

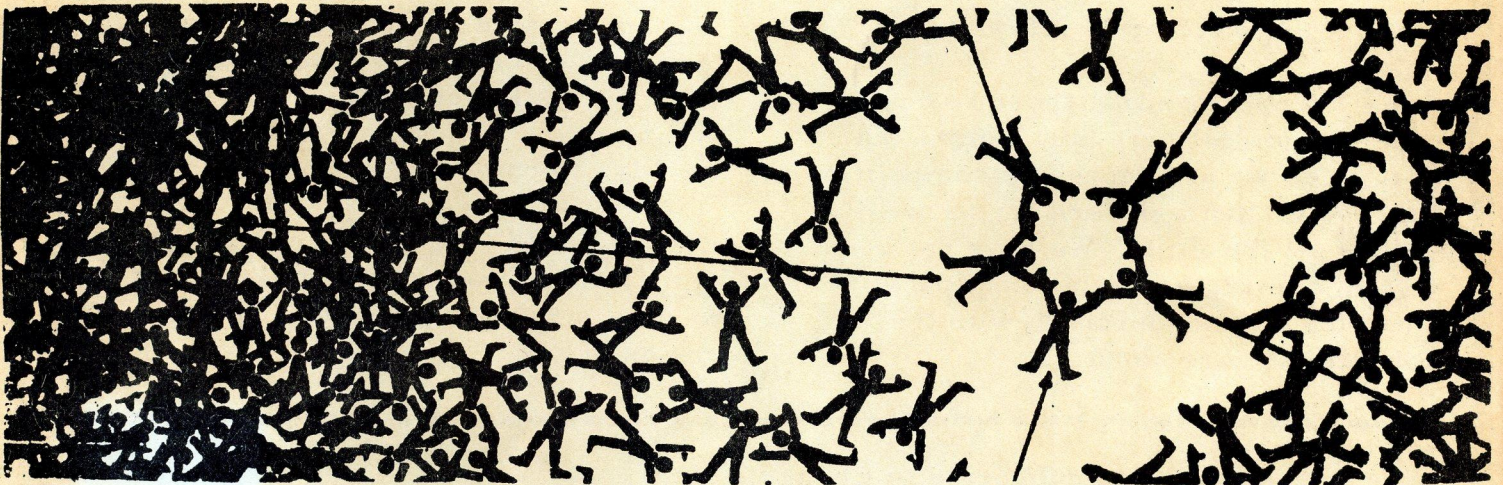
# changing men

monthly paper of  
the men's resource center  
a coalition of changing men

july  
1975

no. 16

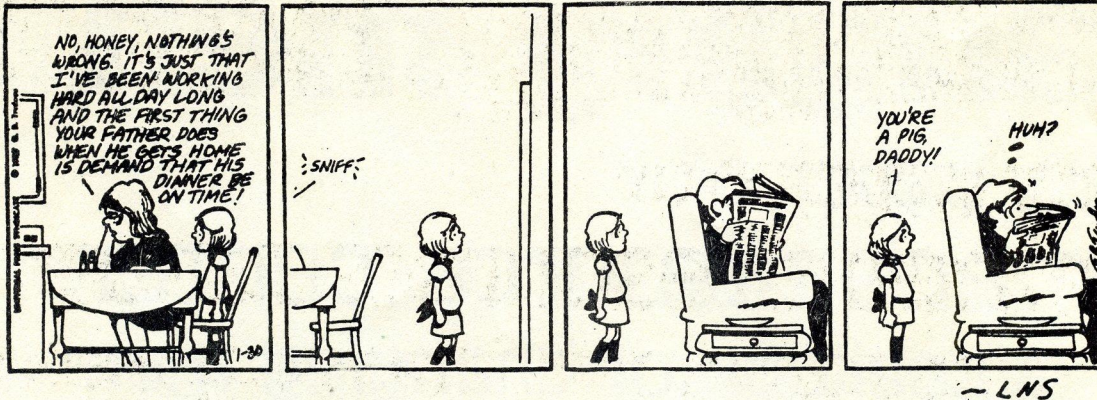
my heart was pounding with anticipation, leaving the potluck and running down telegraph avenue. i was alone. i entered the unitas building and followed the signs down to the narrow basement. my first glimpse of the berkeley men's center; it seemed like a tiny cell in the midst of a buzzing city. comfortable couches, carpets, table and magazines along the wall...and men, waiting for the open rap session to start. i felt scared, i had finally come, after putting it off for weeks. this was the first time i had consciously decided to put energy into men, sharing my thoughts in a men's group. i feel sharing, being verbal in groups is real difficult. my body tenses almost to the point of shivering. yet that night there was novelty and excitement of being with a group of men, talking about ourselves. after months of talking with women friends who gave me much support for my feelings and changing consciousness, i found an outlet to begin doing that with men.



we are beginning an open rap session every other monday night at the men's resource center. this will be a night for men to come and create a supportive environment to share our feelings. we can begin to examine ourselves, the ways we've tried to adjust our feelings to fit into society on the 'outside' while really harming ourselves and feeling uncomfortable 'inside'. having a group to talk with, we may begin to feel we aren't alone and that others have had experiences and feelings similiar to our own. a possibility is that consciousness-raising groups may develop from men coming, but the open rap group is open for men to come anytime and no committment is necessary. if you're interested in coming the first meeting will be july 14th at 7:30, and if you feel butterflies in your stomach, don't let them stop you- i feel them too.....brian



# DOONESBURY



## MEN'S RESOURCE CENTER A COALITION OF CHANGING MEN

The Men's Resource Center is a coalition of changing men working to eliminate sexism in our own lives and in society at large. We are men who believe that we can no longer relate to women as second class persons, either in our personal lives or places of work. We don't claim to have completely translated that belief into action as we have been conditioned (often in subtle ways) since childhood to live out expected male roles.

We believe also that these sex role expectations not only hurt women but hurt us as we are driven by competition, hold in our feelings, and try to be in charge all the time. We have not been able to develop full relationships with other men, with children, with the persons we care about.

The fact that the Men's Resource Center is a coalition means that we consist of men with a variety of viewpoints and concerns. We don't have an ideological line and we don't assume that any given member of the Resource Center will participate in all the activities of the group. We work instead by coming together in small groups to work on the issues that concern us most.

Changing Men is published monthly to keep its subscribers aware of the activities of the Men's Resource Center and to serve as a forum of opinion about sexism and the ways to combat it.

If you would like to receive Changing Men or participate in the activities of the Men's Resource Center, send in the coupon below.

-----

☐ I would like to subscribe to Changing Men.

☐ Enclosed is ☐ to cover costs. (estimated \$5 yearly)

☐ Let me know when your next meeting is.

☐ I would like to join a men's consciousness raising group.

Name  Phone(s)

Address  Zip

Return to: Men's Resource Center  
3520 S. E. Yamhill  
Portland, Oregon 97214



# THE MEN'S RESOURCE CENTER

# MEN'S POTLUCK

## ALL MEN WELCOME

Bring food to share, your own dish and utensils. We'll be doing some singing so bring an instrument too and play along. This is a good time to find out what goes on at the Men's Resource Center. For more information call: 235-3433.

Child care available.

**Chuck Miles' House**  
**2445 N.W. Lovejoy**

**Tuesday, July 8**  
**7 PM**

---

---

## Changing Men Changes

Six of us met June 19 to talk about how to improve Changing Men. Most of the discussion involved possible structural changes that could be made rather than philosophical discussion about the content of articles. Realizing the mixture of points of view and levels of understanding within the organization, it seemed the paper is probably going to continue to reflect that diversity, even though **it's personally** frustrating to see articles that skim the surface of sexism. We felt that if there was a longer timetable for putting out each issue there would be more time to work with authors to strengthen articles.

We decided that for each issue a committee should be formed 6-8 weeks in advance of each issue which would be responsible, at a minimum, for soliciting and typing the articles for the issue. The

Men's Resource Center staff and office volunteers would continue doing reports, items like the calendar, layout and printing as at present. If the committee is so inclined they would be encouraged to take on as much of the layout as they wish.

Richard Harrison, Chuck Miles and Rick Meyers have agreed to work on the July issue. A couple more men are needed. Brian Arnell is working to form a committee for the September special issue (see article).

Other suggestions from the meeting were to encourage letters as opposed to articles. Articles are often seen as definitive statements and can be impersonal, dogmatic, or stilted. More poetry, book reviews and artwork would also be good. In addition, we thought committees may also want to experiment for a while with the format.

Anyone willing to help with the July issue by writing articles, doing artwork or helping with the layout, should call the Resource Center (235-3433) and leave a message for Richard, Chuck or Rick.



# to be "A Man"?

(these thoughts grew out of a discussion group at the May potluck)

High school is supposed to be the time when "boys" become "men." Judging from what the men I went to school with spent most of their time talking about, there were four main

areas in which you could show yourself and your friends that you were "a man:" alcohol, cars, sex, and violence.

Alcohol usually meant getting drunk, not just high. The more you could drink without getting sick or passing out, the more of a "man" you were.

Cars weren't just for mobility, they were for status and excitement. The louder and flashier the car, and the more crazy you drove it, the better.

Sex was for bragging about. Women were objects to conquer, to get pleasure from and to exert power over. Conversation like "Did you get anything off her?" "I really fucked her good, I really put her down," was typical.

Violence often meant fistfights. Doing or withstanding violence was supposed to be the mark of a "man." To be a "sissy" was the worst thing of all. Violence was also part of alcohol, cars, and sex. Showing how much you could drink was doing violence to yourself. "Beating on your car" meant driving it fast, recklessly, and often violently. And sex, of course, was mostly aggression and violence, too.

As a young person in high school, I, too, wanted to find out what being drunk was like, to have sex with women, to learn to drive a car, to be accepted by my peers. But I didn't want to fight, I was afraid of driving, I wanted to get high, not "wasted," and I looked forward to sex as something tender and poetic.

I was afraid to express these thoughts to any but a few of the people I knew. I spent a lot of time feeling sad, lonely, inadequate.

Gradually I found some more people who shared my values, first in the Unitarian church, and then in the "New Left" of the 1960's, the

"hippie counter-culture," and finally in the women's movement and among the men who support it.

Unfortunately, there are plenty of other people in the world, including some Unitarians, leftists, and hippies, who are still into sexism and violence, whether it be verbal or physical. I guess our job is to try to teach more people to see things our way (and to keep looking critically at our own lives).

—Leif Running

## C.R. GROUPS

opening yourself up with other men

it's not easy, it is necessary  
if you want to deal with your feelings  
confront sexist attitudes towards women  
share and trust men instead of

(we've been <sup>competing</sup> re-inforced to do that too long)  
join a men's consciousness-raising group  
call the men's resource center

235-3433

or  
come to the open rap group  
every 2<sup>nd</sup> and 4<sup>th</sup> Monday night  
at 7:30 — all men welcome

help with

## Childcare

- do something to help kids
  - do something to help their mothers
  - do something to help yourself
- kids can teach you a lot!

to volunteer, call

Men Doing Childcare For Feminist Functions

denys or brian 236-4063



# Hello, Man

I came to my first meeting at the Men's Resource Center a couple of months ago unsure about what I wanted to get from the experience. I was attracted by the opportunity to meet other men with common interests, but quickly began to feel that I was not fitting in the way I wanted to. I saw a movement that looked more "radical" than I wanted to be.

I was "coming on" enthusiastic about the Men's Resource Center, so David Easter started asking me to help out on various activities of the Center. I couldn't help but notice that when he got down to specific projects (Saturday Market booth, a N.O.W. benefit) my enthusiasm was suddenly muted. (Gee, David, I'm pretty busy this week.)

Well, I learned a lot this past week about what I want. I don't want to get into "the movement." I don't want to be radical. I don't want to stamp out sexism now! I just want to get my own head straight about men and women. I want to find out how to get around looking at a woman's tits before I look at her as a person. I want to be able to say hello to a strange man without being afraid of him. You see, friends, I am a sexist person by life-long training, but I am not happy about it. I am a changing man, and that is why I came to the Men's Resource Center.

At my consciousness-raising group last week we asked each other what our purpose was in coming to the meetings, and what we wanted to get out of it. I responded that I wanted the chance to meet men in an honest, open atmosphere where I had the chance to experience emotional closeness with other men. Somehow that sounded stilted or maybe idealized, but I couldn't figure out what was missing from that hypothesis.

What was missing was that I was talking, but not acting. We spent an evening intellectualizing about what we wanted to do

about sexism, and at the end of our discussion I was left feeling very unsatisfied. I was not getting what I wanted--emotional contact--even though I had verbalized it several times during the evening.

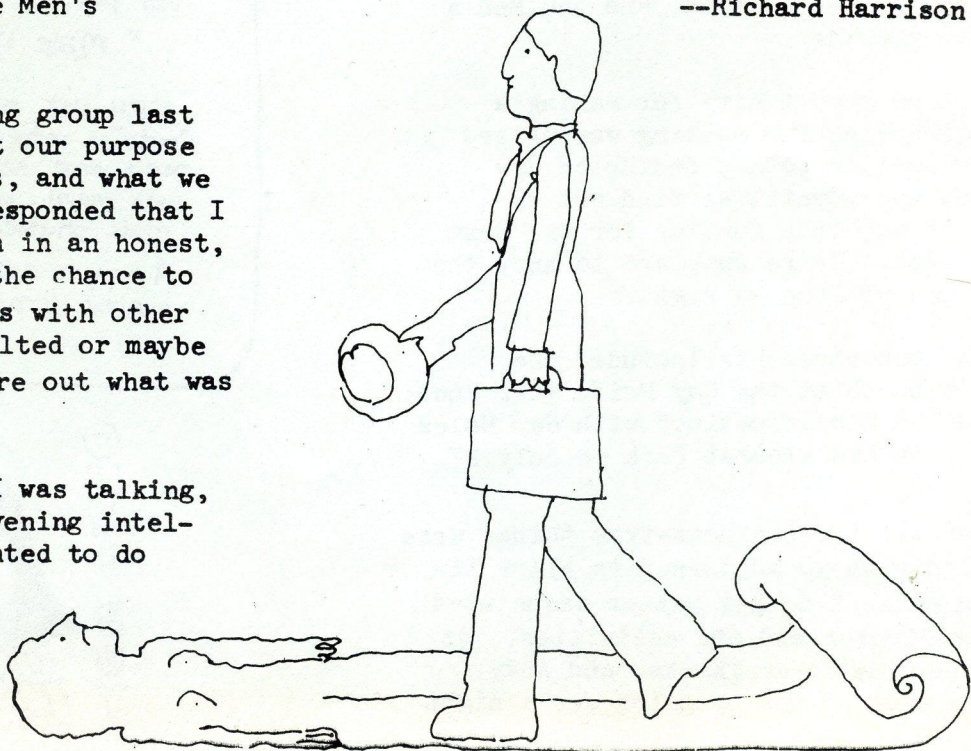
But then I did something right. After the meeting broke up, I approached the man I most wanted to be friends with, asked him for a hug and told him I had very warm feelings for him. Voila! I got what I wanted. A new friend.

## Try a Little Tenderness

But, shucks, that's nothing folks. The next night I went to the monthly pot-luck dinner and did it again. One of the men in our small discussion group was a man I had met a few times and liked, but also feared. So after our discussion was over, I walked up to him and told him I enjoyed talking with him, had felt threatened by him before, but felt more comfortable with him now. He said, "Wow, I'm really glad you said that." Success number two. More hugs.

Now I feel like I fit in at the Men's Resource Center. I now have struck a blow against sexism because I said hello and was not afraid.

--Richard Harrison





# June General Meeting

As usual, we started off the June meeting requesting a facilitator for the July meeting; and again as usual, we all squirmed during the long silence -- until Ray Bogue volunteered for the job -- thanks Ray!

The next agenda item was Danny Lewis telling us about the Bradly Angle House in NE. It is an AFSC sponsored transition house for women who are coming from violent situations. They are presently trying to get it together and may be making requests for materials, food, help, etc. in the future.

The next item concerned a proposed single parents' anti-sexist Resource Center to be housed in the Men's Resource Center. It is a project being started by Jon Woods, Mark Alter and Richard Weatherby to consist of a library, games and list of resource people. Anyone interested in the project should contact Jon, Mark or Richard or the Center.

Next ongoing projects and meetings were announced and discussed including the letter to Gov. Straub encouraging him to establish a special task force on homosexuality, the Saturday market booth, the up-coming CR group meeting, the speakers meeting, the Changing Men meeting, and the Men's Cookbook meeting.

The lone opportunity for making a decision during the meeting was missed when we decided to not decide on how to spend money until we find out the status of our CETA funding for the next fiscal year. We're supposed to know that by the end of June -- right.

Other announcements included the Center's booth at the Gay Pride Fair June 28, and the picnic/potluck with Gay Males Together in Laurelhurst Park on July 27.

After all the business-type things were dispensed with we adjourned to allow the new men present to get better acquainted with the Center and our activities. At the same time Peter Thacker and Andy Clark discussed the upcoming men's night

at Mountain Moving Cafe on June 26 with interested men with the focus being to decide the format (or lack of same) for the evening.

--Bob Eckland

## New Slide Show

A new slide show on masculine roles is evolving. Michael Mathers, Jim Pierson, David Easter, Neil Skutt and Bob Mason have been meeting to share ideas. We've begun to collect pictures and have a first draft of a script so far. If you have pictures which illustrate male roles and could bring them into the Men's Resource Center office, it would speed the process along.

### The Women's Health and Information Project

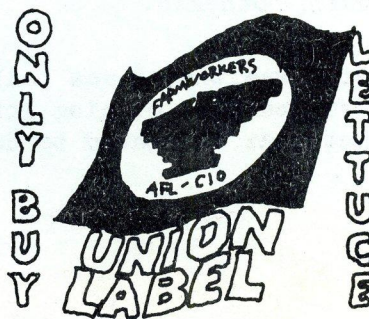
Box 110 Warriner Hall CMU  
Mt. Pleasant, Mich. 48859

has put out a booklet

"Male Health Needs"

they ask a dollar for it, and it contains information on the male body, penis and sexual functioning. Material was mainly written by professional male physicians.

A copy is available at the men's resource center library, if you want to look at it





## Special Issue — Our Culture

We feel a real gathering of energy - a coming together - of anti-sexist men in Portland. We want to be part of the growth/creation of our community. We felt this strongly in our culture - dance, theater poetry, song - at the Saturday night Celebration at Camp Colton.

Next September's issue of Changing Men will be a special issue, "Our growing anti-sexist men's culture". We would like it to be a space for our fiction, essays, poetry, satire, art, calligraphy, cartoons - we will try to write with a feeling of trust for and support from our community.

Some things we've talked of: writing in journal or diary form (or actual entries) as a means of developing a more personal way of writing; satirizing advertizing; reviews of books, publications, or movies that are important to our community; someone doing artwork to create an exciting cover; songs; theatre scripts.

We feel this is a chance to build an atmosphere of trust and support in Changing Men. We need to feel that trust and support from you.

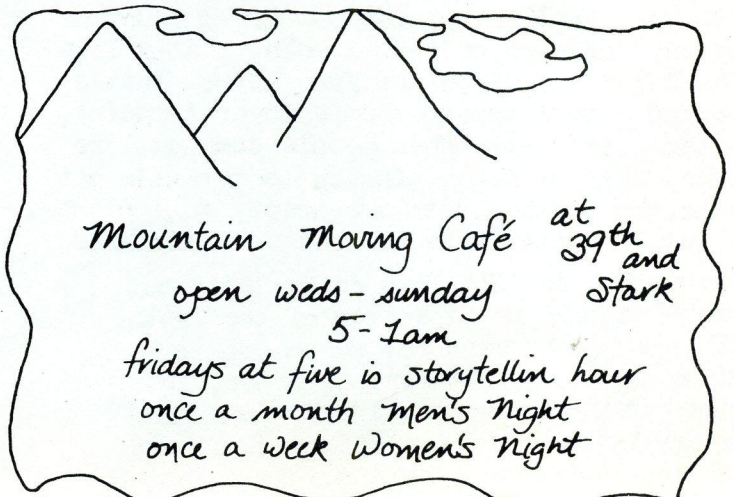
We feel scared that, like so many requests for help in Changing Men, we will get little response. It's real, real important to us to get ideas, writing, art, and criticism from our community, from you.

Call or write us at the Men's Resource Center (235-3433), Brian Arnell, Ted Huckins, and Tom Gonsiewski.

## Legal Baloney

Last January, Bella Abzug introduced HR 166, the national comprehensive gay rights bill. It's still in the house judiciary committee. Packwood and Hatfield are both saying they have no opinion on the bill. Don't let them stay on that fence. Write to them at the U.S. Senate, Washington D.C.

As of June 23rd, there are 296 signatures and addresses on our letter to Gov. Straub, urging him to set up a government task force on homosexuality. The letter will be at the Mountain Moving Cafe and the men's center Saturday market booth.



Mountain Moving Cafe at 39th and Stark  
open weds - sunday 5-7am  
fridays at five is storytellin hour  
once a month Men's Night  
once a week Women's Night



# Letters

Dear "Changing Men"--

This is some extremely personal feedback about myself and "Changing Men." I subscribed to CM last fall. I expected to read about men, to hear from men trying to work out of their old roles and into themselves. "Changing" as an adjective, rather than a verb. I'd like some company on this journey, not instructions. Here's where I'm coming from:

I'm 37. For most of my life, I've been loosely attached to the academic/head-tripping/intellectual scene. I'm an anarchist: I rejoice in freedom, spontaneity, being where I am; I reject coercion, authoritarianism, ideologies. I live with-- and am in a relationship with-- a woman who (among other things) is the mother of "our" 2-year old, Jasper. We've lived on and off welfare, both here, in Ashland, and there, in San Francisco. Currently, my lover-partner works full-time: I'm a house-husband. I take care of Jasper for 45-50 hours a week, tend the garden, shop, feed the chickens.

OK. I feel dissatisfied about "Changing Men." I have a recurring feeling that 90% of each issue is a head-trip bullshit. CM is busy being anti-sexist, politically correct, right-on. I don't care about that. I don't give a fuck about political prisoners in South Viet Nam, childcare for feminists, or a United Front with gay liberation.

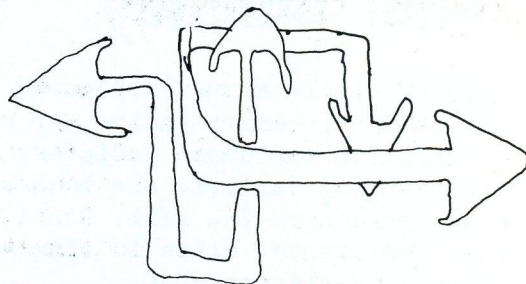
Look: I can save/liberate/enlighten me, and you can save/liberate/enlighten you. I cannot save you, except perhaps physically, and you cannot save me. I can compare notes with you, confide, empathize--but I can't teach or lay The Word on you. I mean, that's like Kissinger and Nixon and John Wayne. That's beyond ego-tripping--that's power-tripping, authoritarianism. When people come on like that, they're not coming on to me-- I'm not a person to them, I'm a concept, an audience. I know I pontificate too; it's really hard

for me not to fall into doing that, not to see myself as an avatar of the Truth. It's extremely hard for me to cop to being where I'm really at--which, often, is fucked up, confused, selfish, down, and generally counter-revolutionary. I have difficulty giving myself permission to be in "negative" places...

I don't relate to gay liberation. I relate to people who are gay, but not the issue. I relate to liberation in terms of me --and you, singular. What impressed me about gay liberation in San Francisco was that it seemed like a mirror image of straight society. I don't read Playboy or "Playgirl".

"...men from the Men's Resource Center have been involved all year with the group that provides childcare for feminist functions." Everytime I read that, I get angry. I don't see any women breaking down the door to do childcare for me. I don't expect them to. I am trying to get together with some men to do childcare for us; I think our sisters can do it for themselves. Your nobility does not interest me. Do something for men. It's OK to be a man; I don't have to do things for women, first, to be OK.

I'd like to share with you some of my "male privileges." I don't see them quite the way "Changing Men" does (do?)... When we went on Oregon welfare, because we weren't "legally" married, I had to sign what amounted to a confession of guilt. And agree, in advance, that if we should separate, I would pay \$75.00 a month in child support. My partner didn't have to sign such a paper --but I did...then it's time to go to food stamps or welfare, I go, and take along Jasper. And I wait an hour for my caseworker. Jasper waits, too-- exploring, crawling, walking, fussing, getting bored, tired, hungry, all those things I get, too. Then I have to tell the caseworker how much my tools are worth, my car, the cat, my goddam life. When I feel frustrated and resentful and angry, how do I express it? The caseworker reads me the particular part of the law that rationalizes the fact that we're expected to live on \$25.00 a month in cash...



Having the concepts, the Four S's, of success, sexual potency, status and stalwartness drummed into my head for all my life... Until I was 30, I couldn't give myself permission to cry. I could get drunk, cynical, abstract, intellectual, stoned out, but I couldn't cry. I didn't know it was okay to cry, to be depressed, or, gasp, irrational...

continued next page---



Sometimes, my life is very difficult. I've internalized a lot of parental thinking, ethical codes, judgments, evaluations, what-ifs, shoulds, and none of these have made my life any easier. They are oppressive. I don't know a lot of me. What I want is to be in touch with my flow of emotions, tuned into myself. When I have moralistic or theoretical input, I get into trips like this: "Hm, this feeling is sexist/ deviationist/immoral/bad/wrong. I shouldn't have such emotions: so I'll ignore them and they'll go away." So, I suppress recognition of what's going on. Fuck that. I've been doing that all my life. I want to find out what those trips are, let them out, see them, deal with them, and hopefully go beyond them. Not pretend I'm above them.

I don't want judgement; I want support. Support comes to me from people who let themselves all hang out to me. When people are open with me, then, somehow, I'm encouraged to be open with myself. When I feel I'm being instructed or preached at, I close down, I don't open up then. Maybe someday I'll be able to, but not yet. For now, I want to hear what's really going on in there. I want to hear about men's lives, not their concepts.

Peter Webster  
440 Helman Street  
Ashland, Oregon 97520

## Reaching Out

Dear Changing Men,

This past month I've been hung up on **mandalas** symbolic of my experiences with groups. A lot of unconscious feelings have been coming to the surface and it's been a struggle. Mostly I'm tired of bullshit as a substitute for real bonding.

It takes a survival commitment. We have to make one larger than a couple; a real food, shelter, and campfire emotional support. The Men's Weekend was not a good example. After a beautiful non-verbal experience Friday night, we couldn't just trust our feelings but had to decide and bullshit over sexual labels. I've come to where I'm suspicious of any group that doesn't have a common activity and to hell with our idealogical positions, Thanks.

--George Meyers

## Northwest Anti-Sexist Faggots'/Gay Men's Gathering

There will be a gathering of anti-sexist faggots and gay men this month. It will be held at Elwah, a faggot farm near Port Angeles, Washington on July 18, 19, and 20. The focus will probably be celebration, skills sharing, sensual, healing, theatrical, and spiritual. We'll also probably have some discussions such as: living with faggots, faggots and children, and future visions.

Some of the workshops offered are: body movement, folk dance, creating theatre, role plays, dreams, massage, yoga, t'ai chi, poetry, singing, and spirituality with rituals. There will be space if you wish to stay for the full moon the following Wednesday.

If you plan on going, call brian 235-3433, Denys 236-4063, or Jamie 238-0146, with your input.

## Men and Children Conference

Looking toward this September, we are conceiving of a weekend in the country for men and children which would explore these questions:

1) Men talking to Men--techniques for relating to children, conflicts in taking responsibility for children, conflicts with a child's parent(s), anti-sexist child-rearing, providing childcare for feminists, and more.

2) Men relating to Children (those of us in relationships with little people, bring them)--role plays, music, body movements, sports, hiking, swimming, singing, cooking, sewing, art work, body painting, etc. Particularly of interest might be use of role plays, word games, collages, career games, etc. to learn from children their attitudes about sex roles and sexuality.

If interested in planning this conference, contact Peter Thacker 233-9466, Jamie Bevson 238-0146, or Denys Howard 236-4063.



by noah naitove

Walking -running in a San Francisco downpour  
My new skirt is getting soaked  
I hope my purse does not soak through  
At least my scarf is keeping my hair dry  
Almost there, duck into the U. S. Cafe  
on Haight and Clayton

I walk in gingerly-somewhat like a drowned mouse  
find a seat and sit down  
A close friend is playing acoustic guitar  
and singing songs  
He is beautiful and a wonderful faggot friend

i am drying off and letting the music  
absorb me  
He sings gay songs and plays gay music  
some are real political

"Don't keep that little bit of you

from that little bit of me

Open up the gates my friend and

let yourself be free  
Don't keep that little bit of me  
from that little bit of you  
don't you know you're the only one  
that can let yourself pass through..."

Some lyrics from a song called "The Gates."  
Feel the music and his proud strong voice  
rippling like waves through my body  
A huge smile on my face  
Blackberry tells the audience to sing along  
if they like  
I find myself clapping hands and singing along  
Other people getting involved too  
The song is over. Energy racing through my  
body.  
He sings a song about a man who was  
different from the rest  
I feel my body and mind soaring  
He is singing about me too  
So nice to listen to music I can  
relate to  
and that is talking about me  
experiences i have had  
Getting Higher and Higher  
Singing along Gay music  
with my beautiful butterfly faggot  
musician friend

## Allowing It to Happen

When I think back on the men's gathering at Camp Colton I have a warm feeling. So many men of mixed ideas relating on such a high emotional and physical level... A real melting-pot of relinquished power.

I went to the gathering to try and understand changing me and how I related to everyone there. The most outstanding point, in my mind, was the

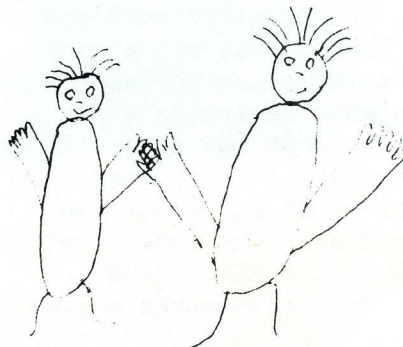
lack of "straight-macho" power trips over the "fag-gays" and the flowing of new found strength not revenge, back to the "straight world". I didn't expect this; it felt like the new Aquarian age of my fantasy reborn. I felt my own ego trying to hold on to it'self...it's a struggle facing it.

Just how much do you trust yourself and others to become vulnerable? As in an issue of Brother; "Messing around within your psyche alone or in groups is the answer to all problems. Groups have the voyeuristic thrill and power (ego) thrill too, of messing around with other people's psyches. Besides, it's a marvelous way to kill time and much in fashion." The stark fear of manipulation is ever present...too many burns create a fear. We are programmed for it.

But Colton was a real break-through for those who became involved; by-god you could trust people when starting from a place of trust. It is not a good idea to see how much pain you can handle or how much you can dish out. (Love is the answer, now what was the question?)

It is hard to express all the togetherness felt. What an impressive job for those who gave and got it together and to know where they are coming from. Hope I can make it to the next one.

Sherm Williams



MEN LOVE



## Men's Centers

Berkely Men's Center  
Unitas house  
2700 Bancroft Ave  
Berkeley, Ca. 97404

Olympia Men's Collective  
P.O. Box 2811  
Olympia, Wash. 98507

Men's Resource Center  
3520 SE Yamhill  
Portland, Or 97214

Seattle Men's House  
811 33rd Ave. E  
Seattle, Wash 98112

Chicago Men's Gathering  
c/o The Paper  
PO Box 11076  
Chicago, Ill 60611

Project Redirection-Detroit  
280 E. Boston  
Detroit, Mich 48202

Men's Resource Center  
2211 East Kenwood  
Milwaukee, Wisc 53211

Amherst Men's Center  
Amity St  
Amherst, Mass 01002

Men Sharing  
c/o Campus Free College  
466 Commonwealth Ave  
Boston, Mass 02115

New Haven Men's Center  
c/o Ira Bartfeld  
PO Box 1285  
New Haven, Conn 06511

Men's Center  
257 Seventh Ave  
New York, NY 10001

Men's Liberation  
c/o Richard Shell  
807 A St NE #5  
Washington, D.C. 20002

## Men's Publications

Berkeley Men's Center Newsletter  
Unitas House  
2700 Bancroft Ave  
Berkeley, Ac 97404

✓ Brother  
PO Box 4387  
Berkeley, Ca 94704

Brothers: A Men's Liberation Newsletter  
c/o Rising Free  
197 King's Cross Rd  
London WCL

✓ Changing Men  
3520 SE Yamhill  
Portland, Or 97214

Chicago Men's Gathering Newsletter  
c/o The Paper  
PO Box 11076  
Chicago, Ill 60611

MCP  
Men's Center  
257 Seventh Ave.  
New York, NY 10001

Men Sharing  
c/o Campus Free College  
466 Commonwealth Ave  
Boston, Mass 02115

✓ Morning Due  
811 33rd Ave. E.  
Seattle, Wa. 98112

✓ PR-D Newsletter  
Project Redirection-Detroit  
280 E Boston  
Detroit, Mich 48202

RFD  
PO Box 161  
Grinnell, Iowa 5011  
quarterly, \$2.00 yearly, 50¢ single copy





MEN'S PUBLICATIONS continued...

Northwest Faggotry Newsletter

c/o Denys Howard  
PO Box 8975  
Portland, Or 97208  
\$2.00 for 8 issues

Double F ( a magazine of effeminism)

Templar Press  
PO Box 98  
FDR Station  
New York, NY 10022  
\$5 for 6 issues

## Women's Publications

Big Mama Rag, Colorado's Monthly Women's Journal, 1724 Gaylord St., Denver, Colo. 80206. \$5 yearly (\$3 yearly to feminist organizations.)

Majority Report, (newspaper) \$5 yearly (26 issues), 74 Grove Street, New York, Ny 10014.

Off Our Backs, \$6 yearly (12 issues), 1724 20th St NW, Washington D.C. 20009.

Prime Time, for the liberation of women in the prime of life, \$7 yearly (11 issues), 168 West 86th, New York, NY 10024.

Plexus, (newspaper), \$5 yearly/\$2.50 six months, 2709 Derby, Berkeley, Ca 94703

Sister, (newspaper), \$5 yearly, PO Box 597 Venice, Cal. 90291.

The Feminist, \$3 yearly, PO Box 840, Berkeley, Ca 94801.

The Second Wave, (quarterly), \$3.50 yearly, Box 344, Cambridge A, Cambridge, Mass 02139

Women: A Journal of Liberation, (quarterly) \$5 yearly, 3028 Greenmount Ave, Baltimore, Maryland 21218.

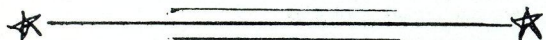
Womanspirit, (quarterly), \$6 yearly/\$2 for single issues, Box 263, Wolf Creek, Or 97497

Country Women, \$7 for 12 issues/75¢ each, Box 51, Albion, Ca 95410

Women's Press, \$4 yearly/25¢ each, PO Box 562 Eugene, Or 97401

Aphra, (quarterly), \$1.50 each, box 893, Ansonia Station, New York, NY 10023

Amazon Quarterly, (quarterly), \$4 yearly, 554 Valle Viata, Oakland Ca 94610.



## KID CITY



An idea that came out of the camp colton weekend was the idea for a non-sexist child care and single parent child raising resource collection--- it's still in the beginnings; so far books, non-sexist games and a bibliography are what is being worked on. A discount at Skidmore Village Books is being offered to the project for the purchase of relevant books. Pledges are being taken for the purchase of necessary items.

That's just the start; more energy is needed-- know of any books that may be useful, games you have thought of, time for putting it all together??? if any or all of the above the men involved would welcome the input, if you want to help call John Woods after 5:30 p.m. at 223-1407.



# Men's Pages

Over the past few weeks, in among other Men's Resource Center activities, 1,000 copies of the second printing of Men's Pages have been collated and are now ready for distribution. Basically Men's Pages is the same but with 18 rather than 15 articles, that serve as an introduction to the issues that concern men who are working against sexism. We continue to get orders from around the country -- our first order from Japan came today.

Advertizing for Men's Pages has been word of mouth. A month or so ago we got about twenty orders from Minneapolis. A newsletter, we haven't found out which yet, mentioned the packet, spurring the orders.

Men's Pages sell for \$1.00 plus 25¢ postage which covers costs. Orders of 10 or more sell for a 40% discount. If you haven't gotten your copy yet you can stop in or write to the Men's Resource Center office. Perhaps you know of a bookstore you could approach. Ask them to carry Men's Pages.



# WANTED

**Recipes**  
and articles about  
food and cooking for

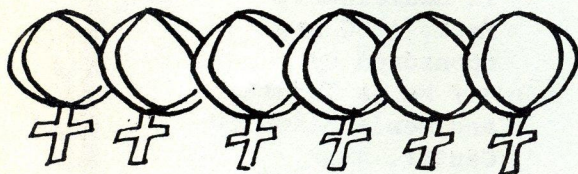
Men's Resource Center  
Cookbook.

**Deadline: July 16.**

Please submit to  
Men's Resource Center office.



## A WOMAN'S PLACE



*New location*

1533 E. Burnside.

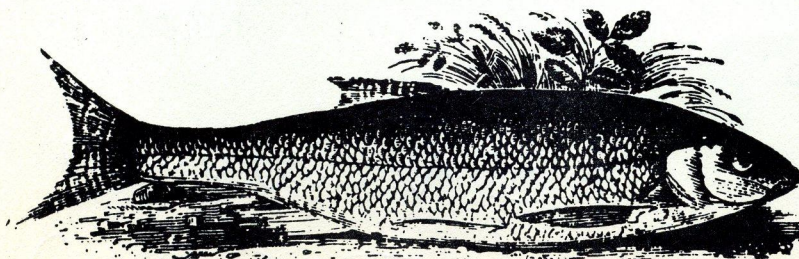
tues-sun 11-4 / mon-wed 4-9

- come and browse -

BOOKSTORE 234 8703

## moving night

Tuesday, July 22, will be a men's night at the Mountain Moving Cafe. It's a night the cafe would normally be closed. Starting at 8, there will be dancing, singing, and some light food. We'll have to fix that food ourselves, since the cafe staff won't be there.



I'm going to the  
open rap.



# Men's Resource Center Calendar

In addition to being open weekdays, the Men's Resource Center office is open Monday and Tuesday evenings, 7-9:30pm. If you want to find out about the Men's Resource Center or talk with other men about being a man in a sexist society, join in the discussion taking place those evenings.

## july

Saturday Market booth

SATURDAY 5--every saturday till christmas.

If you'd like to help staff the booth call 235-3433

TUESDAY 8-- POTLUCK- Chuck Miles' house  
2445 NW Lovejoy. All men welcome. 7 PM.

MONDAY 14-- Open rap at the Men's Resource Center, Sunnyside Methodist Church, 3520 SE Yamhill. AN informal discussion on whatever topic comes up. All men welcome.

WEDNESDAY 16-- Deadline for Men's Cookbook recipes, send to the center.

FRIDAY 18 Northwest Gay Men's Faggot  
SATURDAY 19 Gathering at Elwha, Washin-  
SUNDAY 20 gton.

MONDAY 21-- Men's Resource Center general meeting, 7:30 pm at the center office; childcare available.

TUESDAY 22-- Men's night at Mountain Moving Cafe. 8:00pm.

SUNDAY 27-- Potluck picnic in Laurelhurst Park. 1:00 pm, sponsored by Gay Males Together and Men's Resource Center. All Men welcome.

MONDAY 28-- Open rap, same as monday the 14.



MEN'S RESOURCE CENTER  
3520 S.E. YAMHILL  
PORTLAND, OREGON 97214  
(503) 235-3433

Non-Profit Org.  
U.S. POSTAGE  
PAID  
Portland, Oregon  
Permit No. 1741

ADDRESS CORRECTION REQUESTED