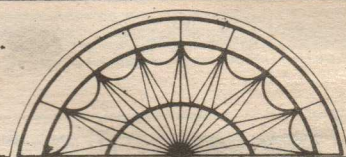


# CABBAGETOWN NEWS RIVERDALE

SERVING THE COMMUNITIES OF QUEEN-BROADVIEW VILLAGE, DANFORTH VILLAGE AND CABBAGETOWN

Volume 1, Number 10

February 4, 1986



DARRELL KENT  
REAL ESTATE LTD. REALTOR

Your  
Neighbourhood  
Specialists

962-8113  
CABBAGETOWN

469-5317  
RIVERDALE

## S. Riverdale takes the prize for the most break and enters

*This is the first of a two-part series dealing with the problem of break and entering in South Riverdale.*

By Grace Cameron

The savage beating of a Boulton Avenue woman whose home was broken into last December has sent shivers through the Broadview-Dundas, Broadview-Queen area of South Riverdale.

Although there's a high rate of break and enters in this densely populated neighborhood, residents are shocked by the brutality of the Boulton Avenue incident.

According to the police in 55 Division, crime in the area is usually limited to break and entering, or what they call "crime of opportunity."

"You hear about people's houses being broken into all the time," said one 30-year resident who refused to be identified, "but nothing like this," she added in hushed tones.

Last year, of the more than one thousand homes broken into in the division, which runs from the Don River to Coxwell Ave., and from the lake to Danforth Ave., 110 were in this area.

Police Constable Bob Copeland, with the division since its opening in 1973, told the Cabbagetown-Riverdale News that the biggest problem in the division is the high number of break and enters.

"The greatest number of residential break and enters in the division is in the area from Logan Ave., west to the Don River," said Copeland.

He added, "We win the prize every year for the highest amount (of break and enter) in the city."

There are 22,000 dwellings in 55 division, and with 1,025 break and enters last year, it meant the chances of a house being broken into was 1 in 22.

Added Copeland: "The division with the second highest number was 14 Division which includes Parkdale, another high density area."

Across the river in 51 Division there were 354 crimes of this nature last year.

The constable cautioned that statistics can be misleading, however, because there are other factors which come into play.

"For example," he said, "it depends on the density of the area. Areas with a lower density have less homes to be broken into, and therefore will usually show a lower figure."

Sgt. Bill Whiteside, a one and a half year veteran at 55 Division, although is more cautious in his evaluation of the problem, rated the area a "one or two in terms of badness," with one being the worst and ten the best.

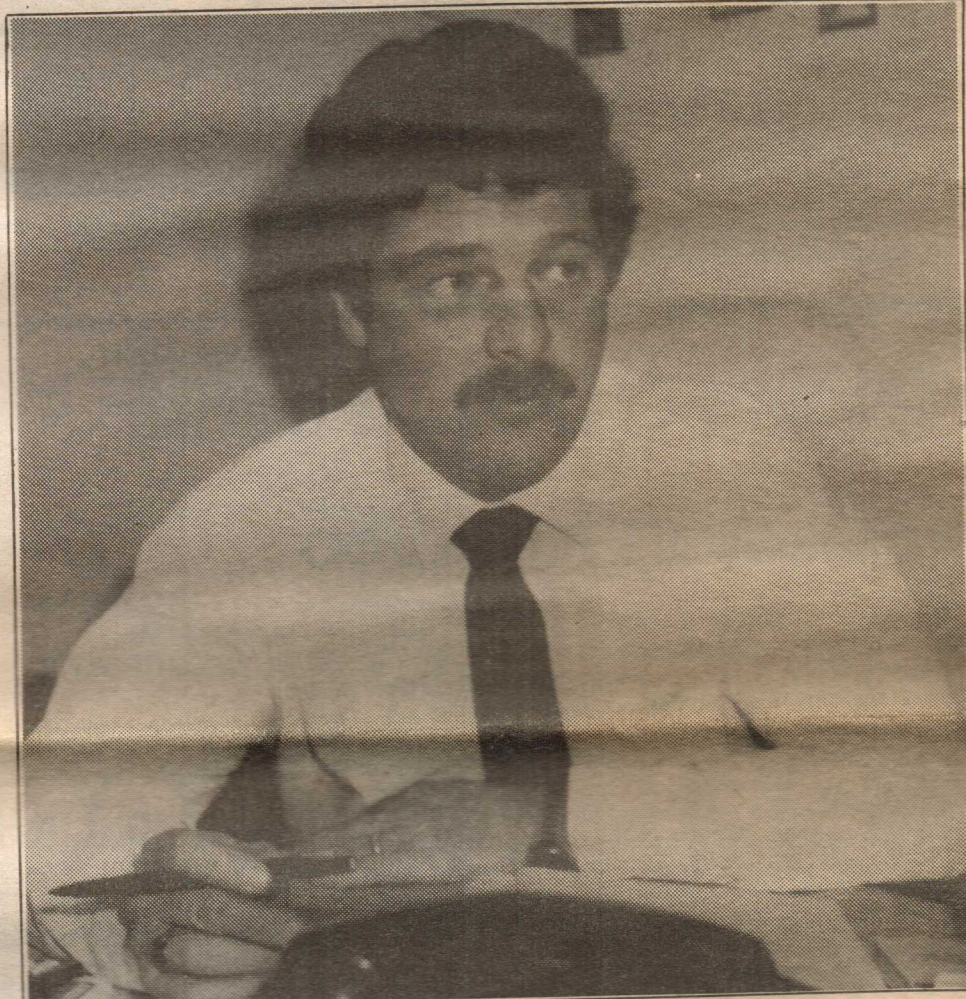
Whiteside attributes part of the reason to the high density of residences, the large number of transients and working people, "and a hell of a lot of laneways."

Seventy five per cent of the houses in the area have laneways running behind them, Whiteside figured. While they provide privacy for residents, they are a great cover for bandits, he said.

Apathy is another reason the problem is so bad, he added, pointing to a Neighborhood Watch workshop last September that drew only 150 people.

The police also point out that 80 per cent of break-ins occur during the day when people are usually out working. "Bandits who break in while people are home, do so for the thrill," said the sergeant.

There are many scams to find out if any one is home, said Whiteside. "They phone, or pretend to be delivering a package, or look to see if the mail or newspaper are picked up," he said. "They don't just hit you. The watch the home for two or three days,



Sergeant Bill Whiteside

looking for patterns."

Thieves also know what are in the houses by the garbage. "The VCR and television boxes announce to thieves what's in the house," said Whiteside. "Lot of people also advertise what they own by leaving the curtains open."

Sgt. Whiteside, reluctant to pinpoint who the bandits are, and where they're from, would only say the greater percentage is under 30." And although local crimes are usually committed by local kids, there are a lot from places like North York who come down and do their dirty work because they don't want to be caught in their own area."

Crime Prevention Officer Constable Copeland who works with their Neighborhood Watch Committee, is more specific, however. He said the "little bandits" are as young as 12 and 14, but that the average age is 17 or 18.

These are amateurs, he added. They deal in petty thefts, with the average break in netting \$3,500.

"The kids live fairly close to the area," he explained. "But it's usually not the kid next door. These little bandits know we operate, they go a few blocks away so it's harder to nab them."

A meeting of the Neighborhood Watch Committee will take place at the Ralph Thornton Centre on Tuesday, Feb. 11 at 7:30 pm.

The meeting will discuss the expansion of the Neighborhood Watch program, and Community Relations.

Constable Jim Cockburn and Doug Ord will be present, along with the Community Relations officer Gus Weprajetski.

One block captain Pat Shroeder, emphasizes the importance of this meeting, saying if the program doesn't remain active, the street signs will be removed.

She says a steering committee will be formed to discuss this.

## Carnival a hit, despite weather

Snow, wind and bleak weather weren't enough to keep away the approximately 1,000 people who turned out for the 10th annual Jimmie Simpson Winter Carnival the last weekend of January.

The carnival began on Friday Jan. 24 with a torchlight run by runners from the Jimmie Simpson and Pape Recreation Centres, as well as from Frankland, Woodgreen and the Ralph Thornton Community Centres.

The runners lit a huge bonfire in front of an enthusiastic crowd. Mark Richard, co-chairman of the Jimmie Simpson Advisory Council, lit the snowflake emblem in the lobby of the Jimmie Simpson Centre.

While the adults went on to play bingo, the younger set was entertained by Changing Places Theatre "Circus of the Imagination" Players.

Saturdays activities started with the lighting of the ceremonial bonfire.

Four hundred and fifty people also treated to a pancake breakfast from Golden Griddle Restaurant.

The day also featured a display of animals from Riverdale Farm, as well as pony rides and slo-pitch, monster volleyball and hockey tournaments.



Blinky the Talking Police Car chats with local youngsters at the Jimmie Simpson Winter Carnival. Photo by Ellen Hanbidge

The slo-pitch tournament was won by Humber College, while Frankland and Trin-

ity Recreation Centre grabbed the top prizes for the monster volleyball and hockey tournaments.





Cabbagetown/Riverdale News is a non-profit newspaper serving the Cabbagetown and Riverdale communities. Our thanks to the volunteers who helped in putting together the paper and in the distribution.

**OFFICE:** Ralph Thornton Centre,  
765 Queen St. E. M4M 1H3

**PHONE:** 461-5730

**EDITOR:** Grace Cameron

**ADVERTISING REPRESENTATIVE:** David Dool  
**BOARD OF DIRECTORS:** Moira Armour, Elizabeth Birrell, John Campey, Catherine DeAngelis, Norm Guilfoyle (Dixon Hall representative), Benita Ho, Jim Houston, Peter Meier, Pat O'Dell, Ethel Proulx and Pat Schroeder.

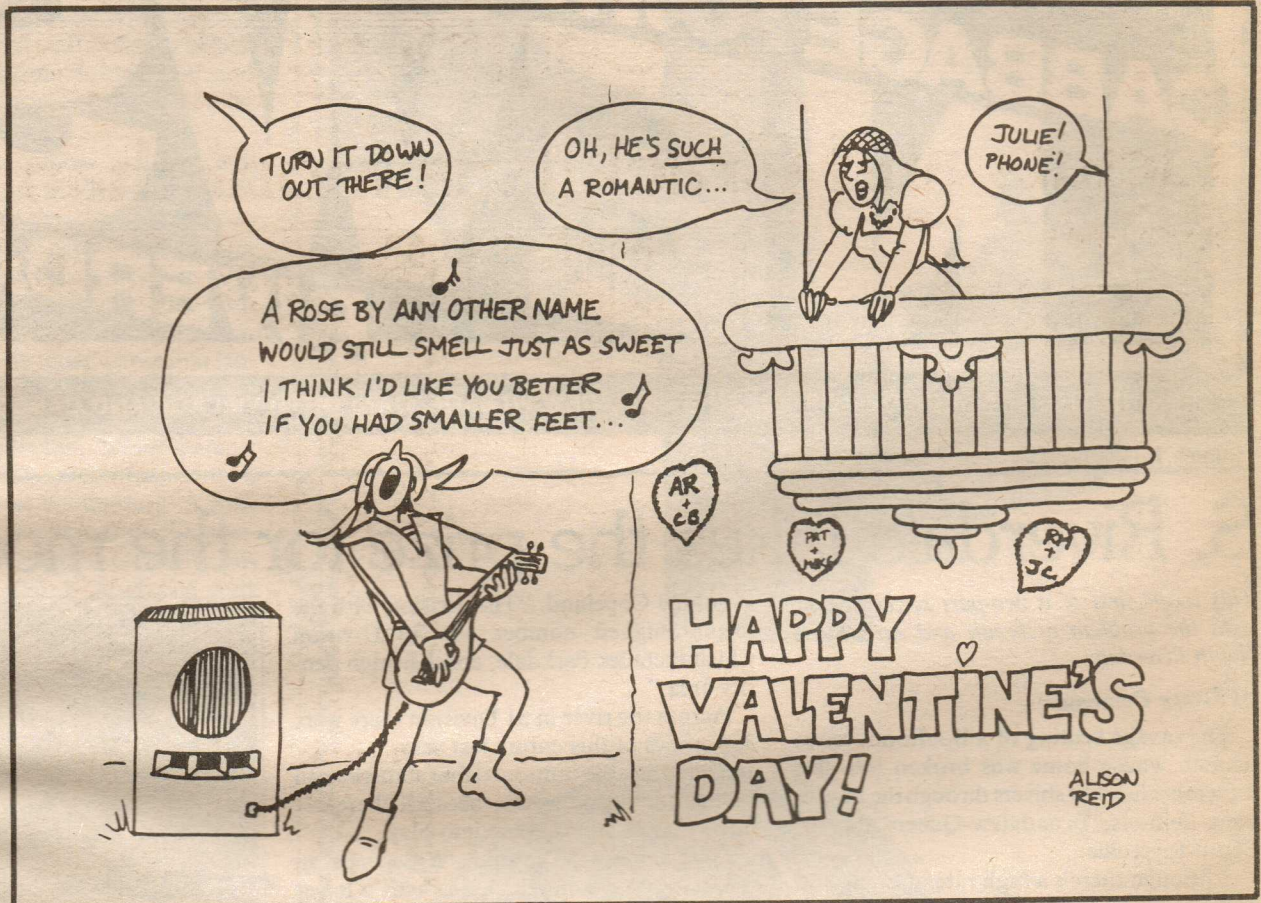
**CIRCULATION:** 15,000

**NEXT ISSUE:** Tuesday, Feb. 18

**DEADLINES:** Editorial- Feb. 11 All material subject to editing.

**Display advertising-** Feb. 11

**Classified and Community Calendar-** Feb. 11



## Helping others, a better resolution for 1986

Here it is, early February, and how many of your new year's resolutions are still alive?

If you're like me, your resolutions usually focus on diet or exercise and while still alive in spirit are a little thin in practice. They're easy to make and easy to break because most of them are just for ourselves.

A better resolution for 1986 might be to give a little something of ourselves to those around us. So while the year is still young, why don't we make a small resolution not to improve ourselves, and not to change the world, but to make our own little corner of it a happier place.

One way—in fact dozens of ways—is to become a volunteer worker for one of the dozens of community service organizations operating right here in Cabbagetown and Riverdale or very close by.

The vicious myth of big city living is that we're just a nameless, faceless, uncaring crowd tucked away in our separate cocoons. We know better in Toronto because our big city is really a lot of small neighborhoods. The strength of our neighborhoods is in our community and service organizations, and their strength is in their volunteers.

There's nothing like a volunteer because there's never enough heartfelt giving, never enough caring in the 9 to 5 world. That's when nerves get frayed, tempers grow short and the needy come to the end of their tether. That's when the organizations that serve them need us. And they need us now!

If this sounds sticky-sweet, remember a few facts:

- Thousands of people already volunteer their time to good causes. And yes, they're busy at home and work, too.
- Governments aren't the first lifeline for people in need; volunteers are. Without volunteers, our city would simply fall apart.
- Don't think of volunteering as working free of charge. You'll get plenty of rewards—from meeting new people to learning a new skill to renewing that old-fashioned feeling you get when you help someone who can't really help him or herself.
- People you can help need it most right now—when the holiday season is just a memory, when money is short, when tempers get frayed, when wives are battered and street kids need a haven.

At the end of this column, I've described five organizations that come immediately to mind. My office also has a long list of other



**SUSAN FISH  
ST. GEORGE M.P.P.**

### POLITICAL CORNER

service organizations in the City. Just call 964-7060 and ask for volunteer information.

**Nellies Hostel**, 275A Broadview Avenue, Toronto, Ontario M4M 2G8. 461-1084.

Service: Temporary accommodation for women, 16 years and over.

**Cabbagetown Community Arts Centre** 435 Parliament Street, Toronto, Ontario M5A 2A2 925-7222.

Service: Drama and music instruction for children and youth.

**Dixon Hall**, 58 Sumach Street Toronto, Ontario M5A 3J7 863-0498

Service: Social and recreational programs for low-income residents; home help for seniors; drop in and counselling centre; shelter for single men.

**Friends of Shopping Bag Ladies**, 416 Dundas Street East, Toronto, Ontario M5A 2A8 928-3334.

Service: Drop-in centre for shopping bag ladies

**Central Neighbourhood House**, 349 Ontario Street, Toronto, Ontario M5A 2V8 925-4363.

Service: Home help for seniors and handicapped; social and recreational programs for teens and adults.

**Political Corner continues on page 8 with a report from the Ward 7 Trustees**

**ST JAMESTOWN STEAK & CHOPS**

**FRESH ROASTING CHICKENS**

**1.29 lb** 3-4 lb average

A fine line of Red Brand Grade "A" meat.

**516 PARLIAMENT ST. 925-7665**

We specialize in freezer orders.

**HARDWARE**  
**NETTLESHIP'S**  
**SINCE 1920**

Window Glass GLAZING Prompt Delivery KEYS CUT

921-3772

576 PARLIAMENT ST. TORONTO

**HOMELIFE CIMERMAN**  
REAL ESTATE LTD. - REALTOR MEMBER

**It's What Everyone's Looking For.**

**B**ECAUSE WE KNOW YOUR AREA SO WELL, YOU CAN BENEFIT.

**WE WILL HELP YOU:**

- understand when to sell
- with advice on preparing your home to "show" well
- negotiate the best price for your home
- with mortgages
- manage your property
- with insurance for your home
- relocate anywhere in Canada

**Call us now for a professional market analysis of your home... there is no cost or obligation whatsoever.**

**CALL 922-5533**



## Community News

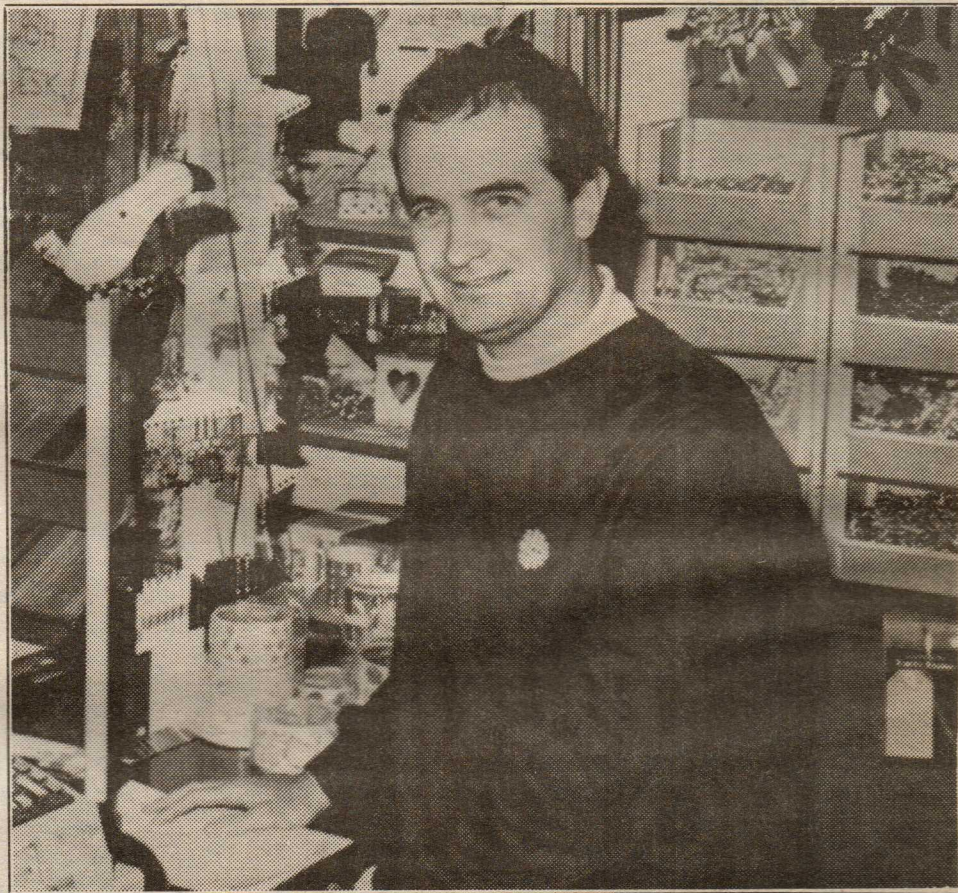
# Lickits and Crackits is more than just a card shop

By Chris Taggart

The big, red, monstrous sign that reads Lickits and Crackits Emporium, above the storefront of 237 Carlton St. is an invitation to people who are looking for unusual and creative paraphernalia. From pink flamingo plungers and colourful, multi-dimensional combination locks to excellent quality stationary, Lickits is more than a card shop. It features the everyday item in innovative and unconventional styles and forms.

It is obvious that David Lovegrove takes his business seriously and has great pride in its inside and outside appearance. He approaches his store with imagination and creativity, which creates a very pleasant and fun atmosphere for his clientele. You will always find David working at a new display or thinking about a new idea, when he has a spare moment. He is very dedicated to his business, and looks at it as a constant challenge. He admits that this type of attitude is important to the independent retailer, who works long hours and who has to compete with larger stores. One must always be looking for new ideas and ways to enhance your store, not only to maintain a steady clientele but also to keep your business self rewarding and enjoyable for yourself.

As owner and operator of Lickits and Crackits for the past six years, and a retailer who has experienced great highs and great lows in one location, Lovegrove maintains a great degree of optimism and confidence about the future. Instead of giving up when his initial idea of a frozen yoghurt ice cream failed back in 1982, he introduced major



David Lovegrove is a proud and dedicated businessman.

changes to his store that took him in a new direction. While very disappointed and frustrated over the store's failure to attract a steady and non-seasonal business, he remained dedicated to the idea of owning his

own store in Cabbagetown. A trip to Europe in February of 1982 after closing Lickit's doors provided the inspiration to open a card and novelty store. When he arrived back, he had a friend build him a four foot

wooden display rack to show cards. They took off immediately so he added more cards. Now his store contains 43 cases that display 18 cards each. It was an investment that definitely paid off.

While Lovegrove's business is successful and he plans to expand in new directions and maybe open another store, he also hopes that the overall Cabbagetown business community will also improve and expand so as to foster joint development of all small businesses and make this district a well-respected shopping area. As a member of the Cabbagetown Business Improvement Association (B.I.A.) and an elected board member, he speaks highly of the neighborhood, from a business and community point of view. However, he holds some reservations that are common to many small retailers in the area. First, there is not enough participation of more stores located in Cabbagetown. There should be more involvement, to make it a united or joint effort of all retailers to enhance the commercial development of the area.

Lovegrove mentions the possibility of encouraging large developers to come into the area, and invest in changes which would bring in new stores. As he says, restaurants and delis cater to a select clientele, who are not necessarily conducive to the general retail business. He would like to see more stores open that are significantly indicative to retail.

Lovegrove is also hopeful that the aesthetic quality of the business district can be improved through decoration and other changes, to make it more appealing to the great mixture of people in the neighborhood.

---FEBRUARY SPECIALS---FEBRUARY SPECIALS---

### DOWNSTAIRS LUNCH

*"Where good food and great times are made"*

ON GEORGE'S MAIN FLOOR.  
(LOUNGE)

(ITALIAN & DELI FOODS)

**FIXED PRICE DINNER SPECIAL**

SOUP OR CHEF SALAD  
SHISHKEBOB WITH RICE  
ICE CREAM \$6.95  
TEA OR COFFEE

---

ANY 11" PIZZA  
WITH YOUR CHOICE OF FOUR  
TOPPINGS:

REGULAR \$7.50  
TUESDAY NIGHTS ONLY \$4.50

---

**"PASTA NITE"**

TUESDAY NIGHTS ARE  
**"PASTA NITE"**  
IN GEORGE'S JAZZ ROOM.

*Enjoy delicious pasta,  
hear great music and pay less!*

GEORGE'S

FEB. 3 - 8  
MOE KOFFMAN QUINTE

FEB. 10 - 15  
EUGENE AMARO QUARTET

FEB. 17 - 22  
JOE SEALY QUARTET

FEB. 24 - MAR. 1  
DOUG RILEY QUARTET

DELIVERY SPECIAL  
ORDER 3 OF ANY  
ITEM & THE  
4TH  
IS  
FREE! 923-9887

(DELIVERY MENU)  
**FREE DELIVERY**

**SPAGHETTI HOUSE**  
290 DUNDAS ST. EAST, TORONTO, ONT. M5A 1Z9

## Cabbagetown Bath Shoppe



**503 Parliament  
Just north of Carlton  
Phone: 921-1234**

# SALE

**Spirella Curtains 50% off**  
**100% Cotton Towels \$15 each or 2 for \$20**  
**Green apple soap 99¢ with every \$10 purchase**





Dean Bernhard is a member of the group Mystique, which makes up part of Dixon Hall project Black Perspectives. The two years project is helping to foster a sense of pride in black heritage in Regent Park.

## Black Perspectives: a bit of black culture in the Park

By Grace Cameron

Among the grey factory buildings, warehouses and smokestacks on Eastern Ave. at the bottom of Broadview is an unimposing brown and grey two-storey building looking like the others around it.

The difference between this, 353 Eastern Ave. at the others lies in its basement—the studio of Black Perspectives.

The scantily furnished rooms are witness to the collage of poetry and literature mingling with the sounds of the clarinet, tin flute and recorder under the guise of People of Promise, part of the make up of Black Perspectives.

The mellow sounds of the blues, reggae, jazz and the more contemporary funk music also emanates from this underground studio at least thrice weekly, three or four hours at a stretch, from the instruments of Black Perspectives' other musical group Mystique.

Black Perspectives, a mosaic of black culture, is a program of Dixon Hall Community Centres. It's the brain child of former co-ordinator Charles Smith and a few black parents in Regent Park who were concerned about their children's lack of knowledge about their background.

Says Smith, a Dixon Hall employee for two years before heading Black Perspectives in 1984: "The cultural influences that are African are not coming through, and parents were concerned that their children knew nothing about their origin."

This concern prompted Smith and a number of parents to develop a proposal which resulted in a \$10,000 grant from Canada Council.

Now funded by the department of Citizenship and Culture, the project has become a forum for promoting black heritage in the community and throughout the city. The musical groups People of Promise and Mystique have performed in clubs such as the Bamboo and the Rivoli.

Black Perspectives has also held several forums discussing black culture and has published a book of poetry by and about blacks in Canada.

Twenty two year old Trevor Cole, a Regent Park resident has been with the project since the beginning. He plays with the group Mystique, believes he's gotten more than just a musical education from the program.

"When I came to this program I didn't know anything about black people who've contributed to society," he says. "For example, I didn't know anything about Martin Luther King and how much he's helped blacks."

He points to a small, five-shelf bookcase, one of the few pieces of furniture adorning the studio, filled with books on black culture and sociological studies of blacks.

Although he admits to not reading much, Cole says his sister has taken home some of the books.

A high school dropout, Cole, encouraged by people like Smith and Black Perspectives' musical director Maurice Gordon, is now participating in the Ontario government's Futures program and is taking upgrading courses at George Brown College.

A slight-figured, soft spoken young man, Cole says he wants to pursue a business career. His voice takes on a dreamy quality as he adds, "this is a really big goal for me because before I didn't do that well in school."

Cole reckons a business career would enable him to help his mother who wants to open a store. "I want to help my mother," he said simply. "She's my biggest motivator, she gets me going."

Musical director Maurice Gordon, believes the discipline the participants learn in the program will help them throughout their lives.

Gordon says he stresses the value of education to the group members of Mystique who range in age from 14 to 23. Group members of People of Promise are older.

Black Perspectives has become a core part of the Dixon Hall's programs. Youth department co-ordinator Coreen Gilligan, says the project was recently evaluated, and "we believe what's going on is good," she says.

Gilligan adds that the project "recognizes the culture and talent in low income communities like Regent Park that are seldom recognized and developed."

Despite such endorsements and the success of the two musical groups, former co-ordinator Smith, does not believe the program is an "overwhelming success." He believes the important object of opening up Dixon Hall to blacks which account for about half the population of Regent Park is not being properly met.

There's a "perception problem, and a spatial problem," he adds, pointing out that since its inception Black Perspectives has

always been situated outside the community. Only about half the participants are from Regent Park.

"That takes away a little from opening up the agency to blacks."

Smith also believes the program will have to be re-examined and the decision made to broaden the concept, focusing not only on the groups "which tend after a while to be exclusive," he says.

For the time being though, far away from these thoughts, Mystique members and Gordon are getting ready for another session as they test and tune their instruments on a grey and cold Saturday afternoon.

## Regent Pk. Video workshop

By Grace Cameron

Traditional recreational activities may be fine for some community youth leaders, but not for Coreen Gilligan.

Gilligan, director of Dixon Hall Community Centre's children and youth department, has initiated a video workshop which has captured the attention and imagination of some young people in the Regent Park area.

A year and a half ago when she started at the centre located at Queen and Sumach Sts., Gilligan felt the need to "do something different" to interest youths who were bored by the traditional programs and were staying away in droves.

She hit on the idea of video workshops because there are "so many interesting things in Regent Park and I wanted to document them," she said. Plus, kids are very much into video.

With a grant of \$7,000 from the Secretary of State for Youth under the International Youth Year program, and another \$2,000 from the city's Parks and Recreational Department, the Regent Park video workshop got its start.

The group has so far produced a short

rock video and two documentaries. Gilligan said she wants to get into more issue oriented videos, however, in order to develop a political sense in the young people taking part.

The fourth video, to be produced in collaboration with East End Literacy, delves into the kind of topic Gilligan wants these young people to think about.

The piece will tackle illiteracy, its cause, the role of the school system and the connections between illiteracy and racism and poverty.

"We're trying to raise some questions and find the answers," she said. "For example, why do only five per cent of the kids from Park School (located in Regent Park) go on to university, whereas in Rosedale it's 100 per cent."

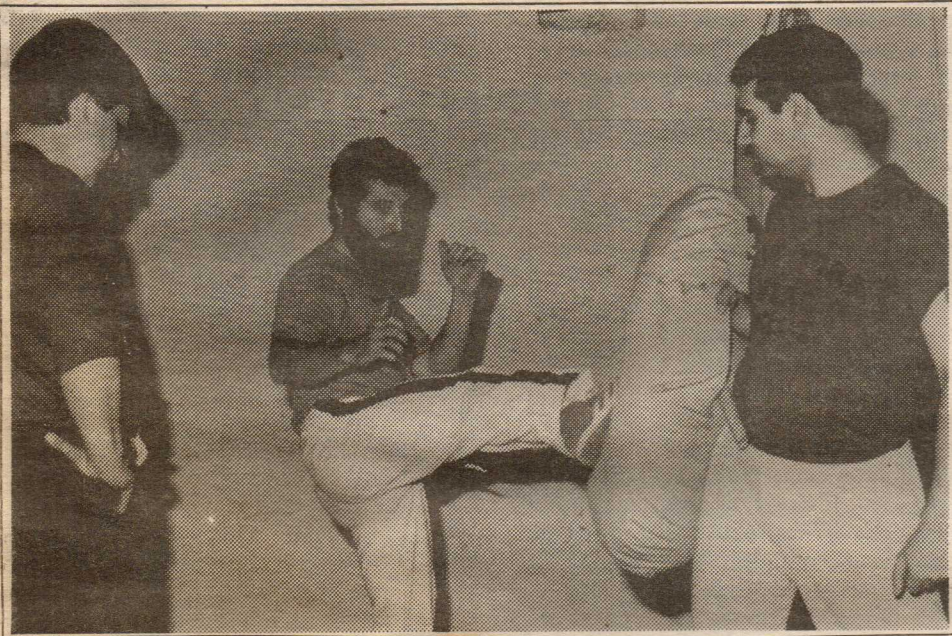
Topics and questions like these force participants, ranging from their late teens to early twenties, to look at problems and start making connections with the system, Gilligan believes.

She calls this process consciousness raising, because young people start to see how politics and government decisions affect their everyday life.

Continued on page 7



# Sports



Rob Seaton demonstrates one of the techniques of martial arts being taught in C.Y.C.

## An exercise in self defense

By Chris Taggart

The Cabbagetown Youth Centre has added a new activity to its 1986 program. A fitness class, every Tuesday and Thursday nights, from 7 pm to 8:30 pm, led by instructor Rob Seaton. While the program is geared towards

fitness, with basic exercises that work on the cardio vascular, flexibility and strength, there are also some unique features that separate it from regular aerobics classes offered at other gyms.

As a martial arts specialist, former member

of the Metro Police and past instructor of self defence at Police College, Rob Seaton has developed a unique program that involves the combination of fitness with the teaching of basic martial arts skills, selected from Judo, Karate and Boxing. It is designed to be physically challenging, but at the same time easy to grasp the basic techniques of self defense, which enhance your ability to handle a physically threatening situation. His method is geared to the individual's level of fitness, and therefore his class has ongoing membership. Most of the techniques are adaptable to different threatening situations.

The class involves a half hour of aerobics, and one hour of technique and skills demon-

stration and practise, with all of the exercises geared to enhance the skills of self defense. This class is open to everyone, men and women, young and old, boys and girls, for a very inexpensive fee. For more information visit the Cabbagetown Youth Centre located at 2 Lancaster Ave.



# FOR THE INFORMATION OF TENANTS AND LANDLORDS

Bill 77 was recently passed by the Ontario Legislature, setting a 4% rent review guideline for any rent increase since August 1, 1985 for private rental units occupied prior to January 1st, 1976.

This guideline applies unless the Residential Tenancy Commission approves a higher increase.

For more information about how this legislation affects you, please contact the Residential Tenancy Commission Office nearest you (as listed below), or dial "O" and ask for Zenith 9-6000 (toll-free).

### Residential Tenancy Commission Offices

- |                                       |   |
|---------------------------------------|---|
| <b>Barrie</b><br>(705) 737-2111       | <b>St. Catharines</b><br>(416) 684-6562 |
| <b>Hamilton</b><br>(416) 528-8701     | <b>Sudbury</b><br>(705) 675-4373        |
| <b>Kingston</b><br>(613) 547-2244     | <b>Thunder Bay</b><br>(807) 475-1595    |
| <b>Kitchener</b><br>(519) 579-5790    | <b>Timmins</b><br>(705) 264-9555        |
| <b>London</b><br>(519) 673-1660       | <b>Windsor</b><br>(519) 253-3532        |
| <b>Mississauga</b><br>(416) 270-3280  | <b>Metro Toronto</b>                    |
| <b>North Bay</b><br>(705) 476-1231    | <b>East York</b><br>(416) 429-0664      |
| <b>Oshawa</b><br>(416) 723-8135       | <b>Etobicoke</b><br>(416) 236-2681      |
| <b>Ottawa</b><br>(613) 230-5114       | <b>North York</b><br>(416) 224-7643     |
| <b>Owen Sound</b><br>(519) 376-3202   | <b>Scarborough</b><br>(416) 438-3452    |
| <b>Peterborough</b><br>(705) 743-9511 | <b>Toronto</b><br>(416) 964-8281        |

Further legislation has been introduced to reform rent review for all private rental housing, including those units occupied after January 1, 1976. This legislation is presently being considered by the Ontario Legislature.



## East Toronto Mixed Volleyball

### LEAGUE STANDINGS (AFTER 7 WEEKS)

	MP	MW	ML	GW	Points
1. Sports Fanatic	7	7	0	14	21
2. Frankland	6	6	-	12	18
3. Raiders	6	6	-	12	18
4. Ad Ball	7	6	1	12	18
5. Apples	7	4	3	9	13
6. I.B.I. Groupies	7	4	3	9	13
7. Clifton House	7	4	3	8	12
8. Fabulous Moolahs	7	3	4	8	11
9. Norr Group	7	3	4	8	11
10. To Come Later	6	3	3	7	10
11. Eagle Beaver	6	3	3	7	10
12. Sun Alliance	7	2	5	4	6
13. Pape	7	1	6	4	5
14. First City Trust	7	1	6	2	3
15. Thursday Nite Stars	7	1	6	2	3
16. Queen Streeters	7	0	7	2	2



*our computers are here!*

We have received shipment of 10 BBC Acorn computers from the Ontario Ministry of Culture and Recreation. We've built them a room and we're getting organized to make them available to Dundas and St. Anne's schools during the school day, and to the community-at-large after school and in the evenings.

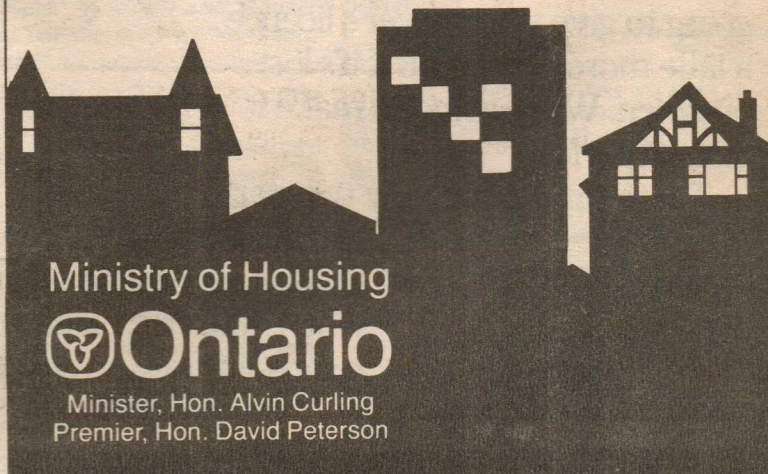
## Ralph Thornton Centre

765 QUEEN STREET EAST AT SAULTER  
TORONTO, ONTARIO M4M 1H3 461-6311

- I am interested in hearing about computer courses:  
 absolute beginner  some knowledge  advanced   
 I would be interested in booking time on a computer:  
 daily  weekly  occasionally   
 I would like to volunteer to teach computers   
 word processing   
 I would come to a meeting to plan how to organize the  
 Ralph Thornton Computer Centre

Name: \_\_\_\_\_ Phone No.: \_\_\_\_\_

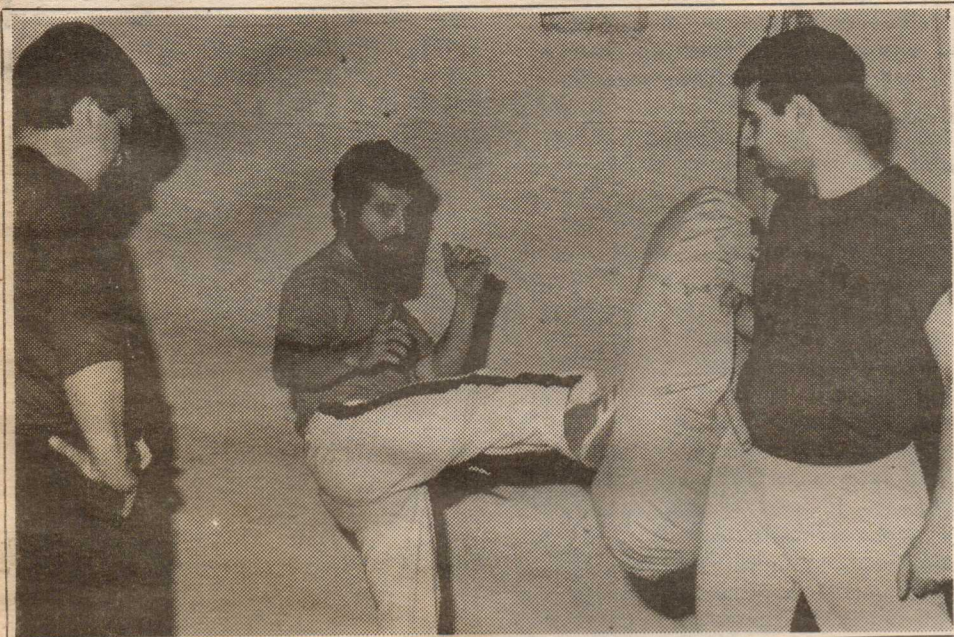
Address: \_\_\_\_\_



Ministry of Housing  
**Ontario**  
 Minister, Hon. Alvin Curling  
 Premier, Hon. David Peterson



# Sports



Rob Seaton demonstrates one of the techniques of martial arts being taught in C.Y.C.

## An exercise in self defense

By Chris Taggart

The Cabbagetown Youth Centre has added a new activity to its 1986 program. A fitness class, every Tuesday and Thursday nights, from 7 pm to 8:30 pm, led by instructor Rob Seaton. While the program is geared towards

fitness, with basic exercises that work on the cardio vascular, flexibility and strength, there are also some unique features that separate it from regular aerobics classes offered at other gyms.

As a martial arts specialist, former member

of the Metro Police and past instructor of self defence at Police College, Rob Seaton has developed a unique program that involves the combination of fitness with the teaching of basic martial arts skills, selected from Judo, Karate and Boxing. It is designed to be physically challenging, but at the same time easy to grasp the basic techniques of self defense, which enhance your ability to handle a physically threatening situation. His method is geared to the individual's level of fitness, and therefore his class has ongoing membership. Most of the techniques are adaptable to different threatening situations.

The class involves a half hour of aerobics, and one hour of technique and skills demon-

stration and practise, with all of the exercises geared to enhance the skills of self defense. This class is open to everyone, men and women, young and old, boys and girls, for a very inexpensive fee. For more information visit the Cabbagetown Youth Centre located at 2 Lancaster Ave.



# FOR THE INFORMATION OF TENANTS AND LANDLORDS

Bill 77 was recently passed by the Ontario Legislature, setting a 4% rent review guideline for any rent increase since August 1, 1985 for private rental units occupied prior to January 1st, 1976.

This guideline applies unless the Residential Tenancy Commission approves a higher increase.

For more information about how this legislation affects you, please contact the Residential Tenancy Commission Office nearest you (as listed below), or dial "O" and ask for Zenith 9-6000 (toll-free).

### Residential Tenancy Commission Offices

- |                                       |   |
|---------------------------------------|---|
| <b>Barrie</b><br>(705) 737-2111       | <b>St. Catharines</b><br>(416) 684-6562 |
| <b>Hamilton</b><br>(416) 528-8701     | <b>Sudbury</b><br>(705) 675-4373        |
| <b>Kingston</b><br>(613) 547-2244     | <b>Thunder Bay</b><br>(807) 475-1595    |
| <b>Kitchener</b><br>(519) 579-5790    | <b>Timmins</b><br>(705) 264-9555        |
| <b>London</b><br>(519) 673-1660       | <b>Windsor</b><br>(519) 253-3532        |
| <b>Mississauga</b><br>(416) 270-3280  | <b>Metro Toronto</b>                    |
| <b>North Bay</b><br>(705) 476-1231    | <b>East York</b><br>(416) 429-0664      |
| <b>Oshawa</b><br>(416) 723-8135       | <b>Etobicoke</b><br>(416) 236-2681      |
| <b>Ottawa</b><br>(613) 230-5114       | <b>North York</b><br>(416) 224-7643     |
| <b>Owen Sound</b><br>(519) 376-3202   | <b>Scarborough</b><br>(416) 438-3452    |
| <b>Peterborough</b><br>(705) 743-9511 | <b>Toronto</b><br>(416) 964-8281        |

Further legislation has been introduced to reform rent review for all private rental housing, including those units occupied after January 1, 1976. This legislation is presently being considered by the Ontario Legislature.



## East Toronto Mixed Volleyball

### LEAGUE STANDINGS (AFTER 7 WEEKS)

	MP	MW	ML	GW	Points
1. Sports Fanatic	7	7	0	14	21
2. Frankland	6	6	-	12	18
3. Raiders	6	6	-	12	18
4. Ad Ball	7	6	1	12	18
5. Apples	7	4	3	9	13
6. I.B.I. Groupies	7	4	3	9	13
7. Clifton House	7	4	3	8	12
8. Fabulous Moolahs	7	3	4	8	11
9. Norr Group	7	3	4	8	11
10. To Come Later	6	3	3	7	10
11. Eagle Beaver	6	3	3	7	10
12. Sun Alliance	7	2	5	4	6
13. Pape	7	1	6	4	5
14. First City Trust	7	1	6	2	3
15. Thursday Nite Stars	7	1	6	2	3
16. Queen Streeters	7	0	7	2	2



*our computers are here!*

We have received shipment of 10 BBC Acorn computers from the Ontario Ministry of Culture and Recreation. We've built them a room and we're getting organized to make them available to Dundas and St. Anne's schools during the school day, and to the community-at-large after school and in the evenings.

## Ralph Thornton Centre

765 QUEEN STREET EAST AT SAULTER  
TORONTO, ONTARIO M4M 1H3 461-6311

- I am interested in hearing about computer courses:  
 absolute beginner  some knowledge  advanced   
 I would be interested in booking time on a computer:  
 daily  weekly  occasionally   
 I would like to volunteer to teach computers   
 word processing   
 I would come to a meeting to plan how to organize the  
 Ralph Thornton Computer Centre

Name: \_\_\_\_\_ Phone No.: \_\_\_\_\_

Address: \_\_\_\_\_

Ministry of Housing  
**Ontario**  
 Minister, Hon. Alvin Curling  
 Premier, Hon. David Peterson



# Regent Park video workshop

From page 4

It also shows them "how to fight back," she believes. "Because they learn where to go for help and the resources available to them."

Although there's only a small core group participating, there are usually between 20 and 30 people, more than half of whom are black, participating in the production.

The young people involved learn to write, interview, edit, use a video camera and make collective decisions.

"This is not going to get them jobs as the world's biggest film makers, but it gives them skills they might not otherwise have gotten the opportunity to learn."

The cost of producing the four videos total \$13,000 approximately \$4,000 more than the total of the grants. The reality of the expense involved hasn't phased Gilligan and her group, she has decided to do two more videos, expanding on the theme of illiteracy if a grant application for \$10,000 from Canada Council is approved.

In the meantime, Gilligan continues searching for ways of raising the consciousness of the participants.

## Classifieds

### VOLUNTEERS

**VOLUNTEERS ARE URGENTLY** required at Dixon Hall, a neighbourhood Social and Family Service Centre, located at Queen & Sumach Streets, to assist with "Friendly Visiting & Telephone Reassurance" calls to Senior Citizens. The voice of a friend and the opportunity for conversation can dispel loneliness and boredom, in addition & contributing an element of security for the Older Adult living on their own. Get involved. Call Denise at 863-0498.

**SPARE TIME? VOLUNTEER.** Woodgreen Community Centre needs volunteers to assist with senior's programs, daycare, mental health services and meals on wheels. Call Diane at 469-5211, ext. 143 if you're interested.

**VOLUNTEERS TO TUTOR** Math and English are needed by the YWCA of Metropolitan Toronto for its academic upgrading programs for women. If you can help, call Francie Storm, YWCA Volunteer Coordinator, at 961-8100.

**BOYS AND GIRLS CLUB** of Downtown Toronto requires Volunteers for a large variety of programs including theater, co-ordinating our annual Talent Show, running a gym program for 4-6 year olds and many more possibilities.

If you have a special interest or hobby and have the time to spend with a small group of children please give us a call at 367-0648.

**VOLUNTEER SERVICES** Metropolitan Toronto Association for Mentally Retarded needs volunteers to help people living in east end group homes. If you enjoy people and are interested in involving an adult in community activities call 968-0650.

### HELP WANTED

Part-time help wanted for a retail shop. Excellent working conditions. Must be willing to work weekends. Send applications to:

Part-time Help  
c/o The Cabbagetown-Riverdale News  
765 Queen St. E.  
3rd Floor  
Toronto, Ont.  
M4M 1H3

**THE BOYS AND GIRLS CLUB** of downtown Toronto requires part time staff for the following positions.

1. Junior Gamesrooms Worker: responsible for planning and implementing programs for 4-6 year old children. Hours are Monday-Friday 6:00 - 8:00. All applicants must be 16 years or over.
2. Swim Instructors: Two positions available to supervise swimming pool Monday-Tuesday evenings from 6 to 9 pm. Applicants must have Bronze Cross.
3. P.D. Day Program Worker: Responsible for planning and implementing programs from 9 am to 4 pm on P.D. Days (which are the days when there is no school for public school students). Any individuals interested please phone Gayle at 367-0648.

### WORLD WIDE BOOKS AND MAPS

780 Queen Street, East  
Toronto, Ontario  
Phone (416) 462-1014

949 Granville Street  
Vancouver B.C. V6Z 1L3  
Phone (604) 687-3320

- Topographic Maps
- Marine Maps
- Travel Books
- International Maps
- Road and City Maps

**HOMEMAKER POSITIONS AVAILABLE** To assist elderly and disabled persons in their homes with housekeeping and personal care. Call Dianne or Linda at Central Neighbourhood House, 925-4363 or, drop-in at 349 Ontario St. just north of Dundas between 9-5.

### The Epicure Shop

Party Trays to Order - Assorted Cold Cuts  
Domestic & Imported Cheese  
Full Selection of Fresh Coffee Beans

(416) 928-0291

473 PARLIAMENT STREET  
TORONTO, ONTARIO  
M5A 3A3

TONY & PATTY JUNIOR

# TORONTO GROCETERIAS

"TOP QUALITY MERCHANDISE" "EVERYDAY LOW DISCOUNT PRICES"

466-2301

760 QUEEN ST. E.

466-2464

KRAFT PEANUT BUTTER

**99¢** 500 ml JAR

DUTCH MILL HOT CHOCOLATE

**10¢** pkg  
SWEETENED WITH NUTRASWEET

THIS WEEK'S SUPERSPECIAL

KRAFT DRESSINGS

**49¢** LGE 500 ml BOTTLE

FRENCH, ITALIAN, COLESLAW, CATALINA, CUCUMBER

LOCAL DELIVERY AVAILABLE  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

FRESH GROUND COFFEE

**1.99** POUND  
454 g PKG

ROB ROY PINK RAINBOW TROUT

**99¢** 200 g TIN  
IMPORTED FROM SCOTLAND

WOODBURY FACIAL SOAP

**4** 90 g BARS **1.00**

MARLBORO TOILET PAPER

**99¢** FOUR ROLL PKG

HABITANT PEA SOUP

**69¢** 14 ounce TINS

DAD'S APPLE 'N OATMEAL COOKIES

**79¢** 250 g PKG

LYNN VALLEY YELLOW BEANS

**3** 14 ounce TINS **1.00**

CHEF BOY-AR-DEE ABC's and 1 2 3's

**69¢** 14 ounce TIN

JUBILEE ASSORTED COLD MEAT

**79¢** 375 ml PKG

KRAFT JET PUFFED MARSHMALLOWS

**39¢** 250 g BAG

LYNN VALLEY WHOLE CARROTS

**69¢** 14 ounce TIN

HEINZ TOMATO JUICE

**39¢** 10 ounce TINS

RAGU SPAGHETTI SAUCE

**79¢** 500 ml BOTTLE

JUBILEE SLICED SIDE BACON

**1.99** 500 g PKG

LADY GAY SHAMPOO

**69¢** 500 ml BOTTLE

GRAPE JAM

**99¢** 750 ml BOTTLE



# Trustees focus on the issues

FRAN ENDICOTT  
AND PAM MCCONNELL  
WARD SEVEN TRUSTEES,  
TORONTO BOARD OF EDUCATION

In the ten weeks since the municipal elections, we have been working to protect the progressive policies and programs of the Toronto Board, against the attempts by the right-wing "Positive Alternative" coalition to dismantle them, and to return Toronto education to the 1950's. Our concerns have been focused, initially, around these issues:

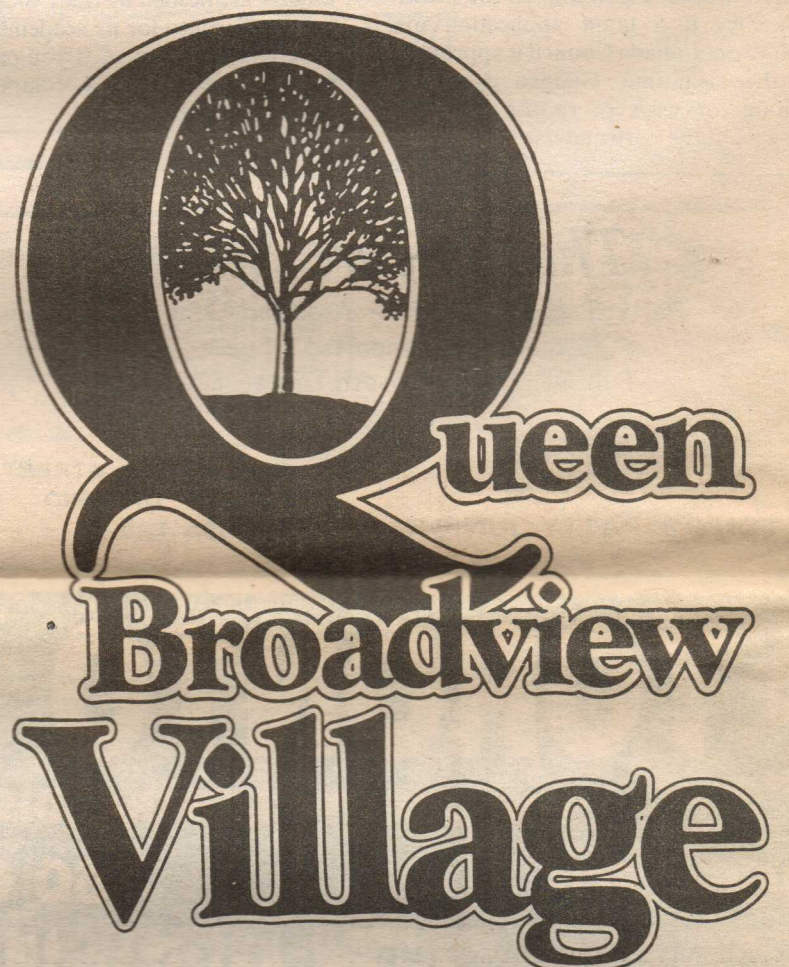
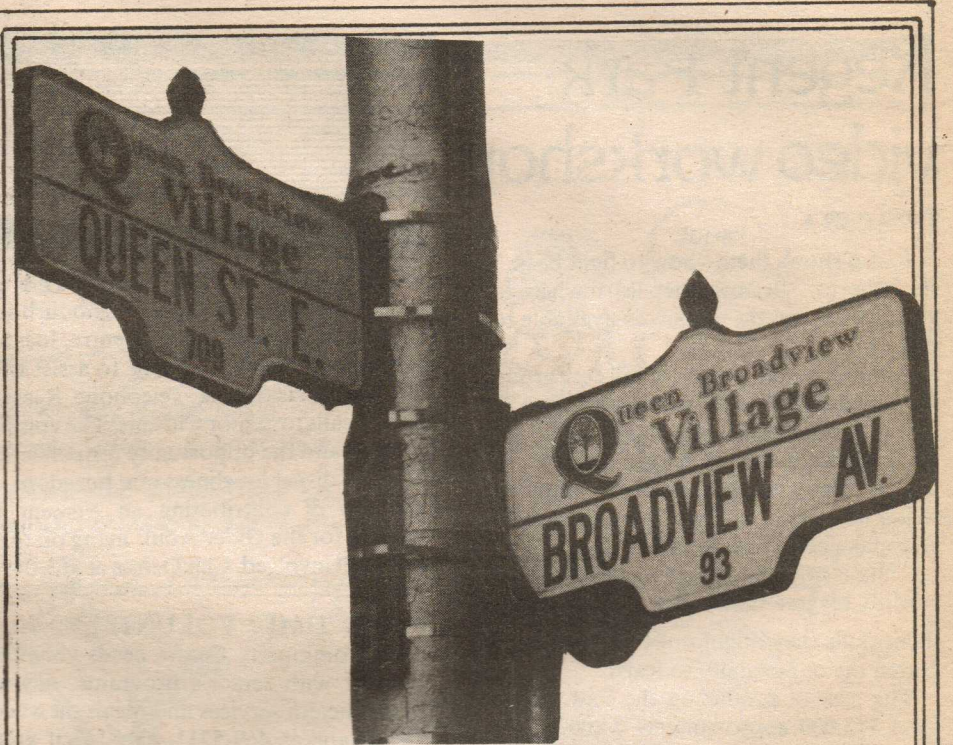
At the January Board meeting, the "Positive Alternative" trustees voted to freeze the funds which had been allocated for the Board's Adult Literacy program. Both of us, along with our colleagues in the NDP caucus, strongly opposed this move. The Literacy program, designed to meet the needs of the one in four Torontonians who has difficulty reading and writing, had been approved unanimously by the past Board. Now that the election is over, the right-wing trustees are unwilling to put their money where their mouth was. We will continue to work to see that the money is made available for this program as quickly as possible, so that this crucial program can get started.

Other items which were "frozen" by the

right were renovations to kindergarten playgrounds, multicultural textbooks for public school libraries, playground equipment, and the student program worker for the race relations program.

We are working to combat the proposals coming from the right which would curtail parent involvement in the education system. One proposal is that the School Community Relations department be cut back or radically altered. This department has been instrumental in increasing the involvement of parents, particularly those whose first language is not English. Another such proposal is a bylaw change put forward by Trustee Nola Crewe, which would exclude parents who sit on Board committees from voting for the Chair of those committees. A proposal to shift Board meetings from the evening to daytime will need to be carefully considered to ensure that it does not hurt parents' ability to attend and participate in the workings of the Board.

We look forward, over our term of office, to continuing our work with parents, teachers, students in our Ward to provide the best possible education for all students in the city, you can reach us at the Trustees Office (155 College Street, Toronto, Ontario M5T 1P6) or by phone at 591-8039.



## TORONTO OPERA REPERTOIRE

Announces its 1986 Season:

THE BARBER OF SEVILLE by Rossini  
February 5, 9 15, 21

CARMEN by Bizet  
February 7, 12, 16, 22

SUOR ANGELICA and GIANNI SCHICCHI by Puccini  
February 8, 14, 19, 23

Central Tech Theatre  
Evening performances are at 8 p.m., Sunday matinees are at 2 p.m.

Subscription: \$20.00 Single Tickets: \$7.50  
Students Seniors: \$5.00

TO ORDER TICKETS call TICKETRON 872-1212

For additional information: 444-7003

Supported by the Toronto City Opera and the Toronto Board of Education

Talk is  
cheap.

Adver-  
tise  
here

Call

461-5730

# DIRECTORY

### Fine Foods

#### The Epicure Shop

Party Trays to Order - Assorted Cold Cuts  
Domestic & Imported Cheese  
Full Selection of Fresh Coffee Beans

(416) 928-0291

473 PARLIAMENT STREET  
TORONTO, ONTARIO  
M5A 3A3

TONY & PATTY JUNIOR

### Hair Styling

#### city cuts

A great \$6 cut for the whole family!

NO APPOINTMENT NECESSARY

1073 Broadview Avenue  
1 Block North of Mortimer

422-4651

### R & P PAINTERS

- Fair prices
  - Many years experience
  - Free estimates
- 10% OFF FOR SENIORS  
Paul 694-7979  
Rory 466-1037

### Veterinarians

DR. T. McGARRAGLE  
698-3322 698-3838

Metro Animal Hospital  
2646 Danforth Avenue  
Toronto M4C 1L7

### HOUSE CALLS

### DENTURE THERAPY

W. FRANK ROBINSON

2 College St. Ste. 204  
corner Yonge St.

923-7558

Monday to Friday

### ARMSTRONG'S BUTCHERS

Top Quality Meats Groceries  
Fresh Vegetables Freezer Orders

ROB BELLMORE STEVE ARMSTRONG

895 BROADVIEW AVE., TORONTO, ONTARIO M4K 2R2  
TELEPHONE: (416) 466-8691

A Great Place  
to Shop  
Over 100  
shops and services  
to serve you better