



NEWS

WARD 7 COMMUNITY NEWSPAPER
265 Gerrard St. East 920-8632
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DECEMBER 4, 1976



Now is the time to prepare for retirement

By HOWARD HUGGETT

A great many employed people look forward to retirement as a kind of escape from the struggles of a working life, a chance to "take it easy".

It would be more accurate to describe it as a new situation with new problems.

When you are working you are giving up large amounts of time for money to live on. Since you have to do this you tend to regard work as a task, particularly if the job is difficult or boring, as so many of them are. And your leisure, because it is limited, seems very precious.

However, at retirement the situation is reversed and you find yourself with more time, and usually less money than you need. This can be quite a shock, and it is wise to prepare for the change.

That double problem of too much time and not enough money represents two results of one condition — a lack of activity. Many pensioners complain of loneliness, of a feeling of being "on the shelf". What they so often need is the challenge of a new occupation, the companionship that comes from working with others, the satisfaction of being useful. So many people spend their working lives at menial, boring jobs in order to earn a living. If they could on retirement find a fresh occupation that was interesting and rewarding they might enjoy some of the best years of their lives.

Wilder Penfield, the famous Canadian Surgeon, once said that



Here they are! Jessie Stephen packs tea bags, 20 to a bag, for the Red Cross, at the Second Mile Club. For more on the Second Mile Club, see page 10.

Photo by Cubby Coatsworth

everyone should start a second career in later life. If the new job brings in much-needed money the two main problems of retirement could be solved.

Alas, it isn't easy. Finding a new activity in later life, even when your health is good, can be difficult. It helps a lot to possess some skills of hand or brain, a good education, the capacity to "mix" with others, the ability to express oneself. And let us not forget the importance of "good connections", of friends or acquaintances who have some influence and can supply that helping hand that often means so much.

Well, none of these advantages can be acquired over night. They have to be developed in earlier

years, and the sad fact is that the very people who have never enjoyed such advantages during their working lives are the ones who will need them most on retirement.

The skilled worker, the university graduate or the business executive is more likely to reach pension age with substantial savings and a satisfactory private pension, and therefore have no need to earn additional money.

But if they should have to work their chances of getting a satisfactory job are much better because of their more favourable circumstances. The low income worker does not escape from disadvantages on retirement, they follow him or her down the road.

Continued on pg 11

Trustee candidates hold forum at Eastdale

School trustee candidates fielded questions from students at an all-candidates meeting at Eastdale Collegiate on November 16.

Attending the meeting moderated by retiring Board chairman Gord Cressy were Doug Barr, Sheila Holmes, and Frank Nagle.

Edna Dixon and Noreen Gaudette, also running in Ward 7, were unable to attend.

Being in a school seemed to affect the candidates with the result that they sounded more like school teachers than politicians as they explained, in their opening state-

ments, such things as the role of the trustee and the importance of voting.

Once questions began, though, the speakers dropped their scholarly postures. After all, what kind of answers would you expect when Karen Riley asked, "Do you believe the teachers' strike did any damage last year?"

When Rick Lamoureux asked why they couldn't change the school leaving age so kids could have a rest for a year or two, incumbent trustee Barr said quite frankly, "I have to think like a politician when I answer that one." His point was that what seems logical to students may not seem logical to parents, and many parents, he felt, worried that once kids left school they might never go back.

They're your taxes, your schools, your representatives, your city, your life.

The people who get into office on December 6 are going to be making decisions that affect you whether you like it or not.

If you think it's important, go out and vote.

Methodist Episcopal, St. Paul's Catholic, the Regent Park United, the Salvation Army, and the Christian Community Centre have gotten together to sponsor an evening of carolling on that date.

The group assembles at 7:00 p.m. outside 203 Sackville Green. It stops at the following places: 1. the parking lot at the rear of 41 Oak St., 2. the parking lot at the rear of 325 Gerrard St., 3. the River St. parking lot near the skating rink, 4. in front of 63 Belshaw Place, 5. 42 Blevin's Place.

After the singing, the group will go to Park School for refreshments.

Everyone who likes to sing is invited to join the group at any time along the way.

Carol singing in Regent

Regent Park will ring with the sound of Christmas carols on December 10th.

Six area churches — St. Bartholomew's Anglican, British



LIP cutbacks hit Regent Park

"Where are all the promises made to us?"

That's what the Regent Park Community Improvement Association (RPCIA) is asking after Regent Park was turned down for any funding by the Local Initiatives Programme (LIP).

In previous years, the RPCIA, an umbrella group for Regent Park organizations and services, had received in the neighbourhood of \$26,000 per year. This year, it was turned down flat.

One other group based in Regent Park, the Regent Park Home and School Help, did receive \$9,000 for two jobs. But overall, Regent Park was among the areas hardest hit by cutbacks in LIP, despite the fact that it suffers from an exceptionally high unemployment rate. LIP funding in Rosedale federal riding, which includes Regent Park, was slashed this year to less than half its previous level. Last year, the riding got \$509,965; this year, it got \$221,710. Last year,

114 jobs were funded; this year, only 51 are being provided for.

The failure to fund Regent Park means that there will be no money to pay an editor to continue producing the Regent Park Community News, and no money for a teen programme, something the RPCIA feels is greatly needed. Also included in the application were a home help assistant for senior citizens and an employment researcher and worker.

The RPCIA believes the needs are still there, even if the money isn't, and they are continuing to look for other sources of funding and other ways to fulfil the needs. But they are wondering what they have to do to get the help they feel they deserve from government. Janet Ross, a long-time RPCIA activist, asks "Where are our political representatives and what are they doing to fulfil our needs? Who represents our needs politically?" "Are we the forgotten community?"

Dundas-Sherbourne project completed

The Sherbourne Lanes project, at the corner of Dundas and Sherbourne, is now completed.

The project is the outcome of the controversy that swirled around the site and the historic houses that occupy it. Its completion symbolically marks the end of that controversy, and opens a new chapter in the history of the houses.

The new Sherbourne Lanes project, developed by the City of Toronto Non-Profit Housing Corporation, has 74 apartments in the 17 historic houses on Sherbourne St., and 302 newly built apartments, studios and bachelors in the areas behind the houses.

According to Michael Dennis, the General Manager of the City of Toronto Non-Profit Housing Corporation, "Sherbourne Lanes is a clear demonstration of the Non-Profit Housing Corporation's purpose, which is to provide alterna-

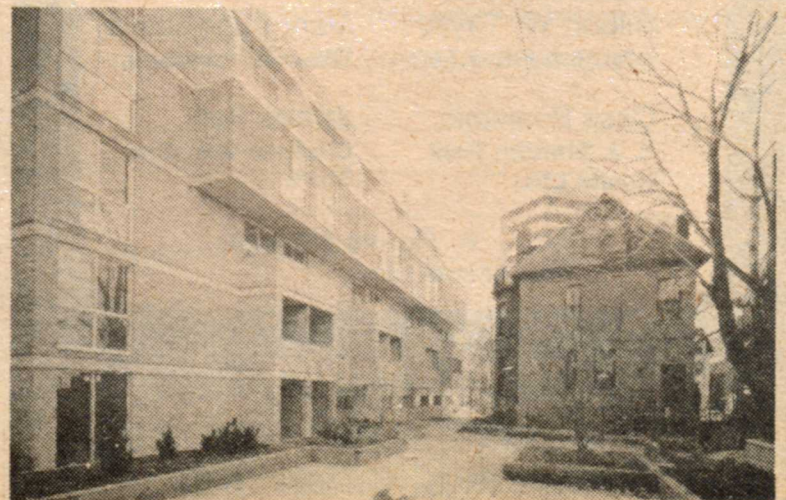
tives to the destruction of historic homes in downtown Toronto and their replacement by high rise towers."

Although the project contains no high rises, it provides housing at the same density as the high rises that were originally proposed for the site.

Up to 75% of the project's units are being offered to tenants who are eligible for the rent supplement programme.

Most of the apartments are already rented. Three-bedrooms are renting for \$381.00 per month; one bedrooms for \$240.00 to \$256.00 per month.

The project has been funded by the Federal Government through Central Mortgage and Housing Corporation and the Province of Ontario through the Community Sponsored Housing Program.





is a community-owned newspaper published every other Saturday by Seven News, Inc., 265 Gerrard St. East. Editorial offices are located at 80 Winchester Street, phone 920-8632. SEVEN NEWS does not support any political party or individual and invites all members of the community to write for it.

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VOLUNTEER STAFF: Proofreading, Elizabeth Wilson, Karel Horsley; Subscriptions, Ralph Cunningham; Billing, Dorothy Bushey; Photography and Darkroom, Cubby Coatsworth, Adrienne Jones.

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Wellesley tests new asthma drug

A new drug for asthmatics is being test at Wellesley Hospital.

Wellesley is one of two hospitals in the country (the other is in Winnipeg) which is conducting a "double blind" study on a new drug, "Bricanyl", as an asthma suppressant. (A "double blind" study is one in which half the patients in the test group receive a drug being tested, while the other half receive another drug, in this case adrenalin. Neither the doctors nor the patients find out until after

the study who has been receiving which drug.)

The study is trying to determine whether Bricanyl is as effective as adrenalin in quickly opening up spastic bronchial tubes in case of severe asthma attacks. If it is, it will have two advantages over adrenalin: it doesn't require a visit to the hospital emergency department to be administered, and it may make it possible to avoid the side effects caused by adrenalin.

We're looking for back issues

We are looking for a few back issues of 7 News for our files. If you happen to have one of the following issues still tucked away somewhere, we would really appreciate it if you could bring it/them into our office: Volume 1, Number 18 (March 12, 1971 issue). Volume 5, Number 13 (December 7, 1974 issue). Volume 5, Number 19 (March 15, 1975

issue). Volume 6, Number 1 (June 7, 1975 issue).

On the other hand, we still have limited numbers of copies available of almost all of our other issues, right from 1970 to the present. If there is an old issue you would like a copy of, drop into the office and we should be able to supply you with one.

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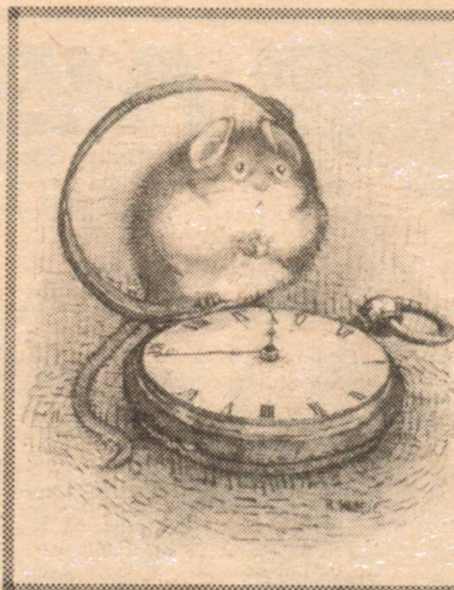
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It's time you volunteered to write for Seven News

Tick, tick, tick.

Yes, it's deadline time again and we're short of copy. Oh, if we only had a few more volunteer writers who could do a story for us every issue or every second issue, or whenever they had time, whenever they wanted to.

Sigh.

All they would have to do is call 7 News at 920-8632 and say "Yes, I'd like to try my

hand at doing a bit of news-writing."

They wouldn't need any experience, it would be fun and interesting, and who knows what other good things might happen. They might even have the time of their lives.

Tick, tick, tick. Oh, dear! Have to get back to the typewriter. Wish we had some more volunteer writers.

Sigh.

New Chiropractic clinic provides 'no surcharge' service

A Chiropractic Clinic has opened at 402 Parliament St. (at Gerrard). The clinic will be operated as a public health service and will provide chiropractic care to the residents of the area.

The clinic will differ from most in that care will be entirely covered by O.H.I.P. There will be no surcharge above O.H.I.P., as is customary at most clinics.

For those unfamiliar with the profession, a chiropractor works with a method of treatment based on the premise that the nervous system controls

or influences other systems and functions of the body, and that interference with this control creates disorders which require specialized care. The chiropractor adjusts the structures of the body by manipulation, especially of the spinal column. The idea is that by this manipulation, irritations to the nervous system are removed, giving the protective and recuperative powers of the body an opportunity to function normally.

For more information about the clinic, contact Jim Hull at 482-2340.



7 News should be for kids too!

Dear Community Newspaper!

I am a child that belongs to the ward 7 area and I plus others find there is nothing in the newspaper for kids. Kids are part of the community too, aren't they? I mean why can't you have something for kids? There's no way kids are going to read it if there's nothing to interest us, like say comics and/or things done by kids. May I ask the staff to ask their kids what they think about it.

If this is put in the paper the people who read this ask yourself what you think about it.

Bessanna Ashby

Dear Bessanna: You are right. We haven't had anything for kids in the paper, and we are going to try and change that. One thing that we are starting in this issue is to have a section in the news round-up listing things that are happening that are for kids. We would also like to have more contributions from kids. If you, or other kids, would like to send in stories or pictures, we will try to print them. Thanks for sending in your letter. — The Staff

CORRECTION

The number of the South Riverdale Community Health Centre is 461-2493. The number was reported incorrectly in the last issue of 7 News.

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OPINION!

Who stands up for Regent when money is handed out?

by JANET ROSS

"L.I.P. Not Needed" in Regent Park.

What is L.I.P. for?

We thought it was to create jobs where the need is the greatest. To provide diversified community oriented services to people, e.g. cultural awareness, recreation, educational projects, multi-purpose centres, etc.

The employment situation in Regent Park is critical, especially for our young people. Community awareness, recreation, education, and services are also in the same situation. Yet we were denied a grant.

The L.I.P. grant which Regent Park applied for and didn't get was to be for (a) a newspaper editor, (b) a home help assistant for our Senior Citizen Programme (c) teen workers and (d) an employment researcher and counsellors. We in Regent Park feel we meet the criteria and we certainly have the needs.

In a community such as Regent Park, the largest, the oldest, and the most densely built public housing projects in Canada, we have to ask a simple question: Where are our political representatives and what are they doing to help us fulfill our needs? Who represents our needs politically — provincially, federally and municipally? Are we the forgotten community?

One of the reasons we feel our politicians feel free and safe to ignore us is our voting record over the last couple of years. Politicians after an election look at the voting patterns and that seems to be any community's "ace in the hole" in making a politician represent their constituency.

Regent Park residents must realize the power they have as a community at election time. If our political representatives don't keep their promises don't vote for them.

It doesn't matter who you vote for but please vote to protect your Ward and Community. This is the only way to make your political representatives accountable to you.

The fact that with all the critical needs and high unemployment in Regent Park the government turned down our grant to provide work and services should show the people of Ward 7 and Regent Park that the time for apathy is over.

When cuts are made in government spending those who suffer the most are the working class poor, people on social services, etc. It is us who are used to carry the burden of cutbacks in government spending. What about corporations, income tax subsidies to the well-off, etc.?

"Get Out to Vote" for your own sake and make the politicians accountable because it's going to get worse in the next few years before it gets better. Protect your family.

We now have no newspaper, no teen programme or recreation.

Where are all the promises made to us?

Red Cross is a lot more than blood clinics

by LYNN BISSELL

When most people think of the Red Cross, they think of blood donor clinics and international relief. But there is more to the Red Cross than that, as I found out when I started working in the big red-brick building at the corner of Jarvis and Wellesley.

The Red Cross is actually a many-sided institution with a lengthy history and a lot of different services. These services are something residents of the neighbouring areas should be aware of, since the services exist for the community at large.

The following is a list of the services which are based at the Toronto-Central Branch at 460 Jarvis St. For any of the services, phone 923-6692 and ask for the extension (listed below) for the service you want.

The Blood Donor Program is a voluntary service based on people donating a unit of blood for the use of their fellow citizens at no

charge. The contact is Miss Anne James, ext. 292.

Water Safety involves education and instruction, the training of instructors, and a small-crafts safety program. It also includes a swimming program for mentally retarded children and another for physically disabled adults. The contact is Paul Wharram, ext. 219.

The Health and Emergency Disaster service offers a Care in the Home course for adults and teenagers. Victims of local emergencies such as house fires are cared for until further aid can be provided. Another service is the tracing and reunion of friends and families in a disaster. The contact person is Mrs. Helen Kiely, ext. 211.

Sickroom Loan Equipment makes available equipment such as wheelchairs, walkers, crutches, beds and other materials. The contact is Miss Dorothy Cowling, ext. 217.

In Women's Work, volunteers give their time and talents to se-

wing and knitting garments to be used for International Relief. The knitted materials are sold here, with the proceeds being sent to disaster-torn countries to buy medical and relief supplies. The contact here is Mrs. Doris Smith, ext. 314.

Volunteer Services are a welcoming and processing program so that community volunteers can learn of the services and choose the one best suited to them. The contact person is Miss Marjorie Ashie, ext. 254.

The Corps does volunteer transportation for veterans, the handicapped, and the aged. Another service is blood sample transportation to Mount Sinai Hospital, in pilot program aimed at ending or reducing the incidence of retardation in new-born infants. The Contact for the Corps is Mrs. Lois Tanner, ext. 288.

The Youth Service provides elementary school curriculum assistance, resource material on native peoples, and community involvement and education. Contact Lynn Bissell, ext. 298.

First Aid courses in emergency procedures are given to groups. Qualified volunteers are always welcome. Call Philip Henry, ext. 315.

In Hospital Services, volunteers visit and work with hospital patients. The contact is Mrs. Anderson at 486-4580.

Under Services for Seniors, there are planned excursions, social events, and fun 'n fitness classes. They can be contacted through Mrs. M. Ward, ext. 344.

Young Adults offers various projects for young adult volunteers, like outings for veterans and summer camps for inner city children. The contact is Mrs. Anna Szymczuk, ext. 245.

Try us if you need us. Like every large agency, communication problems may arise. Don't give up: call me, Lynn Bissell, at 923-6692, ext. 298, and I'll try to sort things out.



Photo by Fausto Moreno

It's the season to throw out your old junk and acquire some new people, have a good time, spend a pleasant afternoon, and pick up a few knick-knacks. The photo sales are sprouting up everywhere. They're an opportunity to meet Chester Village, 717 Broadview.

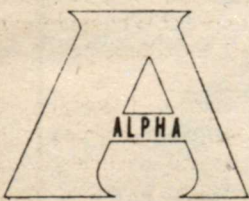


Penny Carnival at St. Anne's Separate School, part of the Summer Urban Youth Project of the Red Cross.

Photo by Ray Nicholls

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A MOMENT IN TIME . . .

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With the opening of its gallery, A Moment In Time, Photo Artists Canada looks forward to presenting the art of Fred Bruemmer, John de Visser, Janet Green, John Foster, Bruce Littelljohn, Dennis Mills, Freeman Patterson, and Paul von Baich.

"A Moment In Time" gallery will also sponsor three comprehensive photography courses. They are: INTRODUCTION TO COLOUR PHOTOGRAPHY, EXPLORING THE COLOUR TRANSPARENCY, and PHOTOGRAPHY SEMINAR with four of the gallery artists. For more information, please call the gallery.

"A MOMENT IN TIME" GALLERY
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Sackville School starts a new chapter in its history

by JUDY ALLEN

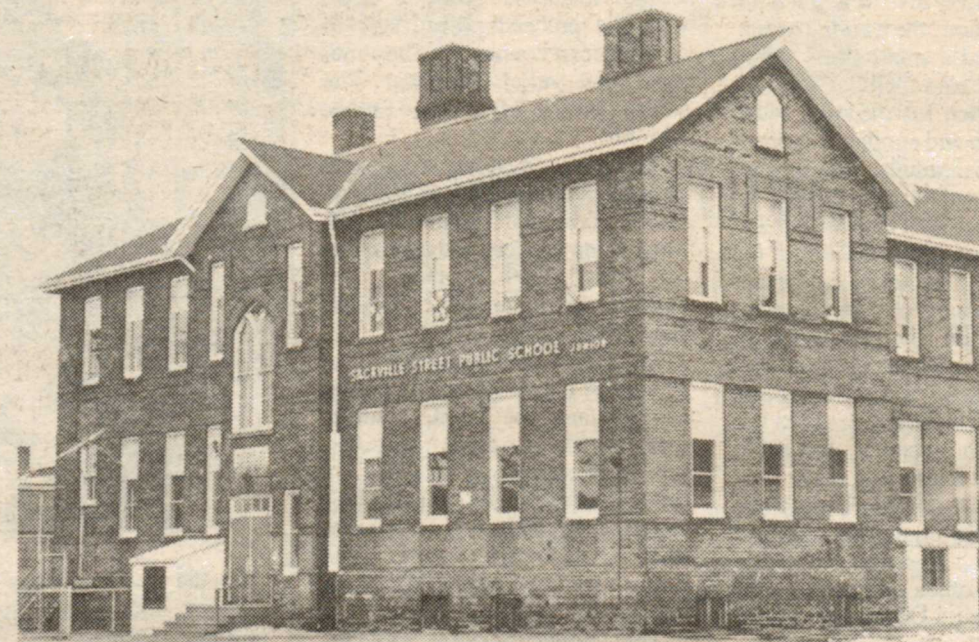
Constructed in 1887, Sackville School has a long history of both controversy and ideology. Throughout the school's 89 year history it's been a reflection of the ideals and the innovations of our educational system, and the people who serve that system. Today, the school has a new name, Gabrielle Roy, it's officially an historic site, and it's Toronto's first public French school.

Even as the final brick was being placed, the school, or rather its principal, Georgina Riches, was in the news. It was believed for many years that Mrs. Riches was the first female principal in Toronto to be paid a man's salary. However, a recent document prepared by the Board of Education has proven that to be untrue.

The Board's article points out that the controversy over equal pay for equal work existed in Ward Seven almost 100 years ago. The article says, 'Of the bitterness of the controversy there can be no doubt — newspaper accounts of clashes at Board meetings over Mrs. Riches appointment as principal fill several pages of the Board's scrapbook'.

In the early part of this century, immigrant children were in the minority at the school. An article that appeared in the Toronto Star in 1918 says 10% of the students were Jewish, while only 5% were Macedonians. As early as 1918 the area surrounding the school was described as a place 'where the population was obviously poor, and the living conditions none too pleasant'. Yet the school itself was said to be using 'a number of innovative teaching methods'.

Those methods have changed since A.W. Ross Doan was principal of the school during the First World War. Mr. Doan's mathematics program consisted of 'one-hundred questions a month, five each day,



and students who failed to complete all the questions must stay after school until they do so'.

The school was back in the news in the 1940's when it was declared unsafe, and a fire hazard. However, extensive repairs saved it from being closed down.

The major changes began in the early 1960's when more than twelve-hundred people were forced to relocate because of the construction of ramps to the Don Valley Parkway. This was just the start of a decline in enrollment at the school.

In the next ten years, the enrollment dropped from three-hundred students to

only sixty. The Board of Education's Associate Director of Education in 1974, Ed McKeown, blamed the drop in enrollment on four factors: a shift to separate schools by European families, the extensive, and costly renovation of homes in the area, a reduction in immigration, and the declining birth rate.

In 1975, perhaps the most significant decision was reached about the school. The Board of Education voted to change Sackville School into the first public French school in Toronto. One classroom was set aside to handle the few remaining English language students. Today, there are only ten

such students remaining, while the French section has an enrollment of 262.

According to the Board of Education Trustee for Ward Seven, Doug Barr, this could well be the last year for the English section of the school. The few remaining students will likely be transferred to other schools in the area once this school year ends.

As for Gabrielle Roy, the French section of the school, it's becoming a popular place. More than one hundred students are on a waiting list for admission to the school. Before a child can be enrolled at the school, they must meet fluency requirements of a special admissions board. According to the school's principal today, Mrs. R. Lindsey, 'one of most important criteria for success at the school is a student's ability to listen'. However, Doug Barr says the growing demand for enrollment at the school could prove to be prohibitive in the future.

With a little more than a third of its students coming from Francophone backgrounds, the school has incorporated the same English language arts program that exists in English schools. Students are subjected to about 20% of their curriculum in English. The French students are bussed to the school from across the city. It was for this reason, a location that wasn't central and required bussing, that parents raised objections to the choice of Sackville as a French school.

Even if the building doesn't continue to serve the community in the same way it has since 1887, it will continue to serve as an educational institute. The Superintendent of Curriculum for the Board, Mitchell Lennox, says it could be an alternative school, or what the board calls 'a parallel use'.

Doug Barr is also optimistic that the school will remain as a centre of learning. As he puts it, 'it's a cat, with nine lives'.

You are invited to join us for the
December entertainments

"At Queen's Park"

7.30 pm, Sunday, Dec. 5—an orchestral concert by **The St. Catharines Symphony** with guest solo cellist Daniel Domb.

Bay Street Lobby of the Macdonald Block,
900 Bay St. at Wellesley.

* * *

12 noon, Tuesday, Dec. 7—the **Lucia Festival of Lights**. Honouring ancient Scandinavian tradition, white-robed children singing Christmas carols will accompany the Queen of Light down the main staircase in the Legislative Building.

* * *

At 12.15 pm four half-hour Christmas Week concerts by the 80-voice **Civil Service Choir**:

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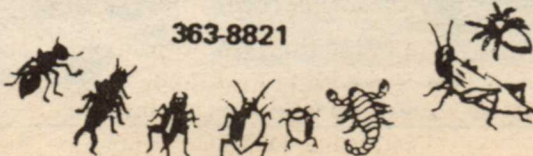
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NEWS ROUND-UP

Things to do on these cold days

Note: Most Christmas events are listed elsewhere in the paper (pp. 6 & 7) in a separate section. News Round-up this issue contains mainly the non-Christmas happenings, although a few Christmas events had to be put in the round-up because they arrived after the deadline.



Saturday December 4

The Riverdale NDP Women's Club will be holding a *bazaar and tea* today from 1 p.m. to 6 p.m. at 24 Bloomfield Ave. (2 blocks North of Gerrard and west of Greenwood). Special attraction will be the return of tea cup reader Mary Douglas, who wowed them at last year's event. Call Kathy Love for further information at 461-4687.

Sunday December 5

The Regent Park Recreation Centre will be holding their annual Christmas party today from 1 p.m. to 4 p.m. Members and their children are asked to attend, bringing with them their card of admittance. The Centre is calling on all members to make use of the facilities at their disposal — darts, shuffleboard, bumper pool, table tennis, and a variety of card and indoor games. Arts and crafts classes are held every Monday afternoon from 1 p.m. to 4 p.m.

Wednesday December 8

"What you always wanted to know about lotteries but were afraid to ask" will be the topic at a breakfast meeting of the Riverdale PC Association at 7:45 a.m. at the Croft Restaurant, 1311 Queen St. E. Robert Welch, the Minister for Culture and Recreation at Queen's Park and the man responsible for Wintario will be the guest speaker. For information and tickets call Ann Bradbury at 465-2746 or Gail Szago at 461-6042.

Thursday December 9

Pulse, the local action-line show on Roger's Cable Channel 10, will be dealing with *Patients' Rights* today at 3 p.m. (live) and 8:30 (tape).

Friday December 10

The Parliament Street Library House (265 Gerrard St. E.) will be showing *Sherlock Holmes and the Secret Weapon* in its film programme today. The movie, with Basil Rathbone, starts at 7:30 p.m.

Saturday December 11

Poet, host Norm Craven leads an informal discussion and conversation on poetry and poets at the Parliament Street Library House (265 Gerrard St. E.) at 2:00 p.m. today.

Sunday December 12

Eastminster United Church (310 Danforth Ave.) is holding a *special service* at 4:30 today. There will be carols by candlelight, and a concert with works by Gibbons, Joubertes, Howells, Willon, and excerpts from the Christmas Cantata by Geoffrey Bush. Performing will be the choir, soloists, instrumentalists, and the organ.

Tuesday December 14

The People and Places Series at the Danforth Library is featuring films and readings today, starting at 7:30 p.m.

Thursday December 16

• Pulse, on Rogers Cable 10, is doing a programme on accidents and deaths at health and fitness clubs at 3 p.m. (live) and 8:30 (tape). (This programme was originally scheduled for December 2.)

• The Christian Resource Centre is holding its annual Christmas party at 20 Spruce St. today at 7:30 p.m. Everyone is welcome.

Saturday December 18

It's *open house* at the Parliament Street Library, 406 Parliament St. at Gerrard today. There'll be coffee and cake and carols in the afternoon from 2:00 to 4:00 p.m. "Come and meet your neighbours and discover the whole of information available at your local public library."

GENERAL

• Throughout the month of December you can view a special *photography exhibit* at the Danforth Library, 701 Pape Ave. Eight leading Canadian photographers capture A Moment in Time.

• The Bain Avenue Women's Hockey League are entering their second season this December with home ice being Greenwood artificial ice rink, at Greenwood and Dundas. The season runs December 11 through February 26. The league is trying to put 3 or 4 teams together and welcomes and encourages all local women and girls interested in hockey to come out. For more information write the Bain Avenue Women's Hockey League at 100 Bain Ave., 8 The Lindens, Toronto. No previous experience is necessary. The league is geared towards fun and exercise.

• A free *co-operative play group* for toddlers is being started in Don Vale. Anyone who is interested in joining call Mary Jane Bertrand, 925-7755 or Kay Bently, 923-5021.

CHILDREN

Saturday December 4

• The Danforth Library, 701 Pape Ave., is showing winter films at 2:00 p.m., including "The Fur Coa t Club".

• The Parliament Street Library, 406 Parliament St., is continuing the Symphony Street programme with Ruth Budd on the bass viol at 2:00 p.m.

• The Riverdale Library, 370 Broadview Ave., is featuring Christmas carols, stories, and crafts at 2:00 p.m. today.

Saturday December 11

• The Danforth Library, 701 Pape Ave., is showing holiday crafts from other lands at 2:00 p.m.



NEWS BRIEFS

• The Woodgreen Chinese Canadian Association has been awarded a \$3,375 Wintario grant to help pay the costs of a festival celebrating the culture of the Chinese-Canadian community...

• The Moss Park Arena is receiving a \$1,000 grant for shuffleboard equipment from Wintario...

• Thanks to Mrs. E. Harper for her gift to 7 News. It was much appreciated.

• There's Bingo at 41 Oak St. in the main floor lounge every Tuesday from 1:30 to 4:30 p.m., and every Friday from 7:30 to 10:30 p.m. Admission is 35 cents and refreshments are free.

• A group of young artists who banded together to provide an alternative to the established gallery system in Toronto are holding an exhibition at the newly reorganized Harbourfront Art Gallery until December 12. Gallery hours are 12:30 to 6 p.m. Tuesday through Thursday, and 12:30 to 9 p.m. weekends and holidays. Admission is free.

Inclusion in this column is a free service to Ward Seven residents and community groups. For publication in the next issue, announcements and small news items should be phoned in to 7 News at 920-8632 by noon on Monday December 13. The last issue before Christmas is December 15; the next issue after that will not be until January 15, so any events happening before the middle of January will have to go in the next issue. Get your news in soon!



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Christmas celebrations and activities a

By MARNIE PAULIN

There are enough holiday celebrations and activities taking place in the Ward to keep anyone busy this Christmas season. Check our holiday calendar for events that may interest you!

Saturday, Dec. 4

Always a pleasant event ... the Christmas Tree Tea takes place at St. Luke's United Church between 2 to 4 p.m.

Monday, Dec. 6

Children can enjoy an old fashioned Christmas at the Parliament Street Library by participating in a candlemaking session at 4 p.m.

Tuesday, Dec. 7

The Tuesday Workshop at the Parliament Street Library House opens its doors through the month of December with open Christmas poetry, song and cheer at the fireside on Tuesday, December 7, 14 & 21 at 7:30 p.m. Next door in the Children's Library, the young people will be making Christmas wreaths at 4 p.m.

Members of the Yonge St. Mission are reminded that Christmas Dinner will be served at noon for the ladies and again in the evening for the men.

Wednesday, Dec. 8

Jarvis Collegiate Choir will present a Christmas Festival of Music at 8 p.m. at St. Luke's United Church.

from the post

Neighbourhood
Information Post
265 Gerrard E.
924-2544

Thursday, Dec. 9

The House of Gerrard at the Parliament Street Library House will have Open Christmas Poetry, Stories, Songs and Cheer at the fireside 7:30 p.m.

Friday, Dec. 10

St. Jamestown YMCA is hosting a Christmas Special for adults & seniors. It includes dinner at the Royal York followed by a concert at Massey Hall. Cost is \$15 per per-

son. Bus leaves the YMCA at 4:45. Call early to reserve a ticket at 923-4402.

A Christmas Party which will include a dinner & some bowling will be held for the children 13 to 16 years who are members of the Salvation Army Regent Park Community Centre. Party starts at 6 p.m.

Regent Park will resound with the voices of Christmas Carolers as six of the community's churches have joined together for an evening of singing. It's hoped that everyone who likes to sing will join the group along its route. (See story this issue.)

Saturday, Dec. 11

A Winter Fair for children ages 5-11 who are members of the Central Neighbourhood House will be held from 1 to 5 p.m.

"Decorate Your Christmas Tree" for boys and girls at the Riverdale Library 2 p.m.

Sunday, Dec. 12

Christmas carolling & tree decoration will take place at 519 Church St. Community Centre starting at 2 p.m.

Monday, Dec. 13

A Christmas Party for members of the Good Neighbour's Club will be held at St. Luke's Hall at 7:30 p.m.

"Candymaking" for children at Parliament Street Library at 4 p.m. day, Dec. 14.

A Children's Christmas Party for year olds will be held at Woodgreen Community Centre. Time 6:30 - 8:30 p.m. Children will be making Christmas cards at the Parliament Street Library 4 p.m.

The annual Songsters Christmas begins at 7:30 p.m. at 200 Wellesley St. track room. It's open to the public and it's a British comedy singer will be held at Hall at 8 p.m. It's open to everyone 18 and older. No charge (except for the drink).

The Christian Community Centre is having its Family Christmas Dinner. Time 6:30 - 8:30 p.m. A limited number of tickets are available on a first come, first served basis.

The Pape Recreation Centre Seniors' Club will be holding its Christmas Party from 7 to 10 p.m.

Wednesday, Dec. 15

This time for the 5 & 6 year olds. Children's Christmas Party will take place at Woodgreen Community Centre. Time 6:30 - 8:30. Everyone is welcome to attend.

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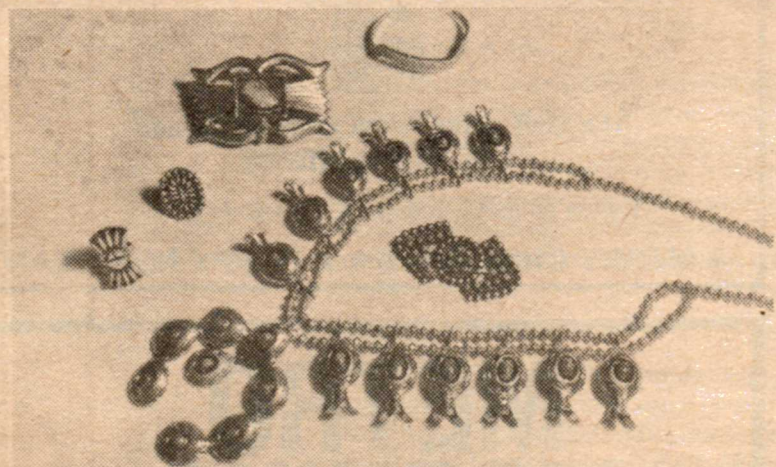
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Special Christmas Luncheon at Dixon Hall from 12-1:30 (minimal charge).

Salvation Army Regent Park Community Centre is holding a Christmas Party for children 7 to 12 years who are members of the centre at 4 p.m.

The annual Christmas party for Gerrard Kiwanis Club "Kids" (7-9 years) will take place at 4 p.m. The Gerrard Kiwanis "Knights, Kings & Keystones" (10 years and older) will hold their party at 7 p.m.

Members of the Downtown Boys & Girls Club will be having their Christmas Party again this year from 12 to 5 p.m.

Thursday, Dec. 16

Storyteller Jack Heighton chills & delights with his version of Scrooge, Tiny Tim and others in his telling of **A Christmas Carol** and other stories for adults at the **Parliament Street Library** at 7:30 p.m.

People of all ages can kick off their shoes and enjoy the **Happy Days Sock Hop** at Jimmie Simpson Recreation Centre starting at 7 p.m.

Gerrard Kiwanis Club Girls will be enjoying skits, refreshments and a visit from Santa at their **Christmas Party** at 7 p.m.

The Firemen's Association is sponsoring a **Christmas Party** for children 7 to 10 years of age at Woodgreen Community Centre. Register in advance by phoning 461-1168.

Friday, Dec. 17

The busy schedule at John Innes Community Centre for this day includes: Skating & Window Shopping Outing (3:45 to 9:45), a Christmas Outing to the Fire Station for 2 to 5 year olds (9:30 to noon), a Pre-Christmas Dance-A-Thon for people 13 to 17 years (7 to 11 p.m.)

Dinner, dancing and entertainment at the **Senior Citizen's Christmas Dinner** at Woodgreen Community Centre. It costs \$3. per person. Tickets should be bought in advance.

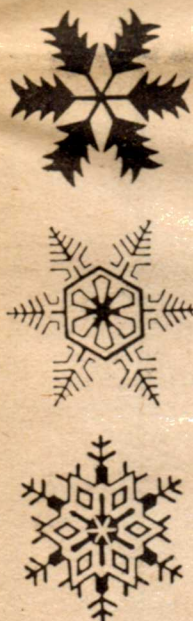
Movies at the Parliament Street Library at 7:30 p.m. with **A Christmas Carol**, **The Great Toy Robbery** and **A Christmas Rhapsody**.

Saturday, December 18

Pot Luck Christmas Party at Riverdale Library starting at 2 p.m. Call before the 15th to register.

Open House at the Parliament Street Library with coffee, cakes & carols from 2 to 4 p.m. And for children "The Tailor of Gloucester", a **Children's Puppet Show**, will take place at 2 p.m.

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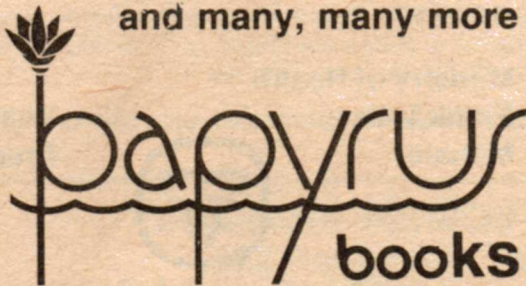
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Dancers present revolutionary projects

By SHERILYN MARSHALL

For dancing revolutionaries in Ward 7, there will be several productions — both in the dancing and political scene, happening during the month of December. The first thing to watch for is an extension production of the Fifteen Dancers group, called Dance Artists, and then the Factory Theatre Lab will be presenting The Revolutionary Project.

Dance Artists is a series of performances by seven independent choreographers from the 15 Dancers group. This production is part of their extension program. It will be presented at the St. Paul's Centre, 121 Avenue Road, The Annex No. 2 (entrance on Webster Street), on the following weekends: December 3 and 4; and December 10 and 11. All performances are at 9 p.m. and cost \$2.50. 15 Dancers also offers courses in dance movement and some acting at their George St. building, for those who are interested in the dance.

Dance Artists will feature the following people: Jill Naomi Bellos; Elizabeth Chitty; Peter Dudar; Lily Eng; Charlotte

Hildebrand; Johanna Householder and Nancy Schieber. All these people have been involved in dancing and choreography in Toronto for some time now, and will definitely put on a very good dancing production — with modern thrown in.

Factory Theatre Lab opens its second production of the fall season with: The Revolutionary Project; designed and directed by Ken Glass. There will be several actors involved in this particular production including: Alan Bridle; Cheryl Cashman; Rosemary Donnelly; Rhona Gold; François-Regis Klanfer; Samantha Langevin; Dennis Simpsons and John Valles. John Mills Cockell will be performing and composing the music for the project.

The Revolutionary Project is a "work in progress" production, which is a continuation of the experimental process of their very successful "Works" festival held in September and October, this year. This particular work is a different one, though, as it deals with terrorism and the legend of Carlos, The Jackal. Visual image are extensively used in the

play to set the stage for the violence that man is capable of perpetuating against his fellow man. There will also be some humour in this creature's life as he goes about his business, and that is murder. In fact, he might leave you dying and laughing at the same time.

In the movie, "The Day of the Jackal", Carlos, or whatever his name may have been, met with a violent death, because violence begets violence as man will learn from this play. The movie used mental and visual effects to put its point across, and so will this play. You will wonder if you are capable of this creature's violent acts, or are you less inclined to use violent measures to gain your ends. In this play, you will become totally involved with this creature and you will sit on the edge of your seat as you fight to keep yourself from getting angry at Carlos and his way of life and death.

"The Revolutionary Project" will have ten performances, only. It is on Thursday through Sunday, December 4-19. Thursdays, Fridays and Saturdays the performances start at 8:30 and there are Sunday Matinees at 2:30. Admission is Thursday: Adults \$3 and students \$2.50; Fridays and Saturdays admission is Adults \$4. and students \$3. All Sunday performances are Pay what you can. For reservations and information call 864-9971.



THE FLU.

This is how Ontario's no-cost flu protection program will work.

There could be an outbreak of flu in Ontario this winter. So your Province is recommending vaccination against both swine flu and Victoria flu for people age 65 and older, and people age 20 and older who have certain chronic illnesses such as diabetes, heart, lung or kidney disease. We plan to vaccinate them with one inoculation before the diseases strike — if they strike. There is no charge.

We are also offering no-cost swine flu vaccination to other people age 20 and older who *want* to be vaccinated.

But no one will be required to accept vaccination — it is a personal and voluntary decision.

What these flus are

Both flus are caused by contagious viruses that spread directly from one person to another, just like the common cold. (Swine flu is not caused by eating pork.)

Swine flu is suspected of being similar to the 1918-19 flu which was responsible for the deaths of 20 million people world-wide, including 45,000 Canadians. Victoria flu was responsible for many deaths and illnesses as recently as last winter.

Symptoms

The symptoms are usually fever, muscle aches, headaches, chills and coughing. It takes one to three days from the time the virus gets into your system until you start feeling ill. The flu lasts two to seven days. With severe infections, flu can kill. Swine flu can kill within 24 hours.

Ontario's no-cost vaccination program

To ward off these two flus, Ontario's 44 local Medical Officers of Health will administer a province-wide vaccination program. Dates, places and times of clinics in your area will be announced.

Many of Ontario's 2,200 public health nurses will carry out the actual vaccinations. Some family physicians will be vaccinating their own chronically-ill patients. Your Ontario Government pays all costs.

Vaccinations will be given with traditional needles or with fast painless air spray injectors that shoot a light spray of

vaccine through the skin of the arm. The injector can vaccinate 1,000 people an hour, and it has been used safely for many years. Flu vaccination does not leave a scar.

Possible side effects for those who should be vaccinated

Most people will have no side effects from this vaccination. Serious side effects are rare, but they can occur — as with any vaccination. Minor side effects can include a sore arm, headache, fever and muscle aches, lasting one or two days. If these minor symptoms persist, contact your doctor. Protection through vaccination starts in about three weeks and will probably last a year or more.

Who should NOT be vaccinated

If you are allergic to chicken eggs, chicken or chicken feathers, don't be vaccinated at all, because the vaccine is made from chicken eggs and can cause a severe reaction. If you have fever, acute respiratory or other active infections, don't be vaccinated while you are ill. No one should be vaccinated for swine flu within 14 days before or after any other vaccination.

Flu vaccine will protect 80 to 90 per cent of those vaccinated — but there is no drug or antibiotic to cure flu, so vaccination is desirable.

For further information about the flu vaccination program, contact your local public health unit.

Ministry of Health
Frank Miller,
Minister

William Davis,
Premier

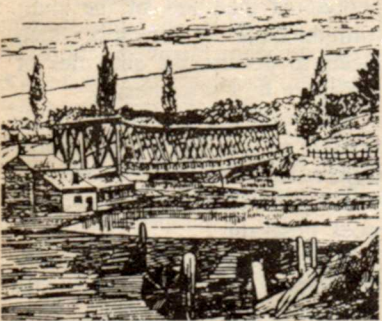


Province of Ontario

Many bridges have spanned the Don River

by GEORGE RUST-D'EYE

"This evening we went to see a creek which is to be called the River Don. It falls into the bay near the peninsula. After we entered we rowed some distance among low lands covered with rushes, abounding with wild ducks and swamp black birds with red wings. About a mile beyond the bay the banks become high and wooded as the river contracts its width." — Elizabeth Gwillim Simcoe, August 11th, 1793.



Don Station, built in the 1890's, beside the bridge over the Don at Queen Street, 1910. The station can still be seen at Todmorden Mills, to which it was moved in 1969. Photo: Toronto: Reflections of the Past, by Mike Filey, 1972.

gust 11th, 1793.

Mrs. Simcoe, writing later in her diary, on July 6th, 1796; described the first bridge built across the Don: "I passed Playter's picturesque bridge over the Don; it is a butternut tree fallen across the river, the branches still growing full leaf. Mrs. Playter being timorous, a pole was fastened through the branches to hold by." This bridge was situated at the foot of Winchester Street, placed there in 1794.

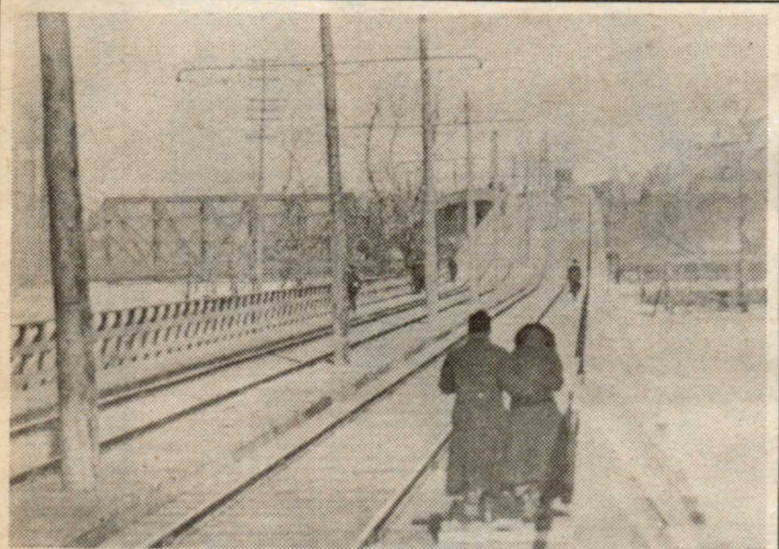
In the same year, a bridge was built over the Don near John Scadding's cottage, at what is now Queen Street. This bridge provided access into the Town of York when the Kingston Road was opened by Asa Danforth in 1799-1800. Built of logs, this "corduroy" bridge had so rotted away by 1803 that it was considered impassable.

People coming into town had to ford the river on horseback or by means of a scow pulled back and forth across the river by means of a rope. A cow, a horse, or a person could cross on this ferry for 7-1/2 pence, a sheep or a hog for 3 pence.

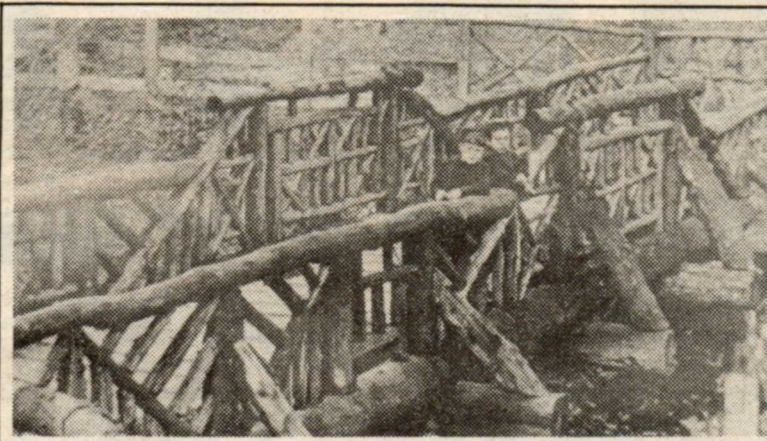
Further south, a floating bridge



Looking north from the Gerrard Street bridge across the Don, 1902. The building on the right is the old Isolation Hospital. Photo: from Toronto, The Way We Were, by Mike Filey, 1974.



The Ashbridge's Bay line, looking north from Keating Street, 1917. The streetcar line from Queen Street into the developing factories of the 'Eastern Harbour Terminals' was carried over the Grand Trunk tracks on the east bank of the Don by this temporary trestle. The Don is flooded by an icejam. Photo: A Toronto Album, by Mike Filey, 1970.



Children on the Winchester Street bridge in the 1880's. Photo: Province of Ontario Archives.

constructed in 1806 across the mouth of the Don, allowed townspeople to gain access to the peninsula (as the Toronto Island was then known), where fox-hunting, horse-racing, picnics and other 'healthy' pursuits were carried on. This bridge, about 60 feet long, was only strong enough for horseback riders and pedestrians. The public was warned not to draw sand or loaded carts across it. This bridge, and another like it over the 'Lesser Don', another channel by which the river entered the bay, were removed in 1812 for the erection of an earthwork defence against the expected American invasion.

Meanwhile, in 1809, a second log bridge was built across the Don at the Kingston Road. It consisted of ten stone-filled wood cribs across water and ravine, with a plank road platform supported on trusses spanning from crib to crib. The road was about 20 feet above the water. In April, 1813, this bridge was burned, not by the invading Americans, but by British Regulars retreating eastward to Kingston. It was repaired, but by 1824 had become almost impassable.

With peace restored, the new bridges to the peninsula were commenced, in 1822. However, financial problems delayed their completion, for 13 years, during which time visitors to the peninsula were forced to travel by boat, or to ride to a point three miles east of the mouth of the Don.

On August 22nd, 1835, the military authorities in charge of the building of the bridges, formally turned them over to the City, amidst great pomp and ceremony. Lengthy speeches were delivered, the band struck up 'God Save the King', and Mayor Sullivan and other City officials strode across the bridge, followed by a throng of joyful inhabitants. Within a few years these bridges were damaged by ice and carried off, according to Dr. Scadding, "by one of the spring freshets to which the Don is subject."

The new Kingston Road bridge, a tubular, roofed, suspension structure, was the scene, on December 7th, 1837, of an incident in the Upper Canada Rebellion, when the British American Fire Company drove off a number of rebels who had set fire to the bridge. The

bridge was later carried off, in 1850, by another disastrous freshet, which also did a great deal of damage to mills at Todmorden and at the Forks of the Don.

In 1851, a new bridge was built across the Don at Queen Street by Emerson Coatsworth, City Commissioner. During its construction a craft known as the 'Cigar Ferry Boat' was used to convey passengers and vehicles to and from the City. This boat, a side-wheel steam vessel, consisted of three hollow cylinders bolted together. Other ferry operators, annoyed at this new competition, sank the 'cigar boat' the first night she was moored on the Don.

A map of the City in 1862 showed the Don spanned by narrow bridges at Winchester Street, Don Street (now Gerrard) and South Park Street (now Eastern Avenue), in addition to the bridge at Queen and that serving the Grand Trunk Railway.

The 1851 bridge at Queen Street, (formerly the Kingston Road), was much more solid than its predecessors. It was another tubular frame of timber, but was not provided with a roof or covered in at the sides until 20 years after it was built. At that time, footpaths were built across it. On September 13th, 1878, it was swept away by the worst flooding of the Don in history. It was caused by a severe storm which swept away almost all of the bridges and dams on the Don, flooded the flats, and damaged many buildings. It was the wreckage of a River Street warehouse floating by which caused the destruction of this, the last of the early bridges over the Don.

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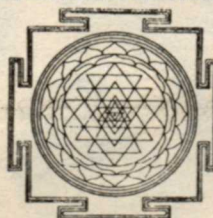
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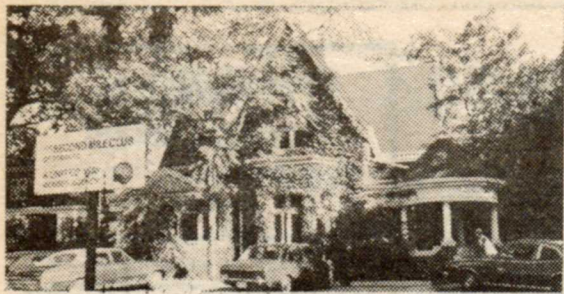


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in cabbagetown
WHOLE FOODS TRADING

- *edam - \$1.50
- *old cheddar \$2.15
- *tilsit - \$1.50
- *brie - \$3.00
- *30 others

(parliament & carlton)



The Second Mile Club, on Carlton Street.



A quiet moment



Agnes Ward making lovebirds

| | | | | |
|----|----|----|----|----|
| 12 | 13 | 14 | 15 | 16 |
| 20 | 21 | 22 | 23 | 24 |
| 28 | 29 | 30 | 31 | 32 |
| 36 | 37 | 38 | 39 | 40 |



lockers where members can keep an extra pair of shoes, clothes, or a lunch.

The second mile can be as worthwhile as the first

Story by LUCY PALUCCI

Photos by CUBBY COATSWORTH

The Second Mile Club gives Ward Seven people 60 and over an opportunity to keep active.

They can keep trim by attending Thursday fitness classes offered by Barbara Corbett a volunteer physiotherapist at 192 Carlton Street, the club's main office. Or they can learn how to swim, join the bowling league or do some dancing.

"It's old time dancing. They square dance, do the gay gordon — things like that. It's a great time. I wish I could dance," chuckled Mrs. Linda Westerner, program director of the club. She calls the club a "social recreational facility" for the elderly.

The seniors can also be a part of a travel club, join discussion

groups, or just play cards. Second Mile Club members have taken the Red Cross First Aid Course.

The club provides a podiatry service and have taken some members to have their feet checked for the first time. Mrs. Western said some elderly people can't bend down to care for their corns nor clip their toenails.

Every Wednesday afternoon from 1:30 till 3:00 p.m. the clubhouse on Carlton Street holds a craft session. The seniors make stuffed monkeys out of men's working socks, stuffed dolls and caricatures out of felt, cover bars of soap with sponge, learn how to macrame and other crafts.

The members sit around a long rectangular table laughing, and gossiping about their children and husbands. They endlessly tease and help one another.

A free service offered to all branches and to all people over 60 is a room rental service. Mrs. Betty Gerrard who runs the service from the Carlton Street clubhouse, locates accommodations that will suit the budgets, health and specific problems of the elderly. She personally checks the flats or rooms herself before letting the elderly move in. She doesn't deal with apartments.

"A lot of people just can't afford the prices. \$25 a week is tops for them," said Mrs. Gerrard.

The service was started eight weeks ago by Barbara Chapman who is the present executive director for the club.

Second Mile Club is a non-profit organization that has been running for 28 years. It now has 1300 members.

The United Way, Metro To-

ronto and private donations keep the Second Mile Club functioning. They also have a booth at the Canadian National Exhibition where they sell crafts that the senior citizens have made throughout the year.

The club has four branches including the main office. There is one in North Toronto at 180 Eglinton Avenue West, one at the Pape Recreation Centre and another at Runnymede United Church. These three branches stay open only half days. The club is allowed the use of community churches to hold functions because the clubhouses don't have enough room, said Mrs. Western.

It costs the elderly a token \$5 a year to join the club's main branch on Carlton Street and \$2.50 to join any of the other three branches.

Every branch has its own executive council comprised of senior citizen members. A few people from each executive council, or permanent members of the club, form the Board of Directors which meets to discuss the activities of the entire four branches.

The club is opening a fifth branch at the Rotary Laughlin Centre, Elizabeth and Elm Streets, which also will be a full, five day a week program.

The club started because a group of women who belonged to the YWCA 28 years ago, became concerned about elderly people. They wanted to provide a meeting place for them.

With the help of Metro Toronto they were granted the Carlton Street home as a meeting place for the elderly. The Second Mile Club has been running ever since.



Band leader Ken Smith



Isabell and Norman Hadley



Margaret Parsons plays the kazoo



These cheerful people are most of the members of the Milers' Mini Band. They play for fun, and they have given concerts at the Metropolitan United Church and the Hospital for Sick Children. Left to right, they are: Back row: Viola Morris, Beatrice Frederick, Lillian Wolfe, Margaret Parsons, Isabell Hadley, Norman Hadley,

Lillian Hitchens, Janet Patry. Middle row: Sadie Reid, Marie Morris, Josephine German, Fred Treacher, Alice Chatterson, Margaret Bennett. Front row: Ken Smith, Gladys Hall.

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