

Cultural festival for everyone

BY JOAN BRYDEN

Since this is the International Year of the Child, it is appropriate that the Year of the Child is the theme for the Third Annual Cabbagetown Cultural Festival. With this as the theme, it is also appropriate that the guests of honour at this year's festival will be Big Bird, Ms. Beaver, Mr. Peanut and Blin-kie, the talking police car.

The third annual festival will span September 14 to 16, taking over the area from Wellesley to Gerrard on Parliament St. and from Sherbourne to Parliament on

Carlton St. Though child oriented this year, the festival will offer something for everyone, as always.

For music lovers, the CBC and the Parks Dept. have joined together to lend the festival a stage, sound system and sound technician at Anniversary Park (Gerrard and Parliament) where groups will perform all weekend (everything from jazz to rock). Really getting into the spirit of things this year, the CBC is also inviting all musicians to audition for its program, Bohemian Embassy. The auditions will take place at 509 Parliament St. on Sept. 14 from 7 to 10 p.m. and all talent

scouts, music aficionados and just plain observers are welcome — no tickets necessary.

For those who prefer to wander through the displays on the street, the homegrown Cabbagetown Strutters will be there to serenade them. Among the displays this year will be offerings from child organizations as well as from community, cultural, educational and health groups. This is in addition to two arts and crafts markets (at Carlton and Berkley and at the N.I.P. flea market at Gerrard and Parliament), assorted puppet shows and performances by mime artists and clowns.

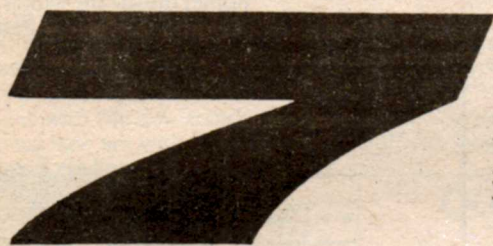
Sponsored by the Old Cabbagetown Business Improvement Area and the Ward 7 Businessmen's As-

sociation, the festival is meant to be a nice way to bring the community together while promoting the area to outsiders. As such, all stores in the area have been invited to participate and all residents who feel they have some craft to exhibit are welcome to set up a display on Sat., Sept. 15.

With all the preparations the festival committee and the participants have made so far, the only thing needed to make the Third Annual Cabbagetown Cultural Festival a success is a big crowd on the Sept. 14-16 weekend. Judging from the first and second annual festivals, this should be no problem.



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7 NEWS

TORONTO'S OLDEST COMMUNITY NEWSPAPER
315 Dundas St. East (All Saints Church)
Toronto M5A 2A2 Phone: 363-9650

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FREE TAKE ONE

Deadline for the next (Sept. 21) issue of 7 News is Monday September 17. Bring or mail your news or ads to 7 News, 315 Dundas St. E., Toronto M5A 2A2 or phone 363-9650.

Opportunity for Advancement

Does the following description fit you? A sole support mother? Living on government assistance? Feeling the need to plan for a better future? Wanting to gain greater control of your own life?

Then what Central Neighbourhood House has to offer may interest you. CNH offers "a 14-week course, one day a week, aimed at helping you develop a realistic plan."

According to CNH, the course includes counselling and vocational testing to help you find what is right for you, assertiveness training, information about returning to school or work, and information about how to make your plan happen (like where to get money for school). Transportation and day care are provided.

This course starts at Central Neighbourhood House, 349 Ontario St., on September 11, and will run for 12 or 14 weeks every Tuesday from 9:30 to 11:30. If you are interested, call Barb at 925-4363.



If you've ever wondered who put up the friendly sign at All Auto Service, 252 1/2 Carlton St., one of the people responsible is Walter Henkel (left). Walter plays drums with the Henkel Family Bavarian folk group. Right is a musician friend, Jim Reil, percussionist in a country music duo.

Photo by Cherry Hassard

Our hospitals: what's wrong?

By STELLA ABRAMS

Do you ever wonder why hospital beds cost so much these days? Why a ward bed costs \$244 a day, compared to \$81 ten years ago?

Ironically enough, part of the reason is cutbacks. Health cutbacks are cutting back the wrong people, the orderlies and nursing assistants who provide the physical care for patients. The hospitals are saving the jobs for the community college graduates and paying them "educated" wages.

When only nine people are assigned to a hospital floor and five of them are good only for dispensing pills and taking notes, that leaves four people to do the physical care for the patients.

As a result there is a shortage of staff and a shortage of good care — not an overall shortage of staff, but a shortage of people to do the physical work, a lack of bodies to clean up the actual mess.

For the past 11 years, I have worked in the chronic care area of a Toronto hospital. In that time, there have been changes that have turned the hospital upside down, changes which have elevated a caste of "professionals" who are good at

recording information. This has meant the gradual disappearance of people who turn the patients over, who give the enemas, and who sweep the floors.

Hospital cutbacks are being blamed, and to a certain extent they should be. They are responsible for the shortage of staff on the wards where patient care takes place — or are they? Is it hospital cutbacks that leave wards short of personnel while there is an abundance of supervisors running around?

There are too many supervisors. There are supervisors supervising supervisors. They are supervisors who have a friend, who has a friend who is hired as a supervisor. I can remember a time when there were five supervisors and 200 people working under them. Now there is a supervisor for every eight people who work in the dietary department, and a supervisor for every twelve people who work on house-keeping. Where before there was one person delivering food trays on one floor, and knowing which tray went where, there is now one person delivering food trays to three floors, and a supervisor to tell the person what to do at each step.

With the salary of that supervisor, you could hire two other people to deliver trays.

Is that an efficient use of personnel and money?

Why do cutbacks always start at the bottom where the wages are lowest? Does the patient get better care for it?

There are many other reasons that the patient's basic physical needs are not being met, and I feel it is only right that the public know.

Continued on page 8

Parachute finds jobs

Last year you knew us as C.E.D.C. (Community Employment Development Centre). This year we are called Parachute! Parachute is a non-profit organization which is of interest to unemployed youths, parents and prospective employers.

We help young adults (16 to 24 years) to prepare themselves for the job hunt. A five day Pre-Employment Training Workshop is provided where participants are introduced to the methods of the job search. This includes identifying skills that are employable; practice in completing applications; how to phone employers; and mock interviews. Parachute's staff also takes on the responsibility of finding some youths permanent employment.

We make contact by distributing pamphlets and explaining the importance of the program to people in the community. Workshops are conducted, and various business people act as guest speakers. We try to help prospective applicants overcome lack of confidence and see themselves as being capable of handling a job. Another thing we do is to arrange company tours in order to provide an opportunity to see what different jobs are like.

Part of our program is to help clients to go after jobs suited to them. We have many business contacts who are prepared to hire young people for the purpose of on-the-job training. We list the available jobs on our Bulletin Board located in our office. Copies of the want ads from all of the Toronto newspapers are also available.

We are convinced that the resources of the Regent Park community can be of great value to this project. Parachute participants will want to discuss various job choices

with someone who has had work experience in a particular field. Sometimes it can be very difficult for someone who is new to the labour market to find out all that is involved in a particular job. Your first hand information would be of great help to those young people who are anxious to begin careers themselves.

So, if you think that you could spend some time discussing the requirements and demands of your particular type of employment with a Parachute participant who is interested in that field, please give us a call. Or, if you are looking for a job and don't really know what you are looking for or how to go about it, drop in or give us a call. And, finally, if you are able to provide employment for our participants, contact Parachute.

We are at 44 Blevins Place, which is above the R.P.C.I.A. office (Telephone: 363-1689).

Quote of the week

Have you got a favourite quote? A saying that you really like, whether because it's funny, or inspirational, or really makes a good point?

Then send it in to 7 News. We are starting a "Quote of the Week" section (even though we only come out every two weeks), with a new quote sent in by our readers appearing in each issue. Send your favourite quote to 7 News, 315 Dundas St. E., Toronto M5A 2A2.

This week's quote, by popular request, is one of John Diefenbaker's last:

"What did Canada do for the year of the child? It elected Joe Clark, that's what."



Canadian Pulverizer (Sherbourne and Adelaide): a sign with a crunchline instead of a punchline.

Photo by Cherry Hassard



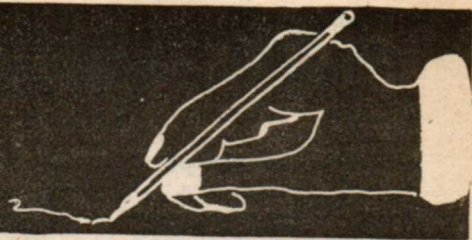
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BOARD OF DIRECTORS: Rajan Bakshi, Audrey Bayduza, Susan Berlin, John Gladki, Bonnie Heath, Howard Huggett, Rob Hutchison, Roger Rolfe, Andy Taylor, Margaret Watson.

LETTERS

If you have comments or opinions about what is happening in the community or about what you read in 7 News, write us a letter to 7 News, 315 Dundas St. East, Toronto. All letters must be signed but if you ask us to, we will publish your letter with a pen name and keep your real name confidential.



Sidewalks or obstacle course?

A sure sign of the coming winter is Labour Day. For us living in the Ontario Housing Corporation apartments project at 220 Oak Street, winter is impossible. Thanks to the thoughtless drivers who park their cars illegally — even on side-

walks — access to our home is hard in the best of weather.

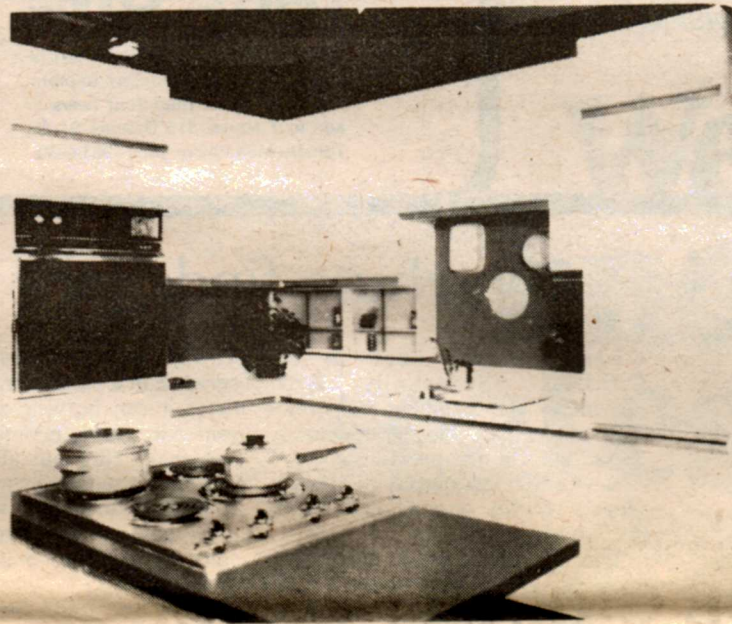
But winter is a chilly experience. Although O.H.C. does an outstanding job of clearing its section of the sidewalks, the owners of 210 and 230 Oak do not care about

people. Many of the elderly residents living in the projects have broken bones in the numerous falls on the dangerous ice. I am told O.H.C. is powerless to improve this situation because they do not own the other buildings.

The city in co-operation with all parties involved should sit down now and ensure the elderly and disabled a safe way of access to our homes during the winter.

Peter B. Pocok
Oak Street

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Chester Lodge

A news bief, "Chester Village opens," in your issue of August 24, 1979 contains errors and omissions which I should like to correct.

The Village Green Recreation Centre is a New Horizons Program financed by National Health and Welfare. The management of this project is the responsibility of the Village Green Committee, a committee appointed by the Residents' Council of Chester Village and comprised chiefly of senior citizens chosen from among the residents. The committee receives welcome co-operation and much help from the administration and staff of Chester Village but responsibility for planning and running the project and for the control of the budget rests entirely with the committee. Miss Cathy Dawdall, field representative of the New Horizons Program, assisted in setting up the project and monitors its progress.

The flower gardens, vegetable patch, horseshoe pit and workshop mentioned in your brief are things of the future. Up to the present it has been possible only to clear the lot, prepare it for sodding and planting, lay concrete and purchase garden furniture and tools.

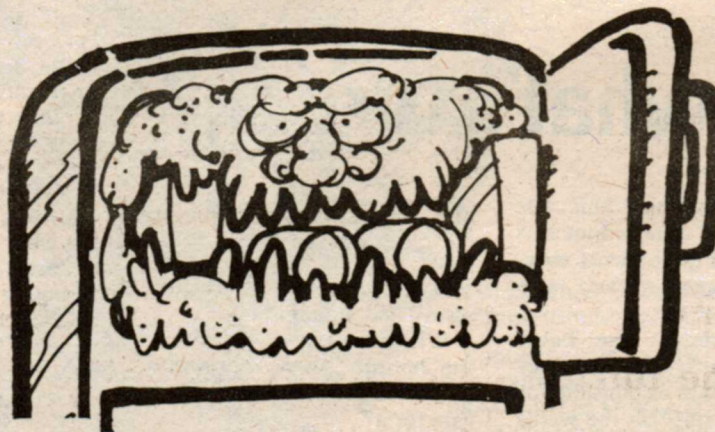
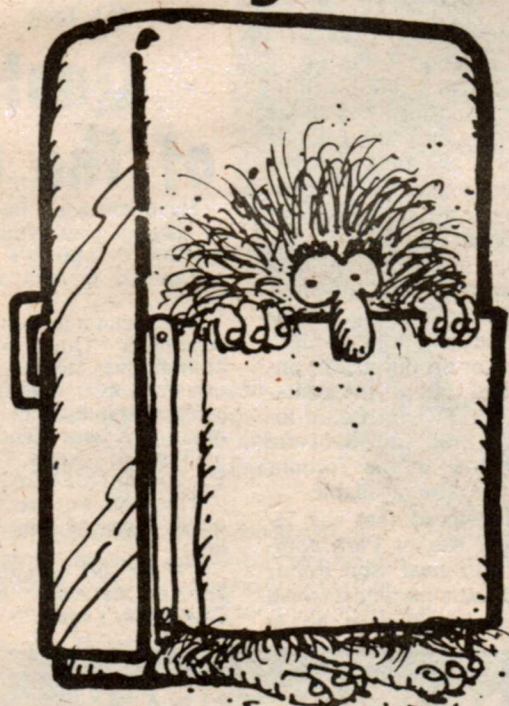
It is important to note that this project is intended to serve all senior citizens in the community, not merely the residents of Chester Village.

Yours very truly,
Hilda C. Laird
Member, the Village
Green Committee

Clarification

The last issue of 7 News contained an article, "Where Chatty Cathy is an antique", concerning the Queen Street flea market. In case someone got the wrong impression, we want to make it clear that we weren't suggesting that things were being passed off as antiques that aren't really antiques. We were using the word "antique" in a loose, general way, not to refer specifically to only very valuable old items. Our apologies to anyone who may have been embarrassed or who may have gotten the wrong impression.

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Take the \$1 bill test. Shut the door of your fridge on a dollar bill. If the bill pulls out easily cold air can flow out too, adding to your energy costs. The fridge may need a new gasket or the solution may be as simple as making sure the appliance is level.

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Riverdale Tool & Toy Post**They've got the tools and the toys but not you**

BY JANET HOWARD

On Tuesday, September 18th at 7:30 p.m. the Riverdale Community Tool and Toy Post Inc. will hold its first annual meeting at the Post Office, Queen and Saulters Streets. Board and committee members, staff and friends of the Tool and Toy Post hope to see many new faces at the meeting.

Incorporated now for a bit over a year, the Tool and Toy Post is the Board of Directors for two programmes responding to needs identified early on in the Neighbourhood Improvement Programme process as priorities for the South Riverdale area.

A tool-lending service operates in

the Post Office to help local people repair their houses without incurring the heavy expense of buying all the tools they may need. A nominal charge goes toward maintenance and replacement of tools, and friendly, helpful advice is free.

The Child/Parent Drop-In and its Toy Lending Library are also located in the Post Office, although arrangements have been made for a move to the South Riverdale Community Health Centre while the building is under renovation later this year. The Drop-In is a service for parents at home with their children. Unlike a day care centre, the programme involves mothers, children and staff playing and learning together. There are regular

speakers on topics of interest to the mothers, and outings such as a recent camping trip and a day at Toronto Islands.

However, for these two programmes to continue serving the community let alone grow, much more involvement is required on the part of South Riverdale people. The Drop-In is fortunate in having an active committee to help the staff in programme planning and fund raising, but as the programme grows there is scope for much more participation.

The Tool Lending Programme badly needs such a committee. Tool borrowers and members of the Tool and Toy Post Board are interested in extending the hours of operation,

increasing the stock of tools, and setting up more educational activities in the field of home repairs. Without more people to help none of this will happen.

Anyone living or working in the South Riverdale area is eligible for membership in the corporation, and any full members can be elected to the Board. There is plenty for members to do on the tool or drop-in committees, and it's a pleasant way to meet your neighbours.

See you on the 18th!

**Jason's
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Parents, come to Parkview!

On Wednesday, September 12th at 7:30 p.m., the parents of the first year students at Parkview Secondary School are invited to an informal get-together at the school, located at the corner of Danforth and Broadview Avenues.

Parkview Secondary School is one of the seven special high schools in the city of Toronto providing courses at Levels One, Two and Three. Students spend about half of their time in shop and half in academic programmes. The school offers a four-year programme at each of the three levels,

resulting in a Secondary School Graduation Diploma with 27 or more credits. It also provides a work experience programme and job placement opportunities.

During the summer months a group of committed parents has contacted all parents of new students, encouraging them to attend the meeting on the 12th and discussing with them some of the concerns parents have as their children enter high school. These concerns - reading, homework, attendance, employment - are topics that have been and will continue to be major

issues for the Parkview School Community Council, a group of parents, teachers, students and members of the general community. A project, sponsored by the Council this summer, employed 12 Parkview students for seven weeks and was funded by a Young Canada Works Grant. Council representatives will be present at the Orientation Meeting on September 12 to explain the function of the group and to encourage parents of new students to join them when they resume activities in October. Come and be part of your school community!

Calling 7 News

When you call the 7 News office, you may occasionally find the phone being answered by a disembodied voice on a tape recorder. The voice tells you that no one is in the office and asks you to leave a message.

We know that many people don't like talking to a machine (we don't either) but we would still ask you to leave your name and number so that we can call you back. With the tiny size of the 7 News staff, we have no choice except to leave the office empty from time to time while we are out attending to business, gathering ads and news, etc. The machine is our way of receiving

messages while we are out.

So talk to our tape recorder if it answers the phone. You'll make it happy.

News ?

Anything new on your block or in your neighbourhood? Then please give us a call at 7 News, 363-9650, or write it down and send it in to 315 Dundas St. E. We are always interested in knowing whatever is happening throughout the community, and we really rely on you to let us know.

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A Survival guide to Toronto housing

By CAROL AULD

Affordable housing in Toronto still remains a mystical & unattainable dream for many people, the current markets rates for rooms, apartments, & flats consuming a higher percentage of a person's income than in virtually any city in Canada. The profusion of private development in the Toronto housing market in the past two decades has resulted in housing for low-income & working-class people being obliterated almost completely, with neighbourhoods and communities being destroyed simultaneously. And despite the rapid growth of resident and community organizations that have sprung up to protect the rights of working-class residents, as well as fighting for the development of more non-profit housing, developers like Meridian and

Cadillac-Fairview, to mention two, continue (with more government tax breaks & support than ever) with their community-destroying tactics.

A **Survival Guide to Toronto Housing** doesn't state the reasons for the disappearance of low-income housing in Toronto — the major flaw of the directory. But it does contain valuable information on where and when to look for housing; the current market rents (which are extremely high) and some of the problems faced by working-class people searching for affordable housing. Racial and sexual prejudice; the demand for first and last month's rent which many people, particularly those on some form of social assistance and the working poor, simply can't afford; the rudeness of landlords; rent allowances not being enough

for decent housing; discrimination against children — these are just a few.

A **Survival Guide to Toronto Housing** also contains listings of housing registries, co-op housing, subsidized public housing, emergency shelters, hostels and suggests other methods for locating housing. It identifies the working-class neighbourhoods of Toronto, where an occasional bargain may still be found; areas such as Riverdale, Kensington, Parkdale & Sussex-Ulster, and some sections of ward seven.

Affordable housing? In Toronto it's not very likely.

A **Survival Guide to Toronto Housing**, published by the Bloor/Bathurst Information Centre, 1006 Bathurst St. Copies are free if picked up: \$1 charge for mailing.

Resources for kids and parents

Information from the post



Neighbourhood Information Post
265 Gerrard St. E.
924-2543

By VALERIE VEINOTTE

In September families gear up for a season of activity which begins with going back-to-school. Often, at this time, the family likes to sit down and look at individual needs. Knowing what resources are available to parents and children can remove some of the pressure of hunting for information to suit those needs.

The **Neighbourhood Information Post** has information on many resources in Ward Seven. Our Down-

town East Directory lists close to 400 organizations and services. Listings of interest to families are the parent and child drop-in centres, day care centres and nursery schools, public schools, separate schools, alternative schools, tutorial services, community and recreation centres with programs for children and parents. We also keep a babysitters' registry. Call us or drop-in to 265 Gerrard Street East, 924-2543.

At our **Flea Market and Craft Sale** on September 15 look for our display table of parents' resources. You can pick up a free list of parent and child drop-in centres in Ward Seven.

The **Community Information Centre of Metropolitan Toronto**, 863-0505, maintains an up-to-date list of day care centres and nursery

schools throughout Metropolitan Toronto. They can let you know which ones are close to your home or work.

The **Learnxs Press**, 155 College Street, has published a booklet on **Resources for Parents in Toronto**. It costs \$2.50. The **Neighbourhood Information Post**, 924-2543, has a copy that can be seen at our office or you can call us about information in the booklet.

Toronto Kids is a well-designed, enjoyable magazine for young people. It has a kids' calendar, kids' poetry, prose, art, information on what to do in Toronto, interviews, games, and general interest articles. The subscription rate is \$6.00 for ten issues. Contact **Toronto Kids**, 100 Richmond Street East, 368-5044.

CABBAGETOWN CULTURAL FESTIVAL

A tour of Don Vale

By KATHY

Don Vale. The area takes its name from a tavern that once stood at the foot of Winchester Street. The tavern has long since been pulled down, but the area with its striking variety of architecture today is a unique part of Toronto. On September 15, from noon to 5:00 p.m., visitors to the Cabbagetown Cultural Festival will have the opportunity to tour a representative selection of homes and gardens in historic Don Vale. The tour has been organized by a committee made up of Bill Hurren, Richard Weiss, Kathy Flaxman and Sandra Froese.

Darrell Kent, President of the Ward Seven Business and Professional Association, the organization which is sponsoring the tour, explained that the tour will appeal to residents from all parts of Toronto. "Many people who live in Cabbage-

town will enjoy seeing the interiors of homes that they've noticed, walking or driving through the neighbourhood," he said. "People from other parts of Toronto will have a chance to see first hand the tremendous rejuvenation that has taken place here."

Some of Don Vale's recent history is well known. In the late 1950's and early '60's absentee landlords let properties become run-down in anticipation of high rise development. When this type of development was blocked because rezoning was denied these owners moved out. Properties were inexpensive. "Because prices were low, people who wanted to live in the downtown core bought in the area and began to renovate," said Richard Weiss, a longtime resident of Don Vale. "The houses in the area were not only cheap, they were

Festival

These are some of the activities highlighting the Cabbagetown Cultural Festival:

Opening ceremonies are at Carlton and Parliament and at the CBC building just above Carlton, on Thursday starting with a concert at 7 p.m. Mayor Sewell, David Crombie, M.P. and other guests will be present at 9:30 p.m. This is followed by a street dance and concert to 11:00 p.m.

The same evening there will be a fashion show at the Toronto Dance Theatre, 80 Winchester St.

On Friday there will be special bands, dancers, and drama from noon. A concert follows at 7:00 p.m.

Anniversary Park (Gerrard and Parliament) will feature steel bands and mime shows throughout the festival.

Artisans and craftspeople will have demonstrations and displays throughout the festival at many lo-

cations throughout the area. (See Visitors' Map available in stores.)

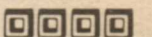
There will be a Festival Rock Concert on Saturday afternoon in Wellesley Park (at the eastern end of Wellesley St.)

Sports events, soccer games, and a softball tournament will be held in Riverdale Park (down the hill from the zoo).

The Cabbagetown Boxing Club will feature various sports activities and a Disco Dance. The club is at 2 Lancaster (behind the Brewer's Retail).

The Parliament Street Library is having special historical displays of the area and talks and walking tours about and through the neighbourhood.

The Theatre Next Door will do a series of 20 minute plays every hour on the hour starting at noon on Saturday on the outdoor patio of 547 Parliament St.



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CULTURAL FESTIVAL

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FLAXMAN

architecturally fascinating. Many were Victorian masterpieces."

Indeed, Don-Vale was largely developed during the 1870's and 1880's. A business boom in Toronto had made these suburban areas attractive and subdividers built large homes for themselves on the corners of their estates, in anticipation of further development. "The lost were filled in with everything from majestic homes to rowhouses and tiny cottages, many of which remain today," points out Bill Hurren, whose own home is said to be maybe the finest restoration in Toronto. "Virtually every home was unique. Even the rowhouses differed because of the styles of windows, doors, stained glass and gingerbread that were used."

The homes and gardens on the tour include stunning restorations, achieved by the owners who have

spent both time and money on their residences. Beautiful carved wood work, carefully and painstakingly stripped. Frosted glass revealed under layers of paint. Candlepowered light fixtures rescued and repainted.

The tour is expected to attract hundreds of viewers. They'll have a chance to take a first hand look at some of the homes that have made Don Vale and Cabbagetown a fascinating part of Toronto. And for the price of admission, \$5.00 they'll also be helping others. The proceeds of this tour will be donated to charitable causes and to a scholarship fund for local students. Persons interested in attending the tour should contact the Ward Seven Business and Professional Association at 962-8113, or pick up tickets at local Parliament Street shops.

highlights

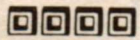
A brand-new art contest to be held annually as part of the Cabbagetown Festival.

The award will be given to the best painting, sculpture or art piece displayed outdoors at the annual festival. First prize is \$100. Runner-up will receive \$50.

Designed to be fuss-free, with a minimum of rules, the contest requires only that the artist set up the art piece on any free space in the area of the festival on Saturday, September 15. Artists are free to display and sell their art to the big crowds the festival draws.

There are no entry forms or other hassles. The emphasis in the competition is on casualness, in keeping with the festival atmosphere. But anyone wishing to know more can contact competition chairman Mary Bender at 223-1794.

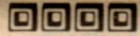
Winners will be announced following the festival and the work will be displayed publicly.



Prizes! Ribbons! Awards! Glory! Proud cultivators of Cabbagetown's official and edible flower will be rewarded during the Cabbagetown Cultural Festival, September 14, 15 AND 16. The contest is sponsored by Darrell Kent Real Estate.

Cabbages must be home grown and still in the ground growing and will be judged on the basis of size and succulence. A committee of gardeners will judge all entries, and the awards will be presented at the opening of the festival.

For details on how to enter your cabbage, contact Darrell Kent at 962-8113.



Want to know what else to see? Just wander along the street, or drop into a store to pick up a festival map.

Poetry with wit

Superman
by
Tom Clement
Unfinished Monument Press
42 Scollard Street, Toronto
\$2.00

This may be a poetry review, but let's get one thing straight. I hate poetry. Or, I guess I should say, I hated poetry. When someone mentions poetry, the first thing I think of are the poems we all had to memorize in school.

Then I started reading Tom Clement's poetry. That's when I stopped hating poetry. If today's poets write like this fellow, maybe more people will start to appreciate poetry.

After reading Clement's verse, you almost feel as if you understand the world a little better. His poetry not only informs you, it amuses you.

So, enjoy a few chuckles. It won't last. Just when you figure on sitting down to some light verse, Clement lets loose with both barrels. Right between the eyes. Satire at its best.

Underneath this funny poetry is not only a brilliant satirist but a very topical one. Everything from MacDonalds to Joe Clark's efforts to govern the country feel Clement's wit.

For those of you who may recognize his name, Clement's poetry has been appearing in 7 News for several months. The young (31-year-old) poet has also just had his first book of poems published.

Entitled "Superman", this collection contains poems which have appeared in 7 News and nine other publications. Several, however, appear in print for the first time.

Enough of my opinions. Decide for yourself. Here are some of Clement's poems which appear in "Superman".

Thom Corbett

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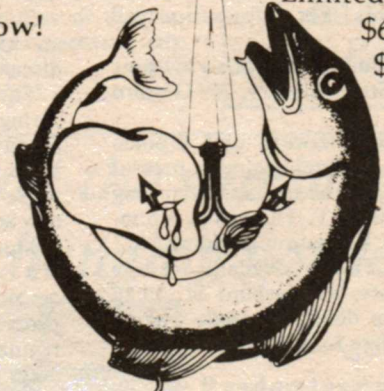
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People carefully check the time as they methodically move towards the beer store.

Hopefully a couple of drinks will wash away the pain of electing a corrupt collection of high priced caretakers to sweep more dirt under the carpet for our absentee landlords.

ELECTION DAY

Only a few minutes remain for campaign workers who desperately hustle supporters to the polls.

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COMMUNITY CALENDAR

Saturday September 8

The Toronto Dance Theatre will present an evening of its most popular works tonight at 8:30 p.m. The performance will be held at Toronto Dance Theatre's Studio/Theatre at 80 Winchester St. Tickets are \$5 for adults and \$3 for students. For information call 967-1365.

Kids: come and build an Egyptian mummy at the Parliament Street Library, 269 Gerrard St. East, at 2 p.m.

The Non-Nuclear Network and Women Against Nuclear Technology will present Holly Near, a feminist actress and recording artist in concert with J.T. Thomas at 8 p.m. at the Faculty of Education building, 371 Bloor St. West. Tickets available at the Women's Bookstore, 85 Harbord St. \$5 in advance, \$6 at the door. Proceeds will go towards a nuclear free future.

Sunday September 9

Euchre starts at Central Neighbourhood House today at 7:00 p.m. \$1 admission. Food and soft drinks are available at cost from 6 p.m. on. 349 Ontario St.

Rev. Gordon Winch of the Distress Centre will be the guest speaker at the St. Luke's Forum in Allan Gardens at 2:30 p.m. (Carlton & Sherbourne). All welcome.

Monday September 10

DACHI is having its annual general membership meeting tonight.

Tuesday September 11

Today is opening day for Solar Stage's first Lunchtime Theatre production of the season. Showing from today until October 6 is Leonard Angel's Canadian play, Isadora & G.B., which recounts a meeting that might have been between Isadora Duncan and George Bernard Shaw. It's playing Tuesday to Friday at 12:12 and 1:11, Saturday at 1:33. Admission is \$2.50 (seniors and students \$2.00). At 149 Yonge Street (below Richmond). 368-5135.

Movement Plus is a unique experience in physical education for older adults. Classes provide instruction in slow, rhythmic, circular movements, and in breathing and relaxation techniques that help the learner rediscover a remarkable feeling of ease and well-being. Although these motifs are derived from the yogas of India, China, and Japan, they have been specially adapted to be appropriate for older persons. Classes are one hour each for ten weeks; the ten-class fee is three dollars. When scheduling permits, instruction can be provided for groups of fifteen or more older adults at a site of their own choosing. For additional information call Stuart Sweet at 961-3885. An introductory program begins at Eastview Community Centre, 86 Blake St., today from 2 to 3 p.m. Call 465-5469 to register. Another introductory program begins at Harbourfront, 235 Queen's Quay West, on Wednesday September 19 from 1:30 to 2:30 p.m. Call 364-3726 to register. And a third introductory program begins at St. Andrew's Church, 117 Bloor St. E., on Thursday September 20, from 10 to 11 a.m. Call 961-3885 to register.

Wednesday September 12

Parkview Secondary School invites parents of new students to an informal evening at 7:30 p.m. The purpose of the meeting, to be held in the school at Danforth and Broadview Ave., is to introduce parents to the various school programmes and to provide an opportunity for parents and teachers to discuss common concerns and interests.

The Mariposa Folk Foundation is sponsoring a weekly series of folk acts every Wednesday night at 8 p.m. at Harbourfront's York Quay Centre. Performers will include those who have played at Mariposa as well as new acts.

Harbourfront has a new ongoing program. It's Open Poetry, a forum for interested poets and authors to read from their work. The program starts today at 8 p.m. and will be a regular Wednesday feature. Open Poetry takes place at York Quay Centre, 235 Queen's Quay West. The program replaces the open reading sessions, which were formerly held after the featured guest at Harbourfront's regular Tuesday night reading series. Open Poetry is being co-ordinated by Ward 7 poet Ted Plantos. For more information call 364-5665.

Thursday September 13

The Good Beginnings Conference, September 13 to October 20, celebrates International Year of the Child. Attendance is free for parents and children. The conference ends with a festival of music, exhibits, games, and activities at Castle Frank High School. Details and brochures are available now from 593-4102. Co-sponsors are the Toronto Board of Education and the National Survival Institute.

Mary Mallon of the Toronto Camera Club shows slides of her travels in Egypt at the Parliament Street Library, 269 Gerrard St. E., at 7:30 p.m. Join us for coffee and conversation.

Friday September 14

Part of the festivities at this year's Cabbagetown Cultural Festival will include auditions for the CBC radio show Bohemian Embassy a vehicle for showing off local talent. "Amateur Talent Night" will be tonight from 7 to 10 p.m. at the CBC's Cabbagetown studios, 509 Parliament St. and all those interested in watching are welcome. No tickets or reservations are needed; just go on down!

Saturday September 15

Local poet Ted Plantos reads from his works at the Parliament Street Library, 269 Gerrard St. East, at 1:00 p.m. It's part of the Cabbagetown Cultural Festival.

At 2 p.m., the Parliament Street Library has a movie for kids, "Little Dog Lost".

A Handicrafts Display and Flea Market will be sponsored by the Neighbourhood Information Post, 265 Gerrard St. East, today all day. The sale will be held outdoors on the lawn in front of N.I.P.'s offices, in conjunction with the Cabbagetown Festival. Vendors are welcome. For more information call 924-2543 or 924-2544.

Monday September 17

Senior citizen's membership at Dixon Hall renewal starts today at 1:30 p.m. Cost of membership is \$2. Refreshments and entertainment will be provided.

The St. Jamestown Y is presenting a program of martial arts instruction every Monday night for 10 weeks this fall, with the first session tonight. The program is intended to develop physical well-being and strength, and to develop confidence, independence and respect in both men and women. The cost is \$30.00. Call 964-8775 for more information. The Y is also sponsoring three separate fitness programs which also get underway today. Phone the Y or go to the office at 260 Wellesley to register.

Jimmie Simpson Recreation Centre is beginning another season full of fun and activities. We will be offering a complete program of swimming, crafts, and socials, along with a number of physical activities for all ages. Jimmie Simpson will also be introducing our newest program "Disco Rollerskating Instruction" which will be held on Saturday morning from 9:00 to 11:30 a.m. starting on September 29, 1979. Registration is every day this week, with the program commencing on Monday September 24.

Tuesday September 18

Yoga for you. That's what the Parliament Street Library is offering starting today. Classes are Tuesdays from 6:30 to 8:30 p.m., and cost \$3 per class. Featured are classical yoga postures, breathing, and relaxation for beginners and intermediate. Please register at the library, 269 Gerrard St. E., 924-7122.

The Riverdale Community Tool and Toy Post, Inc. is holding its first annual meeting at 7:30 p.m. at 765 Queen St. E. (the Old Post Office). The meeting is for ratification of bylaws and election of a new Board of Directors. If anyone is interested in joining or running for election contact Niki de Villiers or Selinda Krayenhoff at 924-0833.

At 7:30 p.m. there will be a general meeting to elect members to the Jimmie Simpson Recreation Centre Advisory Council. This is a committee made up of people living and working in the community who advise on the use of Jimmie Simpson Recreation Centre for community, social and recreational activities. The Advisory Council meets on the first Tuesday of the month from October through June. If you are interested in standing for election or wish further information please come to our meeting or phone 461-2550 and ask for Jim Smith.

Wednesday September 19

The Black Education Project is holding a public forum tonight as part of its celebration of its 10th anniversary. Call 461-6318 for more information.

Thursday September 20

Conversation French classes will be offered on Thursdays at 10 a.m. at Dixon Hall, starting today. Instructors are from Humber College. There is no charge for the course, which is part of the seniors' programme. Call Linda at 863-0499 for more information.

Friday September 21

The Second Annual Fireweed Festival, two days of music and poetry, opens today at Harbourfront at 7 p.m. with jazz entertainment to midnight. At the York Quay Centre. The festival is organized to raise funds for Fireweed, a women's literary and cultural journal. Weekend admission \$10; daily \$3; dance \$4.

Saturday September 22

The Toronto Dance Theatre will present two evenings of its touring programme today and tomorrow, at 8:30 p.m. The performances will be held at Toronto Dance Theatre's Studio/Theatre, 80 Winchester St. Tickets are \$5 for adults, \$3 for students. For information call 967-1365.

Join in a fun-filled day of games for kids and adults alike, sale of crafts, tropical plants, baked goods and more at the Toronto Community Fair from 1 to 6 p.m., followed by entertainment at 8 p.m. with the original Toronto cast of "Hair" performing as a group; Q107 Homegrown contest winners: Ravin Mike McDonald and Terry Black and Laura Ward, formerly with Dr. Music. Admission in the evening is \$3, includes free salad bar. Refreshments available. The Toronto Community Fair is sponsored by the Toronto Community Hostel. All events at Harbourfront, 222 Queen's Quay West.

General

New hours have been announced for the pool in the Ottawa building in St. Jamestown. It will be open 12:30 to 10:00 p.m., seven days a week.

The Parliament Street Library, 269 Gerrard St. East, is currently hosting a display from its local history collection, and paintings of the Cabbagetown area by Flo Murray. Also, the library has "Right to Read" adult literacy classes every Monday, Tuesday, and Wednesday from 6:30 to 8:30 p.m.

There is a Monday crafts group who get together on Monday evenings in the 275 Bleecker St. recreation room at 7:15 for sewing, knitting, crochet, coffee, and a chat, etc. Why not check it out?

There is now a fitness program for young mothers in St. Jamestown. It's on Tuesday mornings. Call the Y at 923-4402.

The new Chester Co-operative Nursery School will be running an afternoon program at Jackman Public School (near the Chester subway) starting in September. The school has room for 16 children and runs Tuesdays to Fridays from 1 p.m. to 3:30 p.m. Children must be three by December 31, 1979. For information concerning enrolment and fees call 423-3621.

The Riverdale Library is undergoing renovations and will be closed for several months. While work is going on, the library will be in a storefront at 364 Broadview Ave.

Community Calendar is a free service. If you have an upcoming event which you would like listed in the September 21 issue (any event from September 22 to October 6 should go in this issue), send your announcement to 7 News, 315 Dundas St. East, Toronto M5A 2A2, or call 363-9650.

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Wednesday, September 26th

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Quotations to Remember

Everything great in the world is done by neurotics; they alone founded our religions and created our masterpieces.

—Marcel Proust

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Metric system explained

Why do we have 10 toes?

By Howard Huggett

What was it that the old lady said? "If the Good lord hadn't meant us to use the metric system he never would have given us ten digits on our hands and feet". The trouble is, it is so long since we humans used our fingers and toes as counters that we are out of practice. However, our money system is metric, so we can use that as an example.

Of all the changes that our swiftly moving society is forcing on us, the metric system is surely one of the most resented. Many people just throw up their hands and say that they will never learn it. On the other hand, the youngsters now in school will quickly grasp it and forget that there ever was another system. Their elders should "get with it" also because litres, metres and grams are here to stay. There is no going back now, after going to all that trouble and expense of conversion. Consumers who go out to shop will be at a big disadvantage if they do not become familiar with metric terms. It's like playing a game when you don't know the rules — you are almost sure to lose.

Of course there are plenty of lists and tables that compare inches to millimetres and ounces to grams. They are ideal for mathematical wizards who can make lightning calculations in their heads, but most mortals will find that a little difficult. Much the better way is to become as familiar with the new standards of weights and measures as we now are with the old ones. Every-

one knows how much a quart carton of milk holds or how much a pound of hamburger weighs. It's just a question of learning about the litre or measuring the metre.

The larger bottles in the liquor stores, the ones that are next in size to the old familiar 26-ouncers, hold one litre, or one thousand millilitres. Gasoline is now sold by the litre and its current price is about 24¢ — still cheaper than wine. A kilogram, or one thousand grams, is the weight of those small boxes of sugar in the supermarket that you would mistake for two pounds at first glance, because a kilo is just over two and one-fifth pounds. A metre is just over a yard and a kilometre is a thousand metres, which is pretty simple. That is a lot easier to remember than 5,280 feet or 1,760 yards to the mile.

There is one thing about the conversion to metric measure that intrigues me. Construction materials are due to be changed over soon. What will happen to the old familiar 2" x 4", which of course is neither 2" x 4". It is actually about 1 1/2" x 3 1/2". When they get through metrifying the 2 x 4 will its measurements be the metric equivalent of 2" x 4", or 1 1/2" x 3 1/2"? In other words, will they tell it like it is, or will they describe it like it used to be? Because 2 x 4 actually was 2" x 4" many years ago. You can still come across them in old buildings. It will be interesting to see what happens.

Seniors Corner

Retirement is rather a mixed blessing, but it does bring at least one minor perk with it in Ontario: the Ontario Senior Citizens' Privilege Card.

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The Ontario Senior Citizens' Privilege Card allows you to enjoy

free, or at reduced rates, many services and facilities. Some of these include (i) drug benefits (ii) Ontario Provincial Parks (iii) historical and cultural sites in Ontario, such as Ontario Place, the Ontario Science Centre, and Upper Canada Village. The TTC has special rates for senior citizens, as do numbers of businesses.

If you lose your privilege card quote your number and write to: Ontario Ministry of Health, Box 21,000 Station A, Toronto

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ANNOUNCEMENTS

NEIGHBOURHOOD INFORMATION POST FLEA MARKET, Saturday September 15 all day, on lawn at Library House, 265 Gerrard St. E. Vendors welcome. 924-2543.

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Mental Patient? Join us — we've been there too. For information, write: Ontario Patients' Self-Help Association, P.O. Box 7251, Station A, Toronto M5W 1X9. A non-profit group.

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MISCELLANEOUS

FLEA MARKET every Saturday, Sunday and holiday year-round. 825 Queen St. East, 3 blocks east of Broadview. Antiques, crafts, art, collectibles, useful household goods. 463-4722.

HELP WANTED

WE HAVE some part-time positions (3 to 6 hours per week, days or evenings) at Central Neighbourhood House, 349 Ontario St., for people able to give care to children (infants to 10 yr-olds) here while their parents are in programs. We require a reference and an interview. Call Barb at 925-4363.

PAPER INSERTING. Permanent part-time positions, various shifts. Apply 655 Queen St. East.

NEEDED: Ladies to do light housework. Please call Veronica. 923-8713.

WANTED IMMEDIATELY for Withrow School lunch program: a staff person to work 7 1/2 hours per week, 12:00-1:30 p.m., MONDAY to FRIDAY. Salary \$4.30 per hour. Experience working with school-age children would be an asset. Apply in writing to: Mr. Jim Ramsay, Withrow Public School, 25 Bain Ave., Toronto, Ontario or phone 465-5497.

ADULT DROP-IN WORKER: experience and knowledge of downtown area essential. Half-day, start Oct. 15. Apply in writing by September 19 to C.N.H., 349 Ontario Street.

WANTED: A volunteer who could do some typing for 7 News during the day-time. You don't have to be great: average typing skill would be just fine. Call 363-9650. We could also use help with various other tasks in the office.

DRIVERS. Volunteers urgently required by the Children's Aid Society to drive children to and from appointments. Must be reliable and have own car. Mileage paid. 3-4 hours per week minimum. Would be ideal for retired persons or housewives. Call volunteer department at 961-1369.

PERSONAL

THANKS VERY MUCH TO Berta, Carol, Clara, Cyndy, David, Diane, Gord, Helga, Hugh, Jesse, Julian, Karen, Lori and Peter for all your help with our move — Peter & Margie.

What's going wrong in our hospitals?

Continued from page 1

For example. The new priority for nursing care is communication. COMMUNICATION! For this you need a degree from university, a clipboard so you can take notes, and a big salary.

Of course, you cannot be expected to clean up vomit or feces, because you are a "professional". Clean-up jobs are for registered nursing assistants (RNA's), for nursing orderlies, health care aides, and nursing aides. I guess mundane chores are not communication!

HOSPITAL PERSONNEL: Are they becoming over-educated and under-skilled? Why must professionals mean poor nursing care?

There is a simple answer: Time = money = personnel. Limited money means limited personnel. Limited personnel means limited

time spent in patient care. If all your personnel are professionals who do not wash groins, clean up incontinent patients, cut finger and toe nails, clean ears and arm pits, then physical cleanliness must suffer. Perhaps I am old fashioned and lack education, but if I am spending between 30 and 45 minutes doing a good job of washing a patient's body, then I must be communicating with him. Even if we are both deaf mutes, my hands caring for his body speak a language everyone understands.

Yet in 10 years, the number of orderlies in one hospital has gone from 315 to 60. Sixty people with the basic skills of turning the patient over properly without creating bed sores, in giving enemas and basic male care.

Why are nursing orderlies obsolete and being phased out by nurses? To be washed by a sweet young nurse may be nice. To be given groin care, an enema or whatever else that may carry sexual connotations can be very embarrassing. But orderlies are not professionals, and therefore they must go.

Do we really need all these people at the top telling a few at the bottom what to do? What do the patients want? Do they want a supervisor who walks around and talks to them, or a nursing orderly who can wash and turn them?

Look at what the ideology of professionalism has produced in other areas of patient care. Take "Reality Orientation", the idea that chronic care patients must be aware of life as it is. In the hospital, this means

going to the playroom and throwing a ball back and forth. It matters not that she or he has lived life for 80-odd years, raised a family in depression, floods, drought, and every other reality. It matters not that you are tired and happy in your dream world. You must play games you played when you were ten years old. That is reality?

Limitations placed on staff: Are you capable of taking a sliver out of your finger? Would you give yourself a glycerine suppository when constipated? Would you put a little vaseline on a cut or use a little keri oil in your bath if your skin was dry? In the hospital at the present time, you must have a doctor's order to perform any of these treatments. There is no longer any common sense in nursing. We have

professionals to tell us what to do in every minor case. If there is no professional around, you had best not do it. The standard answer to a plea from a patient has become: "Sorry, but this is not my job." This is not because the staff want it that way, but for the staff it's a means of protecting themselves from a suspension or worse.

Who has caused these limitations?

Is it the Medical Association who wishes to keep its iron-tight hold on the medical team and to justify their large OHIP payments for ordering a warm saline soak for patient X's toe?

Is it the College of Nurses who, in their protection of "new nurses" feels that only in teams are they effective and efficient? Are these "new nurses" so well versed in theory and lacking in practical know-how that they have lost their common sense?

Is it the hospital autonomy practice — which allows each hospital to make its own decisions on staffing?

Is the government backing up the demands of the powerful medical association when they hand out a budget, ask not one question about its spending, and then use that argument as an excuse for not knowing what is happening in Ontario chronic care wards?

I would certainly like some answers and a lot of other people would too.

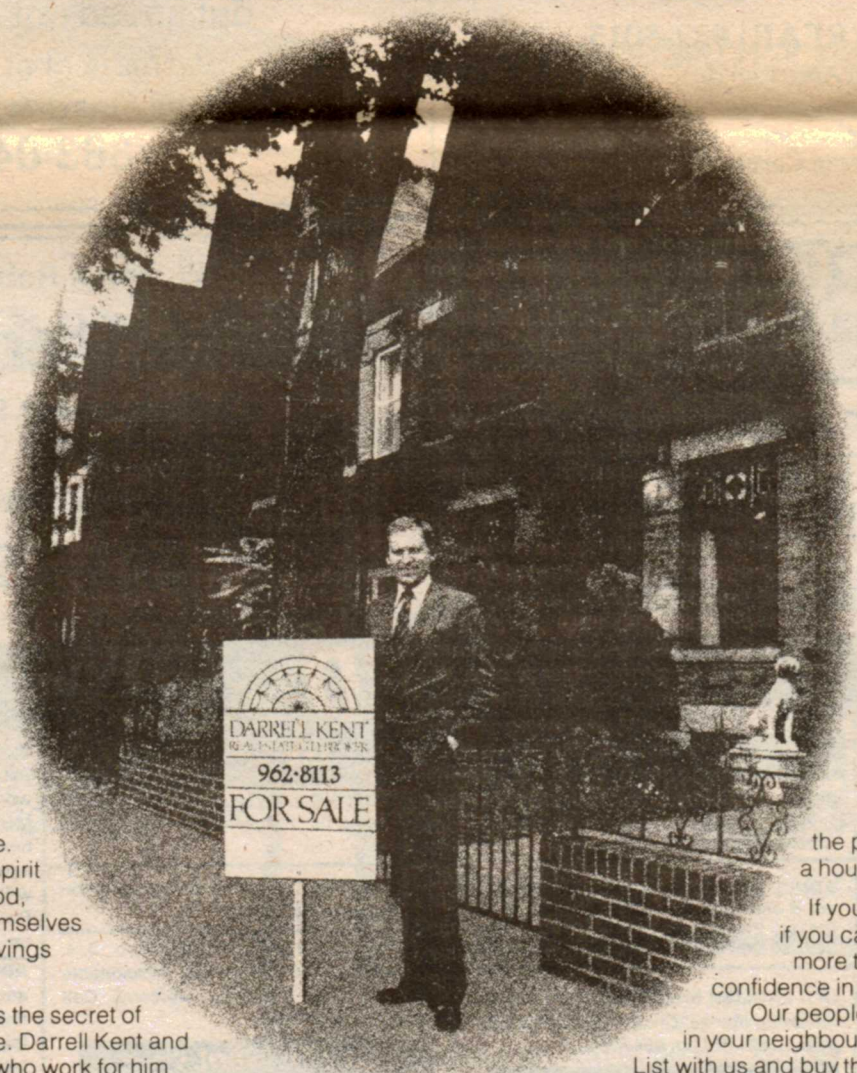
Dope law to change

Federal Health Minister and Rosedale M.P. David Crombie has stated that he intends to introduce legislation reducing penalties for the possession of marijuana. However, possession would still remain illegal under the new legislation, which Crombie says will be introduced in Parliament this fall. At present, a summary first conviction for cannabis possession carries a maximum \$1,000 fine and/or six months in prison. An indictable conviction (the other way of proceeding) carries a maximum seven-year sentence. According to Crombie, the proposed legislation is "kind of responding to the election campaign, where all parties said something should be done".

Swim team

Congratulations are in order for the swimmers and coaches of the St. Jamestown Summer Swim Team. In the meet held Saturday, August 11, 1979, St. Jamestown came third in a field of over 25 teams from other complexes around the city.

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