# LTERNATE COCKTY

Nov. 359



## FARM COMMUNE RAIDED

NO WARRANT

POLICE, RCMP, I MMI GRATI ON & YOUTH AUTHORI TI ES HI T SI MULTANEOUSLY LOGOS (UPS)

ONE ARRESTED

A farm commune 27 miles east of Sherbrooke, Quebec, was raided September 6 by Provincial Police, Quebec RCMP, Immigration Department and welfare authorities. At 10 a.m. they awakened nine members of the commune and one guest, a minor. Immigration was looking for Kathy Turnbull, a member of the commune whose application for immigration was pending, as were those of five other members, all American. Welfare was looking for a minor who was not at the commune. but took the 16-year-old guest into custody anyway. How the RCMP and QPP became involved is not clear. A QPP officer later told one commune member that there are too many "hippie farms" in Quebec, and the police were out to do away with as many as possible.

asked to show their warrant, the officials replied that they didn't need one and entered and searched the premises. Members still in bed upstairs were forced to dress in the presence of the police. Immigration told the six Americans that they didn't have sufficient money to remain in Canada while their immigration applications were being processed, that none of them had a chance of being approved, and tried to persuade them to sign papers agreeing to leave the country in the meantime. finally agreed to sign, on the understanding they would be given one week to leave. They were then driven straight to the border and

expelled from Canada. Joe Harrison, the eldest member and deed-holder to the farm, was taken into custody by the QPP. The original charge was behaving scandalously in the presence of a minor. It was later changed to permitting others to do so as deed holder.

Joe appeared before a Justice of the Peace the same day, who set bail at \$500 cash or \$950 in property, not permitting the farm to be offered as bail "since it was involved in the action." Joe spent six days in the Sherbrook jail before bail was reduced and the farm accepted. For refusing to shave off his beard, was denied the privileges usually accorded a prisoner until a doctor told the police that a skin condition made shaving inadvisable. He would have been shaved against his will otherwise.

Joe is a negro folksinger who after persecution in various parts of the USA (i.e. 22 days in a California jail for singing a song containing the words hell and goddam) visited Montreal and met others who wanted a The Sherrural commune. brooke farm was bought in Joe's name; he is the natural leader being the only one over 25 and the one who knows the most about music, song being their most distinctive activity. It's one of their principles that absolute openness of feeling and thoughts should prevail, and they try to use song as part of this-for example.

they have a melody that's been written with the idea of suiting many different moods, and will extemporize words while they sing it to express exactly how they feel about that day, what they're thinking about, what they want to say to the others.

They've been getting along fine with the neighbours, and it is very unlikely that any of the local people made complaints. Before the raid, there had never been any trouble with the authorities. The commune still hopes to expand, buy more land near them, and have a larger community that can supply everything needed to live. This depends on whether the Province of Quebec decides it's a crime to have your signature on a deed to a house in which people sleep nude, as well as the decision of the immigration officials in Ottawa.

### WHY POT SMOKERS LIKE HOLLAND

Although marijuana smoking is illegal, the Dutch government now allows it at two centres — which it aids financially. Young smokers no longer have to hang about the streets and take the risk of buying from underworld dope pushers.

# NEWS SHORTS

Compiled from LNS and

**Underground Wire Services** 

AIRBORNE GENOCIDE

DURHAM, N.H. Under the heading "it's A Bird! It's a Plane! It's Birth Controll", the AP sent out a wire story about the proposal of botany professor Richard W Schreiber for the sterilization of all women in a given area by means of an airborn virus. The projected purpose was population contro. In a two-day symposium on population at the University of New Hampshire, Dr. Schreiber, proclaiming fears that man was "fatally close to breeding himself out of existence," reported that virologists had told him that a virus to accomplish the sterilization, and an antidote for it, could be developed in three years.

Since an antidote would be available. Dr. Schreiber maintained that "nothing is actually changed" and people could have as many children as they wanted --- after they made the conscious decision to go in and get the injection which would provide the antidote. He did not discuss who would have to consent before it was administered -he did state that "no government would dare to do it," which is probably true-no government would dare to impose that on its OWN population. But it is not so clear at all that the U.S. government would not dare to do that on presumed Viet Cong areas of Viet Nam, on black ghetto areas, on Latin American guerilla areas, etc.

### CALIFORNIA COLLEGES GUARD AGAINST "MISUSE" OF FREEDOM OF SPEECH

SACRAMENTO-Administrators of the California state college system are planning to come down hard on student newspapers.

S.I. Hayakawa has already suspended publication of S.F. State's Gator because of the principle of freedom of the press."

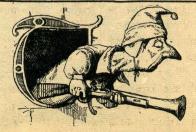
Dumke's idea is that if the papers have strong "controls" they won't have to have "censorship." Dumke is bugged by the use of "four-letter words", nudity and "issues devoted in large part to minority groups."

THE MAN'S TECHNOLOGY

LOS ANGELES-Big Brother is watching. And listening. And Judging. Good ole Yankee ingenuity (University of Southern California style) has come up with a solution to the pesky problem of whether or not you should send a kid to jail. machine. USC researchers have designed a method for computers to "tell at a glance" what the chances are for any juvenile who is arrested to turn into a delinquent. They feed Computer Cop with the case histories of 2,290 "juvenile offenders." The histories include sex, age, family makeup, and ethnic, educational and residential background. Now when a 15-year-old black kid from Watts, no father, mother on welfare, gets busted for stealing, the judge can push a button to find out the probability of a repeat offense, and pronounce his sentence accordingly. Naturally, the USC wizards protest modestly that their creation should not be used as a "substitute for the personal judgment of a probation officer or judge." But who's going to argue with a police-programmed computer?

### WHAT A GAS

LONDON-The use of CS gas during the Londonderry riots last month touched off a raging controversy here over the harmful effects of this "riot agent." Home Secretary James Callaghan appointed an investigating team which concluded that the gas can produce "streaming from the eyes and nose, spasms of the eyelids, marked salivation and retching or vomiting, burning of the mouth and throat, and a gripping pain in the chest of such intensity that breathing becomes restricted." Callaghan has agreed to continue and expand the investigation with emphasis on the effect of the gas on the young, elderly and those with impaired health. CS has never before been used on white Britons. The English developed the gas (for external use only) in the 1950s, and have never concerned themselves with its effects on gooks and wogs.



MORE TO COME!

### Editor's Note

Well people, here we are again with another issue of goodies, and the first we are trying to make bread on. It's damn expensive, this business, especially when you try to cover so expansive a subject as the commune movement.

Alternate Society is being well received and circulation is growing. As long as support continues to grow, the paper will become more interesting and of gre-

ater service to its readers.

Because of the tremendous task before us. our condition, financial especially our small staff (three full time people and a few others helping from time to time), well, it's total chaos around It's a real bummer here! to get up in the morning and look at all of the work to be done. Our latest setback discovering was that we had left out part two of the Cold Mountain Farm article. Sorry 'bout that, gang, but that's the way the cookie crumbles. We'll have it in next issue for sure.

Thanks go to Eric Amann of Toronto, who provided a lot of the questionnaire (centrespread). Eric was editing a magazine of Haiku poetry last we heard, and if he is still doing so we'll put an adfor it in the next issue.

### ALTERNATE SOCIETY

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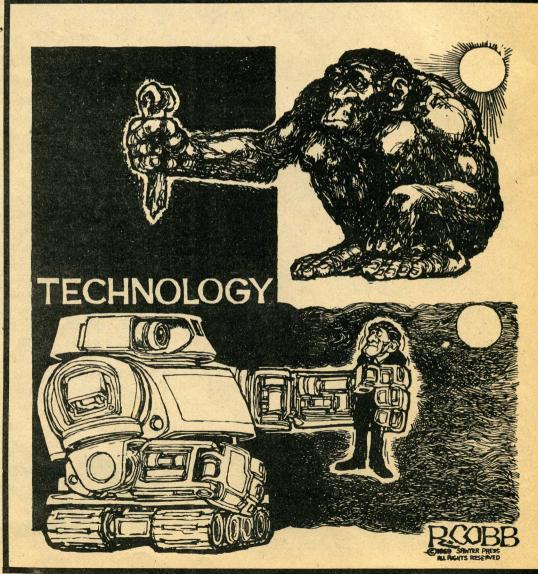
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Address any correspondance to:

ALTERNATE SOCIETY

113 Queen St., St. Catharines. Call: 685-1495

> Vol.2 No. 2 November 1984



We have three new features that will continue in following issues.

First there is <u>Superf-Lewis</u>, devoted to exploring what it means to be human and what techniques may be used to become more human, to realize one's self.

Rod Raps, by Rod MacDougall, provides gads of useful information on the pragmatic facts of life in the alternate society. Rod and Ian are currently battling for the position of "philosopher-in-residence".

Finally, Gary Moffat and Dennis Westley are <u>Exploring Alternatives</u>. They in-

tend to study different aspects of comprehensive alternate society each issue. Gary is publisher and Dennis an editor from the days when we came out as a green Gestetner newsletter.

The Alternate Community Classifieds section is another new feature. Questionnaires and letters will be boiled down into ads in this section. Mailing and handling costs are so high that, for now at least, we are forced to ask 25¢ for any ad placed or answered. Addresses will not be printed in the paper, but mail will be relayed to wherever it is supposed to go. This makes everybody anonymous and safe from ahssles. If you want an ad containing your address, or one that dows not relate to alternate society business (like selling something), use the classified ad form on page thirty-one.

If you are looking for us, please remember that we come out every two months.

Pax, The Editors.



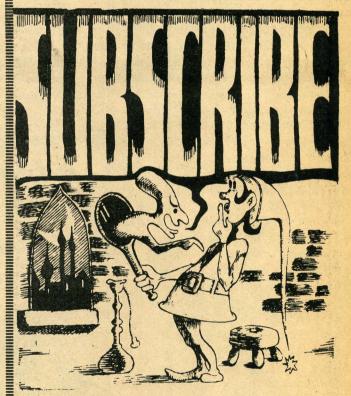
# **BACK** TALK

Dear People-

Thank you very much for a great magazine. We have enjoyed (and ended up discussing it for the night) your mimeoed Alternate Society letter. Your new offset effort is even more stimulating.

John & Mary Corbett,
Toronto, Ont.

More letters next page-



12 issues 3.50 24 issues 6.50 Send cheque or money order to:

> ALTERNATE SOCIETY 113 Queen Street, St. Catharines, Ont., Canada



### PROPOSAL FOR A SEA-GOING COMMUNE

Alternate Society:

Alternate Society. I enclose save enough to purchase a good \$\$ for Sub. and support. I am sound sailing sloop with an interested in communal exper-auxillary engine, and ience and experiment. The gr-the whole world, only stopoup of communes you describe ping where and when they want in this issue (last issue-ed) to, or just long enough to sounds very good. I found from work in some place in order my own experience that an iso-to replenish necessary supplated, small commune surround-lies, and/or re-fit the ship ed by a basically conservative for seaworthiness? farming environment, has little chance of survival. A group of communities however, with a to sea, my friend, there is no fair amount of land in the way of quitting there and then same vicinity sounds much more -no such thing as irresponsibhopeful. I would be very much le persons; every interested in buying some land member must have one trade in such an area for purposes or more to his or her credit of a 'retreat' from the tech- and there is no such thing nological environment, at temporary, eventually first permanently. I have accumulated a bit of experience in the basics of building, gardening ect. from last summer. We found that all the 'physical' problems, such as water and food and shelter are minimal and can be easily solved in any environment, compared with the inter- personal problems that face such an experiment. In the last analysis the viability of the group depends on only two things: the relationship of the members to each other, and the relationship of the group to its outside human environment.

> Eric Amann, Toronto, Ont.

When you talk of your communes, why not think that they do not have to be land-Thank you for sending the based? Why not have a group

> When a commune goes single



Alternate Society's

THE FIRST OF A SERIES OF ENCOUNTERS SPONSERED BY ALTERNATE SOCIETY TO STIMULATE DIALOGUE AMONG ELEMENTS OF THE ALTERNATE COMMUNITY, OTHER RAPS WILL BE HELD THROUGHOUT CIRCULATION AREA IN FUTURE.

### November 29/69

Rochdale College, Toronto Bloor at Huron

an "inexperienced" navigator or an "inexperienced" engine mechanic, etc., etc. because each and every member, including children of about 5 years and over, has chores to do.

There is ocean and sky only, for weeks and months at a time, and with 8 men and 8 or 10 women aboard, there is nothing but a commune under those circumstances. Moreover, there is no room for freak-outs ect., however there is a lessening of inhibitions, and without regard to what is 'right' or 'wrong'.

In my opinion this is the only compatable commune that may possibly (more probably) work into a successful undertaking. Another strong point in its favour: everyone, every day, must have their wits about them while at sea, as bad mistakes of any kind are fatal, not only for the individual, but most importantly, for the entire group. If, on the other hand, a sea going commune were to obey (and obey you must)

laws of the sea, (nature) then the sea never fails to take care of its own. The "land sharks" you will find are much more to be concerned about than any in the ocean.

The sea is meditation itself, even in stormy weather and once you have given yourself the chance of really getting to know it, it is ever after your big love. When you are landlocked, even years later, the sea still calls and you will strain the bonds to answer.

I would appreciate it very much if you would print this letter in your paper as it may help others to think things out and perhaps, if there are many peplies, we may arrive at even better conclusions. Best regards---

Terence A.M. Faulkner, 15 Irvine Road, West Hill F84, Ontario. Ont

# peace flags for car antennas.

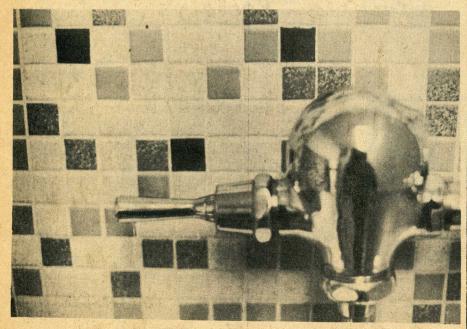
for car antennas, 5½" X 5", blue on white nylon, 25¢ ea. from: MANDALA 2635 N. Willow Ave. Tucson, Ariz, 85719



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"The only way to survive is to start your own system-your own stores, and later on your own support system, your electricians, plumbers and carpenters. We've got an alternative life style here and it's based on communal economics"

Jim Wilson, Yellow Ford Truck.

A little over a year ago, a 1966 Yellow Ford Econoline van carried a small cadre of American draft dodgers into Canada. Today, this same group has a store in Toronto and supports an urban commune of some twenty people. Three receive movement wages.

Mr. Brains behind the operation is Jim Wilson, a 24-year-old refugee North Carolina. Jim and his wife Lorraine earned \$15,000 a year as social caseworkers before fleeing the draft. He has an anthropology degree from the University of North Carolina, but was told he needed a master's degree in social work to get a similar job in Canada. When a Canada Manpower official told him that, with a haircut, he might get a job a clerk, Jim decided another way must be found.

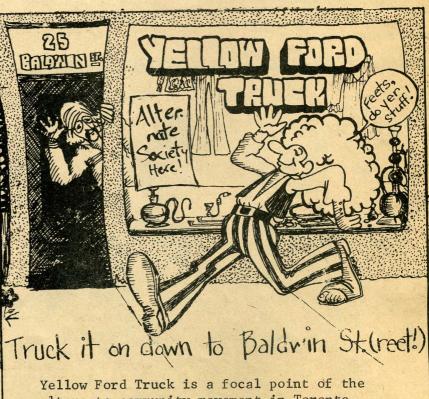
"At that point, we started supporting the commune (there were eight of us at that time) by hauling loads in the van. Eventually, we grew to where we're at now." Yellow Ford Truck moved into its present location at 25 Baldwin St. in early May this year, after short stays in a house on McCall street and another storefront at 11 Baldwin.

The store began when

in Toronto

continues to grow

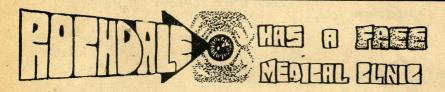
# YELLOVV FORD TRUCK—Part 1



Yellow Ford Truck is a focal point of the alternate community movement in Toronto and throughout Ontario. Drop in and rap with them.

### YES! THE OLD FASHION MULTI-COLORED PLYCHEDELIC AMAR CHUTIC PAN-EROTIC DOPE-CRAZED MODE OF JOURNALISM GIVES! SUBSCRIBE TO THE CHICAGOSEED ONLY \$6.00 FOR 26 ISSUES

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Heads & other hip types who don't dig the long hours in sterile waiting rooms at the TGH or a private doctor's office can bring their minor ills to the attention of the Rochdale Clinic in room #1204. The Clinic is run by Rochdale people, primarily for Rochdale people, although outside people are treated as well.

Open 24 hours a day, seven days a week, the clinic is much the same and does most of the same things as a general practice physician's office. Coughs, colds, and general examinations can be handled thru the clinic.

Currently running the clinic are Mike Bilge, Al Reed and Joe Jackson. Dr. Sidney Bender, the on-call doctor, is there two nights a week to see patients free of charge. (Monday and Thursdays at 9 p.m.)

The clinic has a service for getting dope and other drugs analyzed to ascertain their true composition, and from time to time issues warnings to the hip community to avoid this or that type of acid tab or cap as a burn. However, people on bad trips are usually referred to the Yorkville Trailer.

Information on birth control is available at the clinic, but birth control pills and pregnancy tests are not. The clinic, however, will tell people the best places to go for these things.

In case of emergencies, there is a certified shrink living in Rochdale who can be contacted.

When need warrants it, Clinic staff, including both the three primary people mentioned above and several Rochdale volunteers who work without pay, will accompany a patient to a hospital for more extensive treatment.

The clinic was founded in January of this year, largely thru the efforts of Ann Pohl (or Aunty Flo), with assistance from Rochdale and from the Behavioral Science Department of the U of T Faculty of Medicine, who were wondering about the state of health of the freak community. In the intervening period a total of four doctors have "covered" the clinic. Currently Dr. Bender and Dr. Bier are helping

Donations of medicine and volunteer work are being sought.

import merchants started paying in kind instead of Jim's wife and cash. friends began mailing clothing, candles, imported panchos and so forth to sell and trade. The initial investment was \$75.

"We're the trading post for the people in the neighbourhood," he said; he estimates that more than half his goods are bought by neighbours for sale on consignment, and regrets that he still has to buy imports through normal channels. Someday, he hopes all goods will be produced by communes.

The same month that the Truck opened its present location, another "Liberation Tribal Store" was opened at 11 Baldwin, started with a \$175 investment by Randy Routon, a 16-year-old draft dodger. He and his three colleagues hope to work in leathercraft. mainly Still another group rented an old warehouse which it hopes to convert into an art gallery.

Projects that make money support those that don't. If the cash is low when the rent comes due, the commune can always fall back on the Liberation Tribal Window washers, directed by Kansas dodger Greg Sperry.

The next step for the commune, Tim feels, is to initiate a rural commune; work is already being done to find a place where a small area can be put under. plough and craftsmen can produce their goods in peace ...In our next issue, we'll examine some Toronto urban communes; where they are at, where they are going and how they relate to the movement as a whole.



by Gary Moffatt and Dennis Westley

Since the young are most adaptable to basic social change, liberating education must be a top priority of the alternate society. Since our schools and universities are unwilling to adopt basic, or even moderate, reform, the only way to achieve a worthwhile education is through free schools.

The question facing those who are trying to reform our universities from within is not whether they will eventually back down, but at what point they will do so. Will it be when token concessions ere offered, when dismissal of faculty and expulsion of students are threatened or undertaken, or when (as at Berkeley) the cops are called in to shoot people down at random? Of course, many reformers shun confrontation with the administration in favour of working quietly behind the scenes for the reforms they wish to see. Since they are quiet, their efforts do not disturb anyone, least of all the administrators.

Symbolic of the bleak future of attempts to reform elementary schools is the fate of Ontario's Hall-Dennis report, a government-sponsored study which recently rattled the bones of our education system (a quiet rattle, but the bones are very dry.) It should be emphasized that the recommendations were in no sense of

the word radical, or even adequate to deal with the problems of modern educat-From the student's standpoint, these problems are four: (1) he is still treated as a child- i.e. his curriculum, physical appearance etc. are regulated-in an age in which he has equal access to electronic communication media as adults and therefore has developed similar patterns of thinking. (2) Teaching is still based on sequential development patterns, whereas the mass media have taught him to think in a fragmented fashion. To put it another way, the system forces him to observe processes as an outsider while his non-school environment encourages his actual participation in experience. (3) Much of the subject matter is completely irrelevant to his needs (4) The student is forced to learn at his group's rate rather than his own. The Hall-Dennis report would only have solved the latter of these problems, giving the student more freedom to select courses and speed of progress through them, but not their content. Even this, however, was too much; unwilling to re-structure their schools and methods, the great majority of teachers and administrators raised an outcry which killed any chances of implementing the major recommendations.

So we are left with free schools as the only means of giving our children

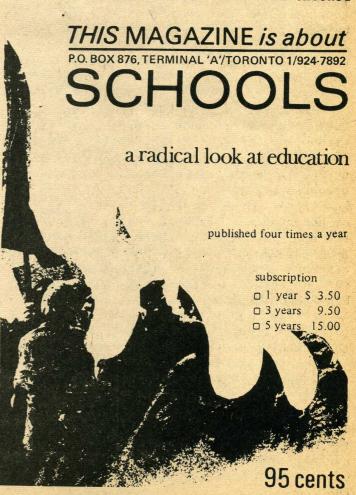
and young people a meaningful education. This idea is not as revolutionary as it might seem. In the middle ages, certain universities were run by student guilds which hired their teachers and fined them if they lectured overtime. Others were run by the teachers through teacher Today, the activities of both students and teachers are controlled by computers and computer-minded administrators more concerned with the financing of education than its quality. sense, the free schools represent a return of control of education to those who have the greatest stake in it; the students, and to a lesser extent the (or resource people, as they teachers prefer to be called; after a free school has been functioning for awhile, one valid criterion of its success would be how few times the resources of the resource person have to be used.) It is somewhat revolutionary to argue, as A.S. Neill and others have done, that any child old enough to go to school, (i.e. five years) is old enough to have an equal voice in its management, but the results of Summerhill, Everdale and other places where they have been tried indicate that it works reasonably \*well once the child has been cured of the inhibitions against making sound decisions which the outside system has instilled into him.

As the moment free schools those in which each participant has an equal voice in determining structure of the school and its courses) in North America are sufficient to accomodate only a lucky handful of children and teenagers. This unfortunate situation cannot usually be blamed on government harrassment, because in most states and provinces there are few legal barriers. Ontario, for instance, the only requirement is that any institution which instructs fifty or more school-age children must register as a private school with the Department of Education; there have been no standards laid down for private schools, so it would be almost impossible for the government to prosecute one without prosecuting all. schools generally find it advisable to incorporate (thereby limiting the financial liability of the people running it to the amount they have put into it) and

to register as a charitable organization under the Income Tax Act so that contributions may be deducted from taxable income.

Once started, how do such schools operate? There is a wide variety, but the following description of Vancouver's Knowplace (from an article by John Fielder in the magazine School Progress) discusses a typical situation:

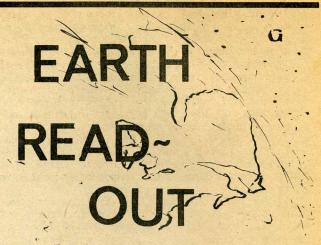
"Knowplace occupies the top floor of a two-storey building in a light commercial area of Kitsilano. The fellow in the welding shop on the first floor told me the school upstairs usually got rolling about 9:30, and sure enough, when I came back then I found the bottom door unlocked and was able to climb the stairs and say hello to a boy and girl who didn't seem at all surprised by this bearded visitor. Simutaneous with my arrival, a delivery man came with three boxes of text books ordered from the B.C. Department of Education, so the three of us sat on the floor and checked



off the invoice against the titles received.

"About 9:45, a tall fellow about 29 wearing a John Lennon-Pancho Villa moustache and a very cool leather sports jacket walked in and introduced himself as Rob Woods. Yes, he had received my letter asking for permission to visit the school, and no thanks, they weren't particularly interested in having anything written about Knowplace. (This phobia about the press isn't limited to Knowplace, but is, in fact, evident in every free school I visited. While some bad experiences have been related by these people, their avoidance of publicity is usually based on a desire to operate as much as possible without the inevitable horde of visitors that follows a magazine or newspaper story. To avoid this constant parade and the resulting fishbowl feeling, many free schools have limited visiting to one day Rob later explained that a per week.) short piece about Knowplace in Maclean's Magazine had not only increased the number of people wishing to poke around in the school out of curiosity, but had prompted embarrassing questions in the B.C. Legislature about improper involvement of the Federal Government in the provincial jurisdiction of education,
through CYC (Company of Young Canadians) support for free schools suck as Knowplace and Barker Free School. But they were all really quite friendly and let me join them for an English seminar slated for ten that morning.

"So, after a little while, we all found chairs around a table in a small room, and everyone except myself started puffing up clouds of tobacco smoke, all ready to talk about I Never Promised You a Rose Garden. Nine girls, three boys, ages ranging from 13 to 18. Dress: motley, free school gothic with a definite lived-in look, U.S. Army fatigues being a favourite choice. Atmosphere: cheerful, enthusiastic. Everyone had the book. A couple were working out problems in math together, but neither of them knew anything about set theory, and I couldn't help them, having been at high school ten years too early. About 10:15, Rob reminded the kids about the dinner that night-a regular Friday night Cont. p21



by Keith Lampe (UPS)

Almost certainly within six or eight months there will occur among most young activists a shift of consciousness emphatically away from campus-and-Vietnam issues and energetically into issues pertaining to the ecological emergen-

As this shift occurs, we activists will have to deal with such complex forms of information that we'll probably grow nostalgic for the relative simplicities of the earlier issues. Psychedelic (i.e., mind-expanding, mind-opening) experience during the transition will result much less often from chemically induced pansenual delights, much more often from old-fashioned cerebral homework. Having learned that the mind in fact is merely one of several senses, we must now return to a sober husbandry of the sense-of-think.

The transition already is well under way. For example, White Panther Headquarters in Ann Arbor presently is preparing for circulation to its membership a bibliography which will include several eco-texts.

In the Sam Francisco Bay Area people are putting together an ecologically oriented "thinktank" which for the first time will bring scientists into close community with activists. If in other parts of the country activists also soon can sit down with young/hip scientists representing all or most of the ecologically relevant disciplines, the transition will occur more rapidly and more intelligently. There's not much time left: by year's end we must have learned how to begin to act.

In an earlier ERO I quoted poet Sam Abrams as saying Scientific American, Natural History and Science are "the most consistently important political and literary journals on our continent." To those three magazines should be added Environment, a good new source of information.

Environment is a monthly published by the Committee for Environmental Information, 438 N. Skinker Blvd., St. Louis, Mo 63130. Thus far it has restricted itself to the circulation of Information and has stopped short of proposals for an active politics of ecology; nevertheless, the information it circulates is so heavy that within two or three years much of it will have massive political consequences inside the old-political groupings.

Here are some of the topics Environment has

dealt with so far this year:

1--"THE WIND FROM DUGWAY--Thousands of sheep were killed by an escaped chemical warfare agent in Utah last spring. Recent evidence shows that the damage might have been discovered early or averted by a simple field test. Foolproof safety measures may not be possible, however." 2--"A MILE FROM TIMES SQUARE--There is no certain way of protecting the public from the consequences of the worst accidents which can happen in nuclear power plants."
3--"POISONING THE WELLS--Growing nitrate contam-

ination may make much of California's groundwater unsafe for infants to drink. Large areas of the state have already exceeded federal safe-

ty limits."

The confusion caused by this apparent paradox is exemplified in a letter I recently received from a friend in New York who suspected that "population control was a liberal hoax, the real problem being not that millions of poor people exploit the resources but that the Rockefellers do the exploiting and are now afraid that billions of starving poor will be-come desperate and upset the grape wagon so they want to cut down the population through birth control."

Though the Rockefellers may indeed try to risuse the population issue, concern about the ssue itself is nobody's hoax. In fact, any 'liberal hoax' in this area would have to be defined as a complacent attitude toward the emergency created by the exploding populations -that is, the liberal's mushy optimism that rational man's rational technology is competent enough to overcome any of his mistakes without

much fret.

Additional confusion occurs when we recognize that a few bedfellows in the emerging ecology transformation movement will come--for a while at least---from what we call the right wing. Something of this confusion can be seen in a recent peice in Hard Times by James Ridge-

way, a good left-of-center journalist.

Through most of the piece Ridgeway deals sarcastically with those who see the population explosions as the central comtemporary planetary problem. He's especially worried that support for population control comes from people associated with Standard Oil, Dupont, Chase Manhattan, TVA and Dixie Cup. He says that many of the industries "which have fouled the continent from one end to the other" are now digging birth control "as a means to dodge pollution control".

What Ridgeway says is mostly true. But options are so severely limited, I submit that we have to be grateful that these people are for any reason willing to spend money to build concern about the disastrously mounting numbers of humans.

At a certain point in the very near future it will be our job to point out to these indust rialists -- and to the public -- that the enormously overcrowded planetary conditions make necessary a rapid evolution from competition to cooperation, that in the U.S. specifically this means shucking capitalism and evolving a commun ity for which there is yet no label, a community within which the notions of ownership and money no longer have meaning or appeal.

We then invite those industrialists to take these steps with us --- and perhaps some of them will. If most Amerikan industrialists don't make major concessions in the next few years. the domestic situation will rapidly deteriorate into very large numbers of scattered, small-

scale, futile hoot-outs.
Charles Lin. ergh provides probably the best example of the dangers of making judgments in eco-contexts on the basis of a person's past roles or reputation. Lindbergh in the Fifties was on a trip dominated by desire for money or power or fame --- a trip which carried him into a lot of squawky rightwing politics. Some years back he went through a deeply conscious rebellion against the trash of middle-class affluence and he now lives more austerely than most hippies and many street people.

Here are excerpts from a piece by Lindbergh

recently published in Life;

"I served for seven years as a member of scientific ballistic-missile committees, first under the Air Force and then under the Department of Defense. At the end of this time, with Atlases and Titans in position, with Minutemen coming and Polaris submarines under way, I felt our United States had achieved the indestructible power to destroy any enemy who might attack. But I had become alarmed about the effect our civilization was having on continents and islands my military missions took me over---the slashed forests, the eroded mountains, the disappearing wilderness and wildlife. I believed some of the policies we were following to insure our near-future strength and survival were likely to lead to our distant-future weakness and destruction...

"I resigned from the ballistic-missile committee and declined a position in the new civil agency being set up for the development of space. I decided to study environments, peoples and ways of life in various areas of the world.

"Science and technology inform us that, after millions of years of successful evolution, human life is now deteriorating genetically and environmentally at an alarming and exponential rate. Basically, we seem to be retrograding rather than evolving. We have only to look about us to verify this fact: to see megalopolizing cities, the breakdown of nature, the pollution of air, water and earth; to see crime, vice and dissatisfaction webbing like a cancer across the surface of our world. Does this mark an end or a beginning? The answer, of course, depends on our perception and the action we take...

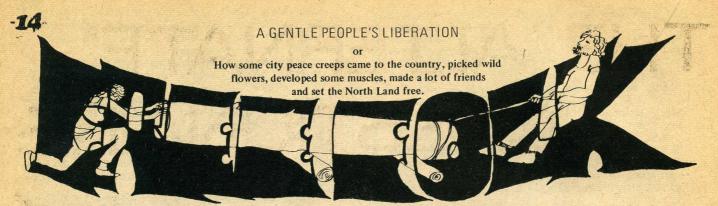
"That is why I have turned my attention from technological progress to life, from the civilized to the wild. In wildness there is a lens to the past, to the present and to the future, offered to us for the looking -- a direction, a successful selection, an awareness of values that confronts us with the need for and the means of our salvation. Let us never forget that wildness has developed life, including the human species. By comparison, our own accomplishments are trivial."

Lindbergh's comment about the triviality of human accomplishments appeared in an issue of Life devoted almost exclusively to the moonfetish spaceshot.

In times as grave as these, we need every single ally we can get. We must make our judgments carefully one by one.

\*\*\*\*

-- keith lampe, 439 boyton, berkeley calif 94707



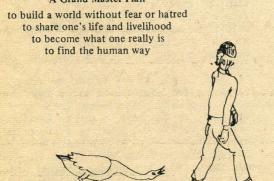
While the militants and the liberals argue whether we're dropping out or copping out (maybe even flipping out!), we're out planting peas and dancing our eyes on all the new green leaves. Collectively we've been through years of pickets and vigils, planning meetings and fund appeals, demonstrations and happenings, peace walks, sit downs, sit ins and climb overs. We figure maybe we just dropped in.

Where it's at is in the action, not in talk. So in the north country of Minnesota, where it still snows sometimes in

May . . . we're doing it.

We live here, 7 of us now; we have our hassles and our laughing times. We work together, share our lives, grow our food and love our kids (only one so far, but he mostly belongs to everyone and we give him lots of different names so he'll spread further). Here we live without laws, armies, or cops and no one starves, no one gets murdered or even commits suicide because things aren't going his way . . and things get done. This is our new world. Here the revolution is almost over . . . all but the tears and the grief, all but the hard part when you find out you're not Christ, or Che, or "Allen Ginsberg, or Ira Sandperl, maybe you're not even the you you thought you were. It's all over but the hard part, realizing that you not only know very little about nonviolence, you don't even know how to live with people you dig. Then here at last the revolution is beginning . . . .

#### A Grand Master Plan



Step one: Go somewhere where no one else that you know is. Buy some cheap land, a copy of Organic Gardening Encyclopedia and some seed. Establish a base camp disguised as a self sufficient farming community.

Step two: Make friends with the local farmers. Ah, good people! They don't have much, but they'd share that. Always they give us more than we can return, but like one neighbor says... "What's a few pumpkins between friends."

Step three: Infiltrate the local peace group. And good people they... Come to visit us with electric coffee perculator, "Where's the plug?" We heat it on the wood stove and talk til

midnite. Later they invite us into town to speak on panels: "Americanism in the '60's," or "Civil Disobedience." Turn people on to doing things for themselves. ("Stop bitching for better schools or housing or welfare. Go out and build them. Stop paying taxes for war. Refuse the draft.") Turn people on to community and living simply. Turn them on and see the light go click behind their pale eyes. ("But you just can't live on an untaxable income!," "But, man, we're doing it!... much laughter.)

Step four: Make friends with Heads and friendly students at your local teachers' college. (Even up here there is a psychedelic shop. Under the rocks and behind the trees come a few draft resisters, a poet and a folksinger, too.) Get them to set up a draft table at the college. Get almost thrown in the lake by the campus veterans. Retreat sometimes . . . but return again. Invite people out to the farm. Turn them on to milking a cow. Turn them on to being turned on without drugs. Let them turn you on with their music. Look at each other and smile a lot . . . who can help it!

Step five: Make friends with your local Feds. (Ah, not so good people!) Entertain them when they arrive to ask you how come you're writing all those letters to the draft eligible men in the county or how come you're not in the army or how come you aren't married to the girl you live with. Offer to show them the cow. Or offer to show them the door. But remember their names. They will most likely come back . . . .

Step six: Drop ideas on peoples' heads instead of bombs. Swoop into Duluth for a conference at the U. Let an audience capture you and spread the word. We're Free! You're Free! All you have to do is do it. Whatever bonds hold you are tied with your own hands. And you don't have to go to college for 4 years, or get a "Good" job, or get married, or cut your hair short, or wear a girdle, or join the army, or pay taxes. You may pay a price, but then there is a price for everything. Whatever it is that you really want to do, do it now, for life is short and love is fleeting when it's not spent. Meet new draft resisters. Love them all. Sing. Talk. Drink wine. Invite them out to the farm for a week when school's out. Then retreat.

Come home. Dig your toes in the warm dirt. Pick a tick off your friend's neck. Have a few stupid arguments. Write to the urban poor telling them you'd like to help families get out of the city if they want. Go out and plant a row of carrots. Make a mistake. Roll in the grass and begin again.



Patsy Richardson Free Folk Pennington, Minn.

-drawings by Jane Bevans

# THE ALTERNATE OUESTIONAIRE:

Here is our long promised questionaire. The basic plan for it was sent

to us by one of our subscribers, Eric Amann of Toronto.

The purpose is a simple one: to enable people to get in touch with other like-minded persons who are interested in coming together to form various kinds of intentional communities (urban or rural) for what ever purpose they may want. It will provide us with a method of classifying the many interests that this paper wishes to serve. All questions require simple YES or NO answers and there is much space at the end for any additional comments that you may wish to make. 1. PERSONAL INFO: Endearing characteristics (i.e. skills that can be offered to a commune) Other contributions that can be made to a commune: THIS PAPER: Where did you get it? What do you think of it, like to see it cover, etc.? Questionaire continues next three pages.

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Please detach and mail to us. We will put you in contact with others having similar interests through the 'community classified' section of this paper.

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### A

# CALL

### TO

. . . You are observing the pattern of your own thinking, the way you act, think, feel, live. And there one observes that as long as one conforms to the pattern of society one must accept aggression, hate, enmity, envy, as part of life, that part of life which inevitably breeds conflict, wars, brutality, the so-called modern society. One has to accept it and live with it and in it, making one's life a battlefield. If one does not accept, and no religious person can possibly accept such a society, then how is this inward order with no outward domination to be found? - an inward tranquillity which demands no expression at all, a tranquillity which is in itself a blessing. Is it at all possible to come upon it, and live with it? This is the question which most of us are asking and to which we never find an answer . . ."

pp. 35, 36, TALKS & DIALOGUES, Saanen 1967,

J. Krishnamurti, SERVIRE, NETHERLANDS.

# COMMUNITY

The following statements have arisen out of many dicussions that have followed the publication of the first pamphlet about a proposed community. My wife and I, together, now issue this collection of expressions to condense the fruits of those many discussions. We want this to stand as our open invitation to anyone who wishes to join with us in community living. We are prepared to begin an adventure with those who are fired by the same concerns and moved by the same issues.

We have hesitated to put down clearly any specific directions about what essential features we would work towards or desire in community.

We have no new philosophy of life to offer, but only the desire to put into practice with others some things which have become clear to us.

PROPERTY. We have experienced living for ourselves, living with others in which we shared our things, and now feel that there is only one way to be in community with others and that is complete sharing. Each may have separate things but the community owns them. This is very different from the psychology of each person owning his own things and choosing to share them.

RELIGION. We wish to have no religion. We have been greatly moved by different religiously based communities, but feel that each religion

only separates people, not unites them. We feel divided from people with a specific religion. This does not mean we wish to have community that is interfaith. We wish to come directly together in love without any faith, any ism, any political or economic bias.

EDUCATION. We have no special ideas about how to educate children. We are not progressive free-schoolers nor antiquated either. Inner freedom is the key issue and the outward form can be very similar to a solid, usual schooling.

However, we do not want competition stressed at all, since this can be a great evil that distorts relationships. Also, we would want to work towards having community schooling, especially for early grades.

FREEDOM AND SELF UNDERSTANDING. The very basis of the community must be individual freedom. This is a difficult point to express, because we do not wish to convey the impression that people can do anything they please. This is not so. We are not concerned with freedom to cultivate self-seeking. We need freedom from the self instead, and this is not just being clever with words. We wish to gather with adults who want to expiore seriously in our living together complete understanding of the self. Children should be raised in an atmosphere in which adults are working at this kind of relationship

within themselves and with others.

LEADERSHIP. There can be no leader, no spiritual authority, no special person or persons upon whom the life of the community depends. Such power positions are the enemy of freedom. We must be aware of the whole psychology of authority and dependence, leaders and followers. No true collective effort is possible if there are leaders and followers. Everyone must be self-governing for a full group community to function freely and healthily. We must help each other in realizing this, for the leader needs help in self understanding as much as the followers.

FOOD. Food should not get in the way of the unity of people. Food is a very crucial issue, though, and it is sometimes difficult to regard it as only one aspect of an experiment in living together. Without question, right diet as well as cleanliness is important, for to be completely sensitive demands a healthy body as well as a healthy mind. But we do not want to emphasize body above other aspects. All are part of one movement. This question of food can be studied together.

INDUSTRY. We wish to be self-sufficient. So far, the industries that are possible are a natural food store, some of the articles in it being grown by ourselves, and also a games industry. The games were invented by us. We would gladly offer them to the group we gathered with. Of course, others may have better ideas for making a living. The industry should give meaningful work to community members, be in keeping with a right atmosphere, and contribute to others.

PSYCHOANALYSIS. Group therapy and individual analysis cannot be our way to effect communion between members. We don't deny the usefulness at times of these techniques. But we feel they have real limitations that tend to reinforce one's cultural conditioning instead of freeing one from it and rapidly become devices or techniques that people depend on for a long time. We have to recognize that none of man's devices will free him of his problems. This does not mean that we should avoid openness between each other.

DRUGS. We are not against them, in the sense of resistance, and are open for discussion on this point, since drugs are so much in the news. But we say emphatically that we will not cooperate with their use, because they do not lead to understanding the self. They may help you to see clearly for a time, but then you revert to your former self and if that clarity has been enjoyable then one begins to depend on the technique to re-experience the clarity. One must see that no inducement of any kind can bring that inner freedom and clarity.

MEMBERSHIP. There will be guests and visitors, of course, but who will form the core, the inner circle of persons who maintain the daily work, develop the quality of life? We see community as more than a location where people live together. Membership, however, should need no special criteria, no vows, but rather mutual acquaintance and then complete acceptance by the group. It is in a way a matter of marriage, with us forming a bond with another couple and then others who come forming a bond with the rest. The criteria involves your sharing with us what is in this pamphlet, what we see clearly that we want to put into action. There must be a willingness to assist in this.

MARRIAGE AND SEX. These cannot be considered as separate from other issues. Today these have become such enormous problems and are treated as special fragments of living. Marriage in love, and sex without pursuit of sensation, are very important matters, and on these issues we consider the directions of today's society to be misguided. There must be a deep understanding of the process of desire, otherwise marriage with a signing of a contract and all the rest of it cannot provide an answer. Lack of love creates our problems.

DECISION-MAKING. There should be regular meetings of various kinds. A meeting dealing with practical or household matters should occur; a meeting dealing with inward matters and problems also should occur. These can be mirror meetings, that is, gatherings in which something is given in reading and listened to by all, that something being pertinent to what we are undergoing at the time. We feel that it is best that only members, those committed completely to the living should attend these meetings and make decisions. For visitors and guests a weekend meeting might be held when we can share something with them. Decisions in meetings should be by concensus only. This means that everyone must agree and not only intellectually, for one's very spirit should be with the others. If we sense and experience a deep unity with others, then the particular issues of life can be dealt with well. Surely, this is the only way. Everywhere in the world we come to our problems with antagonisms that are taken for granted and then try to deal with the issues arising. We are familiar with the results - the compromises, the political manoeuverings, and so on.

some Personal Ideas. People have asked also for practical, specific things we would like to see in our daily living. The following kinds of things are what we have found meaningful in our own daily family life and when we have shared with others. They do not represent some sort of a final decree on how to live, but rather are given as a guide to others as to the flavour, the atmosphere of our living.

We would like to see our own community music and songs as well as our own artwork. Children's songs, simple, refreshing music and graceful dancing given in sharing and not just for self-assertion can be very beautiful.

A reading room with some magazines, newspapers and books would be desirable. We might mention that we do not let our children read or view whatever is available. We don't see why children should be exposed to the rottenness that generally prevails in our society. They should surely be given a chance to come to some understanding of their urges beforehand. Can't they grow in simplicity, love and innocence? We are not sentimental about children, and use these words with great import behind them.

We practise a silence before meals, a listening and rest after a hard day's work. We gather together with guests at this time after being off in different places. A silence has allowed us a moment of pause together, a time to seek out communion with ourselves, others, visitors, a time so that different backgrounds can be put aside and a real listening might take place.

This means that we favour having some communal meals together, at least one if not two every day.

We enjoy working a full day with leisurely evenings and weekends for enjoyment.

We like the idea of a place for young children to play and learn, a place that we could take them every day.

We serve vegetarian meals, simple, wholesome, tasty, and have dispelled the myth that meat is needed to be healthy. Meat, more often than not, is eaten out of habit, is it not?

We are cautious about what kind of things society celebrates. Different holidays seem empty or worse. Perhaps we could evolve our own meaningful celebrations, those which have some actuality. A marriage, a birthday, a new baby, the coming of the new season, harvest, a gathering to witness the miracle of a sunset or sunrise, and so on.

We should design and build our own dwellings. Communal buildings that everyone has shared in in some way appeals to us.

We are people who prefer natural beauty to works of art and silence to noise. Music is often a difficult issue in a community. One's particular kind of music is often not the favourite of another. We prefer simple songs and music, folk and classical. This is only a preference. What seems important to us is that any music shared by all should be acceptable to all.

We are orderly — there is a great beauty in order.

We would like to see persons asked by the community to watch over certain areas of community activity, and arrange it in a way that is best for everyone.

EXPLORING Cont. from p. 12

event, where there's usually a speaker (another form of input, says Rob) and everyone gets together in a nonschool situation. The English seminar was delayed for ten minutes while the menu was worked out for the evening meal. (Peas were ruled out-too easy to roll onto the floor. Carrots won the day, along with bro**c**oli, although that brought a few groans.) Finally, Rob steered the talk about to Rosegarden, and passed discussion over to one of the girls, who commented, then asked the others for suggestions. Criticism proceeded on an intelligent plane, with each student adding something as it occurred to him sitting around the table. Comment was frank and unstifled by my presence, very much unlike a regular school classroom.

"Bob told me later: 'Last year, that sort of thing was impossible. It was freedom high, and they spent most of their time drinking coffee and chatting.' But here we were, just like an undergraduate university seminar. When talk ground to a halt, Rob gave a few of his own ideas, illustrated with personal anecdotes of his own experiences. Naturally, the group had its natural leaders, in Monc, an articulate 17-year-old from Oakville Ont., who thought the big blowup about drugs in her native town was ridiculous, and her foil across the table a long-haired, mini-skirted girl from Berkeley California who is studying Japanese at the University of British Columbia.....Staffing this year is a breeze, Rob told me, and as always people with specialized knowledge were ready to share it with the kids at Knowplace -this unselfish attitude is quite prevalent among free school people. Rob him-Cont. p26

We have told you something about ourselves, and given a statement of what kinds of issues have been raised in our many discussions so far, and what we feel should be put into practice. If any of you share our vision, join with us. We earnestly seek to begin community with other couples. Two more are needed for that beginning.

To correspond with this community write "STRAIGHT GATE" c7o Alternate Society. Mail is forwarded unopened.

Northern New Mexico's explosive political situation has a new ingredient----the hippies.

Hippies have been streaming into the area for some time now. Some wander from place to place, others live in abandoned adobe houses in isolated areas and still others have settled on land purchased with grants they have

been attacked by Vigilantes New Buffalo Commune. and that several of the men had been castrated and sever-

with a friend in New Mexico order to overcome the hostil-arent sexual freedom and who visited the commune and ity surrounding them. The independence from the system learned that the rumer, which UAW/MF, for example, is try--and in New Mexico, paramilapparently originated on the ing to participate in the itary vigilante groups such West Coast, was absolutely political struggle in north- as the Minutemen are extremefalse. However, people in New ern New Mexico, while the Hog ly numerous and well-equip-Mexico were very disturbed Farm operates on an enter-ed. because they felt that it tainment level by holding might be a case in which the open house each Sunday, durrumer precedes the fact, and ing which time they show mov-tility arises from their povindeed, that the rumer might lies and organize events such erty and landlessness. have been deliberately circu- as frog races and fireworks focus of political struggle lated in order to create an for their neighbours. incident.

Two things are apparent; first, that the smallest time, some hippies have ac- is in the hands of individury was immediately credible. | an alliance between the hipp- government.

"Hippie" is a vague, unwhich include such dissimilar of Anglo land owners. In Spanish land grants.

# HASSLES IN NEW

# MEXICO

by William Rose Liberation News Service Albuquerque, N.M.

ent. When I returned to New movie happenings at colleges, ren. York City from a recent visit universities and churches; to New Mexico, I heard that and serious, hardworking far- On the other hand, most the New Buffalo Commune had ming collectives such as the New Mexican Anglos despise

ies and their oppressors.

recieved from organizations Motherfucker group from New store was recently burned such as the Ford Foundation. York; the Hog Farm, an apol- to the ground and any hippie Some indication of the itical, non-farming group appearing vehicle which hapstate of affairs can be gain- which travels around the land pens to drive through the ed from the following incid-presenting rock/light show town is stoned by the child-

the hippies for the same reasons that white Americans Most of these groups are generally hate hippies: for al of the women raped. | attempting to establish con-their long hair, exotic cos-We immediately checked tact with their neighbors in tumes, use of drugs and app-

Indian and Chicano hosin New Mexico is the land which once belonged to the And yet, at the same Indians and Chicanos, and now spark could precipitate a cepted the protection of the al Anglos or Anglo instittragic confrontation, and local authorities, who are utions, such as Boy Scouts second, that the situation is hated by the Chicanos and of America, the Presbyteso explosive that such a sto- Indians. The latter see it as rian Church and the American

The leading Chicano satisfactory term to describe The newcomers have to organization in the state is the variety of mainly white, contend with hostility from the Alianza Federal de Puebmiddle-class youths who have two sources. On the one hand los Libres (Federal Allianmigrated to New Mexico. They they are generally resented ce of Free City-States), range from isolated individ- by the Chicanos and Indians, which was organized precisely uals to entire communes, who see them as a new group around the issue of the groups as the politically the town of Truchas, to cite grants were guaranteed to oriented Up Against the Wall only one example, a hippie the Chicano communities

### HIPPIES

US

### NATIVES

the Hidalgo in 1848 between the United States and Mexico, and then were systematically go to New Mexico, including If more serious hippies destolen from their owners by some with political intent- velope politically and really the new Anglo power struct- ions, seem incapable of com- come to understand the probwere still able to use most the Chicanos for their "bour- oppressed people of of their land until the geois" attachment to the fam- area, then they may become second decade of the cen- ily. But what is more bourg- an ally of the Indians and tury, and have not forgotten. eois is certainly this attit- the Chicanos. The land grants are still a ude of superiority and refus- happen only if the hippies burning issue, and not a al to recognize the role that learn from the people rather memory of past glory.

The hippies have now their identity. entered the picture and purchased amounts of land which, although they are insignifi- ion of why the Establish- in favour of this is the hoscant when compared to the ment (in the form of found- tility which the Anglos in expanses owned by the Anglo ation grants and the like) New Mexico feel towards the organizations mentioned abo- encourages the hippies' mig- hippies. As far as the Indive, are nevertheless consid- ration to New Mexico. erable in the eyes of the Indians and impoverished Chicanos. To the latter, the that this strategy accomp- more sympathetic towards the hippies are simply a new lishes two purposes at once. hippies when they see them group of Anglo landowners The first is to remove some attacked by other Anglos. who possess some additional of the most sincere nonconirritating qualities.

And then, hippies who live without system against itself. a visible means of income, which is even more suspicious as far as the local important purpose of this people are concerned.

fectly illustrates the Anglos uation. The entrance of the colonized peoples and which diverted the attention The family obviously does not real enemy, which is have the same meaning for Anglo power structure. tity against the attacks of a hippies themselves. colonial system as it has for people rebelling against Treaty of Guadalupe Anglo bourgeois hypocrisy.

There is yet the quest-

formists from the cities, erty extremely irritating. that they are creating a with the oppressed peoples. They are not impressed by counterinstitutional way of the hippie life style be- life in their communes, and cause if people can buy land in some cases have accepted they are obviously not poor. foundation money in the bethere are those lief that they are using the

The second and far more strategy is to throw a divisive element into a highly Another issue which per- polerized and explosive sit-

ignorance of the problems of hippies on the scene has verges on racist arrogance is the Indians and the Chicanos that of marriage and family, to some degree from their people who are fighting to ultimate success of this manpreserve their cultural iden- euver depends largely on the

There are long term residents of New Mexico believe that this strategy And yet, many people who may backfire on the system. However, the Chicanos prehending this and sneer at lems and attitudes of the But this can the Chicano family plays in than flaunting their own the struggle to preserve attitudes, values and life styles before them.

> A factor which operates ans and Chicanos are concern-"An enemy of my enemy ed, The answer seems to be is my friend," and they are

Actually, the very surwhere their presence could vival of the hippies in New For example, they find be disruptive. The hippies, Mexico depends on the develthe hippies' pretense of pov- on the other hand, think opment of such a coalition



All right, here you are. Out on the street, on rural commune or whatever. You are already living on the fringe of society because that society revulses you, makes you nauseous.

Perhaps things are starting to come into the light. You see where the real power lies, you start to understand that no matter what you do, Mr. Charlie's got it figured out. You are beating your head against a wall and all you get is a headache.

Probably you, we done some dope. That is one way of starting to understand your own head, and where your head and the world meet.

You were probably pretty bright be fore you dropped out of school. Good, that gives you the brains to see that the system was destroying you. Use it right, and you mifht find happiness before this life ends.

You, we taken the first step by dropping out. Now take stock. You have a body a brain, some friends, and an underground community to sink your roots in. So whats the next step? Well, what do you want?

Hypothesis: Every person wants a meaningful life. That's why you dropped out in the first place. Somehow, you finally recognized that what they offered you wasn't where "you" were at. You want to be yourself

Hypothesis: A human being has a meaningful life when he feels himself growing, increasingly, and realizing his "self". This isn't anything new. The Greeks said "know thyself" one hell of a long time ago but the powers that be have always felt obliged to tell other people what they should be.

There is still a long way to go before self-realization, but it will come faster and easier once you understand what you and other people are about. It takes work, but it is fun-work.

Step one, in case you haven't already done it, is to get the fuck out of this society. Give yourself some room to grow. As long as you stay in, you will never be able to be yourself. You'll be co-opted, seduced, roped and generally screwed at every turn.

Step two, work on your body. Learn how it works and how you can make it work better, for after all, your body is a necessary part of "you." The body should be able to move gracefully and effortlessly, muscles should be strong, joints easily workable, senses precise and alert, digestion should work efficiently, and so on. Next issue, this column will be devoted to the body and how it can be developed for optimum performance.

Step three, know your head and how it works. Learn about the various parts of the brain and how they keep everything together. Example: when you need food, the brain releases a signal that is perceived as hunger. This signal is called the appestat. If you fast until you know the signal, and remember the hunger-signal then you can dicipline yourself to that point where you eat only as food is needed -Combine this knowledge with a knowledge of nutrition and proper care of the body, and you should live long and healthily.

Continued p26.

so as to make you free from the killing cities and all that they stand for.

### ... AND WHERE TO START...

There are still millions of areas in Canada open to homesteaders and squatters, and much land is available in the USA at relatively cheap prices. Write to your provincial, state and federal governments for information and maps to start planning the location of your spread.

### ... AND WHO WITH.

Lay the trip on your friends, see what they think. Question yourself and decide what kind of a life you want for yourself and your family. Read a few books like Summerhill by A.S. Neill (Hart Publishing, New York, \$1.95) and Proposition 31 by A.B. Rimmer. (95¢) and rap with anyone who is interested. If you can't find people who are interested, place ads in underground rags and even in the local straight press. Subscribe to The Modern Utopian (2441 Le Conte, Berkeley California 94709-\$4 per year), and the Alternate Society (113 Queen St., St. Catharines Ontario Canada, for six issues) and glean as many books from libraries and used book stores as you can. Don't forget to tell your boss to fuck himself.

### SUPERF-LEWIS, Continued;

There are myriad other aspects to mental self-discipline that will be discussed later. This is where the most important effort must be made, after some twenty years of mental conditioning for factory, executive jungle, or whatever.

Step four. As you increasingly understand what you are, how you feel, and why, you will want to relate more closely and honestly with others. Half of this is knowing where your own head is at. The other half comes the hard way, but can be aided by such things as sensitivity training or encounter groups.

This column will continue to explore the many aids available to "self-realization," but this trip is tough for anybody, and though words can help, the trip can't

be played through without a lot of work and frustration.

More words. Joy-Expanding Human Awareness, by William Schutz (Grove Press \$1.25) is a good book to start off with -It covers the above points, but in more detail. The only criticism of the book is that it ends by expounding on how these techniques may be used to humanize bureau crats and so forth. This conjures up the image of a happy well-balanced man supervising development of a more effective nerve gas. That would appear to be some what of a contradiction.

Among the literature of the struggle for self-realization the novels of Herman Hesse stand out supreme. Steppenwolf especially ranks high on underground reading lists. Demina, Siddartha and Magister Ludi are others. They are easily obtained and each puts across an important point.

One last thing-there are encounter groups operating in most centres throughout the continent. Alternate Society will print information about these and related projects whenever available.

### EXPLORING ALTERNATIVES - Cont. from p21

self admitted to taking an \$800 drop in salary when he came to Knowplace, and no one is getting rich on the small salaries free schools can afford."

We'll be saying more about free schools in our future issues: we hope to hear from people who already are involved in them, or would like to start one of their own.

Not all of us can go off to rural communes; many will remain in the cities, striving to make them less inhuman places in which to live. We hope to write a series of articles in this journal discussing various means by which the physical and aesthetic needs of the urban poor and disvontented can be satisfied by their own efforts, rather than relying on subsidies from a hostile power structure. Readers can assist us in this search by writing in with any ideas or questions they might have, or by starting discussion groups in

Also curried, after the man-all the bacon in with it at ner already described.

be eliminated by putting a was done. tablespoonful of vinegar in Another way: cut liver bacon grease to the liquor fry as above. and place in the baker to brown.

repays. The disjointed rab-fire. bit is simmered until tender. Pour the meat and liquor into a dressing made as follows: Fry until brown three or four pieces of bacon which have been diced. soon as the frost has touch-Add to this a tablespoonful ed it, any time in october of flour, a teaspoonful each or November: pick the berof sugar and salt, a table- ries into a jar, and set the spoonful of vinegar, and a jar on the stove, or in a few cloves if possible. vessel of boiling water, Stir well to keep from burn-covered down, till ing.

### KIDNEYS, STEWED

hour. Cut into small pie- up, with a pound of sugar to ces, and drop each piece a pint of juice: if you into cold water, as cut. want it for immediate use, a Wash well; then stew, sea-smaller quantity of sugar soning with onion, celery will be sufficient, as it (dehydrated), cloves, salt jellies very readily; but and pepper.

#### LIVER

Carefully remove the it from fermentation. gall-bladder if the animal has one-deer have not. Parboil the liver and skim off the bitter scum that rises. and fry from it enough gre- with half a pound of sugar ase to keep liver from sti- to each pint of fruit, when cking. Salt the liver and burst. This is a fine pre-fry until half done; then serve, most excellent in add more bacon and fry until flavour. These fruits boildone. Liver should be thor- ed in a crust, or baked as a oughly cooked; if you put pie, are very delicious.

the start the latter would (C) The rabbity taste can be ruined before the liver

the water in which the rab- into slices 1/4-inch thick, bit is boiled. Hard boiling soak it one hour in cold will toughen the meat; allow salt water, finse well in it to simmer gently for one warm water, wipe dry, dip or two hours. When tender, each piece in flour seasoned and a minced onion and some with salt and pepper, and

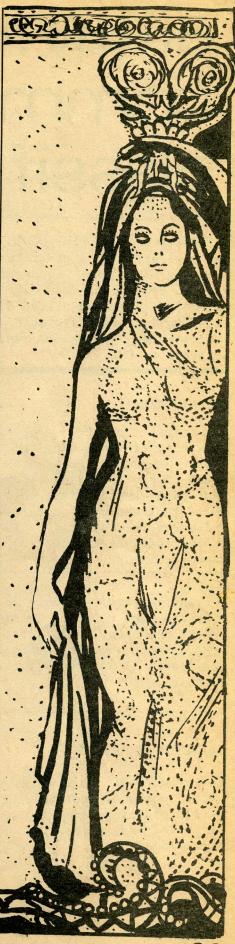
If in a hurry, put the liver on a green hardwood "The Germans prepare stick for a spit, skewer rabbit in a more ambitious some of the caul fat around manner, but one that well it, and roast before the

### CRANBERRY JELLY

Gather the fruit as burst; pass the fruit through a sieve or colander; the seeds being large, will not Soak in cold water one go through: boil the juice any fruit jelly that has to be kept for weeks and months requires equal quantities of sugar and fruit to preserve

### A MIXED-FRUIT JAM

Take equal parts of Slice rather then; put one bilberries, huckleberries, slice of bacon in the pan and red currants; stew well



# alternate community classifieds

All ads relating to communes, etc., cost 25 flat. Movement messages same. All others use form p31.

All letters of reply should be enclosed in a seperate envelope along with a quarter and the recipients code name (e.g. Jane A.) Send all ad's and replies to Alternate Society, 113 Queen St., St. Catharines, Ont.

#### TORONTO AREA

Man wants to meet people interested in sea-going commune. He wants people and bread to buy a sailing sloop and plan their lives on a world cruising commune basis Write Terence Faulkner, 15 Irvine Road, West Hill 784, Ontario, Canada.

Urban and rural communes in Ontario need support. Spare clothing, food, tools, etc. may be left with Yellow Ford Truck. 25 Baldwin Street Toronto.

#### HAMILTON ONTARIO

Two guys want to live on a rural commune. Want to meet people planning one now or or are already there. Write Jonah.

### CALIFORNIA

Chick, 22, blie eyed, brown hair, former offico worker. Is sick of city attitudes and lack of companionship. Likes "singing, dancing, swimming, laughing, hash etc. Write Jane A.

#### CHICAGO .

Chick, 23, wants to live on rural commune. Can cook, sew garden, weave, and sing Write Denise K.

### NEW YORK

Where are the anti-war meetings and demonstrations this week? Dial-a-Demonstration, 924-6315

Come to Eric Scott's encounter groups--Toward game-free experience. Open groups, just come. Tues., Fri. and Sat. 8:30 p.m. \$3 (females \$2 until 9 p.m.) 72 Grove St. Sheridan Square NCY, third floor thru Delaney's door. Call 691-8434, 6-8:30 p.m.

Radical Encounter Groups ten weeks starting Monday, Oct. 13 at Alternate U 69 W. 13th St. NCY 989-0666.

THE BARKER FREE SCHOOL-day and boarding, ages 5 to 13. Bob Barker, 6251 Overstone Drive, West Vancouver, British Columbia. Tel: 921-9467.

BENSALEM, THE EXPERIMENTAL COLLEGE - residential, three year program. Hamid Kizilbash, Fordham University, Bronx, N. Y. 10458.

THE BERKELEY SCHOOL-day, ages 12 to 13 at present. Eugene Bergman, Box 418, Berkeley, Calif. 94701. Tel: 262-5639.

THE BOSTON SCHOOL FOR HUMAN RESOURCES-boarding, one year program for high school graduates. Bob Doolittle, 174 St. Botolph St., Boston, Mass. 02115. Tel: 262-5639. CELESTE SCHOOL-day and boarding, ages 5 to 12 at present. Mervyn Willard, 120 Yale Street SE, Albuquerque New Mexico 87106.

CENTRES FOR CHANGE-university without walls. Fred Newman, located in New York City (Manhattan). Tel: (212) 691-7369.

THE EVERDALE PLACE-boarding, ages 9 to 17 at present. Jim Deacove, RR #1, Hillsburgh, Ontario, Canada. Tel: (519) 855-4577.

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FRANCONIA COLLEGE -four year liberal arts college. Larry Lemmel, Franconia, New Hampshire 03580.

PACIFIC HIGH SCHOOL-day and boarding. Stanley Bean, Box 311, Palo Alto, Calif. 943-01.

PINEHENGE SCHOOL - boarding, ages 5 to 14. Glenna Plaisted, Box 1, Waterford, Maine 04088. Tel: (207) 583-4423.

ROCHDALE COLLEGE - liberal arts college. Linda Bomphray, 341 Bloor Street West, Toronto 5, Ontario, Canada.

SATURNA ISLAND FREE SCHOOLboarding, ages 5 to 17. Tom Durrie, Saturna Island, British Columbia, Canada. Tel: (604) 539-2937.

SUMMERHILL WEST-day and boarding, ages 5 to 18. Frank Lindenfield, 23859 Stagg Street, Canoga Park, Calif. 91 304. Tel: 883-0502.

THE URBAN SCHOOL OF SAN FRA-NCISCO-Bob Wilder, 2938 Washington St., San Francisco, Calif. 94115.



### BIG BROTHER WATCHES



NEW YORK (AP) — A new police command post is using television cameras to keep an eye on trouble spots in New York.

Mayor John Lindsay and Police Commissioner Howard Leary put the command centre—a windowless room with giant, wall-mounted television screens—into operation Monday at police headquarters.

The facility and its equipment cost the city \$410,000. It has three functions:

—A special police television network of fixed and mobile cameras will enable headquarters to follow demonstrations and other events as they occur throughout the city. Fixed cameras now cover City Hall Plaza and will be set up at Times Square, Madison Square Garden and United Nations Plaza. Others will be mounted on trucks and police helicopters.

—The command post will be connected by a direct line to a special telephone in each of the city's 78 precincts and several other police units. At the beginning of each shift, after consulting with sergeants in charge and using a small computer, the centre will prepare a table showing exactly how many men are on duty and where they are.

"Our people visited the Strategic Air Command in Omaha, the space centre at Houston and the Pentagon, and borrowed the best from each," Lindsay said. "And this extraordinary command centre came out of it. It's the most sophisticated police command centre in the world."

The news system will be tried out Wednesday during the Vietnam moratorium observances in the city. However, Leary said only a few cameras will be working and the police also will watch regular stations for a view of the over-all situation.

The pictures flashed on the giant screens will also be video-taped and stored. Thus, the face of a bottle thrower in a crowd may later be identified.

The television surveillance system evoked memories of George Orwell's book, 1984, about a police state which featured television surveillance by Big Brother.