It notes that the problem is especially severe east of downtown between River and Yonge Streets and south of Carlton to the lakefront. Our neighbourhood alone accounted for more than 5 percent of the city's unemployed. They youth employment in this same area is almost 20 percent compared to 12.2 percent in the rest of the city.

One of the most interesting proposals of this study concerns what is known as "Community Development Corporations". C.D.C.s involve a range of activities undertaken to assist communities in improving their economic situation, and thereby solve their own problems. This programme differs from traditional private sector and government employment programmes since it is undertaken by and directly involves members of the community rather than government employees. Debureaucratization is not a new concept of course, witness area planning offices and citizen participation on the planning board and many other local boards, it is, however fraught with many difficulties and must be carefully monitored to insure success...

More specifically, people living in and concerned with economically depressed areas take a variety of steps to gain some influence over the economic variables of their lives. They attempt to improve their economic base by identifying and developing local skills, starting new businesses and increasing job opportunities for individuals disadvantaged in the labor market. The organizations are structured so that the projects are conceived, initiated and managed in a way that is accountable to the community. The doctrine of self-help is especially appealing.

Are you a poet? Then send us some of your poetry, to 7 News, 315 Dundas St. East, Toronto M5A 2A2 and get your works in print.



Clockwise: Hon. Pauline McGibbon, Adrienne Clarkson, Darryl Sittler, Pierre Berton

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Ontario

Reuben Baetz,
Minister of Culture
and Recreation

William Davis, Premier

Education round-up

By JOANN HUTCHISON

The draft revision of the Toronto Board's existing booklet on "Students' Rights & Responsibilities" will be open to the public for discussion on Saturday, May 10, at 2:00 p.m. at the Education Centre, 155 College St. This is the last of five public meetings that have been held

asking for community response to the document.

The proposed revision is considerably larger and more complex than the existing booklet which has largely fallen into disuse. The Task Force sees its expanded booklet as: (1) providing information; (2) encouraging students to exercise their

rights; and (3) developing a deep working understanding of students' responsibilities in the school.

The Task Force strongly suggests that: "As students grow and become young adults, it is the school's responsibility to encourage them to speak for themselves as guardians of their own rights, to assume the responsibilities entailed in the exercise of individual human rights and to participate in the operation and life of the school as individuals and respected citizens within the school community as well as in the larger community."

Recommendations in the new booklet deal with: students and student government; students and teachers; principals and vice-principals; student/staff committee; student grievances; school management; courses; discipline; guidance and counselling services; and pupil records.

The booklet does *not* deal with: tests and examinations; religious exercises in the school; student representation on Principal Selection Committees; or Lesbian/Gay Rights as Minorities in the schools. These items are currently being studied by other committees or inquiry groups at the Board.

The Homework Program at the Parliament St. Library will be closing its doors for this school year on Wednesday, May 14th. The organizers would like to thank their committed volunteers and the 15 elementary school-age students who regularly participated in the program during the fall and winter terms.

The program will be starting up again early in October, and will require more adult volunteers who can make a regular commitment to helping children with their homework.

The program ran this year on Monday and Wednesday evenings from 6:30 to 8:30 p.m. Anyone who is interested in volunteering to help out next year should contact JoAnn at 964-7524 for further information.

Last week, Toronto trustees voted overwhelmingly to give the Duke of York site on Pembroke St. to the city's French elementary school, Gabrielle Roy. Gabrielle Roy and Duke of York currently share the Pembroke St. facilities.

Reluctant to close an inner city neighbourhood school entirely, the Board voted to have Duke of York staff and students transplanted intact to share space in nearby Regent Park Public School. Duke of York currently has 125 students.

Duke of York school was complemented by local trustees at the Board's Inner City Committee meeting on having "one of the finest inner city programs in Toronto."

Audrey Goldfinch, a teacher at Duke of York, had asked the Inner City Committee to seek ways of preserving the program initiatives that have proven successful at Duke of York. These include: a pre-school day-care program, school-age day-care, all-day Kindergarten, and an integrated primary program based on successful team teaching. "Little things are gained in the inner city," Ms. Goldfinch said, "and they should not be lost."

It remains to be seen whether Duke of York school can successfully survive its geographical relocation.

The Board was legally bound to give Gabrielle Roy its own building by September, 1980. The other locations for Gabrielle Roy suggested at the Board meeting were Castle Frank or Parkview vocational high schools, both in Ward 7.

Trustees expressed concern at a recent Inner City Committee meeting that class sizes in the inner city had actually gone up, despite declining enrolment and no teacher firings.

John Bates, the Inner City Co-ordinator, attempted to clarify the situation. Bates indicated that there has been an absolute decline in students projected for next September, especially at the grade 7/8 level. This means that staffing allocations for senior (grades 7 & 8) and composite (grades K-8) schools have been hardest hit. "It's hard to see a decline in teachers before you see a decline in students," Bates acknowledged, but he felt that the projected decline in enrolment would prove accurate.

A larger problem, however, appeared to be the distribution of staffing. Local programs have incorporated 16 inner city staff, and this has created "a shaving effect" at some schools, according to Bates. Teachers have also been allocated to French programs (extended to 40 minutes a day at the Grade 4 level) and to maintaining current special education staffing levels. In addition, Inner City project schools will use a total of 5 inner city staff.

More importantly, however, the 104 non-formula teachers who were declared surplus to the system by the Metro Board last year, but who were retained as teachers by the Toronto Board have been incorporated within the formula this year. In effect, this means that there are no surplus teachers this year. Unaware that this was the case, trustees voted for additional programs confident that they had "surplus bodies to fill them. It now appears that this was not the case.

At this late date, trustees cannot vote to increase the property tax to hire more teachers. Unallocated Metro money would allow them to hire 7 non-formula teachers should they so decide.

Trustee Bob Spencer (Ward 6) insisted that the use of the 104 non-formula teachers last year "raised expectations that we can no longer fulfill."

Trustee George Martell (Ward 7) asked for a formula review for 1981, so that trustees could become more actively involved in examining the formula.

John Bates insisted, nevertheless, that smaller class size was possible and depended largely on how a school's staffing committee utilized the staff it was given

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ANNOUNCEMENTS

The Downtown chapter of **One-Parent Families Association** meets every Wednesday at 8 pm, 20 Spruce St. All welcome. For further information call Veronica at 923-8713.

Tous Bienvenue au "Café-conversation" les premiers Jeudis du mois à 8 h soir, 20 rue Spruce, angle Parliament entre Carlton et Gerrard. Le Centre Acadien, 923-8713.

WE NEED YOU! Volunteers needed for summer drop-in and other programs. Have fun, make new friends, help others. For more information contact the 519 Church Street Community Centre, 923-2778.

SUMMER SEMESTER starts June 9. Pre-university or college credits. Full or part-time. Small classes. Individual attention. Grades 9-13. Ministry of Education inspected. Pathways College, 591 Parliament St., near Wellesley. 967-4668.

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PART-TIME POSITION available in residential home for seniors. Housekeeping and cooking skills required. Call between 10 am and 4 pm at 922-0023.

HELP WANTED: Co-ordinator of Teen Association in Downtown Area. One year contract, \$10,500. Planning, development and organizing. Accountable to committee of teens and agency skills. Flexible hours. Start June 15, 1980. Apply before May 15, in writing, to Teen Association, c/o Dixon Hall, 58 Sumach St., Toronto, Ontario M5A 3J7.

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MISCELLANEOUS

David's Tea Room — Prophecy in a teacup — Predictions from palmistry — signs in the crystal — the mysteries of the Tarot cards. 241 Queen St. E. 368-9610.

WANT TO GET IN SHAPE? Join us at: Pape Recreation Centre. 461-3531. Badminton, keep fit, volleyball, etc. It's all free.

NEED A BABYSITTER? I have ten years experience and references. Also will watch kids at odd hours night or day. Reliable. Dundas St. area. Phone 461-6571.

YOU ARE READING this ad, and so are many other people in the Ward 7 area. Classified ads work. And they're only \$2.50 for 25 words, paid in advance. Send you ad with payment to 7 News, 315 Dundas St. E., Toronto M5A 2A2.

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ALL KINDS**

• Custom kitchens, rec rooms, bath-rooms, etc.
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• References available
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Care-Ring for the lonely

By DOROTHY BUSHEY

Volunteers are urgently needed by Care-Ring, an agency that provides free services to the aged and handicapped. The people who receive this service are in great need of help with things such as shopping, banking, laundry, friendly visiting and all the important aspects of life that we take for granted because we can easily do them for ourselves.

Care-Ring has a working board of directors and four active committees, as well as one paid staff person.

Nancy Kylie, a public health nurse, and Mr. Bhogan, president of the board, both stress that more volunteers are needed if Care-Ring is to provide its services. They are especially interested in seeing volunteers who are committed to the urgency of the aged and have an idea of the loneliness involved. Just think of your own life right now

and how much you would need understanding if you were to lose your mate, your youth, health, and then become ill with a chronic ailment and then you will realize how important it is to sponsor this program.

The working boundaries for Care-Ring in this area are lakefront north to Rosedale United Church and Don River west to Bay. There is no charge for its services.

If you would like to volunteer, please call Care-Ring at 868-1190 between 9 am and 2 pm.

Hand-made crafts

Discovering local crafts people is very rewarding and often surprising. They are working unseen, but close at hand. Spring is here — the search is on.

Jeanette Keenan, (the Tenant Project Co-ordinator on Parliament Street), has made it possible for people to discover the pleasure and personalized value of a custom sandal maker.

During the month of May, on

Saturdays, from 10 am to 4 pm drop in on Toronto's itinerant sandal maker, Jim Neff, in the front office at 503-B Parliament Street. It's just north of Carlton, or south of the CBC. You may recall Jim from the Don Vale Community Centre's Young People's Programmes, or teaching sandal-making years ago at Trinity Square, near City Hall.

Flabby tummy?

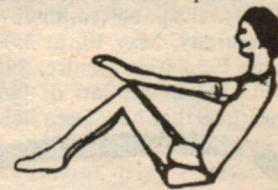
Jan Shepard gives a **Sunrisers** fitness class every morning at 7:00 at the Winchester Senior Public School gymnasium. If you have any question about your own fitness program or problems related to fitness write Jan Shepard, c/o 7 News, 315 Dundas St. E., or call 961-2828.

Question from Judy Horner: *I do twenty-five sit-ups daily (knees bent and feet under chest) and my stomach isn't getting any flatter. Why?*

Answered by Jan Shepard: This type of sit-up is doing your stomach muscles very little good. You are using your hip flexors (muscles located near the groin) more than your stomach muscles. The following exercise done *slowly* will improve your stomach muscles effectively.

Sit with your back straight, knees bent in front and slightly apart, feet flat on floor, inhale and:

Exhale, then curl your back, roll down until your waist is on the floor, stop halfway down and pull in your stomach, and hold for ten seconds. Inhale and repeat.



When you can do fifteen of these easily, try variations to make them more difficult:

1. Hands on forehead, elbows raised
2. Press knees together while doing exercise
3. Raise feet on book.

News from City Hall

By CATHY KERR

The Executive Committee

Adopted the report of the South East Industrial Co-ordinating Committee outlining the possible needs for its industrial areas and recommending a plan of action that will lead to a specific industrial area improvement programme for East Toronto. The committee indicated that adoption of this report would best show City Council's concern for creating a favourable climate for industry in the City of Toronto. Council has recently allocated \$100,000 for 1980 to the Industrial Area Improvement Fund. (The three areas involved are the Port-Industrial District, the King-Parliament area and the South Riverdale area.)

Some of the recommendations include improving transit accessibility, particularly by starting an east-west bus service along Eastern Ave. to service employees of industries in this area as well as local residents: upgrading of and increases to the number of parking facilities in the area; improvement of the street scenes in this area, especially Eastern Ave., to improve visual and noise screening; the development of small parkettes near industrial concentrations in these areas and the possible initiation of English language classes for immigrant workers, with particular attention to programmes which can be implemented near the work place. (The three areas involved are the Port-Industrial District, the King-Parliament area and the South Riverdale area.)

The Committee on Buildings and Development:

Adopted a recommendation from the Commissioner of Planning and Development to amend the zoning by-laws to permit 58 children to be accommodated in a Day Nursery at 36 Dundonald St.

The Department of Parks and Recreation:

In addition: Jack Layton, a professor of City politics and a broadcaster at Open College/Ryerson, announced that he is seeking the nomination of the Ward 6 Community Organization for the position of Alderman in the City of Toronto. He will be seeking the post to be vacated by Alderman Allan Sparrow.

The Committee on Public Works:

Adopted a recommendation to install parking meters on the west side of Jarvis Street between Maitland St. and Wellesley.

Approved an application for permission to maintain an existing ornamental fence with seven lighting standards enclosing a paved boulevard café at 433 Parliament St.

Approved a recommendation for alteration of the south-east corner of Sumach and Amelia St.

Ontario: Let's all pitch in



Ontario in spring-time is beautiful when it is not marred by the scrubby look of winter's leftover litter. The thoughtless, throw-away habits of a few people can spoil it for others at a time when our countryside is once again ready for full warm weather enjoyment.

Fortunately, many community-minded people care about this and want to help keep Ontario beautiful.

The 19,000 members of the Ontario Federation of Anglers and Hunters, for example, assisted by the Ministry of the Environment, are staging PITCH IN DAY on Saturday, June 7th.

Anglers and Hunters all over Ontario

are organizing special environmental PITCH IN projects to clean-up litter and junk from streams, shorelines, rural roads and trails, picnic areas and campsites and other areas which lack regular litter collection services.

You can help to fight pollution all year long.

Start by joining a PITCH IN project in your area.

Then, PITCH IN to Keep Ontario Beautiful. We all benefit when you do.



Ministry of the Environment
Hon. Harry Parrott, DDS, Minister
G. W. S. Scott, QC, Deputy Minister

Let's keep Ontario beautiful.